

beiteinuview

High Holidays 2020

Being Connected to The Jewish People-

The Power of "We

Most of the prayers in the Machzor (the High Holiday prayer book), are written in the plural: help us, save us, return us, forgive us, and so on.

During my adulthood, I have had the opportunity to travel to India, Mexico, to the islands of Puerto Rico and Saint Thomas, and I have been to many big cities and small towns around the United States. When I was able, I would seek out the Jewish Community in that location. From New Delhi, India to Evanston Illinois, and the many places in between, I have had a similar experience. After introducing myself to complete strangers, within a few minutes I felt a connection. We often would engage in a little Jewish geography. (Do you know so and so?). "Would you like to come to our house for dinner?" I would be asked. "Can I help you?..... Do you need directions to your next

destination?" "Take my number in case you need anything." All this from people who had been unknown to me just moments before. There I was, in a new place, yet feeling that there was a familiarity and level of comfort. It was like I was surrounded by people who felt like family. I have felt an inexplicable bond with my fellow Jews, whether working out at a JCC in St. Louis or having a Shabbat meal at a synagogue in Skokie Illinois. There is something special about having a connection and a community.

And when we pray, we do so in the plural. Because each one of us is part of a greater organism. Each of us, a living cell in a body that is over 3000 years old. We pray in the plural because we exist in them as they exist in us.

Wishing all a sweet and especially healthy New Year 5781

Staci and Rabbi Howard Cove



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Rabbi Cove's Blog Post

See what Rabbi Cove has to say about a variety of topics.

www.beiteinu.org/rabbis-blog





Honey Apple Cake... and other Delicious Recipes!

From Toriavey.com: Honey Apple Cake



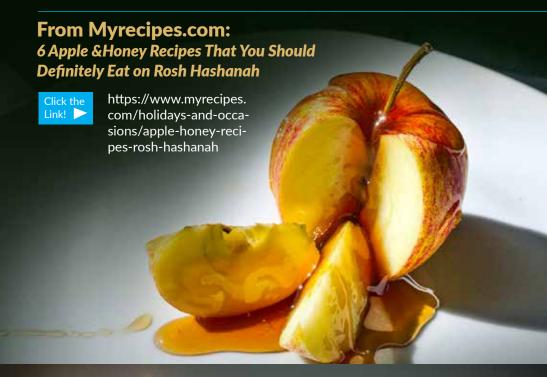
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18 Apple And Honey Recipes That Will Impress Your Jewish Grandma



https://www.buzzfeed.com/juliareinstein/party-like-its-5776









As the holidays are quickly approaching, we would like to offer some instructions to make this a wonderful and meaningful holiday experience. Normally at this time of year, we prepare for the holidays in multiple ways, including; time for self-reflection, preparing our meals and menus as well as polishing our silver. We recall our loved ones by preparing a list to be remembered at Yizkor and maybe visiting the cemetery. This year we add one more thing: getting our technology ready to watch the moving High Holiday Services. And creating a home sanctuary.

CREATING YOUR OWN COMFORTABLE SPACE

With the current health pandemic and restrictions on group gatherings, our worlds are topsy-turvy. Not only have our kitchens become the classroom, our homes must now become our sanctuaries. Our home would become our mikdash m'at, the miniature Beit Hamikdash (Temple) and our table would be the mizbei-ach (altar)

Now, we must bring worship "inside" and create a sacred space at home while we are in front of our computers.

It can be overwhelming and confusing. We will try to make that as easy as possible and we ask that you be gentle with yourselves. Do whatever is possible and comfortable for your own living situation. All our efforts add meaning to the coming Days of Awe.

Choose your prayer space in advance, spending a few moments of individual contemplation/family discussion. Look at any possible space and think

about ways to make it special. You may even want to say a special blessing or intension over this area to mark it as your mikdash m'at.

Be creative. Maybe place a tallit or special fabric, such as your grandparent's tablecloths, on the table you will be using. Flowers add a nice touch to remind us of the gifts we receive from G_D.

Holiday objects like candlesticks, a Kiddush cup, and apples and honey may bring a sense of the specialness of the holidays. Cherished mementos, family heirlooms, and photos of loved ones can surround you. If you own a shofar, put it where it's visible and blow it when we are doing so in the service.

Move the computer space back so that you are watching the screen more than operating or manipulating it.

Limit or disconnect auditory distractions. Turn off your phone and email, and text message ping sounds.

ZOOM WEBINAR

Many are comfortable with zoom and have the app downloaded already. Some have either never, or rarely used zoom and so we are providing some basic instructions now. If you know others that want to participate, please direct them to our website to register: www.beiteinu.org so that we have their email to send the link to.

Joining the Zoom Webinar

You will receive an automated email from Zoom confirming your registration with the link to join from your computer as well as dial-in instructions if you are calling in on from your phone.

