Shabbat Shalom! We have moved indoors for all tefillot. You must pre-register! See below for more details and sign up information.

**Friday, July 17**
7:30 am: Shacharit
[https://zoom.us/j/713951311](https://zoom.us/j/713951311)

6:00 pm: Kabbalat Shabbat online featuring Yoni Eisenstein
[https://zoom.us/j/713951311](https://zoom.us/j/713951311)

6:45 pm: Kabbalat Shabbat Tefillah in Social Hall with kaddishes, for pre-registered members only. Also via Zoom
[https://zoom.us/j/713951311](https://zoom.us/j/713951311)
Candle lighting: 8:03 pm

**Shabbat July 18**
9:00 am: **For pre-registered members only**
Mincha: 8:00 pm
Havdallah: 9:05 pm

Daily Shacharit
9:00 am Sunday
7:30 am Monday through Friday **For pre-registered members only** and via Zoom [https://zoom.us/j/713951311](https://zoom.us/j/713951311)

Daily Mincha/Maariv
8:10 pm: **For pre-registered members only** and via Zoom [https://zoom.us/j/713951311](https://zoom.us/j/713951311) [https://zoom.us/j/713951311](https://zoom.us/j/713951311)

**Welcome New Members!**
Chai Wilensky & Ash Zarkowsky & family

**Yahrzeits:**
25 Tammuz/July 17 Albert Newfield z”l (Sandra Mell)
25 Tammuz/July 17 William Rosenblum z”l (Abe Rosenblum)
25 Tammuz/July 17 Charles Kurns z”l (Alexander Wolf)
25 Tammuz/July 17 Esmond Cohen z”l (Judith Cohen)
26 Tammuz/July 18 Janet Greenwald z”l (Judith Jacover)
27 Tammuz/July 19 Celia Lerman z”l (Sheldon Lerman)
27 Tammuz/July 19 Fay Wortsman z”l (William Springer)
1 Av/July 22 Gertrude Bilow z”l (David Bilow)
2 Av/July 23 Shirley Zuckerman z”l (Sima Miller)

Access up-to-date information about reopening, indoor tefillot, future outdoor activities, etc. by going to our COVID-19 Resource page on [SVAJ.org](https://svaj.org). Download our new mobile app, with links to our calendar and our virtual offerings: [https://www.svaj.org/getapp](https://www.svaj.org/getapp)

See instructions below for registering for indoor tefillot.
Communal resources:
Schedule some one on one time with Rav Ari
Online Group Check-in
Skokie Valley Communal Support--offers and requests
Chicago Jewish Community Support
COVID-19 and Domestic Abuse Resources
COVID-19 and Child Abuse
SHALVA COVID-19 Orthodox Outreach

Join our WhatsApp groups!
Women of Skokie Valley
Skokie Valley Chesed Corps
Madrichim Led Family Activities Group
Let’s Share Torah

Tefillot Registration

We are excited to be moving back indoors for weekday and Shabbat tefillot. Before registering, you must read our safety protocols here. Each participant must be a member and pre-registered.

For those who wish to participate, there are two steps you must take:
Step 1: Register for tefillah participation at Skokie Valley. We ask that those who registered for outdoor tefillah register again as we have updated the guidelines for indoor tefillah. Click here for tefillah registration. If you need help registering, please call the office 847-674-3473.

Step 2: Sign up for specific tefillot. You will receive a link to the sign up form when you complete your registration in step 1.

Stay connected on Zoom! If you have a computer, it is easy to join these classes! Classes also appear on the home page of svaj.org--just click on the name of each class for the link to join!

Friday July 17:
6:00 pm: Kabbalat Shabbat online featuring Yoni Eisenstein. Zoom: https://zoom.us/j/713951311


Shabbat July 18:
9:30 am, 10:30 am: Tot Shabbat in the Park! Join us as we safely meet outdoors with Tot Shabbat in the Park! Meet at Timber Ridge Park. Bring your own blanket/chairs and snacks. Pre-registration required! https://docs.google.com/spreadsheets/d/10WGaVg1uwMQqj47mFDexAckX3401JfM3snu_xmbbcdY/edit#gid=0

Sunday, July 19:
8:30 am: New Class! The Halachot of Daily Life: Halacha comes from the word “to walk,” and its central purpose is to help us walk with God. Each Sunday morning at 8:30, Rav Ari will give a 30-minute shiur on practical halacha, with an eye towards increasing spiritual awareness in our daily living. Fill out this form or email Rav Ari ravari@svaj.org with halachic questions you’d like to be discussed. https://docs.google.com/forms/d/e/1FAIpQLSeAIpeSJxtSP4UaqMxwq_8M8iJVFXTLcu9NkJUrQXq8F8f1Kg/viewform

