

2019 High Holidays Tzedakah Project

Each year, the Tikkun Olam Committee picks one or more organizations with whom we work to gather needed items. Many Havurahniks have expressed their concern over Portland's homeless problem by volunteering at the shelters run by **Portland Homeless Family Solutions (PHFS)**, so we will again support that organization. We will also support **Lift Up Portland**, since homelessness results in a lack of food or

nutritional food or food for specific dietary needs. Our food collection will be to augment Lift Up's "dietary specific" food box program. Finally, we will collect items requested by the teachers in the Dumbeta Ward in Tanzania through **Rafiki Village Project**, to be delivered in October by Havurah members David Newman and Laura Orgel.

To support the families at Portland Homeless Family Solutions Lents shelter, purchase items found at this Amazon link (which are based on Trauma Informed Understandings) or the other items listed below:

- <https://tinyurl.com/PHFSsmile>
(Please have items delivered to your home and bring them to our High Holidays services. PHFS prefers that we deliver everything together.)
- New socks and underwear
- Diapers (sizes 5 & 6 are most needed)
- Baby wipes

To support the work of Lift Up Portland's dietary-specific food box program, bring any of the following to High Holiday services:

- Peanut butter
- Tuna
- Whole grain pasta
- Brown rice or other grains

To support Dumbeta Ward schools, bring the following new items to High Holiday services. We have included links to give you suggestions for appropriate items, but they can be purchased anywhere:

- Soccer balls <https://tinyurl.com/SoccerTO>
- Volley balls <https://tinyurl.com/VolleyTO>
- Volley ball nets <https://tinyurl.com/VolleyNetTO>
- Dodge/kick balls <https://tinyurl.com/DodgeTO>
- Small hand pumps for balls <https://tinyurl.com/PumpTO>
- Pencil sharpeners <https://tinyurl.com/SharpenersTO>
- Rulers – metric <https://tinyurl.com/MetricRulerTO>
- Erasers
- Pens

If you purchase on Amazon, be sure to use Amazon Smile and select the RVP as your nonprofit of choice.

Thank you for your support. Our High Holidays Tzedakah project has benefited many projects over the years. Questions? Contact Gloria Halper, David Newman or Chris Coughlin.