

Read this newsletter online [here](#).

OrH Newsletter – October 6, 2016

Yom Kippur Services

Or Hanesamah welcomes non-members to its Yom Kippur services. Online registration, details and fees can be found [here](#), or contact membership@orh.ca.

We are expecting a large turnout at Yom Kippur services next week. We ask that you please check in with our greeter/ushers at the main door to have your name checked off the list.

On Erev Yom Kippur please plan to arrive by 5:30, as the instrumental rendition of Kol Nidre will begin promptly at 5:45. If you have one, please bring your own High Holiday Machzor.

A reminder that licensed childcare and youth programming will be offered at both morning and afternoon Yom Kippur services. See our [High Holiday services page](#) for more information.

Information on Yom Kippur Potluck Break Fast

If you are planning on bringing a food offering for the Yom Kippur potluck Break Fast meal on Wednesday, October 12, 2016, please follow the instructions below:

1. Click on the link below (or copy and paste it into your browser) to bring up the electronic sign-up sheet
2. Fill in the required information
3. Press 'Enter' on the keyboard after each entry
4. Close the webpage after completion

<http://tinyurl.com/kt2vrys>

Save the Date: Amazing Gift of a New Sefer Torah

Simchat Torah will be especially joyful this year as Kehillat Beth Israel makes a remarkable gift to Or Hanesamah: a Sefer Torah which will be celebrated at a Hachnasat Sefer Torah, a dedication ceremony, in the afternoon of October 23rd. We will meet at Kehillat Beth Israel at 1:00 to receive the Torah then will parade for the first mile of the journey, with song, candles, and shofar blowing, passing the Torah from one to another, stopping for kisses along the way. We will then gather at the corner of Richmond and Cleary at approximately 2:00 for the procession to our space with the Unitarians. See details in next newsletter.

Machaneh Shabbat Camp Registration

Registration for this year's Machaneh Shabbat Camp is now open! Enrolment is ongoing. Sessions run most Saturday mornings until June. Machaneh Shabbat is OrH's unique "camp style" Jewish education program open to school-age children and younger children with their caregivers. Not a member of OrH, but interested in participating? Not a problem. Machaneh Shabbat is open to the community. For more information visit the [Machaneh Shabbat page](#).

Upcoming Services and Events

Kabbalat Shabbat and JED talk

Friday, October 7, 2016

6:30 PM - 9:00 PM, Room 5, lower level of Unitarians

The shabbat between Rosh Hashanah and Yom Kippur is known as Shabbat Shuvah, the Sabbath of returning. We regroup and renew through our familiar Friday night customs - Kabbalat Shabbat followed by pot luck meal and a JED talk by OrH member Hope Harris on spirituality.

"Instant Choir" Practice

Sunday, October 9, 2016

2:45 PM - 4:00 PM, Drummond St, Old Ottawa East

"Instant Choir" practice for our Rosh Hashanah morning, Kol Nidre evening, and Yom Kippur morning services. Warm-up begins promptly on the hour. Ability to read music NOT required. RSVP to Rabbi Liz at rabbi@orh.ca.

Erev Yom Kippur/Kol Nidre

Tuesday, October 11, 2016

5:45 PM - 8:15 PM, Worship Hall of Unitarians

Beginning with the haunting Kol Nidre on cello and piano, followed by the three repetitions offered by Rabbi Liz and members of the community, we greet the most solemn day of the year garbed in white garments and tallitot/prayer shawls, fasting (if able), attuning to the ancient intervals and preparing to lead ourselves through a day of repentance and remembrance. (Please note that we begin Kol Nidre service promptly with the instrumental rendition.)

Yom Kippur Morning Service

Wednesday, October 12, 2016

9:30 AM - 1:30 PM, Worship Hall of Unitarians

The morning of Yom Kippur sustains our engagement with the themes of individual and communal repentance and commitments through prayer, song, chant, the reading of Torah, and the deep bowing of the Grand Aleynu.

Yom Kippur Afternoon Service and Breaking the Fast

Wednesday, October 12, 2016

4:30 PM - 7:00 PM, Worship Hall of Unitarians

We reconvene for the afternoon Minhah Service, this year featuring a father-and-son chanting of the story of Jonah along with our alternative Torah reading. A new feature this year, we will reconstruct the traditional Avodah service to consider a member's presentation of a thoughtful reflection on a challenging issue or concept in our tradition, with the opportunity to respond. The always meaningful Yizkor service follows, which will also feature a personal reflection on loss, along with the honouring of the memories of our dear departed. Finally Neilah beckons us, through song and silence, before the open ark or at our seats, towards the final great blast of the shofar, and the conclusion of our full day with havdallah. We share a communal break-fast meal immediately following. Sign up here for food contribution - <http://tinyurl.com/kt2vrys>.

Register For December Birthright Trip to Israel!

Camp JRF, the Jewish Reconstructionist Communities, and the Reconstructionist Rabbinical College invite you and your friends (ages 21 to 26) to explore Israel over ten days this December. Hike, learn, sing and connect with the land, people, history and culture. Whether you've visited before or this will be your first time, we know you'll have an incredible experience. Birthright Israel: Israel Experts are preparing a uniquely Reconstructionist journey that will stop at the major sites and more out-of-the-way places. We're sure you've never seen Israel like this!

Registration begins in September. Visit [this link](#) for more information.

Adult Education

Learn To Chant Torah

This fall Rabbi Liz will be offering a five-session Learning to Chant Torah Trope class for OrH members. Sessions will take place after services and lunch on October 22, October 29, November 12, November 26 and December 10. Anybody can learn trope. Reading knowledge of Hebrew with vowels is required. Knowledge of musical notation is useful but not required. Check out the first session and see if you are interested. Free to OrH members. Any questions please speak to Rabbi Liz or contact learning@orh.ca. If you plan to attend, please send a note to learning@orh.ca.

