



- **Candle Lighting:** 7:29 PM
- **Mincha:** 6:30 PM | Beit Midrash
- **Kabbalat Shabbat:** Max Rubin
- **Dvar Torah:** Rav Yosef
- **8:25 Minyan:** Beit Midrash | Post Davening Learning with Rabbi Schwarzberg
- **Main Minyan:** 9:00 AM | Main Sanctuary
- **Teen Minyan:** Will resume in late August
- **Sof Zman Kriyat Shema:** 9:34 AM
- **Shacharit:** Michael Feldman
- **Anim Zmirot & Concluding Services:** Elijah Balter
- **Kriyat HaTorah:** Mayer Bick
- **Torah:** Hertz p. 736 & Stone p. 938
- **Haftarah:** Hertz p. 750 & Stone p. 1195
- **Drasha:** Rav Yosef
- **Musaf:** Josh Singer
- **Mincha:** 5:45 PM *No Seudah Shlishit; Conclude Seudah Shlishit at home by 7:45 PM*
- **BDJ Beverlywood:** Will not meet this week.
- **Havdalah:** 8:26 PM *See inside for Havdalah instructions*

**AUGUST 11–AUGUST 17**

**DAILY MINYAN SCHEDULE**

**SHACHARIT**

|                                 |            |
|---------------------------------|------------|
| Sunday (see inside for details) | Fast of Av |
| Monday, Thursday                | 6:45 AM    |
| Tuesday, Wednesday, Friday      | 7:00 AM    |

**MINCHA/MA'ARIV**

|                                 |            |
|---------------------------------|------------|
| Sunday (see inside for details) | Fast of Av |
| Monday—Thursday                 | 7:00 PM    |

**SHABBAT 8/16-8/17**

|                            |         |
|----------------------------|---------|
| Mincha/Kabbalat Shabbat    | 6:30 PM |
| Shacharit & Rechov Yeladim | 9:00 AM |
| Shabbat Mincha             | 5:45 PM |

**HAPPENING THIS SHABBAT**

- ◆ Shabbat Hazon
- ◆ Shiur B'Ivrit in the Beit Midrash (See more below)
- ◆ Kiddush in the Social Hall sponsored by **Friends of the Dolenskys** in honor of their 18 years in the BDJ Community. We wish them *hatzlachah* in their new community in Irvine!
- ◆ A donation to the Kiddush fund has been made by **Dalia and Aron Youngerwood** who will miss their BDJ family while they are in Israel this upcoming year.

**BDJ BROADCASTS**

- ◆ **Notice: Rabbanit Alissa** is on maternity leave. For any halachic or pastoral questions during this time, please contact Rav Yosef at [razyosef@bnaidavid.com](mailto:razyosef@bnaidavid.com).
- ◆ **Page Turners Needed:** The women's section requests more page-turners as the High Holidays approach and more slots are open. Thank you.
- ◆ **Fast of Tisha B'Av:** This Sunday. See inside for zmanim and programming.
- ◆ **Welcome:** To our new members:
  - Rachel Olshin • Daniella Saghian
- ◆ **Mazal Tov:** To **Jenny & Billie Gelb** on the birth of a granddaughter in New York to Amanda G & Miki Friedman!

**THIS SHABBAT**

**NEW PROGRAM: SHIUR B'IVRIT! שיעור בעברית**

Beit Midrash | Ten Min. After Adon Olam | with **Sharon Merkin**  
 Would you like to improve your spoken Hebrew? Your moment has arrived! At BDJ we're going to start "talking the talk" as we inaugurate a regular D'var Torah in Hebrew (with the opportunity to ask what certain words mean!) We invite YOU to "walk the walk" and join us as a participant!  
*See inside for more dates and details.*

**5780**

**MEMBERSHIP FORMS (2019-2020) DUE THIS WEEK!**

Membership forms are available online (& by mail if requested) and due by Aug 15. If you are not already part of our **Trustee Circle**, please consider joining this year. Your one-time pledge will cover membership dues and annual & high holiday fees, holiday appeals, annual banquet, mishloach manot and our summer fundraiser.

