



Temple Sinai

BULLETIN

Serving the Stamford, New Canaan, Darien and Pound Ridge Communities

www.templestamford.org

Volume 58, Issue 1

September 2018 • Elul 5778/Tishre 5779

HIGH HOLY DAYS SCHEDULE

Saturday, September 1

Selichot	סליחות
Program, Service and Pre-neg with Rabbi TelRav, Cantor Morgovsky and RUACH	7:30pm
<i>Open to the public - no ticket required</i>	

Sunday, September 2

Cemetery Memorial Service	אזכרה
Fairfield Memorial Park	10:00am
Healing Service	מז שברך
Temple Sinai	11:30am
<i>Open to the public - no ticket required</i>	

Sunday, September 9

Erev Rosh Hashanah*	ערב ראש השנה
Evening Service	7:30pm

Monday, September 10

Rosh Hashanah Day*	שחרית לראש השנה
Morning Main Service	9:30am
Children's Service (Pre-K and younger)	1:30pm
Family Service	2:00pm
Tashlich Service	3:00pm

Tuesday, September 11

2nd Day Rosh Hashanah	יום שני
Morning Service	8:30am
Kiddush Brunch	10:00am

Tuesday, September 18

Erev Yom Kippur*	כל נדרי
Kol Nidre Service	7:30pm

Wednesday, September 19

Yom Kippur Day*	יום הכיפורים
Morning Main Service	9:30am
Musical Meditations with Piano	1:00pm
Children's Service (Pre-K and younger)	1:30pm
Afternoon Programs at Temple Sinai	2:00pm
Family Service	2:00pm
Afternoon Service	3:30pm
Yizkor & Concluding Service	4:30pm
Break-fast	6:30pm

RABBI'S RESPONSA



L'Shanah Tovah L'Kulam (May all have a Good New Year),

When I was a younger man with more discretionary time, I was in a very casual bowling league with a couple of buddies back in Michigan. Mostly, it was just for fun but, along the way, I also worked on my technique and learned how to bowl a decent game. We laughed a lot and bantered with the teams we competed against, but my favorite part of the experience (even now)

is the meditative moment of lining my toes up with the line. Lifting the ball towards my chin, I take a moment to breathe, focus, take the correct number of steps, let gravity pull the ball down and back, and then swing it forward again with just the correct amount of twist of the wrist. If I get it right, it connects with the floor absent any bounce or clunk. Then, the agonizing eternity as I wait to see what happens 60' away.

This sort of careful attention to the details of movement is well-known to athletes who spend countless hours perfecting the art of doing it just right...over and over and over again. When I'm sailing, I want to tack at just the right moment with smooth movements as I switch the setting of the sail. When I am swimming, I want every single stroke to look beautiful because the absence of splash indicates the peak of efficiency combined with speed and endurance. The

So if, in this new year of 5779, you're committed to the behaviors that you've employed thus far and doing what you've always done, then I'll remind you that you'll always get what you've always gotten.

Continued on page 7

SHABBAT SCHEDULE

Friday, September 7

5:00pm: Tot Shabbat
5:30pm: Pre Neg
6:00pm: Shabbat Service

Friday, September 21

7:30pm: Shabbat Service

Friday, September 14

7:30pm: Shabbat Service

Friday, September 28

7:30pm: Shabbat Service

In this issue:

President's Perspective..... 3	Sisterhood 7
Cantor & Educator.....4, 5	Contributions 11
Brotherhood 6	Yahrzeits 12

* Babysitting is available at Temple Sinai for children ages 5 and under. Please call the temple office 203.322.1649 to reserve.

Temple Sinai Bulletin

Published monthly by:

Temple Sinai
458 Lakeside Drive, Stamford, CT 06903
Phone: (203) 322-1649
Fax: (203) 329-7741
www.templestamford.org

General Information

info@templestamford.org

Rabbi..... Jay TelRav

Cantor Micah Morgovsky

Educator Amy Ritell

Director of Congregational
Engagement Larry Stoogenke

Youth Director Erica Quamily

President..... Marc Friedman

First Vice President Alan Cohen

Vice President..... Alan Barr

Vice President..... Wendy Lewis

Vice President..... Amanda Sherman

Vice President..... Lisa Silver

Vice President..... Steve Zales

Immediate Past President . Gloria Skigen

Counsel David M. Cohen

Brotherhood President... Stuart Madison

Sisterhood Presidents Michele Haiken Fink
..... Sharon Pardo

Rabbi Emeritus.....Samuel M. Silver, D.D. z"l
(1912 - 2008)

Rabbi Jay TelRav.....Ext. 12
ravtelrav@templestamford.org

Cantor Micah MorgovskyExt. 13
cantormicah@templestamford.org

Amy Ritell.....Ext. 14
morahamy@templestamford.org

Jayne VascoExt. 10
jayne@templestamford.org

Shelly Welfeld.....Ext. 11
shelly@templestamford.org

Erica Quamily
youthdirector@templestamford.org

Larry Stoogenke, Director of sCongregational
Engagement..... larry@templestamford.org

Design by Lynda Falcone at Falcone Creative
Design, www.falconecreativedesign.com

OCTOBER BULLETIN DEADLINE

Friday, August 31



TORAH PORTIONS

Saturday, September 1: Ki Tavo

Saturday, September 8: Nitzavim

Saturday, September 15: Vayelech

Saturday, September 22: Ha'azinu

Saturday, September 29: Chol
HaMoed Sukkot



LIKE "TEMPLE SINAI"
ON FACEBOOK
to keep up-to-date on
the latest temple news.

Are you receiving the weekly Temple Sinai emails?

