



April 2022  
Vol. 44, Issue 7

# Hakol • הקול

## Our Collective Liberation

By Rabbi Benjamin Barnett

As you hopefully know by now, Havurah has begun working with the consultant team of Tabitha and Adam St. Bernard-Jacobs to support us in launching the first phase of our anti-racism work. Please see inside this issue, where Tabitha and Adam share more about their process and describe the small group conversations they will be convening over the next several months.

In getting to know Tabitha and Adam just a bit thus far, I have appreciated, among other things, their commitment to collaboration. This kind of approach feels necessary for Havurah in particular, and essential for any community aspiring to build anti-racist culture and a genuinely more inclusive community. So as we move into this phase, I strongly encourage you to respond to the invitations for engagement as they emerge.

I imagine that some of us, particularly some of us who are white-bodied, are wondering where we fit into this process. So I am writing this article mostly to say: This work, and the fruits that can come of it, is for all of us. For our loved ones and for people we care about. And for each of our well-being and humanity. Because to continue living in environments that prioritize whiteness—whether we are marginalized by them or benefit from them—harms us all. It cuts all of us off from who we most truly and deeply are. This work in which we are engaging is about all of us reclaiming our humanity. So I hope



Costumed kids line the bima during Rabbi Benjamin's Megillah reading on Purim, March 16. Havurah's Purim Party brought over 200 Havurahniks back together in person and on Zoom. More pictures can be seen in this issue of Hakol.

that we each will find ways to both contribute and learn during this process.

Obviously, many of us who are white also hold other marginalized identities. Within the Jewish community, we have great work to do to create cultures of belonging for LGBTQ folx, people with disabilities, those who are poor or working class, and many others, in addition to our BIPOC members. In this phase of the process at Havurah we are leading with race. In doing so we will not necessarily address all those other systems of oppression and marginalization directly, but we will—in addition to creating a community of belonging for Jews of Color—refine tools we need to create a community of belonging for all of us, in the fullness of each of our identities.

As Tabitha and Adam wrote in the March Hakol, “The goal of our

work is to identify issues that encourage and/or hinder belonging among congregants, particularly BI-POC members. Ultimately, the hope is to identify guideposts for—and a path to—a more equitable community.”

This moment in Jewish time, as we move toward Pesach, feels like an appropriate one to be initiating this process. Because ultimately this sacred work is about our collective liberation. As we recite during the Pesach seder: In every generation, each of us is obligated to see ourselves as having been freed. The more we realize that each of our well-being, each of our flourishing, our growth and our safety is bound up with one another's, the more genuine freedom we can realize. So let us each locate ourselves on this journey, and together travel this liberating path.

## Tributes

### Rabbi Discretionary Fund

Robin Flamm, in memory of Eric Simon Flamm. So much gratitude for Rabbi Benjamin's thoughtfulness and kindness in helping our family navigate our pain through this difficult time.

### General Contributions

Bija Guttoff, in memory of Reuben Guttoff, my father, Nadia's grandfather, Noah's great-grandfather, deeply missed on this two-year anniversary of his passing.

## B'nei Mitzvah

Havurah will call to the Torah the following Bat Mitzvah:

April 9

**Julian Luker**

Child of Morgan Luker

April 30

**Benjamin Bettridge**

Child of Elisabeth Ceppi and Joel Bettridge

Please join us in celebration and welcome her to our community. Mazel tov!

## Condolences

**Eric Flamm**, husband of Robin, father of Olivia and Jonah, died March 6.

**Murray Moliken**, father of Warren Moliken, father-in-law of Sharon, grandfather of Dylan and Jordan, died March 21.

**Sivia Kaye**, mother of Beth Kaye, grandmother of Noah and Vivvy Kaye-Diamond, died March 27.

# Hakol • הקול

The Voice of Havurah Shalom  
Portland's Jewish Reconstructionist Community

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Content is contributed by members of Havurah or aggregated by the editor. News, updates, photos and features are welcome from all but may be subject to content and space considerations. Email the editor, Rachel Pollak, with any questions. Find contribution [links here](#).

**Hakol Contribution Deadline**  
April 15

**Weekly Email**  
**Contribution Deadline**  
Tuesdays by Noon

## Attention Teens and Those Interested in Supporting Teens!

A new committee is forming with a focus on teen engagement. The committee has two roles:

One is to be a **logistical support** for teen activities at Havurah.

The other main purpose is to become a **place where teens themselves can organize activities**.

We are looking for more teens to join this exciting and creative participatory group. If you're interested in helping out on this committee (we can also use more adult participants), please contact Galit Reilly or Eve Berry.

**And SAVE the DATE for our FIRST teen gathering!**

**June 5 - Shavuot, Sunday Sundae**

We will be gathering for an enjoyable dairy feast. More details to follow!

## Havurah Shalom Staff

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Above: new flowerbeds for our trees thanks to the Garden Committee!

## Introduction & Invitation to Our Anti-Racism Work

By Tabitha and Adam St. Bernard-Jacobs and the Anti-Racism and Belonging Workgroup

As promised, we are ready to embark on our small-group conversations on anti-racism and belonging with the congregation. Our consultants, Tabitha and Adam St. Bernard-Jacobs, are ready to hear from you to gain a better understanding of how anti-racism and belonging shows up in the congregation.

Here's how it will work: through small group Zoom conversations, we aim to identify issues that encourage and/or hinder belonging among congregants, particularly BIPOC members. Our ultimate goal is to help identify guideposts for—and a path to—a more equitable community where BIPOC members don't just feel a sense of belonging, but *actually* belong within the community at Havurah Shalom.

During the months of April, May, June, August and September, we will be leading 10 small group conversations of up to 24 people each.

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### ***Anti-Racism and Belonging Workgroup***

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These conversations will provide an opportunity for you to share your experiences with anti-racism and belonging at Havurah.

These conversations will provide an opportunity for you to share your experiences with anti-racism and belonging at Havurah and your perspectives on this work. We are grounded deeply in creating spaces that welcome engagement and community building, while making space for honest, generative, necessary conversations. We are here to listen, learn and support.

Through the structural design of the conversations, we seek to create

spaces where BIPOC members can feel a sense of trust within the sanctity of the group and where white members can lean into the bravery needed to have open conversations. Thus, the groups are structured by self-selected shared identity. Great intention is being taken to find dates and times that are convenient for each group. If you are not able to join your desired group, we will be sending out a Google form that will allow us to follow up with questions and you can share your perspective in writing. In a forthcoming email, you will find more information on the schedule of meetings and how you can sign up for one of these conversations or submit the Google Form.

We look forward to meeting you all on Zoom and helping Havurah Shalom gain a better understanding of antiracism and belonging within the community.

For more information on this project and Tabitha and Adam visit <https://www.havurahshalom.org/anti-racism>.

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## From the Streets: Rose Haven Opens Up Close By

By Marcia Sutttenberg

On March 8, Rose Haven held an open house gala to kick off its new space on the corner of NW Glisan and 18th. Members of the Poverty and Homelessness Committee attended with other Havurahniks and 400 other guests to see the new home for Rose Haven's day shelter and community center, which serves homeless women, children and gender-diverse populations.

What a wonderful resource this is

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### ***Poverty & Homelessness Committee***

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for Portland. Meals, showers, a clothing shop, computers, classes, a warm comfortable space that offers safety and community and access to resources.

