

SKOKIE VALLEY

Welcomes you!



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Debbie Eisenstein, President, president@svaj.org David Rubin, Past President
Website: www.svaj.org Facebook: www.facebook.com/svajsynagogue

Parshat Vayera 20 Cheshvan 5781

Shabbat Shalom!

Friday, November 6

7:15 am: Shacharit

Indoors *for pre-registered members only*
and via Zoom <https://zoom.us/j/713951311>
passcode 613

4:28 pm: Kabbalat Shabbat

Indoors *for pre-registered members only*

Candle lighting: 4:18 pm

Shabbat, November 7

9:00 am: Shacharit

Indoors *for pre-registered members only*

4:15 pm: Mincha/Maariv

Indoors *for pre-registered members only*

Havdalah: 5:19 pm

Daily Shacharit

9:00 am Sunday

7:00 am Monday & Thursday

7:15 am Tuesday, Wednesday & Friday

Indoors for pre-registered members only
and via Zoom <https://zoom.us/j/713951311>
passcode 613

Daily Mincha/Maariv

4:25 pm Sunday to Thursday

Indoors for pre-registered members only
and via Zoom <https://zoom.us/j/713951311>
passcode 613

Mazal tov!

Mazal tov to **Josephine Meyer** on the birth of her great-granddaughter Hannah Leora Wolovick, born on September 22

Yahrzeits:

20 Cheshvan/Nov 7 *William Rubenstein z"l* (Dave Rubenstein)

21 Cheshvan/Nov 8 *Josephine Benditzson z"l* (Nathan Benditzson)

22 Cheshvan/Nov 9 *Mandel Medow z"l* (Grace Weinstein)

22 Cheshvan/Nov 9 *Sidney Meyer z"l* (Josephine Meyer)

23 Cheshvan/Nov 10 *Goldie Fisher z"l* (Samuel Fisher)

23 Cheshvan/Nov 10 *Deborah Oster z"l* (Melvin Oster)

24 Cheshvan/Nov 11 *Esther Perl z"l* (Pearl Hirsch)

25 Cheshvan/Nov 12 *Max Levy z"l* (Myra Goldstein)

Skokie Valley Shevatim!

We are excited to announce a new initiative - Skokie Valley Shevatim!

In the Torah, the bridge between the family and the nation was the Shevet - the tribe. A Shevet is a way for people to reach out beyond their immediate circle while still feeling the warmth and connection of a small group.

As our community and the need for connection grows, our goal with Shevatim is to strengthen our communal fabric by creating intergenerational sub-communities within Skokie Valley. In addition, as we head into what might be a hard winter, we hope that the Shevatim will provide extra support for members who might be otherwise isolated.

Each Shevet will contain 4-6 households, and have one Shevet leader on a rotating basis. Each Shevet will have a "good shabbos!" weekly connection point, via whatsapp, call, zoom, text, or email, depending on the technology comfort and preferences of the group.

In addition, we will suggest ideas for a monthly relational program - programs to help people get to know each other, including but not limited to - a group walk if weather permits, a zoom game, and more.

If your household elects to join a Shevet, your responsibilities will be to actively participate in the activities of your Shevet. Shevet leaders will be responsible for facilitating the gatherings and for a quarterly Quarterly leader meeting with other Shevet leadership and Rav Ari.

This program will grow and change based on the ideas and needs of each Shevet. We will look forward to developing ideas and the unique cultures of the Shevatim as the initiative develops over time.

To join, [please fill out this form](#) and we will be in touch with you soon.

This Week's Programs

Sunday, November 8:

8:30 am: Halacha in our Lives: Halacha comes from the word "to walk," and its central purpose is to help us walk with God. Each Sunday morning at 8:30, Rav Ari will give a 30-minute shiur on practical halacha, with an eye towards increasing spiritual awareness in our daily living. Fill out [this form](#) or email Rav Ari ravari@svaj.org with halachic questions you'd like to be discussed. Zoom: <https://zoom.us/j/713951311> Passcode: 613

8:00 pm: Skokie Valley Town Hall: As winter approaches, we are busy working on plans to help our community stay connected, safe, and healthy. Join Rav Ari on Sunday at 8:00 pm to learn about what we have planned, share your feedback and get involved!