To view the membership forms, visit [www.bnaidavid.com/5780](http://www.bnaidavid.com/5780). For questions about financial assistance, please email [director@bnaidavid.com](mailto:director@bnaidavid.com) or call the office at 310-276-9269. Thank you for your support!

**New to BDJ?**

Please email [hello@bnaidavid.com](mailto:hello@bnaidavid.com) so we can introduce ourselves!

**NEXT SHABBAT**

- ◆ **YP Minyan:** at 9:30 AM in the Beit Midrash
- ◆ **Nosh N' Drosh:** See inside for details

## THIS SUNDAY: TISHA B'AV

### HALACHA HOW-TO

1. The mournful "Seudah Hamafseket" (final meal) with the egg & bread is NOT eaten when Tisha B'Av begins on Saturday night.
2. Tisha B'Av is similar in many ways to Yom Kippur. The fast is a full "24+" hours, and the restrictions of the day include not washing one's body (except for hand-washing in the morning), not wearing leather shoes, and refraining from marital relations, in addition to not eating and drinking. Additionally, on Tisha B'Av, all those who are physically able to do so sit on the floor or on low stools rather than chairs. [This last custom extends only until midday] All of this is included to help generate a shiva-like feeling of loss & grief. This feeling can then serve as the framework for the prayers & kinot of the day.
3. Tisha B'Av does not have the status of Shabbat. Nonetheless, the less time we can spend at "work" work, the better. Also, if going to work can be delayed until midday (12:59 PM) that option should be pursued. Perhaps the most awkward custom of Tisha B'Av is that of not exchanging greetings throughout the fast. This too is borrowed from the laws of shiva. Though it feels odd to not say "hello" to the people we see in Shul, the pointed avoidance of exchanging pleasantries helps to create the atmosphere of sad reflection.
4. Neither tallit nor tefillin are worn on the morning of Tisha B'Av. Both are symbols of Israel's glory & neither is appropriate as we sit on the floor in the depths of dismay. Tallit & tefillin are worn at Mincha, as the gloom of the day slowly begins to lift.
5. As was mentioned above, the custom of sitting on the floor ends at midday, which falls this year at 12:59 PM.

### TISHA B'AV ZMANIM

#### Shabbat, August 10

- 5:45 PM: Mincha
  - No shul Seudah Shlishit following Mincha. Your Seudah Shlishit at home must end by 7:45 PM
- 7:45 PM: The Fast of Tisha B'Av begins, even though Shabbat is not yet over.
- 8:26 PM Shabbat Concludes
  - Recite the simple formula of Havdalah, "Baruch HaMavdil ben Kodesh l'chol" & recite "Boreh Me'orei Haesh" over the havdalah candle. Don non-leather shoes & please proceed to shul as quickly as possible (you may drive).
- 8:45 PM: Ma'ariv followed by the reading of Eicha. Two venues this year for Ma'ariv & Eicha:
  - BDJ (Social Hall)
  - Schwarzberg Backyard (See below)

#### Sunday, August 11

- 8:30 AM: At Beth Jacob for Annual Joint BDJ-YICC-Beth Jacob Shacharit & Kinot (No Shacharit at BDJ)
- Annual Mincha/Learning/Maariv with the larger Pico-Robertson Jewish Community
  - 5:45 PM: Special BDJ Mincha Minyan at Temple Beth Am (tallit & tefillin for Mincha)
  - 6:15 PM: "Yearning: *Nafshi Cholat Ahavatecha*" Breakout learning groups respectively led by clergy from BDJ, Temple Beth AM, IKAR, Temple Emanuel, Temple Isaiah; Personal reflections on "yearning" from congregants, including BDJ's **Robby Helperin**; Closing with *shira*.
  - 8:00 PM: Ma'ariv
- Mincha/Ma'ariv at BDJ
  - 7:15 PM Mincha (with tallit & tefillin) at BDJ
  - 7:45 PM: D'var Torah with Jordan Lurie
  - 8:05 PM: Ma'ariv
- 8:14 PM: Fast Ends

### BACKYARD MAARIV & EICHA

Join us for a backyard reading of Eicha at the home of Naomi & Ari Schwarzberg - 1657 S. Bedford St. Along with Eicha, we'll sing a little and share a few relevant words of reflection. Ma'ariv, followed by Eicha, begins at 8:45. Feel free to bring blankets, chairs, and/or flashlights. Please bring your own Siddur/Eicha. Men and Women will each be reading chapters of Eicha at this gathering.