There are many opportunities for individuals to volunteer at Rose Haven, and our committee will be de-

veloping some specific Havurah-sponsored activities. If any of this interests you, please contact Gloria Halper or Marcia Sutttenberg.

Additionally, Joni Kutner will be working with our Education/Youth committee to help coordinate volunteer projects and community service opportunities for our young people.

We look forward to strengthening our relationship with Rose Haven—just blocks away from our synagogue—with the values and service ethics we share.

# TIKKUN OLAM

## April Brings 2 More Israel/Palestine Conversations

By Elinor Gollay

Havurah's Israel/Palestine Committee is co-sponsoring this national series that presents a range of perspectives on Israel/Palestine issues. Each session is led by a Reconstructionist rabbi.

Each one-and-a-half-hour Zoom session is free and will include a lecture and discussion. The sessions will be recorded and can be viewed later. Each session will stand on its own and people can pick and choose those that are of interest.

**Please Note:** The speakers have been staying online to continue the conversation with participants. The Havurah I/P Committee also hosts

### *Israel/Palestine Committee*

informal post-session Zoom conversations at 6:30 pm so we can continue the discussion amongst ourselves for about half an hour. Please let Lee Gordon know if you want to receive the link for the post-session discussions.

For more details, including sign up information, visit the [Israel/Palestine Committee Portal](#).

If you have any questions, please contact Lee Gordon or Elinor Gollay, Israel/Palestine Committee co-chairs.

### **April Sessions with Reconstructionist Rabbis**

#### **History and Challenge: Reconstructionism, Zionism, and the Two-State Solution**

Rabbi Brian Walt  
Tuesday, April 12, 5-6:30 pm

#### **Nakba Denial and Teshuva/Reparations**

Rabbi David Teutsch  
Tuesday, April 26, 5-6:30 pm

To sign up, visit the  
[Israel/Palestine  
Committee Portal](#)

## Complement Passover with Earth Day Celebrations

By Steve Katz  
and Elianne Lieberman

Passover starts this year at sundown April 15 and ends April 22.

Most of us know the significance of April 22, as the fifty-second anniversary of the first Earth Day. There were no Environmental Protection Agency (EPA) or environmental laws at this time. Earth Day 1970 led to the establishment of the EPA and the passage of the Clean Air, Clean Water and Endangered Species acts.

The Israelites in Egypt wanted out of slavery. The powers that ruled refused. Following this refusal was a series of environmental plagues. Initially there was blood in the water, followed by frogs—an indicator species. If there is environmental degradation, the frogs are among the first species to decline. Following were lice, beasts (which may have been

### **Havurah Climate Action Team**

flying insects such as gnats), cattle disease, hail, boils and locusts. The latter was probably the result of water in the fields that was set up by the cycle of locusts. And the last two plagues—darkness for three days, and the death of the first born.

How many of us feel as if we're in captivity to the forces of industry, in the form of transport or packaging? We have God-given intelligence, so we can think of ways to break this enslavement.

I urge you to celebrate two holidays in one this year: the last day of Passover and Earth Day. Enjoy a seder without meat and enjoy this wonderful planet outdoors.

### **An Earth Day Outing**

*Sunday, April 24, 10 am – Smith  
and Bybee Lakes Wildlife Area*

Celebrate Earth Day with a leisurely outing at Smith and Bybee Lakes Wildlife Area, in Portland, to enjoy the woods, meadows, spring flowers and looking for woodland and water birds and other creatures.

Join us for this family friendly adventure. We will walk about 1 mile in, but you are welcome to finish your walk sooner. Binoculars and spotting scopes are welcome.

Please RSVP for directions, carpool info, and the exact meeting place.

### **RSVP**



# Welcoming the Stranger

## *Havurah will sponsor an Afghan Refugee Family*

By Michael Rice

As we enter the Passover season, Havurah is embracing the biblical imperative to welcome the stranger in our midst. After 20 years of brutal war, the United States withdrew from Afghanistan on August 30, 2021. Thousands of Afghans, who had aided and assisted the U.S. in fighting the Taliban, had little choice but to leave their homeland as our troops departed.

Since August 2021, over 70,000 Afghans have been resettled in the United States.

However, resettlement agencies are still building back programs greatly diminished under the previous administration and the number of Afghans in need of assistance has overwhelmed those resources. The Havurah Sanctuary Committee, along with other synagogues and churches, mosques, and Jewish, Muslim, and Christian agencies across the country are now reaching out to support these refugees.

Afghans who were evacuated to the U.S. are now being relocated to cities around the country. When they arrive, they are eligible for refugee support services for 90 days, which includes temporary housing. After that period, they are still eligible for some public benefits but they lose the temporary housing. Almost all of the Afghan refugees slated to come to Portland have already arrived, which means the 90-day clock is ticking.

On March 8, 2022, members of the Sanctuary Committee went before Steering with a proposal to adopt an Afghan refugee fami-

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### **Sanctuary Committee**

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Housing is the number one need, because we cannot be matched with a family until we have secured housing.

ly. Steering gave unanimous support for the initiative. Steering approved a plan to raise funds within the Havurah community to support housing and other living expenses for a family.

We are now working with Lutheran Community Services Northwest (LCSNW), which will match us with an Afghan family and provide the family with a case manager. Case-management will connect the family to legal aid, medical support, public benefits, and education and employment assistance organizations.

The Havurah community is a generous and welcoming one. Over 150 families have come together to support Guatemalan refugees Maria and Carlos over the last two years, and we are excited to support an additional family in need. We are confident that Havurah will rise to the occasion for our future Afghan friends.

The Sanctuary Committee has formed the Afghan Family Support Group, a core group of eight people who will take the lead in coordinat-

ing assistance to refugees in need. We will be sharing many opportunities to contribute time, donations, and other resources over the next months. Our initial goals include raising funds to:

**Secure housing for our future family.** Housing is the number one need, because we cannot be matched with a family until we have secured housing. Portland's Afghan-American communities are primarily in East County and Beaverton. Living close to a small community of other Afghan-Americans would be ideal, but not essential. We expect that a 6- to 12-month commitment will be most helpful to support the family in their new lives. We are appealing first to the Havurah community to see if someone is willing to donate housing or provide an apartment or house at a below-market rate. If you have housing that might fit these needs, please contact the Afghan Family Support Group by emailing Beka Feathers and Jane Rice.

A second early goal is to:

**Identify Havurah community members who speak Dari or Pash-to** or who have spent time in Afghanistan and would be willing to contribute their expertise.

Embracing refugee families will be a community effort, and we welcome any Havurah member who wants to contribute time, materials, skills, or other resources. We will keep the community updated via Hineinu and Hakol, but please email Beka Feathers and Jane Rice if you are interested in being more involved.

## The Most Delicious Tamales In the World

By Carlos Molina Tuch

Do you know about Guatemalan tamales? They're the most famous food in Guatemala, and my grandmother is an expert in making them. I lived with my grandma, my Mama-chula, my whole life, until I left Guatemala at age 15. Everything she cooks shows her love of her culture and her family. When she puts on her old, well-used apron, I know she is getting ready to create a magnificent dish with flavors passed down from generations before her. When she starts cooking, I get excited about the savory taste that will soon fill my mouth. Tamales are made during the holidays, especially at Christmas. Every year on Christmas morning, my grandmother gets up very early to prepare the tamales to eat that night. I enjoy sitting in the kitchen close by, knowing that I will soon be helping her prepare this special food.

