Shabbat Shalom!
We have moved indoors for all tefillot.
You must pre-register!
See below for more details and sign up information.

Friday, July 10
7:30 am: Shacharit
https://zoom.us/j/713951311

7:00 pm: Kabbalat Shabbat Tefillah in Social Hall with kaddishes, for pre-registered members only.
Also via Zoom.
https://zoom.us/j/713951311
Candle lighting: 8:07 pm

Shabbat July 11
9:00 am: For pre-registered members only
Havdallah: 9:09 pm

Daily Shacharit
9:00 am Sunday
7:30 am Monday through Friday
For pre-registered members only and via zoom
https://zoom.us/j/713951311

Daily Mincha/Maariv
8:15 pm: For pre-registered members only
and via zoom
https://zoom.us/j/713951311

See instructions below for registering for indoor tefillot.

Yahrzeits:
18 Tammuz/July 10 Minnie Berkowitz z”l (Barry Berkowitz)
20 Tammuz/July 12 Claire Perlman z”l (Josephine Meyer)
21 Tammuz/July 13 Seymour Weiss z”l (Ira Weiss)
21 Tammuz/July 13 Gary Anderson z”l (Michael Anderson)
21 Tammuz/July 13 Harry Grossman z”l (Shelly Auslander)
22 Tammuz/July 14 Nessim Elgrably z”l (Georges Elgrably)
22 Tammuz/July 14 Nathan Weinstein z”l (Grace Weinstein)
23 Tammuz/July 15 Lauraine Saxonberg z”l (Robert Bennett)
23 Tammuz/July 15 Harold J. Feder z”l (Selma Feder)

Access up-to-date information about reopening, indoor tefillot, future outdoor activities, etc. by going to our COVID-19 Resource page on SVAJ.org.

Download our new mobile app, with links to our calendar and our virtual offerings:
https://www.svaj.org/getapp

Board of Directors meeting on Sunday, July 12 at 9 pm.
Communal resources:
- Schedule some one on one time with Rav Ari
- Online Group Check-in
- Skokie Valley Communal Support--offers and requests
- Chicago Jewish Community Support
- COVID-19 and Domestic Abuse Resources
- COVID-19 and Child Abuse
- SHALVA COVID-19 Orthodox Outreach

Join our WhatsApp groups:
- Women of Skokie Valley
- Skokie Valley Chesed Corps
- Madrichim Led Family Activities Group
- Let’s Share Torah

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Tefillot Registration

We are excited to be moving back indoors for weekday and Shabbat tefillot. Before registering, you must read our safety protocols [here](#). Each participant must be a member and pre-registered.

For those who wish to participate, there are two steps you must take:

**Step 1:** Register for tefillah participation at Skokie Valley. We ask that those who registered for outdoor tefillah register again as we have updated the guidelines for indoor tefillah.

[Click here for tefillah registration](#). If you need help registering, please call the office 847-674-3473.

**Step 2:** Sign up for specific tefillot. You will receive a link to the sign up form when you complete your registration in step 1.

Stay connected on Zoom! If you have a computer, it is easy to join these classes! Classes also appear on the home page of svaj.org--just click on the name of each class for the link to join!

**Friday July 10:**
- **7:00 pm: Kabbalat Shabbat:** Indoor tefillah and kaddishes. Pre-registration required for all tefillot.
  - [https://www.svaj.org/form/tefillah-attendance.html](https://www.svaj.org/form/tefillah-attendance.html)
  - Zoom: [https://zoom.us/j/713951311](https://zoom.us/j/713951311)

**Shabbat July 11:**
- **9:30am, 10:30 am, 11:30 am: Tot Shabbat in the Park!** Join us as we safely meet outdoors with Tot Shabbat in the Park! Meet at Timber Ridge Park. Bring your own blanket/chairs and snacks. Pre-registration required!
  - [https://docs.google.com/spreadsheets/d/10WGaVg1uwMQqj47mFDexAckX3401JfM3snu_xmbbcdY/edit#gid=0](https://docs.google.com/spreadsheets/d/10WGaVg1uwMQqj47mFDexAckX3401JfM3snu_xmbbcdY/edit#gid=0)

- **6:00 pm: Pirkei Avot in the Park.** Meet Rav Ari for Pirkei Avot in the Park, in Timber Ridge Park by the Big Tree. Masks are required. Bring your own blanket/chairs and set up at least 10 feet from others. Texts will be provided. Pre-registration required!
  - [https://docs.google.com/spreadsheets/d/1bMoc_G0MEPNWtv5rKMIYHYzc9vODErNPT7c7L5U124g/edit?pli=1&gid=0](https://docs.google.com/spreadsheets/d/1bMoc_G0MEPNWtv5rKMIYHYzc9vODErNPT7c7L5U124g/edit?pli=1&gid=0)

