

# RESOURCE GUIDE

## for Young Adults 18+ with Disabilities and their Families

**DISCLAIMER:** Some resources contained in this guide include non-Orthodox synagogues and organizations. Inclusion of those with varying abilities is a need in all denominations, and we recognize that the Orthodox community can learn much from the diversity of resources these institutions provide. Their inclusion in this guide is for informational purposes only and does not necessarily reflect B'nai David-Judea's endorsement or recommendation of those synagogues and organizations for worship, educational, or ritual purposes. B'nai David-Judea merely recognizes that those organizations may have resources that can be helpful depending on one's individual circumstances. Please note, B'nai David-Judea does not guarantee the services of any of the providers listed on this guide.

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Note: All asterisked programs are partner agencies of HaMercaz

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## Jewish Community Information and Referrals

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\*HaMercaz: Your One-Stop Special Needs Resource for Families with Children with Developmental Disabilities and Special Needs (for children ages 0-22) 12821 Victory Blvd., North Hollywood, CA 91601 Contact:

Sarah Blitzstein, Director

Email: [hamercaz@jfsla.org](mailto:hamercaz@jfsla.org) ♦ Website: [www.hamercaz.org](http://www.hamercaz.org) ♦ Phone (toll free): (866) 287-8030

Description: HaMercaz provides a one-stop resource for families with children who have special needs and developmental disabilities. Families are connected with a network of services and are provided with on-going assistance to special needs programs at synagogues, camps, and other agencies in the community. HaMercaz offers parent workshops, support groups, and is available to provide staff training and professional development. HaMercaz is a collaborative program of the Jewish Federation, staffed by Jewish Family Service, with partner agencies including the Builders of Jewish Education, The Etta Israel Center, The Friendship Circle, Jewish Big Brothers Big Sisters, Jewish Free Loan Association, Jewish Vocational Service, Conejo Valley Friendship Circle, and Vista del Mar.

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\*JFS { Chaverim (for adults ages 18+)

12821 Victory Blvd., North Hollywood, CA 91601 Contact: Gerry Dicker, Director  
Phone: (818) 464-3360 ♦ Fax: (818) 464-3363 Email: [gdicker@jfsla.org](mailto:gdicker@jfsla.org) ♦ Website: [www.chaverimjfsla.org](http://www.chaverimjfsla.org)

Description: Chaverim is committed to providing social activities that enhance the quality of life for adults with developmental disabilities such as autism, cerebral palsy, and learning disabilities. Chaverim's supportive environment helps members realize their potential and become active, vital members of the community. Activities include outings, classes, holiday celebrations, and trips. In addition, the Rabbi in Residence provides bar/bat mitzvah training.

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## Regional Centers and Government Information

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The mission of the Regional Centers is to empower individuals with developmental disabilities and their families to choose and access community services that facilitate a quality of life comparable to persons without disabilities. Each center is a private, nonprofit corporation, funded by a contract with the State Department of Developmental Services. The Regional Center offers assessment, case management, and support to persons with developmental disabilities.

- North Los Angeles County Regional Center (*servicing Northern Los Angeles County including San Fernando and Antelope Valleys*)

9200 Oakdale Ave., Suite 100, Chatsworth CA 91311 Phone: (818) 778-1900  
[www.nlacrc.org](http://www.nlacrc.org)

- Frank D. Lanterman Regional Center (*servicing Central Los Angeles County including Burbank, Glendale, and Pasadena*)

3303 Wilshire Boulevard, Suite 700, Los Angeles, CA 90010 Phone: (213) 383-1300 [www.lanterman.org](http://www.lanterman.org)

- Westside Regional Center (*servicing West Los Angeles County including Culver City, Inglewood, and Santa Monica*)

5901 Green Valley Cir. #320, Culver City, CA 90230 Phone: (310) 258-4000  
[www.westsiderc.org](http://www.westsiderc.org)

- South Central Regional Center (*servicing Compton, San Antonio, Southeast and Southwest counties of LA*)

2500 2500 S. Western Ave., Los Angeles, CA 90018 Phone: (213) 744-7000  
[www.sclarc.org](http://www.sclarc.org)

- East Los Angeles Regional Center (*servicing Alhambra, Boyle Heights, Commerce, Highland Park, Lincoln Heights, Pico Rivera, San Gabriel, and Sough Pasadena*)

1000 S. Fremont Ave., Alhambra CA 91802 Phone: (626) 299-4700 or (626) 281-1163 <http://www.elarc.org/>

- Harbor Regional Center (*servicing Torrance, Harbor, Long Beach, and Bellflower districts*)

21231 Hawthorne Blvd, Torrance, CA 90503 (310) 540-1711 [www.harborrc.org](http://www.harborrc.org)

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Medi-Cal: [www.medi-cal.ca.gov](http://www.medi-cal.ca.gov) Medi-Cal qualifications include the inability to work due to physical or mental impairment. Please see the website above for eligibility requirements and local office information.

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### In Home Support Services:

<http://dpss.lacounty.gov/wps/portal/dpss/main/programs-and-services/in-home-supportive-services/>

The IHSS Program provides funding for services so individuals can remain at home. To qualify, one must be over 65 years of age, and have a disability or blindness. Types of services include housecleaning, meal preparation, laundry, grocery shopping, and personal care services for the mentally impaired.

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### Department of Public Social Services/IHSS Office:

Phone: (213) 744-4477

DPSS services a diverse community through programs designed to both alleviate hardship and promote health, personal responsibility, and economic independence. The department provides the following benefits and services to low-income residents of LA County: temporary financial assistance and employment services for families and individuals, free & low-cost health care for aged/blind/disabled adults, food benefits for families and individuals, in-home services for elderly and disabled individuals, financial assistance, and advocacy for federal disability benefits for disabled individuals.

List of all DPSS List of all DPSS Offices/Medi-Cal Offices:

<http://dpss.lacounty.gov/wps/portal/dpss>

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### State of California Department of Developmental Services (DDS):

<http://www.dds.ca.gov/DDSHomePage.cfm>

The DDS is part of the California Health and Human Services Agency that provides services and support to individuals with developmental disabilities. The overwhelming majority of Californians with developmental disabilities are served in their community by private, nonprofit, regional centers that collaborate with DDS in order to provide local services and support.

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### Department of Rehabilitation:

<http://www.rehab.cahwnet.gov/> The California Department of Rehabilitation (DOR) administers the largest vocational rehabilitation program in the country. They have a three pronged mission to assist people with disabilities to live independently, become employed, and have equality in the communities in which they live and work. DOR provides consultation, counseling, and vocational rehabilitation.

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## Counseling and Support Groups

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### AGUA Classic:

◆ Website <http://home.earthlink.net/~aguaclassic/aguaclassic/id6.html> Email: [aguaclassic@earthlink.net](mailto:aguaclassic@earthlink.net)

Description: Adult Gathering, United and Autistic is a support group for adults diagnosed with High Functioning Autism and Asperger's Syndrome. The peer groups meet monthly at different locations throughout Los Angeles in order to increase socialization.

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### Autism Society of Los Angeles

Contact: Caroline Wilson, Executive Director ◆ Phone: (562) 804-5556 ◆ Email: [info@autismla.org](mailto:info@autismla.org) ◆ Website: [www.autismla.org](http://www.autismla.org)

Description: Autism Society of Los Angeles provides essential information, support, and resources about autism. Their goal is to empower individuals with autism, their families, and professionals to advocate for autistic individuals and navigate the service systems in Los Angeles County.

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### Autism Speaks

6330 San Vicente Blvd., Suite 501, Los Angeles, CA 90048 ◆ Phone: (323) 549-0500  
◆ (323) 549-0547 ◆ Email: [familyservices@autismspeaks.org](mailto:familyservices@autismspeaks.org) ◆ Website: [www.autismspeaks.org](http://www.autismspeaks.org)

Description: The organization is dedicated to funding research into the causes, prevention, treatments, and a cure for autism, increasing awareness of autism spectrum disorders, and advocating for the needs of individuals with autism and

their families. Autism Speaks' website has many free resources and tools for families.

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Congregation Or Ami - Support Group for Parents of Children with Special Needs 26115 Mureau Rd., Suite B, Calabasas, CA 91302 ♦ Phone: (818) 880-4880 ♦ Fax: (818) 880-2290 Contact: Susie Stark, Office Manager ♦ Email: info@orami.org ♦ Website: www.orami.org

Description: Support group meetings for parents of children/adults with special needs (all physical, emotional, and developmental issues). The group provides a forum for parents to discuss and share ideas related to real world issues such as educational, medical, service provider, emotional support, etc. of raising a special child. The group meets twice monthly on Sunday mornings. Synagogue membership is not required.

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### Down Syndrome Association of Los Angeles

16461 Sherman Way, Suite 180, Van Nuys, CA 91406 Contact: Sandra Baker, Director of Operations and Family Support ♦ Phone: (818) 786-0001 ♦ Fax: (818) 786-0004 ♦ Website: www.dsala.org

Description: DSALA is committed to building a strong, supportive community among individuals with Down syndrome, their parents, extended families, friends, service providers, and supporters in the Greater Los Angeles area. DSALA strives to be the connection hub and primary source of information, resources, and referrals. It also works to bring about the systemic changes required to ensure a high quality of life for individuals with Down syndrome.

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### Foothill Autism Alliance

P.O. Box 10193, Glendale, CA 91209 Contact: Yudi Bennett ♦ Phone: (818) 662-8847 ♦ Email: info@foothillautism.org ♦ Website: www.foothillautism.org

Description: A non-profit all-volunteer organization of parents, professionals, and care-givers dedicated to providing education, resources, and support to the autism community.

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### GRASP: Global and Regional Asperger' s Syndrome Partnership

Vista Del Mar 3200 Motor Avenue, Los Angeles, CA 90034 ♦ Phone: (888) 47 - GRASP (888-474-7277) ♦ Email: info@grasp.org ♦ Website: GRASP.org

Description: GRASP' s mission is to improve the lives of adults and teens on the autism spectrum through community outreach, peer supports, education, and advocacy. The program offers in-person and online support groups and an extensive network of peer-run support groups throughout the US and Canada.



