



our house

beiteinu view

High Holidays 2017

High Holidays 5778

I want you to think for a moment about the name of the first holiday of the Jewish Year – Rosh Hashanah. The words, Rosh Hashanah, come from the Hebrew words, Rosh and Hashinui - the beginning of change. In addition to food and family gatherings, this is a time when we begin to look at the ways our lives have changed.

I recently read a quote from the Japanese poet Mizuta Masahide: "My barn having burned down, I found I could see the moon." This is a reminder that change has the capacity to open our souls and hearts. Change can open us to recognizing new blessings, even if they come in unexpected ways. Change can open us to recognizing new sides of ourselves, even if we think we already know who we are. Change is our chance to experience the new, to identify additional options and generate different opportunities.

The "AL CHEIT" prayer on Yom Kippur ("For the sin WE have committed before you"), is said in the plural, reflecting our communal responsibility for our imperfect world. I invite you to write your own personal "Al Cheit" passages. I encourage you to write verses that resonate personally and deeply for you. Some examples of what others have acknowledged are:

- For the sin we have committed before you by humiliating someone (A waitress... my child... in public
- For the sin we have committed before you by throwing tantrums when we don't get our way.
- For the sin we have committed before you buy squandering our time and money.
- For the sin we have committed before you by getting out of a commitment by telling a lie.

I want to share this exercise with you before the holy days in order to give you time to reflect on the ways you have conducted your life in the past year. Also, at each holiday service leading up to Yom Kippur there will be an "Al Cheit Box" in which you can place your personal passages. It is my intention when we get to the "AL Cheit" prayer in the service to share our personal "AL Cheits" instead of those printed in our prayer book. Of course, this will remain anonymous.

In order to embrace the new, we must release the old. A trapeze artist cannot swing from one bar to the other without letting go. It is important that as we prepare for the new year, we review the past year – to release it and to learn from it.

The following questions are intended to stimulate reflection. I hope you take some time to ponder where you are and where you have been. Talk with people you care about. Attempt to look at yourself and your experience with as much objectivity as you can.

Here are some suggestions to get you started in looking back and taking a personal account.

- What did I learn? (skills, knowledge, awareness, etc.)
- What did I accomplish?
- What would I have done differently? Why?
- What did I complete? What still feels incomplete to me?
- What were the top three significant events of the past year?
- What were the fun things I did?
- What were my biggest challenges/ roadblocks/ difficulties?
- How am I different this year than last?

continued



beiteinu
SYNAGOGUE

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High Holidays 2017

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- For what am I particularly grateful?

Write out your thoughts and feelings. Do some journaling. Anything you can do to make the end of the

Jewish year a time for personal and spiritual growth will be extremely valuable as you move forward into the new year.

We want to be there for you, in times of joy as well as in times of sadness. Let us know how you are. We especially appreciate you letting Rabbi Cove know when someone is in the hospital or homebound for any reason. We pray that the New Year will be one of health and well-being for you and your loved ones. Please do not hesitate to reach out for support at any time.

Shanah Tovah Tikatevu

May you be inscribed in the Book of Life for a good and healthy year.

Join Us for our 4th Annual

beiteinu on the Beach

Friday August 18th at 7-9:30pm

Cedar Grove Beach • Margate City, New Jersey



Beiteinu invites you to join Rabbi Howard Cove and our congregation as we come together in worship for the High Holy Days

Schedule of Beiteinu's High Holiday Services

All Rosh Hashanah (including Rosh Hashanah Under the Stars) services will be held at Whitmarsh Valley Country Club (WVCC) 815 Thomas Rd - Lafayette Hill, PA 1944

All Yom Kippur Services (including Kol Nidre) will be held at the newly remolded Plymouth Country Club (PCC) • 888 Plymouth Rd- Plymouth Meeting PA 19462

New Year's Under the Stars– (WVCC)

Wednesday, September 20th 6:00 pm – shofar will be blown at sundown

Enjoy a concert courtesy of Adam Weitz and featuring A-Sharp Events. Enjoy dancing and a tasty catered dinner, culminating with a service and blowing of the shofar. Under the stars – weather permitting. Bring your blankets, sweaters and whatever else you need to be comfortable

Rosh Hashanah Dat (WVCC)

Thursday, September 21st 10:00 am – 12:00 pm

Join us for a meaningful service during which we will once again be blessed with the beautiful sounds of our cantor. Services will include traditional melodies, stories, readings, and meditations.