**Sunday, July 12:**
- **8:30 am: New Class! The Halachot of Daily Life:** Halacha comes from the word "to walk," and its central purpose is to help us walk with God. Each Sunday morning at 8:30, Rav Ari will give a 30-minute shiur on practical halacha, with an eye towards increasing spiritual awareness in our daily living. Fill out this form or email Rav Ari [ravari@svaj.org](mailto:ravari@svaj.org) with halachic questions you’d like to be discussed.
  - [https://docs.google.com/forms/d/e/1FAIpQLSeAIpeS1xtSP4UaqMxwg_8M8iJVFTLcu9NkjUrQXq8F8f1Kg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSeAIpeS1xtSP4UaqMxwg_8M8iJVFTLcu9NkjUrQXq8F8f1Kg/viewform)
1:00 pm: **Pirkei Avot study** and discussion group led by Mike Koplow. All are welcome!
Zoom link: [https://us04web.zoom.us/j/5068566520?pwd=RnZ1cRZOGrSrS1J5a3JDcVJQY29YZz09](https://us04web.zoom.us/j/5068566520?pwd=RnZ1cRZOGrSrS1J5a3JDcVJQY29YZz09)

3:00 pm: **Family Road Rally**. Meet at the Skokie Valley Parking lot to get your rally list. **RSVP required**: [https://www.svaj.org/road-rally](https://www.svaj.org/road-rally)

7:00 pm: **Idolatry & Identity.** Join us for a new series launching Sunday, July 12, featuring Dr. Sam Fleischacker and Professor Joshua Shanes. This Sunday Dr. Fleischacker will discuss "What is Idolatry?"
Zoom: [https://us02web.zoom.us/s/7068507221](https://us02web.zoom.us/s/7068507221)
One Tap Mobile 3126266799 Meeting ID: 706 850 7221
Download the source sheets for Sunday's lecture by clicking [here](https://www.svaj.org/road-rally) and [here](https://www.svaj.org/road-rally). Details in flyer below

**Tuesday, July 14**
8:00 pm: **Changemakers: The Stories and Torah of Making a Difference**. Yeshivat Chovevei Torah, in partnership with Skokie Valley, presents a new Adult Education Series. Tonight: “Who’s In and Who’s Out” Poskim and the Evolving Status of a Deaf Person in Halakha with Rabbi Dov Linzer.
**Registration required:** [https://docs.google.com/forms/d/e/1FAIpQLSedKzqRskP6by4ps-5hRRHxOHkZF2wl1DiSU6zHGCL3zwhA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSedKzqRskP6by4ps-5hRRHxOHkZF2wl1DiSU6zHGCL3zwhA/viewform)
You will receive the zoom link when you register. All sessions will also be broadcast live on Facebook.

**Wednesday July 15:**
3:00 pm: **Dance for Life**: Tune in to this easy to follow Dance for Your Life exercise program. This is a 30 minute dance routine in your chair--safe, fun and gets your whole body moving!
Zoom: [https://us02web.zoom.us/s/7068507221 Password: 613](https://us02web.zoom.us/s/7068507221 Password: 613)

7:00 pm: **Skokie Valley Renovations Presentation**: Over the last 18 months our community has been in conversation about our needs and hopes for improving our building. Your ideas, shared through surveys, Town Halls, board meetings, and more have helped guide us to an exciting stage in our shul renovations. We are excited to share the plans that have been developed so far and hear your feedback in a Zoom session with our Architects, Esther Sperber and Sue Auerbach. **Webinar link**: [https://us02web.zoom.us/j/88382106191 # or 613](https://us02web.zoom.us/j/88382106191 # or 613)

**Thursday July 16:**
11:15 am: **Skokie Valley Lunch club with Bobbie Winter**: Join Bobbie Winter, LCSW, for a cup of coffee and informal conversation, sharing common issues in managing the new normal of life during a pandemic. The discussion will be ended with a few minutes of a breathing and relaxation exercise in order to prepare everybody for Jen’s wonderful exercise program which follows, and as a midday break. Roberta Winter is a clinical social worker with 50 years of experience and is a registry care manager at Shirley Ryan Abilitylab, formerly known as the Rehabilitation Institute of Chicago, with a speciality as a support group facilitator.

