

SKOKIE VALLEY

Welcomes you!



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Parshat Lech Lecha 13 Cheshvan 5781

Shabbat Shalom!

Friday, October 30

7:15 am: Shacharit

Indoors *for pre-registered members only*
and via Zoom <https://zoom.us/j/713951311>
passcode 613

5:36 pm: Kabbalat Shabbat

Indoors *for pre-registered members only*

Candle lighting: 5:26 pm

Shabbat, October 31

9:00 am: Shacharit

Indoors *for pre-registered members only*

5:25 pm: Mincha/Maariv

Indoors *for pre-registered members only*

Havdalah: 6:28 pm

Daily Shacharit

9:00 am Sunday

7:00 am Monday & Thursday

7:15 am Tuesday, Wednesday & Friday

Indoors for pre-registered members only

and via Zoom <https://zoom.us/j/713951311>
passcode 613

Daily Mincha/Maariv

4:30 pm Sunday to Thursday

Indoors for pre-registered members only

and via Zoom <https://zoom.us/j/713951311>
passcode 613



**Don't forget to "fall back" this Sunday
at 2 am!**

Mazal tov!

Mazal tov to **Edie and Alan Chernoff** on the engagement of their son, Chaim to Liat Greenwood, daughter of Pam and Matt Greenwood of West Orange, New Jersey.

Baruch Dayan HaEmet

Yahrzeits:

12 Cheshvan/Oct 30 *Joseph Cohen z"l* (Sol Elgrably)

12 Cheshvan/Oct 30 *Alfred Leib Stolberg z"l* (Sara Berkowicz)

13 Cheshvan/Oct 31 *Shirley Goldstein z"l* (Carol Goldstein)

14 Cheshvan/Nov 1 *Archie Shore z"l* (Charlene Shore)

14 Cheshvan/Nov 1 *Violet Davis z"l* (Linda Forman)

18 Cheshvan/Nov 5 *Kenneth Bisno z"l* (Belle Holman)

This Week's Programs

Sunday, November 1:

8:30 am: Halacha in our Lives: Halacha comes from the word "to walk," and its central purpose is to help us walk with God. Each Sunday morning at 8:30, Rav Ari will give a 30-minute shiur on practical halacha, with an eye towards increasing spiritual awareness in our daily living. Fill out **this form** or email Rav Ari ravari@svaj.org with halachic questions you'd like to be discussed. Zoom: <https://zoom.us/j/713951311> **Passcode: 613**

Tuesday, November 3

2:00 pm: The Book of Genesis with Rav Ari! Join us for a deep study of the Book of Genesis with Rav Ari, with selected midrashim and commentators. <https://zoom.us/j/713951311> **Passcode: 613**

Thursday, November 5

11:15 am: Mid-Day Break for Breath and Well-Being with Bobbie Winter: Join social worker Bobbie Winter for a midday break, taking inventory of your well-being while engaging in breathing and relaxation exercises to enhance and promote continued good health. A supportive atmosphere with compatible people can help reduce the stress of the on-going pandemic and common issues we're all facing. Looking forward to welcoming you to the group! <https://us02web.zoom.us/j/86100712972?pwd=STlpNWVnZG42S0ZFYTb3dmdyUHZRZz09>
Passcode 613 Meeting ID: 861 0071 2972 One tap mobile +13126266799,,86100712972#

12:00 pm: Stop giving yourself back pain! Zoom in with Jen Cohen, a Physical Therapist specializing in orthopedics. Learn how to take care of your body while working from home. We will do useful stretches and mobility exercises right from your desk. This will help you stay healthy and prevent injuries while working from your home office/dining room table/tv tray in the playroom.
<https://us02web.zoom.us/j/87537313419?pwd=SHBQZzIwbzYzSjArNkFBUUowSGd6Zz09>
Passcode: 613

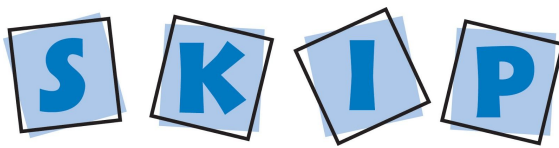
8:00 pm: New class! Parsha Shiur by Rabbinic Intern Yael Keller. Get an early look at the parsha each week. Join Yael Keller to explore themes and delve into the characters of sefer Bereshit.
Zoom: <https://us02web.zoom.us/j/87392335225?pwd=T21mZG9wcVI0cTBRWThiSTBEM0FIZz09>
Passcode: 613
One tap mobile +13126266799,,87392335225# Meeting ID: 873 9233 5225



Play an instrument? Join us at our open jam! Up to 10 people are welcome to play at our masked, socially distant musical jam. Unfortunately at this time we are limited to non-breath instruments (no wind, brass, vocals etc). Contact ravari@svaj.org for more info.



Click to visit [Skokie Valley's YouTube channel](#) for all videos, including last week's challah demonstration with Leah Neiman!



It's SKIP enrollment time! SKIP stands for Send-a-Kid-to-Israel Partnership, a cooperative program with you, Skokie Valley Agudath Jacob, and the Jewish Federation of Metropolitan Chicago. The program provides a way in which families can save toward an educational Israel experience for their children. Your choices include summer programs, semester-abroad programs, teen and college age programs and more.

