

THIS SHABBAT

- **Candle Lighting:** 7:51 PM
- **Mincha:** 6:30 PM | Beit Midrash
- **Kabbalat Shabbat:** Jeff Rabin
- **D'var Torah:** Rav Yosef
- **8:25 Minyan:** Beit Midrash | Post-Davening Learning with Dr. Sara Smith
- **Main Minyan:** 9:00 AM | Main Sanctuary
- **Sof Zman Kriat Shema:** 9:19 AM
- **Shacharit:** Gil Melmed
- **Anim Zmirot & Concluding Services:** Rami Melmed
- **Kriat HaTorah:** Seiji Shaw
- **Torah:** Hertz: 652; Stone: 838
- **Haftarah:** Hertz: 664; Stone: 1187
- **Drasha:** Rabbanit Alissa
- **Musaf:** Josh Sharfman
- **Mincha:** 7:35 PM
- **BDJ BW Mincha:** 7:40 PM | Melmed Home | 9510 Bolton Rd.
- **Havdalah:** 8:53 PM

HAPPENING THIS SHABBAT

- ♦ Kiddush in the Social Hall is sponsored by Julie Higashi & Robin Shaw in honor of their daughter Tomomi's Bat Mitzvah.
- ♦ Seudah Shlishit in the Social Hall is cosponsored by Julie Higashi & Robin Shaw in memory of Jitsuo Higashi^{z"l} and Rena Waks^{z"l}, and by Bernard Fliegelman in memory of his parents Irene and Max Fliegelman^{z"l}.
- ♦ Nothing but the Pshat with Alec Schramm.

BDJ BROADCASTS

- ♦ Mazal Tov to **Tomomi Shaw** on her Bat Mitzvah! Mazal Tov to parents Julie Higashi & Robin Shaw, and siblings Seiji & Kiku.
- ♦ Mazal Tov to **Ivonne & Daniel Goldberg** on moving to Raanana, Israel for the year! They welcome all who want to visit them! Tzeitchem l'shalom!
- ♦ Rav Yosef will be in Israel July 1-26, beginning his third year of the 3-year fellowship with the Shalom Hartman Institute. Rabbanit Alissa will be here for our clergy needs.

THIS SHABBAT

SHIRAT CHANA

This Shabbat | 8:45 AM | Social Hall

All women are invited to join Shirat Chana, BDJ's women's Tefillah group, as we celebrate the Bat Mitzvah of Tomomi Shaw!

**NOSH N' DROSH:
SPARE THE CHILD, SPOIL THE HALACHA?**

This Shabbat | 5:00 PM

Learning at the Weinreb Home | 1735 S. Canfield Ave.
Childcare at the Adatto Home | 1751 S. Canfield Ave.

Explore with panelists **Rabbi Dr. Avi Havivi & Sari Abrams** how we as parents grapple with a new reality when the religious directions that our children take conflict with the halachic observance we work to establish within our family units. From younger children attending a nonkosher pizza party to older ones completely revolutionizing their religious practice, how do we parent through these changes & challenges, while maintaining our own halachic identities?

Rabbi Dr. Havivi is a specialized child & adolescent psychiatrist.
Sari Abrams is an early childhood education specialist & the Parent Institute Coordinator at Pressman Academy.

Summer Raffle! ENDS SUNDAY!

**RAFFLE CLOSING TOMORROW,
SUNDAY JUNE 24 @ 11:59 PM!!!**

Grand Prize:

**SPECTACULAR SANTA BARBARA
SHABBAT WEEKEND GETAWAY**

Gorgeous beach house for 10 guests for four nights, Leader's Shabbat takeout, challah from Got Kosher?, and Sunday lunch at Oxnard's Tierra Sur!

Other Prizes Include:

- DISNEYLAND TICKETS * MAGIC CASTLE TICKETS
- * SIGNED SCRIPT OF "GRACE & FRANKIE" STARRING JANE FONDA * PHOTO SHOOT * FOUNDER'S ALEHOUSE GIFT CARD * PROFESSIONAL MAKEUP
- * FACIAL * UBER GIFT CARD * NUTRITION CONSULTATION * PERSONAL TRAINING SESSION * NETFLIX GIFT CARD * POPCORN MAKER * LIVONIA GIFT CARD * SUMMER NIGHT ENTERTAINING PACKAGE * KIDS SUMMER FUN PACK * & MORE!

