

# High Holiday Guide 2019/5780

## Schedule of Services and Gatherings

### Selichot

**Saturday, Sept. 21**

8:00 pm Selichot (at Havurah Shalom)

### Rosh Hashanah

**Sunday, Sept. 29 (at the Tiffany Center)**

6:00 pm Erev Rosh Hashanah Dinner

7:30 Erev Rosh Hashanah/Evening Service

**Monday, Sept. 30 (at the Tiffany Center)**

9:30 am Rosh Hashanah Morning Service—  
Shacharit

9:30 Family Service (w/children ages 0-10)

10:30 Apples, Honey & Fun for Grades 3-5

10:30 Torah Service

11:30 Children's Aliyah

11:50 Shofar Service

12:15 Musaf/Additional Service

**Tuesday, Oct. 1 (at Havurah Shalom)**

9:30 am Rosh Hashanah Morning Service—  
Shacharit

10:30 Torah Service

11:45 Shofar Service

12:15 pm Musaf/Additional Service

1:00 Community Luncheon

### Tashlich

**Monday, Sept. 30 (at Commonwealth Lake Park)**

4:00 pm Cedar Hills (formerly Westside)  
Tashlich Service & Potluck

**Sunday, Oct. 6 (at George Rogers Park)**

12:00 pm Potluck Lunch at George Rogers Park

1:00 Music and Tashlich Service

### Cemetery Gathering

**Sunday, Oct. 6 (Havurah Cemetery)**

1:00 pm Song and Remembrance at the  
Havurah Cemetery, 5656 SW  
Humphrey Blvd.

### Yom Kippur

**Tuesday, Oct. 8 (at the Tiffany Center)**

7:00 pm Kol Nidre/Evening Service

**Wednesday, Oct. 9 (at the Tiffany Center)**

9:30 am Yom Kippur Morning Service—  
Shacharit

9:30 Family Service (w/children ages 0-10)

10:00 Middle School Discussion  
(ends at 10:45)

10:00 High School Discussion  
(ends at 10:45)

10:45 Torah Service

12:15 pm Musaf/Additional Service

1:30 Break

2:00 Tikkun Olam (Repairing the World)  
Discussion (4<sup>th</sup> Floor)

4:00 Avodah Meditation

4:30 Mincha Service/Book of Jonah

5:30 Yizkor/Memorial Prayers  
(approximate time)

6:00 Ne'ilah/Closing Service

7:15 Community Break Fast  
(approximate time)

Access All Our High Holiday  
Information Online:



[havurahshalom.org/high-holidays](http://havurahshalom.org/high-holidays)

## **RSVP for Erev Rosh Hashanah Dinner**

[tinyurl.com/HavERHDinner](http://tinyurl.com/HavERHDinner)

Adults \$36 | Kids Under 12 Eat Free

## **RSVP for Free Child Care**

[tinyurl.com/HavKidsHH](http://tinyurl.com/HavKidsHH)

Space is limited. RSVP to reserve your kids' spots!

## **Order Your Lulav and Etrog**

[tinyurl.com/HavLulav](http://tinyurl.com/HavLulav)

\$35 Quality Set | \$40 Deluxe Set

# **Things To Do Ahead of High Holidays**



## **Deadline: Sept. 20**

# **Volunteering A Havurah Tradition**



## **Volunteer to Help Make High Holidays Happen**

[tinyurl.com/HavVolunt2019](http://tinyurl.com/HavVolunt2019)

Our ticketless and open High Holidays are a gift we give both our own Havurah community and the wider Portland community in general. It only happens through the generous gift of your time. Almost 300 volunteer spots are waiting for you to peruse and decide which is the right one for you. Please join us in making the mitzvah of High Holidays at Havurah!

### **How to Volunteer**

In the coming weeks, you'll receive emails from the Havurah office with a link to the SignUp.com website asking you to choose the spots you're volunteering for during the High Holidays.

### **3 Easy Steps to Sign Up**

1. Follow this link to go to our invitation page on Signup.com:  
[tinyurl.com/HavVolunt2019](http://tinyurl.com/HavVolunt2019)
2. Enter your email address (You will NOT need to register an account on Signup.com)
3. Sign up! Choose your spots – Signup.com will send you an automated confirmation and reminders. Easy!

