Parshat Nasso
14 Sivan 5780

Shabbat Shalom!

Our physical building is temporarily closed, but our community is always open!

Daily Shacharit together: 8:00 am
Mishna learning in memory of those for whom we are saying kaddish 8:30 am
https://zoom.us/j/7139513111
(Sunday 9:00 Shacharit and 9:30 learning)

Mincha/Maariv together: 8:10 pm
https://zoom.us/j/7139513111

Friday, June 5
Tot Tefillah: 2:00 pm
Join us to welcome Shabbat with our beloved Tot Shabbat songs.
https://zoom.us/j/311576920

Welcoming Shabbat: 6:30 pm
https://zoom.us/j/7139513111
Candle lighting: 8:03 pm

Shabbat June 6
Havdallah: 9:07 pm
Communal Havdallah with friends from Anshe Shalom in Lakeview: 9:25 pm
https://zoom.us/j/9248979279
Meeting ID: 924 897 9279
Password: 540

Yahrzeits:
13 Sivan/June 5 Evelyn Litwin z”l (Leonard Litwin)
14 Sivan/June 6 June Steinberg z”l (Ruth Gleicher, Barbara Robinson)
14 Sivan/June 7 Harvey Ben Rosenblatt z”l (Avi Rosenblatt)
18 Sivan/June 10 Bella Utschen z”l (Sam Utschen)
19 Sivan/June 11 Deborah Comstock z”l (Marsha Arons)

For the letter outlining the first phase of our reopening plans, please click here. If you would like a paper copy, please contact the office.

Download our new mobile app, with links to our calendar and our virtual offerings:
https://www.svaj.org/getapp

Communal resources:
Schedule some one on one time with Rav Ari
Online Group Check-in
Skokie Valley Communal Support--offers and requests
Chicago Jewish Community Support

Join our WhatsApp groups!
Women of Skokie Valley
Skokie Valley Cheshed Corps
Madrichim Led Family Activities Group
Let’s Share Torah
Mincha/Maariv Outdoors

Beginning on June 14, mincha/maariv will take place outdoors in the Skokie Valley parking lot. We will gather Sunday - Friday night, ensuring that there is at least one minyan each day of the halachik week for men and women who wish to daven together.

Priority will be given to those saying kaddish. **To participate in our outdoor tefillah, you must be a member of Skokie Valley and register by clicking this link or calling the office at 847-674-3473. Those who have not registered will not be allowed to join our tefillot.**

When registering, you will receive more detailed information on our safety protocols. This tefillah will be streamed on Zoom, and those saying kaddish who do not wish to participate in person may recite a full kaddish on Zoom along with the physical outdoor minyan.

Stay connected on Zoom! If you have a computer, it is easy to join these classes! Classes also appear on the home page of svaj.org--just click on the name of each class for the link to join!

**Sunday through Friday**

**Sunday @ 9:30 am, Monday through Thursday @ 8:30 am: Ten Minute Mishna Learning:** All are welcome for a short, ten minute mishna learning. Mishnayot will be learned in the memory of those for whom community members are saying kaddish. At the beginning of each learning session we will recite the names of those whom we are remembering.

**Friday June 5:**
- **2:00 pm: Tot Tefillah!** Join us to welcome Shabbat with our beloved Tot Shabbat songs. There will be opportunities for you to lead Tot Tefillah as well - stay tuned.
- **6:30 pm: Welcoming Shabbat:** One hour before Shabbat, we will be getting in the Shabbat spirit with prayerful song and maybe even some dance!

**Shabbat June 6:**
- **9:25 pm: Communal Havdallah** and Dance Party with friends from Anshe Shalom in Lakeview.

**Sunday June 7, 11am to 12pm: Food collection for Bright Star Community Outreach** for perishable food needs in Bronzeville. Please bring the following unopened items to the Skokie Valley parking lot between 11-12: lunch meat, yogurt, cheese, eggs, apples, oranges. Food items do not need to be kosher but please do not purchase products that contain meat and milk (if you have questions about the halacha please reach out to Rav Ari).

**Tuesday June 9:**
- **2:00 pm: The Book of Genesis:** Join us for a deep study of the book of Genesis, with selected midrashim and commentators.

**Wednesday June 10:**
- **3:00 pm: Dance for Life:** Tune in to this easy to follow Dance for Your Life exercise program. This is a 30 minute dance routine in your chair--safe, fun and gets your whole body moving!
Thursday June 11:

11:15 am: **Skokie Valley Lunch club with Bobbie Winter:** Join Bobbie Winter, LCSW, for a cup of coffee and informal conversation, sharing common issues in managing the new normal of life during a pandemic. All are welcome. Roberta Winter is a clinical social worker with 50 years of experience and is a registry care manager at Shirley Ryan Abilitylab, formerly known as the Rehabilitation Institute of Chicago, with a specialty as a support group facilitator.

12:00 pm: **Stop giving yourself back pain!** Zoom in with Jen Cohen, a Physical Therapist specializing in orthopedics. Learn how to take care of your body while working from home. We will do useful stretches and mobility exercises right from your desk. This will help you stay healthy and prevent injuries while working from your home office/dining room table/tv tray in the playroom.