GET YOUR TICKETS BEFORE IT'S TOO LATE!

Tickets cost \$25-\$50 per entry.

www.bnaidavid.com/form/Auction2018

Winners will be drawn on 6/25 & announced next week.

UPCOMING

DAILY MINYAN SCHEDULE: JUNE 24-30

SHACHARIT

Sunday 8:00 AM
Monday, Thursday 6:45 AM
Tuesday, Wednesday, Friday 7:00 AM

MINCHA/MA'ARIV

Sunday - Thursday 7:50 PM
Friday 6:30 PM

SHABBAT—June 23

Shacharit & Rechoy Yeladim 9:00 AM
Mincha 7:35 PM



TIKKUN OLAM

ALEXANDRIA HOUSE

BDJ is partnering to provide assistance (1 hr/week) to Alexandria House—transitional housing for women & their children. Email Dan to volunteer: dansc@herbalife.com

COMMUNITY

MELAVE MALKA

Join us for a Tu B'Av-themed Melave Malka, with Dov Rosenblatt & musicians!
Sat., July 28 | 9:30-10:30 PM
Lowe Residence | 9303 Bolton Rd.

NOSH N' DROSH

Full line up: www.bnaidavid.com/noshndrosh

A TASTE OF TORAH: A LITERAL NOSH N' DROSH

July 14 | 6:00 PM | BDJ Beit Midrash

Come eat, drink & learn with **Dr. Jon Greenberg**, who specializes in the study of food & drink in Biblical and Rabbinic History & Halacha.

→ **REGISTER BY JULY 10:** Free for Members; \$5 for Non-Members; Childcare (with dinner) provided. <https://tinyurl.com/NND-DrJG2018>

THE MEANING OF THE MUSIC: HOW TORAH READING WORKS

July 28 | 5:00 PM | The Ciment Residence, 1450 Edris Dr.

Come learn with master lainer **Alex Fax** about how the system of laining works & how you can use it to enhance your Torah study.

SERVICE OF THE HEART OR SERVICE OF THE RABBIS?

August 18 | 5:00 PM

Program at the Abrams-Kanefsky Residence, 1537 Durango Ave.

Childcare at the Merkin Residence, 1541 S. Durango Ave.

Our tradition values spontaneous prayer yet legislates fixed prayer. **Rav Yosef** will learn the sources debating this tension with us & explore how we can try to create a multi-pronged path to a meaningful prayer life.

#METOO: THE TORAH'S PERSPECTIVE ON THE COED WORKPLACE

August 25 | 5:00 PM | Merritt Residence, 1905 Hillsboro Ave.

Join us in this coed conversation as we learn some of the Torah's tools in addressing the issues raised by the #metoo movement. **Rav Yosef & Rabbanit Alissa** will share personal reflections on their own professional dynamic.

TRUSTEE CIRCLE

In a few days, our fiscal year will come to a close and we will begin looking at the coming year. Membership forms will be available after **July 1**, online and by mail for those who have requested mail only.

This year, please consider joining our newly inaugurated Trustee Circle. Your one-time pledge will cover membership dues and annual & high holiday fees, holiday appeals, annual banquet, mishloach manot and summer auction.

More information can be found at the link below, or you may contact Adynna Swarz at 310-276-9269.

www.bnaidavid.com/trusteecircle

THE THREE WEEKS

Shiva Asar B'Tammuz (Sunday, July 1) begins the period known as "the three weeks," during which we commemorate the sieges of Jerusalem which culminated in the destruction of the city and the exiling of its inhabitants (in 586 BCE and 70 CE). During these three weeks, we refrain from having our hair cut and from attending and participating in joyous gatherings and most kinds of celebrations.

On the Shabbatot during the three weeks, we will read Haftarah selections (שְׁלֹשׁ דְּפֻרְעוֹנוֹתָא) which give the prophets' perspectives on the circumstances surrounding the destruction of the first Temple.

