



## Parents' Blessing

(a.k.a., the Priestly Blessing, the Three-Fold Blessing)

*traditionally given on Friday night after lighting candles,  
with a parent's hand on the child's head*

*For a boy:*

יְשִׁימֶךָ אֱ-לֹהִים כְּאַפְרַיִם וְכַמְנַשֶּׁה

*Yesimecha Elohim ke-Efrayim ve-chi-Mnasheh*

May the Eternal One make you like Ephraim and Menasheh

*For a girl:*

יְשִׁימֶךָ אֱ-לֹהִים כְּסָרָה רִבְקָה רָחֵל וְלֵאָה

*Yesimech Elohim ke-Sarah, Rivkah, Rachel, ve-Leah*

May the Eternal One make you like Sarah, Rebecca, Rachel, and Leah

*For all:*

יְבָרְכֶךָ יי וַיִּשְׁמְרֶךָ

*Yevarechecha Adonai ve-yishmerecha*

May the Holy One bless you and guard you.

יָאֵר יי פָּנָיו אֵלֶיךָ וַיַּחַנֶּךָ

*Ya'er Adonai panav eilecha vi-chuneka*

May the Holy One's face shine toward you and show you favor.

יִשָּׂא יי פָּנָיו אֵלֶיךָ וַיַּשֵּׂם לְךָ שְׁלוֹם

*Yisa Adonai panav eilecha ve-yasem lecha shalom*

May the Holy One's face be lifted toward you and grant you *shalom*.