

**THIS SHABBAT**

- **Candle Lighting:** 7:50 PM
- **Mincha:** 6:30 PM | Beit Midrash
- **Kabbalat Shabbat:** Mayer Shames
- **D'var Torah:** Rabbanit Alissa
- **8:25 Minyan:** Beit Midrash | Post-Davening Learning with Rena Selya Cohen
- **Main Minyan:** 9:00 AM | Main Sanctuary
- **Sof Zman Kriat Shema:** 9:23 AM
- **Shacharit:** Ariel Stein
- **Anim Zmirot & Concluding Services:** Zachary Schechter
- **Kriat HaTorah:** Alec Schramm
- **Torah:** Hertz: 686; Stone: 876
- **Haftarah:** Hertz: 710; Stone: 1192
- **Drasha:** Rabbanit Alissa
- **Musaf:** Tzvi Wolf
- **Mincha:** 7:35 PM
- **BDJ BW Mincha:** Cancelled this week.
- **Havdalah:** 8:52 PM

**HAPPENING THIS SHABBAT**

- ♦ **Kiddush in the Beit Midrash** is sponsored by BDJ.
- ♦ Seudah Shlishit in the Beit Midrash is sponsored by BDJ.
- ♦ Nothing but the Pshat with Akiva Newborn.

**BDJ BROADCASTS**

- ♦ Mazal Tov to **Stephen Isaacs** on his 70th birthday! A donation to the Kiddush Fund has been made by **Jillian Isaacs** in his honor.
- ♦ Mazal tov to **Selma Framson** on her upcoming 95th birthday! A donation to the Kiddush Fund has been made by the Shimoni family in her honor.
- ♦ Condolences to **Sarah Abraham & family** on the passing of her beloved grandfather, **Menachem Mendel (Manny) ben Shaul**<sup>z"l</sup>.
- ♦ Condolences to **Deb Mizrahi Smith & family** on the passing of her beloved uncle **Dr. Edward Mizrahi**<sup>z"l</sup>.
- ♦ Rav Yosef is in Israel July 1-26, completing a fellowship with the Shalom Hartman Institute. Rabbanit Alissa is here for our clergy needs.
- ♦ The **family of Daniel Barach**<sup>z"l</sup> wants to express their deep gratitude & appreciation to BDJ members for the out swelling of support at the time of Daniel's death. Thank you for the delicious meals, attendance at shiva minyan, shiva calls & all of the support given to **Terri, Dana, Eitan, Michael & the extended family**. Special thanks to Rav Yosef & Rabbanit Alissa.

SOCIAL HALL RENOVATIONS ARE ONGOING THROUGH AUGUST. PLEASE **DO NOT ENTER** THE SOCIAL HALL DURING THIS TIME.

**THIS WEEK**

**DAILY MINYAN SCHEDULE: JULY 8-14**

<b>SHACHARIT</b>	
Sunday	8:00 AM
Monday, Thursday	6:45 AM
Tuesday, Wednesday	7:00 AM
Friday—Rosh Chodesh Av	6:30 AM
<b>MINCHA/MA'ARIV</b>	
Sunday -Thursday	7:50 PM
Friday	6:30 PM
<b>SHABBAT— July 14</b>	
Shacharit & Rechov Yeladim	9:00 AM
Mincha	7:30 PM

**NOSH N' DROSH**

**A TASTE OF TORAH: A LITERAL NOSH N' DROSH**

**Next Shabbat! July 14 | 6:00 PM | BDJ Beit Midrash**

Come eat, drink & learn with **Dr. Jon Greenberg**, who specializes in the study of food & drink in Biblical and Rabbinic History & Halacha.

**\*\*\* REGISTER BY THIS TUESDAY, JULY 10 \*\*\***

Free for Signed-In Members | \$5 for Non-Members | Childcare (with dinner)  
<https://tinyurl.com/NND-DrJG2018>

**MEMBERSHIP FORMS (2018-2019) AVAILABLE**

Membership forms are available online (& by mail if requested).

This year, please consider joining our newly inaugurated **Trustee Circle**. Your one-time pledge will cover membership dues and annual & high holiday fees, holiday appeals, annual banquet, mishloach manot and our summer fundraiser.