Unveiling for father of **Neal Shapiro**, Irwin David Shapiro, August 11, 3:30 PM, Tisha B'Av, at Eden Memorial Park Mortuary, 11500 Sepulveda Blvd, Mission Hills.

**Assistance with minyan requested.**

### NEXT WEEK

#### NOSH N' DROSH

Shabbat, August 17 | 5:00 PM | Selick Home | 9315 Oakmore Rd.

#### "Making Space for Difference: Civil Discourse in a Charged Political Climate"

Today it is more important than ever to learn to communicate civilly across the political divide. How can we come together to discuss our differences in politics and culture in a way that's both courteous and productive? Is it possible to open our hearts and minds to people with whom we disagree on fundamental truths? Join NewGround Executive Director **Aziza Hasan** and NewGround Change-Makers for an afternoon of diving into disagreement with deep listening.

**Childcare at Helperin Home | 9338 Oakmore Rd**

## UPCOMING

### NEW PROGRAM: SHIUR B'IVRIT! שיעור בעברית

Would you like to improve your spoken Hebrew? Your moment has arrived!

At BDJ we're going to start "talking the talk" as we inaugurate a regular D'var Torah in Hebrew (with the opportunity to ask what certain words mean!) We invite YOU to "walk the walk" and join us as a participant!

Today with **Sharon Merkin!**

|            |                                                                                             |
|------------|---------------------------------------------------------------------------------------------|
| WHAT:      | A Dvar Torah given in the Hebrew language.                                                  |
| WHEN:      | Shabbat morning, ten minutes SHARP after Adon Olam.                                         |
| WHERE:     | Usually in the Beit Midrash, elsewhere in the building if a particular week requires it.    |
| HOW LONG:  | It will last for not more than ten minutes, so everyone can still make their lunch on time! |
| HOW OFTEN: | Most Shabbat mornings, with exceptions when necessitated by BDJ programmatic conflicts.     |
| REASON:    | אם אתה שואל, זה הכרחי לך להשתתף.                                                            |

#### Upcoming Lineup:

August 17 – **Rabbi Yitz Etshalom** · August 24 – **Yaron Elad** · August 31 – **Gal Ben Naim**

## NOSH N' DROSH

Shabbat, August 24 | 5:30 PM | BDJ

### "Parallel Lives: Armenians and Jews, with Salpi Ghazarian and Rav Yosef"

Beyond our shared experiences of 20th century genocide and facing our genocide-deniers, the Armenian and Jewish communities share much else as well, including the struggle over maintaining religious and cultural identity in diaspora. **Dr. Salpi Ghazarian**, Director of the USC Institute of Armenian Studies, will describe the experiences of the contemporary Armenian community (who number 160,000+ in greater LA!), and open doors of relationship between our communities.

Shabbat, August 31 | 5:00 PM | Weinreb Home | 1735 S. Canfield Ave

### "What's the Value of College, Anyway?"

Our community clearly values college education. Join UCLA Hillel Executive Director **Rabbi Aaron Lerner** and College Consultant **Rebecca Stuart-Orlowski** as we ask several disruptive -- if not heretical -- questions. How should we be educating our children beyond secondary school? What effect does college have on our children's Jewish identity? What are the competing/conflicting values in sending them to college in a time of rising campus antisemitism? What is the true value of college, anyway?

Childcare at Adatto Home | 1751 S. Canfield Ave

## RECHOV YELADIM

### TRANSITION SHABBAT

Shabbat, August 24 | Rechov Yeladim

It's time to MOVE ON UP to the next group at Rechov Yeladim! Your child might be in a new room with new counselors and new toys so please leave a little extra time for the transition. Counselors and staff will be available to explain it all and make sure that everyone makes it to the right group in the right room! If you have any questions please email Alon at [alon@bnaidavid.com](mailto:alon@bnaidavid.com).

