



- **Candle Lighting:** 7:41 PM
- **Mincha:** 6:30 PM | Beit Midrash
- **Kabbalat Shabbat:** Mayer Schames
- **Dvar Torah:** Rav Yosef
- **8:25 Minyan:** Beit Midrash | Post Davening Learning with Dr. Sara Smith
- **Main Minyan:** 9:00 AM | Main Sanctuary
- **Teen Minyan:** Will resume in late August
- **Sof Zman Kriyat Shema:** 9:30 AM
- **Shacharit:** Rabbi Aaron Finkelstein
- **Anim Zmirot & Concluding Services:** Noah Selick
- **Kriyat HaTorah:** Shlomo Abraham
- **Torah:** Hertz p. 686 & Stone p. 876
- **Haftarah:** Hertz p. 710 & Stone p. 1192
- **Drasha:** Rav Yosef
- **Musaf:** Mordechai Fishman
- **Mincha:** 7:20 PM
- **BDJ Beverlywood:** Will not meet this week.
- **Havdalah:** 8:40 PM

## JULY 28–AUGUST 3

### DAILY MINYAN SCHEDULE

#### SHACHARIT

Sunday	8:00 AM
Monday, Thursday	6:45 AM
Tuesday, Wednesday	7:00 AM
Friday (Rosh Chodesh)	6:30 AM

#### MINCHA/MA'ARIV

Sunday-Thursday	7:40 PM
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#### SHABBAT 8/2-8/3

Mincha/Kabbalat Shabbat	6:30 PM
Shacharit & Rechov Yeladim	9:00 AM
Shabbat Mincha	7:15 PM

## HAPPENING THIS SHABBAT

- ◆ Kiddush in the Social Hall sponsored by the **Kent** family in honor of **Ami Kent's** Bar Mitzvah which will be celebrated in Israel on Shabbat Rosh Chodesh Elul
- ◆ Young Professionals Schmooze at the Morrows (See more below)
- ◆ Seudah Shlishit in the Beit Midrash sponsored by BDJ
- ◆ Nothing But the Pshat with Ariel Stein

## BDJ BROADCASTS

- ◆ **Mazal Tov:** To parents **Rabbanit Alissa Thomas-Newborn & Akiva Newborn**, grandparents Blade Thomas & Rabbi-Cantor Didi Thomas and Mark Tannin, Debbie & Sam Newborn, uncles & aunts Zack Thomas, Zoe Thomas, and Zack Rosenberg and Dana Newborn, cousin Josh, and family, on the birth of a baby girl! Mother and baby girl are both doing well. To contribute to the Meal Train, visit [www.mealtrain.com/trains/v9l3yg](http://www.mealtrain.com/trains/v9l3yg). As a reminder, while Rabbanit Alissa is on maternity leave, please contact Rav Yosef for all halachic or pastoral needs at [ravyosef@bnaidavid.com](mailto:ravyosef@bnaidavid.com).
- ◆ **Welcome:** To new members **Joel & Heather Jacobson** and **Joel Kosh & Baila Hall!**
- ◆ **Thank You:** To all of those who contributed to the blood drive on June 30. 33 units were collected —an amount that can save up to 99 lives!

## THIS SHABBAT

### YOUNG PROFESSIONALS

4:00 PM-7:00 PM | Morrow Home | 1420 S. Oakhurst Dr. #102

Join BDJ YP's for an afternoon of dessert, drinks, and games!

Bring your favorite games and hang out with both new and long-time YP's! If you can, please contribute a dessert or libation. Out of respect for those with allergies, please don't bring nut products or pets.