The fast begins at 4:35 AM and ends at 8:41 PM on Sunday, July 1.



BDJ ANNOUNCEMENTS

BDJ FOOD ALLERGY POLICY

Approved by the Board of Directors 05.31.2018

Approximately 7.5% of the population has a food allergy, ranging from mild to life-threatening. Based on the feedback from our recent survey and input from the taskforce, the following policies are being implemented to create a safe and inclusive community at B'nai David-Judea:

- **Nut-Aware Environment:** While it is impossible to guarantee a nut-free environment, we will ask people not to bring any peanut or tree nut products into our building, with special concern for the sanctuary, social hall, and Rechov Yeladim. In addition, Rechov Yeladim parents will be asked not to bring ANY food or snacks other than those provided by BDJ. We will send out periodic reminders about this policy, particularly around Purim and Simchat Torah, when people tend to bring more food into shul.
- **Catered Events:** Any food that contains the 7 major allergens (milk, eggs, fish, peanuts, tree nuts, wheat, soy), as well as the additional airborne allergens to which BDJ members may be sensitive (currently peanuts, wasabi and horseradish, but updated as necessary) shall be labeled accordingly.
- **Non-Catered Events:** Events at BDJ that are for smaller groups (such as Gesher and Briyut HaNefesh) will not be required to label all foods, but coordinators will check with participants periodically to assess what foods may need to be restricted.
- **Persons with Allergies:** When members renew their membership forms or new members join, they will be asked to inform BDJ of their food allergies. When registering for events, attendees will have an opportunity to list their allergies and/or pose questions and concerns. While every effort will be made to minimize foods with major allergens, BDJ will not be able to guarantee that all food will be suitable for everyone in attendance nor will it be able to fully guarantee that all allergen information is listed correctly.
- **Private Home Events:** Individuals who host BDJ community events in private homes (such as Nosh N' Drosh, onegs, or Seder Nashim) will be asked to avoid all nuts, label foods and/or provide a list of ingredients, and to save the packaging from store-bought foods so that sensitive individuals can check to see if the food is safe for them. BDJ will not be able to guarantee that all food will be suitable for everyone in attendance nor will it be able to fully guarantee that all allergen information is listed correctly.
- **In Case of Emergency:** We will post a list of doctors in the office who might be found at shul in case of emergency. Rechov Yeladim counselors will continue to be trained to use epipens and administer Benadryl in case of a life-threatening allergic reaction. Additionally, the shul will continue to maintain a securely stored supply of Benadryl and epipens (both .15mg and .3 mg) as part of the first aid kits that are in the office, Rechov Yeladim, the mother's room, and in the sanctuary. BDJ will not be able to guarantee that medication will be available for every condition or circumstance. Congregants and attendees to BDJ and BDJ events will be encouraged to carry suitable medication with them when in attendance.

MODIFIED BDJ OFFICE HOURS:

6/25-7/4

Mon., 6/25	• 8:30 AM - 3:00 PM
Tues., 6/26	• Office Closed
Wed., 6/27	• 8:30 AM - 3:00 PM
Thurs., 6/28	• Office Closed
Fri., 6/29	• 8:30 AM - 2:00 PM
Shabbat, 6/30	• Office Closed
Sun., 7/1	• Office Closed
Mon., 7/2	• 8:30 AM - 11:30 AM
Tues., 7/3	• 8:30 AM - 11:30 AM
Wed., 7/4	• Office Closed: Independence Day

SOCIAL HALL RENOVATION

We are thrilled to begin renovating and repairing our Social Hall!

The work will occur in two phases. Phase One will begin **June 25 and go through early August**. During this time, we will give the Social Hall a cosmetic facelift, integrating elements from our beautiful art-deco-inspired sanctuary. We also will upgrade our plumbing and electrical systems; this will include necessary repair work to resolve our recent sewer line issues beneath the building.

The Social Hall will be closed during the renovation. We will serve light kiddush in the Beit Midrash following Shabbat services.

We are deeply grateful to two families who gave us lead gifts to pursue this first phase: **Susan Fink & Robert Smith, and an anonymous donor**. We will be launching a follow-up campaign to raise additional funds for Phase Two, which will add further decorative elements to the room. We look forward to sharing those details soon.