<https://us02web.zoom.us/j/84738713897?pwd=NTBGOGVnZmZ3K3VYL0hhN0hEK3NJQT09>

Passcode: 613

Meeting ID: 847 3871 3897 One tap mobile +13126266799,,84738713897#

Tuesday, November 10

2:00 pm: The Book of Genesis with Rav Ari! Join us for a deep study of the Book of Genesis with Rav Ari, with selected midrashim and commentators. <https://zoom.us/j/713951311> Passcode: 613

Thursday, November 12

11:15 am: Mid-Day Break for Breath and Well-Being with Bobbie Winter: Join social worker Bobbie Winter for a midday break, taking inventory of your well-being while engaging in breathing and relaxation exercises to enhance and promote continued good health. A supportive atmosphere with compatible people can help reduce the stress of the on-going pandemic and common issues we're all facing. Looking forward to welcoming you to the group!

<https://us02web.zoom.us/j/86100712972?pwd=STlpNWVnZG42S0ZFYT09>

Passcode 613 Meeting ID: 861 0071 2972 One tap mobile +13126266799,,86100712972#

12:00 pm: Stop giving yourself back pain! Zoom in with Jen Cohen, a Physical Therapist specializing in orthopedics. Learn how to take care of your body while working from home. We will do useful stretches and mobility exercises right from your desk. This will help you stay healthy and prevent injuries while working from your home office/dining room table/tv tray in the playroom.

<https://us02web.zoom.us/j/87537313419?pwd=SHBQZlIwbzYzSjArNkFBUUowSGd6Zz09>

Passcode: 613

8:00 pm: New class! Parsha Shiur by Rabbinic Intern Yael Keller. Get an early look at the parsha each week. Join Yael Keller to explore themes and delve into the characters of sefer Bereshit.

Zoom: <https://us02web.zoom.us/j/87392335225?pwd=T21mZG9wcVI0cTBRWThiSTBEM0FIZz09>

Passcode: 613

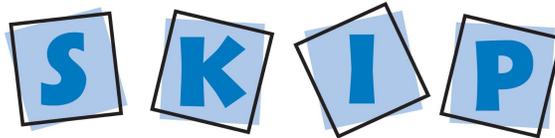
One tap mobile +13126266799,,87392335225# Meeting ID: 873 9233 5225



Play an instrument? Join us at our open jam! Up to 10 people are welcome to play at our masked, socially distant musical jam. Unfortunately at this time we are limited to non-breath instruments (no wind, brass, vocals etc). Contact ravari@svaj.org for more info.



Click to visit [Skokie Valley's YouTube Channel](#) for all videos, including Rav Ari's video drashot.



It's SKIP enrollment time! SKIP stands for Send-a-Kid-to-Israel Partnership, a cooperative program with you, Skokie Valley Agudath Jacob, and the Jewish Federation of Metropolitan Chicago. The program provides a way in which families can save toward an educational Israel experience for their children. Each full-member family in good standing who wants to participate contributes \$85 per child annually to an interest-bearing savings account, while Skokie Valley contributes \$85 and JUF contributes \$85. Enrollment begins as early as third grade and as late as sixth grade. Participation continues through the ninth grade. The funds collected (close to \$1800 after seven years of contributions and interest) make a considerable reduction in the expense of a trip to Israel. If your child is already enrolled in SKIP, you will receive a mailing with your child's annual SKIP statement, along with an invoice for this year's contribution.

If you haven't enrolled or paid for your current enrollees, please do so asap!

To enroll your children, please [click here for the application](#) or email the office.

Communal resources:

[Schedule some one on one time with Rav Ari](#)
[Chicago Jewish Community Support](#)
[COVID-19 and Domestic Abuse Resources](#)
[COVID-19 and Child Abuse](#)
[SHALVA COVID-19 Orthodox Outreach](#)

Join our WhatsApp groups!