GRASP's bylaws state that the Executive Director, 100% of the Advisory Board, and 50% of the Board of Directors of GRASP must be diagnosed with Autism, Asperger's Syndrome, or Pervasive Developmental Disorder.

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### \*Jewish Family Service of Los Angeles

◆ Phone: (877) 275-4537 (Central Access) ◆ Website: [www.jfsla.org](http://www.jfsla.org) Locations: Greater Los Angeles and San Fernando Valley

Description: Jewish Family Service of Los Angeles is a non-profit agency that provides a range of mental health and social services, to men, women, and children, regardless of race and ethnicity. Services include case management for people with disabilities, providing referrals to support groups, education, social activities, and independent living skills.

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### K. E. N. Project

23679 Calabasas Road, #540, Calabasas, CA 91302 ◆ Phone (818) 222-8118 ◆ Email: [specialkidslaw@gmail.com](mailto:specialkidslaw@gmail.com) ◆ Website: <http://www.kenproject.com/> Locations: Greater Los Angeles and San Fernando Valley

Description: The K. E. N. Project is a non-profit charitable organization serving kids with exceptional needs and their families. They provide advocacy training, parent training, family support, and play dates.

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### Los Angeles Caregiver Resource Center

3715 McClintock Ave., CA 91340 ◆ Phone: (855) USC-6060 ◆ Email: [fcscgero@usc.edu](mailto:fcscgero@usc.edu) ◆ Website: [www.losangelescrc.org](http://www.losangelescrc.org)

Description: LACRC offers services to family caregivers of brain impaired or frail older adults who are residents of Los Angeles County. Services include information, referral, family consultation, legal and financial consultation, respite, support groups, caregiver retreats, education and training, and Link2Care internet support.

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OurSpace A joint program of Valley Beth Shalom and Temple Aliyah Valley Beth Shalom: 15739 Ventura Blvd., Encino, CA 91436 Temple Aliyah: 6025 Valley Circle Blvd, Woodland Hills, CA 91367 Contact: Susan North Gilboa ◆ Phone: 818-530-4069 ◆ Email: [sngilboa@OurSpaceLA.org](mailto:sngilboa@OurSpaceLA.org) ◆ Website: [www.ourspacela.org](http://www.ourspacela.org)

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Description: The program provides Jewish experiences for children, teens, adults with special needs, and their families. Informal and formal Jewish educational programs include classes, social groups, art, and music opportunities as well as parent support groups.

**Parent Bagel N' Chat:** A monthly chat offering parents a setting to network, share, learn, schmooze and build community. Open to all OurSpace parents. These monthly chats take place on Sunday mornings at VBS and on Tuesday mornings or

evenings at Temple Aliyah.

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### San Fernando Valley Community Mental Health Center, Inc.

16360 Roscoe Blvd., 2<sup>nd</sup> Floor, Van Nuys, CA 91406 ♦ Phone: (818) 901-4830 ♦ Fax: (818) 373-4830 Email: [info@sfvcmhc.org](mailto:info@sfvcmhc.org) ♦ Website: [www.movinglivesforward.org](http://www.movinglivesforward.org)

Description: The San Fernando Valley Community Mental Health Center, Inc. is a private, non-profit agency dedicated to improving the mental health of individuals and families in the community. Primary emphasis is placed on providing services to children, adolescents, and transitional age youth with serious emotional disorders. The organization provides services for adults of all ages with severe and persistent mental illness. The Center also provides specialty programs that offer homeless services, vocational services, transitional housing, and programs that assist victims of domestic violence.

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## Arc of Southeast Los Angeles County

12049 South Woodruff Ave., Downey, CA 90241 ♦ Phone: (562) 803-4606 ♦ Email: info@arcselac.org ♦ Website: www.arcselac.org

Description: Arc of Southeast Los Angeles County is committed to building skills through training and education for people with developmental disabilities. Arc's Southeast Employment Center is a unique way for employers and individuals with developmental disabilities to come together in an employment setting.

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## Exceptional Minds Studio

13400 Riverside Drive, Suite 211, Sherman Oaks, CA 91423 ♦ Phone: (818) 387-8811 ♦ Email: susan@exceptionalmindsstudio.org ♦ Website: <http://exceptionalmindsstudio.org>

Description: To provide young adults on the Autism Spectrum with customized instruction and hands on experience to earn a living in the fields of multi-media, computer animation, and post production.

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## F. A. C. T Families

1401 Westwood Blvd. Suite 200, Los Angeles, CA 90024 ♦ Phone: (310) 475-9620 ♦ Website: <http://www.factfamily.org/>

Description: FACT (Family, Adult and Child Therapies) is a Los Angeles based, not-for-profit organization created and guided by parents of children, young adults, and adults with Autism Spectrum Disorders. FACT Transition Programs are designed to support individuals in building a sense of self determination and personal preference through life experiences and laying a strong foundation for "bridging the gap" as they transition from their younger years into their independence.

**Generating All Possibilities (GAP)-"GAP"** Experience (Generating All Possibilities) will provide a unique, affordable exploratory year for special needs young adults. This experiential program provides an array of post-secondary options including college, vocational education, national service, apprenticeships and creating their own micro enterprise.

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## The HELP Group

13130 Burbank Blvd., Sherman Oaks, CA 91401 ♦ Phone: 818-781-0360 HELP Group schools are located in Sherman Oaks, Culver City, Valley Glen and Van Nuys. ♦ Website: [www.thehelpgroup.org](http://www.thehelpgroup.org)

Description: The HELP Group's day schools offer high school programs for young adults with specific learning disabilities, Asperger's Disorder, autism spectrum disorders, non-verbal learning disabilities, emotional/behavioral disabilities, and other developmental disabilities. They also have a mental

health services program, comprehensive assessments for autism, and speech and occupational therapy.

**Advance LA Summer College Institute**– The program offers an independent living experience on a college campus at American Jewish University. Serves participants with a wide variety of needs and diagnoses including: Autism Spectrum Disorder, Specific Learning Disabilities, ADHD, Asperger’ s Disorder, executive functioning difficulties and other learning differences. In addition to the residential option, day programs are also available.

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Phone: 818.779.5198 [advancela@thehelpgroup.org](mailto:advancela@thehelpgroup.org) ♦ [www.advancela.org](http://www.advancela.org)

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### **Vendored by Regional Center**

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#### Hughes Adult Learning Center

5607 Capistrano Ave., Woodland Hills, CA 91367 ♦ Phone: (818) 888-3975

Description: The Hughes Adult Learning Center provides adults with developmental disabilities various classes on daily living skills, communication skills, and socialization. Various academic courses are also provided which include reading, basic phonics to grammar construction, writing, basic alphabet, use of money, telling time, and basic computer skills.

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#### Kayne-Eras Center

5350 Macado Road Culver City, CA 90230 ♦ Phone (310) 204-3300 ♦ Website: <http://www.ecf.net/school/> ♦ Email: [info@ecf.org](mailto:info@ecf.org)

Description: Kayne Eras Center is a large multi-service center serving young adults with developmental delays, learning disabilities, and/or emotional and behavior challenges through special education programs and services. Offers a state certified non-public school, diagnostic and therapeutic services, mental health services, adult services program, and an after-school program.

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#### Lindamood-Bell Learning Processes

1554 S. Sepulveda Blvd., Suite 214 Los Angeles, CA 90025 ♦ Phone: (800) 233-1819 ♦ Website: [www.LindamoodBell.com](http://www.LindamoodBell.com)

Description: Lindamood-Bell Learning Processes is an organization dedicated to helping teenagers and adults learn to their potential. Lindamood-Bell’ s research-based instruction teaches reading, language comprehension, and math. It is especially successful with children previously diagnosed with dyslexia, hyperlexia, and autism spectrum disorders.

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#### Los Angeles Mission College, Disabled Studies Program and Services

13356 Eldridge Ave., Sylmar, CA 91342 ♦ Phone: (818) 364-7732 ♦ Website:

www.lamission.edu/dsps/

Description: Disabled Students Programs and Services at Los Angeles Mission College is a support system that enables students to fully participate in the college's regular programs and activities. They provide a variety of services from academic and vocational support to assistance with financial aid. All services are individualized according to specific needs. The program is dedicated to meeting the educational, occupational, and personal needs of disabled individuals.

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### Los Angeles Valley College, Services for Students with Disabilities

5800 Fulton Ave., Valley Glen, CA 91401 ♦ Phone: (818) 947-2681 ♦ Fax: (818) 778-5775 Email: [ssd@lavc.edu](mailto:ssd@lavc.edu) ♦ Website: [www.lavc.edu/ssd/](http://www.lavc.edu/ssd/)

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### The Miracle Project Judaica at Vista Del Mar

9301 Wilshire Blvd., Suite 507, CA 90210 ♦ Phone: (310) 829-7034 ♦ Website: <http://www.themiracleproject.org/>.

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Description: Miracle Project Judaica is a musical theatre and film program for young adults with autism and other special needs and their typically developing siblings and peers, which explores Jewish music, dance, story and tradition while developing personal growth, leadership and social skills. It is part of the Vista Inspire Program, and is for ages 18-22.

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### OurSpace

15739 Ventura Blvd., Encino, CA 91436 Contact: Susan North-Gilboa ♦ Phone: (818) 530-4069 E-mail: [sngilboa@ourspacela.org](mailto:sngilboa@ourspacela.org) ♦ Website: [www.ourspacela.org/](http://www.ourspacela.org/)

Description: The Artistic Spectrum (18-30+ years old): Weekly course approaches Jewish study and expression through the arts, including fine art, sculpture, photography, film, cooking, music, and dance. Course instructors are professional artists and have experience working with special needs.

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### Santa Monica College, Disability Resources

1900 Pico Blvd., Santa Monica, CA 90405 ♦ Phone: (310) 434-4265 ♦ Fax: (310) 434-4272 ♦ Website: [www.smc.edu/StudentServices/DisabilityResources/Pages/default.aspx](http://www.smc.edu/StudentServices/DisabilityResources/Pages/default.aspx)

Description: Santa Monica College's Center for Students with Disabilities offers guidance and counseling on admission requirements, as well as a number of special programs to help students with their academic, vocational, and career planning goals. In addition, the center offers services such as tutoring, specialized equipment, test proctoring, among many other accommodations for

students who are eligible.