# High Holiday Events

Purple text is corrected from previous edition.

## **Erev Rosh Hashanah Dinner, Sunday, Sept. 29, 6:00 to 7:15 pm, at the Tiffany Center, 2nd Floor**

Celebrate the start of Rosh Hashanah with other members and their guests by sharing a catered meal served at the Tiffany Center. Meals are vegetarian, with vegan, dairy- and gluten-free options. RSVP by Sept. 20 at [tinyurl.com/HavERHDinner](http://tinyurl.com/HavERHDinner).

## **Rosh Hashanah Family Service, Monday, Sept. 30, 9:30 to 10:20 am, at the Tiffany Center, 2nd Floor**

Especially for families with children ages 0-10! This upbeat and participatory Rosh Hashanah service is for the whole family! Enjoy stories and skits, soulful prayers and contemporary songs—as we all begin the year anew, together. RSVP at [tinyurl.com/HavFamRH](http://tinyurl.com/HavFamRH).

## **Apples, Honey and Fun for Grades 3 to 5! Monday, Sept. 30, 10:30-11:15, at the Tiffany Center, 2nd Floor**

A special time for people in Grades 3-5 to gather for New Year singing and activities. Please join us. RSVP at [tinyurl.com/Hav3to5RH](http://tinyurl.com/Hav3to5RH).

## **Children's Aliyah and Shofar Service, Monday, Sept. 30, approx. 11:30 am, at the Tiffany Center, 4th Floor**

We are warmly inviting all children (and their parents for very young children) up for our fifth Aliyah on the morning of Rosh Hashanah Day 1. They will come up to the bima and receive a blessing, and then will stay nearby for the Shofar service, which will occur shortly after. Rabbi Benjamin will tell a story for the whole congregation, which will lead us into hearing the shofar blasts.

## **Walking the Torahs Back to Havurah, Monday, Sept. 30, approx. 1:30 pm**

Weather-permitting, we will process from the Tiffany Center back to Havurah Shalom after services on Day One of Rosh Hashanah.

## **Cedar Hills (formerly Westside) Tashlich Service and Potluck, Monday, Sept. 30, 4:00 pm**

We'll gather at the picnic tables on the east side of Huntington next to the play structure. There are two playgrounds near Commonwealth Lake. Make sure you're at the one on Huntington. Please let us know when you RSVP if you are interested in helping with music, vocal or instrumental or with the service. Bring a snack or finger food to share if you'd like. In case of rain we will email the RSVP list. Commonwealth Lake Park, SW Huntington Ave & SW Butner Rd, Portland, OR 97225.

MAP: [goo.gl/maps/U1EKzHhiPyr](http://goo.gl/maps/U1EKzHhiPyr) | RSVP: [tinyurl.com/HavTashCH](http://tinyurl.com/HavTashCH)

## **Post-Service Luncheon at Havurah, Tuesday, Oct 1, 1:00 pm**

Free and open to all! We will enjoy a tasty lunch at home in our building after Second-Day Services.

## **Cemetery Gathering, Sunday, Oct. 6, 1:00 pm, at the Havurah Cemetery**

During the High Holidays season, we gather as a community to remember our loved ones. We will be led in song and remembrance at the Havurah Cemetery, 5656 SW Humphrey Blvd.

## **Tashlich at George Rogers State Park, Sunday, Oct. 6, 12:00 to 2:30 pm**

We'll begin at noon with a vegetarian (and kosher fish) potluck lunch, followed by a musical Tashlich service and walk to the river. (Last names A-J bring main dishes, K-Z bring salads, appetizers, fruit and drinks.) Dessert will be provided by Havurah back at the tables after the Tashlich ritual. RSVP at [tinyurl.com/HavTashGR](http://tinyurl.com/HavTashGR).

## **Yom Kippur Family Service, Wednesday, Oct. 9, 9:30 to 10:20 am, at the Tiffany Center, 2nd Floor**

Especially for families with children ages 0-10! Our Yom Kippur Family Service helps people of all ages focus on our yearly tradition of celebration and renewal. Enjoy favorite songs and prayers, the Jonah story, and family interaction. RSVP at [tinyurl.com/HavFamYK](http://tinyurl.com/HavFamYK).

