Parshat Beshalach
17 Shevat 5781

Shabbat Shalom

Friday, January 29
7:15 am: Shacharit
Indoors for those who have pre-registered only
and via Zoom https://zoom.us/j/713951311
passcode 613
4:52 pm: Kabbalat Shabbat
Indoors for those who have pre-registered only
Candle lighting: 4:42 pm

Shabbat, January 30
9:00 am: Shacharit
Indoors for those who have pre-registered only
4:40 pm: Mincha/Maariv
Indoors for those who have pre-registered only
Havdala: 5:45 pm
Virtual Havdala: 6:00 pm
via Zoom https://zoom.us/j/713951311
passcode 613

Daily Shacharit
9:00 am Sunday
7:00 am Monday & Thursday
7:15 am Tuesday, Wednesday & Friday
Indoors for those who have pre-registered only
and via Zoom https://zoom.us/j/713951311
passcode 613

Daily Mincha/Maariv
4:50 pm Sunday to Thursday
Indoors for those who have pre-registered only
and via Zoom https://zoom.us/j/713951311
passcode 613

To register for in-person tefillot (members only):
https://www.svaj.org/form/tefillah-attendance.html

Mazal tov!
Mazal tov to Charlie Nussbaum and his parents Donny & Stacey and family on his Bar Mitzvah!

Baruch Dayan HaEmet
It is with great sadness we announce the passing of our long time member William (Bill) Springer z”l. The private funeral was held on Thursday.

Yahrzeits:
Jan 29-Feb 4
16 Shevat/ Jan 29 Wolf Reisberg z”l (Selma Feder)
16 Shevat/Jan 29 Theodore Mendelsohn z”l (Evelyn Gordon)
17 Shevat /Jan 30 Natalie Bell Gray z”l (Rachael Gray-Raff)
19 Shevat /Feb 1 Kenneth Hirsch z”l (Pearl Hirsch)
21 Shevat/Feb 3 Joseph Kramer z”l (Barry Isaacson)
22 Shevat/Feb 4 Pearl Robinson z”l (Jay Robinson)

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**This Week at Skokie Valley**

**Motzei Shabbat, January 30**
6:00 pm: Virtual Havdalah! [https://zoom.us/j/713951311](https://zoom.us/j/713951311) passcode: 613

**Sunday, January 31**
8:30 am: Halacha in our Lives with Rav Ari. [https://zoom.us/j/713951311](https://zoom.us/j/713951311) passcode 613

8:00 pm: Rabbi Jonathan Sacks z’l Memorial Book Club Part 2. This reading group is facilitated by our member Ilana Gleicher-Bloom.
Zoom: [https://us02web.zoom.us/j/84340544841?pwd=Rk04b2VXWHZhMTFJTnYbVvd1RiUT09](https://us02web.zoom.us/j/84340544841?pwd=Rk04b2VXWHZhMTFJTnYbVvd1RiUT09)
Passcode: 613  Meeting ID: 843 4054 4841
One tap mobile +13126266799,,84340544841# Passcode: 613

**Tuesday, February 2**
2:00 pm: The Book of Genesis with Rav Ari will not meet this week.

**Thursday, February 4**
11:15 am: Mid-Day Break for Breath and Well-Being with Bobbie Winter: Have grey skies and escalating Covid reports got you down? Have you gone through your "to do" list and watched all the videos you care to see? Is it harder to motivate yourself for daily tasks? Then Skokie Valley has what you need: a mid-day break with a nice cup of coffee or tea and a mood-elevating 45 minutes with friendly people, along with guided breathing and relaxation to help you through the rest of the day. The group is looking forward to welcoming you.
[https://us02web.zoom.us/j/86100712972?pwd=STlpNWVnZG42S0ZFYTB3dmdyUHZRZz09](https://us02web.zoom.us/j/86100712972?pwd=STlpNWVnZG42S0ZFYTB3dmdyUHZRZz09)  Passcode 613 Meeting ID: 861 0071 2972 One tap mobile +13126266799,,86100712972#

