Shabbat Shalom!

Friday, March 5
7:00 am: Shacharit
Indoors for those who have pre-registered only
and via Zoom https://zoom.us/j/713951311
passcode 613
5:36 pm: Kabbalat Shabbat
Indoors for those who have pre-registered only
Candle lighting: 5:26 pm

Shabbat, March 6
9:00 am: Shacharit
Indoors for those who have pre-registered only
5:25: Mincha/Maariv
Indoors for those who have pre-registered only
Havdala: 6:29 pm
Virtual Havdala: 6:45 pm via Zoom
https://zoom.us/j/713951311
passcode 613

Daily Shacharit
9:00 am Sunday
7:00 am Monday & Thursday
7:15 am Tuesday, Wednesday & Friday
Indoors for those who have pre-registered only
and via Zoom https://zoom.us/j/713951311
passcode 613

Daily Mincha/Maariv
5:35 pm Sunday to Thursday
Indoors for those who have pre-registered only
and via Zoom https://zoom.us/j/713951311
passcode 613

To register for in-person tefillot:
https://www.svaj.org/form/tefillah-attendance.html

Mazel tov!
Mazel tov to Joshua Koplow and his parents, Jennifer and Jonathan and family on his Bar Mitzvah this Shabbat!

Welcome New Member
Francine Weistrop of Milton, MA, mother of our member Aviva (and David) Rubin.

Baruch Dayan HaEmet
It is with great sadness that we announce the passing of Sander (Sandy) Levin z”l, brother of our member Miffy (Sy) Nagorsky

Yahrzeits:
21 Adar/Mar 5 Jacob Kanter z”l (Nelson Kanter)
24 Adar/Mar 8 Max Edward Evans z”l (Elaine Small)
26 Adar/Mar 10 Sarah Furman z”l (Eugene Chez)
26 Adar/Mar 10 Geeta Turen Schaffner z”l (Hermine Becker)
27 Adar/Mar 11 Florence K. Abraham z”l (Jed Abraham)

Save the date! Skokie Valley Spring Learning Series will begin on March 23. Details coming soon.
This Week at Skokie Valley

Shabbat, March 6

10:30 am: Tot Shabbat in the Park is back! The weather is warming up! Join us for Tot Shabbat this week in Timber Ridge Park at 10:30 am. Tot Shabbat is for kids 0-5. Kids over 5 are welcome to play on the playground. Bring your own blanket/chairs and snacks! Everyone over 2 must wear a mask and social distancing must be maintained. Families that are new to Skokie or Skokie Valley are especially welcome! It has been wonderful to celebrate together with a growing number of families. Join us!

6:45 pm: Virtual Havdalah! https://zoom.us/j/713951311 passcode: 613

Sunday, March 7

8:30 am: Halacha in Our Lives with Rav Ari. Halacha comes from the word “to walk,” and its central purpose is to help us walk with God. Each Sunday morning at 8:30, Rav Ari will give a 30-minute shiur on practical halacha, with an eye towards increasing spiritual awareness in our daily living. Email Rav Ari ravari@svaj.org with halachic questions you’d like to be discussed. https://zoom.us/j/713951311 passcode 613

Tuesday, March 9

2:00 pm: The Book of Genesis with Rav Ari. https://zoom.us/j/713951311 passcode: 613

Thursday, March 11

11:15 am: Mid-Day Break for Breath and Well-Being with Bobbie Winter: Have grey skies and escalating Covid reports got you down? Have you gone through your "to do" list and watched all the videos you care to see? Is it harder to motivate yourself for daily tasks? Then Skokie Valley has what you need: a mid-day break with a nice cup of coffee or tea and a mood-elevating 45 minutes with friendly people, along with guided breathing and relaxation to help you through the rest of the day. The group is looking forward to welcoming you. https://us02web.zoom.us/j/86100712972?pwd=STlpNWVnZG42S0ZFYTB3dmodyUHZRZz09 Passcode 613 Meeting ID: 861 0071 2972 One tap mobile +13126266799,,86100712972#

12:00 pm: Stop giving yourself back pain! Zoom in with Jen Cohen, a Physical Therapist specializing in orthopedics. Learn how to take care of your body while working from home. We will do useful stretches and mobility exercises right from your desk. This will help you stay healthy and prevent injuries while working from your home office/dining room table/tv tray in the playroom. https://us02web.zoom.us/j/87537313419?pwd=SHBQQzIwbzYzSjArNkFBU0owSGd6Zz09 Passcode: 613

8:00 pm: Parsha Shiur with Rabbinical Intern Yael Keller: Get an early look at this week’s parsha. Join Yael to explore themes and delve into the characters of sefer Shemot. Zoom: https://us02web.zoom.us/j/87392335225?pwd=T21mZG9wcVI0cTBRWThiSTBEM0FIZz09 Passcode: 613
One tap mobile +13126266799,,87392335225# Meeting ID: 873 9233 5225

Click to visit Skokie Valley’s YouTube Channel for all videos, including Rav Ari’s video drashot and Yael Keller’s Parsha Shiurim.

