

2020-2021 Nevei Kodesh Religious School, B-Mitzvah + Family Programs

What is Our Story?

Our People, Our Space and
Our Place in Time



NEVEIKODESH.ORG

With a focus on “our story,” this year, our learning is divided into three parts: Our People, Our Space and Our Place in Time. As a people, we have a remarkable story of vulnerability, growing through mistakes, celebration through ritual, persistence, joy and love. Together, we help create the container that holds the Jewish people.

In our tradition, there is a belief that time is relevant in connection to receiving the Torah. The Rabbis share that all the Jewish people throughout the ages were at Har (Mount) Sinai accepting the Torah together. This is a beautiful thought and connects us to the stories of our people throughout time. It helps us to have empathy for the mistakes made by those before us, respect for the lessons we have all shared and the importance in knowing that we, only together, create the autonomously collective Jewish story.

As we travel through time, we create sacred space and through our thoughts, prayers, energy and actions, we embrace the Four Worlds. Think about this as an epic trip through these four beautifully charged areas full of color, experience, soul and presence. As we travel through these worlds, we experience B'tzelem Elohim, as co-creators with God (collective presence, the Universe or oneness) and bring these worlds to life. That is how we truly tell and continue to tell our story. Our desire this year is to bring your family – your amazing children and our entire community – on this journey. Our ship: Nevei Kodesh. Our mission: an epic voyage through the Four Worlds. Our purpose: to connect to all living things, our world, Kehilla Kedosha (our holy community), our families and most importantly, ourselves.

This journey, epic and unprecedented, begins in our homes as we connect in our own spaces to create a virtual space together. The beauty of this is that we are first of all safe, considering the health of us all and our community as a top priority while staying connected. Secondly, it is only for a short period of time. As we travel this virtual passage together, we will again (hopefully in February, as planned) join together in our beloved Nevei Kodesh to experience one another in person once again. Thank you for being part of this community: You are Nevei Kodesh and together, we are Nevei Kodesh.

Our Experiential Learning

<p>Nevei Kodesh: Our Epic Ride through the Year</p>	<p>Our People Yetzirah Relationships and Emotion <i>Understanding Torah through stories</i></p>	<p>Our Space Briyah Consciousness + Thought <i>Being in every moment</i></p> <p>Atzilut <i>Accessing the Torah's secret mystical wisdom</i></p>	<p>Our Place in Time Assiyah Action (building, making and doing) <i>Social Justice/Middot Empathy/Self Care</i></p>
---	--	---	---

Our Goals

- Connect students to their own Jewish story, our Nevei Kodesh community story and our story as the Jewish people / human race
- Create our own sacred space through Zoom where students, families and community members feel welcomed and safe
- Understand how we can help create a healthy, beautiful place in time with our Nevei Kodesh community through middot, mitzvot and enduring knowledge
- Share a love and connection to Joyous Judaism as we travel through the Four Worlds together

Week at a glance	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pre-2nd	10-11:30am Religious School + Holidays 11:30-12pm • Torah Club				4:30-5pm Movement 4:30-5pm • Sustainable Cooking		
3rd-5th	10-12pm		Hebrew School starting in 4th grade • 4:30-6pm		4:30-5:15pm Art Optional: Hebrew School 5:30-6:30pm		
CTR	10-12pm		CTR 1 Hebrew School learning • 4:30-6pm CTR 2 B-Mitzvah Service + Torah Study • 4:30-6pm		4:30-5:30pm B-Mitzvah related topics Optional: Hebrew School 5:30-6:30pm		
Teen • Madrachim	10-12pm				Social Justice (monthly)		
Parents	Join us! 10-10:30am				Workshops or Shmoozes		
Community to be part of school	Welcome from 10-10:30am to join songs + meditation (must register) Shmoozes with parents scheduled*				Shmoozes or classes	6pm Shabbat Songs and Blessings: bi- weekly Shabbat dinner pods with school families • 1 per trimester	Havdalah video send out bi- weekly Services at NK throughout the year (online + in- person)

Coming this year: Shalom! Shalom! Songs and silliness to help you and your little ones remember and embody the goodness in the world with David Kesseem (designed for preschool - 1st grades)

All learning is planned in connection to our epic ride through the year:

- Our People: Understanding the Jewish journey through stories (Midrash, Torah Study and Jewish History)
- Our Space: Focus on community, life cycle, sacred space through ritual and connection
- Our Place in Time: Tikkun Olam (healing to the world), Jewish history and Shabbat (self care)

What are the “Four Worlds?” Bringing framework and flow for our curriculum:

- Atzilut: Accessing Torah’s mystical wisdom (emanation)
- Briyah: Consciousness and thought (creation)
- Yetzirah: Relationships and emotion (formation)
- Assiyah: Action - building, making and doing (action)

In a nutshell: Based around the weekly parasha, middot (Jewish values) and tikkun olam (healing to our world), children will learn experientially each week online or in small group outings if safety permits. Woven into your child’s experience will be Hebrew reading/decoding, stories, music, art, expression and community building

Sundays: preschool - 2nd graders

Sunday Schedule: 10-10:30am for Shira, 10:30-11:30am for Learning and Hebrew + 11:30-12pm for Torah Club!

