

Read this newsletter online [here](#).

OrH Newsletter – October 25, 2016

Feedback on High Holidays

With thanks to those who have already completed our High Holy Day feedback form, we are still seeking answers to three questions about your experience at our High Holy Day events. If you haven't already done so, please take a minute or two to provide your responses by clicking here:

<https://www.orh.ca/form/high-holiday-feedback-2016.html>.

We appreciate you taking time to reply.

B'Shalom,

Your Board of Directors

Upcoming Services and Events

New Members Shabbat with Torah Service

Saturday, November 5, 2016

9:45 AM - 12:15 PM, Room 5, lower level of Unitarians

New Members' Shabbat: Our newest congregants are invited to join our shaharit service of morning blessings and songs, including Torah service, a participatory discussion of the day's portion, followed by Kiddush/pot luck luncheon.

Shabbat Around the Table and JED Talk

Friday, November 11, 2016

6:00 PM - 9:00 PM, location: Westboro

Join us for a "Shabbat Around the Table" potluck supper hosted by an OrH member in their home, followed by a JED (Jewish Education and Dialogue) talk.

The JED Talk will be given by OrH member David Lewis, who will discuss the **life and work of Polish artist and poet Israel Lejzerowicz**. Lejzerowicz, David's great uncle, survived three years in the Lodz ghetto (1942-1944). Lejzerowicz interpreted the ghetto through his art and organized channels through which other artists could sustain themselves and their artistic freedom during ghetto imprisonment. To attend, please email Heni at learning@orh.ca. You are also welcome to attend only the talk, which begins at 8pm.

Seeking Challah Bakers

As part of the preparation for Federation's Shabbat Project on November 11-12, Federation is hosting their second annual Women's Mega Challah Bake at Kehillat Beth Israel. **They are looking for 1-2 volunteers to represent OrH as part of the team of "Lead Bakers."** The Lead Baker has 2 roles: (1) to recruit and invite people to attend the Challah Bake, and (2) to lead a table of participants through the challah baking process. The lead baker will also be able to attend a training session on November 3 either at 10am or 7pm. The volunteer does not need to be an expert baker, but should have some experience.

If you are interested in representing OrH, send an [email to Elena Moscoe](mailto:info@orh.ca) by **Friday, October 21**. And be sure to let us know as well at info@orh.ca.

Register For December Birthright Trip to Israel!

Camp JRF, the Jewish Reconstructionist Communities, and the Reconstructionist Rabbinical College invite you and your friends (ages 21 to 26) to explore Israel over ten days this December. Hike, learn, sing and connect with the land, people, history and culture. Whether you've visited before or this will be your first time, we know you'll have an incredible experience. Birthright Israel: Israel Experts are preparing a uniquely Reconstructionist journey that will stop at the major sites and more out-of-the-way places. We're sure you've never seen Israel like this!

Registration begins in September. Visit <http://campjrf.org/birthright/> for more information.

Adult Education

"Jewish Mindfulness Unbookclub"

The Mindful Meditation Jewish Learning group is hosting an unbookclub for the 2016/17 (5776/77) cycle for the spiritually adventurous. Three rich books on aspects of Jewish spiritual learning and practice are on the menu. We will delve into ways our tradition guides us both as individuals and within community. Each session will invite participation through readings, structured exchange in small groups or dyads, and large group sharing. Attendees are encouraged to read the corresponding book prior to meeting to optimize the encounter's opportunities. Next session is on Oct 30, 10 AM - 11:30 AM, location TBC. There is no charge. Please RSVP to mindfulness@orh.ca and [visit the web page](#) for more information.

In the Ottawa Community

In agreeing to post any notice of an event in the community, Or Haneshamah does not endorse, support or promote any perspectives, positions or ideas expressed in the events which are posted in our newsletter. [Click here to see the full disclaimer.](#)

AJA 50+ Annual Bridge and Fundraiser.

You are invited to play Duplicate Bridget, Contract Bridge, Mah Jongg, Chess and Scrabble. Lunch will be served. Cost \$40. Everyone Welcome, Come and bring your friends. **Thursday October 27, 2106, 11:15 AM - 3:00 PM, at the Ron Kolbus Lakeside Centre in Britannia Park.** For tickets please call Flo Morgan at 613-224-8286 or email aja50plus@sympatico.ca.