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### Switzer Learning Center

2201 Amapola Court, Torrance, CA 90505 Contact: Dr. Rebecca Foo, Executive Director ♦ Phone: (310) 328-3611 ♦ Email: rfoo@switercenter.org ♦ Website: www.switzercenter.org/

Description: Switzer Learning Center is a special education school and treatment program that is dedicated to helping students with moderate to severe learning, emotional, and behavioral problems. Its programs include a school and a diagnostic/treatment clinic for students up to 22 years of age, and their families.

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### \*Vista Del Mar –Vista School

3200 Motor Ave., Los Angeles, CA 90034 ♦ Phone: (310) 836-1223 ♦ Website: www.vistadelmar.org

Description: Vista Del Mar School serves students with a diversity of special needs including autism spectrum disorders and the social, emotional, and learning disabled. Vista Del Mar serves students with special needs with the belief that each individual, regardless of the severity of his or her disabilities, is capable of living, working and enjoying leisure activities in the community. The young adult division of the Vista School is the transitional program that moves beyond the traditional classroom setting to provide young adults (18-22) with hands-on work and independent living experiences.

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### \*Vista Del Mar: Nes Gadol Life Long Religious Learning Program 3200 Motor Ave., Los Angeles, CA 90034 Contact: Naomi Salomon ♦ Phone: (310) 836-1223

Description: Jewish learning sessions are specifically geared towards young adult students' maturing minds, confusing feelings, changing bodies and relationships, and are based in Jewish texts, traditions and rituals. Students develop their leadership capacity, assisting their younger

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B'nei Mitzvah peers, are of service to the community as prayer leaders, helpers and guides in Vista's Temple services. The program also trains young adults with autism for their Bar/Bat Mitzvah Celebrations. The program is for ages 18-22 and aims to build a dynamic, inclusive community. Led by Rabbi Jackie Redner; founded on the principles of The Miracle Project.

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### West Los Angeles College, Disabled Students Programs and Services

9000 Overland Ave., Culver City, CA 90230, Student Services Building ♦ Phone: (310) 287-4200 ♦ Website: www.wlac.edu/dsps/

The Disabled Students Programs & Services is for students who have special needs because of physical, communication, or learning challenges. The program assists with the Department of Rehabilitation, provides classroom accommodations for students with physical challenges, learning strategies/study skills classes, program planning and counseling, registration assistance, test proctoring, and

special accommodations for those with hearing loss or visual impairments.

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### West Valley Occupational Center, Adults with Disabilities Program

6200 Winnetka Ave., Woodland Hills, CA 91367 ♦ Phone: (818) 346-3540 ext. 220 ♦  
Website: [www.wvoc.net/disabilities](http://www.wvoc.net/disabilities)

Description: The West Valley Occupational Center offers short-term career and technical training, and provides individuals with entry-level skills as well as upgrading skills to meet an ever changing job market. Adults who have verifiable disabilities may register through the Programs for Adults with Disabilities office. The office provides support, class recommendations, registration, and accommodations, which will assist students to function independently in the classroom and on the job. The office works collaboratively with students, faculty, staff, administrators, and outside agencies to support student success in the classroom.

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### Westview School

12101 W. Washington Blvd., Los Angeles, CA 90066 ♦ Phone: (310) 478-5544 ♦  
Email: [westview@thehelpgroup.com](mailto:westview@thehelpgroup.com) ♦ Website: [www.westviewschool.com](http://www.westviewschool.com)

Description: Established in 1990, this private day school serves students with learning differences, ADHD and/or mild emotional concerns in middle and high school. Westview provides a multi-faceted approach to education, including a full complement of college prep academic courses. It also has a variety of enrichment programs including art, drama, music, computers, and sports. A nurturing environment and counseling program help to round out the educational and social aspects while small class sizes enhance the academic experience. Language & speech therapy and door-to-door transportation are available.

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### Education Websites

California Non-Public Schools Directory: <http://www.cde.ca.gov/re/sd/>

State of California Department of Education- Special Education Resources: [www.cde.ca.gov/sp/se](http://www.cde.ca.gov/sp/se)

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## Financial Assistance

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### California Children's Services (CCS)

9320 Telstar Ave, Suite #226, EL Monte, CA 91731 ♦ Phone: (800) 288-4584 ♦

Website: [www.dhcs.ca.gov/services/ccs/](http://www.dhcs.ca.gov/services/ccs/)

Description: CCS is a statewide program that coordinates and pays for medical care and therapy services for those under 21 years of age with certain health care needs. Parents are encouraged to contact a CCS nurse regarding their individual case for approval of eligibility. Los Angeles County CCS is part of the County of Los Angeles Department of Public Health. CCS works with private insurance, Medi-Cal Healthy Families, and Healthy Kids to provide services that they would otherwise be unable to receive.

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### Jewish Free Loan Association (JFLA)

6505 Wilshire Blvd., Suite 715, Los Angeles, CA 90048 ♦ Phone: (323) 761-8830 ♦

Website: [www.jfla.org](http://www.jfla.org)

Description: JFLA's Ruth B. Ziegler Loan Fund for Families of Children with Special Needs provides interest-free loans of up to \$10,000 to families in Los Angeles, Ventura and Orange Counties for therapy & diagnostic expenses, educational reimbursement for waiting periods, home improvement expenses for medical necessity, and funding to purchase specialized vehicles.

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## Adult Protective Services

3333 Wilshire Blvd #400, Los Angeles, CA 90010 Contact: Christine Rosenteel-Savala, APS Administrator ♦ Phone: (877) 477-3646 ♦ Website: [www.cdss.ca.gov/agedblinddisabled/PG1298.htm](http://www.cdss.ca.gov/agedblinddisabled/PG1298.htm)

Description: Adult Protective Services (APS) is a state-mandated service program that investigates situations involving dependent adults (physically or mentally impaired 18-64 years old) that are reported to be endangered by physical, sexual or financial abuse, abandonment, isolation, abduction, neglect, or self-neglect. Any endangered dependent adult is eligible for APS without regard to income.

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## Alara Consulting Services LLC

6815 Remmet Ave #225, Canoga Park, CA 91303 Contact: Rosanita Ratcliff ♦ Phone: (877) 292-5272 ♦ Email: [info@alaraservices.com](mailto:info@alaraservices.com) ♦ Website: <http://www.alaraservices.com>

Description: Alara Consulting Services provides advocacy, resource location (community, medical, legal, activity, etc.), workshops, seminars, and other services, to people with disabilities and senior citizens, their families, and their service providers. The consultants have all worked in the field; some continue to work in the field and others have disabilities, are senior citizens, or are family members.

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## Area Board 10

411 N. Central #620, Glendale, CA 91203 ♦ Phone: (818) 543-4631 ♦ Website: <http://www.sccd.ca.gov/>

Description: A state-mandated organization that ensures that people with developmental disabilities, and their families, get the services they need. Advocates for the civil, legal, and service rights of persons with developmental disabilities and works to ensure that the support and services they receive are of the highest possible quality.

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## Bet Tzedek Legal Services

Los Angeles: 3250 Wilshire Blvd., 13<sup>th</sup> Floor, Los Angeles, CA 9001 ♦ Phone: (323) 939-0506 ♦ Website: [www.bettzedek.org](http://www.bettzedek.org)

Description: Bet Tzedek provides free legal representation in the areas of conservatorship, housing, health care, consumer protection, and government benefits for people with low income. Conservatorships are sometimes necessary when a loved one has mental capacity issues and is unable to make his/her own legal, financial, and medical decisions. Through the program, clients are able to gain the legal right to make important choices for family members with developmental disabilities.

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## \*Bet Tzedek Transitions Project

Contact: Yolande Erickson ♦ Phone: (323) 549-5828 Email: yerickson@bettzedek.org  
♦ Website: www.bettzedektransitionsproject.org

Description: The Transitions program is a three-year initiative to provide coordinated, holistic care to families of adult children over the age of 30 with intellectual/developmental disabilities. Part of

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the program involves assistance with obtaining limited conservatorships, accessing public benefits and long-term care planning.

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## Communities Actively Living Independent and Free

634 South Spring St., 2<sup>nd</sup> Floor Los Angeles, CA 90014 Contact: Lillibeth Navarro, Executive Director ♦ Phone: (213) 627-0477 ♦ Email: info@calif-ilc.org ♦ Website: www.califilc.webs.com

Description: CALIF' s philosophy is to empower people with disabilities with knowledge of their civil rights and control over choices toward maximizing their independence. CALIF offers advocacy, personal assistant referral, housing assistance, peer counseling/independent living skills training, cross disability peer counseling, systems advocacy, information & referral, and assistive technology.

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## Disability Rights California

350 South Bixel St., Suite 290, Los Angeles, CA 90017 ♦ Phone: (213) 213-8000 ♦ TTY: (800) 776-5746 ♦ Website: www.disabilityrightsca.org

Description:

Disability Rights California offers assistance and occasional legal representation, primarily in class- action suits. DRC provides referrals to help qualify for SSI or MediCal.

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## Disability Rights Legal Center

800 South Figueroa Street , Los Angeles, CA 90017 ♦ Phone (213) 736-1031 ♦ Fax (213) 736-1030 Email: drlc@lls.edu ♦ Website: www.disabilityrightslegalcenter.org

Description: The mission of the Disability Rights Legal Center is to promote the rights of people with disabilities, and the public interest, in an awareness of those rights by providing legal and related services. They provide education and outreach on disability rights, have an education advocacy program for low-income/non-English speaking clients, and a disability mediation center for issues outside of education.

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## Legal Aid Foundation of Los Angeles

634 S. Spring St. Suite 400A, Los Angeles, CA 90014 ♦ Phone (323) 801-7991 ♦ Fax (323) 801-7945 Website: [www.lafla.org](http://www.lafla.org)

Description: LAFLA operates four Self Help Legal Access Centers located in the Inglewood, Long Beach, Santa Monica, and Torrance Courthouses. Centers are walk-in clinics that offer individuals who are representing themselves legal information, assistance in preparing legal forms, guidance on a variety of civil matters, including evictions, divorces and paternity actions, and civil harassment. Referrals to private attorneys or other legal service programs are provided. There are seven offices in LA County.