You can expect to receive this email early next week and a reminder email with the link to join will also be sent 1-hour in advance of all services. It will be sent to the email you registered for the holidays with.

From your computer:

Follow the "Click Here to Join" link found in the email.

Wear clothing that makes you feel as if you are entering a spiritual space.

When you join a Zoom webinar hosted by another user, you are considered an attendee. The user who scheduled the meeting will have host controls, including muting audio, using video, sharing your screen and more.

We will have all attendees video off (you will still see us)

We will also have the audio muted everyone during the service so that everyone can hear clearly.

Once you click the link you will be redirected and, if you have already installed the Zoom you should click on "Open zoom.us." You will automatically be joined into the meeting.

If you have not yet installed the Zoom application, you can follow the prompts to "download and run Zoom" or bypass this step and select "join from your browser"

Joining the meeting from your phone:

If you are joining via telephone, you will need the teleconferencing number provided in the Zoom registration confirmation located at the bottom of the email under "Or Telephone"

You will dial the US phone number and follow the prompts to enter the Webinar ID and Passcode.

Your Audio Settings

You may see a prompt that will ask you to "join meeting using computer audio." Follow the prompts. If you don't see this prompt, then you are already on via audio and you may have to adjust volume setting/turn it up on your computer.

Enter/Exit Full Screen

At the top right of the Zoom window, you can enter or exit full screen mode. You can also exit full screen by clicking Esc.

Leave Meeting

You can leave the webinar at any time by clicking on the "Leave Meeting" option at the lower right corner of the Zoom window.

YIZKOR

Due to the limited time that we share together, we will be scrolling the names of the loved ones during the yizkor services. This takes time to prepare and therefore we request that you let us know which names you would like displayed by September 17th. Please email the names to Staci at staci.levick@comcast.net. We appreciate your timeliness in this as we want to honor all those that our important to you.

Yizkor Service and ZOOM

During this service we will turn on the "Raise hand" feature and invite guests to share. If you would like to share simply click on the "raise hand" icon located at the bottom of your Zoom screen.

When it is your turn you will receive a notification that "'The host would like you to unmute" and you should press accept.

You will then be unmuted and free to share and be heard by all attendees.

When you are done sharing the Zoom host will automatically mute you.

Difficulties joining the Zoom

If you have difficulty with logging in, we have our all-star IT helper, Veronica Elvestar on standby to help you. You can reach her for help logging on at 980-900-7577. She will be available ONLY DURING SERVICES.

Rosh Hashanah, An Opportunity for Self-Reflection And Growth

It has been suggested, if you observe Rosh Hashanah and Yom Kippur and you haven't grown in some way, then you missed the whole reason for the high holidays. The holidays are an opportunity to clarify, for ourselves, what our true priorities are. This is the time to ask ourselves some of the basic questions; to clarify what is truly important to us and ultimately, who it is we want to be. Here are some questions to get you started.

- 1. Are there certain ideals and values that I would be willing to put my physical wellbeing on the line for?
- 2. Have I spoken honestly with the people I love and respect the most? Have I spoken honestly with others?
- 3. What are my greatest sources of joy?
- 4. What are the most significant achievements and areas of growth I have made in the past year? Am I satisfied with that?
- 5. What are the biggest mistakes I have made since last Rosh Hashanah? Why did they occur and what can I do differently this year?
- 6. When have I felt that my life has been the most meaningful? What can I do to make that happen more?
- 7. If I had a chance to do it all over again, is there anything I would choose to do differently?
- 8. At the end of my life, how do I want to be remembered buy my family and friends? Have I act in a way that is accordance with that?

Confronting our potential

There is a famous story about an elderly sage named Reb Zusia. Reb Zusia lay on his deathbed surrounded by his students and disciples. Reb Zusia was crying and there was no one who could comfort him. One student stood next to the dying Rabbi's bed and said:" You were almost as wise as Moses himself", another student followed, "you were almost as kind as our father Abraham". Yet, he could not be comforted. He cried uncontrollably as

the end drew near. "When I pass from this world and appear before the heavenly judge," Reb Zusia said, "they won't ask me, Zusia, why weren't you as wise as Moses or as kind as Abraham, rather he will ask me "why weren't you Zusia?" Why didn't I fulfill my potential, why didn't I follow the path that should have been mine?" On Rosh Hashanah, we confront the realization that some of our choices lead us away from being our best and most authentic selves. If we are not integral to ourselves, we risk moving further away from reaching our full potential of who we truly are meant to be.



Little Things Matter

Yom Kippur is an affirmation of the value of life, of each day and, of every aspect of each day. It is sacred time devoted to the details of our individual lives. That which we cherish is that which we should carefully pay attention to.

The sages of the Talmud taught: "A person is not given the opportunity for greatness until that person is tested in the small things." Before Moses ever became the deliverer of the Hebrew slaves from the Egyptian Pharaoh, he had the lowly job as a shepherd. Instead of speaking before great crowds of people, he addressed flocks of sheep.