NEW! STEAM Torah Club - children who want to explore the magical Torah even more can join to understand Torah from art, science and musical perspectives. This class is optional to attend; special offering added this year!

Sundays: 3rd - 5th graders • NEW!

Students choose a track of learning this year to deepen their learning experience through tracks that resonate with them. In addition to our community music time and Hebrew study, students choose an experiential learning track each trimester:

- Art Track
- Cooking Track
- Social Justice/Tikkun Olam

Sunday Schedule: 10-10:30am for Shira, 10:30-11am for Hebrew, 11-12pm for Connect + Track Learning

Thursday workshops and classes + Shabbat services for all ages: Starting at 4:30pm

Explore Shabbat, Jewish teaching, tikkun olam and values through art, yoga, songs and cooking

Tuesdays (option for Thursdays): Hebrew School for 4-5th graders

- Small group Hebrew tutoring
- Prayer understanding, reading and chanting (B-Mitzvah service)
- Connection to Hebrew through movement, cooking, art and study

Tuesday Schedule	4:30-5pm • prayer connection 5-5:30pm • prayer electives 5:30-6pm • Hebrew study groups	4:30-5pm • prayer connection 5-6pm • Torah Study
Thursday Schedule (optional study for students not available on Tuesday)	5:30-6:30pm • prayer connection + Hebrew study groups	

B’nai Mitzvah: NK B-Mitzvah Journey • Crossing the River (CTR)

Together, we will be crossing the river into a new space, a new time and a new land over the next one to two years towards your child becoming a B-Mitzvah. Due to our times and the immense commitment to safety, we have created an online schedule of exciting learning. There are blocks of time when your child joins us for singing, studying, games and connection. There are other virtual classes for your child in your kitchen for cooking, online fieldtrips, parent information meetings and parent/student workshops.

For CTR 1 and 2 this year:

What is a POD Elective? A POD is a small group of students learning together. Building community is an essential part of the CTR B-Mitzvah year. It sustains us and connects us to creating safe spaces and helps our students stay Jewishly connected in our community. As the students learn in their PODs each trimester, the POD leaders will also be working to create a community amongst their POD group, helping establish friendships and deeper meaning through learning. As it is safe, POD leaders will be getting together with their small groups, following safety protocols for Covid-19, to connect as a community group to establish deeper friendships and bonds.

B-Mitzvah Team: Our team has been carefully selected with years of teaching experience in Religious School, Jewish organizations and Jewish Renewal. They are dedicated to CTR students, their families and the NK B-Mitzvah experience. We are also looking forward to connecting with madrichim as B-Mitzvah mentors for our CTR students.

Fieldtrips: This year, we will be offering online fieldtrips to services at other synagogues and organizations for students to learn and grow including social justice speakers/events.

B-Mitzvah CTR 1 and 2: Week at a Glance

CTR Weekly Schedule	CTR 1st year • NK B-Mitzvah	CTR 2nd year • NK B-Mitzvah	Parents Connect
Sundays	10-10:45am • Torah Study 10:50-11:10am • Songs + Prayers 11:15-12pm • POD Elective	10-10:45am • B-Mitzvah Learning 10:50-11:10am • Songs + Prayers 11:15-12pm • POD Elective	10:30-11:30am: Parent Class, Shmooze or Ed Comm Meeting
Tuesdays	4:30-5pm • prayer connection 5-5:30pm • prayer electives 5:30-6pm • Hebrew study groups	4:30-5pm • prayer connection 5-6pm • Torah Study	
Thursdays	4:30-5:30pm • Classes offered - Parent/student learning topics - examples: Covid Coping, Current Social Justice issues, Jewish meditation, tying tzit-tzit workshop and more! <i>Optional: CTR 1 students who have schedule conflicts with our Tuesday Hebrew classes or just want more Hebrew can attend on Thursdays from 5:30-6:30pm</i>	4:30-5:30pm • Classes offered - Parent/student learning topics - examples: Covid Coping, Current Social Justice issues, Jewish meditation, tying tzit-tzit workshop and more! <i>Optional: CTR 2 students who want extra Hebrew practice can join Thursdays from 5:30-6:30pm (no charge)</i>	5-5:30pm with Rabbi Diane or Brooke discussing B-Mitzvah Questions, Parenting Teens and Our Autonomous Journeys as Parents

