

## THIS SHABBAT

- **Candle Lighting:** 7:46 PM
- **Mincha:** 6:30 PM | Main Sanctuary
- **Kabbalat Shabbat:** Rav Yosef & Akiva Polak
- **D'var Torah:** Rav Yosef
- **8:25 Minyan:** Beit Midrash | Post-Davening Learning with Rabbi Chaim Tureff
- **Main Minyan:** 9:00 AM | Main Sanctuary
- **Sof Zman Kriat Shema:** 9:17 AM
- **Shacharit:** Tzvi Wolf
- **Anim Zmirot & Concluding Services:** Yehuda Youngerwood
- **Kriat HaTorah:** Alec Schramm
- **Torah:** Hertz: 623; Stone: 798 | **Haftarah:** Hertz: 635; Stone: 1184
- **Drasha:** Rabbanit Alissa
- **Musaf:** Jordan Lurie
- **Mincha:** 7:30 PM
- **BDJ BW Mincha:** 7:35 PM | Melmed Residence | 9510 Bolton Rd.
- **BDJ East Mincha & Seudah Shlishit:** 5:30 PM | Home of Nikki Sieger & Andres Terech | 6503 Moore Dr.
- **Havdalah:** 8:48 PM

### SHABBAT

#### SEDER NASHIM "SUSTAINING OUR INDIVIDUAL IDENTITY"

**This Shabbat | 4:30 PM**

Gail Katz's home | 1514 S. Doheny Dr.

There are a lot of competing stresses in our lives; it can be hard to remember who we truly are or what we truly want. The consequences of "losing oneself" can be dire – from mental health issues to relationship dysfunction to professional burn out. How do we sustain our individual identity in our relationships, families, work, & communal life?

### HAPPENING THIS SHABBAT

- ◆ Shabbat Mevarchim
- ◆ Teen Girls' Coffee Club at 9:30 AM in the Conference Room.
- ◆ Kiddush in the Social Hall is sponsored by Cara & Zev Wainberg in honor of their daughter Eliana's Bat Mitzvah!
- ◆ Seudah Shlishit in the Beit Midrash is sponsored by BDJ.
- ◆ Nothing but the Pshat with Alex Fax.

### BDJ BROADCASTS

- ◆ Mazal Tov to **Eliana Wainberg** on her Bat Mitzvah! Mazal Tov to parents Cara & Zev and siblings Jake & Julia!
- ◆ Mazal Tov to **Evan Lubow** on his Bar Mitzvah! Mazal Tov to parents Denise & Rob and siblings Rebecca & Jonah!
- ◆ Mazal Tov to **Noah Tarko** & the Tarko family on his aufruf in the 8:25 Minyan!
- ◆ Mazal Tov to **Yossi Horowitz & Leah Demeter** on their engagement!
- ◆ Condolences to **Aryeh Hoenig** & family on the passing of his father **Harvey Hoenig**<sup>2</sup>!
- ◆ Rav Yosef's **Gemara Shiur** & Rabbanit Alissa's **Parsha Plug** classes will meet this week & then break for the summer.

## THIS SUNDAY, 6/10

### CONGREGATIONAL MEETING

**THIS SUNDAY, June 10**

**Social Hall | 9:30-10:30 AM**

Board of Directors Elections & Vote on BDJ Bylaws  
 Refreshments Served

Register & access bylaws/nominees at:

<https://www.bnaidavid.com/event/congmeeting2018>

### SUMMER FUNDRAISER ONLINE AUCTION

**Launches THIS SUNDAY, June 10**

SEE INSIDE COVER FOR A SNEAK PEAK OF THE  
 PACKAGES

For updates & full details, visit:

<https://www.bnaidavid.com/form/Auction2018>

Rabbi Yosef Kanefsky • Rabbanit Alissa Thomas-Newborn • Shana Fishman, President

## SUMMER AUCTION!

### Grand Prize: SPECTACULAR SANTA BARBARA SHABBAT WEEKEND GETAWAY

Gorgeous beach house for 10 guests for four nights, Leider's Shabbat Takeout, challah from Got Kosher?, and Sunday lunch at Oxnard's Tierra Sur!

