



- **Candle Lighting:** 7:36 PM
- **Mincha:** 6:30 PM | Beit Midrash
- **Kabbalat Shabbat:** Ariel Stein
- **Dvar Torah:** Rav Yosef
- **8:25 Minyan:** Beit Midrash | Post Davening Learning with Rabbi Spodek
- **Main Minyan:** 9:00 AM | Main Sanctuary
- **Teen Minyan:** Will resume in late August
- **Sof Zman Kriyat Shema:** 9:33 AM
- **Shacharit:** Mayer Schames
- **Anim Zmirot & Concluding Services:** Yishai Wintner
- **Kriyat HaTorah:** Alec Schramm
- **Torah:** Hertz p. 702 & Stone p. 900
- **Haftarah:** Hertz p. 725 & Stone p. 1193
- **Musaf:** Rav Yosef
- **Mincha:** 7:15 PM
- **BDJ Beverlywood:** Will not meet this week.
- **Havdalah:** 8:33 PM

AUGUST 4–AUGUST 10

DAILY MINYAN SCHEDULE

SHACHARIT

Sunday	8:00 AM
Monday, Thursday	6:45 AM
Tuesday, Wednesday, Friday	7:00 AM

MINCHA/MA'ARIV

Sunday-Thursday	7:35 PM
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SHABBAT 8/9-8/10

Mincha/Kabbalat Shabbat	6:30 PM
Shacharit & Rechov Yeladim	9:00 AM
Shabbat Mincha	5:45 PM

HAPPENING THIS SHABBAT

- ◆ Shiur B'Ivrit in the Beit Midrash (See more below)
- ◆ Kiddush in the Social Hall sponsored by BDJ
- ◆ Seudah Shlishit in the Beit Midrash sponsored by BDJ
- ◆ Nothing But the Pshat with Dr. Sara Smith

BDJ BROADCASTS

- ◆ **Mazal Tov:** To **Leon Cohen** on the birth of a granddaughter, and to parents Ronnie & Rebecca Cohen of Chicago!
- ◆ **Welcome:** To new member **Michaly Lahat!**
- ◆ **Notice:** **Rabbanit Alissa** is on maternity leave. To contribute to her Meal Train, go to www.mealtrain.com/trains/v9l3yg. For any halachic or pastoral questions during this time, please contact Rav Yosef at ravyosef@bnaidavid.com.
- ◆ **Refuah Shlema:** To **Gil Segal** who is recovering from surgery. To contribute to his Meal Train, visit <https://mealtrain.com/3q2w5l>
- ◆ **Page Turners Needed:** The women's section requests more page-turners as the High Holidays approach and more slots are open. Thank you.

THIS SHABBAT

NEW PROGRAM: SHIUR B'IVRIT! שיעור בעברית

Beit Midrash | Ten Min. After Adon Olam

First Shiur TODAY with **Dr. Gil Melmed**

Would you like to improve your spoken Hebrew? Your moment has arrived! At BDJ we're going to start "talking the talk" as we inaugurate a regular D'var Torah in Hebrew (with the opportunity to ask what certain words mean!) We invite YOU to "walk the walk" and join us as a participant!

See inside for more dates and details.

5780

MEMBERSHIP FORMS (2019-2020) DUE IN 2 WEEKS!

Membership forms are available online (& by mail if requested) and due by Aug 15. If you are not already part of our **Trustee Circle**, please consider joining this year. Your one-time pledge will cover membership dues and annual & high holiday fees, holiday appeals, annual banquet, mishloach manot and our summer fundraiser.

To view the membership forms, visit www.bnaidavid.com/5780.

For questions about financial assistance, please email director@bnaidavid.com or call the office at 310-276-9269. Thank you for your support!

New to BDJ?

Please email hello@bnaidavid.com so we can introduce ourselves!

UPCOMING

NEW PROGRAM: SHIUR B'IVRIT! שיעור בעברית

Would you like to improve your spoken Hebrew? Your moment has arrived!

At BDJ we're going to start "talking the talk" as we inaugurate a regular D'var Torah in Hebrew (with the opportunity to ask what certain words mean!) We invite YOU to "walk the walk" and join us as a participant!

Here are the details:

WHAT:	A Dvar Torah given in the Hebrew language.
WHEN:	Shabbat morning, ten minutes SHARP after Adon Olam.
WHERE:	Usually in the Beit Midrash, elsewhere in the building if a particular week requires it.
HOW LONG:	It will last for not more than ten minutes, so everyone can still make their lunch on time!
HOW OFTEN:	Most Shabbat mornings, with exceptions when necessitated by BDJ programmatic conflicts.
REASON:	אם אתה שואל, זה הכרחי לך להשתתף.