More information can be found at the link below, or you may contact Adynna Swarz at 310-276-9269.

<https://www.bnaidavid.com/trusteecircle>

**FIRST YAHRZEIT & UNVEILING OF OUR BELOVED PAUL ILIE<sup>z"l</sup>**

It will take place this **Wednesday, July 11** at **11:00 AM** at Agudath Achim Cemetery, 1022 S. Downey Rd. (Center row, section 46). The family invites Paul's BDJ community to the brief service, followed by a luncheon in a kosher restaurant downtown. Please RSVP to Marie-Laure Ilie at [marilorilie@earthlink.net](mailto:marilorilie@earthlink.net).

Rabbi Yosef Kanefsky • Rabbanit Alissa Thomas-Newborn • Duke Helfand, President

**UPCOMING**

**COMMUNITY**

**MELAVE MALKA**

Join us for a Tu B'Av-themed Melave Malka, with Dov Rosenblatt & musicians!

**Sat., July 28 | 9:30-10:30 PM**  
 Lowe Residence | 9303 Bolton Rd.

**LEYL SHIRA**

Join us for an evening of music, singing, learning, community & dessert!

**Aug. 19 | 6:30-8:00 PM**  
 Melmed Residence | 9510 Bolton Rd.

REGISTER TODAY!

<https://www.bnaidavid.com/event/leylshira2018>



**NOSH N' DROSH**

**THE MEANING OF THE MUSIC: HOW TORAH READING WORKS**

**July 28 | 5:00 PM** | The Ciment Residence, 1450 Edris Dr.  
 Come learn with master lainer **Alex Fax** about how the system of laining works & how you can use it to enhance your Torah study.

**SERVICE OF THE HEART OR SERVICE OF THE RABBIS?**

**August 18 | 5:00 PM**  
 Program at the Abrams-Kanefsky Residence, 1537 Durango Ave.  
 Childcare at the Merkin Residence, 1541 S. Durango Ave.  
 Our tradition values spontaneous prayer yet legislates fixed prayer. **Rav Yosef** will learn the sources debating this tension with us & explore how we can try to create a multi-pronged path to a meaningful prayer life.

**#METOO: THE TORAH'S PERSPECTIVE ON THE COED WORKPLACE**

**August 25 | 5:00 PM** | Merritt Residence, 1905 Hillsboro Ave.  
 Join us in this coed conversation as we learn some of the Torah's tools in addressing the issues raised by the #metoo movement. **Rav Yosef & Rabbanit Alissa** will share personal reflections on their own professional dynamic.

*Childcare provided at all Nosh N' Drosh events*

**EDUCATION**

**SHAVUOT IN JULY?**

It's not as crazy as it sounds...  
**IF WE START NOW, WE'LL BE ABLE TO MEET OUR SHAVUOT 2019 GOAL TO PRODUCE A BOOKLET OF WELL-RESEARCHED TORAH ESSAYS BY BDJ MEMBERS, TO SHARE BOTH WITHIN & BEYOND OUR SHUL!**

See back table flyer for details.  
 -Rav Yosef & Rabbanit Alissa

**iENGAGE: ISRAEL'S MILESTONES & THEIR MEANINGS**

Periodically, over the last two years, we have been coming together to have important "community conversations"— conversations about politically-tinged but profoundly important topics about which reasonable minds disagree. The purpose has always been two-fold: to educate ourselves, and to become more skilled at having these kinds of conversations, listening to and hearing one another, and disagreeing in a mutually respectful way. This Fall, we will continue this effort in a significant way, as we engage with the Hartman Institute's excellent course on the history and political realities of Israel. Even if you're not usually a weeknight class person, encourage you in the strongest terms to participate in this 6-part course. The greater the spectrum of opinion that we have in the room, the more successful the course will be, and the deeper will be the blessing that accrues to our community. Please reserve your spot today!  
 - Rav Yosef

**iEngage: Israel's Milestones and Their Meanings** explores the pivotal events of 1917, 1947, and 1967 as key moments when Zionism unleashed new thinking about the meaning of Jewishness for generations to come. This iEngage series grapples with the different ideas and values that shape the meaning of modern Israel, Zionism, and Jewish identity today. Together we will engage in a new values-based discourse about Israel, including topics such as: nationhood, land, Sovereignty, Jerusalem, and Moral Red Lines.