Kol Nidre (PCC)

Friday, September 29th 7:00 pm – 9:00 pm

A special and moving service featuring a stirring instrumental rendition of the Kol Nidre prayer, as well as a cello performance by the composer, Wilson Smith.

Yom Kippur Day (PCC)

Saturday, September 30th 10:00 am – 12:00 pm

Once again we will be graced with our inspirational cantor. A special and beautiful way to reflect and renew ourselves for years to come!

Yizkor Service (PCC)

Saturday, September 30th (following Yom Kippur services) 12:15 pm – 1:00 pm

Our Yom Kippur service continues with Yizkor. This will be a meaningful way to honor our relationships with those we have loved and those no longer with us.



Member Spotlight

Meet the Stoogenke/ Blumenthal Family

Beiteinu members since 2015



Scott and I and our two daughters (Leah and Maya) are very happy to be part of Beiteinu's rich and inclusive Jewish life. We like to be creative and to find meaningful ways to express this in all aspects of our lives from jobs to the girls' extracurricular choices to how we celebrate Judaism and spirituality. In Beiteinu we have found a way to be part of a Jewish community that welcomes creativity and new ideas.

To introduce ourselves:

Scott is a strategic marketing and training consultant who formed Panaviv Consulting seven years ago. He is a great writer, listener and strategic thinker and he is often offered full time jobs by his clients! Although Scott is dedicated to his work we are very happy with the lifestyle consulting offers, as Scott is also able to pursue hobbies and be active in our family life. Scott began his career as a biochemist and molecular biologist. He has spent his life balancing a left-brain love for science and discovery with a right-brain need for artistic expression. Scott's hobbies include



photography, blues guitar, travel, art and home brewing. He is a Beiteinu minyan participant who appreciates the personal community of that group.

My name is Deborah and I am a clinical psychologist. I love my work, which is mainly with adults who have anxiety disorders from panic to OCD to PTSD. I also love cooking and I have a personal goal of dining in a restaurant of every ethnicity in the world. We all love musical theater, growing hot peppers and tomatoes, and anything creative. If you have an art show coming up or a play or an interesting artistic problem to hash out—call us!

Our girls are Leah (age 16) and Maya (age 12). They are both obsessed with musical theater and know every word of Hamilton (and every other show Lin has written) and now Dear Evan Hanson. Thank goodness we are now past the stage during which mostly they communicated through lyrics. The girls have also caught the travel bug and are packing as we speak for our upcoming trip to Thailand. The girls are both vegetarians and both have chosen to only eat fair trade chocolate—which is a big commitment when everyone in school brings cupcakes and treats they have to decline. When they care about something they fully commit. When they were younger they started selling hair bands with cute charms on them and donated all the proceeds to World Wildlife Fund. They continue to care about animals and people and we are very proud of their good hearts and dedication.

Judaism is important to us and we try to celebrate our culture and religion in a fun, loving and meaningful way. We have been fortunate to find that Rabbi Cove is supportive of these efforts. For example, every Chanukah we have a latke-vodka party with crazy flavor combinations that stretch the definition of latke, but also breathe life into the holiday. This creates a sense of excitement beyond presents. Each year we celebrate Passover with a newly created Haggadah that Scott tailors to the girls' ages and to new things that interest us. This year Scott included traditions from Jewish communities in 37 different countries and cooked foods from all over.

My favorite part was the international Charoset-tasting. One included chocolate and another (really bad) had brick dust. We all loved Scott's invention of a new Seder sandwich: the "Sandwich Message Of Remembrance to Emancipate Slaves" or "S'Mores."

This is matzah, a roasted marshmallow (representing a burnt offering), and fair-trade chocolate (representing food free from slave labor). If you would like a copy of the Haggadah, email us at scott@panavivconsulting.com and we would be happy to share. It isn't hokey—I think it is really educational and meaningful.

The next project is Yom Kippur. Scott has been talking for years about writing a workbook or guide focused on how to think about our lives and choices and how we would like to improve during the Days of Awe. If anyone has ideas or would like to collaborate on this I am sure he would be interested.

It is our hope that our girls will see their religion and their world through the lens of creative opportunity. At Leah's Bat Mitzvah, Rabbi Cove called us a family of DIYers and called attention to how we like a personal touch. He did a wonderful job with Leah's service and helped people from diverse backgrounds find meaning in the service. We are excited that he will also be officiating at Maya's Bat Mitzvah in October. Rabbi Cove is a caring educator who is able to create an atmosphere of acceptance and openness and to integrate personal elements so that the ceremony is special and spiritually resonates with all. We are grateful to have him in our lives and to have Beiteinu.