Each full-member family (member grandparents too!) in good standing who wants to participate contributes \$85 per child annually to an interest-bearing savings account, while Skokie Valley contributes \$85 and JUF contributes \$85. Enrollment begins as early as third grade and as late as sixth grade. Participation continues through the ninth grade. The funds collected (close to \$1800 after seven years of contributions and interest) make a considerable reduction in the expense of a trip to Israel. If your child is already enrolled in SKIP, you will receive a mailing with your child's annual SKIP statement, along with an invoice for this year's contribution.

If you haven't enrolled or paid for your current enrollees, please do so asap! To enroll your children, please [click here for the application](#) or email the office.

Beyond Skokie Valley

November 1-9: Don't Miss the Fall 2020 Virtual Jewish Film Festival

It's a virtual version of the JCC Chicago Jewish Film Festival! View 23+ films including Midwest and Chicago Premieres, as well as some festival favorites from the comfort of your own home. Tickets are on sale now. [Learn more here.](#)

Monday, November 9 @ 7:30 pm: JUF Women's Board presents: Virtual Mind, Body & Soul Series.

Program 1: Coping Through Covid

Pandemics can be stressful. Join us for the first of a three-part series. The first program will focus on bringing your physical and mental health to the forefront of your mind during COVID-19. Don't miss this worthwhile evening to discuss healthy coping strategies through this difficult time. Featuring Miriam Ament, Founder & President, No Shame On U, and Rebecca Minkus-Lieberman, Co-Founder and Executive Director of Orot. [Register here.](#)

Sunday, November 15 @ 5:30 pm CST: Please join PORAT's two-panel program on The Future of Modern

Orthodoxy. The first panel will discuss what "success" means in the context of Modern Orthodoxy and consider the challenges associated with Modern Orthodoxy's big tent. The second panel will turn to how the Modern Orthodox community engages with their Judaism and address the evolution of Modern Orthodoxy and what Jewish adults are seeking in terms of their education. Please visit www.poratonline.org/events for free Zoom registration, more information on the speakers, and to join as a partner.

Akiba Schechter Virtual Coffees: Join us for a virtual coffee chat to learn more about the Akiba Schechter Jewish Day School. Teaching Children not Subjects for over 70 years. Akiba provides an excellent Judaic and Secular education to a diverse community of Jewish children from all over Chicagoland. To RSVP, email admissions@asjds.org and we'll send you the zoom link to join. The remaining virtual coffees will be on: **Tuesday, November 10 at 12:30 pm, Tuesday, December 1 at 9 am, Tuesday, December 15 at 12:30pm.**

Ask about our bus service from all over the city and the north side! Learn more at akibaschechter.org. We can also schedule personal zoom tours and conversations upon request. Email admissions@asjds.org.

Communal resources:

[Schedule some one on one time with Rav Ari](#)
[Chicago Jewish Community Support](#)
[COVID-19 and Domestic Abuse Resources](#)
[COVID-19 and Child Abuse](#)
[SHALVA COVID-19 Orthodox Outreach](#)

Join our WhatsApp groups!

[Women of Skokie Valley](#)
[Skokie Valley Chesed Corps](#)
[Let's Share Torah](#)
[Minyanaires](#)

Anonymous Community COVID Tracker

If we can communicate faster than COVID can spread, then we can stop its spread.
Let's work together to save lives.



If you or a family members are diagnosed with COVID-19, visit [Community Counter](https://www.communitycounter.org) to make a completely confidential report. Trained contact tracers under Refuah 311 will notify anyone you may have unintentionally exposed to COVID of the potential exposure and advise them on next steps in order to protect themselves and suppress further COVID transmission.

Skokie Valley member **Manya Treece**, has created Community Counter, a contact tracing and tracking program for the Chicagoland Orthodox Jewish community. This group of volunteers have developed a website that has gotten national attention, and which has allowed them to reshape the narrative around the Orthodox response to Covid-19. They have recruited and trained contact tracers, created meal assistance tools for households managing Covid-19 symptoms from home, worked with North Shore hospitals and Johns Hopkins to promote their groundbreaking new plasma trials, and distributed powerful mask education signs within our neighborhoods.

They do not take salaries, yet none of the work they do is free, hiring graphic designers, printing presses, web developers, and purchasing advertising in community publications. They need funding to sustain this important resource.

If you are able, please consider making a donation to Community Counter at <https://www.communitycounter.org/donate>. They are not yet a 501c3, meaning your donation will not be tax deductible. Fortunately, they have established a relationship with a 501c3 organization that is happy to take tax-deductible donations earmarked for our project. If this is of interest to you, please don't hesitate to reach out to info@communitycounter.org. Please wear a mask, continue to socially distance, and remember: together we can save lives.

For more information, or to confidentially report your positive test, go to <https://www.communitycounter.org/>

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THANKSGIVING
PACKAGE**

WHOLE SMOKED TURKEY (12-14LB)
MILT'S FAMOUS CORNBREAD
TRADITIONAL STUFFING
GREEN BEANS
MASHED POTATOES
HOUSE GRAVY
WHOLE PUMPKIN PIE

Feeds 6 to 8 people

\$240

ADD 1 PINT OF FRESH CRANBERRY SAUCE FOR ONLY \$10

November 25th
Pick Up

Orders due by 4PM on 11/23

Please call
773.661.6384
or email
catering@miltsbbq.com

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