Mondays | 7:45-9:15 PM | October 8 – November 12, 2018 | Location: BDJ Beit Midrash  
 Cost (for materials): \$25 | Members Only  
 RSVP to [www.bnaidavid.com/event/iengage-course.html](http://www.bnaidavid.com/event/iengage-course.html) or (310) 276-9269

**See back table flyer for more info.**



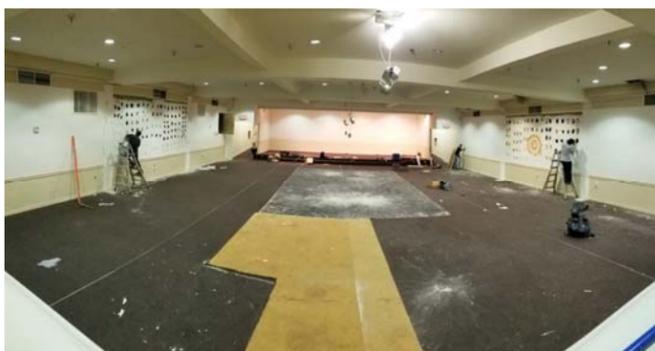
## SOCIAL HALL RENOVATION

### CONSTRUCTION IS MOVING ALONG!

Over the past two weeks, the mirrors and pillars have come down and the floors have begun to be prepped for the new carpet. More importantly, a lot of work is happening that you cannot see – mainly the electrical. Our system is being upgraded, we are adding more electrical outlets and capacity and prepping the walls and ceiling for new lighting.

Stay tuned for more updates in the weeks to come!

For questions or donation opportunities, contact Executive Director Adynna Swarz at [director@bnaidavid.com](mailto:director@bnaidavid.com).



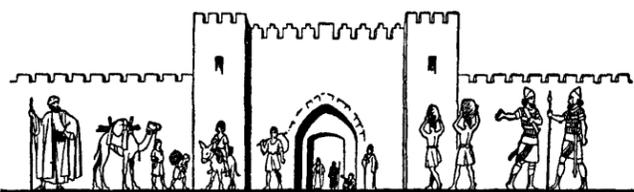
## HALACHA HOW TO

According to tradition, we spend the days from Rosh Chodesh Av through midday on the tenth of Av in a state of national mourning. This practice has its roots in the Talmud, and has taken more specific form as the centuries have passed. The premise upon which these Halachot is based, is that it would be difficult to meaningfully experience Tisha B'Av without preparation. We therefore create a personal and communal atmosphere of mourning beginning with Rosh Chodesh Av.

**This year, the “nine days” will start at sundown on Thursday, July 12 and end motzei Shabbat, July 21.**

Outlined below are the basic laws and customs of the “nine days.” Please don't hesitate to consult with Rabbanit Alissa regarding any personal she'elot (Halachic questions) you may have.

1. We do not eat meat or drink wine during the nine days, other than on Shabbat. As has been true since the 17<sup>th</sup> of Tammuz, we do not attend parties or celebrations during the nine days.
2. We shower with cool (rather than warm) water, and only for the length of time necessary to satisfy the needs of basic hygiene. Friday afternoon is an exception to this rule.
3. We do not swim during the nine days. (Instructional swimming is exempted until the beginning of the week in which Tisha B'Av actually falls).
4. We do not have our hair cut, and unless it is impossible to not do so, do not shave during this period.
5. We withhold from ourselves the luxury of wearing new garments. In addition, except for on Shabbat, we refrain from wearing freshly cleaned or freshly laundered outer garments as well. [Please note, that the Halacha gives us a little bit of a break regarding this custom. Halacha defines “freshly laundered” in a very literal way. Clothing worn for even a few minutes before the nine days began is no longer defined as “freshly laundered”.]
6. Also, we do not wash clothing during the nine days, even though we are not intending to wear that clothing until after Tisha B'Av. (Children's clothing that must be washed is exempted.)