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## Life Services, Inc.

P.O. Box 4097 Glendale, CA 91222 ♦ Phone: (818) 547-0585 Email: [LSI@lifeservicesinc.org](mailto:LSI@lifeservicesinc.org) ♦ Website: [www.lifeservicesinc.org](http://www.lifeservicesinc.org)

Description: Life Services, Inc. provides fiduciary management services to residents of Los Angeles, and surrounding counties, including conservatorships, trust management, representative

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payee, and daily money management. The organization advocates for its clients to ensure that care providers, insurance companies, medical personnel, and others provide quality service tailored to the client's needs.

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Angeles Learning Disabilities Association P.O. Box 1067, Sierra Madre, CA 91025 Contact: Sarah Menjivar Phone: (626) 355-0240 ♦ Email: [lalda@lada.org](mailto:lalda@lada.org) ♦ Website: [www.lalda.org](http://www.lalda.org)

Description: LALDA is a non-profit educational corporation of parents, and professionals, concerned with learning disabilities, attention deficit disorder, and other related disorders. LALDA's goal is to provide information that will help children, and adults, be successful and productive members of society.

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\*JFS{ Protective Services Program 4311 Wilshire Blvd., Suite 209, Los Angeles, CA 90048 Contact: Jennifer Glazer ♦ Phone: (323) 932-0316 ♦ Fax: (323) 935-5161 Email: [communications@jfsla.org](mailto:communications@jfsla.org) ♦ Website: [www.jfsla.org/page.aspx?pid=253](http://www.jfsla.org/page.aspx?pid=253)

Description: JFS Protective Services Program can help provide court-supervised guardians to individuals who are no longer able to take care of their day-to-day needs and/or finances. JFS acts as a conservator, trustee, or executor to vulnerable disabled and/or frail adults with no relatives.

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## Medical and Related Support Services

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The Saban Free Clinic ♦ Phone: (323) 653-1990 Website:  
[www.thesabanfreeclinic.org](http://www.thesabanfreeclinic.org) Locations:

- Beverly Health Center 8405 Beverly Blvd., Los Angeles, CA 90048
  - The S. Mark Taper Foundation Health Center 6043 Hollywood Blvd., Los Angeles, CA 90028
  - Hollywood Wilshire Health Center 5205 Melrose Ave., Los Angeles, CA 90038
  - The Wallis Annenberg Children and Family Health Center 5205 Melrose Ave., 2<sup>nd</sup> floor, Los Angeles, CA 90038
  - School Based Health Center at Hollywood High School 1521 N. Highland Ave., Los Angeles, CA 90028
  - Contact for hours and services Description: The clinics provide affordable, high-quality, and compassionate medical care, dental care, social services, education, and outreach to men, women, and children in need.
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## San Fernando MEND: Meet Each Need with Dignity

10641 N. San Fernando Rd., Pacoima, CA 91331 Contact: Wilson Herrera ♦ Phone: (818) 897-2443 ♦ Website: [www.mendpoverty.org](http://www.mendpoverty.org)

Description: MEND operates a medical, vision, and a dental clinic for poor, uninsured, and medically under-served families. Primary dental services provided include cleanings, fillings, extractions, sealants, and some endodontic procedures. Oral Surgery is also provided on site and periodontal visits are available as needed. The organization also offers emergency food, clothing, job skills training, job placement assistance, English as a Second Language classes, youth activities, and a Christmas program.

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## UCLA Center for Autism Research and Treatment (C. A. R. T.)

300 UCLA Medical Plaza, Suite 1253, Los Angeles, CA 90095-6967 ♦ Phone (310) 794-4008 ♦ Email: [clinic@autism.ucla.edu](mailto:clinic@autism.ucla.edu) ♦ Website: <http://www.semel.ucla.edu/autism>

Description: The Center for Autism Research and Treatment has a strong focus on the design and testing of experimental treatment interventions, founded on basic and clinical science advancements. UCLA also has an autism clinic which provides a specialized, high-level of multi-disciplinary expertise.

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## UCLA Neuropsychiatry Institute: Autism Clinic

300 UCLA Medical Plaza, Suite 1253, Los Angeles, CA 90095 ♦ Phone (310) 794-4008

♦ Email: [clinic@autism.ucla.edu](mailto:clinic@autism.ucla.edu) ♦ Website: [www.semel.ucla.edu/autism/clinic](http://www.semel.ucla.edu/autism/clinic)

Description:

The Neuropsychiatry Institute is UCLA's multidisciplinary institute of human neuroscience and is a unifying focus of scholarly activity at UCLA. They have many different clinical programs for people with ADHD, mental retardation, and epilepsy.

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## UCLA TARJAN Center

760 Westwood Plaza, Rm: 58-228, Semel Institute, Los Angeles, CA 90095-1759

♦ Phone (310) 825-5054 ♦ Fax (310) 794-1143 ♦ Email: [bstoffmacher@mednet.ucla.edu](mailto:bstoffmacher@mednet.ucla.edu) ♦ Website: <http://tarjancenter.ucla.edu>

Description:

The UCLA Tarjan Center has clinical and community-based services in the areas of autism, Down syndrome, early intervention, mental health for individuals with developmental disabilities, Prader-Willi syndrome, Fetal Alcohol Syndrome, and Williams Syndrome. They are also partnering with the UCLA Orthopedic Hospital Center for Cerebral Palsy.

## Residential Facilities

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### Exceptional Children' s Foundation

1914 West Boulevard, Los Angeles, California 90016 ♦ Phone: (323) 934-5265 ♦  
Website: <http://www.ecf.net/>

Description: ECF' s mission is to provide the highest quality services for children and adults who are challenged with developmental, learning and

emotional disabilities and empowers them to reach their greatest potential.

**Residential Services Program** offers adults with developmental disabilities a variety of living skills training and support services. The goal of the program is to foster independence through full and proactive home and community involvement. ECF manages two 13-unit apartment complexes, located in Los Angeles and Whittier. These individual apartment homes are the backdrop for ECF's Independent Living Program, where participants live and learn as they develop a wide range of life skills, including money management, community use, housekeeping, meal planning and preparation, personal care, and emergency response.

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### Etta Israel Center

12722 Riverside Drive, Suite 105, North Hollywood, CA 91607 ♦ Phone: (818) 985-3882 ♦ Fax: (818) 487-9740 ♦ Website: [www.etta.org](http://www.etta.org)

Description: The Etta Israel Center creates programs and services that help Jewish youth and adults integrate into the community, and works to raise community awareness and sensitivity toward people with special needs. Its clients include children and adults with learning and developmental disabilities, including disabilities along the autism spectrum, who seek a program that includes a Jewish cultural component. EIC offers the following services:

- **Jack E Ghindi z' l Residential Services:** Four group homes which are kosher, warm, and supportive family environments.
- **J-CHAI Supported Independent Living:** Supported Jewish independent or semi-independent living.

**Most programs are Vendored by Regional Center.**

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### The Help Group –Project Six

13130 Burbank Blvd., Sherman Oaks, CA 91401 ♦ Phone: (818) 947-2019 ♦ Website: <http://www.thehelpgroup.org/program/project-six-2/>

Description: Project Six is a community-based residential treatment center for adolescents with emotional and behavioral challenges. Project Six helps to coordinate residential, school, family, and communal aspects of each individual to help each resident meet his/her individual goals. A behavior management system aids residents in making appropriate behavioral choices, and provides feedback in a positive, reinforcing way.

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Jay Nolan Community Services Main office: 15501 San Fernando Mission Blvd. # 200, Mission Hills, CA 91346 ♦ Phone: (818) 361- 6400 ext. 155 ♦ Website: [www.jaynolan.org](http://www.jaynolan.org) Description: Jay Nolan Community Services (JNCS) provides support to people with autism and other developmental disabilities and their families. They help with family support, employment

support, supported living, and day services.

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## United Cerebral Palsy of Los Angeles

6430 Independence Ave., Woodland Hills, CA 91367 Contact: Ron Cohen, President and Chief Executive Officer ♦ Phone: (818) 782-2211 ♦ (818) 909-9106 ♦ Email: mail@ucpla.org ♦ Website: www.ucpla.org

Description: UCPLA is the largest direct care provider of services in Southern California for persons with cerebral palsy, autism, Down syndrome, and other developmental disabilities. UCPLA offers over 40 programs and services, including adult day activity, learning centers, affordable apartments with supported living counselors, group homes with full activities and nursing staff, and respite programs for parents.

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## Villa Esperanza Services

2060 East Villa St., Pasadena, CA 91107 ♦ Phone: (626) 449-2919 ♦ Fax: (626) 449-2850 ♦ Email: info@villaesperanzaservices.org ♦ Website: www.villaesperanzaservices.org

Description:

Villa Esperanza Services provides adult programs including their dimensions adult day program, employment and transitional services, residential programs, independent living skills program, care management outreach collaboration, and integrated work program.

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## Volunteers of America

3600 Wilshire Blvd., Suite 1500, Los Angeles, CA 90010 ♦ Phone: (213) 389-1500 ♦ Website: www.voa.org

Description:

The organization empowers people with intellectual disabilities to be independent and involved in the community. They help individuals with intellectual and developmental disabilities, autism, age-related problems, and other challenges. Their services include in-home support, case management, day programs and supportive employment, specialized residential services, and supported living.

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## Housing Websites

Los Angeles County Independent Living Centers: o www.drcinc.org

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## Respite and Resources for Families/Caregivers

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### BrightStar 6750

Coldwater Canyon, North Hollywood, CA 91606 Contact: John Mason ♦ Phone: (818) 764-5531 ♦ Website: [www.brightstarcare.com](http://www.brightstarcare.com)

Description: BrightStar provides Caregivers and CNAs to give personal care and in home care services. Services are customized to the client's needs, and can range from a few hours intermittently to comprehensive around-the-clock companion care, to respite and relief for family caregivers. Services include home support by helping with light housekeeping and meals, transportation to errands and appointments, personal care, companionship, and more. Employees are fully bonded and insured.