- Group placement is based on the child's grade as of September. Your child will stay in the same room for the entire year.
- Children in Grades 3 and 5 will stay in their current combined grade room.
- Exception: Babies can join as early as 6 months and can graduate to the toddler room as early as 18 months, when they're ready!

### RECHOV YELADIM COUNSELOR TRAINING

Sunday, August 25 | Rechov Yeladim

Counselor and CPR Training. Contact [Alon@bnaidavid.com](mailto:Alon@bnaidavid.com) if you're interested in becoming a counselor.

## SHAVUOT IN AUGUST??

Not as crazy as it sounds. Last year at this time we kicked off the effort that produced our **spectacular** "The Shavuot Project: First Edition". Thank you again to all of the contributors and editors, and to Cindy Abrookin who oversaw the project! We want YOU for "The Shavuot Project: Second Edition". Same deal as last year: Sign up to write an essay on any topic that you are interested in researching, and Rav Yosef or Rabbanit Alissa will be privileged to be your resource and chevruta as you research and write! ~How to get started?~ Please contact one of us as soon as tonight to signal your desire to give this a shot. You're of course welcome to do this on your own too. Just let us know that you'll be doing so! So, not so crazy. Rav Yosef and Rabbanit Alissa

## COMMUNITY ANNOUNCEMENTS

- ◆ **BNEI AKIVA:** Snif will resume after the summer. Stay tuned!
- ◆ **DOVID OVED RETREAT CENTER:** Booking calendar filling up! Reserve your family simcha or organizational retreat/Shabbaton now! Info: 310-248-2450 ext 2 or monica@dovidoved.org
- ◆ **MOSHAVA ALEVY:** Summer 2020 Open! [www.moshavaalevy.org](http://www.moshavaalevy.org)
- ◆ **VOLUNTEERS NEEDED:** Music Mends Minds is a nonprofit that creates musical support groups for patients with Alzheimer's, dementia, Parkinson's, stroke, and PTSD. They meet every Tuesday at 1:30 at Roxbury Park. Tasks needed: helping set up, singing along, and helping to clear up. Ability to play an instrument would be highly appreciated. Contact Norton at 310-435-8074.
- ◆ **TORAH READER NEEDED:** Westwood Village Synagogue seeks regular or semi-regular Torah readers for Shabbat leining. Competitive rates based on experience; Shabbat hospitality available. Call 310-470-2296 or email [skeiter@ucla.edu](mailto:skeiter@ucla.edu).
- ◆ **REMEMBRANCE EVENT:** "How Will We Remember the Shoah After the Passing of the Last Survivor?" On Sunday, Sep. 8 at 7:00 PM at the Museum of Tolerance, The Jewish Community Foundation of LA presents Michael Berenbaum, PhD for a discussion. Registration is mandatory by Wed, Sep. 4 at [gbaquet@jewishfoundationla.org](mailto:gbaquet@jewishfoundationla.org) or 323-761-8725.

## SECURITY ANNOUNCEMENT

The old Petco lot is now under construction. In the event of an emergency, our temporary point will be the alley between Livonia and Crest (south of Pico).

## EZRA NETWORK

If you're dealing with challenges – like caring for an elderly parent or a teen in trouble or facing economic hardship – you can get help with financial assistance & government program eligibility, access to one-on-one sessions with a social worker, legal counselor or job counselor, as well as referrals for other services, & information about upcoming workshops. It's all there for you – private & free.

- ⇒ **Social Worker:** (323) 229-0235
- ⇒ **Job Counselor:** (310) 622-3844
- ⇒ **Legal Counselor:** (323) 549-5827
- ⇒ [www.jewishla.org/ezra](http://www.jewishla.org/ezra)

## FAST FOR FEAST

Dear Friends,

Please join us this Tisha Bav, not just by fasting, but following the advice of the Prophet Isaiah and many great rabbis throughout the ages by taking the few dollars saved from abstaining from food, and donating them to Fast for Feast for hunger relief. Your fast will transform into a feast for our brothers and sisters in Israel, and support the work of Tomchei Shabbos right here in our community.