One Christmas, she asked me to help her early in the morning, but I was too tired. The day before, I had gone with my grandfather to buy all the ingredients for the tamales and by the time we got home I was exhausted. When I finally woke up, she had already started cleaning the banana leaves, and that was the part where she needed my help the most. I apologized for being late and immediately grabbed a cloth to start cleaning the leaves. Even though I was late, she was happy to have my help, and I was happy to be with her.

I lived with my grandma, my Mama-chula, my whole life, until I left Guatemala at age 15. Everything she cooks shows her love of her culture and her family.

### Sanctuary Committee

After we finished cleaning the leaves, she cooked a large amount of white rice in a big pot. Then it was time to prepare the tomatoes.

This was the start to the scrumptious tamale flavor that is her specialty. She started singing joyously, without worrying that she still had a lot of work to do, because she had my support to lighten her workload. I sat and watched as she grilled the tomatoes on her wood-fired stove. She carefully controlled

the fire to make sure the tomatoes didn't burn. The tomatoes became charred to perfection. When the fire went down, my job was to blow on the wood to keep the fire burning. I bent down close to the fire, and seconds later my eyes filled with tears as the smoke descended on my face. This was my least favorite part, but I knew it was one of the most necessary steps.

After the tomatoes were ready, Mama-chula started shredding the chicken. I saw the effort in her face as she struggled to separate the meat from the bone. After shredding all the meat, she wiped the sweat from her forehead, let out a big sigh, and continued her work. I said to her, "Mama-chula, don't you want to rest?"

My reward was eating the flavorful little chicken pieces that were too small to put in the tamales.

She replied, "No, mi hijito, there's still a lot of work to do before tonight's celebration."

By midday all the ingredients were ready, and we began the tedious task of forming countless numbers of tamales. She put spoonfuls of rice dough in the leaves, then a little bit of tomato sauce, and at the end, the chicken with some raisins. My job was to put the tamales in the big pot. My reward was eating the flavorful little chicken pieces that were too small to put in the tamales.

While the tamales were cooking, I took a break to change my clothes and get ready for the festive night to come. However, Mama-chula's work was not done. She had to watch over the fire and make sure the tamales were cooking well. Later that afternoon, I left to buy some bread to eat with the tamales. When I got home, my whole family was in the house waiting for me.

It was getting dark, and the smell of tamales filled the entire house. Finally, it was time to enjoy the special meal. My family was content and excited to be together, celebrating Christmas and eating the most delicious tamales in the world.

*Carlos Molina Tuch and his mother Maria, originally from Guatemala, are in the process of applying for asylum. The Havurah Sanctuary Committee is their sponsor and shares updates on their progress and life in Oregon.*

# TIKKUN OLAM

## Passover Resources from the Tikkun Olam Cluster

The Tikkun Olam committees are pleased to provide resources that you can use to help you celebrate Passover, which begins the night of April 15.

### Passover Recipe Collection

The Tikkun Olam Passover Planning Committee is putting together a recipe box to give our Seders some new flavors, and we need your help! If you have favorite Passover recipes—old family favorites, new variations on an old theme, or simply meaningful recipes for the season, please **share them with us here**. We will share the finished recipe collection with the entire community with enough time to be included in your Seder. More information will be coming about how we can access the recipe collection. *Contact Beka Feathers* for more information.

### Seeking Seder Hosts

The Tikkun Olam Passover Planning Committee is looking for Seder hosts for people in our community who want to be welcomed at a Seder. If you can open your home either virtually or in person, please *contact Adele Thompson*. Please let us know what you are considering, such as which Seder evening, how many people can you accommodate, is your Seder child-friendly, is your Seder virtual or in-person? After we line up some hosts, we will invite the people who are looking for a Seder to contact us. Hosts will be in touch with those seeking to join a Seder. *Contact Adele Thompson* for more information.

### Passover Songs

Do you want to learn some new Passover music or want to have music resources that you can use during your Seder? There are music resources available on the Havurah website. If you have music files that you want to add to this collection, please contact Sue Danielson. **Click here** to hear many beautiful Passover songs from Cantor Barbara Slader's CD. *Contact Sue Danielson* for more information.

### Seder Readings

We are collecting readings and will make these readings available on the Havurah website. Please send your favorite readings to Bob Brown. We will let you know how to access the readings as soon as we figure this out. *Contact Bob Brown* for more information.

### Haggadot

Havurah has quite a few Haggadot that can be borrowed. For more information about this *contact Adele Thompson*.

There are a number of Haggadot online from Reconstructing Judaism.

[A Night of Questions](#) | [#Black Lives Matter Passover Supplement](#)

There are other Passover resources available on the Havurah website [here](#).

The committees of the Tikkun Cluster include Sanctuary/Refugee committee, the Poverty and Homelessness committee, the Climate Action Team, the Metropolitan Alliance for Common Good (MACG) Core Team, and the Racial Justice Committee. Please check the [Havurah Tikkun Olam Cluster web page](#) on the Havurah website for more information about each committee and who to contact for more information. All the committees welcome and encourage participation from the community. There are many ways to be involved and contribute to our work for social justice.