[Women of Skokie Valley](#)
[Skokie Valley Chessed Corps](#)
[Let's Share Torah](#)
[Minyanaires](#)

November 1-9: Don't Miss the Fall 2020 Virtual Jewish Film Festival

It's a virtual version of the JCC Chicago Jewish Film Festival! View 23+ films including Midwest and Chicago Premieres, as well as some festival favorites from the comfort of your own home. Tickets are on sale now. [Learn more here.](#)

Monday, November 9 @ 7:30 pm: JUF Women's Board presents: Virtual Mind, Body & Soul Series.

Program 1: Coping Through Covid

Pandemics can be stressful. Join us for the first of a three-part series. The first program will focus on bringing your physical and mental health to the forefront of your mind during COVID-19. Don't miss this worthwhile evening to discuss healthy coping strategies through this difficult time. Featuring Miriam Ament, Founder & President, No Shame On U, and Rebecca Minkus-Lieberman, Co-Founder and Executive Director of Orot. [Register here.](#)

Sunday, November 15 @ 5:30 pm CST: Please join PORAT's two-panel program on The Future of Modern Orthodoxy.

The first panel will discuss what "success" means in the context of Modern Orthodoxy and consider the challenges associated with Modern Orthodoxy's big tent. The second panel will turn to how the Modern Orthodox community engages with their Judaism and address the evolution of Modern Orthodoxy and what Jewish adults are seeking in terms of their education. Please visit www.poratonline.org/events for free Zoom registration, more information on the speakers, and to join as a partner.

Akiba Schechter Virtual Coffees: Join us for a virtual coffee chat to learn more about the Akiba Schechter Jewish Day School. Teaching Children not Subjects for over 70 years. Akiba provides an excellent Judaic and Secular education to a diverse community of Jewish children from all over Chicagoland. To rsvp, email admissions@asjds.org and we'll send you the zoom link to join. The remaining virtual coffees will be on: **Tuesday, November 10 at 12:30 pm, Tuesday, December 1 at 9 am, Tuesday, December 15 at 12:30pm.**

Ask about our bus service from all over the city and the north side! Learn more at akibaschechter.org. We can also schedule personal zoom tours and conversations upon request. Email admissions@asjds.org.



Not sure how to protect your community if you test positive for COVID-19? Please visit Community Counter at communitycounter.org and complete a brief questionnaire-- no stigma, shame or judgment! There is no need to identify yourself while completing the questionnaire. This small step will save lives!

To learn more, please visit the [FAQ section](#) at communitycounter.org. We are endorsed and supported by many local Rabbis, doctors and public health departments. Trained volunteer contract tracers have been selected by Refuah311.

Questions? Call or text 847-986-0635, or email info@communitycounter.org. Thank you for partnering with us in protecting our community!

Community Counter needs funding to sustain this important resource. If you are able, please consider making a donation by [clicking here](#).



KEEP CALM AND PREPARE AN ADVANCE DIRECTIVE

JOIN MICHALE WACKS FOR A PRESENTATION WHICH WILL GUIDE YOU THROUGH THE ADVANCE DIRECTIVE AND PREPARE YOU TO HAVE CLARIFYING CONVERSATIONS WITH YOUR LOVED ONES REGARDING YOUR DESIRES. WE WILL REVIEW CARE CHOICES AND DISCUSS HOW TO SELECT AN APPROPRIATE AGENT.

MONDAY, NOVEMBER 16, 7:30 pm.
RSVP to office@svaj.org
ZOOM LINK AND FORM WILL BE SENT
IN AN EMAIL ON 11/16

Michale Wacks has trained and worked as a hospital and hospice chaplain for the past ten years. Previously, she taught history to high school and Adult Ed students, and worked as a registrar and transfer credit evaluator. She has a B.A. in History, and an M.A. in Jewish Studies.