3:00 pm: **Parsha and Stories:** Kids and families are welcome for Parsha and stories with Rav Ari and special guests!

7:00 pm: **Haftorah of the Week:** Join us for a discussion led by Michael Stein that explores the Haftorah, its significance, context and connections to the weekly Torah portion. Please review the Haftorah in advance here: [https://www.sefaria.org/sheets/235760?editor=1](https://www.sefaria.org/sheets/235760?editor=1)

**Misheberach for Cholim:** In order to ensure that we are offering a misheberach for members of our community in need of physical, emotional and/or spiritual healing, please enter the names of those for whom you wish a prayer to be said on the misheberach form. **If you enter a name on the list, we request that you renew it each month the person is in need of healing.** The list will be cleared on Shabbat Mevarchim each month. You may find the form at [https://www.svaj.org/misheberach](https://www.svaj.org/misheberach), or call the office with the information at 847-674-3473.

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**Shop on Amazon and support Skokie Valley at the same time!** Many of you are taking advantage of shopping from home using Amazon during this crisis. If you use the Amazon Smile link when you shop and indicate Skokie Valley as your charitable organization - we get cash! This is a great way to make your purchases go further. Make your shopping count! It works!

Go to this unique link: [https://smile.amazon.com/ch/36-2477806](https://smile.amazon.com/ch/36-2477806) or click the Amazon logo at the top of the Skokie Valley webpage [svaj.org](http://svaj.org), which will bring you to our Amazon Smile page. Then shop as usual! For everything you buy, Amazon will donate a small part of your purchase price to Skokie Valley. It’s that simple!

Ask your friends and family to go to [smile.amazon.com](https://smile.amazon.com) when they shop and designate Skokie Valley as their chosen charity. Shopping and prices are the same, and you retain your Prime membership benefits. **It’s so easy to support our shul as you shop on Amazon!**

Larry Englehart of Deja Views has created the “Porchtraits Project.” This is a 15 minute photo session on your front porch, sidewalk, etc, using social distancing guidelines. There is no charge for this, but a minimum donation of $40 is required to Skokie Valley’s [Food for First Responders](https://www.svaj.org/food-for-first-responders) initiative, supporting local Kosher restaurants and first responders. For more information or to schedule a time slot, call DejaViews at 877-DejaViews or email: photos@DejaViewsUSA.com.

**If anyone took photos at the Shavuot Basket event that you would like to share with us, please email them to office@svaj.org. Thank you!**

**Help wanted!** Our building may be closed but Skokie Valley is going strong! Our email communications, website and social media information are playing a bigger role than ever before in keeping us all informed and together.

We are seeking help in any of these areas—so if you have some time and skills to volunteer, please let us know at office@svaj.org
**Hakarat HaTov**

Many, many thanks to the Shavuot Bikkurim Basket committee and volunteers who worked so hard to create a much-needed fantastic, fun day for Skokie Valley members. Thanks to Brian Altgold, Leah Neiman, and Mark Bromberg who pulled this event together in a very short time, and to all the volunteers who made it happen: Sadie Hulkower, Michael Koplow, Elliot Raff, Tammy Rubin, Avi Pretekin, Lena Bromberg, Nathan Benditzson, Michael Anderson, Elliot Raff, Avi Pretekin, Rick Arons, Marsha Arons, Lena Bromberg, Joseph Bromberg, Rena Lustig, Hermine Becker, Paula Blumberg, Corinne Engelhart, Danya Finestone, Josh Shanes, Yoni Eisenstein, Ben Eisenstein, Corinne Engelhart, David Rubin, Jeff Schankerman.

**Beyond Skokie Valley**

Sunday, June 7, 4-6pm: Greater Chicago Jewish Festival, Virtual Fest’s All of the Best! Featuring live performances by Rabbi Joe Black, Peter Yarrow, Noah Aronson and David Broza, and many more! Also Video Performances from 40 years of the Fest with Debbie Friedman, Theodore Bikel, Lisa Loeb, Peter Himmelman, Kol B’Seder, Jeff Klepper, Maxwell Street Klezmer Band, Stuart Rosenberg, Cantor Alberto Mizrachi, Kol Sasson, Shakshuka, Marilyn Price. Streaming on JewishFestival.org, Facebook and YouTube.

Wednesday, June 17 @ 11:50 am: The Union League Club of Chicago and The Standard Club invites you to join a virtual Lunch@65 presentation live From Auschwitz-Birkenau with Wojciech Soczewica, Director General of the Auschwitz-Birkenau Foundation.

This especially timely, complimentary webinar entitled AUSCHWITZ: PRESERVING A PLACE OF TERROR is presented by the Union League Club of Chicago and The Standard Club, in collaboration with the American Association of Jewish Lawyers and Jurists, Anti-Defamation League, Chicago Loop Synagogue, Decalogue Society, Jewish Federation of Peoria, Jewish Federation of the Quad Cities, and the Jewish United Fund. **Registration required:** https://ulcc-org.zoom.us/webinar/register/WN_BeXO0SZmhSmC4Ejcml8Ju0A