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### LivHOME

5670 Wilshire Blvd., Suite 500, Los Angeles, CA 90036 Contact: Gail Zimmerman, Area Vice President ♦ Phone: (323) 933-5880 ♦ Website: [www.livhome.com](http://www.livhome.com)

Description: LivHome is one of the nation's largest professional at-home senior care company. They offer care management, companionship, and care for adults with Alzheimer's, dementia, and other disabilities.

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## Social and Recreational Programs

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### Actors for Autism

433 N. Camden Dr. #400, Beverly Hills, CA 90210

Phone: (877) 228-7006

Email: [actorsforautism@aol.com](mailto:actorsforautism@aol.com) ♦ Website: <http://www.actorsforautism.org>

#### Description:

The organization provides acting classes, social skills, animation and film camps, dances and socials, open mic night, and an adult Aspergers support group. Activities for individuals up to age 25.

Vendored by Regional Center.

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### BCR “A Place to Grow”

230 East Amherst Dr., Burbank, CA 91504 Contact: Lonna Dunson, Executive Director ♦ Phone: (818) 843-4907 ♦ E-mail: [info@bcraplacetogrow.org](mailto:info@bcraplacetogrow.org) ♦ Website: [www.bcraplacetogrow.org](http://www.bcraplacetogrow.org)

#### Description:

Facility-based day and extended day programs for teenagers and adults with developmental disabilities from Burbank and neighboring Los Angeles County communities. A structured, supportive, and stimulating environment where participants can develop their abilities, practice socially appropriate behaviors, learn to express their feelings in acceptable ways, interact with peers and staff, and participate in community life. Program activities include basic academic skills, communication, nutrition, meal planning, marketing, cooking, and more. Monthly evening dances for teenagers and adults.

Vendored by Regional Center.

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### Best Buddies California

3731 Stocker St. #212, Los Angeles, CA 90008 ♦ Phone: (323) 291-0118 ♦ Website:  
<https://bestbuddies.org/find-programs/california/>

Description:

Best Buddies is an organization dedicated to enhancing the lives of people with intellectual disabilities by providing opportunities for one-on-one friendships and integrated employment. They fulfill their mission through six programs: Best Buddies High Schools, Middle Schools, Colleges, Citizens, e-Buddies and Jobs.

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### Broadway Gymnastic School, Inc.

5433 Beethoven St., Los Angeles, CA 90066 ♦ Phone: (310) 302-0035 ♦ Email:  
[info@BroadwayGym.com](mailto:info@BroadwayGym.com) ♦ Website: [www.broadwaygym.com](http://www.broadwaygym.com)

Description:

Building life skills through gymnastics, sports, and fitness! Small Group Classes - Ages 15 through adult, with a specialty in services for people with special needs. All classes tailored to the individual needs of the client.

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### Club Maple

613 E. Broadway, Room 120, Glendale CA 91206 ♦ Phone: (818) 548-2000 ♦ Email:  
[info@glendaleparksfoundation.org](mailto:info@glendaleparksfoundation.org) ♦ Website:  
<http://www.glendaleparksfoundation.org/our-projects/club-maple/>

Description: Organized by the Parks, Recreation & Community Services Department, the therapeutic recreation programs are specifically designed for individuals with disabilities. Club Maple is a FREE program open to all developmentally disabled adults. Club Maple provides an opportunity for individuals to experience positive, healthy recreation, and socialization experiences. Activities are appropriate to age and skill ability, in a friendly, safe environment. The program will provide any reasonable accommodation toward the inclusion of a participant.

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### Elysian Park Therapeutic Recreation Center

929 Academy Rd., Los Angeles, CA 90012 Phone (323) 226-1402 ♦ Email:  
[ElysianParktrc@lacity.org](mailto:ElysianParktrc@lacity.org) ♦ Website:  
<http://www.nchpad.org/Directories/Programs/10008/Elysian~Park~Therapeutic~Recreation~Center~~City~of~Los~Angeles~Dept~~of~Recreation~and~Parks~~~Therapeutics~D~ivision>

Description:

Recreation programs for community residents, targeting the interest and needs of participants with disabilities. The facility includes an office, gymnasium, classrooms, preschool rooms, as well as an outdoor children's play area.

Programs include a large after school program for youth ages 6-18, as well as seasonal day camps, teen and adult programs such as social clubs and body conditioning, and special events such as holiday festivals, a Halloween social, and a Valentine's dance. All services are for ages up to 22.

**Vendored by Regional Center.**

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**\*Etta Israel Center –Recreational Programs**

12722 Riverside Drive, Suite 105, North Hollywood, California 91607 ♦ Phone (818) 985-3882 ♦ Fax: (818) 487-9740 ♦ Website: [www.etta.org](http://www.etta.org)

Description: The Etta Israel Center creates programs and services that help Jewish youth and adults integrate into the community, and works to raise community awareness and sensitivity toward people with special needs. Its clients include children and adults with learning and developmental disabilities, including disabilities along the autism spectrum, who seek a program that includes a Jewish cultural component. EIC offers the following services.

- **Darrison Family Shabbaton Program:** Brings together EIC participants, volunteers, and the LA Jewish community to share a warm Shabbat experience.
- **Etta Israel's Camp Avraham Moshe:** Offers full-day programming for several weeks during the summer and is staffed to provide one-on-one support for each camper, ages 13-40.

**Vendored by Regional Center.**

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**\*Friendship Circle** The Friendship Circle is a non-profit organization that addresses the challenges facing families of children with special needs in a novel and innovative way. Through a

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full range of activities and events, the Friendship Circle creates a special environment of friendship and love. Many chapters offer Sunday Circle, a drop-off educational and therapeutic activity where the members are paired up with a typical peer. Friendship Circle offers monthly fitness programs, martial arts classes for children with behavioral or attention issues, holiday celebrations that accommodate families with special needs children, and summer/winter camp programs. Contact your local chapter for information on the programs offered.

- **Friendship Circle of Los Angeles** 1952 S. Robertson Blvd., Los Angeles, CA 90034 ♦ Phone: (310) 280-0955 Rabbi Michael Rav-Noy, M.A., Director Miriam Rav-Noy, Program Director ♦ Website: [www.fcla.org](http://www.fcla.org)

507 Bethany Road, Burbank, CA 91504 ♦ Website: [www.jdcc.org](http://www.jdcc.org)

Description: Programming includes social events, cultural activities, and community services. This includes a Havurah (friendship) group for singles, teens, and families. JDCC conducts High Holiday services and a community Passover Seder in American Sign Language.

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\*JFS } Chaverim (for adults ages 18+)

12821 Victory Blvd., North Hollywood, CA 91601 Contact: Gerry Dicker, Director ♦ Phone: (818) 464-3360 ♦ Fax: (818) 464-3363 ♦ Email: [gdicker@jfsla.org](mailto:gdicker@jfsla.org) ♦ Website: [www.chaverimjfsla.org](http://www.chaverimjfsla.org)

Description: Chaverim is committed to providing social activities that enhance the quality of life for adults with developmental disabilities such as autism, cerebral palsy, and learning disabilities. Chaverim's supportive environment helps members realize their potential, and become active, vital, members of the community. There is a social program for individuals 18 and over, including outings, classes, holiday celebrations, and trips. Rabbi in Residence provides bar/bat mitzvah training.

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KEEN LA- Kids Enjoy Exercise Now

601 South Figueroa Street, Suite 2500 Los Angeles, CA 90017 ♦ Phone: 213-267-1777 ♦ Email: [info@KEENlosangeles.org](mailto:info@KEENlosangeles.org) ♦ Website: <http://www.keenlosangeles.org>

Description: KEEN is a national, non-profit, volunteer-led organization that provides one-to-one recreational opportunities for children and young adults with intellectual and physical disabilities at no cost to their families and caregivers.

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Leaps

N' Boundz

5301 Beethoven St., Los Angeles, CA 90066 ♦ Phone: (310) 821-0963 ♦ Fax: (310) 821-8866 ♦ Website: [www.leapsnboundz.com](http://www.leapsnboundz.com)

Description: Leaps-n-Bounds offers a variety of adaptive sports, fitness and recreation programs to the community; including gymnastics, swimming, day camps, social thinking groups, community outings, and family weekend getaways. Every child enrolled in Leaps N' Boundz has an individualized program which has been designed to address their specific needs. Sessions are usually one hour in length and include a variety of activities which address coordination, body awareness, strength, endurance, attention and focus. There are locations in Westwood, Santa Monica, Hollywood, Van Nuys, Playa Vista, and Pasadena.

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The Miracle Project: Rehearse for Life Social Skills Program

9301 Wilshire Blvd., Suite 507, CA 90210 ♦ Phone: (310) 829-7034 ♦ Website:

<http://www.themiracleproject.org/>.

Description: Using the arts as a vehicle for self-expression and personal growth, the program encourages young adults 18 and up to find their voices while practicing life skills in a safe, nurturing environment. Role playing, brainstorming, collaborating, and reading social cues will all be explored in this dynamic, creative workshop. Participants have the opportunity to develop their abilities through peer interactions, mentorships, and performance and speaking opportunities. The program helps young adults turn their preferred interests into valuable skills for the work force.

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## OurSpace – Social/Recreational Programs

A joint program of Valley Beth Shalom and Temple Aliyah Valley Beth Shalom: 15739 Ventura Blvd., Encino, CA 91436 Temple Aliyah: 6025 Valley Circle Blvd, Woodland Hills, CA 91367 Contact: Susan North Gilboa ♦ Phone: 818-530-4069 ♦ Email: [sngilboa@OurSpaceLA.org](mailto:sngilboa@OurSpaceLA.org) ♦ Website: [www.ourspacela.org](http://www.ourspacela.org)

Description: OurSpace: Where Jewish experiences happen for children, teens, and adults with special needs. Informal and formal Jewish educational programs include: classes, social groups, art and music opportunities as well as parent support groups.

- **B'Yachad Bet:** (VBS) is a monthly youth program that provides a space for (12-18+ yr olds) to participate in fun outings with their peers. They participate in Jewish Holiday experiences, attend Los Angeles Sports Events, concerts, or go bowling, see movies, visit museums, and meet in parks for outdoor activities. For details regarding B' Yachad Bet events, visit <https://www.vbs.org/learning-our-schools/ourspace/b%E2%80%99yachad-bet-social-group>.
- **Voices of Hope/Kolot Tikva Choir:** A choir for children and young adults. Participants join together to learn and sing Hebrew and English songs. Throughout the year the choir has numerous opportunities to perform at synagogue services, programs, and Jewish community events in Los Angeles. For details regarding the Kolot Tikva Choir, visit <https://www.vbs.org/learning/music-and-dramatic-arts-programming/ourspace-kolot-tikva-voices-hope-choir>.