CJN Prize for Young Writers

The Canadian Jewish News is holding its annual **CJN Prize for Young Writers**. Students can enter a piece of writing on a Jewish theme of their choice to win an award for excellence in Jewish writing and a cash prize. First prize will receive \$1,800. Ten runners up will each receive \$180. All winners will be published by The CJN and presented with their prize at The CJN Prize Awards Ceremony at York University on March 19, 2017. Submissions are due by October 27, 2016. For more information and contest rules, visit: <http://www.cjnews.com/events/contests/cjns-young-writers-contest>

November is Holocaust Education Month

For a complete listing of all events, visit jewishottawa.com/HEM.

The CHES at Carleton University is hosting a number of free events and guest speakers in the month of November that are open to the public. For more information visit: <https://carleton.ca/ches/events/>

The 2nd Generation Symposium, for children and grandchildren of Holocaust survivors

This symposium will take place Nov 3, 2016 at Library and Archives Canada, 395 Wellington St., Ottawa, 4:30 – 8:30 pm. The Symposium includes exceptional speakers with a broad range of experiences who will examine topics of specific interest to the 2nd and 3rd Generation of Holocaust Survivors.

Registration is required, space is limited. To register and for more information [visit the web page](#). This is a free event, light dinner is included

Jewish Federation of Ottawa Women's Campaign

JFOWC presents the 10th Anniversary of **CHOICES with speaker Jeannie Smith, November 1, 2016**, Kehillat Beth Israel, 1400 Coldrey Ave. For more info visit <https://jewishottawa.com/our->

[community/choices](#) or contact Judy Toombs 613-798-4696 x305 or jtoombs@jewishottawa.com

“Yiddish in the New Millennium”

A symposium presented by the University of Ottawa’s Vered Jewish Canadian Studies Program examines new developments in Yiddish language and culture. It has two parts:

1. Saturday, November 5 from 7:30 pm-9:30 pm, at Library and Archives Canada, is the opening session, co-sponsored by the Jacob M. Lowy Collection at Library and Archives Canada, featuring a performance-talk by ethnomusicologist and musician **Dr. Judith Cohen**.
2. Sunday, November 6 from 9:00 am to 6:00 pm, at University of Ottawa: A full day of lectures on Yiddish pedagogy, literature and film, Hassidic Yiddish, translation, digitization and oral history, and performance.

All sessions are free and open to the public. Seating is limited (100 for Saturday evening and 25 for Sunday), and advance reservations are required. For the full program or to reserve a spot, please visit: <http://yiddishnewmillennium.yolasite.com>.

For more information, please contact Professor Rebecca Margolis, Vered Jewish Canadian Studies Program rmargoli@uOttawa.ca.

Two upcoming events are part of the Shabbat Project 2016

1. **Women's Community Challah Bake** on November 10, 2016, 7pm at Kehillat Beth Israel, 1400 Coldrey Ave. Tickets are \$18. For more information about tickets or to volunteer (see notice above), visit <https://jewishottawa.com/shabbatproject/challahbake>.
2. **Unity Havdallah**, November 12 at 7:30 pm at the Soloway JCC, 21 Nadolny Sachs Private. A community-wide Havdallah ceremony, live music concert, food, and children's activities. The event is free and all are warmly welcomed! For more information visit <https://www.jewishottawa.com/shabbatproject>, or [contact Elena](#) at 613-798-4696 x355.

Multifaith Housing Initiative and National Housing Day

This year’s National Housing Day (NHD) multifaith celebration and reception will take place at the **Jean Pigott Place, Ottawa City Hall on Sunday, November 13, 2016 at 2:30 pm**. The theme is “Ottawa - a city of Compassion”. The Multifaith Housing Initiative (MHI) Patrons from Muslim, Jewish, Baha’i, Hindi and Christian traditions will each share their perspective on the meaning of compassion and the importance of taking action about homelessness and affordable housing. Followers of all faiths are invited to participate in the MHI National Housing Day celebration and reception to foster dialogue and understanding. For more information about MHI, or if you would like to volunteer your time to help in one of our projects visit <http://www.multifaithhousing.ca>, or contact Chris Lewis at christina.lewis@sympatico.ca.

Donations to OrH

Donations are a significant part of the funding for activities and rabbinic support in our community. You can direct your contribution to different areas of Or Haneshamah's activity:

Donations toward ongoing congregational operations:

- General donations, which fund programming, rabbinic leadership, and essential administrative costs.
- Donations in honour of, or in memory of, a person or event. All such donations are acknowledged through the Or Haneshamah card program, which sends notices of donation and a personalized message to a designated recipient.

