# הָראשׁנוֹת וַחֲדשׁוֹת

ּהָראשׁנוֹת הַנֵּה־בָאוּ וַחֲדָשׁוֹת אֲנִי מַגִּיד

"The early things came about and now I can predict new things." (Isaiah 42:9)



HaRishonot va-Chadashot - Literally "The First Things & The New Things"
Our Theme for 5777

Past claims and, just as assuredly, new claims ... What worked yesterday is our bedrock. It sets the stage for disciplined thinking about tomorrow. Both past and new claims are about keeping faith, addressing our better selves. There are two stories – both are far away and near: how we came into being and how we imagine the future.

# Havurah Shalom

Reconstructionist Community 5777 | 2016-2017 Program

#### **Shabbat & Tefillah**

#### **Wednesday Mornings**

Our Wednesday Morning Minyan is for those saying Kaddish or not, for people who want to incorporate a regular prayer practice into their week. Time changes for holiday observances can be found on the calendar at havurahshalom.org.

Wednesdays, 8:30 – 9:00 am

### Friday Evenings

#### Kabbalat Shabbat Dinner & Service

Join one of Portland's most musical and spirited Shabbat gatherings. Check in with old friends and meet new friends. The service is led by Rabbi Joey, community leaders, and Havurah musicians. Special themes are noted below. Childcare is available. *Please RSVP for each dinner by its publicized deadline*.

Fridays, Oct. 21 (Sukkot), Nov. 11, Jan. 13, Feb. 10, March 10, May 12 (High School Seniors Celebration), & June 9 Dinner at 6:30 pm, Service at 7:30 pm

#### **Dorot – Short & Sweet Shabbat Service**

Join us for this casual, family-friendly and music-filled service. Beginning with candle lighting, Kiddush and challah, the service continues with prayers and music led by congregants, followed by a vegetarian potluck dinner. Led by Jacob Mandelsberg, Sarah Shine, Gabe Adoff, and Karen Pomerantz.

Fridays, Sept. 23, Nov. 18, Jan. 27, March 3 & May 19

Service at 6:00 pm, Potluck at 6:45 pm

#### **Saturday Mornings**

## Community Minyan

Our Community Minyan is a welcoming, warm and spiritual service that includes singing, prayer, Torah reading and haggling over the meaning. Deepen your connections and let the quiet penetrate your soul on Shabbat morning. Led by Rabbi Joey and community members. Organized by Diane Chaplin & Sam Sirkin.

#### (Community Minyan Continued)

Saturdays at 10:00 am, Oct. 8 (Shabbat Shuva), 22 (Sukkot) & 29; Nov. 5 & 26; Dec. 3, 10 & 31; Jan. 7 & 21; Feb. 4 (See Special Minyan below) & 11; March 4 & 11; April 8, 15 (with Yizkor) & 22 (celebrating Rabbi Joey); May 6, 20 & 27; June 3 & 24; July 1, 15 & 29; Aug. 12, 19 & 26; Sept. 2, 9 & 16 (Selichot)

#### Text & Torah

Torah text study is followed by a shortened Saturday morning service led by Rabbi Joey and Havurah members. We will serve coffee, bagels and lox, with gluten-free options. Please arrive early to eat before the study begins at 10:00 am. Themes for each session are shown below. Organized by Diane Chaplin.

Saturdays, Oct. 15 (Sukkot), Dec. 24 (Chanukah), Feb. 25 (Mishpatim & Mitzvot) & May 13 (Emor & the Omer)

## Special Saturday Minyan: What Quality Means at the End of Life

This Community Minyan will focus on "Having the Conversation: Discussing What Quality Means at the End of Life." Workshops on this topic will be offered during the weeks that follow the service. See *Jewish Lifecycles* to learn more.

