Fulfilling Civic Duties & Small Acts of Kindness

Kitah Gimel (third grade) of our religious school enjoying the fresh air as they learn about the festival of Sukkot
When I agreed to become president of Temple Beth Hillel – Beth El, I had no idea how difficult it would be to write a meaningful, unique message to our congregation on a monthly basis. So, this month I will cheat a bit and provide an edited replay of my Yom Kippur speech. As I was only able to see about 35 people in the sanctuary, I cannot be sure how many of you missed it…

Last year when we gathered for Yom Kippur, I spoke to you about “what I did on my summer vacation.” This year, “what I did not do on my summer vacation” would be more appropriate, the most exciting summer events being the days I decided to put on pants and venture down our driveway to retrieve the mail. Fortunately, so much has been going on at our synagogue that has kept me occupied, especially over the last six months dealing with COVID-19. I will share a few of the highlights with you now.

On Rosh Hashanah, Rabbi Cooper discussed how “small things” can make the biggest difference. With social distancing, it has been the simplest acts that have been most impactful – Cantor Rosner’s calling to congregants observing a Yahrzeit, our staff contacting all our members to see if they needed anything, the summer Challah program, pictures of past-presidents holding Torahs during Kol Nidre, and so many other meaningful ways we maintained the connections to our synagogue and each other as best as possible. I think our current circumstances have made us appreciate these types of interactions more than ever, and I hope we continue to appreciate the “small stuff” once we move on from COVID-19. However, as long as we are kept physically distant, I know we will continue to create opportunities to provide a real sense of community. For example, I would like to share an email from a congregant and friend that I received recently: “Just wanted to reach out to offer my services if you feel like any member has not been reached by the community prior to the holidays. I would hate to think of a congregant who was lonely or felt isolated during the high holidays because they weren’t contacted for any reason.”

As much as we have been focused on opening our pre-school, religious school and our collaborative Hebrew high school for in-person classes and adapting high holiday services, and activities, we also have been making sure we continue to engage with the greater community.

When Hallie Chandler was hired, her original job title was “Membership Outreach.” It was then suggested that the title should be “Community Outreach” so that her focus would not just be on membership engagement, which is very important, but also how we interact with the greater Jewish community and the issues that touch us all.

Jews were at the forefront of the civil rights movement of the 60’s, with Rabbi’s crossing the bridge in Selma, Alabama with John Lewis and speaking alongside Martin Luther King in Washington DC. We who have suffered from the pains of anti-Semitism must always stand against prejudice and injustice of any kind.

After the dreadful scenes that have played out on our TV screens this year, our synagogue has stood with the Black community and are working together to bring about peaceful changes in our country and in the world. To that end, I have created a new position on the executive committee to focus on Outreach and Diversity. Lindsay Wetmore-Arkader will lead our efforts to stay at the forefront of the fight for equality and
We must say, one of the best days I had this year was the ECC opening day, when I helped greet about 100 of our youngest to the first day of school. Seeing so many happy faces made all the preparation worthwhile. Thanks to Judith Scarani and all the volunteers who worked so hard to make this happen and to provide a safe learning environment for the children. I am also proud that due to all the hard work of Lisa Richman, our 8th grade LMAAH class is the largest of any of the participating synagogues.

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Most importantly, I would like to thank all our members for continuing their commitment to Temple Beth Hillel – Beth El during these unprecedented times. I believe we have all seen now, more than ever, why it is important to belong to a synagogue and to be part of a community. Our patron model continues to be strong and I am happy to report a slight increase in the number of patrons who have embraced this modern financial commitment program to support the ongoing services of the synagogue.

It is also at this time that I ask our traditional members to consider making an additional financial commitment to Matanah – our annual giving campaign. This year it is more critical than ever that we raise funds to ensure the continuation of all of our programs while we face uncertainty with our sources of income. We have reduced enrollment in the ECC due to less families that are comfortable sending their children to school and due to required reductions in class size. This lost revenue, coupled with the worry of another shut down, leads me to ask for your help now. I have asked the leaders of the shul and the Board of Directors for 100% participation in either the patron model or Matanah – at recent parlor meetings with our Patrons, the Rabbi and I asked for a one-year increase in their commitments – and now I ask the rest of you, who are able, to show your financial support by contributing to Matanah.

I would like to thank all of our members who have already responded to this appeal and have shown your unwavering support of Beth Hillel – Beth El at this critical time.

I will conclude with another thank you, an apology, and a promise. I have been continuously amazed at how hard Ken Krivitzky works, even before the pandemic. But since March, he has really been our most valuable player. We are lucky to have him on our team. More important than the hard work, is how much he cares about the synagogue and each and every member. That truly impresses me.

Thank you, Ken.

I personally apologize for any shortcomings we as an organization have had over the past year. We know some things have fallen through the cracks, please know that our intentions are always to meet or exceed your expectations. Finally, I promise that our staff, our leaders and volunteers will continue to work their hardest to make you proud to be a member of Temple Beth Hillel—Beth El.
The Antidote for Covid-19: A Big Dose of Small Kindnesses
By Rabbi Cooper & Hallie Chandler

What would our world be like if everyone chose a small act of kindness or caring as their “mitzvah”?

What would it do for those we would help? What would it do for us?

This has been a strange and unimaginable year. The arrival of a pandemic has required that we change our entire way of living, of connecting, of gathering. That which we previously thought was mundane now represents a long-awaited ideal for which we anxiously wait. We want simple things, like going to the grocery store without face masks, not worrying about 6-feet of distancing in the checkout lines and being able to go both ways down an aisle. As our goal, we have set a return to our pre-COVID simple routines and practices.