**We hope that you have a meaningful Passover this year.**



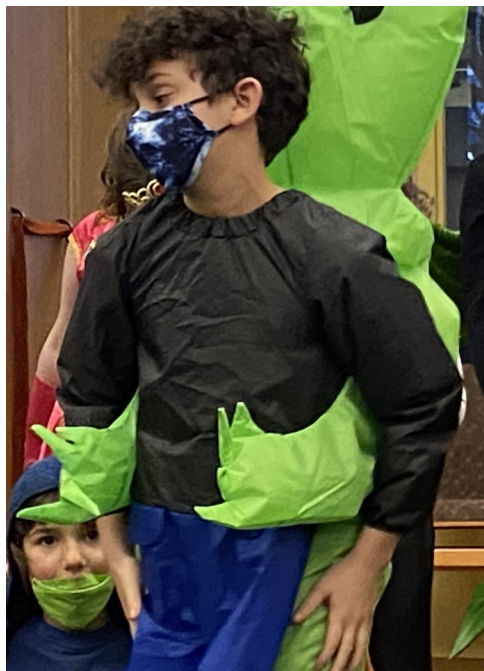


# Havurah Shalom Purim Party!!!!

March 16, 2022 | 13 Adar II













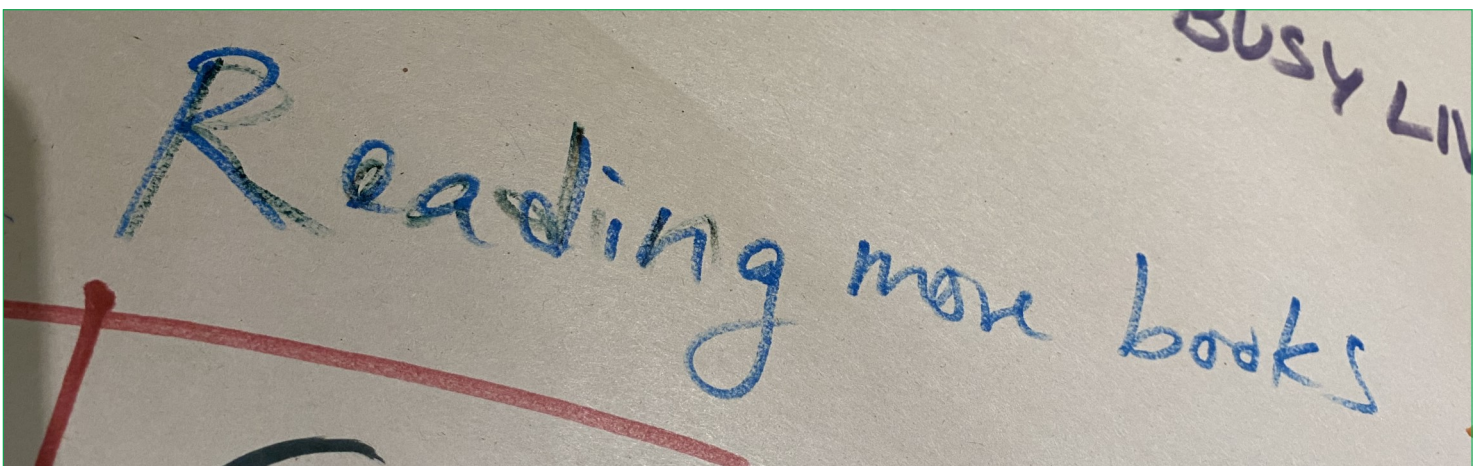
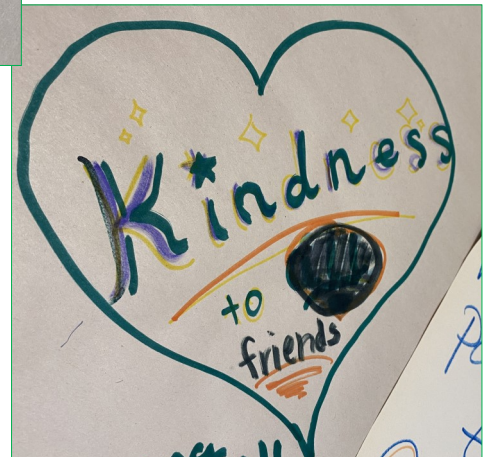
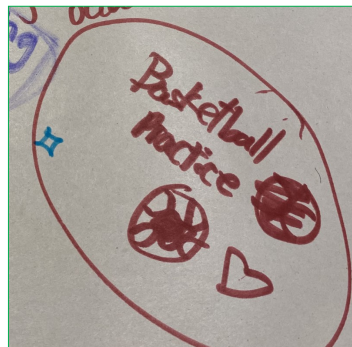
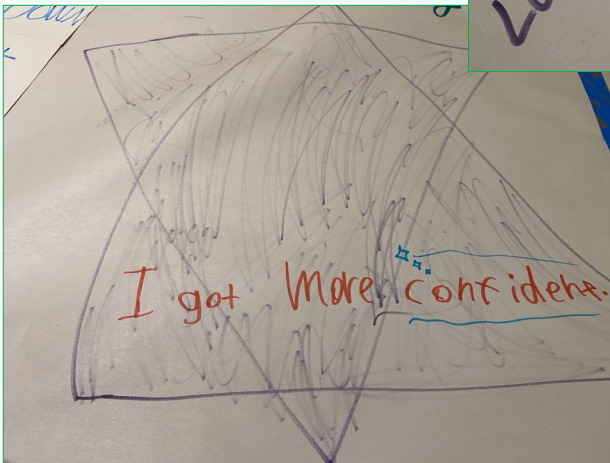
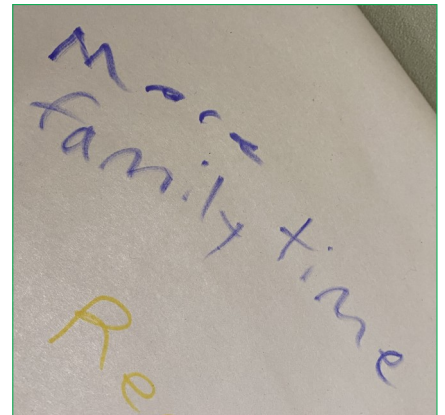
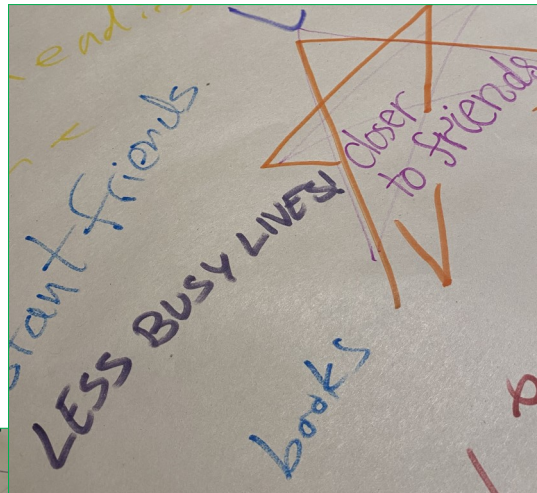
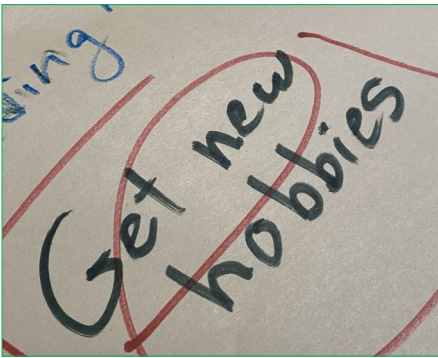




# Our Upside-Down Lives

At Purim, we asked kids to share their answers to this question:

**What did the pandemic turn upside-down that you want to KEEP upside-down?**



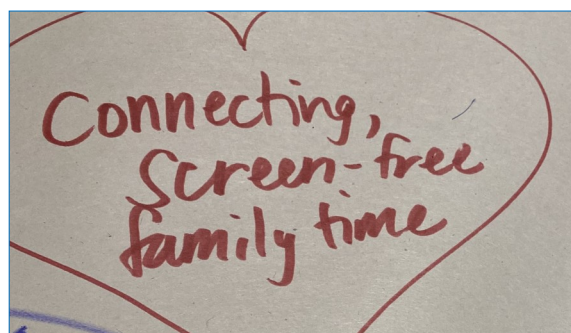
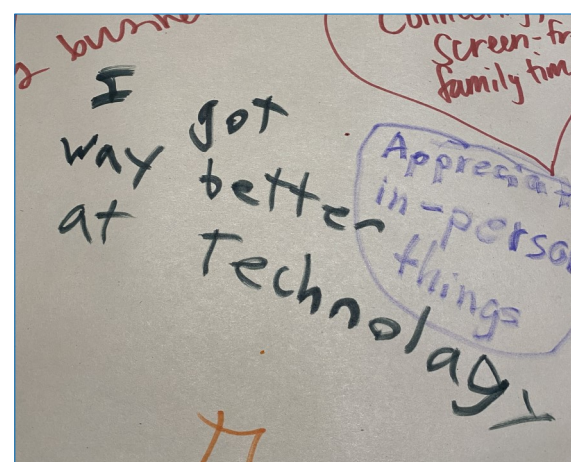
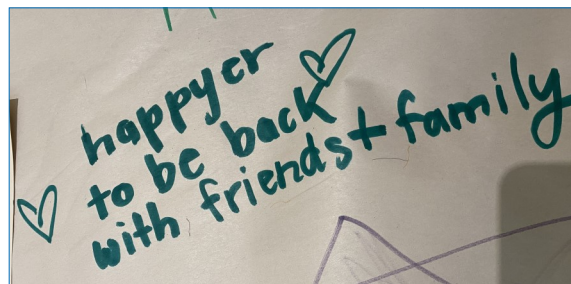
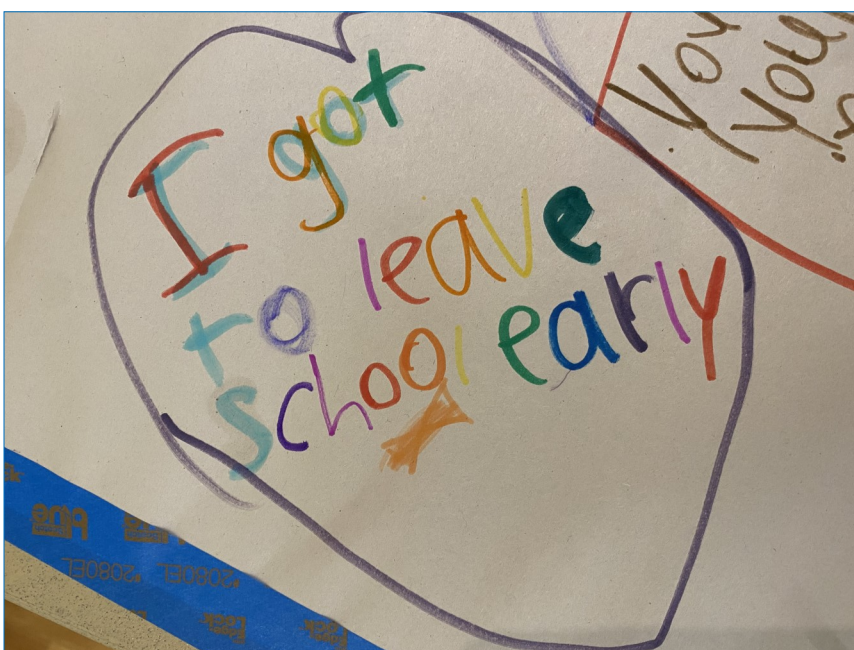
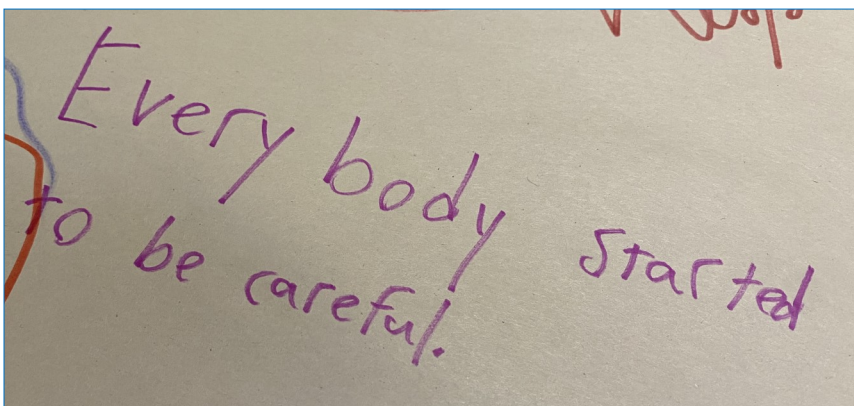
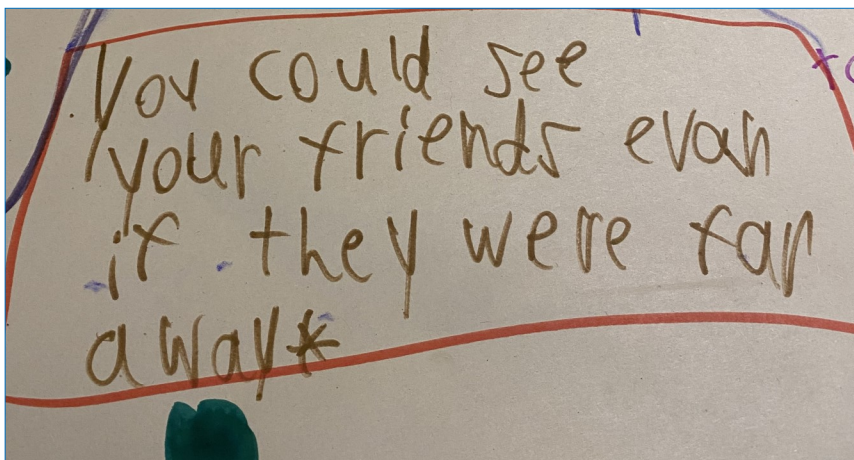


# Our Upside-Down Lives

Here are more answers to our Purim question, plus typed versions!

**What did the pandemic turn upside-down that you want to KEEP upside-down?**

Get new hobbies.	friends even if they were far away.
Less busy lives.	Everybody started to be careful.
Closer to friends.	Everybody started to be careful.
Books.	I got to leave school early.
More family time.	Happier to be back with friends and family.
Kindness to friends.	I got way better at technology.
Basketball practice.	Connecting screen-free family time.
I got more confidence.	
Reading more books.	
You could see your	





## NEWS

# 'Cousin,' Israel-Palestine Exhibition, Goes Online

## *Exhibition Explores the Conflict Through Photos, Video and Poetry*

'Dare I Call You Cousin' Premiered at Havurah in 2016

A portion of Havurah member Fran Payne Adler's *Dare I Call You Cousin* exhibition about the Israeli-Palestinian conflict, done in collaboration with Israeli artists, photographer Michal Fattal and videographer Yossi Yacov, has been published by *Persimmon Tree*, and is now up online.

As you may remember, *Cousin* opened right here at Havurah Shalom in March 2016, funded by Portland's Regional Arts and Culture Council, and co-sponsored by J Street.

The artists encourage you to forward these links to anyone you think might be interested. They aim for more discussion in our communities, and more listening, talking and understanding between Israelis and Palestinians.