If not...please call the temple office at
(203) 322-1649 with your current
email address or email shelly@templestamford.org

**Have you been to the
Temple Sinai website?**
If not ... check it out, visit
templestamford.org.

✦ Happy Anniversary 25+

Tracy & Guido Benz
Nancy & Richard Freedman
Sharon & Bruce Goldstein
Cathy & David Greenberg
Sally & William Hines
Eleanor & Mort Lowenthal
Sharon & Marc Okun
Betty & Dan Roberts
Gloria & Randy Skigen
Eve & Charles Taben

✦ Oneg Sponsors

September 7: Need a Sponsor*

September 14: Need a Sponsor*

September 21: Anna & Steve Silver
in honor of the Bar Mitzvah
of their son, Jacob

September 28: Michele Haiken Fink
& Ephraim Fink in honor of the
Bar Mitzvah of their son, Max

*PLEASE VOLUNTEER TO SPONSOR A PRE-NEG OR ONEG

Recognize an anniversary, yahrzeit, or important milestone – or give back to our community at a date that is convenient for you. Your sponsorship (and the person or event you wish to honor) will be recognized in both the temple bulletin and in the announcements on Friday night. We would welcome sponsors for September 7, 14, October, 19, November 9, December 7, 21. Please contact Jayne Vasco in the temple office at (203) 322-1649, or Jayne@templestamford.org for more information.

SAVE THE DATES

Women's Retreat

February 22-24, 2019

Men's Retreat

April 12-14, 2019

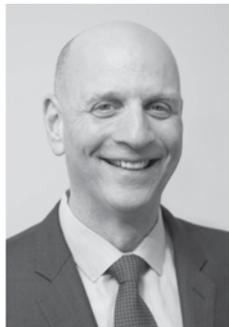
Please contact the temple office to reserve your space.

ATTENTION:

Temple Sinai is pleased to be able to offer
FREE KINDERGARTEN
in the 2018-19 Religious School year!

Temple Sinai membership is NOT
a requirement, and anyone in the community
is welcome to register their child.

Please contact the temple office for more information
and registration forms. Please pass this on to
your friends in the greater Stamford community.



This summer has been anything but restful at Temple Sinai. While we've missed the buzz of the religious school children in our hallways, that has been replaced with the sounds of the construction crews building our new chapel. That's right. In case you missed it, we're building a new chapel to replace the little-used outdoor garden in the middle of the school wing of the temple. The chapel will serve as an intimate place to worship, a warm and welcoming social and useful meeting space. It is our expectation

that the new chapel will be completed by mid-fall and you can look for an invitation to join us for the inauguration very soon.

And speaking of new, there is a whole lot of "new" that will be taking place this fall at Temple Sinai. You may have already seen our new logo which was designed in collaboration with our clergy, board and others. Soon you will log on to our new web site where you'll be able to access important information and share in the excitement of our temple more easily. Later this fall, Rabbi TelRav will introduce *new* Shabbat morning services and meditation sessions for us to participate in. And in just a few days, you will be able to experience our new High Holy Days family services which will be conducted at Temple Sinai with our clergy. Lastly, we'll be welcoming our new members to the Temple Sinai family at our new member's Havdalah service. Wow!

Growth Happens Here!

Before we said good-bye to summer, Rabbi TelRav and I headed to upstate New York for our annual camping and retreating trip. While sitting around the campfire and while hiking to a breathtaking waterfall, we talked a lot about what Temple Sinai will look like in five and ten years. We reflected on how amazing the previous year had been and

established our aspirations for the year 5779. In addition to the "normal" responsibilities of being your president, I'm going to focus on the following:

- Fund raising: We will work with the development committee to formalize the fund raising for Temple Sinai.
- Marketing: We will work with the Board to roll out the new web site and improve the marketing internally and externally.
- Board development: We will make sure that every board seat is filled with a committed member that is authentically engaged in Temple Sinai and working closely with Alan Cohen (First Vice President) to ensure a smooth transition to his presidency.

As we head into this sacred time of year, I'd like each of you to think about one aspect of Temple Sinai that you want to *lean in* on. What do you want to learn more about? Where can you lend some of your precious time? Lastly, if you love this Temple Sinai family as much as I do, ask yourself who is missing and share an invitation with that person. We'd love to welcome them in the same way we welcomed you. Then shoot me an email, let me know where I'll be seeing more of you and who you'll be bringing with you.

I look forward to praying with you over the High Holy Days and during our new Shabbat morning services. G'mar Chatimah Tovah – May you be inscribed for Good.

Marc Friedman
president@templesinaistamford.org

In case you missed it, we're building a new chapel to replace the little-used outdoor garden in the middle of the school wing of the temple.

HIGH HOLY DAY PARTICIPATION

If you or someone you know would like to participate in the upcoming High Holy Day services, please contact Jayne Vasco at (203) 322-1649 or Jayne@templesinaistamford.org

Erev Rosh Hashanah: September 9

Rosh Hashanah: September 10

Erev Yom Kippur: September 18

Yom Kippur: September 19

SIMCHAT TORAH and CONSECRATION SERVICE



Sunday, Sept. 30

5:30pm ~ Pre-neg

6:00pm ~ Service

When a holiday is named "Happiness in Torah," you know it's going to be good! We complete the cycle of annual Torah readings, unroll the WHOLE scroll around the social hall and then start over again with the words of creation. There will be plenty of dancing and sweets and we'll celebrate our most precious possession – our new students – as we consecrate them into our school and welcome them into our Community of Learning.

Remember to visit the **Sisterhood Gift Shop** for your Judaica needs. All proceeds help support Religious School and other temple programs.



Dear Temple Sinai Family,

Perhaps it's because of my chosen profession and the intimate interactions I share with families during life cycle events, especially funerals, that I often find myself wondering what people will say about me after I'm gone. Maybe something like: "Micah Morgovsky Spratt – She loved her family. She loved to sing. She loved to shop."

This may sound morbid, or you may think that I have some strange fascination with death and dying, but I've come to understand that thinking about one's own mortality can inform how we choose to live each day.