## THIS WEEKEND

### NOSH N' DROSH- SUNDAY MORNING EDITION

Sunday, July 28 | 10:30-11:45 AM | Beit Midrash

**"The Dollars & Cents of the future of the Los Angeles Orthodox Community. Does It Add Up?"**

Raising a family is hard anywhere, but in Los Angeles it is especially difficult. Housing costs, day school tuition and even the premium we pay for kosher food outpaces most incomes. If you are just starting out – or even if you are a little more established – will you be able to live "your parents' Orthodox lives"? What steps can we take to create financially viable Orthodox lives for ourselves in this wonderful community in which we live? Join us to talk tachlis about our financial pressures in ways we wouldn't speak about them on a Shabbat. Panelists include real estate expert **Naomi Selick**, Shalhevet Head of School **Rabbi Ari Segal**, Jewish Communal Professional **Zach Morrow**, and survivor-of-the-financial-battles **Mark Rothman**. Moderated by **Benny Smith**.

New to BDJ? Please email [hello@bnaidavid.com](mailto:hello@bnaidavid.com) so we can introduce ourselves!

## UPCOMING

### NEW PROGRAM: SHIUR B'IVRIT! שיעור בעברית

Would you like to improve your spoken Hebrew? Your moment has arrived!

At BDJ we're going to start "talking the talk" as we inaugurate a regular D'var Torah in Hebrew (with the opportunity to ask what certain words mean!) We invite YOU to "walk the walk" and join us as a participant!

Here are the details:

WHAT:	A Dvar Torah given in the Hebrew language.
WHEN:	Shabbat morning, ten minutes SHARP after Adon Olam.
WHERE:	Usually in the Beit Midrash, elsewhere in the building if a particular week requires it.
HOW LONG:	It will last for not more than ten minutes, so everyone can still make their lunch on time!
HOW OFTEN:	Most Shabbat mornings, with exceptions when necessitated by BDJ programmatic conflicts.
REASON:	אם אתה שואל, זה הכרחי לך להשתתף.

Our exciting opening lineup:

August 3 – **Gil Melmed** · August 10 – **Sharon Merkin** · August 17 – **Rabbi Yitz Etshalom** ·  
August 24 – **Yaron Elad** · August 31 – **Gal Ben Naim**

## NOSH N' DROSH

Join us for our summer lecture program! To learn more, visit [www.bnaidavid.com/noshndrosh](http://www.bnaidavid.com/noshndrosh).

Shabbat, August 17 | 5:00 PM | Location TBD

### **“Making Space for Difference: Civil Discourse in a Charged Political Climate”**

Today it is more important than ever to learn to communicate civilly across the political divide. How can we come together to discuss our differences in politics and culture in a way that's both courteous and productive? Is it possible to open our hearts and minds to people with whom we disagree on fundamental truths? Join NewGround Executive Director **Aziza Hasan** and NewGround Change-Makers for an afternoon of diving into disagreement with deep listening.

Shabbat, August 24 | 5:30 PM | BDJ

### **“Parallel lives: Armenians and Jews, with Salpi Ghazarian and Rav Yosef”**

Beyond our shared experiences of 20th century genocide and facing our genocide-deniers, the Armenian and Jewish communities share much else as well, including the struggle over maintaining religious and cultural identity in diaspora. **Dr. Salpi Ghazarian**, Director of the USC Institute of Armenian Studies, will describe the experiences of the contemporary Armenian community (who number 160,000+ in greater LA!), and open doors of relationship between our communities.

Shabbat, August 31 | 5:00 PM | Location TBD

### **“What's the Value of College, Anyway?”**

Our community clearly values college education. Join UCLA Hillel Executive Director **Rabbi Aaron Lerner** and College Consultant **Rebecca Stuart-Orlowski** as we ask several disruptive -- if not heretical -- questions. How should we be educating our children beyond secondary school? What effect does college have on our children's Jewish identity? What are the competing/conflicting values in sending them to college in a time of rising campus antisemitism? What is the true value of college, anyway?