**Visit the Online Exhibition**

**Jump to the Introduction**

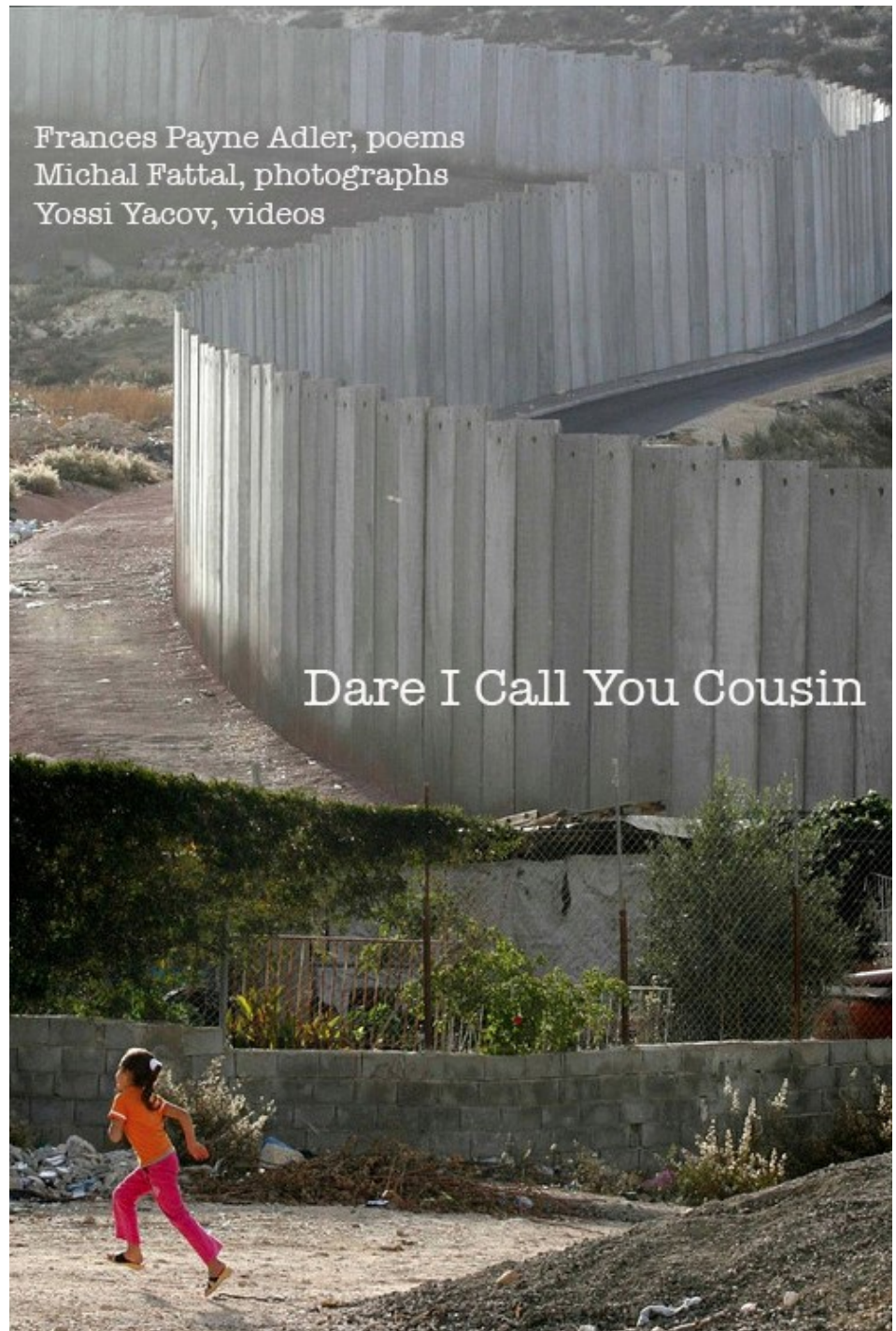


Photo: Michal Fattal

## Introducing the Staffing Task Force

**New group is exploring staff configurations, will make recommendations**

**By Oren Kosansky**  
**Vice President**

As Havurah continues to grow, there have been fewer opportunities these past two years to greet our new members and welcome them into our community. For readers we have not yet had a chance to meet, welcome to Havurah!

There have also been an increasing number of projects and activities, including the development of expanded online access to services, classes and other events. For those who have been joining us remotely, we have been glad to provide that option and hope to see you in person soon!

Our growth over the past decade reflects the appeal and health of Havurah.

At the same time, it has created new challenges for providing the support required to sustain the inclusive, participatory ethos that is the lifeblood of our community. As our community has been exploring responses to these challenges, it has become clear that the addition of more staff will be a crucial part of the mix.

In order to promote a strategic and inclusive approach to this issue, the Havurah Staffing Task Force has recently begun its work. Constituted

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### *Steering Update*

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at the recommendation of the Governance 2.0 initiative, the task force is considering a spectrum of staff configurations and will be making a series of recommendations beginning in May 2022. With representa-

*‘What role can staff play in supporting, without supplanting, our participatory values?’*

tion from staff, Steering, committees, and the community at large, the task force is prioritizing an inclusive process that welcomes feedback from all members.

An inclusive approach requires that we take into account various and complementary views on numerous questions, from which areas of community life need most attention to what role staff can play in supporting, without supplanting, our participatory values. Over the past several years there have been hiring initiatives (such as the music coordinator position), reports (such as that produced by Governance 2.0), and communications from individual community members that

suggest potential staffing needs, priorities and solutions. We also look forward to reviewing recommendations that will emerge from the long-range planning process. The diversity of views represented by these precedents and preferences reflects what we cherish about our Havurah community, with its engaged membership and dedicated leadership. Moving forward, the Staffing Task Force will be attuned to this diversity of views as we explore a wide range of creative options for future staffing that can best support our community.

To give you a sense of how we are proceeding, here are some questions that have been orienting our initial discussions: What Havurah values should inform our process from start to finish? How can past staffing efforts influence how we think about future opportunities without predetermining any single outcome? How can we envision increased staffing at Havurah as a strategy for facilitating a recommitment to participation as the foundation of our community?

We'd love to hear your questions, feedback and suggestions. Please feel free and encouraged to contact the members of the task force: Julia Lager-Mesulam, Adela Basayne, Shari Raider, R.E. Szego, Alana Silverman and Oren Kosansky. You can find contact information in the Havurah [member directory](#) or send questions and comments to [info@havurahshalom.org](mailto:info@havurahshalom.org).

## Song Circle Expanding Jewish Music Repertoires

By Ken Lerner

Last month's issue of Hakol announced the restart of our Song Circle this spring, which last October was a pilot project to sing together and share learning based on a program designed by Joey Weisenberg\* and the Rising Song Institute. Please refer to the March issue of Hakol for details. We decided to stop singing together over the winter because of Covid until the spring, in the hope that Covid concerns might become less worrisome and more manageable by then. We are looking to restart singing together in April.

Our Song Circle is now opening the group to others who wish to join and sing together. We had been meeting at Havurah on the first Monday evening of the month from

### Havurah Song Circle

7:30-9 pm, but we will be sure to discuss our meeting time once more when we gather again to find the most convenient time for the most people. As the days lengthen and the weather improves, we may even find opportunities to sing together outside unmasked.

This is a guided self-study with access to a library of Joey's music videos, written materials and short instructional videos. All are aimed at widening our exposure to Jewish nusach while stimulating thought about where melodies come from, what role they play in elevating

prayer, as well as how to teach and/or strengthen community singing, and much more.

Along with your commitment, there is a cost of \$18/month, per person. This cost, which will be the responsibility of individual participants, allows access to Joey's wide library. Cost should not be a deterrent. Limited subsidies will be available. Our hope is that from this nucleus of participants, we will grow and inspire new music and musicians within our community.

If you are interested in finding out more about this opportunity, please contact Ken Lerner (via email or phone from the directory) with any questions or requests for more information.

For a sample of Joey Weisenberg's music, [try this link](#).

## COMING UP

### Using Israeli Flavors in Vegetable Dishes

*Sunday, April 3, 2 pm – Zoom Room Bet*

As many of us tend to eat a vegetable-forward diet these days, the Jewish holiday question becomes: How do we celebrate Jewish cuisine while eliminating the meat? Spend an hour with Jenn Louis to expand your knowledge of vegetable dishes from Israel and the Diaspora. Class will be a combination of demonstration, lecture and Q&A.