There is a story that Moses came across G-d at the burning bush, only after he went in pursuit of a single animal that had wandered from the flock. It was his concern for that one animal, that the tradition says, drew God's attention to Moses. Working at this menial task, taught the future prophet to love, care, and to live with humility.

Everyday life presents us with a series of little tests. Not life – altering challenges, but small ones, which we often pass by, with barely a notice. Sometimes it is a spouse, a child or an acquaintance, whose spirits could have been lifted simply with a warm smile or a moment of genuinely expressed concern. At other times, it could be a colleague who could use some encouraging words from us for a job well done.

These little things, be they gestures, actions or words, are the many small things that we can do every day that shows the expression of our heart. The words we speak or write, the speed of our responses constitute our answers to those daily tests of our mind and heart.

Some common questions people ask about the high holy days.

1. We know on Hanukkah the menorah burned for eight days; on Passover, we celebrate when our ancestors left Egypt – what happened on Rosh Hashanah?

The Rabbis of the Talmud taught that humans were created on the first day of Tishrei (the first month in the Jewish calendar). This being the case, Rosh Hashanah is considered the birthday of the world and humanity.

2. Is Rosh Hashanah considered a happy day or a somber day?

Rosh Hashanah is considered a happy day, a festive day, and at the same time, a day that we take very seriously. We believe it is a serious day because our choices and actions are judged by God. It is a happy day because we are confident that, if we understand the meaning of the day and use it properly, then we will receive a favorable judgment.

3. Why did the rabbis establish a dedicated time to have God judge us?

Because life should be taken seriously. The belief is, if we believe that our time and work in this life is being judged, we are more likely to treat life preciously and be attentive to all areas of our lives. In Jewish thought, judgment implies caring. God cares how we live our lives.

4. Why do we blow the shofar?

Rosh Hashanah is the anniversary of the creation of the world. It is the anniversary of G-d being sovereign over the world. Rosh Hashanah is compared to a coronation and thus we trumpet the shofar just like a coronation ceremony.

If you have any questions regarding the High Holy days, that you would like to ask Rabbi Cove, please contact him at rabbi@beiteinu.org.



Beiteinu and Rabbi Howard Cove, invite you to join us in welcoming in the New Year and the High Holidays. We strive to offer options that are best for each individual and your needs.

(Family includes dependent children)

FULL MEMBERSHIP Individual: \$396 Family: \$817

Over 35 years of Age Full membership allows you to share in all the high holiday festivities as well as joining us for Shabbat service, minyan, and all other activities and events.

FULL MEMBERSHIP Individual under 35: \$279 Family under 35: \$583

Over 35 years of Age Full membership allows you to share in all the high holiday festivities as well as joining us for Shabbat service, minyan, and all other activities and events.

High Holidays Only Unable to commit to membership at this time but still want to come for the high holidays......no problem. Enjoy all High Holiday events including New Year's Under The Stars, Rosh Hashanah, Kol Nidre, Yom Kippur Day and Yizkor Service.

MINYAN SHABBAT 4 Services \$72/pp

4 Services \$72/pp All Services \$218/pp Want to be a part of the Beiteinu family but unable to make it to the holidays. Great, join us on Thursday Morning minyan, Shabbat services and other special events throughout the year.

PLEDGED AMOUNT

Synagogue's choice:

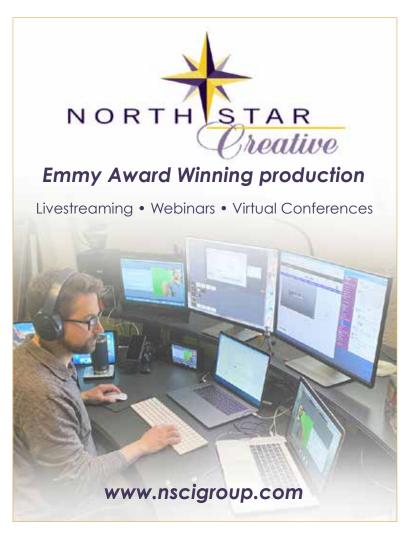
Please fill in amount

Pledge: We understand that some have been financially affected by the coronavirus. Please pledge to an amount that you are able to help support our mission. We will try to honor that if you are unable to commit to the usual membership levels.

Tickets may be purchased online at: beiteinu.org

Or by check mailed to: Beiteinu, P.O. Box 231, Haverford, PA 19004

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VIRTUAL Minyanim Every Thursday 7:30am

Join us online where we start the day with prayer, thought-provoking conversations, and reflection.

VIRTUAL Torah Study (monthly)

Please call **Rabbi Cove** at **484-432-0931** or email him at **rabbi@beiteinu.org** if you would like to join us.

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