Thank you to all who have been instrumental in planning the renovation: **Shana Fishman, Shani Rotkowitz, Farnaz Zilkha, Rena Selya Cohen, Robby Helperin, Larry Handman, Deenie Silberstein and Amira Tashman**.

If you have any questions about the project, please be in touch with us at 310-276-9269.

Adynna Swarz, Executive Director

Duke Helfand, President

COMMUNITY ANNOUNCEMENTS

- ♦ **BNEI AKIVA:** Applications now open for Hadracha positions for next year - for more info contact office@bneiakiva.org.
- ♦ **MOSHAVA ALEVY:** Summer Camp 2018: moshavaalevy.org
- ♦ **FREE YOGA CLASSES:** Hosted by the Iyengar Yoga Institute of LA on **6/23, 6/25, 6/30**. Call to pre-register at **310-558-8212**.
- ♦ **SARP AT NESS CENTER:** An intensive **5 day program** for observant men who are struggling with inappropriate materials & related behaviors which have led them to addictive actions. Dates: **6/24-28**. Insurance is accepted. Contact Rav Meir at **818-275-1498** or at rav.meir18@gmail.com or Dennis Brown at **310-360-8512**. Confidentiality is of utmost importance.
- ♦ **HRC FERTILITY: Free seminar on infertility and egg freezing on Thurs., 6/26.** For more info, contact Dr. Chavkin at **917-587-8862**.
- ♦ **ANDY STATMAN:** Bluegrass klezmer musician, **Tues., 6/26 at 8 PM:** www.picounionproject/AndyStatman
- ♦ **YESHIVAT MAHARAT JOFA SUMMER TOUR: "Finding Meaning in Suffering"** with Rabbanit Alissa. **7/17 at 7:00 PM** at the home of Keren Wolf (4345 Sandburg Way, Irvine, CA). More info: kworl@tarbut.com.
- ♦ **NEW GROUND PROFESSIONAL CHANGE-MAKER PROGRAM:** This fellowship is for Change-Makers between 25-55 years of age, interested in Muslim-Jewish relations. Apply here: <https://tinyurl.com/ujqegee> by **8/1**.
- ♦ **YONINA CONCERT:** At Pico Union Project on **8/4**. <https://goo.gl/f9PuLj>
- ♦ **NCSY GIVE GIRLS SUMMER PROGRAM** is coming to Pico on **8/10-11**. Email beckerd@ncsy.org if you can house girls.
- ♦ **YESH TIKVA: Infertili-TEA** featuring Dvora Entin, LCSW on **Wed., 8/16 at 7 PM**. RSVP: events@yeshtikva.org
- ♦ **TOMCHEILA: Online job board** now open—connecting local employers with qualified candidates. Visit www.tomcheila.org or email joblink@tomcheila.org.
- ♦ **PAWS OF LOVE PET THERAPY PROGRAM:** Chai Lifeline needs you and your dog to bring smiles and unconditional love to children with illnesses and their families. We will help you and your dog become a certified pet therapy team. Call **310-274-6331** or email gsacks@chailifeline.org.
- ♦ **CAFÉ BB AT BAIS BETZALEL:** Coffee Cart at **8850 W. Pico** staffed by adults with disabilities. **M-F 6:30-10:30 AM**.
- ♦ **BRCA FOUNDER OUTREACH STUDY:** FREE BRCA tests to those 25+ years of age who have one grandparent of Ashkenazi Jewish origin, and reside in LA. www.BFORstudy.com.
- ♦ **ETTA YOUTH TEAM:** For high school teens who want to work with teens with special needs. More info at etta.org or email eyt@etta.org.
- ♦ **ACHILLES LA:** Able-bodied volunteers & runners with disabilities come together to train in an environment of support & community. <https://www.achillesla.org>
- ♦ **#ESHLEPLEDGE CAMPAIGN:** Shalhevet drafted a pledge to let LGBTQ students know they have nothing to fear. Eshel is taking the Pledge national with the #EshelPledge campaign. **Join the pledge today!** www.eshelonline.org/pledge