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## Rose Bowl Aquatics Center

360 North Arroyo Blvd., Pasadena, CA 91103 Contact: Kathy Schmitt ♦ Phone: (626) 564-0330 ♦ Website: <http://www.rosebowlaquatics.com>

Description: This center is non-profit, and provides mainstream swim lessons and aquatic activities for children and adults with special needs, as well as aquatic therapy special needs swim lessons. All programs are managed by a state and nationally certified Recreation Therapist.

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## Shlemut Network

1101 Camino Real, Redondo Beach, CA 90277 ♦ Phone (310) 402-7425 Contact: Rabbi Deborah Goldmann ♦ Email: [rabbideborah@templemenorah.org](mailto:rabbideborah@templemenorah.org) ♦ Website: <https://shlemutnetwork.wordpress.com/>

Description: Congregation Tikvat Jacob (Manhattan Beach), Temple Beth El (San Pedro), and Temple Menorah (Redondo Beach) have joined forces to meet the needs of our communities. Shlemut Network is open to ALL Jewish families in the South Bay who have a child with special needs. The Shelmud Network hosts social events for Jewish teens that benefit from support navigating the social scene, and Jewish young adults with developmental disabilities.

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### Special Maccabee Program—Westside JCC

5870 W. Olympic Blvd., Los Angeles, CA 90036 ♦ Phone (323) 938-2531 ♦ Website: <http://www.westsidejcc.org/>

Description: Free 12-week basketball program for boys, girls, men, and woman – ages 15-60, with separate programs for men and women. Practice takes place on evenings and weekends.

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### Special Olympics of Southern California

1600 Forbes Way #200, Long Beach, CA 90810 ♦ Phone: (562) 502-1100 ♦ Website: <http://www.sosc.org/>

Description: Special Olympics of Southern California is a nonprofit organization that empowers individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. The Special Olympics Southern California provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities. The program provides individuals with continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, and other Special Olympics athletes and the community.

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### Step by Step

1412 14th Street, Santa Monica, CA 90404 ♦ Phone: (310) 587-0050 ♦ Website: [www.stepbystepeduplay.com](http://www.stepbystepeduplay.com)

Description: Step by Step offers a High School Social Club (17-22 years) and Adult Social Club (22-30 years) that host activities such as: karaoke nights, arts and crafts classes, movement classes (including yoga, dance, and hip-hop), and movie nights with pizza and popcorn.

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### USY Hevrah Program—United Synagogue of Conservative Judaism, Pacific Southwest Region

15840 Ventura Blvd., Suite 200, Encino, CA 91436 ♦ Phone: (818) 986-0907

Description: Social/recreational programming for teens and young adults, ages

13-21. The monthly meetings alternate between activities in the Valley and the city.

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#### \*Vista Del Mar Miracle Theatre

9301 Wilshire Blvd. #507, Beverly Hills, CA 90210 ♦ Phone: (310) 829-7034

Description: The Miracle Theatre program is a musical theater and film program for children and teens with autism and other special needs and their typically developing siblings and peers, which offers dancing, singing, acting, theatre and social skills. Classes for young adults 18-22 years old include, “Self-Advocacy,” “Finding Your Passion,” and “Living Your Dream.” The goal is to use the arts to develop job skills, social skills, leadership skills and strengthen community.

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#### Yachad – The National Jewish Council for Disabilities

9831 West Pico Blvd., Los Angeles, CA 90035 ♦ Phone: (310) 229-9000 ♦ Website: [www.njcd.org/losangeles](http://www.njcd.org/losangeles)

Description: Yachad addresses the needs of all individuals with disabilities and within the Jewish community (ages 13 and above). It is a program of the Orthodox Union’s National Jewish Council

for Disabilities, and works to unite the local special needs community with the broader Jewish community through social gatherings and Jewish celebrations.

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## Synagogue and Chaplaincy

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### Board of Rabbis of Southern California

6505 Wilshire Blvd., Suite 900, Los Angeles, CA 90048 ♦ Phone: (323) 761-8600 ♦  
Email: [boardofrabbis@jewishla.org](mailto:boardofrabbis@jewishla.org) ♦ Website: [www.boardofrabbis.org](http://www.boardofrabbis.org)

Description: The Board of Rabbis provides education and resources for community members, rabbis, and chaplains. They focus on disability awareness in the Jewish community, and provide outreach to synagogues for members of the community. They engage with interfaith partners for cooperation, understanding, and learning.

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### Congregation Or Ami

26115 Mureau Rd., Suite B, Calabasas, CA 91302 ♦ Phone (818) 880-4880 ♦ Website:  
[www.arami.org](http://www.arami.org)

Description: Congregation Or Ami provides parent support groups, large-print prayer books, an education intern who acts as a liaison for special needs families within the Mishpacha program, and increasing sensitivity to the scope of needs within the community. This synagogue has a relationship with Chaverim and provides free membership to its members.

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### Temple Beth Am Shabbat- Koleinu Services

1039 La Cienega Blvd., Los Angeles, CA 90036 ♦ Phone: (310) 652-7353 ♦ Email: betham@tbala.org ♦ Website: www.tbala.org

Description: Provides Shabbat services designed for Jewish teenagers and young adults with special needs, held twice monthly. Also host High Holiday services. Call for exact dates.

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## Temple Beth Solomon of the Deaf

18200 Rinaldi Place, Northridge, CA 91326 TDD: (818) 363-7740 ♦ Voice: (818) 363-5580 Email: tbsdeaf@verizon.net ♦ Website:

[http://www.jdcc.org/index.php?option=com\\_content&view=article&id=2543:temple-beth-solomon-of-the-deaf-southern-california&Itemid=101](http://www.jdcc.org/index.php?option=com_content&view=article&id=2543:temple-beth-solomon-of-the-deaf-southern-california&Itemid=101)

Description: TBS serves its members with a full range of social, religious, and educational programs. The synagogue aims to provide deaf children with a meaningful connection to Judaism through accessible programming, as well as advocacy and outreach on the part of their congregants.

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## Technology Assistance

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### Ability Tools

♦ Phone (800) 390-2699 ♦ TTY: (800) 900-0706 ♦ Website: <http://www.abilitytools.org/>

Description: The AT Network provides information, referrals, training, and technical assistance to those who share an interest in, and commitment to, the practical and effective use of technology by people with disabilities. They have a toll-free information line, a list of AT advocates, articles, and links to many aspects of Assistive Technology. AT Network is coordinated by California Foundation for Independent Living Centers.

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### Deaf and Disabled Telecommunications Program (DDTP)

◆ Phone (800) 806-1191 ◆ Email: [info@ccaf.us](mailto:info@ccaf.us) ◆ Website: <http://ddtp.cpuc.ca.gov/>

Description: The Deaf and Disabled Telecommunications Program (DDTP) is a California State mandated program, administered by the California Public Utilities Commission. The DDTP has two components:

- **California Telephone Access Program** provides assistive telephone devices such as large button phones, telephone headsets, and remote speaker phones.
- **California Relay Service** provides specially trained operators to relay conversations, as they take place, for people who are deaf, hard of hearing, or speech disabled.

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## Empower Tech

99100 S. Sepulveda Blvd. Suite 204 Los Angeles, CA 90045 ◆ Phone (310) 338-1597 ◆ Website: [www.empowertech.org](http://www.empowertech.org)

Description: The goal of Empower Tech is to increase awareness, understanding, and implementation of assistive technology by children and adults with disabilities. Empower Tech strives to provide people with disabilities access to the latest in assistive technology.

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## Junior Blind of America

5300 Angeles Vista Blvd., Los Angeles, CA 90043 ◆ Phone: (323) 295-4555 ◆ Toll Free (800) 352-2290 ◆ Website: <http://www.juniorblind.org>

Description: Junior Blind's mission is helping children and adults who are blind, visually impaired, or multi-disabled achieve independence. The organization offers specialized services for thousands of infants, children, teens and adults at no cost to families. Through programs that offer early intervention, education, recreation, and rehabilitation, our students learn essential skills to help them maximize their potential and achieve their goals.

**Advanced Assistive Technology Training** provides assessments and instruction in specific areas tailored to each client's needs. Clients acquire the assistive technology skills they need to continue current employment or become a competitive candidate in today's job market.

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## Therapeutic Services

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Applied Behavioral Therapies, Inc

5850 Canoga Blvd., Suite 400, Woodland Hills, CA 91367 ♦ Phone (818) 517-0100 ♦  
Email: info@abtwebsite.com ♦ Website:  
[http://209.200.89.252/search\\_site/detail.cfm?program\\_id=27642](http://209.200.89.252/search_site/detail.cfm?program_id=27642)

Description: Applied Behavioral Therapies, Inc (ABT) is dedicated to enhancing the quality of life for individuals and families impacted by autism and other developmental disabilities. All ABT treatment programs are grounded in the principles of Applied Behavior Analysis. Programs are designed to teach communication skills, social skills, and functional adaptive living skills. Parents are trained in Applied Behavior Analysis and taught how to implement behavior programs in the child's natural environment. **Vendored by Regional Center.**

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### Behaviortech Solutions

16430 Ventura Blvd., Suite 107, Encino, CA 91436 ♦ Phone: (818) 788-2100 ♦  
Website: [www.behaviortech.net](http://www.behaviortech.net)

Description: Behaviortech Solutions is dedicated to the development and implementation of state-of-the-art web-based assessment, and treatment programs, for education and mental health. The company also develops practical tools for use by individuals and in schools or clinical settings, and provides training for incorporating technology into practice and educational settings.

