

# SKOKIE VALLEY

*Welcomes you!*



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## Parshat Shemot 21 Tevet 5780

### Shabbat Shalom!

#### Friday, January 17

Shacharit: 7:15 am  
Mincha, Kabbalat Shabbat, Maariv: 4:37 pm  
Candle lighting: 4:27 pm

#### Shabbat January 18

Shacharit: 9:00 am  
**Drasha: Where A Name Can Dwell**  
Mincha/Maariv: 4:25 pm  
Havdallah: 5:30 pm

#### Sunday, January 19

Shacharit: 9:00 am  
Mincha/Maariv: 4:40 pm

#### Daily Shacharit

Monday & Thursday: 7:00 am  
Tuesday, Wednesday & Friday: 7:15 am

#### Daily Maariv

Monday through Thursday: 8:00 pm

### [Todah Rabah](#)

**Seudah shlishit** is sponsored this week by **Sy Rosen** on the yahrzeit of his father, Stanley Rosen z'l; and by **Don Karger** in honor of the birth of his great-nephew Rafael David Silver and in honor of the proud parents, **Kathy and Jason Silver**.

**It's Name Tag Shabbat this week! Make sure to pick up your name tag just outside the sanctuary when you arrive at shul on Shabbat morning. Let's build a strong community! Challenge yourself to meet two new people, or sit at a different kiddush table! Enjoy our ice breaker activity during kiddush or choose your own questions for the person next to you.**

***Are you new or newish to our shul? Please make sure to take a colored cup at kiddush for your drink so we can give you a warm Skokie Valley welcome!***

***We are so thrilled that we continue to grow as a community! Thank you for warmly welcoming our new members.***

***To host a new family for a Shabbat meal please contact Rachel Stein [simesstein@gmail.com](mailto:simesstein@gmail.com)***

**Misheberach:** In order to ensure that we are offering a misheberach for members of our community in need of physical, emotional and/or spiritual healing, we will be sending a monthly link to a form where you can enter the names of those for whom you wish a prayer to be said. All names on this list will be personally recited by a gabbai or gabbait every day when Torah is recited, in addition to being included in the prayers of individuals in our community. If you enter a name on the list, we request that you renew it each month the person is in need of healing. The list will be cleared on Shabbat Mevarchim each month. You may find the form at <https://www.svaj.org/misheberach>. You may also call the office with the information at 847-674-3473.

**\*\*\*\*\*Upcoming Events at Skokie Valley\*\*\*\*\***

**If you are a kitchen manager, we need you to join the Skokie Valley Kiddush and Simcha Team! Contact Tammi Finestone [finestone@me.com](mailto:finestone@me.com) for details!**

**Sunday, January 19 @ 7:00 pm: Scientists in the Synagogue: Understandings and Intersections of Death and Halakha. Follow up discussion with Rabbi Dr. Joseph Ozarowski and Mindy Moline Botbol, managing funeral director of Shalom Memorial Funeral Home, on the more practical matters of advanced directives, end of life choices, the role and meaning of Shiva in contemporary life, etc.**

**Shabbat, January 25 and February 1 during Seudah Shlishit at 4:45 pm:** Come meet our Assyrian and Kurdish Neighbors! On Shabbat 1/25, Tim Youkhana, President of Assyrian Family Health Alliance, and on Shabbat 2/1, Osman Cen, President of Kurdish Cultural Center of Illinois.

**Sunday, January 26 @ 10:00-11:30 am at Skokie Valley: The Decalogue Society of Lawyers & The Decalogue Foundation presents 2020 Jewish Legal Lecture Series, co-sponsored by Skokie Valley.** Rabbi Dr. Daniel Sinclair will speak about "When Human Dignity Clashes with Halachic Norms: Revealed and Concealed Solutions". 1.25 hours of CLE credit for all attorneys. Register for this class by January 23 at [www.decaloguesociety.org/current-decalogue-events](http://www.decaloguesociety.org/current-decalogue-events)

**Friday night, January 31 @5:30 pm: Family Kabbalat Shabbat and dinner.** Details very soon!

**Shabbat January 31-February 1: Yeshivat Maharat Intern Dr. Liz Shayne.** Dr. Shayne has undergraduate degrees in English and Psychology from the University of Pennsylvania, and a master's degree and doctorate from UC Santa Barbara in English Literature, and is currently a 4th year student at Yeshivat Maharat.

**Friday night, February 7:** Pre Tu B'shvat Seder/ Oneg with Green Team and Kol Sasson

**Sunday, February 23: Mirele Goldsmith from the Jewish Earth Alliance at 1:30.** Event co-sponsored with Kol Sasson, Orot and Hazon.