Saturday, Feb. 4, 10:00 am

## **Saturday Services Especially for Families**

#### Camp Havurah – For All Ages

Great for families with young children and for people of all ages, Camp Havurah is a musical, fun and upbeat Shabbat morning service that features sing-a-long style prayers in Hebrew and English. Easy to follow, with English commentary and *kavanot* (intentional statements), the service is led by Havurah musicians and community leaders, with a sponsored Kiddush lunch after the service. *Organized by Susan Brenner.* 

Saturday, Feb. 18, 10:00 am

## **Holidays & Celebrations**

#### Rosh Hashanah

Sunday-Tuesday, Oct. 2-4

#### **Yom Kippur**

Tuesday-Wednesday, Oct. 11-12

#### **Sukkot Celebration**

Kabbalat Shabbat Dinner & Service Friday, Oct. 21

#### **Shemini Atzeret (Yizkor)**

Monday Morning, Oct. 24

#### **Simchat Torah**

Monday Evening, Oct. 24

#### **Chanukah Celebration**

Thursday, Dec. 29

#### **Purim Celebration**

Saturday, March 11

#### **Community Seder**

Tuesday, April 11

#### Passover Minyan (Yizkor)

Saturday, April 15

## Shavuot Minyan (Yizkor)

Wednesday, May 31

Since the dates in this brochure may change, please check our calendar at havurahshalom.org for updates. Unless otherwise specified, all gatherings in this brochure will be held at Havurah Shalom except for High Holiday Services, which are held at the Tiffany Center.

#### **Steering Committee**

Hadracha (Governance) –
Shelley Sobel & Bill Kwitman, Co-Presidents
Ken Lerner, Vice President
Debbi Nadell, Immediate Past President
Janet Byrd, Treasurer
Liz Joffe, Corporate Secretary
Avodah (Spiritual Life) – Susan Brenner
Kehillah (Community) – Aaron Pearlman
Limud (Education) – Lisa Cordova
Tikkun Olam (Social Action) – Chris Coughlin

#### **Havurah Staff**

Joey Wolf, Rabbi
Deborah Eisenbach-Budner,
Education Director
Ilene Safyan, Music Coordinator
Rachel Palmer, Office & Facilities Manager
Teri Ruch, Communications &
Engagement Manager

#### Find us on Facebook



Havurah Shalom 825 NW 18th Ave Portland, OR 97209 havurahshalom.org

#### Tot Shabbat

Young children (0-5) and their parents celebrate Shabbat with singing, movement, blessings and storytelling. We touch on the main highlights of the Shabbat morning service: wonder, fun, song, listening to the world, dancing and Torah. Afterward we enjoy an informal oneg nosh and the chance to play and schmooze. Led by Deborah Eisenbach-Budner.

Saturdays, 10:30 – 11:30 am, Sept. 17, Nov. 5, Dec. 3, Feb. 11, April 15 & May 13

#### Shabbat in the Pool

Young children (0-5) and their parents will join Havurah members of all ages at the Sellwood Park Pool. We will have the pool to ourselves for an hour then gather afterward for singing, a story, and BYO picnic under the trees.

Saturday in August 2017 will be posted on havurahshalom.org.

# Save the Dates

Rabbi Joey Retirement Celebration Weekend April 21-23, 2017

April 21-25, 20

Meet Candidates For Our Next Rabbi December 1-4, 2016 December 8-11, 2016 January 5-8, 2017

See Transitions at Havurah below for details.

#### **Transitions at Havurah**

#### Rabbi Joey

After nearly 30 years as Havurah Shalom's spiritual leader, Rabbi Joey Wolf will retire in May 2017. To honor him and recognize his many contributions to our community, we are planning a weekend of celebrations April 21-23, 2017. Join us for Friday night services with a special guest, Shabbat morning minyan and lunch, and a dinner honoring Rabbi Joey on Sunday evening. If you would like to help plan this special weekend, please email us at info@havurahshalom.org.

#### Rabbi Search

Guided by our Rabbi Search Committee, Havurah has been preparing for the upcoming leadership transition for nearly two years now, using an inclusive process to develop a job description reflecting our community's hopes and values. Following preliminary interviews, we anticipate having three weekend visits from rabbinical candidates this winter. (See dates above.) After those visits, the Rabbi Search Committee will recommend a candidate to the Steering Committee. A community-wide decision will be made at a special congregational meeting in March 2017.

#### Give Back to the Future!

Our Give Back to the Future! endowment campaign offers opportunities for each Havurah member to help ensure a sustainable future for our vibrant, egalitarian and welcoming community. To learn more about our new endowment fund, see how its first goal of \$180,000 will honor Rabbi Joey, and hear Havurah members explain why they support Give Back to the Future! visit http://tinyurl.com/HS-Give. Contacts are Herman Asarnow & Margie Rosenthal.