Beyond the restrictions, which infringe on our routines, we have become isolated. Our isolation has created, for many, a sense of loneliness and detachment. This is where our synagogue community has stepped up and intervened in important and meaningful ways. We hope you have felt this:

* For those unable or reluctant to go out to do errands, we have arranged for a cadre of volunteer shoppers to help with shopping.

* Even while our building was closed, our staff continued to work by calling every household to check-in, to make sure that someone who needed some help got that help, to spend a few minutes chatting, or just to provide a welcome break in the monotony of being homebound.

* Our long-time, ongoing “soup delivery” initiative, Soup for the Soul, enhanced with homemade challahs made by a team of challah bakers, including Elisheva Apple, who also helps to deliver them.

* The list goes on. Through this process, we have learned a great deal about how we can best help the members of our congregation and our greater community. We have come to realize that our members, and others are uplifted, engaged, and excited by the small gestures we have made. We need not initiate complicated or expensive programs. A word, a call, a visit, even if done remotely, is tremendously appreciated. As we move forward, the more we connected we become, the greater the bonds that connect us.

On Rosh Hashanah I gave a sermon, which can be found on our website, about Mitzvot Kallot, small mitzvot that are felt so powerfully and are so deeply appreciated.

"If we think smaller, if we think of the gnat that killed Titus or the coronavirus that has killed so many, we begin to realize that there is power in small things. Power not just to cause disease and death. There is power for good in simple deeds we can perform. I believe that these seemingly small deeds also have the power to change the world."

I have asked our Director of Community Engagement, Hallie Chandler, to work with me and us, to help us continue these Mitzvot Kallot.

Here is how we will do it:
**Community Initiative:**
We encourage each of our congregants and families to complete the following bingo chart (on the next page) and share your completed accomplishments with our community. We hope to get at least 613 completed bingo sheets by the end of the year when we will have a BIG CELEBRATION for all the marvelous small mitzvot we can accomplish every day. Individuals/families who submit a completed card will have their names illustrated on our Mitzvot Kallot website page. Please submit these to Hallie Chandler at HChandler@tbhbe.org.

**Congregation Initiative:**
There are many small mitzvah you can continue to partake in within our own TBH-BE community. If you are interested in doing some of the following, please reach out to Ken, Krivitzky@tbhbe.org to be placed on an ongoing volunteer email list.

~Here is a list of people. Can you call a few?
~Here are a few members that need someone to shop for them. Can you do that once?
~Someone needs to be driven to an appointment, helped with an errand, or visited. Can you do that once?

Over these past few months, despite the changes we have noted in our lives, we have experienced some of these powerful acts, either as a recipient or as a helper, and we want to build on that. We have invited Brad Aronson to our congregation, author of the book, *Human Kind*. His book recounts his personal stories and those of others, who have been sustained, helped, and supported in tough times, by small, easy mitzvot. We hope you will join us on Sunday, January 10, at 10:30 am where we will be joined by Brad Aronson to hear his stories about the power of small deeds in a talk back book club discussion. You can order his book through the Narberth Bookstore by calling them at 610.664.1112. Please RSVP for the talk back on our website.

A single deed will not change the world. A single deed will not solve any of the big problems faced by humanity today. But a single act of kindness, for that person, might mean the world.

I hope you will join us in this initiative, either as a helper or as one who could use some help. Collectively, these acts will become antidotes for the loneliness of COVID 19 and how we become more deeply connected to each other and the community around us.
Congregational Initiative
Mitzvot Kallot “Simple Mitzvot”

5781
The small things in life can either be globally destructive or monumentally helpful. As we approach the year 5781 we hope each of our TBH-BE families will focus on the smallest things that can be done that make a huge impact in our world. We encourage each family to complete the entire bingo chart below and share their accomplishments over the year with our community. We hope to get at least 613 completed bingo sheets by the end of the year where we will have a BIG CELEBRATION for all the marvelous small mitzvot we can accomplish every day.
*Feel free to replace any of these with your own.

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<thead>
<tr>
<th>Pay it forward</th>
<th>Say a blessing before you eat a meal</th>
<th>Buy something from a local store owner</th>
<th>Switch one bulb in your house to LED</th>
<th>Do what you love to inspire others</th>
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<tr>
<td>Make and bring a challah to someone who is sick/lonely</td>
<td>Introduce yourself to a new neighbor</td>
<td>Give a gift without the expectation of anything in return</td>
<td>Call an old friend to check up on them</td>
<td>Say the morning Modah Ani</td>
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<td>Keep food in your glove compartment so you can give it to a homeless person</td>
<td>Pick up a few pieces of litter outside</td>
<td>Family Name</td>
<td>Give someone the credit they deserve</td>
<td>Clean out the closet and donate clothes you do not wear</td>
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<td>Eliminate a Spotted Lanternfly</td>
<td>Buy unpackaged produce</td>
<td>Spend a day without gossiping</td>
<td>Leave a thank you note for your mailperson</td>
<td>Help a bug find its way outside</td>
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<tr>
<td>Say hello to someone on a walk</td>
<td>Plant a tree/seed</td>
<td>Make a “Get Well Card” for a friend who does not feel well</td>
<td>Sing the Shema before you go to sleep</td>
<td>Give someone positive feedback</td>
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News from our Synagogue Family

Mazel Tov To
Susan Weinblatt on the birth of her grandson, Henry Isaac Bridge.
Elaine and Richard Roseman and Marilyn Roseman on the birth of their grandson and great grandson, Hunter Alexander Roseman, and the marriage of their son and grandson, Eric Roseman to Laurelle Charne.
Fran and Jay Perlman on the marriage of their daughter, Audrey Perlman to Michael Serra

Condolences To
Jay Minkoff on the loss of his brother, Robert Minkoff (z”l).
Diane Allan on the loss of her brother, Martin Zander (z”l).
David Heisler on the loss of his mother, Betty Lewis (z”l)
Andrea Sanders on the loss of her mother, Rita Wilikofsky (z”l)
George Goldstone on the loss of his sister-in-law, Joan Distell Goldstone (z”l)

Remember your loved ones with a Memorial Plaque displayed in the Holocaust Memorial Chapel.
For more information, contact Barbara Schwartz at 610.649.5300.