**Sunday, January 19, 2020 @10:00: Skokie Valley Agudath Jacob Annual Meeting. Light breakfast at 9:45 followed by an exciting and brief meeting, ending by 10:45. Let's celebrate our successes over the past year and learn what is planned for the year ahead, honor our past presidents and vote for the new slate: [www.svaj.org/slate-of-officers-2019-2020](http://www.svaj.org/slate-of-officers-2019-2020) Voting is open to all full members in good standing. A quorum is required and we urge you to attend.**

## This Week's Classes at Skokie Valley

**Shabbat @ 12:00 pm: Parashat Hashavuah with Jed Abraham.**

**Monday @ 7:15 pm before Maariv: Gemara Megillah with Rabbi Steve Mandel, Berger Beit Midrash**

**Tuesday @ 2:00 pm: Bereshit with Rav Ari, Israel Hall**

**Thursday @ 10:00 am: BYOK (Bring Your Own Kid) with Rav Ari. Learning for parents with children in the playroom at the end of the school wing (Multi-purpose Room). Children are welcome to come play with our toys while parents learn with Rav Ari! We are studying Hilchot Deot of the Rambam.**

### \*\*\*\*\*Hakarat Hatov – Recognizing the Good\*\*\*\*\*

**Hakarat Hatov to Debbie Eisenstein for an amazing first year of her presidency! Her thoughtful, graceful, and tireless leadership is a blessing we are so fortunate to have at Skokie Valley! May she go from strength to strength.**

*If there is someone whom you would like to recognize, please submit their name and a short paragraph on the positive impact they are having to [office@svaj.org](mailto:office@svaj.org) Submissions may be anonymous.*

### \*\*\*\*\*Youth News\*\*\*\*\*

**Tot Shabbat! We'll meet this week in Berger Beit Midrash from 10:30-11:15 am.** Tot Shabbat is for children between the ages of 0-4. Each child must be accompanied by an adult. For children already in groups, please pick up your child and head upstairs **for songs, tefillah, and fun!**

**We need parents to help lead Tot Shabbat! [Click here to sign up!](#)**

**For the safety and security of our kids, children should be in groups or in shul with a caretaker. If children are found wandering the building, they will be brought directly to you. Thank you for your partnership in helping keep our children and community safe. For questions, contact Youth Director Sara Price [children@svaj.org](mailto:children@svaj.org)**

**Children's Groups begin at 9:30 am in four separate classrooms, with early babysitting available starting at 9:15 am.** To keep our rooms safe and clean, please do not bring lollipops or sticky candy into groups.



***We'd love to include YOU in a future member spotlight. If you haven't shared anything about yourself yet (and you're comfortable doing so), please email the office at [office@svaj.org](mailto:office@svaj.org)!***

### ***Get to Know...Cara & Josh Gutstein!!***

**Family Info:** Josh, Cara, Teddy (9 in Fourth Grade at CJDS) and Izzy (7 in Second Grade at CJDS)

**Hometown:** Josh is from Chicago. Cara is from Highland Park. We met at Keshet Israel Congregation in Washington, DC.

**Something that we don't know about you:** Josh does a Robert De Niro imitation that almost lives up to Cara's Elmo voice. Teddy is a black belt in playing the recorder and Izzy stars as "Black Puma" on YouTube.

**How Long Have You Been at Skokie Valley:** Three glorious years

**Favorite City in Israel:** Kibbutz Yiftach near Kiryat Shmona. Divine!



\*\*\*\*\*Beyond Skokie Valley\*\*\*\*\*

**Saturday, January 18 @ 7:30 pm-9:30 pm: Heal(thy) Pain: A Workshop for Couples led by Shelley Kleinman of Erasore.** Learn to harness your own healing power while elevating the connection with your partner. \$15 per person, \$20 per couple, paid at the door. RSVP to 847-674-3473 or come at the last minute. All proceeds donated to Skokie Valley.

**Saturday night, January 25, 2020 at 7:30pm:** Calling all foodies! "Noshed," a battle of the chefs based on the popular TV show "Chopped" will be at Beth Hillel Bnai Emunah in Wilmette. Three of Chicago's top kosher chefs will compete live to cook a creative dish out of a mystery basket of eclectic ingredients. Come out and sample delicious hors d'oeuvres (both meat and vegetarian), desserts, and drinks from popular kosher establishments and see which chef is crowned the winner by our panel of expert judges. Skokie Valley's own **Ricky Bielak** Owner/Chef, Tacos Gingi and **Bryan Gryka**, Executive Chef/General Manager, Milt's BBQ for the Perplexed will be among the contestants. Visit <https://www.bhbe.org/form/noshed2020.html> for tickets. Each ticket includes kosher hors d'oeuvres, two drink tickets, dessert, free parking, plus access to a food-themed silent auction and kosher wine pull.