## **Jewish Lifecycles**

#### **Beginnings**

The Havurah community supports parents in their efforts to raise ethical and caring children connected to Jewish values and culture. For baby welcomings and namings, please contact Rabbi Joey. Contact Deborah Eisenbach-Budner for more information about: Tot Shabbat (See Shabbat and Tefillah), Family Holiday Celebrations (See Holiday Celebrations), and play groups for parents and children.

#### B'nai Mitzvah

Getting Down to Tachlis (the Nitty Gritty), B'nai Mitzvah Logistics

The logistics of B'nai Mitzvah planning at Havurah will be addressed by Havurah's Office & Facilities Manager, Rachel Palmer. Register by Aug. 31.

Wednesday, Sept. 14, 7:00 pm

#### Writing Your Drash

Writing a drash is one of the most important parts of B'nai Mitzvah preparation. During this workshop, students with dates already set for their B'nai Mitzvah will study a passage of Torah, discover commentary, pose an interesting question, and relate it to contemporary context.

Wednesday, Dec. 7, 7:00 pm

**B'nai Mitzvah Date Selection Workshop**Determine the best date for your child's bar or bat mitzvah at this workshop led by Rabbi Joey and Havurah lay leaders. *Register by Jan. 15.* 

Sunday, Jan. 29, 10:00 – 11:30 am

#### **Navigating the Morning Service**

Families preparing for B'nai Mitzvah are guided through the structure and meaning of the Shabbat morning service. Register by Feb. 12. Sunday, Feb. 26, 10:00 – 11:30 am

Whose Bar or Bat Mitzvah is it Anyway? How do parents with ranging degrees of familiarity with and/or attachment to Jewish tradition navigate planning a Bar or Bat Mitzvah? How do they create a meaningful experience for their teen? Led by Deborah Eisenbach-Budner & Laura Orgel.

Wednesday, Nov. 9, 7:00 pm

#### Aging & End of Life

High Holidays Cemetery Gathering

During the High Holidays season, we gather as a community to remember our loved ones. We will be led in song and remembrance at the Havurah cemetery.

Sunday, Oct. 9, 10:00 am 5656 SW Humphrey Blvd

## Having the Conversation: Workshops to Discuss What Quality Means at the End of Life

Discussing how you want the end of your life to be is one of the most important conversations you can have with your loved ones; it makes decisions at the end of life less painful and overwhelming. Guided by The Conversation Project (theconversationproject. org), Havurah members who have been trained in end-of-life care will lead two supportive workshops to help people discuss their values around quality of life. Organized by Keren McCord & Sidney Gold.

Workshop I Sunday, Feb. 12, 10:00 – 11:30 am or Thursday, Feb. 16, 7:00 – 8:30 pm

Workshop II Sunday, Feb. 26, 10:00 – 11:30 am or Thursday, March 2, 7:00 – 8:30 pm

#### **Annual Cemetery Clean Up**

Join us in beautifying our cemetery.

Please bring garden implements and wear appropriate clothing.

Sunday, May 7, 10:00 am 5656 SW Humphrey Blvd

## **Being in Community**

#### Music at Havurah

At Havurah, music is our opportunity to express ourselves and to dig deeper and reach higher. It is member-led, inclusive and inspiring. The music and liturgy of our High Holiday services are planned and led by lay leaders. Our monthly Kabbalat Shabbat service is music from beginning to end, and our weekly Shabbat and holiday celebrations are lay led. Parents learn and teach the music we share with our children in religious school and during Dorot services. Havurah has inspired beautiful new compositions that have become part of our congregational heartbeat. *Contact llene Safyan, Music Coordinator.* 

#### Tikkun Olam Volunteering & Support

As a community, Havurah partners with several organizations that focus on human rights, housing, hunger, homelessness, and community organizing. This year, as part of our High Holidays tzedakah project, we are partnering with Portland Homeless Family Solutions to support homeless families and Catholic Charities to support newly-arrived refugees in Portland. If you're a member of Havurah, you can request that the Tikkun Olam Committee sponsor a cause or event by completing the sponsorship application linked to our Tikkun Olam web page. *Contact Chris Coughlin*.

#### **Community Courtyard Art Project**

Working with a community artist, Havurah members will create a mosaic project for our courtyard. Updates at havurahshalom.org.

#### Alter Rockers

Alter Rockers are Havurah members "approaching middle age" who are interested in participating in various social events. Events include movies, concerts, happy hours, dinners and more. Contact Sarah Rosenberg.