Wishing you an Easy Fast,  
Rav Yosef & Rabbanit Alissa

To donate, visit [www.fastforfeast.com/bdj](http://www.fastforfeast.com/bdj)

## BDJ'S UPCOMING EVENTS

- |           |                                                                                                |
|-----------|------------------------------------------------------------------------------------------------|
| August 11 | • Tisha B'Av                                                                                   |
| August 15 | • Membership Forms Due                                                                         |
| August 16 | • Tu B'Av                                                                                      |
| August 17 | • Nosh N' Drosh: "Making Space for Difference: Civil Discourse in a Charged Political Climate" |
|           | • YP Minyan                                                                                    |
| August 24 | • Nosh N' Drosh: "Parallel Lives: Armenians & Jews"                                            |
|           | • Rechov Yeladim Transition Day                                                                |
| August 25 | • Rechov Yeladim Counselor Training                                                            |
| August 31 | • Day                                                                                          |
|           | • Nosh N' Drosh: "What's the Value of College Anyway?"                                         |
| Sept. 8   | • New Member Brunch                                                                            |

מי שברך אבותינו אברהם יצחק ויעקב ואמותינו שרה רבקה רחל ולאה הוא ברוך וירפא את החולים בעבור שאנחנו מתפללים בעבורם בשכר זה הקדוש ברוך הוא מלא רחמים עליהם להחלימם ולרפואתם ולהחזיקם ולהחיותם וישלח להם מהרה רפואה שלמה מן השמים לכל אבריהם ולכל גדיהם בתוך שאר חולי ישראל רפואת הנפש ורפואת הגוף שבת היא מלועוק ורפואה קרובה לבוא השתא בעגלא ובזמן קריב ונאמר אמן.

## MI SHEBERACH LIST

\* Zacharia ben Bracha ve Yoel (Jeffrey Zack's nephew) Chaya bat Tova Bleima (Sorel Lainer's mother) \* Esther bat Devorah Bella (Mayer Schames' mother) \* Emanuel ben Hinda (Mr. Sassover) \* Bella Rivka bat Rosa (Aharon Shimoni's sister) \* Shulamit bat Ruchel Sheina (Selma Framson) \* Liran Ben Aliza \* Michael ben Malka (Max Wozniak) \* Chaya bat Bela (Mayer Bick's mother) \* Tziporah bat Tova (Mrs. Sassover) \* Chayim Menashe ben Fruma (Manny Klein) \* Sarah Hindi bat Lily (Cary Glass' mother) \* Yakot bat Esther (Colette Volvovic) \* Baila Malka bat Aida Ette (Ze'ev Korn's mother) \* Yaakov ben Masha (Jack Plax) \* Chava bat Helen (Eva Magid) \* Chaim Ar-yeh ben Rivka \* Masha Hinda bat Malke Roisa \* Gittel bat Devora \* Yurachmiel Nussem Ben Reuben (Nan Gold's brother) \* Rachel Leah bat Freydel Chaya \* Tova Chaya bat Leah Malkah \* Chaim Simcha ben Bracha (Gary Linder's brother) \* Hersh Yaakov ben Chaya Leah (David Stein's father) \* Saureet bat Yehudit (Saureet Hayill) \* Nechama Bracha Bat Yechiela \* Roben ben Parvin and Adam ben Aviva (Sabrina Balter's brother and son) \* Yente bat Rochel Chava Devorah (David Klausner's aunt) \* Moshe ben Shoshana (Martine Porter Zasada's uncle) \* Harav Yitzchak ben Toba (Audrey Kraus's Father) \* Shlomo Netaniel ben Nechama \* Chana bat Shifra (Ann Carol Goldberg) \* Aharon Ben Rosa \* Rafael ben Miriam \* Yehudah Moshe ben Leah \* Leah Rivkah bat Ada (Boaz Hepner's mother) \* Aharon ben Madlen (Alon Saig's father) \* Natan Zev ben Margalit Chana (Margy & Jeremy Horowitz's son) \* Tova bat Sara (Terri Barach) \* Yehezkel ben Kaila (Fred Toczek's father) \* Gilad ben Chaya Elisheva (Gil Segal)

To add or remove a name from the list, please be in touch with Susan Fink at [stfink@gmail.com](mailto:stfink@gmail.com). Please note the BDJ Misheberch List policy states only BDJ members and their immediate family members may be added to the list.