CTR Sunday 10-10:45am	1st Trimester	2nd Trimester	3rd Trimester
CTR 1 • Torah Study	Focus: The Mitzvah of Study - Why do we study Torah? - Order/books of the Torah - Weekly parasha study	Focus: Torah and Mitzvot - Tallit, Tefillin + Tzitzit - Weekly parasha study - Identifying mitzvot in each study	Focus: Torah, Talmud + Midrash - Weekly parasha study - Identifying middot in the parashiyot and study
CTR 2 • B-Mitzvah Topics	• Death + Afterlife in Judaism • What are the Four Worlds? • Jewish by Choice	• Birth, Bris and Naming • What is my personal Jewish brand? • The Magic and Reason for the Mikveh (virtual Mikveh fieldtrip)	• Cultural + Historical Israel • Branches of Judaism • Shabbat to Havdalah

CTR Sunday: 10:45 - 11:10am – Songs + Prayers

- Discovering kavannot (meanings) for prayers in the B-Mitzvah service
- Understanding the Four Worlds in connection to the service
- Reading and learning tunes for the B-Mitzvah service
- Community connection + creating sacred space

CTR Sunday POD Electives 11:15-12pm	1st Trimester options	2nd Trimester options	3rd Trimester options
Our People	Briyah: Speaking Truth to Power: Learning from the Hebrew Prophets (Rabbi Diane)	Yetzirah: Jewish History and Thinking through Self Portraits (Lael)	Briyah: Stories of Our Matriarchs and Patriarchs: What They Teach Us about Our Lives (Rabbi Diane)
Our Space	Atzilut: Food Justice + Sustainability through Jewish Cooking (Lael and Tamar)	Atzilut: God-Wrestling: Jewish Views through the Ages (Rabbi Diane)	Atzilut: An Introduction to Jewish Mysticism through Art (Lael)
Our Place in Time	Assiyah: Heroes Who Help Shape Our Jewish Story (Hez)	Assiyah: Judaism and Civil Rights (Hez)	Assiyah: Siddur, Pop Music and My Connection (Ari)

B-Mitzvah Family Learning Thursdays • 4:30-5:30pm (calendar will be shared monthly)	1st Trimester	2nd Trimester	3rd Trimester
Our People	Parents: The Future of Nevei Kodesh with Robin Youngelman and Sandra Snyder	Parent/student: B-Mitzvah: Why am I doing this and what happens next? with Rabbi Diane	Parent and/or student: Weird Torah: Uncovering the Parashiyot through Middot with Bill
Our Space	Parents: B-Mitzvah Options in the Pandemic and Beyond with Dena		
Our Place in Time	Parent/student: Renewal Judaism: History, Joy and Meaning with Rabbi Diane	Parent/student: Compassionate Listening + Crucial Conversations with Brooke and Bill	Parent/student: B-Mitzvah Teen + Parent Connections (guest)

Teens at Nevei Kodesh

Madrichim Program: Madrichim is the plural form of a word meaning “guide.” The Hebrew root of the word Madrichim is derech meaning path or journey. Madrichim are helping guide our students on their educational journeys.

Teens are paid hourly to work in our program and are a valued part of our staff. This program is extremely valuable in post B-Mitzvah students staying connected and knowing that they are a valued part of the NK community. This year, they will be helping create an amazing experience in the following ways:

- Classroom aides
- Creating videos for students to learn at home
- Office tasks
- Holiday planning
- B-Mitzvah Mentors
- Sharing workshops
- Staff meetings + professional development*
- Tikkun Olam (Social Justice) workshops*

Holiday project this year (Covid-permitting): Mishloach Manot for Purim + Tikkun Olam projects

*Teen staff meetings and workshops will be held on Thursdays (once a month) and Sunday mornings during Shira

Nevei Kodesh Religious School + Family Programs Calendar • Trimesters

September • 1st Trimester (online)

Friday 11th - Shabbat Blessings and Songs @ 6pm

Sunday 13th - First day back! (online)

Tuesday - Tuesday Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 17th - Electives Programming (all ages online starting at 4:30pm)

Friday 18th - Erev Rosh Hashana Service

Saturday 19th - Day one Rosh Hashana (online)

Sunday 20th - Day two Rosh Hashana (online)

Tuesday 22nd - Tuesday Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 24th - Electives Programming (all ages online starting at 4:30pm)+ optional Hebrew School from 5:30-6:30pm