## **Middle and High School Discussion Groups, Wednesday, Oct. 9, 10:00 to 10:45 am, at the Tiffany Center**

Come hang out with other teens and be part of an interesting discussion. Adult Havurah members will facilitate separate conversations for middle schoolers (3rd floor) and high schoolers (2nd floor parlor across from child care) about our lives and the world connected to the themes of these Days of Returning.

## **Tikkun Olam Discussion, Wednesday, Oct. 9, 2:00 to 3:00 pm, at the Tiffany Center, 4th Floor**

The Climate Crisis is happening on such a large scale that it is easy for us to feel helpless to change it. However there are bold, meaningful actions we can take to address this challenge and adapt to its effects and steps we can take to ensure we are participating in the solutions rather than contributing to the problem. Come to the Yom Kippur afternoon discussion and join in exploring how, as individuals, as a faith community, and as a society, we can join together in making a difference and protect our shared world for future generations.

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## High Holiday Events, continued

### **Family Snack Area, Wednesday, Oct. 9, 4-5:30 pm, at the Tiffany Center, 3rd Floor**

Havurah will stock snacks on the third floor for those young and old who need a little sustenance to make it through the afternoon Yom Kippur services. We hope this will make it easier for everyone who wants to join in for Neilah and the subsequent communal break fast!

### **Teen-Led Torah Service, Wednesday, Oct. 9, approx. 4 pm, at the Tiffany Center, 4th Floor**

Preparation sessions for this service are Wednesdays, Sept. 4, 11, 18 and Oct. 2, 7-8:30 pm at Havurah. If interested, contact Sacha Reich (sachareich58@gmail.com).

### **Community Break Fast After Yom Kippur, Wednesday, Oct. 9, 7:15 pm, at the Tiffany Center, 2nd Floor**

Let us come together and end the fast with delicious food and community. Sign up to bring food at [tinyurl.com/HavBreakFast2019](http://tinyurl.com/HavBreakFast2019).

## More High Holiday Offerings

### **Free Child Care at the Tiffany Center and Havurah**

Child care will be free for all members, with a suggested donation requested from non-members. Remember to RSVP since space is limited. You can RSVP at [tinyurl.com/HavKidsHH](http://tinyurl.com/HavKidsHH).

### **Family Section in Main Sanctuary at the Tiffany Center**

The main sanctuary services are for all members, young and old. All are welcome. There will be a reserved family section up front and adjacent to an exit to allow for greater proximity to the bima and the capacity to come and go as needed.

### **Teen Break Room, Monday, Sept. 30, 10 am to 12:30 pm; Wednesday, Oct. 9, 10:45 am to 12:30 pm**

The Teen Break Room is a place for teens to spend time with each other or alone, where they can take some restorative time outside of services. It is an electronics-free zone, no phones or other devices allowed, only community and unstructured time.

### **Nursing Mothers Space, 2nd Floor Parlor at the Tiffany Center, across from child care, plus at Havurah**

Mothers are invited to nurse in a comfortable, out-of-the-way space during all services at the Tiffany Center. (The room will be briefly unavailable on Yom Kippur, from 10-10:45, when it is needed for the High School Discussion.) At Havurah on the second day of Rosh Hashanah, nursing mothers are invited to spend time in the small classroom adjacent to the library.

### **Family Snack Area, Wednesday, Oct. 9, 4-5:30 pm, at the Tiffany Center, 3rd Floor**

Havurah will stock snacks on the third floor for those young and old who need a little sustenance to make it through the afternoon Yom Kippur services.

*Is there something not listed here that would help make High Holidays at Havurah logistically easier? Please let us know so we can continue improving.*

**Remember: Second-Day Rosh Hashanah Services will be at Havurah Shalom again! Join us afterward for a community luncheon!**

# Ongoing Security for High Holiday Services

If you have joined us for High Holidays in the last four years, going through a bag-check procedure when entering the Tiffany Center may be a familiar routine for you. For better or worse, it is a routine we will continue this year, to enhance our safety at High Holidays. Please expect to be asked to go through the bag check when entering the Tiffany Center. We suggest you allow additional time for your arrival to services, especially at the beginning of the service and during other high-traffic times.

