



B'NAI DAVID-JUDEA

Shabbat Shorts

We left off in our Havdalah discussion with the practice some have of washing their eyes with the wine from the Havdalah cup (after we finish Havdalah).

Where does this seemingly bizarre practice come from?

The Rama records it as follows: *וטעם השפיכה, דאמרינן: כל בית שלא נשפך בו יין כמים אין בו סימן ברכה, ועושין כן לסימן טוב בתחלת השבוע. גם (ו) ד שופכין מן הכוס לאחר הבדלה ומכבין בו הנר ורוחצים בו עיניו, משום חיבוב המצוה*, "The reason we pour out wine is as we have said, any home that does not have wine pouring out like water, does not have a sign of blessing. And so we pour out the wine from the Havdalah cup as a sign of goodness at the beginning of the week. Also, we pour from the cup after Havdalah and extinguish the candle in it and wash our eyes in it because the mitzvah is beloved to us" (Shulchan Aruch Orach Chayim 296:1).

Pouring out the wine after Havdalah is connected to the practice of putting it on our eyes. The pouring out is a sign of abundance and blessing for the week ahead. And so, the practice of putting the wine on our eyelids marks the way we want to view the week ahead-- as a week in which our homes are overflowing with goodness. We want to not just receive blessing, but to see and recognize the blessings all around us-- and the Havdalah wine which has been poured out is a reminder to do so.

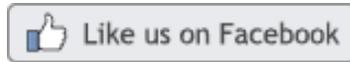
A Shabbat Short reader asked a very important question in our discussion of Havdalah: Who should say Havdalah? Are there any parameters?

Stay tuned for next time when we will answer this important question! And please, keep the questions coming :)

I love feedback!
rabbanitalissa@bnaidavid.com

B'nai David-Judea 8906 West Pico Blvd. Los Angeles, CA 90035
director@bnaidavid.com

See what's happening on our social sites



See what's happening on our social sites



B'nai David-Judea, 8906 W. Pico Blvd, Los Angeles, CA 90035

[SafeUnsubscribe™ {recipient's email}](#)

[Forward this email](#) | [Update Profile](#) | [About our service provider](#)

Sent by rabbanitalissa@bnaidavid.com in collaboration with

Constant Contact 

Try it free today