Our exciting opening lineup:

August 3 – **Gil Melmed** · August 10 – **Sharon Merkin** · August 17 – **Rabbi Yitz Etshalom** ·
August 24 – **Yaron Elad** · August 31 – **Gal Ben Naim**

NOSH N' DROSH

Join us for our summer lecture program! To learn more, visit www.bnaidavid.com/noshndrosh.

Shabbat, August 17 | 5:00 PM | Selick Home | 9315 Oakmore Rd.

"Making Space for Difference: Civil Discourse in a Charged Political Climate"

Today it is more important than ever to learn to communicate civilly across the political divide. How can we come together to discuss our differences in politics and culture in a way that's both courteous and productive? Is it possible to open our hearts and minds to people with whom we disagree on fundamental truths? Join NewGround Executive Director **Aziza Hasan** and NewGround Change-Makers for an afternoon of diving into disagreement with deep listening.

Childcare at Helperin Home | 9338 Oakmore Rd

Shabbat, August 24 | 5:30 PM | BDJ

"Parallel lives: Armenians and Jews, with Salpi Ghazarian and Rav Yosef"

Beyond our shared experiences of 20th century genocide and facing our genocide-deniers, the Armenian and Jewish communities share much else as well, including the struggle over maintaining religious and cultural identity in diaspora. **Dr. Salpi Ghazarian**, Director of the USC Institute of Armenian Studies, will describe the experiences of the contemporary Armenian community (who number 160,000+ in greater LA!), and open doors of relationship between our communities.

Shabbat, August 31 | 5:00 PM | Weinreb Home | 1735 S. Canfield Ave

"What's the Value of College, Anyway?"

Our community clearly values college education. Join UCLA Hillel Executive Director **Rabbi Aaron Lerner** and College Consultant **Rebecca Stuart-Orlowski** as we ask several disruptive -- if not heretical -- questions. How should we be educating our children beyond secondary school? What effect does college have on our children's Jewish identity? What are the competing/conflicting values in sending them to college in a time of rising campus antisemitism? What is the true value of college, anyway?

Childcare at Adatto Home | 1751 S. Canfield Ave

SHAVUOT IN JULY??

Not as crazy as it sounds.

Last year at this time we kicked off the effort that produced our **spectacular** "The Shavuot Project: First Edition". Thank you again to all of the contributors and editors, and to Cindy Abrookin who oversaw the project!

We want YOU for "The Shavuot Project: Second Edition". Same deal as last year: Sign up to write an essay on any topic that you are interested in researching, and Rav Yosef or Rabbanit Alissa will be privileged to be your resource and chevruta as you research and write!

~How to get started?~

Please contact one of us as soon as tonight to signal your desire to give this a shot. You're of course welcome to do this on your own too. Just let us know that you'll be doing so!

So, not so crazy.

Rav Yosef and Rabbanit Alissa

THE NINE DAYS & TISHA B'AV

HALACHA HOW TO: THE NINE DAYS

Beginning Thursday night August 1, we transitioned from the “three weeks” to the “nine days”. The conceptual difference between the two, is that while during the three weeks we refrain from celebratory and musical events that are beyond the typical daily routine, during the nine days we diminish even simple everyday pleasures. In the words of the Mishna, ממעטין בשמחה we consciously diminish our joy. The premise of this practice is that it is difficult to enter the state of mourning on Tisha B'av without preparation. Through creating a palpable sense of mournful tension in the week+ leading up, we are able to begin the reading of Eicha on the night of Tisha B'av already emotionally open to its words.

Here are the basic laws & customs of the Nine Days. Please do not hesitate to ask questions as they arise!

1. We do not eat meat or drink wine, other than on Shabbat. As has been true since the 17th of Tammuz, we do not attend parties or celebrations during the Nine Days.
2. We shower with cool (not warm) water & only for the time necessary to satisfy the needs of basic hygiene. Friday afternoon is an exception to this rule.
3. We do not swim during the nine days. (Instructional swimming is exempted until the beginning of the week in which Tisha B'Av actually falls).
4. We do not have our hair cut, and unless it is impossible to not do so, do not shave during this period.
5. We withhold from ourselves the luxury of wearing new garments. Except for on Shabbat, we refrain from wearing freshly cleaned or freshly laundered outer garments. [Please note, that the Halacha gives us a little bit of a break; it means “freshly laundered” in a very literal way. Clothing worn for even a few minutes before the nine days began is no longer defined as “freshly laundered.”]
6. We do not wash clothing during the nine days, even though we are not intending to wear that clothing until after Tisha B'Av. (Children's clothing that must be washed is exempted.)
7. In most calendar years we extend the practices of the nine days through midday on the 10th of Av. This year, as the 9th of Av falls on Shabbat, we'll actually be observing the entirety of the 10th of Av as “Tisha B'av”. Thus, the practice of extending mourning practices beyond the fast day itself does not apply this year, with one exception. For just the night following the fast (i.e. Sunday night) we still refrain from eating meat & drinking wine.
8. Regarding the recitation of Havdalah both at the end of the Shabbat that falls during the nine days and at the conclusion of Tisha B'av, it is preferable to give the cup of wine or grape juice to a minor, or to use a “significant beverage” such as beer or brewed coffee.