Neighborhood Kosher Merchants Welcome You!

R&R Produce & Fish
7551 Haverford Avenue
215-878-6264
A kosher market that sells seafood, fruit & vegetable. Trays & platters available!

New York Bagels
7555 Haverford Avenue
215-878-8080
New York –style bagels. All various toppings & spreads available. People travel from all-over for these bagels!

Daniel Israel Kosher Catering
7588 Haverford Avenue
267-475-0078
Delicious briskets! Caterer for multiple occasions.

Best Cake Kosher Bakery
7594 Haverford Avenue
215-878-1127
Get your special occasion pastries, cakes & challahs! Great for any holiday!

Serving our area for over 20 years.
Find us at Haverford and City Avenue!
On the morning of Rosh Hashanah, I heard a loud gasp from my living room. My sister, praying over Zoom, heard of the passing of RBG. It was the first time something like this had happened in a long time -- to have such an important national event occur on a day when I was not connected to the outside world. There was no bell ringing in the distance notifying us of the event, no daily newspaper being delivered to my door or flag I could see from my apartment window being lowered to half-mast. If it were not for my sister’s custom of being on Zoom, I would not have known until I turned my phone on after chag and experienced the influx of multiple messages.

This made me think of the feeling of urgency, needing to know everything immediately as it occurs, that many of us feel during times of great change. While normally we might have more patience, this sense of urgency can feel protective against the unknown. Soon we will enter November when the season will transition from fall to winter, which comes with many potential unknowns. This

Thanksgiving weekend we will read from Parasha Vayetzei which contains another transitional mechanism. In Jacob’s dream journey we read about the stairway to heaven, the famous ladder connecting the two realms, heaven, and earth.

"[Jacob] dreamed, and behold a ladder was set on the ground and its top reached to heaven; and behold, angels of G-d were ascending and descending upon it" — Genesis 28:12.

What can this ladder teach us regarding patience vs. urgency? The ladder symbolizes the time in between when we go from feeling grounded, surrounded by what we know, to the place where our future might take us, a place of uncertainty. This ladder can be the reminder that transitions involve small steps yet require persistent forward movement.

I have been encouraged during this time to think about the steps and planning we as a congregation can take to strategically prepare for the future. To prepare for after the pandemic, we need to know what needs, values, and desires our congregants will have. Will people look for travel opportunities, nights out with babysitting, or intimate moments with close friends? As we do not know what this November may bring, I encourage all of us to think about our own strategic plans to help us prepare for a better future. While we wait for that time to come, we need to have a little more patience with ourselves and be comforted that even in moments of unknown, good will inevitably come.

We are overwhelmed that this Thanksgiving, Danny and I will be expecting our first child. As I will be on maternity leave, I truly hope you write down memories and stories to share with me when I finally finish climbing that ladder into the unknown and return to work.

In health,
Hallie

From the Director of Community Engagement
Hallie Chandler
The Hebrew month of Cheshvan is also known as Mar Cheshvan, bitter Cheshvan, because of the lack of Jewish holidays. I tend to think of it, however, as an “in between” month. After all, Cheshvan is the month that falls between the Hebrew months of Tishri and Kislev, between the High Holidays and Chanukah. It is also the month between Sukkot and Thanksgiving. Being “in between” seems as though Cheshvan has a good deal: from Cheshvan we can see holidays in whichever way we look! Cheshvan is surrounded by blessings.

It is the purpose of blessings to help us to express gratitude, an important Jewish concept, and a good practice for us all.

It is taught in a baraita that Rabbi Meir would say: A person is obligated to recite one hundred blessings every day, as it is stated in the verse: “And now, Israel, what [ma] does the Lord your God require of you” (Dvarim 10:12). Rabbi Meir interprets the verse as though it said one hundred [me’a], rather than ma.

On a daily basis, we recite blessings before and after eating, chant the blessings in our liturgy for the Ma’ariv, Shacharit and Mincha services, and recite blessings upon unexpected occurrences such as seeing a rainbow or hearing good news. Together this makes 100: 100 times each day we list that for which we are grateful for.

As the Director of our Religious School, I have a unique source of blessings on a regular basis.

It was a blessing to be able to see our students, staff, and parents on our first day of Religious School, both in person or online.

It is a blessing that we entered 5781 with a strong enrollment, and every child returned safely to their parents at the end of that first morning!

It was a blessing that when life gave us lemons, our students were eager to make lemonade.

What a blessing it was to greet TBH-BE middle and high school students at the opening of Lower Merion Area Hebrew High School, students who are continuing their Jewish education after becoming b’nai mitzvah. It was a blessing seeing their joy in being able to greet each other in person, as they enjoyed ice cream and hearing about an exciting year of learning and camaraderie ahead.

In the Religious School, it was a blessing to hand our Gan students, our Kindergarteners, their own small sefer Torah as they embark on the path of a formal Jewish education.

Our Better Together: Do-Re-Mi Chorus is a blessing each time our past and present students join adults in the congregation to sing together as well as teach technology tools to help the adults navigate the 21st century.

As the year progresses, our talented and enthusiastic Religious School staff works hard to imbue our students with a sense of what Abraham Joshua Heschel terms radical amazement, a way of looking at the world and expressing gratitude for all that we have and the potential.

I look forward to a wonderful and full year of study and joy. As I think of the month of Cheshvan, I see the blessings of the past and anticipate the blessings of the year ahead.