#### **Book Discussion Group**

This group discusses both fiction and non-fiction by Jewish authors. Please join us for a lively and informative interchange. Book selections include My Promised Land: The Triumph and Tragedy of Israel by Ari Shavit (non-fiction) on Sept. 20; The Marriage of Chani Kaufman by Eve Harris (fiction) on Nov. 29; and The Lemon Tree by Sandy Tolan (non-fiction) on Jan. 24. Tuesdays, 7:00 – 8:30 pm. Contact Marc Becker.

#### Mah Jongg

Havurah's Mah Jongg group meets regularly at Havurah. The game schedule will beposted on the calendar at havurahshalom.org.
Beginners and experts are welcome.

Contact Gloria Halper.

#### Lotsa Helping Hands

When a family is in need, our community goes into action. Please contact the Havurah office if you're interested in joining the online group that helps members during difficult times.

#### Movie Night

Havurah will team up with the Oregon Jewish Museum and Center for Holocaust Education and the Institute for Judaic Studies to present A Kippah in the Caribbean, a lively Dutch documentary (with English subtitles) suitable for teens and adults. The movie will augment Portland's Jewish Book Celebration, which features Alice Hoffman's The Marriage of Opposites, historical fiction based on the 19th century Jewish community in St. Thomas. Contact Ruth Feldman.

Wednesday, Nov. 16, 7:00 pm

#### New & Prospective Members Orientation Facebasering we have an introduction to

Each spring we host an introduction to Havurah for new and prospective members where we provide food, information and an opportunity to meet new people. *Contact Sarah Rosenberg*.

Sunday, April 2, 10:00 am to noon

#### Havurah Unpicnic

Our annual summer Unpicnic is held each August. After being rained out one year, we now hold it at Havurah and include bean bag tossing and other games for children, board games for all, potluck lunch, and lots of community conviviality (without the bees). Organized by the Connections Committee.

Sunday, Aug. 21, 2016, 10:00 am – 2:00 pm

Sunday, Aug. 20, 2017, 10:00 am – 2:00 pm

#### Shabbaton at Solomon Schechter

The Reconstructionist Rabbinical College will host a Shabbaton for Pacific NW Reconstructionist Congregations at Camp Solomon Schechter May 5-7. *Updates at havurahshalom.org. Contact Andy Gordon.* 



## **Adult Learning & Exploration**

#### Talmud Lita

We are studying a section from Tractate Brachot, which grapples with the order for familiar rituals, such as Kiddush and Havdalah and the washing of the hands – and how we lend structure to the passage of sacred time. Talmud Lite meets twice a month on Tuesdays, from 12:10 – 1:00 pm, at a downtown location. We study with the English translation, and no previous knowledge is required. Led by Rabbi Joey. To learn more, contact Rabbi Joey. Dates at havurahshalom.org.

#### **Jewish Mindfulness & Meditation**

We will gather on Tuesdays, from 12:00 noon to 1:00 pm, to find some moments of quiet. We'll start with a brief teaching or song, then sit and walk together in silence. This is for folks with experience in meditation and those with curiosity but no experience. Led by Deborah Eisenbach-Budner & Michelle Bobowick. Dates at havurahshalom.org.

#### Davenology 101

It's one thing to be able to pray, but it's another to lead others in prayer. Like driving, there are routes to choose and considerations for accommodating other passengers on the journey. With GPS you can get where you need to go without realizing where you are. As leaders, we need to do more. We'll go over options for how to lead with both spiritual impact and a sense of direction. And we'll learn some of the melodies that help us appreciate the ride. Taught by Ilene Safyan & Rabbi Joey. Register by Nov. 1.

Tuesday, Nov. 15, 7:00 – 8:30 pm

## Being Jewish Makes a World of Difference: Equity, Privilege & Otherness

First we will scrutinize biblical and Talmudic insights about inclusivity. The rabbis had much to say about privilege and bias. Then we will address issues of privilege, race, culture, identity differences, and otherness in our communities and daily interactions. Taught by Rabbi Joey & an outside educator. Register by Nov. 7.