TISHA B'AV ZMANIM

Shabbat, August 10

- 5:45 PM: Mincha
 - No shul Seudah Shlishit following Mincha. Your Seudah Shlishit at home must end by 7:45 PM
- 7:45 PM: The Fast of Tisha B'Av begins, even though Shabbat is not yet over.
- 8:26 PM Shabbat Concludes
 - Recite the simple formula of Havdalah: “Baruch HaMavdil ben Kodesh l'chol” & recite “Boreh Me'orei Haesh” over the havdalah candle. Don non-leather shoes & please proceed to shul as quickly as possible (you may drive).
- 8:45 PM: Ma'ariv followed by the reading of Eicha. Two venues this year for Ma'ariv & Eicha:
 - BDJ (Social Hall)
 - Schwarzberg Backyard (See below)

Sunday, August 11

- 8:30 AM: At Beth Jacob for Annual Joint BDJ-YICC-Beth Jacob Shacharit & Kinot (No Shacharit at BDJ)
- Annual Mincha/Learning/Maariv with the larger Pico-Robertson Jewish Community
 - 5:45 PM: Special BDJ Mincha Minyan at Temple Beth Am (tallit & tefillin for Mincha)
 - 6:15 PM: “Yearning: *Nafshi Cholot Ahavatecha*” Breakout learning groups respectively led by clergy from BDJ, Temple Beth AM, IKAR, Temple Emanuel, Temple Isaiah; Personal reflections on “yearning” from congregants, including BDJ's **Robby Helperin**; Closing with *shira*.
 - 8:00 PM: Ma'ariv
- Mincha/Ma'ariv at BDJ
 - 7:15 PM Mincha (with tallit & tefillin) at BDJ
 - 7:45 PM: D'var Torah with Jordan Lurie
 - 8:05 PM: Ma'ariv

BACKYARD MAARIV & EICHA

Join us for a backyard reading of Eicha at the home of Naomi & Ari Schwarzberg - 1657 S. Bedford St. Along with Eicha, we'll sing a little and share a few relevant words of reflection. Ma'ariv, followed by Eicha, begins at 8:45. Feel free to bring blankets, chairs, and/or flashlights. Please bring your own Siddur/Eicha. Men and Women will each be reading chapters of Eicha at this gathering.

Unveiling for father of **Neal Shapiro**, Irwin David Shapiro, August 11, 3:30 PM, Tisha B'Av, at Eden Memorial Park Mortuary, 11500 Sepulveda Blvd, Mission Hills.

Assistance with minyan requested.

COMMUNITY ANNOUNCEMENTS

- ◆ **BNEI AKIVA:** Snif will resume after the summer. Stay tuned!
- ◆ **DOVID OVED RETREAT CENTER:** Booking calendar filling up! Reserve your family simcha or organizational retreat/Shabbaton now! Info: 310-248-2450 ext 2 or monica@dovidoved.org
- ◆ **MOSHAVA ALEVY:** Summer 2020 Open! www.moshavaalevy.org
- ◆ **3-DAY MINI COURSE AT AJU:** Explore the dynamics between nature and Jewish thought and practice in biblical, liturgical, rabbinic and Kabbalistic texts, & contemporary eco-philosophy in "The Transformative Encounter Between Judaism and Nature" Aug. 5 at AJU between 10:30-12:00. Register: 310-444-15721
- ◆ **VOLUNTEERS NEEDED:** Music Mends Minds is a nonprofit that creates musical support groups for patients with Alzheimer's, dementia, Parkinson's, stroke, and PTSD. They meet every Tuesday at 1:30 at Roxbury Park. Tasks needed: helping set up, singing along, and helping to clear up. Ability to play an instrument would be highly appreciated. Contact Norton at 310-435-8074.
- ◆ **TORAH READER NEEDED:** Westwood Village Synagogue seeks regular or semi-regular Torah readers for Shabbat leining. Competitive rates based on experience; Shabbat hospitality available. Call 310-470-2296 or email skeiter@ucla.edu.
- ◆ **YOETZET HALACHA PROGRAM:** Presents: "Pots, Pans, & Clenched Hands: Mental Health & Halacha" by Yoetzet Halacha Ilana Gadish & Dr. Leora Orenbuch. Wednesday, August 7th at 8:00 PM at the home of Robin Gelman, 324 North Las Palmas Ave. For Women Only. Contact yoetzethalacha@gmail.com for questions.