### Song Circle

*Monday, April 4, 7:30 pm – In Person at Havurah and Zoom Room Dalet*

The Song Circle is based on a program designed by Joey Weisenberg and the Rising Song Institute focusing on communal songs and niggunim, wordless melodies. The group is open to all who wish to learn, share music, and grow their personal leadership techniques.

### Becoming Rooted Book Group

*Tuesday, April 5, 12, 19, 5:15 pm – Zoom Room Aleph*

An ongoing book discussion group, this is an opportunity to be in touch with the spiritual events that occur each day and to be connected to the land we live on. We'll discuss new chapters of "Becoming Rooted" every week. Join us whenever you can. For information, reach out to Michael Heumann.

### Israel-Palestine Committee Meeting

*Tuesday, April 5, 5 pm – Zoom Room Bet*

We will discuss plans for future activities, including suggestions from the Film Working Group for possible films for us to discuss. All Havurah members are welcome to attend the meeting.

### AlteRockers Tour the Oregon Jewish Museum

*Wednesday, April 13, 1 pm – In Person*

Now that Covid-19 restrictions are being lifted, it is time for the AlteRockers to have an in-person activity! We will meet at the Oregon Jewish Museum for a private

*(Continued on page 11)*



## LIMUD

# Book Group heads to wine country in 'Vintage'

*Sweetbitter* meets *The Nightingale* in this page-turning novel about a woman who returns to her family's ancestral vineyard in Burgundy and unexpectedly uncovers a lost diary, an unknown relative, and a secret her family has been keeping since World War II.

To become one of only a few hundred certified wine experts in the world, Kate must pass the notoriously difficult Master of Wine Examination. She's failed twice before; her third attempt will be her last. Suddenly finding herself without a job and with the test a few months away, she travels to Burgundy to spend the fall at the vineyard estate that has belonged to her family for generations. There she can bolster her shaky knowledge of Burgundian vintages and reconnect with her cousin Nico and his wife Heather, who now oversee the grapes' day-to-day management. The one person Kate hopes to avoid is Jean-Luc, a neighbor vintner and her first love.

At the vineyard house, Kate is eager to help her cousins clean out

### March Book

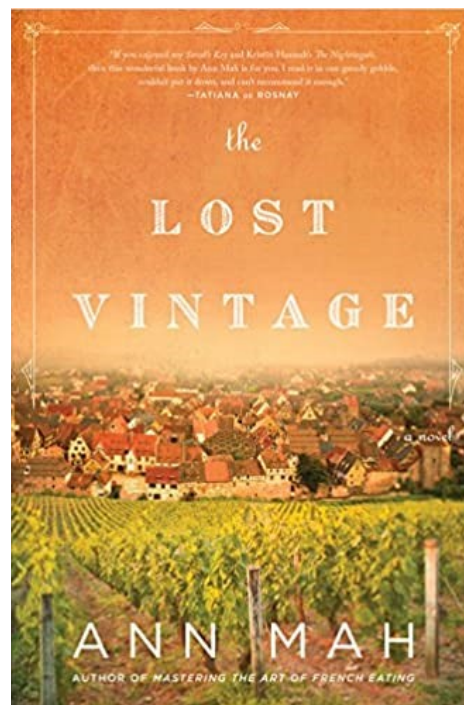
#### *The Lost Vintage*

by Ann Mah  
Fiction/Novel, 400 pages

**Tuesday, April 26**  
**Zoom Room Bet**

the enormous basement that is filled with generations of discarded and forgotten belongings. Deep inside, behind a large armoire, she discovers a hidden room containing a cot, some Resistance pamphlets, and an enormous cache of valuable wine. Piqued by the secret space, Kate begins to dig into her family's history—a search that takes her back to the dark days of the Second World War and introduces her to a relative she never knew existed, who was a teenager during the Nazi occupation.

As she learns more about her family, the line between Resistance and Collaboration blurs, driving Kate



to find the answers to two crucial questions: Who, exactly, did her family aid during the difficult years of the war? And what happened to six valuable bottles of wine that seem to be missing from the cellar's collection?

Discussion led by Sandy Bacharach in Zoom Room Bet.

## COMING UP (CON'D)

(Continued from page 10)

tour conducted by Havurah's own Joan Weil, who serves as a docent at OJMCHE. This tour will take 60 to 90 minutes. If you're not a member of the museum, please bring \$5 to pay at the door. Tour is limited to 15 people, so RSVP to Ted Scheinman ASAP. Must show proof of Covid-19 vaccinations.

### Literature and Trauma

*Monday, April 18, 7 pm – In Person at Havurah and Zoom Room Bet*

We will read three novels that ponder the human response to severe trauma—William Styron's *Sophie's Choice*, Toni Morrison's *Beloved* and Arundhati Roy's *The God of Small Things*—and explore whether and

how these novels illuminate how people process, integrate and adapt to traumatic events.

### Lev Tahor Chanting Circle

*Thursday, April 21, 7 pm – In Person at Havurah, and broadcast through Room Bet*

Facilitated by Rabbi Benjamin. We'll gather in community for an evening of contemplative practice, chanting interspersed with silence, guided by teachings from the tradition. Everyone is welcome.

### AlteRocker Happy Hour

*Thursday, April 28, 4:30 pm – Zoom Room Heh*  
Come schmooze with us. And mark your calendars for monthly schmoozes - the last Thursday of the month!

# HADRACHA

## Gratitude to Havurahniks

Gratitude (from the Steering committee)

I write this the day after attending the PURIM PARTY! at Havurah Shalom. Yes, in-person, in the building (and the courtyard). There were also many participants by Zoom. It was so awesome being together again, with masks, but also with pizza, drinks, costumes, dancing and more. And yes, it was overwhelming and at times a little uncomfortable, as “hippie” Rabbi Benjamin noted. And though most of these gratitudes are reflecting on goings-on in February, I just couldn’t contain my excitement and wait for next month. We are so grateful...

To our wonderful staff members, for planning and carrying out the wonderful Purim celebration! And to DJ Saulomite (Saul Korin) for keeping the tunes flowing.

To our Covid Management Team, for deliberating and continually coming up with new Covid guidelines to allow our community to safely meet again in person.

To Julie Walcer, Jane Elin and Marian Rhys, who are putting together an interest survey for members of the AlteRockers.

To Karen Westerman, for using her amazing Excel skills to help the Long Range Plan Committee members review the data received from the Havurah Census and the Havurah Survey.

To Adela Basayne and Chris Coughlin, for serving as the points of contact with Tabitha and Adam St. Bernard-Jacobs to help with planning and logistics for their upcoming anti-racism consultancy.

To Maria Lisa Johnson and Rabbi Benjamin, for planning and leading a beautiful Refa’einu healing service on February 12. Those present were deeply moved and felt gently and lovingly held.

To J.D. Kleinke, for conceiving of and hosting the first hybrid (in person and on zoom) Kabbalat Shabbat Ruach service with beautiful music, energy, and... ruach (spirit). Thanks also to all of those support people who made this possible, from Zoom hosting to greeting people at the door.

To new Havurah members Beka Feathers, Kristine Munnholland, Karen Sherman, and Jennifer Bruml, for their active engagement in the Racial Justice Committee. Welcome and thank you for jumping right in!

To the Sanctuary Committee members, for planning and hosting a wonderful, thoughtful, and poignant Refugee Shabbat.

A hearty thank-you to Roberta Kaplan, who has co-lead (with Joel Bettridge) the Safety Committee this year but will be stepping away from that role in early March. She will be missed in that role!