## COMMUNITY ANNOUNCEMENTS

- ♦ **JEWISH LA SPECIAL NEEDS TRUST** presents Expert Perspectives on Planning Ahead for a Loved One with Disability: Legal, Financial, and Social Work Dimensions on **Thurs., 7/12 at 7:00 - 9:30 PM** at the Jewish Federation Building (6505 Wilshire Blvd). **RSVP** here: <https://www.eventbrite.com/e/3-perspectives-on-planning-ahead-for-an-adult-with-a-disability-tickets-46370179455>
- ♦ **LECTURE ON SHALOM BAYIS:** Women's class on **Mon., 7/16** at 8:00 PM and Men's class on **Tues., 7/17** at 8:00 PM at Adas Torah (9040 W Pico Blvd.). Complimentary class & free valet parking. [info@myshalombayis.com](mailto:info@myshalombayis.com)
- ♦ **YESHIVAT MAHARAT JOFA SUMMER TOUR: “Finding Meaning in Suffering”** with Rabbanit Alissa. **7/17 at 7:00 PM** at the home of Keren Wolf (4345 Sandburg Way, Irvine, CA). More info: [kworl@tarbut.com](mailto:kworl@tarbut.com).
- ♦ **NEW GROUND PROFESSIONAL CHANGE-MAKER PROGRAM:** This fellowship is for Change-Makers between 25-55 years of age, interested in Muslim-Jewish relations. Apply here: <https://tinyurl.com/ujqeqee> by 8/1.
- ♦ **YONINA CONCERT:** At Pico Union Project on 8/4. <https://goo.gl/f9PuLj>
- ♦ **\*\*\*NCYS GIVE GIRLS SUMMER PROGRAM** is coming to Pico on 8/10-11. They urgently need hosts for the girls! Email [beckerd@ncsy.org](mailto:beckerd@ncsy.org) if you can house girls!\*\*\*
- ♦ **YESH TIKVA: Infertili-TEA** featuring Dvora Entin, LCSW on **Wed., 8/16 at 7 PM**. RSVP: [events@yeshtikva.org](mailto:events@yeshtikva.org)
- ♦ **TOMCHEILA: Online job board** now open—connecting local employers with qualified candidates. Visit [www.tomcheila.org](http://www.tomcheila.org) or email [joblink@tomcheila.org](mailto:joblink@tomcheila.org).
- ♦ **BRCA FOUNDER OUTREACH STUDY: FREE BRCA tests** to those 25+ years of age who have one grandparent of Ashkenazi Jewish origin, and reside in LA. [www.BFORstudy.com](http://www.BFORstudy.com).
- ♦ **ETTA YOUTH TEAM:** For high school teens who want to work with teens with special needs. More info at [etta.org](http://etta.org) or email [eyt@etta.org](mailto:eyt@etta.org).
- ♦ **ACHILLES LA:** Able-bodied volunteers & runners with disabilities come together to train in an environment of support & community. <https://www.achillesla.org>
- ♦ **#ESHLEPLEDGE CAMPAIGN:** Shalhevet drafted a pledge to let LGBTQ students know they have nothing to fear. Eshel is taking the Pledge national with the #EshelPledge campaign. **Join the pledge today!** [www.eshelonline.org/pledge](http://www.eshelonline.org/pledge)
- ♦ **ALEPH INSTITUTE:** Special arrangements with the Federal Bureau of Prisons now allow Aleph volunteers to visit Jewish inmates one on one in the visiting room during visiting hours. Apply here: <https://tinyurl.com/alephinmates>
- ♦ **LA MIKVAH** now has online scheduling - no waiting required. Visit <https://lamikvah.org/home> for more info.
- ♦ **LOOKING FOR a short term (7-9 month) lease in the Beverlywood/Pico Robertson area starting on or before August 1st.** Ideally we would want a 3 bedroom house or duplex with outdoor space for our kids and dog. Please contact Lisa Kolieb at [lisakolieb@gmail.com](mailto:lisakolieb@gmail.com) or (310) 980-4233.