EZRA NETWORK

If you're dealing with challenges – like caring for an elderly parent or a teen in trouble or facing economic hardship – you can get help with financial assistance & government program eligibility, access to one-on-one sessions with a social worker, legal counselor or job counselor, as well as referrals for other services, & information about upcoming workshops. It's all there for you – private & free.

- ⇒ **Social Worker:** (323) 229-0235
- ⇒ **Job Counselor:** (310) 622-3844
- ⇒ **Legal Counselor:** (323) 549-5827
- ⇒ www.jewishla.org/ezra

FAST FOR FEAST

Dear Friends,

Please join us this Tisha Bav, not just by fasting, but following the advice of the Prophet Isaiah and many great rabbis throughout the ages by taking the few dollars saved from abstaining from food, and donating them to Fast for Feast for hunger relief. Your fast will transform into a feast for our brothers and sisters in Israel, and support the work of Tomchei Shabbos right here in our community.

Wishing you an Easy Fast,
Rav Yosef & Rabbanit Alissa

To donate, visit www.fastforfeast.com/bdj

BDJ'S UPCOMING EVENTS

- August 11 • Tisha B'Av
- August 15 • Membership Forms Due
- August 16 • Tu B'Av
- August 17 • Nosh N' Drosh: "Making Space for Difference: Civil Discourse in a Charged Political Climate"
- August 24 • Nosh N' Drosh: "Parallel Lives: Armenians & Jews"
- Rechov Yeladim Transition Day
- August 25 • Rechov Yeladim Counselor Training Day
- August 31 • Nosh N' Drosh: "What's the Value of College Anyway?"

מי שברך אבותינו אברהם יצחק ויעקב ואמותינו שרה רבקה רחל ולאה הוא יברך וירפא את החולים בעבור שאנחנו מתפללים בעבורם בשכר זה הקדוש ברוך הוא ימלא רחמים עליהם להחלימם ולרפואתם ולהחזיקם ולהחיותם וישלח להם מהרה רפואה שלמה מן השמים לכל אבריהם ולכל גדיהם בתוך שאר חולי ישראל רפואת הגוף ורפואת הגוף שבת היא מלועוק ורפואה קרובה לבוא השתא בעגלא ובזמן קריב ונאמר אמן.

MI SHEBERACH LIST

* Zacharia ben Bracha ve Yoel (Jeffrey Zack's nephew) Chaya bat Tova Bleima (Sorel Lainer's mother) * Esther bat Devorah Bella (Mayer Schames' mother) * Emanuel ben Hinda (Mr. Sassover) * Bella Rivka bat Rosa (Aharon Shimoni's sister) * Shulamit bat Ruchel Sheina (Selma Framson) * Liran Ben Aliza * Michael ben Malka (Max Wozniak) * Chaya bat Bela (Mayer Bick's mother) * Tziporah bat Tova (Mrs. Sassover) * Chayim Menashe ben Fruma (Manny Klein) * Sarah Hindi bat Lily (Cary Glass' mother) * Yakot bat Esther (Colette Volvovic) * Baila Malka bat Aida Ette (Ze'ev Korn's mother) * Yaakov ben Masha (Jack Plax) * Chava bat Helen (Eva Magid) * Chaim Aryeh ben Rivka * Masha Hinda bat Malke Roisa * Gittel bat Devora * Yurachmiel Nussem Ben Reuben (Nan Gold's brother) * Rachel Leah bat Freydel Chaya * Tova Chaya bat Leah Malkah * Chaim Simcha ben Bracha (Gary Linder's brother) * Hersh Yaakov ben Chaya Leah (David Stein's father) * Saureet bat Yehudit (Saureet Hayill) * Nechama Bracha Bat Yechiela * Roben ben Parvin and Adam ben Aviva (Sabrina Balter's brother and son) * Yente bat Rochel Chava Devorah (David Klausner's aunt) * Moshe ben Shoshana (Martine Porter Zasada's uncle) * Harav Yitzchak ben Toba (Audrey Kraus's Father) * Shlomo Netaniel ben Nechama * Chana bat Shifra (Ann Carol Goldberg) * Aharon Ben Rosa * Rafael ben Miriam * Yehudah Moshe ben Leah * Leah Rivkah bat Ada (Boaz Hepner's mother) * Aharon ben Madlen (Alon Saig's father) * Natan Zev ben Margalit Chana (Margy & Jeremy Horowitz's son) * Tova bat Sara (Terri Barach) * Yehezkel ben Kaila (Fred Toczek's father) * Gilad ben Chaya Elisheva (Gil Segal)

To add or remove a name from the list, please be in touch with Susan Fink at stfink@gmail.com. Please note the BDJ Mischeberch List policy states only BDJ members and their immediate family members may be added to the list.