## MEMBERSHIP FORMS (2019-2020) AVAILABLE NOW!

Membership forms are available online (& by mail if requested) and due by Aug 15. If you are not already part of our **Trustee Circle**, please consider joining this year. Your one-time pledge will cover membership dues and annual & high holiday fees, holiday appeals, annual banquet, mishloach manot and our summer fundraiser.

To view the membership forms, visit [www.bnaidavid.com/5780](http://www.bnaidavid.com/5780).

## THE NINE DAYS & TISHA B'AV

### HALACHA HOW TO: THE NINE DAYS

Beginning Thursday night August 1, we transition from the “three weeks” to the “nine days”. The conceptual difference between the two, is that while during the three weeks we refrain from celebratory and musical events that are beyond the typical daily routine, during the nine days we diminish even simple everyday pleasures. In the words of the Mishna, מִמַּעֲטֵיךָ בְּשִׁמְחָה we consciously diminish our joy. The premise of this practice is that it is difficult to enter the state of mourning on Tisha B'av without preparation. Through creating a palpable sense of mournful tension in the week+ leading up, we are able to begin the reading of Eicha on the night of Tisha B'av already emotionally open to its words.

Here are the basic laws & customs of the Nine Days. Please do not hesitate to ask questions as they arise!

1. We do not eat meat or drink wine, other than on Shabbat. As has been true since the 17th of Tammuz, we do not attend parties or celebrations during the Nine Days.
2. We shower with cool (not warm) water & only for the time necessary to satisfy the needs of basic hygiene. Friday afternoon is an exception to this rule.
3. We do not swim during the nine days. (Instructional swimming is exempted until the beginning of the week in which Tisha B'Av actually falls).
4. We do not have our hair cut, and unless it is impossible to not do so, do not shave during this period.
5. We withhold from ourselves the luxury of wearing new garments. Except for on Shabbat, we refrain from wearing freshly cleaned or freshly laundered outer garments. [Please note, that the Halacha gives us a little bit of a break; it means “freshly laundered” in a very literal way. Clothing worn for even a few minutes before the nine days began is no longer defined as “freshly laundered.”]
6. We do not wash clothing during the nine days, even though we are not intending to wear that clothing until after Tisha B'Av. (Children's clothing that must be washed is exempted.)
7. In most calendar years we extend the practices of the nine days through midday on the 10th of Av. This year, as the 9th of Av falls on Shabbat, we'll actually be observing the entirety of the 10th of Av as “Tisha B'av”. Thus, the practice of extending mourning practices beyond the fast day itself does not apply this year, with one exception. For just the night following the fast (i.e. Sunday night) we still refrain from eating meat & drinking wine.
8. Regarding the recitation of Havdalah both at the end of the Shabbat that falls during the nine days and at the conclusion of Tisha B'av, it is preferable to give the cup of wine or grape juice to a minor, or to use a “significant beverage” such as beer or brewed coffee.

### TISHA B'AV ZMANIM

#### Shabbat, August 10

- 5:45 PM: Mincha
  - No shul Seudah Shlishit following Mincha. Your Seudah Shlishit at home must end by 7:45 PM
- 7:45 PM: The Fast of Tisha B'Av begins, even though Shabbat is not yet over.
- 8:26 PM Shabbat Concludes
  - Recite the simple formula of Havdalah: “Baruch HaMavdil ben Kodosh l'chol” & recite “Boreh Me'orei Haesh” over the havdalah candle. Don non-leather shoes & please proceed to shul as quickly as possible (you may drive).
- 8:45 PM: Ma'ariv followed by the reading of Eicha. Two venues this year for Ma'ariv & Eicha:
  - BDJ (Social Hall)
  - Schwarzberg Backyard (See below)