### Prize Packages:

- ◆ WELLNESS PACKAGE FOR THE BODY & MIND
- ◆ THE HAPPIEST TRIP ON EARTH!
- ◆ PAINT THE TOWN RED
- ◆ SUMMER NIGHT ENTERTAINING PACKAGE
- ◆ KIDS SUMMER FUN PACK
- ◆ STRIKE A POSE
- ◆ TAKE ME OUT TO THE BALLGAME

**Auction opens on Sunday, June 10  
 & closes on June 24 at 11:49 PM.**

Please visit [www.bnaidavid.com/form/Auction2018](http://www.bnaidavid.com/form/Auction2018)  
 for full packages & bidding!

Raffle ticket prices vary per package.

For more information, contact Angelina at  
 (310) 276-9269 or [bdj@bnaidavid.com](mailto:bdj@bnaidavid.com).

**Winners will be announced June 25!**

## BDJ ANNOUNCEMENTS

### PROMOTE YOUR BUSINESS

ADVERTISE IN BDJ'S ANNUAL  
 PRINT CALENDAR!

**Reaching 300+ households!**

Ads range from business cards to full page!

Submit by **June 15:**

[www.bnaidavid.com/form/calendarad2018](http://www.bnaidavid.com/form/calendarad2018)

### BLOOD DRIVE RECAP

Thank you to all those who participated! We registered **35 donors** to collect a whopping total of **28 whole blood pints!** That's up to **102 lives saved!**  
 Kol Ha Kavod BDJ!

### ATTENTION BDJ MEMBERS

Please pay your pledges & account balances by **July 1.**

Thank you! Pay online:

[www.bnaidavid.com/payment.php](http://www.bnaidavid.com/payment.php)

### NEW ALLERGY POLICY

The Board of Directors passed a new allergy policy on May 31, 2018. Printed copies are available on the back table, and an online version can be viewed here:

<https://tinyurl.com/Nap53118>

### TIKKUN OLAM LUNCH & GRADUATION SHABBAT RECAP

Last Wednesday at noon, we gathered together for the last Tikkun Olam lunch of the season, sponsored by Westmount Asset Management. Given that the timing overlapped with graduation from many schools, David Nimmer asked our guests to compose some commencement thoughts.

*Our regulars voiced wishes to graduates at every level of education—*

**Vicki:** Be successful and good luck.

**Rick:** I didn't finish high school. I just want you to go as far as you can. I came to Los Angeles from Ohio. Remember your dreams.

**Donna:** Ralph Waldo Emerson taught me, "Every man I meet is somehow my superior, in that I learn from him."

**Vivienne:** Get as much education as you possibly can for the future.

**Henry:** Do everything that I did not do.

**Moshe:** No matter what we achieve, be kind to others.

**Cary:** Congratulations, may you have much success and happiness. And always keep G-d in your life.

*As always, the crowd greatly appreciated Rav Yosef's inspiring words of Torah. Huge thanks to Robby Helperin for doing double duty with his guitar, serenading the crowds at the Russian lunch downstairs & the main event upstairs.*

### RECHOV YELADIM

#### THANK YOU OUTGOING SENIORS! SENIOR OF THE WEEK: LAUREN ASHKENAZI

Lauren Ashkenazi has been in the toddler room all year and says, "I love working in the twos, especially watching them learn and grow. Each kid is so unique that I always get to learn something new from them." Thank you Lauren for all that you have done for our toddlers! We will miss you!