12:00 pm: Stop giving yourself back pain! Zoom in with Jen Cohen, a Physical Therapist specializing in orthopedics. Learn how to take care of your body while working from home. We will do useful stretches and mobility exercises right from your desk. This will help you stay healthy and prevent injuries while working from your home office/dining room table/tv tray in the playroom.
[https://us02web.zoom.us/j/87537313419?pwd=SHBQQzIwbzYzSjArNkFBUUowSGd6Zz09](https://us02web.zoom.us/j/87537313419?pwd=SHBQQzIwbzYzSjArNkFBUUowSGd6Zz09)  Passcode: 613

8:00 pm: Parsha Shiur with Rabbinical Intern Yael Keller: [https://us02web.zoom.us/j/87392335225?pwd=T21mZG9wcVlcTBRWThiSTBEM0FIZz09](https://us02web.zoom.us/j/87392335225?pwd=T21mZG9wcVlcTBRWThiSTBEM0FIZz09)  Passcode: 613  Meeting ID: 873 9233 5225

**Save the date: Sunday, February 7 @ 10:00 am:** A shiur by Rabbi Benjamin J. Samuels, PhD of Congregation Shaarei Tefillah in Newton, MA: Yitro: Counselor and Confidant On the Occasion of Marking the Shloshim for Judy Crystal z”l, mother of our member Debi Crystal
[https://us02web.zoom.us/j/86852826603?pwd=Si9PWEdpWhhNaTdxMG1zVXFFcXk0QT09](https://us02web.zoom.us/j/86852826603?pwd=Si9PWEdpWhhNaTdxMG1zVXFFcXk0QT09)  Meeting ID: 868 5282 6603 Passcode: 613

The past few months have challenged our community in unprecedented physical, spiritual, emotional and financial ways. Our community has responded heroically to these needs with open hands and hearts. As an institution, we are always looking for more ways to respond to these needs and better strengthen and serve our members, and thus are excited to enter this new partnership with **JCFS Chicago**! For more information, go to [https://www.jcfs.org/](https://www.jcfs.org/). Our liaison to JCFS is Elizabeth Ury, the Director of Jewish Community Engagement. You may contact Elizabeth directly at ElizabethUry@JCFS.org 847-745-5421.

Please take a minute to complete this short survey so that JCFS can create programming that will meet the needs and interests of Skokie Valley:
[https://docs.google.com/forms/d/1JAQ0stcGn5Y-5X4wRF_nJD6ZbMOT5pIsILmlA0-JuOw/viewform?gxids=7628&edit_requested=true](https://docs.google.com/forms/d/1JAQ0stcGn5Y-5X4wRF_nJD6ZbMOT5pIsILmlA0-JuOw/viewform?gxids=7628&edit_requested=true)
Community Use of Social Hall

After consultation with our medical committee, we have created a plan to make the social hall space available beyond tefillah. We are pleased to announce that members of the Skokie Valley community will now be able to register for private, **individual household** activities that strictly follow safety guidelines in the social hall at appointed times. [Click here for more information and sign up form.](#) Please note that two households may now sign up for a time slot together. Each household must sign the [waiver](#).

Know someone who recently moved to Skokie who might be a good fit for our shul? Make sure to let the membership committee know! Please email Brian Altgold brianaltgold@gmail.com with relevant information and the committee will reach out!

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**Beyond Skokie Valley**

**Inyanei d’Yoma: Torah of Today:** We’re excited that Skokie Valley is a co-sponsor of Yeshivat Chovevei Torah’s upcoming Winter Learning Series, taking place at the following times:
- Monday, February 8, 8pm Eastern (7pm Central, 6pm Mountain, 5pm Pacific)
- Sunday, February 14, 12pm Eastern (11am Central, 10am Mountain, 9am Pacific)
- Sunday, February 21, 8pm Eastern (7pm Central, 6pm Mountain, 5pm Pacific)
- Sunday, February 28, 8pm Eastern (7pm Central, 6pm Mountain, 5pm Pacific)

[For more information and registration, go to tiny.cc/yctorah](#)

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**Yeshivat Chovevei Torah Presents a Winter Learning Series**

**INYANEI D’YOMA:**

**Torah of Today**

- **Monday, February 8, 8pm EST (7pm CST, 6pm MST, 5pm PST)**
  - **FROM ETHICS TO EFFICACY: VACCINE RESEARCH AND DISTRIBUTION**
    - Dr. Alisa Reitz, Dr. Kenneth Prager and Rabbi Dr. Jason Weiner (’16) share perspectives from Jewish Law and personal experience as scientists and practitioners