In the Ottawa Community

In agreeing to post any notice of an event in the community, Or Haneshamah does not endorse, support or promote any perspectives, positions or ideas expressed in the events which are posted in our newsletter. [Click here](#) to see the full disclaimer.

The Canadian Jewish News is holding its annual **CJN Prize for Young Writers**. Students can enter a piece of writing on a Jewish theme of their choice to win an award for excellence in Jewish writing and a cash prize. First prize will receive \$1,800. Ten runners up will each receive \$180. All winners will be published by The CJN and presented with their prize at The CJN Prize Awards Ceremony at York University on March 19, 2017. Submissions are due by October 27, 2016. For more information and contest rules, visit: <http://www.cjnews.com/events/contests/cjns-young-writers-contest>

Donations to OrH

Donations are a significant part of the funding for activities and rabbinic support in our community. You can direct your contribution to different areas of Or Haneshamah's activity:

Donations toward ongoing congregational operations:

- General donations, which fund programming, rabbinic leadership, and essential administrative costs.
- Donations in honour of, or in memory of, a person or event. All such donations are acknowledged through the Or Haneshamah card program, which sends notices of donation and a personalized message to a designated recipient.

Targeted donations:

- Dedication of ritual objects and books. We are currently seeking donations of \$54 for each new copy of our Machzor (high holiday prayerbook). Donations will be recognized by bookplates that may be in honour of, or in memory of, a person or event.
- Gita Taub Education Fund, which supports educational programming and access for members who would otherwise be unable to afford participation in Or Haneshamah or other valuable activities. Our present focus for disbursements from the fund is OrH's new Machaneh Shabbat (Shabbat Camp) for primary school-aged children, which launched in September.
- Rabbi's Discretionary Fund. Donations that the Rabbi gives to people in need or to support charities the Rabbi deems important.

Please make any of the above donations through the website by clicking on the "Donate" menu item.

Or Haneshamah Endowment Fund

Established in May 2016, the Endowment Fund is a pool of financial assets that is invested to provide a reliable and ongoing source of income for our community's activities. Annual payouts from the fund go into Or Haneshamah's general revenues. Donations are made through the Ottawa Jewish Community Foundation (OJCF) online at www.ojcf.ca or by telephone at 613-798-4696 ext 274.

Thank you for your generosity and support of OrH!

Potluck Protocol

Our community's long time practice is to welcome egg, dairy and fish on the potluck table. Please label your meal contributions with all ingredients to help people with food allergies or sensitivities; also advise kitchen staff whether dish is to be served hot or cold.

Rides to Services and Events

Will you be needing a ride to services and OrH events? Are you able to offer a ride to services OrH events? We encourage members to be generous with their offers of rides. Please contact info@orh.ca with your name and area of the city you are coming from.

A Caring Community

Members are encouraged to contact the rabbi or any board member to let us know about your pastoral care needs, or the needs of another member, whether related to a new or an ongoing circumstances. These may include such situations as a pending hospitalization, a change in health, relationship, or employment status, other life transitions, or the death of a loved one. Through knowing what is happening in each other's lives, we give each other, including our rabbi, the opportunity to perform acts of *gemilut hasadim*/loving kindness, the hallmark of a caring community.

We Are Listening

How do you feel things are going in our community? Do you have ideas about programs or events that we should pursue? What aspects of Or Haneshamah do you feel are working well, and what do you think can be improved? In the interest of making OrH the best community that it can be, the board and rabbi invite you to submit comments and feedback at any time. Please send your thoughts to feedback@orh.ca or directly to any member of the board (email addresses below).

Board of Directors

President: Paula, president@orh.ca

Treasurer: Jacob, treasurer@orh.ca

Education: Heni, learning@orh.ca

Communications: David, communications@orh.ca

Secretary: David, secretary@orh.ca

Membership: Janet, membership@orh.ca

Member-at-Large: Lina, member-at-large.lina@orh.ca

Member-at-Large: Gail, member-at-large.gail@orh.ca

Past President: Mark, past-president@orh.ca

Rabbi Elizabeth Bolton: rabbi@orh.ca

Members are welcome to contact Rabbi Liz, or any member of the board, regarding pastoral needs.

Or Haneshamah

30 Cleary Ave., Ottawa, ON, K2A 4A1

613-239-4988

www.orh.ca

info@orh.ca

**** Disclaimer Regarding Community Event Postings ****

Or Haneshamah frequently receives requests to post notices of upcoming events in the community at-large. These events run the range from cultural, educational, and in some cases explorations of topical political issues. In the interest of providing information to our congregation about the diversity of interesting events in the Ottawa community we will post notices of these events in our regular newsletter.

We recognize also that from time to time we are requested to post notices of events which are highly controversial in nature and reflect a wide range of opinions among our congregation on particular issues. We are, however, of the opinion that it is appropriate for us to post events taking place in the community which may challenge us, which may cause discomfort, and which may cause us to reflect on some of our beliefs. Our openness to post notices for a wide range of community events, however, does not mean that we have abdicated our responsibility to show discernment and to distinguish between those events which demonstrate an open-minded and thoughtful approach to specific issues and those which do not appear to reflect such values. So, we will make judgments about what notices we believe are appropriate to post and those which we believe will not contribute to a thoughtful and balanced exploration of ideas and issues.

Will we make mistakes along the way? Probably. But the possibility of errors of judgment does not mean that we can excuse ourselves from the responsibility to show judgment in posting notices about events in the community and we promise to do so with openness tempered by a sense of responsibility.

In agreeing to post any notice of an event in the community, Or Haneshamah does not endorse, support or promote any perspectives, positions or ideas expressed in the events which are posted in our newsletter.