Sunday 27th - Erev Yom Kippur (online)

Monday 28th - Yom Kippur (online)

Tuesday 29th - Tuesday Hebrew School + CTR 2 Torah Study @ 4:30pm

October

Thursday 1st - Electives Programming (all ages online starting at 4:30pm + optional Hebrew School from 5:30-6:30pm)

Sunday 4th - Religious School Sukkot Camp Day

Tuesday 6th - Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 8th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Friday 9th - Shabbat Blessings and Songs @ 6pm

Sunday 11th - off BVSD long weekend

Tuesday 13th - Tuesday Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 15th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Sunday 18th - Religious School @ 10am

Tuesday 20th - Tuesday Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 22nd - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Friday 23rd - Shabbat Blessings and Songs @ 6pm

Sunday 25th - Religious School @ 10am

Tuesday 27th - Tuesday Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 29th - Electives Programming (all ages online starting at 4:30pm)

November

Sunday 1st - Religious School @ 10am

Tuesday 3rd - Tuesday Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 5th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Friday 6th - Shabbat Blessings and Songs @ 6pm

Sunday 8th - Religious School @ 10am

Tuesday 10th - Tuesday Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 12th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Sunday 15th - Religious School @ 10am

Tuesday 17th - Tuesday Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 19th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Friday 20th - Shabbat Blessings and Songs @ 6pm

22 - 29 (off Thanksgiving)

December • 2nd Trimester begins

Tuesday 1st - Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 3rd - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Friday 4th - Shabbat Blessings and Songs @ 6pm

Sunday 6th - Religious School @ 10am

Tuesday 8th - Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 10th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Friday 11th - Hanukkah Shabbat for Families + Friends @ 6pm

Sunday 13th - Religious School + Hanukkah Camp Day

January

Sunday 10th - Religious School @ 10am

Tuesday 12th - Hebrew School + CTR 2 Torah Study @ 4:30pm

Sunday 14th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Sunday 17th - off

Tuesday 19th - Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 21st - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Friday 22nd - Shabbat Blessings and Songs @ 6pm

Sunday 24th - Religious School + Tu B'Shevat Camp Day

Tuesday 26th - Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 28th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Sunday 31st - Religious School @ 10am

February

Tuesday 2nd - Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 4th - Electives Programming (all ages online starting at 4:30pm)

Friday 5th - Shabbat Blessings and Songs @ 6pm

Sunday 7th - Religious School @ 10am

Tuesday 9th - Hebrew School + CTR 2 Torah Study @ 4:30pm
Thursday 11th - Electives Programming (all ages online starting at 4:30pm)
Sunday 14th - off BVSD long weekend
Tuesday 16th - Hebrew School + CTR 2 Torah Study @ 4:30pm
Thursday 18th - Electives Programming (all ages online starting at 4:30pm)
Friday 19th - Shabbat Blessings and Songs @ 6pm
Sunday 21st - Religious School @ 10am

February • 3rd Trimester Begins (plan: back at NK onsite!)

Tuesday 23rd - Hebrew School + CTR 2 Torah Study @ 4:30pm
Thursday 25th - off
Sunday 28th - Religious School + Purim Camp Day

March

Tuesday 2nd - Hebrew School + CTR 2 Torah Study @ 4:30pm
Thursday 4th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm
Friday 5th - Shabbat Blessings and Songs @ 6pm
Sunday 7th - Religious School @ 10am
Tuesday 9th - Hebrew School + CTR 2 Torah Study @ 4:30pm
Thursday 11th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm
Sunday 14th - Religious School + Passover Camp Day
Tuesday 16th - Hebrew School + CTR 2 Torah Study @ 4:30pm
Thursday 18th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm
21 - 28 (spring break) + Passover begins
Friday 19th - Shabbat Blessings and Songs @ 6pm
Tuesday 30th - no school Passover break

April

Thursday 1st - no school Passover break

Sunday 4th - Yom Tov (no school)

Tuesday 6th - Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 8th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Friday 9th - Shabbat Blessings and Songs @ 6pm

Sunday 11th - Religious School @ 10am

Tuesday 13th - Hebrew School + CTR 2 Torah Study @ 4:30pm

Thursday 15th - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Friday 16th - Shabbat Blessings and Songs @6pm

Sunday 18th - Religious School @ 10am

Tuesday 20th - Hebrew School + CTR 2 Torah Study @ 4:30pm last day!

Thursday 22nd - Electives Programming (all ages online starting at 4:30pm) + optional Hebrew School from 5:30-6:30pm

Friday 23rd - Shabbat Blessings and Songs @ 6pm

Sunday 25th - Religious School last day!