## BDJ'S UPCOMING EVENTS

- |           |                                    |
|-----------|------------------------------------|
| July 1-26 | • Rav Yosef in Israel              |
| July 14   | • Nosh N' Drosh: Dr. Jon Greenberg |
| July 28   | • Nosh N' Drosh: Alex Fax          |
| July 28   | • Melave Malka: Tu B'Av            |
| August 8  | • Membership Forms Due             |
| August 19 | • Leyl Shira                       |

מי שברך אבותינו אברהם יצחק ויעקב ואמותינו שרה רבקה רחל ולאה הוא יברך וירפא את החולים בעבור שאנחנו מתפללים בעבורם בשכר זה הקדוש ברוך הוא מלא רחמים עליהם להחלימם ולרפואתם ולהחיותם וישלח להם מהרה רפואה שלמה מן השמים לכל אבריהם ולכל גדיהם בתוך שאר חולי ישראל רפואת הנפש ורפואת הגוף שבת היא מלזעוק ורפואה קרובה לבוא השתא בעגלא ובזמן קריב ונאמר אמן.

## MISHEBERACH LIST

Please be in touch with Susan Fink at [stlfink@gmail.com](mailto:stlfink@gmail.com)

Chaya bat Tova Bleima (Sorel Lainer's mother) \* Pessie bat Chana (Martine Porter-Zasada's sister) \* Esther bat Devorah Bella (Mayer Schames' mother) \* Emanuel ben Hinda (Mr. Sassover) \* Bella Rivka bat Rosa (Aharon Shimoni's sister) \* Shulamit bat Ruchel Sheina (Selma Framson) \* Michael ben Malka (Max Wozniak) \* Chaya bat Bela (Mayer Bick's mother) \* Tziporah bat Tova (Mrs. Sassover) \* Shterna Sarah bat Tanya Leah \* Alicia Webster \* Chayim Menashe ben Fruma (Manny Klein) \* Liran ben Aliza \* Zoya bat Mazal \* Mordechai ben Dina \* Yitzchak ben Raizel (Ira Grose) \* Sarah Hindi bat Lily (Cary Glass's mother) \* Tila bat Miriam \* Pinchus Shalom Tzvi ben Ze'eva (Daniella Platt's friend's son) \* Hadassah Bat Lea \* Eitan Zev ben Nachama Sara Beilah \* Shmuel ben Miriam (Rica Bercovici's nephew) \* Aharon ben Rosa \* Helen Avivah bat Marietta Ruth \* Anna Louise bat Barbara Feige \* Tova Chaya bat Leah Malka \* Leah bat Liba \* Yosef Hiskiya ben Chaya \* Matisyahu Yoel Baruch ben Gittel (Marcus Freed) \* Tamar Pnina Gittel bat Aliza Rachel \* Yaacov Moshe bet Sarah \* Yakot bat Esther (Colette Volvovic) \* Yaffit Bat Monira \* Leah Rachel Bat Miriam Bat-tzion \* Ohad Chanan ben Malka \* Shirli Malka bat Aliza \* Achiya Binaymin ben Shirli Malka \* Elkana Asher ben Shirli Malka \* Yosefa Ariel bat Sarah (Kelila's mom) \* Rina Ariane bat Ayelet \* Yarachmiel Nessem Ben Reuben (Nan Gold's brother) \* Menachim ben Rachel \* Chaya Liel bat Tali \* Adinah Yehudit Bat Rische Chanah (Aidaire Klein) \* Yaakov Moshe Ben Etsel \* Baila Malka bat Aida Ete (Ze'ev Korn's mother) \* Tzivia Freidel bat Zlata Sima \* Yaakov ben Masha (Jack Plax) \* Avram Simcha Ben Miriam (Kelila Green's cousin) \* David ben Gilah \* Gilah bat Zoya \* Baruch ben Tamara \* Nachum ben Freda (Lou Gordon's Father) \* Tzachi ben Penina \* Rena bat Sarah (Sarah Abraham's aunt) \* Dvora bat Sara Raizel (Dora Shwarzstein)