#### Sunday, August 11

- 8:30 AM: At Beth Jacob for Annual Joint BDJ-YICC Beth Jacob Shacharit & Kinot (No Shacharit at BDJ)
- Annual Mincha/Learning/Maariv with the larger Pico-Robertson Jewish Community
  - 5:45 PM: Special BDJ Mincha Minyan at Temple Beth Am (tallit & tefillin for Mincha)
  - 6:15 PM: “Yearning: *Nafshi Cholot Ahavatecha*” Breakout learning groups respectively led by clergy from BDJ, Temple Beth AM, IKAR, Temple Emanuel, Temple Isaiah; Personal reflections on “yearning” from congregants; Closing with *shira*.
  - 8:00 PM: Ma'ariv
- Mincha/Ma'ariv at BDJ
  - 7:15 PM Mincha (with tallit & tefillin) at BDJ
  - 7:45 PM: D'var Torah with Jordan Lurie
  - 8:05 PM: Ma'ariv
- 8:14 PM: Fast Ends

### BACKYARD MAARIV & EICHA

Join us for a backyard reading of Eicha at the home of Naomi & Ari Schwarzberg - 1657 S. Bedford St. Along with Eicha, we'll sing a little and share a few relevant words of reflection. Ma'ariv, followed by Eicha, begins at 8:45. Feel free to bring blankets, chairs, and/or flashlights. Men and Women will each be reading chapters of Eicha at this gathering.

Unveiling for father of **Neal Shapiro**, Irwin David Shapiro, August 11, 3:30 PM, Tisha B'Av, at Eden Memorial Park Mortuary, 11500 Sepulveda Blvd, Mission Hills.

**Assistance with minyan requested.**

## COMMUNITY ANNOUNCEMENTS

- ◆ **3-DAY MINI COURSE AT AJU:** Explore the dynamics between nature and Jewish thought and practice in biblical, liturgical, rabbinic and Kabbalistic texts, along with contemporary eco-philosophy in “The Transformative Encounter Between Judaism and Nature” July 30 and Aug. 5 at AJU between 10:30-12:00. Register: 310-444-15721
- ◆ **VOLUNTEERS NEEDED:** Music Mends Minds is a nonprofit that creates musical support groups for patients with Alzheimer’s, dementia, Parkinson’s, stroke, and PTSD. They meet every Tuesday at 1:30 at Roxbury Park. Tasks needed: helping set up, singing along, and helping to clear up. Ability to play an instrument would be highly appreciated. Contact Norton at 310-435-8074.
- ◆ **TORAH READER NEEDED:** Westwood Village Synagogue seeks regular or semi-regular Torah readers for Shabbat leining. Competitive rates based on experience; Shabbat hospitality available. Call 310-470-2296 or email skeeter@ucla.edu.
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## FAST FOR FEAST

Dear Friends,

Please join us this Tisha Bav, not just by fasting, but following the advice of the Prophet Isaiah and many great rabbis throughout the ages by taking the few dollars saved from abstaining from food, and donating them to Fast for Feast for hunger relief. Your fast will transform into a feast for our brothers and sisters in Israel, and support the work of Tomchei Shabbos right here in our community.

Wishing you an Easy Fast,  
Rav Yosef & Rabbanit Alissa

To donate, visit [www.fastforfeast.com/bdj](http://www.fastforfeast.com/bdj)

## EZRA NETWORK

If you’re dealing with challenges – like caring for an elderly parent or a teen in trouble or facing economic hardship – you can get help with financial assistance & government program eligibility, access to one-on-one sessions with a social worker, legal counselor or job counselor, as well as referrals for other services, & information about upcoming workshops. It’s all there for you – private & free.

- ⇒ **Social Worker:** (323) 229-0235
- ⇒ **Job Counselor:** (310) 622-3844
- ⇒ **Legal Counselor:** (323) 549-5827
- ⇒ [www.jewishla.org/ezra](http://www.jewishla.org/ezra)

## SECURITY ANNOUNCEMENT

The old Petco lot is now under construction. In the event of an emergency, our temporary point will be the alley between Livonia and Crest (south of Pico).