This is the essence of the spiritual work we, as Jews, engage in during the month of Elul, and the upcoming High Holy Days. I read recently that, in Aramaic (the vernacular of the Jewish people at the time the names of the Hebrew months were adopted), the word "Elul" means "to search." This seems particularly appropriate, as we are meant to spend these weeks in introspection, searching our hearts. In turn, this time of reflection and repentance provides a frame for the year that has passed, as well as a guide for the year ahead. Throughout this month, we sound the shofar, a raw and evocative cry, meant to wake us up and stir us to action.

During Elul, we must ask ourselves difficult questions and, if we're honest, we may be forced to face some difficult answers. Have I lived this past year as my best self? Have I been kind, compassionate, loving and patient? Or have I fallen short? Have I been lazy? Have I hurt the ones I love? Can I ask for forgiveness? Can I forgive others? And can I make

the changes necessary to live a better life in the year ahead? Traditionally, this practice of "*cheshbon hanefesh*," accounting of the soul, continues throughout Elul and culminates with Selichot, Rosh Hashanah, and finally, Yom Kippur. On Yom Kippur, the Day of Atonement (at-one-ment), it is as if we, each one of us, has died. Traditionally, we refrain from eating and bathing, we wear white to symbolize a kittel, the burial gown, and we similarly deny ourselves any bodily pleasures. The hope is that, through this intense time of self-scrutiny, we can emerge, reborn to life renewed – a life that is richer and fuller, a better version of ourselves.

To this end, I hope that these days before the High Holy Days are meaningful and significant, and that each of us comes through this intense time inspired and uplifted. However, I would also argue that one need not wait until the Days of Awe to do this spiritual work. Every day is an opportunity to stop and take stock of our lives. To ask ourselves, "What will they say about me when I'm gone?" And to work to make sure the answer to that question is one of which we can be proud.

Shana Tova u'metuka, a happy and a sweet New Year,

Cantor Micah Morgovsky

This is the essence of the spiritual work we, as Jews, engage in during the month of Elul, and the upcoming High Holy Days.



Temple Sinai Brotherhood & Sisterhood Present....

Catalina Horak, Executive Director of BuildingOneCommunity

Sunday, September 30*

Join us for a discussion around the myths and facts of immigration. Learn how the discussion at the National level is affecting immigrants in our community and how you can support them locally.

*9:30am for breakfast followed at 10:00am for a relevant discussion.



A family Sukkot Celebration!

Wednesday, Sept. 26

5:30pm for Dinner* & Decorating
6:00pm for Sukkot Services

RSVP on the Temple Website:
on or before Wednesday, September 19
\$14.00 per adult • \$10.00 per child (12 and under)

after Wednesday, September 19
\$16.00 per adult • \$12.00 per child (12 and under)

*Dinner includes pizza, pasta, eggplant and salad.

EDUCATION



Summer is winding down, and the countdown to the beginning of the school year has begun. When you arrive for the first day of school, the building may look a little bit different. I will have moved to a different office, but most of the classrooms are still in the same place and many of the teachers you've come to know will still be here.

All the programming we introduced last year is still part of the curriculum and we will continue to make lasagnas each month to donate to the Schoke Jewish Family Service. Additional service opportunities will be added as they become available. Please keep in mind that our sixth and seventh grade students can use these opportunities towards their 13 mitzvot! *You don't know what the 13 Mitzvot Program is?* This is Temple Sinai's version of the Mitzvah Project. Sixth grade families will hear all about it at our bar/bat mitzvah orientation on October 29. Seventh grade families with questions about the program should contact Morah Amy morahamy@templesinaistamford.org.

We reached out to school families several weeks ago regarding the new food policy. Due to its importance, I am also including it here also:

All food provided by Temple Sinai will be peanut and tree nut free and manufactured on equipment with no cross contamination. Students who bring food from home, may only bring items that are peanut and tree nut free.

Temple Sinai Religious School will take the following actions when providing food for students:

- An e-mail will go out to families listing items to be served.
- When possible, pictures of ingredient labels will be sent upon request, otherwise, parents can opt to come early and view labels prior to serving.
- Depending on the nature and severity of students' allergies, if it is necessary, teachers will set up separate eating spaces, require washing of hands following eating and wipe surfaces when done.
- All staff will be required to follow this protocol when serving food to students.

If your child has an allergy we need to be aware of, please let us know. We ask that you do this annually as situations change. As always, your cooperation is greatly appreciated.

I look forward to welcoming you all back on September 23 for our first day of school and our annual Welcome Back Smokin' BBQ!

A Healthy and Happy New Year to everyone,

Morah Amy

EDUCATION DATES TO REMEMBER

September 23	First day of Religious School/ Welcome Back Smokin' BBQ
September 24	No School
September 26	All students in Grades 3-6 (Monday & Wednesday) are invited to attend class then join us for the Sukkot Celebration at 5:30pm
September 30	Schiff Tichon Sinai/7 th Grade Chavurah: Tenement Museum/ Consecration

SoSTY



Calling all SoSTY eligible families, see below for our first two events. The first is just for parents and the second kicks off our programming year for your teens. Remember, all Jewish teens in 8th through 12th grade are welcome to join for any SoSTY event, even if they are not members of Temple Sinai.

UPCOMING EVENTS:

Annual SoSTY Parents Meeting:

Thursday, September 6 in the Social Hall

This is an opportunity for parents of 8th through 12th graders to meet with Erica and SoSTY President Maddie Graf to talk about the plans for the year. Light refreshments will be served.

SoSTY Welcome Back Dinner:

Sunday, September 16 from 5:00pm-6:30pm • Shiki Hibachi & Sushi, 493 Hope Street, Stamford • *RSVP to Erica B. Quamily, youthdirector@templesinaistamford.org*

I cannot think of a better way to see old friends, meet new friends and catch up on each other's summers than dinner with a show! Steak, chicken or vegetable Hibachi dinner including 1 beverage other than water is \$36 per teen. Teens are welcome to order other items at their own expense.