- **Sunday, February 14, 12pm EST (11am CST, 10am MST, 9am PST)**
  - **MAKING THE DESERT BLOOM AGAIN: HOW ISRAEL CAN SURVIVE THE CLIMATE CRISIS**
    - Naomi Teir in conversation with Jessica Haller and Rabbi Hagai Daruka (’14)
      - Part of our ongoing climate crisis series

- **Sunday, February 21, 8pm EST (7pm CST, 6pm MST, 5pm PST)**
  - **AN ENGLISH LANGUAGE MEGILLAH: A STORY OF HALACHIC ACCOMMODATION**
    - A family conversation between Rabbanit Deorah Zlotower and Netanel Linzer, with Rabbi Jordan Soffer (’16)
      - Marking Jewish Disabilities Awareness, Acceptance, and Inclusion Month

- **Sunday, February 28, 8pm EST (7pm CST, 6pm MST, 5pm PST)**
  - **FROM TANACH TO TEANECK: THE TORAH OF BEING JEWISH AND POWERFUL**
    - Dr. Rinka Presch Schwartz discusses the state of the American Jewish community in 2021, in conversation with Rabbi Yoahm Berman (’97)

[All sessions will be held on Zoom. PLEASE REGISTER FOR ACCESS](#) **TINY.CC/YCTORAH**
Jewish Disability Awareness, Acceptance and Inclusion Month: A Call to Action

Jewish Disability Awareness Acceptance and Inclusion Month (JDAIM) is a time to raise awareness and champion the rights, gifts, and strengths of Jews with disabilities to be accepted and included in our community.

“You belong” has been woven through the fabric of JCC Chicago for over one hundred years. It is our commitment to provide inclusive opportunities designed to meet the needs of all our members and beyond. From Early Childhood to our day and overnight camps, to adult programming, inclusion of those with disabilities has always been at the forefront of our mission.

This February, along with the unified effort among many Jewish organizations around the world, we celebrate the multitude of inclusive programming we offer and that many families find belonging here.

JCC Chicago is proud to offer several virtual programs throughout the month of February in honor of JDAIM. There are programs for all ages and all events are FREE of charge with the option to make a donation to help support JCC Chicago. We hope you join us! For a schedule of events and more information: https://www.jccchicago.org/a-call-to-action/

Virtual Blood Drive has been extended! January 1 to February 28

In times when we can’t be together in person, we can still be together in support of our community. In partnership with Kol Sasson, we’re hosting a virtual blood drive after having to cancel our in-person drives due to COVID-19. Sign up to donate blood as part of our virtual blood drive; you’ll get an email invitation to find a convenient donation site and pick your appointment!

Because of you, life doesn’t stop. Join us today: https://learn.vitalant.org/LP=148?utm_campaign=&utm_medium=email&utm_source=Eloqua&utm_content=&drive_code=SK30&division=NORTHEAST&region=CHI&elqTrackId=eddcdbe9684ffcb084f9fe5a0ec15&elq=d5659a97275f4322a29401e6e067451c&elqaid=4277&elq=1&elqCampaignId=&fbclid=IwAR2VaGHyn4j_XicJbX4ecOtQXcx9hPSyiC-2Zar6-9bhJdoXdnIPsSF4cA

COVID-19 Vaccine Pre-Registration Open for Skokie Residents

All Skokie residents age 18 and over, and healthcare workers employed at a Skokie healthcare provider, are invited to pre-register to receive a future notification from the Village's Health and Human Services Department when they qualify to make a COVID-19 vaccination appointment. The Village is following the guidelines of the Illinois Department of Public Health and will be providing free vaccinations in a multi-phased approach. For more information on these phases, click here. The Village will move to new phases as sufficient doses of the COVID-19 vaccine become available. Proof of Skokie residency and/or if applicable employment at a Skokie healthcare provider will be required to receive a vaccine. Each household member age 18 and over must complete this survey. Click here to access the COVID-19 Vaccination Pre-Registration site. Notification Sign Up: Sign up for COVID-19 Alerts when new information is posted on the website and be sure to also subscribe to SkokieNews for email advisories.