Wednesday, Nov. 9; Thursday, Nov. 17; Wednesdays, Nov. 30, Dec. 7 & 14, & a sixth class TBA in Jan., 7:00 - 8:30 pm

#### Trope

This class is for Havurahniks who want to read Torah or refresh their trope skills. Beginning Hebrew reading skill required. The goal is for

each student to learn how to chant a short aliyah from the Torah. Taught by Ken Lerner. Wednesdays, April 19 & 26; May 3 & 10

#### A Bird's Eye View of Jewish History

Have you ever wondered how and why Jewish people dispersed from one small land in the Middle East to live in every part of the globe? Or what brought your ancestors to live in the United States? Using illustrations and maps, we will learn the themes, geography, and journey of the Jewish people. In advance, please obtain Barnavi's A Historical Atlas of the Jewish People from the Time of the Patriarchs to the Present. Taught by Roger Brewer. Register by Jan 4.

Wednesdays, 7:00 – 8:30 pm, Jan. 11, 18 & 25; Feb. 1

## Our New President & Congress' Policy on Israeli-Palestinian Issues

J Street will offer an afternoon program at Havurah to examine the policy toward Israel and the peace process by the newly elected President and Congress. A speaker will lead the program and open the session to discussion. Organized by Marc Becker. Register by Jan. 23.

Sunday, Jan. 29, Time TBA

#### Revenge, Justice, Survival & Celebration

Our joyous and beloved Purim and Pesach traditions are mixed with strains of revenge. Complicated questions echo throughout our texts and celebrations: what are the lines between revenge and justice, survival and subjugating others, self-love and selfishness? The Mekhilta, an ancient midrash collection, which tends to be more universalist and human-centered than most, will be our starting place. Taught by Deborah Eisenbach-Budner. Register by Feb. 22.

Wednesdays, March 8, 15, 22, 7:00 – 8:30 pm

#### Adult B'nai Mitzvah

Interested in expanding your Jewish literacy skills, confidence, and sense of connection with Judaism? Want to enjoy this process in community and celebrate your Jewish learning in Havurah? Join a group of adults who will become B'nai and B'not Mitzvah together in two years. We will begin with three introductory classes in May. Contact Deborah Eisenbach-Budner for more information.

Wednesdays, May 17, 24 & 31, 7:00 – 8:30 pm

## **Family Education**

#### Adult Classes During Shabbat School

Adult education workshops will be offered to Shabbat School parents and all Havurah members on the following Saturdays, 3:10 to 4:30 pm.

Creating Great Learning Sessions (Oct. 15)
Community Building & Classroom
Management (Oct. 22)

Music for Shabbat & Havdalah (Nov. 19 & March 11) Reclaiming Chanukah (Dec. 10) Creating Lively Seders (March 18)

## **Staying Present with Teens - for Parents**How can we be present with our teens,

enabling them to flourish? How can we tend our own spirits - or, at least, stay sane? Learn about teen brain development, mindful parenting; practice skills in a supportive parent group. Led by Michelle Bobowick, clinical psychologist trained in Mindful Self-Compassion. Register by Jan. 22.

Wednesdays, Feb. 8, 15, 22, 7:00-8:30 pm

## Youth Education

Havurah's youth education programs give children a foundation for lifelong Jewish learning and engagement and integrate parents and children in a caring Jewish community that enhances their lives.

#### **Shabbat School (Grades K-6)**

New Family Orientation – Saturday, Sept. 24, 3:10 – 4:30 pm

Classes – Saturdays, 3:00 – 5:15 pm, Sept. 24; Oct. 15 & 22; Nov. 5 & 19; Dec. 3 & 10; Jan. 7 & 21; Feb. 11 & 25; March 11 & 18; April 15 & 29; May 13 & 20

## Middle School (Grades 7-9)

Parent Orientation – Sept. 24-25 (tentative)

Classes – Wednesdays, 6:30 – 8:30 pm, Oct. 19 & 26; Nov. 2, 9, 16 & 30; Feb. 1, 8, 15 & 22; March 1 & 8

#### **High School (Grades 9-12)**

Student & Parent Orientation – Wednesday, Sept. 21, 6:30 – 8:30 pm

Classes – Wednesdays, 6:30 – 8:30 pm, Sept. 21 & 28; Oct. 19 & 26; Nov. 2, 9, 16 & 30; Dec. 7 & 14; Jan. 4 & 11; Feb. 1, 8, 15 & 22; March 1, 8, 15 & 22; April 5, 12 & 19