From the Director of the Religious School
Lisa Richman
Shalom to my Temple Family from the ECC! It is always a true pleasure for me to welcome parents to Back-to-School Night. This was certainly the strangest back-to-school night we have ever had. On Tuesday evening, September 22\textsuperscript{nd}, I met with over 50 parents to thank them for their commitment to our school and the protocols and procedures we have developed to help keep our children, our families, and our staff safe and healthy.

Each year I am always proud to introduce our staff on Back to School Night. Since most of our parents have only seen our staff with masks on, I shared a short video of the amazing team we have at TBH-BE without masks! I hope that someday soon, we will all share our smiles ‘mask-free’. This short video can be viewed on our TBH-BE web page.

We currently have 103 children enrolled and 34 staff members. This is truly remarkable when I consider how small the enrollment in other local synagogue schools are this year. This is only possible because of our detailed and exhaustive planning, combined with a professional and dedicated staff, and the confidence our families have in our school to continue maintaining the highest standards of education, while following a whole new world under Covid-19 operating guidelines. We do not take that trust and confidence lightly.

Keeping up with all that is going on in a child’s classroom is harder when you cannot visit the classroom. Our parents are not entering the building \textit{at all}. Email, newsletters, and phone calls are still, and always will be, a great way to stay in touch. We also use Shutterfly to share calendars and photographs with our families, so they can see what is happening in school. There are already well over 200 photos posted with great images of very happy children engaged in learning, praying, running, painting, drawing, free-play, and friendship. It is not an easy job – especially this year!

Another very important way to stay in-touch with school and keep up with what is happening is to volunteer time to the ECC. Our school needs our Home and School Association, and our Home and School Association needs our parents more than ever before. When school closures disrupted our school year last march, it also stopped our crucial efforts to form a new H.S.A. Board. The H.S.A. coordinates a huge number of events and activities we have all come to rely on. These include:

- Homeroom parents – which we still need.
- Hot lunches when we are once again able to provide them, challah on Friday for the classrooms and for families if they want to order one.
- Shabbat Dinner for ECC Families after our Shabbat Shalom Yeladim Service.
- Purim activities including the carnival.
- Our Annual Oneg Shabbat and end-of-the year party to honor our teachers.
- A holiday luncheon to thank our Maintenance Staff.
- Our annual fundraiser which has raised between $20-40,000 annually for classroom iPads, new playground equipment, updated classroom furniture, new floors, painting and more

From the Director of the Early Childhood Center  
\textit{Judith Mont Scarani}
• Beginning and End of the Year
  School Picnics
These activities are supported by the annual H.S.A. membership fee; however, they are organized, planned, and shopped for, by parents and grandparents in our community.

Parent support and involvement is never more important than it is now. We need each other. The ECC needs you. Please e-mail me jscarani@tbhbe.org or call me to get involved.

As you can see – it really does take a village. In Hebrew, the word we would use is not village (kfar). We use kehillah, community, and we are thrilled to have you as part of our TBH-BE kehillah. By definition, a village is a group of people and perhaps some businesses together in one place. A community is a group sharing a common understanding and often the same language, manners, tradition, and law.

On our web site we refer to this as “looking at the world through a Jewish lens”. It is through this lens that the children will be learning about literature, math, ecology, music, dance, history, values of gimilut chasadim (kindness to others), derekh eretz (“ways of the world”), mishpat (“justice”), tzedakah (“righteousness”), and rachamim (“compassion”) among others.

Compassion can be found in the artwork that comes home, the compassion our children express while playing with friends, during shabbat and holiday celebrations, in the songs that they sing, and in the prayers that they learn.

We look forward to continuing a healthy and wonderful new year!

Judith Scarani

From the Director of the Mikveh
Lori Cooper

Creative Adaptations in Uncertain Times

Marnie wanted to make a date at the mikveh to celebrate her engagement that was happening in a few weeks. She wanted to know when the traditional time for a Jewish woman was to come for this occasion. "Did you mean you want to mark your upcoming wedding?" "No, it's for my engagement." I told her that this was not a traditional time to come to the mikveh but together we would make a meaningful ritual for this occasion. And we did. Her mother and mother-in-law were present to bless her.

This time of Covid has given us lots of uncertainty. Marnie did not know when she and her fiancée would stand under the chuppah, but her engagement was certain. She knew it was this moment that she wanted to mark by immersing in the mikveh.
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To see a virtual tour of the Barbara Brodsky Suites, visit mainlinehealth.org/brodsky. To check availability, call 484.476.6180 or email BrodskySuites@mlhs.org.
I hope that you had a wonderful and meaningful High Holiday connection this year. At first, I was quite worried. How would I feel celebrating alone from home, without a sense of community? I opted to attend a few of the socially distanced services in person, I also streamed online. I was pleasantly relieved that both were effective for me in different ways.

When I was on Zoom, I could scroll through and see who was on, watching as I was, and feel happy to see so many friends online. I got to see one of my adorable previous preschool students and my former assistants in the ECC. In person, I enjoyed the beauty and spirituality of being in the sanctuary to focus on.

On Kol Nidre night, as I listened to Rabbi Cooper’s sermon, he talked about T’mimim, opening your heart which starts with the letter Tav, symbolizing a house. He showed visuals of a regular Tav and an enlarged Tav to show that the house can easily become bigger to fill with anyone who enters with a full heart and wants to be a part of our home.

Listening to him speak about this reminded me of Sisterhood.

Sisterhood is for all women in our synagogue home. It is here for us to enter with a full heart. Why not join us? The house will get bigger and the heart fuller when you give us a try.