Important Dates (Shabbat Services)

Bucks County services will be held at the Yardley Friends Meeting House- 65 N Main St, Yardley, PA 19067

Montgomery County services will be held at the Plymouth Friends Meeting House- 2150 Butler Pike, Plymouth Meeting, PA 19462

Moorestown, NJ services will be held at the Moorestown Friends House- 118 E Main St, Moorestown, NJ 08057

OCTOBER:

Bucks: Friday, Oct.11th (sukkot) -7:30pm

Montgomery: Friday, Oct.27th - 7:30pm

NOVEMBER:

Moorestown, NJ: Friday, Nov. 10th - 7:00pm

NO SERVICES (THANKSGIVING)

DECEMBER:

Bucks: Friday, Dec.8th - 7:30pm

Montgomery: Friday, Dec. 22rd - 7:30pm

JANUARY:

Bucks: Friday, Jan.12th - 7:30pm

Moorestown, NJ: Friday, Jan. 26th - 7:00pm

FEBRUARY:

Bucks: Friday, Jan.9th - 7:30pm

Montgomery: Friday, Feb.23thrd - 7:30pm

MARCH:

Moorestown, NJ: Friday, Mar. 9th - 7:00pm

Montgomery: Friday, Mar. 23rd - 7:30pm

APRIL:

Bucks: Friday, Apr.13th - 7:30pm

Montgomery: Friday, Apr. 27th - 7:30pm

MAY:

Moorestown, NJ: Friday, Apr.11th - 7:00pm

NO SERVICES (MEMORIAL DAY WEEKEND)

JUNE:

Bucks: Friday, Feb.8th - 7:30pm

Montgomery: Friday, Feb. 22nd - 7:30pm

Dates, times and locations may change after this newsletter is sent out. Please double- check the website - beiteinu.org or beiteinu.shulcloud.com for times, locations and other events.



Minyanim Every Thursday 7:30am

Meet us in Yardley, where we start the day with prayer, thought-provoking conversations, and reflection.

Worship is followed by breakfast and friendly conversation.

Please call **Rabbi Cove** at **484-432-0931** or email him at rabbi@beiteinu.org if you would like to join us.



Beiteinu and Rabbi Howard Cove, invite you to join us in welcoming in the New Year and the High Holidays. We strive to offer options that are best for each individual and your needs.
(Family includes dependent children)

FULL MEMBERSHIP

Individual: \$396

Family: \$817

Over 35 years of Age Full membership allows you to share in all the high holiday festivities as well as joining us for Shabbat service, minyan, and all other activities and events.

FULL MEMBERSHIP

Individual under 35: \$279

Family under 35: \$583

Over 35 years of Age Full membership allows you to share in all the high holiday festivities as well as joining us for Shabbat service, minyan, and all other activities and events.

HIGH HOLIDAYS

\$250/ per person

Children 18 and under \$25

High Holidays Only Unable to commit to membership at this time but still want to come for the high holidays.....no problem. Enjoy all High Holiday events including New Year's Under The Stars, Rosh Hashanah, Kol Nidre, Yom Kippur Day and Yizkor Service.

MINYAN SHABBAT

4 Services \$72/pp

All Services \$218/pp

Want to be a part of the Beiteinu family but unable to make it to the holidays. Great, join us on Thursday Morning minyan, Shabbat services and other special events throughout the year.

EREV ROSH HASANAH

\$36

New Year's Under the Stars Enjoy a concert, courtesy of Adam Weitz and A-Sharp productions. Dance, eat a catered dinner and take part in a service culminating in the blowing of the Shofar at sundown, under the stars.

Tickets may be purchased online at: **beiteinu.org**

Or by check mailed to: Beiteinu, P.O. Box 231, Haverford, PA 19004

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

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I have enclosed my payment in the amount of \$ _____ Added Donation: \$ _____

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Make your table crafty!

Fruits & veggies aren't just for eating anymore. They make the prettiest natural stamps when brushed with some paint. The ends of endives and celery stalks are no longer trash as more & more people are turning to fruit and vegetable stamping as a hobby. Check out how to make these Rosh Hashanah apple napkins!

<http://www.busyinbrooklyn.com/apple-stamp-napkins/>