Family

Focus Resource and Empowerment Center California State University,  
Northridge, 18111 Nordhoff St., Room E109, Northridge, CA 91330-8265 ♦ Phone:  
(818) 677 -6854 ♦ Fax: (818) 677 -5574 ♦ Email: [family.focus@csun.edu](mailto:family.focus@csun.edu) ♦ Website:  
[www.csunfamilyfocus.com](http://www.csunfamilyfocus.com)

Description: The FFREC aims to empower families to advocate for their children and adults up to age 22 with special needs so they can receive the most effective services. The FFREC provides testing and assessments for learning disabilities, ADD and ADHD, developmental delays, autism, and emotional disturbances. The FFREC resources include: training & educational seminars, parent-to-parent support, annual family educator conferences, parent record notebook training, and student record notebook training.

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### GroupWorks West

11140 Washington Blvd., Culver City, CA 90232 ♦ Phone: (310) 287-1640 ♦ Fax:  
(310) 287- 0851 Website: [www.groupworkswest.com](http://www.groupworkswest.com)

Description: Groupworks West offers social development groups for children and teens with ASD as well as relationship skills groups for ASD young adults. In addition to social development groups, Groupworks West provides family counseling and parent consultations. **Vendored by Regional Center.**

The

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### HELP Group

13130 Burbank Blvd., Sherman Oaks, CA 91401 ♦ Phone: (877) 994-3588 ♦ Fax: (818) 779-5295 ♦ Website: [www.thehelpgroup.org](http://www.thehelpgroup.org)

Description: The Help Group Mental Health Services programs provide psychiatric, individual, family and group therapy, case management, and early intervention day treatment services for at-risk preschoolers. The Help Group Center for Autism Spectrum Disorders offers comprehensive assessments using scientifically validated diagnostic tools. **Vendored by Regional Center.**

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Herman and Associates 1137 Huntington Drive, South Pasadena, CA 91030

Contact: Kenneth Herman, CEO ♦ Phone: (323) 344-0123 ♦ Email: [admin@docherman.com](mailto:admin@docherman.com) ♦ Website: [www.docherman.com](http://www.docherman.com)

Description: Herman and Associates' multidisciplinary team of professionals has developed an individualized package of services for clients who have asperger's syndrome, high functioning autism, nonverbal learning disabilities, or pervasive developmental disorder. They provide individual psychotherapy and assessment for children, teens, and adults. They also help families with emotional, attentional, developmental, educational, and transition challenges.

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### Intercare Therapy

4221 Wilshire Blvd., Suite 300, Los Angeles, CA 90010 ♦ Phone: (888) 428-3223 ♦ Email: [info@intercaretherapy.com](mailto:info@intercaretherapy.com) ♦ Website: [www.intercaretherapy.com](http://www.intercaretherapy.com)

Description: Intercare Therapy is a multidisciplinary service provider for children in the Los Angeles area. The organization provides a wide range of evidence-based services, including intake assessments and comprehensive in-home and school-based behavior intervention. They provide speech therapy and social skills to children/teenagers (age 3-22) with autism, speech and language disorders, mental retardation, ADHD, developmental delays, and other developmental and behavioral disabilities. Intercare Therapy Inc. serves clients throughout Los Angeles County and is contracted with Los Angeles Unified School District. **Vendored by Regional Center.**

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### Miracle Mile Community Practice

7461 Beverly Blvd., Suite 405, Los Angeles, CA 90036 ♦ Phone: (323) 939-6355 ♦ Email: [david@mmcpla.org](mailto:david@mmcpla.org) ♦ Website: [www.mmcpla.org](http://www.mmcpla.org)

Description: Miracle Mile Community Practice offers affordable counseling to the local community.

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Step

### by Step

1412 14th St., Santa Monica, CA 90404 ♦ Phone: (310) 587-0050 ♦ Website: [www.stepbystepeduplay.com](http://www.stepbystepeduplay.com)

Description: The Personal Assistant Family Behavior Support Program (ages 12–30 years old) is a graduated program and a step down from intensive behavior intervention. The Behavior Aide works with the client as a companion to support positive behavior and generalization of skills in a variety of settings without the immediate family member being present.

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## YogAbility Institute

537 San Vicente Blvd. #104, Santa Monica, CA 90402 Contact: Bea Ammidown ♦  
Phone: (310) 451-0598 ♦ Email: [Bea@yogability.org](mailto:Bea@yogability.org) ♦ Website: [www.yogability.org](http://www.yogability.org)

Description: YogAbility is a therapeutic approach to Yoga for individuals of all ages with special needs or disabilities. YogAbility also teaches parents and caregivers a better way to nurture themselves. **Vendored by Regional Center.**

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Zaroff

## & Zaroff

17737 Ventura Blvd., Encino, CA 91316 ♦ Phone: (818) 886-9410

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Description: Social skills training groups for children, teens, and young adults ages 6–23. Healthy Relationships/Sexual Maturity Group classes for Teens 13–17 and adults 18+.

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**Medical**

## **Services, Counseling, Support Groups, Therapy Websites**

California Regional Centers Information and Directory:  
<http://www.dds.ca.gov/RC/RCList.cfm>

Council for Jews with Special Needs: [www.cjsn.org](http://www.cjsn.org)

Family Resource Centers Network of California: [www.frcnca.org](http://www.frcnca.org)

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## Transportation

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### Access Services

◆ Phone for certified Access Services rider: (800) 883-1295 Phone for non-certified Access Services rider: (800) 827-0829 ◆ Website:  
<http://accessla.org/home/>

Description: Access is the service name of the ADA Complementary Paratransit service for functionally disabled individuals in the Los Angeles County. Access transportation service is available for any ADA paratransit eligible individual in LA County. The service area is divided into and extends into portions of the surrounding counties of San Bernardino, Orange and Ventura that are served by Los Angeles County Fixed-route bus lines.

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### City Ride

◆ Phone: (800) 808-7433 ◆ Website:  
<http://www.ladottransit.com/other/cityride/index.html>

Description: Cityride is a transportation assistance program for individuals age 65 or older, and qualified disabled persons in the City of Los Angeles and select areas of Los Angeles County. The program offers Cityride participants

reduced costs for the purchase of City of Los Angeles permitted taxi rides and Cityride Dial- A-Ride services.

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## Vocational/Skill Building

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### Asian Rehabilitation Services of Los Angeles

1813 E. Washington Blvd., Los Angeles, CA 90021 ♦ Phone: (213) 743-9242 ♦ Email: info@ars.com ♦ Website: www.asianrehab.org

Description: ARS, Inc. provides vocational rehabilitation services and employment training services. Services include vocational assessment, job development, and paid work experience. The programs are designed to enable adults with disabilities to identify and further develop their skills toward achieving gainful employment.

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### Best Buddies California

3731 Stocker St. #212, Los Angeles, CA 90008 ♦ Phone: (323) 291-0118 ♦ Website:



<https://bestbuddies.org/find-programs/california/>

Description: Best Buddies is an organization dedicated to enhancing the lives of people with intellectual disabilities by providing opportunities for one-to-one friendships and integrated employment.

**Best Buddies Jobs** continues the integration of people with intellectual disabilities into the community through supported employment. The program helps individuals attain and maintain jobs of their own choosing by providing ongoing support and training, enabling people with intellectual disabilities to earn an income, pay taxes, and work in an environment alongside others in the community. Since its inception, Best Buddies Jobs has placed more than 500 individuals in integrated employment positions.

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### Camp Ramah in California - Ezra Program

17525 Ventura Blvd. # 201, Encino, CA 91316 ♦ Phone: (310) 476-8571 ♦ Website: <http://ramah.org/about/special-needs/tikvah/>

Description: The Ezra Program is a 7-week summer vocational training program focusing on vocational skills, independent living abilities, self-image, social functioning, and Jewish Community skills for ages 18-22. **Vendored by Regional Center.**

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### Department of Rehabilitation

♦ Website: <http://www.dor.ca.gov/>

Description: The California Department of Rehabilitation (DOR) administers the largest vocational rehabilitation program in the country. They have a three pronged mission to provide services and advocacy that enables people with disabilities to live independently, become employed, and have equality in the communities in which they live and work. DOR provides consultation, counseling, and vocational rehabilitation. There are seven vocational rehabilitation offices in Los Angeles.

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### Easter Seals Southern California (Hollywood)

1570 E. 17<sup>th</sup> St., Santa Ana, CA 92705 ♦ Phone: (714) 834-1111 ♦ Website: <http://www.easterseals.com/southernca/>

Description: Easter Seals provides exceptional services to ensure that all people with disabilities, or other special needs, and their families have equal opportunities to live, learn, work, and play in their

communities. Services include adult day, community access, and job training services.

**WorkFirst** is a division of the Easter Seals of Southern California that assists

individuals to secure and maintain paid employment.

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### \*Etta Israel

12722 Riverside Drive, Suite 105, North Hollywood, California 91607 ♦ Phone (818) 985-3882 ♦ Fax: (818) 487-9740 ♦ Website: [www.etta.org](http://www.etta.org)

Description: The Etta Israel Center creates programs and services that help Jewish youth and adults integrate into the community, and works to raise community awareness and sensitivity toward people with special needs. Its clients include children and adults with learning and developmental disabilities, including disabilities along the autism spectrum, who seek a program that includes a Jewish cultural component. EIC offers the following services:

**J-CHAI Case Management Program:** Program includes management, support of needs, and identification of life goals, capitalizing on unique strengths and helping each individual lead a meaningful life.

**Ner Shoshana Independent Skill and Community Integration Program:** The program provides behavioral and skills training services that focuses on community-based instruction. The goal is to keep participants connected to the Jewish community as well as to provide training for individuals to successfully live independently in the community at large while maintaining their Jewish Identity. Pending vendorization.

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### Exceptional Children's Foundation

1914 West Boulevard, Los Angeles, California 90016 ♦ Phone: (323) 934-5265 ♦ Website: <http://www.ecf.net/>

Description: ECF's mission is to provide the highest quality services for children and adults who are challenged with developmental, learning, and emotional disabilities to empower them to reach their greatest potential.

- **Developmental Activity Centers (DAC's)** offer a stepping stone to greater independence for adults with moderate to profound developmental disabilities. The DAC's offer full-day programming five days a week, with training in self-help, domestic, vocational, recreational, social, and community use skills.
- **Work Activity Programs** also known as PAR Services for "Packaging, Assembly, and Rework," offers adults with developmental disabilities the opportunity to "earn while they learn." Program services include assessment of work and task-related skills, on-the-job training and support, on-site educational classes taught by a school district teacher, and ongoing case management and support.
- **Supported Employment program** offers a gateway to greater independence to adults with developmental and other disabilities through sustained and gainful employment in the community. Supported Employment services include

interest assessment and job matching, community job placement, on-the-job training and support, and ongoing case management and support.