The Rabbi continued to speak about differences among the people in our congregation, noting that we are not all the same. Diversity gives us many options for people to connect with others. Sisterhood too, is diverse. We are not one size fits all, there is plenty of room for us to help make our house bigger and fuller. We welcome you all to give us a try. There are all kinds of events and friends for the different women in our synagogue home. We began the year with a terrific Zoom trivia fundraiser for the entire shul community. Thank you to V. P’s of fundraising, Taryn Wortman, Julie Karp, and Steph Gantman. There were over 30 families from all different cohorts that participated and had a blast! Todah to our Jewish Studies VP’s Susan Schmidt and Cynthia Saltzman for wonderful programming as well. Members enjoyed a movie discussion, after viewing the film Arranged.

Planning the Opening Sisterhood event was a struggle for the committee, made up of Amy Botel, Anita Dorf (Programming V.P.’s), Melissa Richman, and Jill Cantor-Burns (Membership V. P’s) to envision a hybrid event. However, the committee put together a wonderful evening! It consisted of a fabulous speaker who taught us about mindfulness to help us cope with our current stressful Covid life situation. Members could opt in for a socially distant outdoor or Zoom option. The organizers and I hoped to have been able to meet in person, within the physical walls of the Sukkah. It wound up being a wonderful success! Participants were engaged with others in the various Sukkot where they attended, and the Speaker David Fask was terrific. Kol Hakavod to our programming VP’s.

Our next Board Meeting is scheduled for November 9th at 7:15, via Zoom. We encourage all of you to join us. Every person is invited to come see what we are all about. Volunteer for anything, you are part of the Sisterhood board. As the Rabbi concluded, referencing JFK, ask not what Sisterhood can do for you, but what can you do for Sisterhood? What you can do is join us, give it a try. There is always something going on with Sisterhood.
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<td>Chug Ivrit</td>
<td>Standing/Chair Yoga</td>
<td>Magic Moments</td>
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Please refer to This Week at TBH-BE on our website and via email for the most up-to-date links and information.

For class and event descriptions, please refer to our online calendar and/or our past Programming Catalog shared in September.

Please visit www.tbhbe.org
Disclaimer:
No one should enter the premises at any point who has (1) any symptoms of illness, specifically, fever of 100.4°F (38°C) or higher, cough, shortness of breath, sore throat, pneumonia/flu symptoms, headache, body aches, nausea/vomiting, or loss of taste & smell (2) had contact with or otherwise been exposed to someone with Covid 19, or symptoms of Covid 19 (including any respiratory or febrile illness), within the past 14 days (Medical professionals will utilize their professional guidelines for quarantines) (3) contracted Covid 19 or an unknown illness with similar symptoms, unless they have been symptom free for 14 days (4) traveled out of the country, coming from a highly infected area, been on an airplane in the last 14 days, or under mandated quarantine.

Phase 1 | All public operations and facilities will remain closed. There will continue to be no outdoor or indoor events, exception being grave-side funerals of 10 or less people. All services and programs will be conducted online via Zoom and other platforms.

Phase 2 | Programs will be permissible on the grounds of the synagogue of 25 participants or fewer including minyanim and social gatherings. Minyanim of up to 25 will be allowed, with online access continuing. Minyanim will be scheduled for outside, but may be moved inside in the event of poor weather. Life cycle events will be allowed in the sanctuary with up to 25 participants. Up to four congregants will be allowed in the kitchen to assist in essential food preparation. Drive-through events with fewer than 25 staff members or volunteers operating the event will be allowed.

Phase 3 | Inside and outside gatherings of up to 50 people (not including staff) are permitted though a room may not have more than 50% of its capacity, according to posted building/fire code numbers. Meetings and events will continue to be available online.

Phase 4 | Fewer than 250 people allowed on the synagogue property. We will continue to follow CDC regulations of physical distancing until the pandemic has subsided or the widespread availability of a vaccination has been obtained. We will continue to enforce sanitation policies to protect the health and well-being of all our community members.

Reopening Phases
Please refer to the most up-to-date TBH-BE Covid-19 Action Plan
Highlighted Events

Scholar in Residence Series with Professor David Golinkin
Sundays | Nov 1, 8, 15 | 9:45 AM
Rabbi David Golinkin was raised in Arlington, Virginia. He made aliyah in 1972, earning a B.A. in Jewish History and two teaching certificates from The Hebrew University in Jerusalem. He received an M.A. in Rabbinics and a Ph.D. in Talmud from the Jewish Theological Seminary of America where he was also ordained as Rabbi. Prof. Golinkin is President of Schechter Institutes INC. and President Emeritus of the Schechter Institute of Jewish Studies in Jerusalem, where he also serves as a Professor of Jewish Law. In June 2014, Rabbi Golinkin was named by The Jerusalem Post, as one of the 50 most influential Jews in the world. Rabbi Golinkin is the author or editor of 52 books. We look forward to having him join us for our first Zoomed Scholar in Residence.

Tenth year Anniversary Shabbat
Fri | Nov 6 | 5:30 PM
For those who have been in our community for ten years, or are ten years old, we invite you to join us for a special anniversary Kabbalat Shabbat honoring your commitment to this community! Special treats will be available for pick-up from the synagogue the week prior.

Shabbat 100!
Friday | Dec 4
From singing and laughing, to eating and Schmoozing lets get 100 families involved in Shabbat programming! Pick from our lineup and participate in one or all of our TBH-BE programming opportunities. Pick up your Shabbat dessert provided by the synagogue. Feel free to make the shared Shabbat dinner recipe with your family! All information is on our website. RSVP online. Questions? Contact Ken Krivitzky
To the families who contributed to our Sukkah Village:

The Weinstein Family
The Forsted Family
The Ehrlich Family
The Ross Family
The Kohn Family
The Elkin Family
Sisterhood would like to thank the following board officers who have paved the way for us this year in order to continue offering splendid programming and providing our community with successful fundraising efforts!