# UPCOMING

DAILY MINYAN SCHEDULE: JUNE 10-16

<b>SHACHARIT</b>	
Sunday	8:00 AM
Monday	6:45 AM
Tuesday, Friday	7:00 AM
Wednesday, Thursday	6:30 AM
<b>MINCHA/MA'ARIV</b>	
Sunday - Thursday	7:50 PM
Friday	6:30 PM
<b>SHABBAT—June 16</b>	
Shacharit & Rechoy Yeladim	9:00 AM
Mincha	7:35 PM

## YOUNG PROFESSIONALS

**YP MINYAN**  
**Next Shabbat, June 16**  
 9:30 AM | Beit Midrash  
 FOLLOWED BY BUBBE'S  
 FAMOUS YP KIDDUSH  
 To learn more or to sponsor  
 YP kiddush, contact  
 rabbanitalissa@bnaidavid.com

## COMMUNITY

### TOMCHEI DELIVERIES

We need **4-8 more** families to join the BDJ Roster to deliver Tomchei meals each week! Contact Vivian Lurie at [kessian7@gmail.com](mailto:kessian7@gmail.com).

### MELAVE MALKA

Join us for a Tu B'Av-themed Melave Malka, with Dov Rosenblatt & musicians!

**Sat., July 28 | 9:30-10:30 PM**  
 Lowe Residence | 9303 Bolton Rd.

## NOSH N' DROSH

Full line up: [www.bnaidavid.com/noshndrosh](http://www.bnaidavid.com/noshndrosh)

### A TREE OF LIFE FOR ALL WHO HOLD ONTO IT: TRANSGENDER JEWS, HALACHIC DISCOURSE

**Next Shabbat, June 16** | 6:00 PM | Main Sanctuary | Nosh in the lobby at 7:15 PM | Mincha at 7:30 PM

Rav Yosef invites you to join him in examining how some halachic thinkers have begun the holy work of thinking through how transgender Jews can be integrated into halachically-faithful communities

### SPARE THE CHILD, SPOIL THE HALACHA?

**June 23** | 5:00 PM | Weinreb Residence, 1735 S Canfield Ave. ||| Childcare | Adatto Residence, 1751 S Canfield Ave.

Explore with **Rabbi Dr. Avi Havivi & Sari Abrams** how we as parents grapple with a new reality when the religious directions that our children take conflict with the halachic observance we work to establish within our family units.

### A TASTE OF TORAH: A LITERAL NOSH N' DROSH

**July 14** | 6:00 PM | BDJ Beit Midrash

Come eat, drink & learn with **Dr. Jon Greenberg**, who specializes in the study of food & drink in Biblical and Rabbinic History & Halacha. **Registration Details:** Free for Members; \$5 for Non-Members; Childcare (with dinner) provided. Register by 7/10: <https://tinyurl.com/NND-DrJG2018>

# HALACHA HOW TO

Inspired by Ze'ev Korn's *Seudah Shlishit* talk last week, we recap a *Halacha How-To* prepared by the *Waghalers* in 2008, but no less relevant today.

Living in a paved-over desert, we all do our part to conserve water – this includes *netilat yadaim*. At mealtimes, we normally fill the cup & pour plenty of water on each hand, twice on the right & then twice on the left. The Shulchan Aruch states that although the minimum required amount of water to use for each hand is a *revi'it* (3.3 oz., according to Rav Moshe Feinstein<sup>21</sup>), “one should preferably use water liberally for washing purposes, as Rav Chisda taught, “I washed my hands with a full measure of

water & I was rewarded with a full measure of good.”

However, in times of scarcity of water, one may rely on the minimum amount, the *revi'it*. This caveat would certainly have relevance when we are working hard to “save the drop.” (Visit: <https://tinyurl.com/savedrop18>.)

But what if half of a *revi'it* won't cover your hands (since according to the Mishnah Berura one pours one *revi'it* in two pourings over each hand)? When describing the area that the pouring must cover, the Shulchan Aruch states, “The washing needs to go down to the wrist, though some say [only] until the point at which the fingers reach the hand.” On

this, the Mishnah Berura notes, this implies that in a pressing situation, in which one only has a limited amount of water, one may rely upon the lenient opinion [washing only the fingers].” Our ongoing drought can very arguably create the conditions of a permanent “pressing situation.”