Targeted donations:

- Dedication of ritual objects and books. We are currently seeking donations of \$54 for each new copy of our Machzor (high holiday prayerbook). Donations will be recognized by bookplates that may be in honour of, or in memory of, a person or event.
- Gita Taub Education Fund, which supports educational programming and access for members who would otherwise be unable to afford participation in Or Haneshamah or other valuable activities. Our present focus for disbursements from the fund is OrH's new Machaneh Shabbat (Shabbat Camp) for primary school-aged children, which launched in September.
- Rabbi's Discretionary Fund. Donations that the Rabbi gives to people in need or to support charities the Rabbi deems important.

Please make any of the above donations through the website by clicking on the "Donate" menu item.

Or Haneshamah Endowment Fund

Established in May 2016, the Endowment Fund is a pool of financial assets that is invested to provide a reliable and ongoing source of income for our community's activities. Annual payouts from the fund go into Or Haneshamah's general revenues. Donations are made through the Ottawa Jewish Community Foundation (OJCF) online at www.ojcf.ca or by telephone at 613-798-4696 ext 274.

Thank you for your generosity and support of OrH!

Potluck Protocol

Our community's long time practice is to welcome egg, dairy and fish on the potluck table. Please label your meal contributions with all ingredients to help people with food allergies or sensitivities; also advise kitchen staff whether dish is to be served hot or cold.

Rides to Services and Events

Will you be needing a ride to services and OrH events? Are you able to offer a ride to services OrH events? We encourage members to be generous with their offers of rides. Please contact info@orh.ca with your name and area of the city you are coming from.

A Caring Community

Members are encouraged to contact the rabbi or any board member to let us know about your pastoral care needs, or the needs of another member, whether related to a new or an ongoing circumstances. These may include such situations as a pending hospitalization, a change in health, relationship, or employment status, other life transitions, or the death of a loved one. Through knowing what is happening in each other's lives, we give each other, including our rabbi, the opportunity to perform acts of *gemilut hasadim*/loving kindness, the hallmark of a caring community.

We Are Listening

How do you feel things are going in our community? Do you have ideas about programs or events that we should pursue? What aspects of Or Hanesamah do you feel are working well, and what do you think can be improved? In the interest of making OrH the best community that it can be, the board and rabbi invite you to submit comments and feedback at any time. Please send your thoughts to feedback@orh.ca or directly to any member of the board (email addresses below).

Board of Directors

President:	Paula,	president@orh.ca
Treasurer:	Jacob,	treasurer@orh.ca
Education:	Heni,	learning@orh.ca

Communications:	David,	communications@orh.ca
Secretary:	David,	secretary@orh.ca
Membership:	Janet,	membership@orh.ca
Member-at-Large:	Lina,	member-at-large.lina@orh.ca
Member-at-Large:	Gail,	member-at-large.gail@orh.ca
Past President:	Mark,	past-president@orh.ca

Rabbi Elizabeth Bolton: rabbi@orh.ca

Members are welcome to contact Rabbi Liz, or any member of the board, regarding pastoral needs.

Or Haneshamah
30 Cleary Ave., Ottawa, ON, K2A 4A1
613-239-4988
www.orh.ca
info@orh.ca

**** Disclaimer Regarding Community Event Postings ****

Or Haneshamah frequently receives requests to post notices of upcoming events in the community at-large. These events run the range from cultural, educational, and in some cases explorations of topical political issues. In the interest of providing information to our congregation about the diversity of interesting events in the Ottawa community we will post notices of these events in our regular newsletter.

We recognize also that from time to time we are requested to post notices of events which are highly controversial in nature and reflect a wide range of opinions among our congregation on particular issues. We are, however, of the opinion that it is appropriate for us to post events taking place in the community which may challenge us, which may cause discomfort, and which may cause us to reflect on some of our beliefs. Our openness to post notices for a wide range of community events, however, does not mean that we have abdicated our responsibility to show discernment and to distinguish between those events which demonstrate an open-minded and thoughtful approach to specific issues and those which do not appear to reflect such values. So, we will make judgments about what notices we believe are appropriate to post and those which we believe will not contribute to a thoughtful and balanced exploration of ideas and issues.

Will we make mistakes along the way? Probably. But the possibility of errors of judgment does not mean that we can excuse ourselves from the responsibility to show judgment in posting notices about events in the community and we promise to do so with openness tempered by a sense of responsibility.

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