Robin Oriel  
outgoing President

Jenn Altman  
outgoing VP of Membership

Randi Berry  
outgoing VP of Membership

Cindy Bowman  
outgoing VP of Fundraising

Judith Friedman  
outgoing VP of Fundraising

Jane Bender  
outgoing Treasurer

Missy Silberman  
outgoing Corresponding Secretary

Alexis Shapiro  
outgoing Marketing & Social Media Officer

Melissa Richman,  
outgoing Recording Secretary

Batya Warshowsky,  
outgoing Counselor
The Ann Altus Bright Horizons Fund
In honor of the Bar Mitzvah of Jackson Berry
  Jay and Fran Perlman
In honor of the engagement of Dana Bookman to Matt Sumner
  Jerry and Ann Altus
  Paul and Jen Shandelman
In honor of the birth of Samson, son of Anne and David Frankel
  Jay and Fran Perlman
In honor of the B’not Mitzvah of Miriam and Rebecca Goldberg
  Jay and Fran Perlman
In memory of Rose Greenberg, beloved mother of Debbie Greenberg
  The Early Childhood Center
  Scott and Lynne Feuer
  Jay and Fran Perlman
In memory of Robert Minkoff, beloved brother of Jay Minkoff
  David and Beth Buckman
  Jerry and Roz Elkins
  Jay and Fran Perlman
  Gene and Barbara Spector
In memory of Robert Minkoff, beloved brother of Jay Minkoff
  Stuart and Caren Hosansky
In memory of a speedy recovery for Diane Selkowitz
  Jay and Fran Perlman
In honor of the Bar Mitzvah of Harrison Shapiro
  The Early Childhood Center
  Jay and Fran Perlman
In memory of Sam Spitz, beloved son of Gloria and Bob Spitz and nephew of Susan and Len Lodish
  Alan and Jaclyn Glazer
  Bob and Marilyn Steiner
In honor of the birth of Ezra Akiva Yankelev, grandson of Marsha Yankelev
  Darien Finder
In memory of Martin Zander, beloved brother of Diane Allan
  Alan and Marilyn Fogel
  Gene and Barbara Spector

In honor of the Bar Mitzvah of Jackson Berry
  Jay and Fran Perlman
In honor of the engagement of Dana Bookman to Matt Sumner
  Jerry and Ann Altus
  Paul and Jen Shandelman
In honor of the birth of Samson, son of Anne and David Frankel
  Jay and Fran Perlman
In honor of the B’not Mitzvah of Miriam and Rebecca Goldberg
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In memory of Rose Greenberg, beloved mother of Debbie Greenberg
  The Early Childhood Center
  Scott and Lynne Feuer
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  Alan and Jaclyn Glazer
  Bob and Marilyn Steiner
In honor of the birth of Ezra Akiva Yankelev, grandson of Marsha Yankelev
  Darien Finder
In memory of Martin Zander, beloved brother of Diane Allan
  Alan and Marilyn Fogel
  Gene and Barbara Spector

Cantor's Music Education Fund
In memory of Robert Minkoff, beloved brother of Jay Minkoff
  David and Beth Buckman
  Jerry and Roz Elkins
  Jay and Fran Perlman
  Gene and Barbara Spector
In loving memory of Alice Pearlstein
  Stuart and Caren Hosansky
In loving memory of Rita Rhone
  Alan and Jaclyn Glazer
In honor of the engagement of Mitchell Rosen to Samantha Ring
  Jay and Fran Perlman
In memory of Esther Rutman, beloved mother of Sarinha Pransky
  The Early Childhood Center
  Jay and Fran Perlman
In loving memory of Irvin Fineman
  Anita Baer
In memory of Samuel Fogel
  Alan Fogel
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<td>In loving memory of Phyllis Oriel</td>
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<td>Dave Oriel</td>
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<td>Sandra King</td>
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<td>In appreciation for making it possible for our kids to “zoom in” to High Holiday services</td>
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<td>Nancy Stark</td>
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<td>Jerry and Wendy Santoro</td>
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<td>Jeremy, Ali, Liam and Isaac Shabtai</td>
<td>In loving memory of Ruth Wilf</td>
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<td>Ben Bloom, Esther Stern-Bloom and Family</td>
<td>David and Leslie Ufberg</td>
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The Havurah Fund
In loving memory of Fran Mancini
Elizabeth Gellis

The Charlotte and Nathan Becker Holocaust Torah Endowment Fund
In honor of Caryn Becker’s birthday
Caryn’s parents

The Hesed Fund
In loving memory of Evelyn Bork
Josh and Rachel Duniaef
In memory of Toby Essrog, beloved mother of Deborah-Jo Essrog
Dennis and Batya Warshowsky
In memory of Rose Greenberg, beloved mother of Debbie Greenberg
Dennis and Batya Warshowsky
In loving memory of Paul Leeds
Edward and Nancy Leeds
In memory of Joseph Samuels, beloved father of Len Samuels
Dennis and Batya Warshowsky
In loving memory of Graham Sharman
Judy Poliakoff

Honors and Memorial Fund
In loving memory of Muriel Albin
Bob and Ellen Davis
In loving memory of Esther Bates
The Bihovsky Family
In loving memory of Martin Bates
The Bihovsky Family
In loving memory of Estelle Benson’s special birthday
Rick and Cindy Zitelman
In appreciation of Mitchell and Bonnie Benson
Rick and Cindy Zitelman

In memory of Sam Spitz, beloved son of Gloria and Bob Spitz and nephew of Susan and Len Lodish
Judy Poliakoff
In memory of Rita Wilikofsky, beloved mother of Andrea Sanders
Dennis and Batya Warshowsky
In memory of Trevor Hoffman, beloved son of Debbie and Jeff Hoffman

