

# SKOKIE VALLEY

*Welcomes you!*



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## Shabbat Shuva Parshat Ha'Azinu 8 Tishrei 5781

### Shabbat Shalom!

#### Friday, September 25

7:15 am: Shacharit In social hall *for pre-registered members only* and via Zoom

<https://zoom.us/j/713951311>

Kabbalat Shabbat: 6:45 pm outdoors in the tent *for pre-registered members only.*

Candle lighting: 6:22 pm

#### Shabbat Shuva September 26

Shacharit: 9:00 am

**Two options: social hall and outdoor tent**  
*for pre-registered members only.*

Mincha 6:15 pm In social hall *for pre-registered members only*

Havdalah: 7:22 pm

Selichot: 7:35 pm In social hall *for pre-registered members only*

**8:00 pm: Shabbat Shuva Drasha**  
**"Broken but Hopeful"**  
**live on Zoom only:**

<https://us02web.zoom.us/j/88577442535>

#### Daily Shacharit

9:00 am Sunday

7:00 am Thursday

7:15 am Tuesday & Wednesday

*Indoors for pre-registered members only* and via Zoom

<https://zoom.us/j/713951311>

#### Daily Maariv

Tuesday, Wednesday, Thursday:

8:00 pm: *Indoors for pre-registered members only* and  
via Zoom <https://zoom.us/j/713951311>

### Welcome New Members!

Dolores Ayala

Hanna Cohen

Ariel Goodman & Isaac Katz

Aviva Jacobs

Denise & Barry Spiegel

### Baruch Dayan HaEmet

**Our deepest condolences to**

**Michael Shapiro and Amy Kenter** on the passing of  
Michael's father, Rabbi Mel Shapiro z'l

### Yahrzeits:

8 Tishrei/Sept 26 Messod Elgrably z"l (Georges Elgrably)

8 Tishrei/Sept 26 Kate Blank z"l (Charlene Shore)

8 Tishrei/Sept 26 Mozes Stern z"l (Miriam Latinik)

10 Tishrei/Sept 28 Samuel Kaplan z"l (Sylvia Kaplan)

11 Tishrei/Sept 29 Ida Shilcrat z"l (Shelley Shapiro)

12 Tishrei/Sept 30 Rachel Glimmer z"l (Yossi Glimmer)

12 Tishrei/Sept 30 Avrum Genut z"l (Eileen Himelman)

13 Tishrei/Oct 1 Harry Robinson z"l (Jay Robinson)

**\*\*\*Yom Kippur Services\*\*\***

**Sunday, September 27: Erev Yom Kippur**

**10:00 am: Zoom Yizkor:** <https://us02web.zoom.us/j/82777569766>

Meeting ID: 827 7756 9766 One tap mobile: +13126266799,,82777569766#

**Outdoors/Tent**

1:00 pm: Early Mincha

**Kol Nidre:** 6:00 pm **Zoom only** <https://us02web.zoom.us/j/82593139650>

Meeting ID: 825 9313 9650 One tap mobile: +13126266799,,82593139650#

**Outdoors/Tent (weather permitting)**

6:45 pm: Maariv

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**Yom Kippur: September 28**

**Outdoors/Tent:**

Shacharit/Mussaf: 7:00 am, 9:45 am, 1:00 pm

4:00 pm: Yizkor only

4:45 pm: Mincha

6:00 pm: Neila

**Indoors/Social Hall**

Shacharit/Mussaf: 7:30 am, 10:45 am

4:00 pm Class on Yom Kippur Liturgy by Dr. Ben Katz

4:45 pm: Mincha

6:00 pm: Neila

7:19 pm: Havdalah

**Zoom Shofar at the end of Neilah - 7:30pm**

<https://zoom.us/j/713951311>

One tap mobile: 3126266799 Meeting ID 713 951 311

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***\*\* All services are for pre-registered members only. Please attend only services for which you are registered. \*\****

## *High Holiday Resources*

Links to Rav Ari's Rosh Hashana Video Sermons and Noah Mishkin's melodies can be found here:

- Rosh Hashana Sermon #1: [The Birthday of Breath](#)
- Rosh Hashana Sermon #2: [Weddings in Black and White](#)
- [Rosh Hashana Melodies](#)
- Yom Kippur Sermon: [It's Late, There's Time](#)
- [Highlights from the Yamim Noraim Tefilot Yom Kippur](#) with Noah Mishkin
  
- Recordings of Rabbi Balinsky's classes Davening at Home on the High Holidays can be found [here](#).
  
- Yom Kippur Appeal Message [here](#). Donate [here](#).
  
- Download the 5781 Yizkor Book with listing of names [here](#). Booklets will be available at all services on Yom Kippur. If you will not be attending services, you may pick up a booklet at Skokie Valley (alley door) on Friday 9/24. If you would like one mailed to you, please call the office 847-674-3473.

## *This Week's Programs*

### **Thursday, September 31:**

**11:15 am: Skokie Valley Lunch Club with Bobbie Winter:** Our focus this week will be on how do you plan for the Holidays during a Pandemic? How do you find meaning by staying home? Is it worth it to go to an outdoor service, to an indoor service, and how can you safely invite others to your outdoor space?

These and other issues will be addressed this week and through the month of Elul towards enabling a meaningful holiday season. Please join us in this timely discussion, share your thoughts with others and gain insight into managing the holiday season during a pandemic. <https://us02web.zoom.us/j/86100712972>

**12:00 pm: Stop giving yourself back pain!** Zoom in with Jen Cohen, a Physical Therapist specializing in orthopedics. Learn how to take care of your body while working from home. We will do useful stretches and mobility exercises right from your desk. This will help you stay healthy and prevent injuries while working from your home office/dining room table/tv tray in the playroom. <https://us02web.zoom.us/j/87537313419>

#### **Communal resources:**

[Schedule some one on one time with Rav Ari](#)  
[Chicago Jewish Community Support](#)  
[COVID-19 and Domestic Abuse Resources](#)  
[COVID-19 and Child Abuse](#)  
[SHALVA COVID-19 Orthodox Outreach](#)

#### **Join our WhatsApp groups!**

[Women of Skokie Valley](#)  
[Skokie Valley Chesed Corps](#)  
[Let's Share Torah](#)