Erica B. Quamily, LMSW
Youth Director

UPCOMING BAR MITZVAH



JACOB SILVER

STATS:

Parents: Anna & Steve

Sibling: Matthew 10

Bar Mitzvah: September 22, 2018

School: 8th @ St. Luke's

Favorite subject: Science

Interests: Baseball, basketball, cross country, guitar, gaming

Torah Portion: Ha'azinu

"As this portion contains a prophecy regarding what will happen to the Jewish people – including both good and bad things – until the end of time, it helped me to expect and be prepared for both good things and bad things to happen, to our people and even to me individually. There is balance in life so you can't have good without bad (or good without evil)."

Becoming a Bar Mitzvah:

"I'm looking forward to my Bar Mitzvah to be recognized as a man in our religion to join my father, grandfather and other generations that have come before me in this rite of passage."

About me:

"I'm half Korean and like Korean food. My favorite sport is baseball and my best position is pitcher. I like to read and watch movies and hang out with friends."

BROTHERHOOD



Yikes! It's September already and things will be off with a bang. As you probably know, the High Holy Days begin very early this year – September 9 to be exact. That means we have to be ready with a new ushering plan because this year all services (including Family Services) will be held at the temple. Larry Cryer has been working with Rabbi Jay to ensure a smooth operation. Larry should have already contacted you about your assignments for this important

function.

Secondly, there is a Brotherhood meeting on that same morning (September 9) at 8:45am. We'll meet for some breakfast, do some kibitzing, followed immediately by the Sukkah construction project under the outstanding leadership of Allan Paull.

The next morning, a group of us will cut up the pastries and prepare for the Kiddush immediately following the morning Rosh Hashanah service.

This next item is a big one! For several months now, I've been writing (as VP of Social Action) about the immigrant service organization called BuildingOneCommunity (B1C for short). As Jews, every one of us should be vitally interested in this important group and on September 30 the Executive Director, Catalina Horak, will be at Temple Sinai to tell us about the important work they do and what we can do to help. This presentation and discussion is sponsored jointly by Brotherhood and Sisterhood and will begin with a bagels and lox breakfast at 9:30am. Catalina will start her talk at 10:00am and will

end at about 11:30am. We hope to see many Temple members there and strongly encourage everyone to attend this event as a show of support in these troubling times.

And don't forget about the Religious School opening and Smokin BBQ – that will be held on September 23. This annual event, run by Educator Amy Ritell, in conjunction with the Brotherhood, is always a lot of fun, and once again the guys will be preparing and serving the BBQ lunch at 11:00am.

As I mentioned in June, this fall promises to be a major and vitally important political season. Therefore, we've already scheduled our annual Political Brunch for Sunday, October 21. While you're thinking about it, SAVE the DATE. It's important! Randy Skigen is eyeing the major candidates (e.g., Chris Murphy, Jim Hines, David Martin, and others) and will attempt to get them here live in person. It should be an exciting time. Again, we encourage all Temple members to attend.

All Brotherhood members should have received a 2018-2019 calendar in which all of our meetings and events are listed. So, no need for me to say more. Just show up! If you would like a copy of the calendar, give me a holler at stumadison@optonline.net.

Oh, and by the way, Brotherhood annual dues are due, so please do pay your dues online (if you can) when you get our friendly email reminder coming soon. Just click on the imbedded link and you're done.

Until we meet again, buy Gift Cards, and Happy New Year to you and your families from the Brotherhood.

Stu Madison, President
stumadison@optonline.net

G & S RENOVATIONS, LLC

EXPERIENCE THE CRAFTSMANSHIP

203.329.7767 • WWW.GSRENOVATIONS.COM

References Available • Free Consultation

A+ Rating with the CT BBB

Over 20 years of exceptional service • Superior craftsmanship on all forms of residential renovation.

Team workmanship using only highly experienced, local professionals; all licensed and insured.

Every G & S renovation comes with a lasting commitment to quality and service.

Clean and professionally run work sites with minimal disruption to the homeowner.



William F. Gilbert, Owner, is a long standing member of Temple Sinai

Rabbi's Responsa, continued from page 1

goal being that, when it "counts," the conditioning means they will be able to reproduce the desired outcome with a high degree of reliability.

This is great so long as what you're working to condition are behaviors and techniques that serve you well. But, what if this highly valuable consistency isn't working and needs to be disrupted? I'm no golfer, but if your swing isn't doing what you want, you might need a coach to help deconstruct it and build it back up into a new form. Nor is it limited to sport. This same willingness to reexamine-everything-you've-always-done is familiar to business people struggling to stay ahead of ever-changing markets and to politicians looking to lead populations into uncharted territories. It is essential to the work of scientists and it is at the core of academia. And, surprise of surprises: purposefully disrupting our comfort zones yields new and unexpected possibilities in every field.

It should come as no shock that being open to the "Purposeful Disruption" of an individual's patterns, habits and assumptions would similarly offer new horizons for personal growth. We are all hard-wired to prefer predictability. But, we are also imbued with a magnificent potential for making changes. (It's called Free Will!) The stories in the Bible are nothing if not encouragement towards making positive choices and the cautionary tales of those who failed to do so. Abraham, Joseph, Moses, Nachson and Miriam are just a few of the best-known ancestors who decided to try something radically different and we have all benefited from it.

So if, in this new year of 5779, you're committed to the behaviors that you've employed thus far and doing what you've always done, then I'll remind you that you'll always get what you've always gotten. If, on the other hand, you'd like to entertain the possibility of growth in the coming New Year, then I encourage you to come to High Holy Day services prepared to explore the cracks beginning to show in your façade. Embrace the idea of "Purposeful Disruption" and try something healthy and new this year.

After all, for those using Temple Sinai to its highest and best potential – Growth Happens Here! May it be a good and sweet New Year for you and all those you care about.

L'shalom, In Peace



Jay TelRav

SISTERHOOD



Many thanks to those of you who have supported Temple Sinai Sisterhood in the past. We hope that you will continue to do so. We offer a variety of meaningful and fun programs throughout the year.