**Vendored by Regional Center.**

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F. A. C. T Families

11401 Westwood Blvd. Suite 200, Los Angeles, CA 90024 ♦ Phone: (310) 475-9620 ♦ Website: <http://www.factfamily.org/>

Description: FACT (Family, Adult and Child Therapies) is a non-profit organization created and guided by parents of children and adults with Autism Spectrum Disorders. FACT Transition Programs are designed to support individuals in building a sense of self determination through life experiences and laying a strong foundation as they transition from their younger years into their independence.

- **Transitional Independent Living Program** – For young adults wanting to make the transition from living at home or graduating from a residential setting. FACT offers individualized independent living plans to support participants, living either alone or with roommates.
- **Customized Employment and Microenterprise Development**– Services provide a flexible blend of strategies and support designed to increase employment options for job seekers with complex needs. Customized employment results in a job that is created or negotiated to meet the individual needs of the job seeker and employer.

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Goodwill Industries of Southern California

342 N. San Fernando Rd., Los Angeles, CA 90031 Contact: Janet Marinaccio, Vice President of Workforce Career Development ♦ Phone: (323) 539-2057 ♦ Website: <http://www.goodwillsoal.org/career-services/disability-services/>

Description: The mission at Goodwill Southern California is to transform lives through the power of work by providing persons with disabilities job placement and employee training programs.

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The HELP Group– Advance LA

13130 Burbank Blvd., Sherman Oaks, CA 91401 ♦ Phone (818) 779-5262 HELP Group schools are located in Sherman Oaks, Culver City, Valley Glen and Van Nuys. ♦ Website: [www.thehelpgroup.org](http://www.thehelpgroup.org)

Description: ADVANCE LA is an exciting new program for post-high school young adults with Autism Spectrum Disorder, Asperger's Disorder, ADHD and other Learning Differences that is designed to facilitate a successful transition to post-secondary options. They provide workshops, training coaches, social

activities, and a transitional program.

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### Independent Living Center of Southern California Inc., Training Center

14354 Haynes St., Van Nuys, CA 91401 ♦ Phone: (818) 988-9525 ♦ TTY: (818) 988-4227 ♦ E-mail address: [ilcscerv@ilcsc.org](mailto:ilcscerv@ilcsc.org) ♦ Website: [www.ilcsc.org](http://www.ilcsc.org)

Description: ILCSC is dedicated to empowering persons with disabilities to exercise independence professionally, personally, and creatively while striving to educate the community of their needs. Vocational goals are a priority and classes encourage socialization skills, proper behavior in and out of the workplace, self-advocacy, and skills to increase independence.

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### Institute for Applied Behavioral Analysis (IABA)

5777 W. Century Blvd. Suite 675, Los Angeles, CA 90045 ♦ Phone: (310) 649-0499 ♦ Website: [www.iaba.com](http://www.iaba.com)

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Description: Provides behavior management services, supported employment, supported living and supported educational services to individuals with developmental disabilities in Southern California. The goal of IABA is to assure the highest quality of life possible for everyone they serve by enabling them to live regular lives in natural settings. **Vendored By Regional Center.**

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### \*Jewish Vocational Service

6505 Wilshire Blvd., Suite 200, Los Angeles, CA 90048 ♦ Phone (323) 761-8888  
Email: [askus@jvsla.org](mailto:askus@jvsla.org) ♦ Website: [www.jvsla.org](http://www.jvsla.org)

Description: JVS offers two programs: Vocational Evaluation and Employment Preparation & Placement for individuals with disabilities, ages 16 and older. JVS also specializes in serving people who are blind or visually impaired in the area of assistive technology. **JVS is Vendored with the Department of Rehabilitation.**

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### Junior Blind of America

5300 Angeles Vista Blvd., Los Angeles, CA 90043 ♦ Phone: (323) 295-4555 ♦ Toll Free (800) 352-2290 ♦ Website: <http://www.juniorblind.org>

Description: Junior Blind's mission is helping children and adults who are blind, visually impaired or multi-disabled achieve independence. Through programs that offer early intervention, education, recreation and rehabilitation, our students learn essential skills to help them maximize their potential and achieve their goals.

- **Student Transition & Enrichment Program (STEP)** is designed to help teens and young adults identify areas of career interest and successfully transition to college or the workforce. In addition to learning skills for

independent living, students develop work-readiness skills through individualized instruction, group seminars, and internships opportunities that are matched to their interests, abilities, and goals. The Student Transition & Enrichment Program serves young adults, ages 16-22, who are blind or visually impaired and seeking advancement in their careers or education.

- **Davidson Program for Independence** is a comprehensive residential program designed to help adults who are blind or visually impaired. Through training in four core areas: Braille, Assistive Technology skills, Orientation and Mobility, and Independent Living Skill, graduates of the program have the skills to find employment and enjoy productive and fulfilling lives in their homes, communities and places of work

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Los Angeles Goal (Innovative Programs for Adults with Developmental Disabilities) 4911 Overland Ave., Culver City, CA 90230 Contact: Petite Konstantin, Executive Director ♦ Phone: (310) 838-5274 ♦ Email: info@lagoal.org ♦ Website: www.lagoal.org

Description: L.A. Goal provides opportunities for adults with developmental disabilities to increase their independence and employability through educational, vocational, and recreational programs. Their independent living skills programs operate seven days a week and help members attain and maintain the delicate balance of emotional, mental, and physical wellbeing.

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Modern Support Services, LLC ♦ Phone: (855) 853-2300 ♦ Email: info@modernsupportservices.org ♦ Website: www.modernsupportservices.org

Description: Modern Support Services, LLC (M.S.S.) is an agency providing community based

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support and independent living programs. They offer individualized in-home and community based support and training. Areas to be addressed include: facilitating skill acquisition, volunteering, community inclusion/participation, personal empowerment, wellness/health, community connections, support networks, and 24-hour emergency response. **Vendored by Regional Center.**

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## New Horizons

15725 Parthenia St., North Hills, CA 91343 ♦ Phone: (818) 894-9301 ♦ Email: mveals@newhorizons-svf.org ♦ Website: www.newhorizons-sfv.org

Description: Located on a beautiful, large campus in the San Fernando Valley, New Horizons creates opportunities to maximize personal and vocational growth for individuals with developmental disabilities and acquired traumatic brain injuries. Programs include their day training activity center (DTAC), housing

services, Sam's café, workshops, and supported employment.

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## PathPoint

9430 Topanga Canyon Blvd., #103, Chatsworth, CA 91311 ♦ Phone: (818) 773-9570 ♦ Email: [info@pathpoint.org](mailto:info@pathpoint.org) ♦ Website: [www.pathpoint.org](http://www.pathpoint.org)

Description: PathPoint is a non-profit organization dedicated to helping people with disabilities reach their full potential. PathPoint provides comprehensive training and support services that empower people with disabilities to live and work as valued members of the community. They strategically place individuals in work environments that are compatible with their talents, interests, and abilities.

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## Pathway at UCLA Extension

10995 Le Conte Ave., Suite 639, Los Angeles, CA 90024 ♦ Phone: (310) 794-1235 ♦ Fax: (310) 206-5006 ♦ Email: [pathway@uclaextension.edu](mailto:pathway@uclaextension.edu) ♦ Website: <http://education.uclaextension.edu/pathway/>

Description: Pathway at UCLA Extension is a two-year certificate program for students with intellectual or developmental disabilities that offers a blend of educational, social, and vocational experiences. The program is taught and supervised by experienced instructors, sensitive to the individual needs of the students. Pathway's strength lies in its carefully structured curriculum, comprised of courses within the following skill-building areas: academics, career exploration and work readiness, life skills, and transition to independent living.

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## Tierra Del Sol

9919 Sunland Blvd., Sunland, CA 91040 ♦ Phone: (818) 352-1419 ♦ Fax: (818) 353-0777 ♦ Email: [info@tierradelsol.org](mailto:info@tierradelsol.org) ♦ Website: [www.tierradelsol.org](http://www.tierradelsol.org)

Description: Tierra Del Sol provides focused instruction in a wide variety of vocational areas, adult life skills, social and recreational areas, and artistic expression. Employment, volunteer opportunities, and personal interest activities are also offered.

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## UCLA Center for Autism Research and Treatment (C. A. R. T.)

300 UCLA Medical Plaza, Suite 1253, Los Angeles, CA 90095-6967 ♦ Phone (310) 794-4008 ♦ Email: [clinic@autism.ucla.edu](mailto:clinic@autism.ucla.edu) ♦ Website: <http://www.semel.ucla.edu/autism>

Description: The Center for Autism Research and Treatment has a strong focus on the design and

testing of experimental treatment interventions, founded on basic and clinical

science advancements. UCLA currently offers the following programs and services:

**Program for the Education and Enrichment of Relationship Skills:** A parent-assisted social skills training program for adolescents, and young adults, with autism spectrum disorders.

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## Helpful Websites

Area Board 10: Resources about legal rights and services <http://www.scdd.ca.gov/>

Arthritis Foundation [www.arthritis.org](http://www.arthritis.org)

California Department of Education- Special Education Division  
[www.cde.ca.gov/sp/se/](http://www.cde.ca.gov/sp/se/)

Caregiver Resource Center [www.caregiverresourcecenter.com](http://www.caregiverresourcecenter.com)

Harbor Regional Center—Online List of Resources [www.harborrc.org](http://www.harborrc.org) (click on the “resource center” link at the top of the page)

Lanterman Regional Center Resource Directory [www.lanterman.org](http://www.lanterman.org) (click on the information and resources tab on the left-hand side of the page)

Los Angeles Care – Searchable Accessible Doctor’ s Office List  
<http://www.lacare.org/members/member-tools/find-doctor-or-hospital>

Los Angeles Unified School District – Special Education Website <http://dse-web.lausd.k12.ca.us/>

Partners in Care Foundations [www.picf.org](http://www.picf.org)