Regarding Rav Chisda's teaching that washing with lots of water is a *segulah* for a long life, one could credibly respond that this would not be true if the excessive water use is affecting the quality (and possibly the quantity) of the community's life!

## COMMUNITY ANNOUNCEMENTS

- ◆ **BNEI AKIVA:** Applications now open for Hadracha positions for next year - for more info contact (310) 248-2450 or [office@bneiakiva.org](mailto:office@bneiakiva.org).
- ◆ **MOSHAVA ALEVY:** Summer Camp 2018: [moshavaalevy.org](http://moshavaalevy.org)
- ◆ **SARP AT NESS CENTER:** An intensive **5 day program** for observant men who are struggling with inappropriate materials & related behaviors which have led them to addictive actions. Dates: **6/24-28**. Insurance is accepted. Contact Rav Meir at **818-275-1498** or at [rav.meir18@gmail.com](mailto:rav.meir18@gmail.com) or Dennis Brown at **310-360-8512**. Confidentiality is of utmost importance.
- ◆ **YESHIVAT MAHARAT JOFA SUMMER TOUR: “Finding Meaning in Suffering”** with Rabbanit Alisa Thomas-Newborn. **July 17 at 7:00 PM** at the home of Keren Wolf (4345 Sandburg Way, Irvine, CA). More info: [kworl@tarbut.com](mailto:kworl@tarbut.com).
- ◆ **TOMCHEILA: Online job board** now open—connecting local employers with qualified candidates. Visit [www.tomcheila.org](http://www.tomcheila.org) or email [joblink@tomcheila.org](mailto:joblink@tomcheila.org).
- ◆ **CHAI VILLAGE LA** seeks part-time admin assistant (15-20 hours/wk at \$18-20/hr). Submit cover letter & resume to [Devo-rah@ChaiVillageLA.org](mailto:Devo-rah@ChaiVillageLA.org)
- ◆ **PAWS OF LOVE PET THERAPY PROGRAM:** Chai Lifeline needs you and your dog to bring smiles and unconditional love to children with illnesses and their families. We will help you and your dog become a certified pet therapy team. Call 310-274-6331 or email [gsacks@chailifeline.org](mailto:gsacks@chailifeline.org).
- ◆ **32ND ISRAEL FILM FESTIVAL: SAVE THE DATE! 11/6-11/20/2018.** <http://www.israelfilmfestival.com/>
- ◆ **CAFÉ BB AT BAIS BETZALEL:** Coffee Cart at 8850 W. Pico staffed by adults with disabilities. M-F 6:30-10:30 AM.
- ◆ **BRCA FOUNDER OUTREACH STUDY:** FREE BRCA tests to those 25+ years of age who have one grandparent of Ashkenazi Jewish origin, and reside in LA. [www.BFORstudy.com](http://www.BFORstudy.com).
- ◆ **ETTA YOUTH TEAM:** For high school teens who want to work with teens with special needs. More info at [etta.org](http://etta.org) or email [eyt@etta.org](mailto:eyt@etta.org).
- ◆ **ACHILLES LA:** Able-bodied volunteers & runners with disabilities come together to train in an environment of support & community. <https://www.achillesla.org>

## BDJ'S UPCOMING EVENTS

June 9	- Seder Nashim
June 9	- BDJ East
June 10	- Congregational Meeting
June 16	- Nosh N' Drosh: Rav Yosef
June 23	- Nosh N' Drosh: Sari Abrams & Rabbi Dr. Avi Havivi
July 1	- Nosh N' Drosh: Dr. Jon Greenberg
July 14	- Melave Malka
July 28	

מי שברך אבותינו אברהם יצחק ויעקב ואמותינו שרה רבקה רחל ולאה הוא יברך וירפא את החולים בעבור שאנחנו מתפללים בעבורם בשכר זה הקדוש ברוך הוא ימלא רחמים עליהם להחלימם ולרפואתם ולהחיותם ולהחיותם וישלח להם מהרה רפואה שלמה מן השמים לכל אבריהם ולכל גדיהם בתוך שאר חולי ישראל רפואת הנפש ורפואת הגוף שבת היא מלועוק ורפואת קרובה לבוא השתא בעגלא ובזמן קריב ונאמר אמן.