BDJ'S UPCOMING EVENTS

June 23	• Shirat Chana
June 23	• Nosh N' Drosh: Sari Abrams & Rabbi Dr. Avi Havivi
June 24	• Auction Closes
June 30	• Pay Account Balance Deadline
July 1	• Fast of 17th of Tammuz
July 1-26	• Rav Yosef in Israel
July 4	• Independence Day
July 14	• Nosh N' Drosh: Dr. Jon Greenberg
July 28	• Nosh N' Drosh: Alex Fax
July 28	• Melave Malka: Tu B'Av

מי שברך אבותינו אברהם יצחק ויעקב ואמותינו שרה רבקה רחל ולאה הוא יברך וירפא את החולים בעבור שאנחנו מתפללים בעבורם בשכר זה הקדוש ברוך הוא ומלא רחמים עליהם להחלימם ולרפואתם ולהחיותם וישלח להם מהרה רפואה שלמה מן השמים לכל אבריהם ולכל גדיהם בתוך שאר חולי ישראל רפואת הנפש ורפואת הגוף שבת היא מלזעוק ורפואה קרובה לבוא השתא בעגלא ובזמן קריב ונאמר אמן.

MISHEBERACH LIST

Please be in touch with Susan Fink at stlfink@gmail.com

Chaya bat Tova Bleima (Sorel Lainer's mother) * Pessie bat Chana (Martine Porter-Zasada's sister) * Esther bat Devorah Bella (Mayer Schames' mother) * Emanuel ben Hinda (Mr. Sassover) * Bella Rivka bat Rosa (Aharon Shimoni's sister) * Shulamit bat Ruchel Sheina (Selma Framson) * Michael ben Malka (Max Wozniak) * Chaya bat Bela (Mayer Bick's mother) * Tziporah bat Tova (Mrs. Sassover) * Shterna Sarah bat Tanya Leah * Alicia Webster * Chayim Menashe ben Fruma (Manny Klein) * Liran ben Aliza * Zoya bat Mazal * Yitzchak Avraham ben Devorah (Deb Mizrahi Smith's uncle) * Mordechai ben Dina * Yitzchak ben Raizel (Ira Grose) * Sarah Hindi bat Lily (Cary Glass's mother) * Tila bat Miriam * Pinchus Shalom Tzvi ben Ze'eva (Daniella Platt's friend's son) * Hadassah Bat Lea * Eitan Zev ben Nachama Sara Beilal * Shmuel ben Miriam (Rica Bercovici's nephew) * Aharon ben Rosa * Helen Avivah bat Marietta Ruth * Anna Louise bat Barbara Feige * Tova Chaya bat Leah Malka * Leah bat Liba * Yosef Hiski'ya ben Chaya * Matisyahu Yoel Baruch ben Gittel (Marcus Freed) * Tamar Pnina Gittel bat Aliza Rachel * Yaacov Moshe bet Sarah * Yakot bat Esther (Colette Volvovic) * Chana Gittel bas Dvora Masha (Chanie Kravitz) * Yaffit Bat Monira * Leah Rachel Bat Miriam Bat-tzion * Ohad Chanan ben Malka * Shirli Malka bat Aliza * Achiya Binaymin ben Shirli Malka * Elkana Asher ben Shirli Malka * Yosefa Ariel bat Sarah (Kelila's mom) * Rina Ariane bat Ayeletb* Yarachmiel Nesses Ben Reuben (Nan Gold's brother) * Menachim ben Rachel * Chaya Liel bat Tali * Adinah Yehudit Bat Rishe Chanah (Aidaire Klein) * Yaakov Moshe Ben Ettel * Baila Malka bat Aida Ette (Ze'ev Korn's mother) * Tzivia Freidel bat Zlata Sima * Nacha Lylah bat Adina Yael (Boaz & Adi Hepner's daughter) * Yaakov ben Masha (Jack Plax) * Avram Simcha Ben Miriam (Kelila Green's cousin) * David ben Gilah * Gilah bat Zoya * Baruch ben Tamara * Nachum ben Freda (Lou Gordon's Father).