Our Sisterhood serves at the very heart of our temple with activities this fall including:

- Hosting **Yom Kippur Break-the-Fast** on Wed., Sept. 19 at 6:30pm
- Operating the Temple Sinai Gift Shop
- **Building One Community Breakfast** with Brotherhood on Sunday, September 30 at 9:30am
- **Paid Up Membership Dinner** on November 1 at 6:00pm
- **Guest Lecture & Breakfast** with author, Rachel Peck on Sunday, December 2 at 9:30am

Since Temple Sinai's early years, our Sisterhood has been an important source of support to our congregation and community. In the past dues have gone to:

- **Support Tzedakah projects** through Bimah Baskets – proceeds are donated to the Food Bank, Hospice, and Temple
- **Support Sally Kelman Social Action Fund** – proceeds help support sandwich making for the needy and other community social action projects
- **Provide gifts** for Confirmands and B'nai Mitzvahs
- **Support financially** the Temple's Religious School, Chavurah program, and Youth Group

All women who belong to Temple Sinai Sisterhood also belong to the organization Women of Reform Judaism (WRJ). As such, you become a part of a worldwide network of over 70,000 women in 550 Sisterhoods — a network committed to the future of our congregation, our Reform Jewish Movement, Israel, and our role as Reform Jewish women.

Please "due" it now and join us in our efforts to support our congregation.

So now, our question to you is ... are you ready to be a part of Temple Sinai Sisterhood? Growth happens here!

Please join us for Selichot evening with Rabbi TelRav, Cantor Morgovsky and RUACH.

The contemplative evening begins with heavy hors d'oeuvres, continues with the service and will conclude with the changing the Torah mantles.

All are welcome for this spiritually meaningful transition to the High Holy Days.



Selichot at Temple Sinai
Saturday • September 1 • 7:30pm

SAVE THE DATE FOR THE TEMPLE SINAI WOMEN'S GAMING & CRAFTING RETREAT*

WHEN: October 12-14 Friday evening through Sunday afternoon

WHERE: Honor's Haven Resort & Spa
1195 Arrowhead Road, Ellenville, NY 12428

WHAT'S INCLUDED:

- ✓ Double occupancy room for both nights
- ✓ All meals from Friday evening through Sunday afternoon
- ✓ Mahjong & Canasta sessions
- ✓ Knitting & Zentangle sessions
- ✓ Group social action project
- ✓ Shabbat & Havdalah celebrations

ENJOY A FAVORITE PASTIME OR TRY SOMETHING NEW! ALL ARE WELCOME!

COST: (Before Aug 31) \$359 per person for temple members / \$379 per person for non-members

(After Aug 31) \$389 per person for temple members / \$409 per person for non-members

RESERVE YOUR SPOT by sending a \$75 nonrefundable deposit (payable to Temple Sinai) to: Helene Neigler, 62 Eden Road Stamford, CT 06907

* Reservations on a first-come, first-served basis.
Contact LizLevy@aol.com with any questions.

SPONSOR OUR PRE-NEG!

BUILDING
ON THE
"PRE-NEG"

"Oneg" in Hebrew means "enjoyment" and most often

refers to the sweets and fellowship that we enjoy *after* a worship service. As we've added a monthly early service for families with kids and those who cannot drive late into the evening, we recognize the challenge it creates with dinner. So, we'll give you a little nosh to hold yourselves over until after this brief Shabbat service.

This year, we're going to continue these popular early and family-friendly 6:00pm services each month on the first Friday (September 7, October 5, November 2, December 7, January 4, February 1, March 1, April 5, May 3, and June 7). We will begin with a 5:30pm "Pre-Neg" before the service. While not, technically, any sort of actual Hebrew, you still get the idea. It is a chance to take the edge off our appetite with some crudités, wine, cheese, and conversation before we start our service and then, hopefully, attendees will decide to have some dinner together after the service. As with our onegs, these are also available to sponsor. Please contact the temple office at (203) 322-1649 for more information.



TAKING CARE OF EACH OTHER
is what community is all about.

We're proud to serve our Jewish community with personal, compassionate care. Rely on us to help you create a unique and meaningful funeral service.

Dignity[®]
MEMORIAL

☞ LIFE WELL CELEBRATED[®] ☞

LEO P. GALLAGHER & SON

FUNERAL HOME

STAMFORD

> 203-327-1313 LeoPGallagherStamford.com <

UPCOMING BAR MITZVAH



MAX FINK

STATS:

Parents: Michele Haiken Fink & Ephraim Fink

Sibling: Sadie 9

Bar Mitzvah: September 29, 2018

School: 8th @ Turn of River

Favorite subject: Math

Interests: Boy Scouts, lacrosse, trombone, deep sea fishing

Torah Portion: Chol ha Maod Sukkot

"I learned that God set out to try and give us guidance so that we could conduct ourselves to be our best."

Becoming a Bar Mitzvah:

"I am entering Jewish adulthood which is important to me, my family, and friends."

About me:

"I like adventure. Whether going to sleep away camp, camping out with the Boy Scouts, traveling with family, boating and deep sea fishing with my dad and grandpas, being on the water and exploring is when I am the happiest."

Let's Shop!

Temple Sinai is part of a program run by Amazon.com called **AmazonSmile.**



Through participation in this program, you can elect to have 0.5% of your eligible Amazon purchases donated to Temple Sinai (at no additional cost to you). All you need to do is make all your Amazon purchases through

<http://smile.amazon.com> and select Temple Sinai of Stamford as your designated charity.

Thank you!

Interested in Advertising?

Please call the temple office at (203) 322-1649 or email shelly@templesinaistamford.org

Please join us for Temple Sinai's Annual Smokin' BBQ*

Sponsored by Temple Sinai Brotherhood

Sunday, September 23 at 11:00am
For families, for singles, for everyone!