## BDJ'S UPCOMING EVENTS

- July 28 • Nosh N’ Drosh - Sunday Morning Edition : The Dollars & Cents of the Future of the Los Angeles Orthodox Community. Does It Add Up?
- August 11 • Tisha B’Av
- August 16 • Tu B’Av
- August 17 • Nosh N’ Drosh: “Making Space for Difference: Civil Discourse in a Charged Political Climate”
- August 24 • Nosh N’ Drosh: “Parallel Lives: Armenians & Jews”
- Rechov Yeladim Transition Day
- August 25 • Rechov Yeladim Counsellor Training Day
- August 31 • Nosh N’ Drosh: “What’s the Value of College Anyway?”

מי שברך אבותינו אברהם יצחק ויעקב ואמותינו שרה רבקה רחל ולאה הוא ברוך וירפא את החולים בעבור שאנחנו מתפללים בעבורם בשכר זה הקדוש ברוך הוא ימלא רחמים עליהם להחלימם ולרפואתם ולהחזיקם ולהחיותם וישלח להם מהרה רפואה שלמה מן השמים לכל אבריהם ולכל גדיהם בתוך שאר חולי ישראל רפואת הנפש ורפואת הגוף שבת היא מליעוק ורפואה קרובה לבוא השתא בעגלא ובזמן קריב ונאמר אמן.

## MI SHEBERACH LIST

\* Zacharia ben Bracha ve Yoel (Jeffrey Zack’s nephew) Chaya bat Tova Bleima (Sorel Lainer’s mother) \* Esther bat Devorah Bella (Mayer Schames’ mother) \* Emanuel ben Hinda (Mr. Sassover) \* Bella Rivka bat Rosa (Aharon Shimoni’s sister) \* Shulamit bat Ruchel Sheina (Selma Framson) \* Liran Ben Aliza \* Michael ben Malka (Max Wozniak) \* Chaya bat Bela (Mayer Bick’s mother) \* Tziporah bat Tova (Mrs. Sassover) \* Chayim Menashe ben Fruma (Manny Klein) \* Sarah Hindi bat Lily (Cary Glass’ mother) \* Yakot bat Esther (Colette Volvovic) \* Baila Malka bat Aida Ette (Ze’ev Korn’s mother) \* Yaakov ben Masha (Jack Plax) \* Chava bat Helen (Eva Magid) \* Chaim Aryeh ben Rivka \* Masha Hinda bat Malke Roisa \* Gittel bat Devora \* Yurachmiel Nussem Ben Reuben (Nan Gold’s brother) \* Rachel Leah bat Freydel Chaya \* Tova Chaya bat Leah Malkah \* Chaim Simcha ben Bracha (Gary Linder’s brother) \* Hersh Yaakov ben Chaya Leah (David Stein’s father) \* Saureet bat Yehudit (Saureet Hayill) \* Nechama Bracha Bat Yechiela \* Roben ben Parvin and Adam ben Aviva (Sabrina Balter’s brother and son) \* Yente bat Rochel Chava Devorah (David Klausner’s aunt) \* Moshe ben Shoshana (Martine Porter Zasada’s uncle) \* Harav Yitzchak ben Toba (Audrey Kraus’s Father) \* Shlomo Netaniel ben Nechama \* Chana bat Shifra (Ann Carol Goldberg) \* Aharon Ben Rosa \* Rafael ben Miriam \* Yehudah Moshe ben Leah \* Leah Rivkah bat Ada (Boaz Hepner’s mother) \* Aharon ben Madlen (Alon Saig’s father) \* Natan Zev ben Margalit Chana (Margy & Jeremy Horowitz’s son) \* Tova bat Sara (Terri Barach) \* Yehezkel ben Kaila (Fred Toczek’s father)\*

To add or remove a name from the list, please be in touch with Susan Fink at [stfink@gmail.com](mailto:stfink@gmail.com). Please note the BDJ Misheberch List policy states only BDJ members and their immediate family members may be added to the list.