

SKOKIE VALLEY

Welcomes you!



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Parshat Korach 5 Tammuz 5780

Shabbat Shalom!

We are moving indoors for weekday tefillot beginning Sunday, June 28. See below for more details and sign up information.

Friday, June 26

8:00 am: Shacharit via zoom followed by mishna learning in memory for whom we are saying kaddish

<https://zoom.us/j/713951311>

7:00 pm: Kabbalat Shabat

<https://zoom.us/j/713951311>

Candle lighting: 8:11 pm

Shabbat June 27

Havdallah: 9:13 pm

Beginning Sunday, June 28:

Shacharit:

9:00 Sunday

7:15 am Tuesday, Wednesday and Friday

7:00 am: Monday and Thursday

Indoors for pre-registered members only and via zoom

<https://zoom.us/j/713951311>

Mincha/Maariv:

8:20 pm: Indoors for pre-registered members only and via zoom

<https://zoom.us/j/713951311>

See instructions below for registering for indoor tefillot.

Baruch Dayan HaEmet

Our sincere condolences to **Michale Wacks** on the passing of her uncle, Dan Sharon z'l. Michale's mother, Timna Liberman, is sitting shiva at home and can be reached from 10 am to 8 pm at 773-274-9252.

Yahrzeits:

4 Tammuz/June 26 Louis B. Goldberg z"l (Eugene Goldberg)

8 Tammuz/June 30 Abraham Blank z"l (Charlene Shore)

10 Tammuz/July 2 Jacob Isaacson z"l (Barry Isaacson)

10 Tammuz/July 2 Fred Levin z"l (Phyllis Levin)

Access up-to-date information about reopening, indoor tefillot, future outdoor activities, etc. by going to our [COVID-19 Resource page](#) on [SVAJ.org](http://svaj.org).

Download our new mobile app, with links to our calendar and our virtual offerings:

<https://www.svaj.org/getapp>

Communal resources:

[Schedule some one on one time with Rav Ari](#)
[Online Group Check-in](#)
[Skokie Valley Communal Support--offers and requests](#)
[Chicago Jewish Community Support](#)
[COVID-19 and Domestic Abuse Resources](#)
[COVID-19 and Child Abuse](#)
[SHALVA COVID-19 Orthodox Outreach](#)

Join our WhatsApp groups!

[Women of Skokie Valley](#)
[Skokie Valley Chessed Corps](#)
[Madrachim Led Family Activities Group](#)
[Let's Share Torah](#)

Weekday Tefillot Indoors

As we shared earlier this week, we are excited to be moving back indoors for tefillot. We will begin with Shacharit, Sunday morning, June 28. You can read our safety protocols [here](#).

For those who wish to participate, there are two steps you must take:

First: Register for tefillah participation at Skokie Valley here. We ask that those who registered for outdoor tefillah register again as we have updated the guidelines for indoor tefillah. [Click here for tefillah registration.](#)

Second: Sign up for specific tefillot. You will receive a link when you complete your registration in step 1.

Stay connected on Zoom! If you have a computer, it is easy to join these classes! Classes also appear on the home page of [svaj.org](#)--just click on the name of each class for the link to join!

Friday June 26:

7:00 pm: Kabbalat Shabbat: Outdoor tefillah and kaddishes. **Pre-registration required for all tefillot.**
<https://www.svaj.org/form/outdoor-tefillah-attendance.html>

Shabbat June 27:

9:30am, 10:30 am, 11:30 am: Tot Shabbat in the Park! Join us as we safely start to meet outdoors with Tot Shabbat in the Park! Meet at Timber Ridge Park. Bring your own blanket/chairs and snacks. **Preregistration required!**
https://docs.google.com/spreadsheets/d/10WGaVg1uwMQqj47mFDexAckX3401JfM3snu_xmbbcdY/edit#gid=0

6:00 pm: Pirkei Avot in the Park. Join us as we safely start to meet outdoors with Pirkei Avot in the Park. Meet in Timber Ridge Park by the Big Tree. Texts will be provided. **Preregistration required!**
https://docs.google.com/spreadsheets/d/1bMoc_G0MEPNWtv5rKMIYHYzc9vODerNPT7c7L5U124g/edit?pli=1#gid=0

Sunday, June 28:

1:00 pm: Pirkei Avot study and discussion group led by Mike Koplow. All are welcome!
 Zoom link: <https://us04web.zoom.us/j/5068566520?pwd=RnZ1clRZOGsrS1J5a3JDcVJQY29YZz09>

Tuesday June 30:

2:00 pm: The Book of Genesis: Join us for a deep study of the book of Genesis, with selected midrashim and commentators. **Last class before summer hiatus.**