Know someone who recently moved to Skokie who might be a good fit for our shul? Make sure to let the membership committee know! Please email Ari Berkowicz ariberk@gmail.com with relevant information and the committee will reach out!
Community Use of Social Hall

After consultation with our medical committee, we have created a plan to make the social hall space available beyond tefillah. Members of the Skokie Valley community will now be able to register for activities that strictly follow safety guidelines in the social hall at appointed times. **We have opened up 3 slots for use on Shabbat. Click here for more information and sign up form. Please note that up to 10 members may now sign up for a time slot together. Each household must sign the waiver.**

JCFS and Skokie Valley

The past few months have challenged our community in unprecedented physical, spiritual, emotional and financial ways. Our community has responded heroically to these needs with open hands and hearts. As an institution, we are always looking for more ways to respond to these needs and better strengthen and serve our members, and thus are excited to enter this new partnership with JCFS Chicago! For more information, go to: https://www.jcfs.org/ Our liaison to JCFS is Elizabeth Ury, the Director of Jewish Community Engagement. You may contact Elizabeth directly at ElizabethUry@JCFS.org 847-745-5421.

**Upcoming JUF programs:**
- **April 9:** Community Recovery Seder, an alcohol free experiential Seder
- **JVS and JUF Academic Scholarships** for H.S. Seniors negatively impacted by COVID. For more information go to vsscholarship@jvschicago.org. Deadline to apply is March 22.
- **Operation Snowball:** An intensive event planned by teens for teens. For more information and registration, go to https://www.jcfs.org/response/leadership/operation-snowball

Virtual Gardening Group! It’s getting close to spring and planting season! If anyone would be interested in a Zoom gardening group, please join us on Sunday March 14 at 1:00pm! No experience required. Just a group of friends who enjoy gardening. **Click here for Zoom**

**It’s easy to support Skokie Valley while shopping on Amazon!** Just use our dedicated link to log into your Amazon account and we will receive a small portion of what you spend. The prices are the same! Share this link with your friends and family! smile.amazon.com/ch/36-2477806

Please note that, in order to keep everyone healthy, the shul office is still closed to walk-in visits. Please mail checks to the office, or put them in the mailbox next to the alley door. If you need to come to the office, please call Rose at 846-674-3473 to make an appointment. Rose and Carin are available by email and phone from 9am to 2pm Monday through Friday.

Thank you for your understanding.
March 7 @ 7:00 pm CST: This year, Yeshivat Chovevei Torah is featuring our rabbi and our community as part of their annual event From Vision to Mission: Rabbis Transforming Communities.

Rav Ari invites you to join him in supporting an institution of Torah learning and rabbinic training that is very dear to his heart, and is positively impacting the lives of thousands of people across the globe. Supporting this virtual event can mean giving as little as $18!

Please consider joining and supporting Rav Ari on March 7 at 7:00pm CST. To register and/or donate, go to https://interland3.donorperfect.net/weblink/weblink.aspx?name=yctorah&id=40
March 7 @ 12pm: Navigating Vaccine Hesitancy in the Jewish Community: A Panel Discussion: With the advent of broadening vaccine availability, we are at a critical juncture in the fight against Covid-19. Community Counter invites you to join our distinguished panelists for a discussion of the history, implications and best practices for addressing vaccine hesitancy in the Jewish community.

This webinar is intended for medical and public health professionals, community health activists, rabbis, chaplains, social work and counseling professionals, politicians and civic leaders, and any members of the community interested in learning about best practices in health communications.

Registration required: https://tinyurl.com/a22wclct
Sunday, March 14 @7-8:30: Yeshivat Chovevei Torah presents Seder Sense: An Evening of Pesach Prep for your Mind and Soul. 3 time slots with a choice of 2 sessions per slot. More details and registration: tiny.cc/sedersense.

We’re here to help! Community Counter (communitycounter.org) is a comprehensive Covid-19 resource for our Orthodox community. CC has an extensive list of testing resources and can assist if you have tested positive and would like support with meals, counseling, plasma trials or finding solid medical and public health guidance. You can help keep our community safer by completing a short survey (anonymously, if you prefer) for contact tracing. Watch this video for more information. https://youtu.be/LnVGzyQ_PGM

Please consider making a donation at https://www.communitycounter.org/donate. Endorsed by local Rabbanim, doctors and several public health depts. Questions? Call or text 847-986-0635, or email info@communitycounter.org. Thank you for partnering with us in protecting our community!

Vaccine Resources
All Skokie residents age 18 and over, and healthcare workers employed at a Skokie healthcare provider, are invited to pre-register to receive a future notification from the Village’s Health and Human Services Department when they qualify to make a COVID-19 vaccination appointment. Click on the link above for information about eligibility and questionnaire to be completed to pre-register. Sign up for COVID-19 Alerts when new information is posted on the website and be sure to also subscribe to SkokieNews for email advisories.

The following two resources may also be helpful for those who qualify but have not yet registered:

- This is a helpful document that is updated regularly and contains links to many sites where you can obtain vaccines across the State: https://docs.google.com/document/d/1nuDrRywej3uJRJKYBQbAYrXgj-Gr-yKmnuQU7oqaBFU/edit

- This is an initiative led by Refuah 311, Hatzalah, and the Agudah to supply vaccine doses to eligible individuals, in and beyond the Jewish community: https://survey.zohopublic.com/zs/8DChRc