In loving memory of the engagement of Emily Fox to Lee Eisenberg
Scott and Pam Feldman
In honor of the birth of Zoe Faye Gold, granddaughter of Juliet Spitzer and Phil Wachs
Peter and Wendy Spitzer
In memory of Robert Minkoff, beloved brother of Jay Minkoff
Scott and Pam Feldman
In honor of the engagement of Amanda Randel to Stephen Marbury
Scott and Pam Feldman
In memory of Saul Rose
Matthew Rose
In memory of Rose Schlein
Arlene Schlein
In honor of the Bar Mitzvah of Harrison Shapiro
   Michael and Cathy Schack
In loving memory of Susannah Shickman
   Barbara Shickman Kaye
In loving memory of Judy Spitzer
   Peter and Wendy Spitzer
In honor of the birth of Melissa Ariel Stafford, granddaughter of Kevin and Barbara Ilsen
   Scott and Pam Feldman
In memory of Betty Strauss, beloved mother of Gail Kessler
   Scott and Pam Feldman

Irwin Ship Adult Education Fund
In loving memory of Victor Genel
   Linda Zacher
In appreciation of Cantor Rosner
   Linda Zacher
In honor of Jeff Rubin’s special birthday
   Alan and Marilyn Fogel
In loving memory of Rivka Schmidt
   Azriel and Susan Schmidt
In loving memory of Morrie Zacher
   Linda Zacher
In memory of Martin Zander, beloved brother of Diane Allan
   Virginia Gross Levin

The Rabbi Neil and Lori Cooper Israel Advocacy Fund
In honor of the birth of Emmett Dean Nissim
   Len and Lauren Cohen

The Kiddush Fund
In loving memory of Rosalind Schwebel Kaufman
   Abelardo and Lynne Lechter

L'Chaim Group Fund
In loving memory of Freida Goldberg
   Ruth Hattler
In memory of Sam Spitz, beloved son of Gloria and Bob Spitz and nephew of Susan and Len Lodish
   Ruth Hattler

Men's Club Fund
In loving memory of Lee Bender
   Mr. & Mrs. Melvin Green
In honor of Maia Brint – A Lone Soldier and Aliyah
   Bob and Marilyn Steiner
In loving memory of Sherry Hosansky
   Stuart and Caren Hosansky

In memory of John Rothschild, beloved husband of Beth Rothschild
   Jeff and Barb Bookman
   Bob and Marilyn Steiner

Rabbi Neil Cooper’s Discretionary Fund
In loving memory of Samuel Berkowitz
   Marcia Belman
In loving memory of Esther Chwalow
   Paul Blumenthal and Leora Chwalow
In appreciation of Rabbi Cooper
   Peter and Wendy Spitzer
In loving memory of Solomon Ellis
   Gloria B. Ellis
In loving memory of Jeremy Gerstenhaber
   Murray and Ruth Gerstenhaber
In memory of Rose Greenberg, beloved mother of Debbie Greenberg
   Fran DePiano
   Rebekah Monson
   Marvin and Ellen Sotoloff
In loving memory of Jack Lebow
   Marcia Levinson
In loving memory of Aaron May
   The May Family
| Religious School Education Endowment Fund | In honor of the birth of Ruth Cadence Goldfarb, granddaughter of Randie and Stephen Gollomp               |
|                                          | Mitchell and Janie Rosen                                                                                      |
| Rabbi Marshall J. Maltzman Camp Ramah Scholarship Fund | In honor of the special anniversary of Randie and Stephen Gollomp                                           |
|                                          | Mitchell and Janie Rosen                                                                                      |
|                                          | In memory of Rose Greenberg, beloved mother of Debbie Greenberg                                                |
|                                          | Jeff and Barb Bookman                                                                                         |
|                                          | Mitchell and Janie Rosen                                                                                      |
|                                          | Azriel and Susan Schmidt                                                                                     |
|                                          | Noah and Taryn Wortman                                                                                        |
| Rabbinic Marshall J. Maltzman Camp Ramah Scholarship Fund | In honor of the engagement of Amanda Randel to Stephen Marbury                                               |
|                                          | Douglas and Amy Ress                                                                                          |
|                                          | In honor of the marriage of Eric Roseman to Laurelle Charne                                                   |
|                                          | Mitchell and Janie Rosen                                                                                      |
|                                          | In honor of the engagement of Matthew Rosen to Samantha Ring                                                  |
|                                          | Douglas and Amy Ress                                                                                          |
|                                          | Azriel and Susan Schmidt                                                                                      |
| Religious Articles Fund                 | In memory of Sam Spitz, beloved son of Gloria and Bob Spitz and nephew of Susan and Len Lodish               |
|                                          | Jeff and Barb Bookman                                                                                         |
|                                          | Mitchell and Janie Rosen                                                                                      |
|                                          | In memory of Ira Silberman, beloved husband of Marilyn Kutler                                                 |
|                                          | Jerry and Ann Altus                                                                                           |
|                                          | Mitchell and Janie Rosen                                                                                      |
| Religious School Education Endowment Fund | In honor of David Forsted’s health improvement                                                                |
|                                          | Abelardo and Lynne Lechter                                                                                   |
| Rabbi Marshall J. Maltzman Camp Ramah Scholarship Fund | In memory of Ira Silberman, beloved husband of Marilyn Kutler                                                 |
| Religious Articles Fund                 | In gratitude for the many prayers for David’s recovery                                                       |
|                                          | David and Lenore Forsted                                                                                     |
November & December Birthday-Grams

Send a Sisterhood BIRTHDAY-GRAM, and raise money for our Sisterhood and the synagogue. Birthday Grams are $1 each, or 6 for $5. PRINT your name as you would like it to appear on the greeting, then CIRCLE or HIGHLIGHT the names of those members to whom you wish to send a birthday greeting. Mail this form and your check, payable to TBH-BE, to the synagogue office.