Join us for food, games, activities, music...

Make new friends and see old ones

*Please RSVP to the temple office by Wednesday, September 6 and let us know what dessert or dairy-free side dish you can bring!

All Are Welcome!



Temple Sinai ♦ 458 Lakeside Drive ♦ Stamford, CT 06903 ♦ 203.322.1649 ♦ www.templesinaistamford.org

HAPPY SEPTEMBER

BIRTHDAYS

Todd Auslander
Philip Bauer
Michele Bauman
Rachel Benz
Jordan Brodie
Marita Castelino
David M. Cohen
Lorraine Cohen
Ronald Cowen
Sheri Cronk
Cassandra Culhane
Sarah Daitzman
James Schiff DeNota
Beth Dorfsman
Milton Drexler
Ryan Ebright

Peter Ebstein
Gregory Ezring
Steven Frederick
Marian Freed
Jessica Freedman
Gabrielle Frieser
Grant Frieser
Linda Frieser
Bailey Gendason
Carole Gladstone
Deidre Goldberg
Sheldon Green
Stacey Harmon
Calina Harper
Robin Himmelstein
Andrew Kahn
Grant Kallen
Judith Kallen
Sharon Kaplove
Helen Kveskin
Susan Lauritzen
Zachary Leeds
Andre Levin
Matthew Lewis
Deborah Lichtzer
Gary Lilien

Shaina Lubliner
Jay Lurie
Phyllis Lyons
Mateo Marcus
Gloria Mehlman
Callie Morson
Ruby Moskowitz
Aiden Neigler
Richard Nemchek
Eli Pardo
Irma Paull
Marge Pavlov
Beth Peters
Collin Petersen
Kathryn Poch
Daniel Popper
Sophia Rosano
Skylar Rubin
Lizabeth Sachs
Kerry Safir
Jordan Savitt
Hannah Scherer
Margot Scherer
Leslie Schoen
Brent Schwartz
Bryan Schwartz

Cindy Schwartz
Eric Schwedel
Tamar Segal
Myron Sharpe
Ariel Shaulson
Kaela Shaulson
Becca Shaulson
Samuel Sherman
Rona Siegel
Gloria Skigen
Steven Spezzano
Jonah Spratt
Nathaniel Stolarsky
Betsy Stone
Susie Stoogenke
David Swerdloff
Joshua Terr
Logan Terr
Suzy Trief
Chris Vellozzi
Shelly Welfeld
Samuel Windfield
Eliana Wolfman



Pre-K through Grade 9 BY DESIGN

By focusing on the formative years of childhood, our students are equipped with exactly what they need to take the next leap, from subject to subject, grade to grade and to the nation's best high schools, colleges and beyond.



COME TAKE A CLOSER LOOK!

Join us at 9 a.m. any Thursday this Fall for Coffee in the Commons
Ask questions, take a tour and get a close-up look at our program
www.countryschool.net/visit



NEW CANAAN
COUNTRY SCHOOL
GO BOLDLY.

635 Frogtown Rd, New Canaan, CT • (203) 972-0771 • www.countryschool.net
A co-ed, independent day school for students in Pre-K (ages 3 & 4) through Grade 9.

CONTRIBUTIONS

We gratefully acknowledge these thoughtful gifts:

CANTOR'S DISCRETIONARY FUND

Debra & Richard Nemchek in honor of their 40th
Wedding Anniversary

RABBINIC ENDOWMENT FUND

Norma & Don Stone in honor of Betsy & Mike Stone's Anniversary
Judith & Sheldon Katz

BACHE/KAPLAN FUND ARTS & AESTHETICS FUND

Suellyn Bache in honor of the Birthdays of Myrna Alswanger,
Brett Schulman, Alex Kirby, Justin Kirby, Deborah Finkel, Jamie
Oppenheim and in honor of the Anniversary of Brooke & Dan Gray
and Mona & David Siegel

SALLY KELMAN SOCIAL ACTION FUND

Janet Weintraub in memory of Hank Weintraub
Meryl & Hank Silverstein in memory of Philip Novick,
Adele Silverstein & Milton Rich
Temple Sinai Sixth Grade Religious School Class – Tzedakah Project

MANALY YOUTH CAMP

Jennifer & Patrick Kramer in memory of George Harris

OPERATING FUND

Harriett R. Sherman in memory of Anna B. Rubin
Patti & Stuart Roth in memory of Harold Simon
Eleanor & Mort Lowenthal in memory of Lillian Suffin and
Essie Lowenthal
Dana & Steven Posner in memory of Sidney Posner
Estelle Fruchtman in memory of Fanny Fruchtman
Harriet & Victor Liss in memory of Fred Haller
Meryl & Ron Japha in memory of Judith Japha, Ingrid Japha,
Paul Japha and Norbert Gaelen
Gen & Murph Weingrad in memory of Jacob Sicherman
Janet & Alan Barr in memory of Burton Barr
Gloria Mehlman in memory of Lewis Weintraub

RABBI'S DISCRETIONARY FUND

Herb Fusfeld in memory of Harry Fusfeld
Amanda Sherman & Anthony Stark in honor of the
Adult Confirmation Class
Michael Wasserman in honor of the B'not Mitzvah of
Julia & Erica Christ
Sallie Kuh in memory of Barry Levene & Hermine Roth
Marc Friedman in honor of Rabbi TelRav & Betsy Stone for
leading Mussar the past two years.
Debra & Richard Nemchek in honor of their 40th Wedding Anniversary
Carol & Ed Abrams in honor of the Adult Confirmation Class
Jennifer & Patrick Kramer in honor of the Adult Confirmation Class

CAMP SCHOLARSHIP FUND

Judith & Sheldon Katz in memory of Irving Stern and Abraham Katz

CHAPEL PROJECT

Arlene & Carl Rosen in memory of Doris Karlin
Judy & David S. Cohen in memory of Sylvia Mullens
Arlene & Carl Rosen in memory of Mark Evens and Lewis Weintraub
and in honor of Amy Bubel's Birthday
Jewish Sportsmen's League to thank Lisa & Grant Silver
for their hospitality