4:00 pm: Summer’s Here: Water Party! Meet at Timber Ridge Field ready to get splashed, sprinkled and cool off with water games! Remember your masks and wear shoes for running! RSVP required: https://www.svaj.org/water-party
7:00 pm: Idolatry & Identity. Join us as the series continues with Dr. Sam Fleischacker, who will discuss "What is Idolatry?" Zoom:  https://us02web.zoom.us/s/7068507221  Password 613 One Tap Mobile 3126266799 Meeting ID: 706 850 7221 Download the source sheets for Sunday’s lecture by clicking here. Details in flyer below.

Tuesday, July 21
8:00 pm: Changemakers: The Stories and Torah of Making a Difference. Tune in to watch Rav Ari in conversation with Professor Susannah Heschel, as they discuss "Praying with our Legs Yesterday and Today: The Impact of Rabbi Abraham Joshua Heschel." Registration required: https://docs.google.com/forms/d/e/1FAIpQLSeikKz7qRskPEby4ps-5hRRHxOHklZF2wl1DisU6zhGCL3ztwhA/viewform You will receive the zoom link when you register. All sessions will also be broadcast live on Facebook.

Wednesday July 22:
3:00 pm: Dance for Life: Tune in to this easy to follow Dance for Your Life exercise program. This is a 30 minute dance routine in your chair--safe, fun and gets your whole body moving! Zoom:  https://us02web.zoom.us/s/7068507221  Password: 613

Thursday July 23:
11:15 am: Skokie Valley Lunch club with Bobbie Winter: Join Bobbie Winter, LCSW, for a cup of coffee and informal conversation, sharing common issues in managing the new normal of life during a pandemic. The discussion will be ended with a few minutes of a breathing and relaxation exercise in order to prepare everybody for Jen's wonderful exercise program which follows, and as a midday break. Roberta Winter is a clinical social worker with 50 years of experience and is a registry care manager at Shirley Ryan Abilitylab, formerly known as the Rehabilitation Institute of Chicago, with a specialty as a support group facilitator.

12:00 pm: Stop giving yourself back pain! Zoom in with Jen Cohen, a Physical Therapist specializing in orthopedics. Learn how to take care of your body while working from home. We will do useful stretches and mobility exercises right from your desk. This will help you stay healthy and prevent injuries while working from your home office/dining room table/tv tray in the playroom. Note new Zoom link: https://us02web.zoom.us/j/87537313419 password 613

7:00 pm: "1619, 1654, 2020: Jews and Racism" with renowned scholar Dr. Marc Dollinger, Chair in Jewish Studies and Social Responsibility at San Francisco State University. Zoom: https://us02web.zoom.us/j/83861229383?pwd=QWF6c0hpZkc5ZE1Db3BkU1BpaVJaUT09 password 613 iPhone one-tap : 3126266799,,83861229383# or 6468769923,,83861229383# Telephone: 312 626 6799 Webinar ID: 838 6122 9383:. See attached flyer for more details.

The recording of Wednesday’s presentation about Skokie Valley Renovations can be found at: https://us02web.zoom.us/rec/share/xOVpBLvb9X1LR43X1mPhd_8HF4 UX6a80C1c-6VYmkn7BYkdo4Q8hCHBB-iQcd4c Password: 30^s@!6v Debbie Eisenstein's opening remarks can be found here. We welcome your comments and questions regarding the building renovation. We invite you to submit your feedback by clicking https://docs.google.com/forms/d/e/1FAIpQLSeC4IWzqV6HyjyizYw5XCWVcldpJzwedx2Bmh61rUf1pzQ/viewform

Hakarat Hatov to Alexander Brown. Through his efforts, Skokie Valley was awarded another Homeland Security Grant of $100,000 to be used for the shatter resistant windows in the school and social hall.
Beyond Skokie Valley

Sunday, August 2nd, 2020, 11 AM - 1 PM CT: Taste of Limmud: Do you love great Torah from local presenters? Do you want to get a taste of Limmud from your own home? Join us to learn from local presenters, including Skokie Valley members Jane Shapiro and Malka Simkovich, and build community with others through music and a virtual "lounge." Via Zoom. More information and register at https://www.limmudchi.org/taste-2020.html