3:00 pm and 3:30 pm: Story Time with Sadie Hulkower: Sadie is a first year student at IDC Herzliya in Israel, who is leading a story time for kids ages 1 to 6 at 3:00 pm, reading books such as *Chicken Soup by Heart* and *The Keeping Quilt*, and at 3:30 pm for kids 7+, reading books like *Harry Potter* and *Percy Jackson*

Wednesday July 1:

11:00 am: Racist Matters in Our Midst: Join us for a frank conversation with Shira Roth and Daphne Lazar Price, moderated by Rabbi Marianne Novak. Together they will have an open discussion unpacking the implicit and overt biases in Orthodox communities and exploring structural and subconscious barriers, and the necessary steps we all need to take to build more accepting and inclusive communities.

3:00 pm: Dance for Life: Tune in to this easy to follow Dance for Your Life exercise program. This is a 30 minute dance routine in your chair--safe, fun and gets your whole body moving!

Thursday July 2:

11:00 am and 11:30 am: Story Time with Sadie Hulkower: Sadie is a first year student at IDC Herzliya in Israel, who is leading a story time for kids ages 1 to 6 at 11:00am, reading books such as *Chicken Soup by Heart* and *The Keeping Quilt*, and at 11:30 for kids 7+, reading books like *Harry Potter* and *Percy Jackson*.

11:15 am: Skokie Valley Lunch club with Bobbie Winter: Join Bobbie Winter, LCSW, for a cup of coffee and informal conversation, sharing common issues in managing the new normal of life during a pandemic. The discussion will be ended with a few minutes of a breathing and relaxation exercise in order to prepare everybody for Jen's wonderful exercise program which follows, and as a midday break. Roberta Winter is a clinical social worker with 50 years of experience and is a registry care manager at Shirley Ryan Abilitylab, formerly known as the Rehabilitation Institute of Chicago, with a specialty as a support group facilitator.

12:00 pm: Stop giving yourself back pain! Zoom in with Jen Cohen, a Physical Therapist specializing in orthopedics. Learn how to take care of your body while working from home. We will do useful stretches and mobility exercises right from your desk. This will help you stay healthy and prevent injuries while working from your home office/dining room table/tv tray in the playroom.

7:00 pm: Haftorah of the Week: Join us for a discussion, led this week by Michael Stein, that explores the Haftorah, its significance, context and connections to the weekly Torah portion. Haftorah source sheet will be posted next week. Zoom link: <https://zoom.us/j/311576920> or Phone: 3126266799 Meeting Id: 311 576 920

Hakarat HaTov

Many thanks to the Reopening and Medical committees for their guidance in setting up protocols for safe indoor tefillot. Special shout out to Allan Burstyn for his hard work!

Misheberach for Cholim: In order to ensure that we are offering a misheberach for members of our community in need of physical, emotional and/or spiritual healing, please enter the names of those for whom you wish a prayer to be said on the misheberach form. **If you enter a name on the list, we request that you renew it each month the person is in need of healing.** The list will be cleared on Shabbat Mevarchim each month. You may find the form at <https://www.svaj.org/misheberach>, or call the office with the information at 847-674-3473.

Shop on Amazon and support Skokie Valley at the same time! Many of you are taking advantage of shopping from home using Amazon during this crisis. If you use the Amazon Smile link when you shop and indicate Skokie Valley as your charitable organization - we get cash! This is a great way to make your purchases go further. Make your shopping count! It works!

Go to this unique link: <https://smile.amazon.com/ch/36-2477806> or **click the Amazon logo at the top of the Skokie Valley webpage svaj.org**, which will bring you to our Amazon Smile page. Then shop as usual! For everything you buy, Amazon will donate a small part of your purchase price to Skokie Valley. It's that simple!

Ask your friends and family to go to smile.amazon.com when they shop and designate Skokie Valley as their chosen charity. Shopping and prices are the same, and you retain your Prime membership benefits. **It's so easy to support our shul as you shop on Amazon!**



Racist Matters in our Midst

Our tradition prescribes for each of us to love our neighbor as ourselves. What happens when we fall short?

Join us for a frank conversation with Shira Roth and Daphne Lazar Price, moderated by Rabbi Marianne Novak. Together they will have an open discussion unpacking the implicit and overt biases in Orthodox communities and exploring structural and subconscious barriers, and the necessary steps we all need to take to build more accepting and inclusive communities.

A JOFA webinar in partnership with Skokie Valley Agudath Jacob

With Shira Roth and Daphne Lazar Price
Moderated by Rabbi Marianne Novak
July 1 at 12pm EDT