Carol & Ed Abrams in memory of Irving Weisberg
Rabbi Daniel Price in memory of Lillian Gorman
Bob Gray in memory of Clara Korn
Beth & Ken Peters in memory of Lillian Rosenstein and
John Rosenstein
Estelle Fruchtman in memory of William Gershman
Eleanor & Mort Lowenthal in memory of Sadye LeVine
Laura Markowitz in memory of Mark Harris
Cathy & Steve Zales in celebration of the marriage of
Roz & Mitch Rubin's daughter, Arielle
Emily & Harvey Caney in honor of Steve Berni's Birthday
Madeline & Solomon Field in honor of Betsy Stone for the
wonderful job she did on their grandson's Bar Mitzvah

SUSTAINING MEMBERS OF THE LEGACY SOCIETY:

We gratefully recognize the following, who have made sustaining gifts to our temple (to endowment, through estate planning, or otherwise): Anonymous (2), Suellyn Bache, Amy & Henry Bubel, Andrea & David M. Cohen, Judy & David S. Cohen, Fran & Bob Dorf, Marc Friedman, Lesley & Dennis Gehr, Carole Gladstone, Sylvia z"l & Herb Gladstone z"l, Nan & Paul Gordon, Meryl & Ron Japha, Judith & Sheldon Katz, Helen & Ed Kveskin, Enid Randall z"l, Betty & Dan Roberts, Arlene & Carl Rosen, Sharyn & Richard Sarner, Jayne & Bud Schiff, Carol Ruth z"l & Herman Shepherd z"l, Paula Simon, Betsy & Michael Stone, Leon Weisburgh. If you have made provisions for Temple Sinai in your long-term gift planning, please let us know so we may recognize you as well!

Condolences זכרונם לברכה
May Their Memory Be a Blessing

Susan Schultz
Mother of Meredith Scheine

Shirley Gepner
Stepmother of Gary Gepner

Eliot Silverstone
Cousin of Diane Klein

Yahrzeits Recalled for
September

September 7

Harry Besser, Father of Gary Besser
Sylvia Frankel, Aunt of Barbara White and Phyllis Freeman
Anna Weisberg, Mother of Carol Abrams
Bill Doran, Cousin of Wendi Hoak
Herbert Kreevoy, Father of Michelle Krellenstein
Theodore Gilbert, Father of William Gilbert
Russel Baldwin, Father of Susan Baldwin
William Schiff, Brother of Bud Schiff
Lillian Raddock, Mother of Franklin Raddock
Louis Morris, Father-in-Law of Janet Morris
Jack Kirsh, Father of Deborah DeNardo
Toby Epstein, Grandmother of Keeva Creelan

September 14

Claire Steinberg, Grandmother of Brian Steinberg
Rae Kandel, Mother of Sally Kelman
Dorothy Chasen, Grandmother of Amy Ritell
Beatrice Freeman, Mother of Fran Dorf
Meyer Reiner, Father of Pearl Rosenbaum
Benjamin Mullens, Father of Judith Cohen
Ethel Elkind, Mother of Morris Elkind

September 21

Esther Lachman, Mother-in-Law of Herbert Fusfeld
Nathan Marantz, Father of David Marantz
Morton (Morty) Semel, Husband of Sandra Semel
Henry Meltzer, Father of Deidre Goldberg
Joseph Shapiro, Grandfather of Beth Peters
Esther Brosor, Mother of Susan Lauritzen
Theodore Katchko, Father of Robert Katchko
Rachel Silvern, Mother of Sallie Kuh
Arthur Bubel, Father of Henry Bubel
Samuel Gehr, Father of Dennis Gehr
Phyllis Kanter, Aunt of Susan Kostin
Charles Schiff, Father of Bud Schiff
Herman Fallerman, Great uncle of Allan Paull
Howard Scott, Uncle of Beth Peters
Abraham Liebeskind, Father-in-Law of Judith Liebeskind

September 28

Fannie Fusfeld, Mother of Herbert Fusfeld
Ida Bauer, Mother of Philip Bauer
Abraham Hershenow, Father of Sheila Brody
Rita Glosser, Aunt of Susan Kostin
William Zales, Father of Steve Zales
Hyman Weinstein, Stepfather of Bud Schiff
Charles Abramson, Grandfather of Constance Elkinson
Pearl Bodner Lewis, Grandmother of Elizabeth Lurie
Lillian Silverstone, Aunt of Diane Klein
Ethel Kweskin, Mother of Edward Kweskin
Ida Leppo, Mother-in-Law of Elaine Leppo
Florence J. Eisenberg, Mother of Melissa Spiesman
Sylvia Steiner, Mother of Diane Shaby
Anne Stein, Sister of Margo Rosenfeld
Frances Goldberg, Mother of Amiel Goldberg

Remember Temple Sinai in Your Will!

For more information, please call the
temple office at (203) 322-1649 or email
shelly@templesinaistamford.org