12:00 pm: **Stop giving yourself back pain!** Zoom in with Jen Cohen, a Physical Therapist specializing in orthopedics. Learn how to take care of your body while working from home. We will do useful stretches and mobility exercises right from your desk. This will help you stay healthy and prevent injuries while working from your home office/dining room table/tv tray in the playroom. **Note new Zoom link:** [https://us02web.zoom.us/s/7068507221 password 613](https://us02web.zoom.us/s/7068507221 password 613)

7:00 pm: **Jews and the Black Power Movement, 1960’s and 1970’s** with renowned scholar Dr. Marc Dollinger, Chair in Jewish Studies and Social Responsibility at San Francisco State University. Zoom link: [https://us02web.zoom.us/j/83861229383?pwd=QWF6c0hpZkc5ZElDb3BUKaVJaUT09 password 613](https://us02web.zoom.us/j/83861229383?pwd=QWF6c0hpZkc5ZElDb3BUKaVJaUT09 password 613)

iPhone one-tap : 3212666799,,83861229383# or 6468769923,,83861229383#
Telephone: 312 626 6799 Webinar ID: 838 6122 9383password 613. See attached flyer for more details.
Coming up:
July 20: Be Your Best Self: Awareness in Action  An 8-Week Course with Rabbi Dr. Josh Feigelson and the Institute for Jewish Spirituality. The course meets weekly via Zoom on Mondays at 8.

As a special opportunity for Skokie Valley members who register, our member Rabbi Dr. Josh Feigelson, Executive Director of IJS, will lead a live weekly processing group via Zoom.

Registration closes on July 17! Register at https://www.svaj.org/be-your-best-self. Zoom links for online courses and for the live processing group will be sent to you when you register.

Beyond Skokie Valley

The Orthodox Union presents: Calm Amid Corona – Pandemic Parenting - OU’s Mental Health series. Three Monday night presentations for the parents of teens, featuring: Kristen M. Roye, PsyD. – Clinical Director, Destinations for Teens and Rabbi Dov Rosenbluth - Director of Guidance and 11th grade Rebbe at YULA. Monday nights 7:30 pm CDT. For more information, visit ou.org/mentalhealth or facebook.com/OrthodoxUnion

Monday night, July 13        Communication 101: How to Talk and Listen (Successfully!) to Teenagers
Monday night, July 20        Teen Mental Health 101: Identifying and Destigmatizing Anxiety and Depression
Monday night, July 27        Substance Abuse 101: Talking About Drugs and Alcohol With Your Teen

Jews & Racial Justice

JULY 1 – 11th Race Matters In Our Midst A Q&A Webinar in Partnership with Skokie Valley Agudath Jacob Join us for a 90-minute conversation with Rabbi Helft and Gateway Lodge President moderated by Rabbi Marcelle Vaites. They will have an open discussion about the impact and current state of Orthodox anti-racism. They will explore structural and institutional barriers—and the necessary steps we all need to build more accepting and inclusive communities.

JULY 6 – 7:00-8:30pm  Jews and the Civil Rights Movement, 1950s Understanding a Complicated History to Better Understand Today’s Issues with Dr. Marc Dollinger Dr. Dollinger hosts the Richard and Rhoda Goldman Endowed Chair in Jewish Studies and Social Responsibility at San Francisco State University. Professor Dollinger is author of four scholarly books in American Jewish history, most recently, Black Power, Jewish Politics: Awakening The Alliance in the 1960s. His next project traces his own experience fighting racism and-Semitism at both right-wing and left-wing universities.

JULY 13 – 7:00-8:30pm  Jews and the Black Power Movement, 1960s and 1970s with Dr. Marc Dollinger Based on his latest research book, Black Power Jewish Politics: Reclaiming The Alliance in The 1960s, Dr. Dollinger will argue that the Jewish anti-racist and religious movement of the late 1960s and 1970s grew from the Black Power movement itself, offering a very different understanding of an African-American/Jewish alliance.

JULY 23 – 7:00-8:30pm 1619, 1654, 2020: Jews and Racism with Dr. Marc Dollinger A primary source document journey, this 90-minute talk gets to the heart of American Jewish support, complexity, and benefit from institutional racism. Dr. Dollinger offers a deep dive into how Jews, in America because of its institutional racism and fear of a threat to their legitimacy, have been engaged in anti-racist activism for over 160 years.