## MISHEBERACH LIST

Please be in touch with Susan Fink at [stfink@gmail.com](mailto:stfink@gmail.com)

Chaya bat Tova Bleima (Sorel Lainer's mother) \* Pessie bat Chana (Martine Porter-Zasada's sister) \* Esther bat Devorah Bella (Mayer Schames' mother) \* Emanuel ben Hinda (Mr. Sassover) \* Bella Rivka bat Rosa (Aharon Shimon's sister) \* Shulamit bat Ruchel Sheina (Selma Framson) \* Arlene bat Mollie (Kara Roberts' grandmother) \* Michael ben Malka (Max Wozniak) \* Chaya bat Bela (Mayer Bick's mother) \* Tziporah bat Tova (Mrs. Sassover) \* Alicia Webster \* Chayim Menashe ben Fruma (Manny Klein) \* Liran ben Aliza \* Zoya bat Mazal \* Yitzchak Avraham ben Devorah (Deb Mizrahi Smith's uncle) \* Mordechai ben Dina \* Yitzchak ben Raizel (Ira Grose) \* Sarah Hindi bat Lily (Cary Glass's mother) \* Tila bat Miriam \* Pinchus Shalom Tzvi ben Ze'eva (Daniella Platt's friend's son) \* Hadassah Bat Lea \* Eitan Zev ben Nachama Sara Beilah \* Shmuel ben Miriam (Rica Bercovici's nephew) \* Aharon ben Rosa \* Helen Avivah bat Marietta Ruth \* Anna Louise bat Barbara Feige \* Tova Chaya bat Leah Malka \* Leah bat Liba \* Yosef Hiskiya ben Chaya \* Matisyahu Yoel Baruch ben Gittel (Marcus Freed) \* Tamar Pnina Gittel bat Aliza Rachel \* Yaacov Moshe bet Sarah \* Yakot bat Esther (Colette Volvovic) \* Chana Gittel bas Dvora Masha (Chanie Kravitz) \* Yaffit Bat Monira \* Leah Rachel Bat Miriam Bat-tzion \* Ohad Chanan ben Malka \* Shirli Malka bat Aliza \* Achiya Binaymin ben Shirli Malka \* Elkana Asher ben Shirli Malka \* Yosefa Ariel bat Sarah (Kelila's mom) \* Rina Ariane bat Ayeletb\* Yarachmiel Nessem Ben Reuben (Nan Gold's brother) \* Menachim ben Rachel \* Chaya Liel bat Tali \* Adinah Yehudit Bat Rishe Channah. (Adaide Klein) \* Yaakov Moshe Ben Ettl \* Baila Malka bat Aida Ette (Ze'ev Korn's mother) \* Tziviva Freidel bat Zlata Sima \* Nacha Lylah bat Adina Yael (Boaz & Adi Hepner's daughter) \* Yaakov ben Masha (Jack Plax).



## EZRA NETWORK

If you're dealing with challenges – like caring for an elderly parent or a teen in trouble or facing economic hardship – you can get help with financial assistance and government program eligibility, access to one-on-one sessions with a social worker, legal counselor or job counselor, as well as referrals for other services, and information about upcoming workshops. It's all there for you – private & free.

- ⇒ **Social Worker:** (323) 229-0235
  - ⇒ **Job Counselor:** (310) 622-3844
  - ⇒ **Legal Counselor:** (323) 549-5827
- [www.jewishla.org/ezra](http://www.jewishla.org/ezra)