



*Our Limud (Learning) goal is to inspire and empower members of all ages through engagement with Torah while building community through Jewish learning.*

## Youth Education

This program gives children a foundation for lifelong Jewish learning and engagement while integrating parents and children in a caring Jewish community.

### Shabbat School (Grades K-6)

3-5:15 on Saturdays; Sept. 30; Oct. 14, 28; Nov. 4, 18; Dec. 2, 9; Jan. 6, 20; Feb. 3, 10, 24; Mar. 9, 16; Apr. 6, 20; May 4; Summit May 18

### Middle School (Grades 7-8)

6:30-8:30 pm on Wednesdays; Oct. 18, 25; Nov. 1, 8, 15, 29; Dec. 6, 13; Jan. 10, 17, 24, 31. Grade 8 will also meet Oct. 11.

### High School (Grades 9-12)

6:30-8:30 pm on Wednesdays; Oct. 11, 18, 25; Nov. 1, 8, 15, 29; Dec. 6, 13; Jan. 10, 17, 24, 31; Feb. 7, 14, 21, 28; Mar. 6, 13, 20

## Affinity Groups

### Teen Engagement Committee

The Teen Engagement Committee fosters our post b'nei mitzvah youth to participate in monthly activities and meetings. We promote youth involvement in the larger Havurah community by partnering with other groups.

### Israel/Palestine Committee

The Israel/Palestine Committee's overriding goal is for Havurah members to engage with the complicated issues of Israel and Palestine and enable open, respectful, and meaningful discussions.

## Adult Learning

### Book Group

The Havurah Book Group is a venue for discussion of complex, controversial issues. We encourage members to engage one another through sharing ideas and knowledge. Books chosen by the group are discussed in monthly meetings. Members come to discussions that interest them. 7 pm, Tuesdays, Sept. 19; Oct. 24; Nov. 28; Dec. 26; Jan. 23; Feb. 27; Mar. 26; Apr. 30; May 28; Jun. 25; Jul. 23

### Tuning In to Jewish Texts

We will spend two months tuning in to specific passages from four genres of Jewish texts: TaNaKH (Bible), Rabbinic Literature (Midrash and Talmud), Medieval Commentary (Rashi, ibn Ezra, Nachmanides) and Mystical (Kabbalistic and Hasidic). Led by Rabbi Joey Wolf. 7:30 pm, Tuesdays, Oct. 3, 10, 17, 31; Nov. 21, 28; Dec. 5, 12

### Occupation 101

We will explore the military occupation of the West Bank, East Jerusalem, and the Gaza Strip through film, lectures, and discussion. We will ask questions about the declared purposes, political and legal foundations, impact, and future of the Occupation. Led by Joel Bein. 7 pm, Mondays, Oct. 16, 23, 30; Nov. 13, 20, 27; Dec. 4, 11

### The Naked Room: A Synthesis of the Life of a Poet and Psychotherapist with Discussant Frances Payne Adler

Willa Schneberg's new poetry collection, *The Naked Room*, illuminates today's mental health crisis using poems of the unconscious, the dreamscape, the despondent, the unmoored and the mortal. Reading followed by Q&A. With Willa Schneberg and Fran Payne Adler. 7 pm, Tuesday, Nov. 7

### What Chappened to Chanukah?

We'll look into the contentious historical roots of Chanukah—religious pluralism, fanaticism, nationalism, spiritual renewal, cultural and gastronomical adaptation to name a few!—and how the holiday evolved over time, in different communities. We'll explore how we can interpret Chanukah in rituals and meanings that speak to us today. Led by Deborah Eisenbach-Budner. 12:30 pm, Wednesdays, Nov. 8, 15, 29

### Workshop: Discussing and Writing Poems of Strong Emotional States

We will read and discuss poems by masters who have written about strong emotional states, such as Sexton, Lowell, Bloch, Hirsch and Gay. We will write first drafts of our own and share what we have written or discuss our process. Led by Willa Schneberg. 7 pm, Tuesday, Nov. 14

### Sacred Music of Moroccan Jews

Through lecture and song, Neveh Shalom's Cantor Eyal Bitton will examine elements of Moroccan sacred music—synagogue song, cantillation of sacred texts, the piyyut (liturgical poetry), and life cycle songs—bringing to life the rich religious and musical culture of Morocco's Jews. 7 pm, Tuesday, Dec. 5

### Right Where I Am: Writing for Everyone

Welcome to all writers, new and experienced, looking to explore this time in your lives. Limit eight participants. Led by Bija Guttoff. 3 pm, Sundays, Jan. 7, 14, 21, 28; Feb. 4, 11, 18, 25

### Making Loss Matter

Rabbi David Wolpe's "Making Loss Matter: Creating Meaning in Difficult Times" explores loss of home, dreams, self, love, faith, and life. Our class sessions will explore each from a variety of traditional and contemporary Jewish sources and other practices. Led by Tivona Reith. 7 pm, Mondays, Jan. 8, 15, 22, 29; Feb. 5, 12

### Letter by Letter: Using the Alef-Bet for Self-Knowledge

Dive deep into Hebrew letters to illuminate new channels of understanding Time, Space, Body/Soul and more. Hebrew knowledge not required; bring curiosity and an open heart. Led by Andrine de la Rocha. 7 pm, Tuesdays, Jan. 9, 16, 23, 30; Feb. 6

### Ceramic Seder Plate Workshop

We will learn new and traditional elements of the seder plate from around the world, then design and hand-build our own using elements meaningful to you and your family. Led by Anna Mafchir. 6:30 pm, Thursdays, Feb. 1, 8, 15, 22

### Leading Saturday Services

Come to sing; learn to lead! Ken Lerner will teach the Shabbat morning music of the Birchot HaShachar (morning blessings) and P'sukei D'zimra (verses of praise). Hebrew reading is helpful but not essential. 7 pm, Tuesdays, Feb. 20, 27; Mar. 5, 12

### Purim Play Time!

Ever wanted to stage a Purim play? Actors, writers, artists, and musicians, no matter what your age or experience, this is your chance to show off your talents, create a captivating theater experience for your community, and have fun! Led by Karen Polinsky. 7 pm, Mondays, Feb. 26; Mar. 4, 11, 18

### Experience the Omer: Making it Count!

The Omer is an ancient tradition marking time between the Exodus from the Narrow Place to the Expanse at Sinai. Explore tools and practices to facilitate your own learning and experience from Liberation to Revelation. We will have an intro class followed by half-hour check-ins, one for each Sefira. Led by Andrine de la Rocha. 7 pm, Tuesdays, Apr. 9 (Intro), 23 (Chesed), 30 (Gevurah); May 7 (Tiferet), 14 (Netzach), 21 (Hod), 28 (Yesod); Jun. 4 (Malchut)

### Kabbalah and Hasidism Through the Life of Rabbi Nachman of Bratzlav

Using Buber's "The Tales of Rabbi Nachman," we will look at the life of Rabbi Nachman, his teachings, and his profound stories. The class will involve some meditation and journaling to help us reflect. Led by Harriet Cooke. 7 pm, Thursdays, May 2, 9, 16, 23

### Upcoming Spring Class

Rabbi Benjamin Barnett will teach a class Wednesdays starting February 2024. Keep an eye on our weekly Hineinu and monthly Hakol newsletters for announcements.

### Adult B'nei Mitzvah

Interested in expanding your Jewish literacy skills, confidence, and sense of connection with Judaism? Want to enjoy this process with others and celebrate your Jewish learning in our community? Join a group of adults who will begin a 2.5-year learning adventure this winter. Contact Deborah Eisenbach-Budner by mid-October.