Aug 6, Sept 5 – 11th How to Begin Talking About Racial Justice with Galina Rabin-Rosem

"We have learned a lot about the complicated history of Jews and African Americans and our relationship to institutional racism. This two part workshop is an opportunity to explore our own realities and learn how to begin talking about racial justice issues without fear, grounded in our own experience and with empathy. Regardless of background or interests, this workshop will help equip you to engage in honest and meaningful conversations about race and social identity.

Race, Racial Justice and American Jewry

JULY 9 – 7:00-8:30pm Jews and the Civil Rights Movement, 1950s

Understanding a Complicated History to Better Understand Today’s Issues with Dr. Marc Dollinger Based on his latest book, This is a Black-History talk that gets to the heart of American Jewish support, complexity, and benefit from institutional racism. Dr. Dollinger offers a deep dive into how Jews, in America because of its institutional racism and fear of a threat to their legitimacy, have been engaged in anti-racist activism for over 160 years.

JULY 16 – 7:00-8:30pm Jews and the Black Power Movement, 1960s and 1970s

Based on his latest research book, Black Power Jewish Politics: Reclaiming The Alliance in The 1960s, Dr. Dollinger will argue that the Jewish anti-racist and religious movement of the late 1960s and 1970s grew from the Black Power movement itself, offering a very different understanding of an African-American/Jewish alliance.

JULY 23 – 7:00-8:30pm 1619, 1654, 2020: Jews and Racism

A primary source document journey, this 90-minute talk gets to the heart of American Jewish support, complexity, and benefit from institutional racism. Dr. Dollinger offers a deep dive into how Jews, in America because of its institutional racism and fear of a threat to their legitimacy, have been engaged in anti-racist activism for over 160 years.

Dr. Marc Dollinger holds the Richard and Rhoda Goldman Endowed Chair in Jewish Studies and Social Responsibility at San Francisco State University. Professor Dollinger is author of four scholarly books in American Jewish history, most recently, Black Power Jewish Politics: Reclaiming The Alliance in The 1960s.

And his next project traces his own experience fighting racism and-Semitism at both right-wing and left-wing universities.

Registration Info:
All classes will be over Zoom. For the ISR event (Tel): Register Here: https://events.orthodoxunion.org/energize/accounts/registration/ Registration Info for the rest of them to come at a later date. - All info: 847-419-5145 | office@svaj.org • www.svaj.org
What is Idolatry?

Why is idolatry such a severe sin in Judaism—rather than just an error? Are polytheistic religions all idolatrous, and if so, how did they become so? Are their followers therefore all condemned by God? Is it a sin that Jews stopped committing in Second Temple times (as the Talmud suggests), or are we still in danger of committing it today? Answers to these questions depend on what we think idolatry is. We’ll try to figure that out with the help of texts from the Tanakh, from Maimonides, and from Yeshayahu Leibowitz.

Join Us July 12 • 7pm
(and again on 19, 26 August 2, 2020)
All classes will be via Zoom. Note: Zoom link and password for all sessions will be sent in Skokie Valley daily emails.

Dr. Sam Fleischaker is IJS Distinguished Professor of Philosophy at the University of Illinois in Chicago. He is Director of Jewish Studies there, and co-director of the Jewish-Muslim Initiative. He is a national and international figure in the field of Jewish-Muslim relations, and the author of several books.

He is the author of eight books, including The Good and the Good Book (Oxford, 2015), and Online Teaching and the Way of the World (Oxford, 2018), and the editor of two collections of papers, including Medgog’s Jewish Followers (Augusta, 2008).

More Info: 847-610-3473 • office@svaj.org • www.svaj.org

BE YOUR BEST SELF: A NEW ONLINE PROGRAM

We have partnered with The Institute for Jewish Spirituality (IJS), the global pioneer in teaching Jewish mindfulness practices, to create a special program for our members:

“Awareness in Action: Cultivating Character Through Mindfulness and Middot”

combined with a facilitated online group that will be led by our own Rabbi Dr. Josh Feigelson on Mondays at 8 pm beginning July 20 for registered Skokie Valley members.

The content-rich online course consists of:

- Video teachings with IJS’s expert teachers Rabbis Lisa Goldstein and Marc Margolius, including guided “real-life” scenarios
- Chants for each module recorded by Cantor Julia Cadlain, Elana Arlan and Rabbi Sam Feinsmith
- Guided reflection questions
- Suggested focus phrases and additional resources including poetry, prayer practices, and a musical playlist

This is an exciting opportunity for our community to go through the course together, learning, practicing, and discussing.

For details and to sign-up, please visit by July 17:
https://www.svaj.org/be-your-best-self