

10 Simple things to help our planet

1. Plant trees
2. Turn the thermostat up 1-2 degrees in the summer and down 1-2 degrees in the winter
3. Turn off lights and unplug electronics when not using them
4. Turn off water while brushing teeth and scrubbing dishes.
5. Feed the birds (but not to feral or outside house cats!)
6. Plant native plants that support butterflies and bees
7. Eat meat one less time per week
8. Pick electricity companies that use renewable energy
9. Recycle paper and plastic
10. Spread the word, if everyone does a little bit, it adds up to A LOT!