To David Lewis, for his helpful advising on a maintenance issue.

To Fran Berg and Phil Walters, for their continued work on the kitchen remodel. And to Rachel Pollak for getting a plumber to cap off all the plumbing as part of that project.

And to all those many, many tasks, groups, and specific people who were not mentioned, thank you! We value your participation and contributions, however that may look. If there is something you would like mentioned, please send it to Miriam Reshotko (email listed in the member directory—please put “gratitude” in the subject line) to be included next month. Looking forward to seeing more of you all and remembering all that we have to be grateful for!

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## COMMUNITY

### Gratitude and Presence: An Omer Shabbat Retreat

*Friday, May 20 to Sunday, May 22, Online*

In this three-day Jewish meditation retreat with Rabbi Yael Levy, Rabbi Joshua Boettiger and Rabbi Benjamin, we will travel deeply into gratitude and presence. Guided by teachings, we will practice sitting and walking meditation, heart-full prayer, and spend a Shabbat together.

The retreat begins at 8 am (PST) on Friday, May 20, and ends at 11 am on Sunday, May 22. More [details and registration here](#). Contact Rabbi Benjamin with questions.

# APRIL 2022

Up-to-date information including Zoom rooms, event descriptions and any changes in plan can be found on the [website calendar](#).

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
27	<u><i>Adar II 24</i></u> RJ Convention 4:30pm (IP) Staffing Task Force	28	<u><i>Adar II 25</i></u> 7:00pm (ZM) Israel Since 1948	29	<u><i>Adar II 26</i></u> 12:00pm (ZM) Jewish Mindfulness & Meditation 5:15pm (ZM) Becoming Rooted Book Group 7:00pm (HYB) Lev Tahor Chanting Circle	30	<u><i>Adar II 27</i></u> 8:30am (HYB) Morning Minyan 7:00pm (HYB) In-Depth Torah Study: Parshat Beshalah	31	<u><i>Adar II 28</i></u> 4:30pm (ZM) AlterRocker Happy Hour 7:00pm (IP) Basic Hebrew Conversation	1	<u><i>Adar II 29</i></u> 7:00pm (HYB) Writers Workshop Oneg Shabbat 7:21pm Candle Lighting	2	<u><i>Nisan 1</i></u> Rosh Chodesh Nisan Parshat Hachodesh Tazria 10:00am (HYB) Discovering Shabbat Morning: Learners' Minyan 10:30am (ZM) Tot Shabbat 3:00pm Shabbat School 3:10pm Parenting in a Changing World? (K-3) 8:30pm Havdalah
3	<u><i>Nisan 2</i></u> 10:00am (IP) Spring Garden Work Party 2:00pm (ZM) Using Israeli Flavors in Vegetable Dishes	4	<u><i>Nisan 3</i></u> 7:00pm (ZM) Israel Since 1948 7:30pm (HYB) Song Circle	5	<u><i>Nisan 4</i></u> 12:00pm (ZM) Jewish Mindfulness & Meditation 5:00pm (ZM) Israel-Palestine Committee Meeting 5:15pm (ZM) Becoming Rooted Book Group	6	<u><i>Nisan 5</i></u> 8:30am (HYB) Morning Minyan 7:00pm High School 7:00pm (HYB) In-Depth Torah Study: Parshat Beshalah	7	<u><i>Nisan 6</i></u> 7:00pm (IP) Basic Hebrew Conversation	8	<u><i>Nisan 7</i></u> 6:30pm (HYB) Kabbalat Shabbat Service 7:30pm Candle Lighting	9	<u><i>Nisan 8</i></u> Shabbat HagGadol Mezora 10:00am (HYB) Bar Mitzvah of Julian Luker 3:00pm Shabbat School 3:10pm (IP) Whose Brnei Mitzvah is It Anyway? 8:39pm Havdalah
10	<u><i>Nisan 9</i></u> Grade 4 Transition Project 2:00pm Private Rental (tent.)	11	<u><i>Nisan 10</i></u> 7:00pm (ZM) Israel Since 1948	12	<u><i>Nisan 11</i></u> 12:00pm (ZM) Jewish Mindfulness & Meditation 5:15pm (ZM) Becoming Rooted Book Group 6:30pm (HYB) Steepling Meeting	13	<u><i>Nisan 12</i></u> 8:30am (HYB) Morning Minyan 1:00pm (IP) AlterRockers Tour the Oregon Jewish Museum	14	<u><i>Nisan 13</i></u> 7:00pm (IP) Basic Hebrew Conversation	15	<u><i>Nisan 14</i></u> Erev Pesach Taant Bechorot Hakol Deadline 7:39pm Candle Lighting	16	<u><i>Nisan 15</i></u> Pesach 10:00am (HYB) Community Minyan 8:40pm Candle Lighting
17	<u><i>Nisan 16</i></u> Pesach 1st Day Omer 8:50pm Havdalah	18	<u><i>Nisan 17</i></u> Chol Hamoed Pesach 2nd Day Omer 7:00pm (HYB) Literature and Trauma	19	<u><i>Nisan 18</i></u> Chol Hamoed Pesach 3rd Day Omer 12:00pm (ZM) Jewish Mindfulness & Meditation 5:15pm (ZM) Becoming Rooted Book Group	20	<u><i>Nisan 19</i></u> Chol Hamoed Pesach 4th Day Omer 8:30am (HYB) Morning Minyan 7:00pm (HYB) In-Depth Torah Study: Parshat Beshalah	21	<u><i>Nisan 20</i></u> Chol Hamoed Pesach 5th Day Omer 7:00pm (IP) Basic Hebrew Conversation 7:00pm (HYB) Lev Tahor Chanting Circle 7:47pm Candle Lighting	22	<u><i>Nisan 21</i></u> Pesach 6th Day Omer Office Closed for Passover 7:48pm Candle Lighting	23	<u><i>Nisan 22</i></u> Pesach Yitzkor 7th Day Omer 10:00am (HYB) Community Minyan 3:00pm Shabbat School 3:10pm Parenting in a Changing World? (Grades 4-6) 5:30pm Grade 6 Kenillah Night 8:57pm Havdalah
24	<u><i>Nisan 23</i></u> 8th Day Omer 10:00am Earth Day Outing	25	<u><i>Nisan 24</i></u> 9th Day Omer 7:00pm (HYB) Literature and Trauma	26	<u><i>Nisan 25</i></u> 10th Day Omer 12:00pm (ZM) Jewish Mindfulness & Meditation 7:00pm (ZM) Book Group: The Lost Vintage by Ann Mah	27	<u><i>Nisan 26</i></u> 11th Day Omer 8:30am (HYB) Morning Minyan 7:00pm (HYB) In-Depth Torah Study: Parshat Beshalah	28	<u><i>Nisan 27</i></u> Yom Hashoah 12th Day Omer 4:30pm (ZM) AlterRocker Happy Hour 7:00pm (admin) Intro to Judaism 7:00pm (IP) Basic Hebrew Conversation	29	<u><i>Nisan 28</i></u> 13th Day Omer 7:57pm Candle Lighting	30	<u><i>Nisan 29</i></u> Shabbat Mevarchim 14th Day Omer Achei Mot 10:00am (HYB) Bar Mitzvah of Benjamin Beiridge 9:06pm Havdalah