Northlight Theater Storytelling Workshop: Wednesdays 1-2:30 pm beginning February 3. Join CJE SeniorLife and Roseland Pullman community members for a special four-week writing and storytelling workshop series led by Northlight Theater teaching artists! In the first two workshops, participants will generate and refine material through in-class writing prompts, discussion, and peer feedback. In the third workshop, they will dive into the basics of storytelling and how to take writing from the page onto a stage. In the fourth and final workshop, writers will refine their final pieces as all participants are invited to submit their pieces for inclusion in a final booklet to be shared in the community.

Zoom Virtual Meeting with video and telephone dial-in options. Free and open to all. For more information, contact community.engagement@cje.net or 773.508.1089.
Know a child in D219? See this important message about the excellent Hebrew program
As some of you may be aware – Hebrew has been offered as a foreign language class over the last few decades at Niles North High School (with accommodations for Niles West students who want to take it as well). This is one of the top Hebrew programs in the North Shore. Students who take the full four year program can be eligible for inclusion in Hebrew Honor Society as well as AP level credits. Until the Covid impact, this is the only Hebrew program that offers a student exchange program with a school in Karmiel, Israel.

The evolution of the Jewish community in the greater Niles Township has resulted in fluctuations in enrollment in the Hebrew program, putting the program at risk. Registration for the upcoming school year occurs in the Jan-Feb time frame. Incoming Freshmen will be registering for classes the first week of February. That is the time for students to let their counselors know that Hebrew is their foreign language of choice. The student numbers are tallied up for each level during the March time frame, and classes that don’t have enough student interest are put on the cut list that is approved at a board meeting in the April time frame.

If you have or know an incoming Freshman, talk to them about registering for this class next month. If you know or have a transfer student moving to Niles North or Niles West, urge them to consider signing up for this class. If the student you know or have is coming from a day school, they can contact Ms. Raiber annrai@d219.org in order to discuss placement at the correct level, to help them build on the skills and knowledge they already have. Let's do what we can now to keep Hebrew alive at District 219.

Women inPower: A Global Community of Rising Leaders
JCC Chicago is proud to launch the 2021 Women inPower cohort, a 9-month fellowship pairing local business leader mentors with ambitious women looking to advance their own professional career and pursue senior leadership positions. Women inPower is fueled by an impressive group of Mentors and Steering Committee members, including Mayor Lori E. Lightfoot, Honorary Co-Chair of the Women inPower Steering Committee. Application deadline March 5th.
For more information and to apply, please click here: Women in Power.

Upcoming programs from Camp Young Judaea Midwest: February 10 @ 4:30pm: Join CYJ Midwest for Magic: The Gathering. Cast spells, summon creatures, and battle other camp wizards every second Wednesday of the month. Sign up now by visiting https://tinyurl.com/cyjmonthlymagic. Play games together this President’s Day! From Settler’s to Scattergories and Pictionary, we’ll be competing and having fun on Game Day with CYJ! This program is open to 2nd - 9th graders and registration is available now by visiting https://tinyurl.com/cyjpresident.

Community Counter would like to share a message from your Rabbis, doctors, and neighbors. Please take the time to watch it in full. Please also share this video far and wide—and encourage others to take the time to watch it, as well. Together, we can save lives. https://youtu.be/LnVGzyQ_PGM

We’re here to help! Community Counter (communitycounter.org) is a comprehensive Covid-19 resource for our Orthodox community. CC has an extensive list of testing resources and can assist if you have tested positive and would like support with meals, counseling, plasma trials or finding solid medical and public health guidance. You can help keep our community safer by completing a short survey (anonymously, if you prefer) for contact tracing. Please consider making a donation at https://www.communitycounter.org/donate. Endorsed by local Rabbanim, doctors and several public health depts. Questions? Call or text 847-986-0635, or email info@communitycounter.org. Thank you for partnering with us in protecting our community!

It’s easy to support Skokie Valley while shopping on Amazon! Just use our dedicated link to log into your Amazon account and we will receive a small portion of what you spend. The prices are the same! Share this link with your friends and family! smile.amazon.com/ch/36-2477806