The second day of Rosh Hashanah will take place at Havurah Shalom. Due to the lower estimated attendance and the lack of other people using the building for other purposes (the Tiffany Center is also a place of business), we will not have bag checkers here. There will, however, be uniformed police outside, and our High Holidays Security Monitoring Team will be on duty as well.

Our continued safety has always been a priority. We appreciate your understanding and patience and will do our best to present as little inconvenience as possible.

## Parking near Havurah Shalom

The second day of Rosh Hashanah, services will take place at our building. While this allows us to enjoy a homey sense of belonging, it can present parking challenges on a weekday. Especially due to construction all around the neighborhood, street parking is very limited.

- If possible, please plan to take public transit or to carpool.
- The 10-minute spot in front of our building will be available for drop-offs and pick-ups.
- The Legacy parking lot that we have permission to use on Saturdays is **NOT** available on weekdays. **PLEASE DO NOT PARK THERE**, as we would like to maintain our friendly relationship with Legacy, who needs the lot for their own employees on weekdays. Thank you!

## Parking near the Tiffany Center

Aside from street parking, here are some options:

- Please consider public transportation such as the MAX Blue and Red lines. Their stops on SW 10th and Morrison are walking distance from the Tiffany Center.
- After 5:00 pm M-F, the open-air lot on SW 14th and Alder is available as a pay-to-park lot. If not rented privately, the lot is also available weekend hours.
- Just across the I-405, with an entrance on SW 12th between Alder and Morrison, is the parking lot for the First Presbyterian Church, which also operates as a public pay-to-park lot.
- Around the corner from the Tiffany Center at SW 15th & Morrison is the Hotel Deluxe parking structure, which is a public pay-to-park facility.
- There is also a Smart Park at SW 10th & Yamhill – 4 blocks away.

# 2019 High Holidays Tzedakah Project

Each year, the Tikkun Olam Committee picks one or more organizations with whom we work to gather needed items. Many Havurahniks have expressed their concern over Portland's homeless problem by volunteering at the shelters run by **Portland Homeless Family Solutions (PHFS)**, so we will again support that organization. We will also support **Lift Up Portland**, since homelessness results in a lack of food or

nutritional food or food for specific dietary needs. Our food collection will be to augment Lift Up's "dietary specific" food box program. Finally, we will collect items requested by the teachers in the Dumbeta Ward in Tanzania through **Rafiki Village Project**, to be delivered in October by Havurah members David Newman and Laura Orgel.

To support the families at Portland Homeless Family Solutions Lents shelter, purchase items found at this Amazon link (which are based on Trauma Informed Understandings) or the other items listed below:

- <https://tinyurl.com/PHFSsmile>  
(Please have items delivered to your home and bring them to our High Holidays services. PHFS prefers that we deliver everything together.)
- New socks and underwear
- Diapers (sizes 5 & 6 are most needed)
- Baby wipes

To support the work of Lift Up Portland's dietary-specific food box program, bring any of the following to High Holiday services:

- Peanut butter
- Tuna
- Whole grain pasta
- Brown rice or other grains

To support Dumbeta Ward schools, bring the following new items to High Holiday services. We have included links to give you suggestions for appropriate items, but they can be purchased anywhere:

- Soccer balls <https://tinyurl.com/SoccerTO>
- Volley balls <https://tinyurl.com/VolleyTO>
- Volley ball nets <https://tinyurl.com/VolleyNetTO>
- Dodge/kick balls <https://tinyurl.com/DodgeTO>
- Small hand pumps for balls <https://tinyurl.com/PumpTO>
- Pencil sharpeners <https://tinyurl.com/SharpenersTO>
- Rulers – metric <https://tinyurl.com/MetricRulerTO>
- Erasers
- Pens

If you purchase on Amazon, be sure to use Amazon Smile and select the RVP as your nonprofit of choice.

Thank you for your support. Our High Holidays Tzedakah project has benefited many projects over the years. Questions? Contact Gloria Halper, David Newman or Chris Coughlin.