Temple Sinai

Elul 5778/Tishre 5779

September 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 ☒ Ki Tavo ■ 9:00a Rabbi Eugene B. Borowitz Memorial Bible Study ☆ 7:30p Pre-neg and Selichot RUACH Service
2 10:00a Cemetery Service at Fairfield Memorial Park 11:30a Healing Service at Temple Sinai	3 <i>Labor Day</i> TEMPLE CLOSED	4	5	6 7:00p SoSTY Parent's Meeting	7 ■ 12:00p Torah Study ☆ 5:00p Tot Shabbat ☆ 5:30p Pre-Neg ☆ 6:00p Shabbat Service	8 ☒ Nitzavim ■ 9:00a Rabbi Eugene B. Borowitz Memorial Bible Study • 9:30a 6 th /7 th Grade Family Shabbat Program
9 <i>Erev Rosh Hashanah</i> 9:00a Brotherhood Meeting and Sukkah Raising 7:30p Erev Rosh Hashanah Service	10 <i>Rosh Hashanah</i> (For all services see page 1)	11 <i>2nd Day Rosh Hashanah</i> ☆ 8:30a Service	12	13	14 ■ 12:00p Torah Study ☆ 7:30p Shabbat Service	15 ☒ Vayelech ■ 9:00a Rabbi Eugene B. Borowitz Memorial Bible Study
16	17 • 6:45p Mah Jongg & Canasta • 7:30p Board Meeting	18 <i>Erev Yom Kippur</i> ☆ 7:30p Kol Nidre Service	19 <i>Yom Kippur</i> (For all services see page 1)	20	21 ■ 12:00p Torah Study ☆ 7:30p Shabbat Service	22 NFTY TGY Leading Training ☒ Ha'azinu ■ 9:00a Rabbi Eugene B. Borowitz Memorial Bible Study ☒ 10:30a Saturday Morning Service and Bar Mitzvah of Jacob Silver
9:30a Opening Day Religious School 9:30a Sisterhood Mtg. 11:00a Welcome Back Smokin' BBQ 30 NFTY NE Leadership Summit 9:30a Brotherhood/Sisterhood present guest speaker on "Building One Community" 9:30a 7 th Grade trip to the Tenement Museum 9:30a Religious School 11:30a Schiff Tichon Sinai 5:30p Pre-Neg 6:00p Consecration & Simchat Torah Service	24 TEMPLE CLOSED	25	26 4-6p Weekday Religious School Begins ■ 5:30p Pizza in the Hut & Sukkot Services	27	28 ■ 12:00p Torah Study ☆ 7:30p Shabbat Service	29 ☒ Chol HaMoed Sukkot ■ 9:00a Rabbi Eugene B. Borowitz Memorial Bible Study ☒ 10:30a Saturday Morning Service and Bar Mitzvah of Max Fink

Did you know the Sisterhood Gift Shop has...

- *Bar and Bat Mitzvah cards*
- *Shabbat candles*
- *New items arriving weekly*
- *Many unique gift items*

Sisterhood can also supply bima baskets and kippot for your upcoming Bar or Bat Mitzvah.

Don't forget to stop in before services or during Religious School. If you need something when the shop is not open, please see Shelly or Jayne in the office.

marcia
CATERING & EVENT PLANNING
selden

"Quite simply...the best"

Elegant Cuisine and Fine Service

65 Research Drive Stamford, CT 06906
203.353.8000 www.marciaselden.com

Interested in Advertising?

Please call the temple office at (203) 322-1649 or email assistant@templesinaistamford.org

crane  song
PHOTOGRAPHY

portraits
TO MAKE
YOU
happy



To schedule a session call or email:

CRANESONGPHOTOGRAPHY.COM | 203.273.8084 | HILDI@CRANESONGPHOTOGRAPHY.COM



Tom Gallagher
Owner

לדור ודור
L'Dor V'Dor
from generation to Generation

**Locally owned and operated.
Call us for personal and affordable service!**

203.359.9999

Our Family has been serving Your Family for generations!



Thomas M. Gallagher Funeral Home

Your Hometown Jewish Funeral Home

453 Shippan Ave. | Stamford, Connecticut 06902 | tom@gallagherfuneralhome.com



The Wine & Liquor Superstore!



Support The Brotherhood Gift Card Program

THE PROCEEDS FROM THE SALE OF GIFT CARDS ARE USED TO PROVIDE PROGRAMMING AND SERVICES THAT ENRICH TEMPLE LIFE. THESE INCLUDE:

- Annual Smokin' BBQ
- Mitzvah Day BBQ
- Annual Political Brunch
- B'nai Mitzvah Gifts
- Holiday Menorahs

- Guest Speaker Events
- Annual Football Get-Together
- Rosh Hashanah Oneg
- Donations To Youth Programming
- Support For Spring Fundraiser

Many of these programs and services are offered to the Temple Sinai Community free of charge with your support of the Temple Sinai Brotherhood.

Gift Cards are available for sale in the Temple Sinai office
Call Jayne or Shelly at 203.322.1649 for questions and availability

SUPPORT THE BROTHERHOOD = SUPPORT YOUR TEMPLE



Temple Sinai
458 Lakeside Drive
Stamford, CT 06903-5098

U.S. POSTAGE
PAID
PERMIT NO. 290
STAMFORD, CT

To Advertise in the
Temple Sinai Bulletin:
Call (203) 322-1649 for details!



201 Little Hill Drive • Stamford, CT 06905 • (203) 322-8963

Mitchell
Since 1945.

HEATING OIL | PROPANE
ELECTRICITY | HEATING & COOLING

(800) 237-3835 • nemitchell.com
HOD #145 CT Lic. #390200



Bar & Bat Mitzvah
*Logo Design • Invitations
Programs • Place Cards • And More*



Tel: 203.667.0144
203.322.6567
E-mail: vincent@vcgraphics.net www.vcgraphics.net

BERKSHIRE HATHAWAY
HomeServices

**Buy and Sell from
a Local Expert**



**Alyssa Bernstein,
Realtor®**
917-903-7410 / cell
203-329-2111 / office
AlyssaBernstein@bhhsne.com



vivian levine
educational consultant

reading • writing • spelling • math
orton gillingham specialist

building student competence and confidence

203-253-1567
vivelp@optonline.net



**JOY &
SIMCHAS**

We Create Beautiful Bar & Bat Mitzvah Celebrations,
Kiddush, and Confirmations.
Kosher Catering is Available.

Celebrate Deliciously.

SOUTHPORT • WESTPORT • NEW CANAAN • GREENWICH
Exclusive Caterers: **MORA MORA** & The Westport Inn
garelickandherbs.com gina@garelickandherbs.com
Southport Store 203-254-3727