Your Name:_______________________________________________________

Brenda Abrams  Leora Chwalow  Jenny Graber  Rena Kopelman
Jonathan Alexander  Mort Civan  Tony Green  Ellie Kremer
Lauren Alloy  Sandra Clair  Katie Grinnell  Rebecca Krengel
Reina Alter  Sasha Coffiner  Bruce Grohsgal  Lauren Krivitzky
Jill Altman-Caffery  Ellen Cooper  Alan Haber  Bernice Laufer
Ann Altus  Margie Cooper  Jerry Hark  Anne Lazarus
Ben Andelman  Michael Eisner  Rita Herskovitz  Abelardo Lechter
Len Arnold  Howard Elgart  Nona Hillsberg  Roseanne Levin
Rosalie August  Kathy Elias  Erica Hoffman  Arnold Levinson
Guy Barber  Scott Elkins  Ryan Hoffman  Marcia Levinson
Erika Bauml  Joshua Epstein  Adi Ilani  Jon Levitan
Aaron Benau  Gary Erlbaum  Alan Iser  Stacy Levitan
Jane Bender  Kim Feldinger Geller  Sara Jaffee  Scott Lewis
Estelle Benson  Laura Frank  Matt Kamens  Melanie Lieberman
Ilene Berger  Stephen Frank  Richard Kanoff  Joe Loewenberg
Selwyn Berman  Richard Freedman  Jill Kaplan  Joe Lubeck
Deirdre Bernstein  Oren Friedman  Lili Kaplan  Elizabeth Lustgarten
Michael Bihovsky  Susie Friedman Weinblatt  Manny Kaplan  Joe Magid
Ron Bihovsky  Marina Furman  Aliza Karetnick  Eva Marikova Leeds
Paul Blumenthal  Chaim Galfand  Barbara Kaye  Luci Markowitz
Cindy Bowman  David Galinsky  David Keammerer  Diane Marks
Dotty Brown  Andrew Gavrin  Naomi Kessler  Lauren Menkowitz
Terry Brucker  Charles Geller  Matthew Kirsch  Nancy Messinger
Katie Calabrese  Barbara Gilbert  Steven Klausner  Leslie Molder
Douglas Candeub  Derek Gillman  Joan Kofsky  Michael Mulherin
Lauren Chait  Cory Goldman  Kari Kohn  Lisa Nentwig
November & December Leagrams

Say Happy Anniversary! while raising money for our Sisterhood and synagogue. **Each Leagram costs $1, or 6 for $5.**

Please **CIRCLE** or highlight the names of those couples to whom you wish to send an anniversary greeting. **PRINT** your name on the line below and mail this form and your check, payable to TBH-BE, to the synagogue office, **attention: Leagram.**

**Your Name:**

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<td>David &amp; Donna Haas</td>
<td>Stephen &amp; Linda Pearlman</td>
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<td>Matthew &amp; Michelle Halpern</td>
<td>David &amp; Laurel Portnoe</td>
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<td>Matthew &amp; Cindy Hirsch</td>
<td>Mark &amp; Sharon Raivetz</td>
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<td>Philip &amp; Jennifer Hirshman</td>
<td>Julie &amp; Melvin Roat</td>
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<td>Kevin &amp; Barbara Ilsen</td>
<td>Steven &amp; Rivka Roemer</td>
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<td>Howard &amp; Barbara Kaye</td>
<td>Arnold &amp; Arlene Schlein</td>
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<td>Steven &amp; Janet Schwartz</td>
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<td>David &amp; Debra Kornblatt</td>
<td>Gabriel &amp; Ellen Spector</td>
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<td>Marlene &amp; Alan Lachman</td>
<td>Robert &amp; Jo Steinhart</td>
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<td>Arthur &amp; Ella Feldman</td>
<td>James &amp; Rebecca Lozada</td>
<td>Jake &amp; Rachelle Stuiver</td>
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<td>Joshua &amp; Amy Goldwyn</td>
<td>Jonathan &amp; Elizabeth Lustgarten</td>
<td>Michael &amp; Cathy Tullman</td>
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<td>Andrew &amp; Sheryl Golland</td>
<td>Neil &amp; Ellen Moscow</td>
<td>Alan &amp; Helene Zeiger</td>
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<td>Howard &amp; Karina Hariton Gross</td>
<td>Norman &amp; Holly Nelson</td>
<td>Marc &amp; Bonnie Zimmerman</td>
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<td>David &amp; Robin Oriel</td>
<td>Howard &amp; Robin Zwick</td>
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1001 Remington Road, Wynnewood, PA 19096

Rabbi Neil S. Cooper
Rabbi Emeritus Marshall J. Maltzman (z”l)
Cantor Eugene D. Rosner
Executive Director Ken S. Krivitzky
Asst. Executive Director Barbara J. Schwartz
ECC School Director Judith Mont Scarani
Asst. ECC School Director Randi Grossel
Religious School Director Lisa Richman
Director of Community Engagement Hallie Chandler
President Joel Freedman
Vice President Barbara Bookman
Vice President Joshua Kohn
Vice President Ranita Thomas
Vice President Albert Ziobro
Treasurer Jared Gordon
Secretary Holly Nelson
Financial Secretary Kelly Dash
Immediate Past President Randy Goldberg
Second Past President Josh A. Davison
Sisterhood President Debbie Greenberg
Men’s Club President Sam Brint
Editorial Board Ellen Moscow
Communications Gal Senderowitsch

TEMPLE BETH HILLEL–BETH EL
Phone 610.649.5300
Fax 610.649.0948
Early Childhood Center 610.649.2277
Religious School 610.896.8507
www.tbhbe.org