



December 14, 2019
16 Kislev 5780



Shabbat Parsha Vayishlach

Torah Reading - pg. 170

Haftorah - pg. 1141

***This weeks Shabbos sheet is sponsored by
Toba Cohen-Dunning in honor of
her 41st bat mitzvah anniversary.***

IN THE WEEK AHEAD

Saturday, December 14

Open Beit Midrash.....	8:30 a.m.
Shacharit	9:00 a.m.
Torah Class with Rebbe Howie	10:00 a.m.
Torah Class with Rebbe Leon.....	10:30 a.m.
Daven & Learn with Rebbe Donald	10:30 a.m.
Torah Tot Shabbat.....	10:45 a.m.
Simcha Kiddush	11:15 a.m.
Insights into the Weekly Torah Portion.....	3:35 p.m.
Teen-led Children's Activity	4:10 p.m.
Mincha/Seudah Shlishit.....	4:20 p.m.
Havdalah	5:42 p.m.
Dor l'dor: Inter-generational Learning.....	6:00 p.m.

Sunday, December 15

Shacharit	9:00 a.m.
Works of the Maimonidies	9:45 a.m.
JYE BI	10:00 a.m.
Ice Skating NCSY Jr. Style	2:30 p.m.
Mincha/Ma'ariv @ Rose Blumkin Jewish Home	4:40 p.m.

Monday, December 16

Laws of Shabbos with Rabbi Ari.....	6:45 a.m.
Shacharit	7:00 a.m.
Nach Yomi: Daily Prophets with Rabbi Ari.....	7:40 a.m.
Lights of Teshuva with Rabbi Moshe	8:00 a.m.
Cooking the Torah with Rabbi Yoni.....	12:00 p.m.

Learning Torah Through the Palate

Mincha/Ma'ariv @ Rose Blumkin Jewish Home	4:40 p.m.
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Tuesday, December 17

Laws of Shabbos with Rabbi Ari.....	6:45 a.m.
Shacharit	7:00 a.m.
Nach Yomi: Daily Prophets with Rabbi Ari.....	7:40 a.m.
Lights of Teshuva with Rabbi Moshe	8:00 a.m.
Torah Tuesday	1:00 p.m.
Mincha/Ma'ariv @ Rose Blumkin Jewish Home	4:40 p.m.

Wednesday, December 18

Laws of Shabbos with Rabbi Ari.....	6:45 a.m.
Shacharit	7:00 a.m.
Nach Yomi: Daily Prophets with Rabbi Ari.....	7:40 a.m.
Lights of Teshuva with Rabbi Moshe	8:00 a.m.
Mincha/Ma'ariv @ Rose Blumkin Jewish Home	4:40 p.m.

Thursday, December 19

Laws of Shabbos with Rabbi Ari.....	6:45 a.m.
Shacharit	7:00 a.m.
Nach Yomi: Daily Prophets with Rabbi Ari.....	7:40 a.m.
Lights of Teshuva with Rabbi Moshe	8:00 a.m.
Character Development with Rabbi Ari.....	9:30 a.m.
Mincha/Ma'ariv @ Rose Blumkin Jewish Home	4:40 p.m.

Friday, December 20

Laws of Shabbos with Rabbi Ari.....	6:45 a.m.
Shacharit	7:00 a.m.
Nach Yomi: Daily Prophets with Rabbi Ari.....	7:40 a.m.
Lights of Teshuva with Rabbi Moshe	8:00 a.m.
Mincha/Candle Lighting.....	4:37 p.m.



Celebrate



Mazel Tov to Those Celebrating Next Week

Birthdays (English)

Michael Shrago	December 14
Annette Fettman	December 14
Audrey Rose Gerber	December 15
Noah Shrago	December 16
Georgia Plotkin	December 16
Michael Sadofsky	December 17
Devlin Smith	December 18
Alan Kohl	December 19

Birthdays (Hebrew)

Lev Denenberg	16 Kislev
Becca Denenberg	16 Kislev
Alan Kohll	17 Kislev
Jack Cohen	17 Kislev
Ari Dembitzer	18 Kislev
Jeanne Shechet	18 Kislev
Devlin Smith	21 Kislev
Michael Shrago	22 Kislev
Annette Fettman	22 Kislev

Anniversaries

Debbie & Ron Powers	December 16
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*Celebrating a special simcha?
Contact Bette Kozlen or the office to be a part of
the January Simcha Kiddush.*



... Dani Shrago for doing our shopping.
...Sarit Hovav for donating the chair in the children's room
and a variety of items for the youth lounge.
...to the sponsors of the December Simcha Kiddush.

Birthdays; Rachel Kricsfeld, Rabbi Ari Dembitzer, Annette Fettman, Michael Shrago, Noah Shrago, Rachel Alpersen, Hannah Alpersen, Mordechai Lopez, and Michael Sadofsky.
Anniversaries; Cantor Leo & Annette Fettman, Bennett & Zena Fishbain, Leon & Dani Shrago, and Jake & Susan Besser.

Students from Friedel Jewish Academy's 5th and 6th grade did a project about Beth Israel Synagogue. Their work will be displayed this coming week in the Social Hall!

Beth Israel Invites You to Join Us:



Ice Skating NCSY JR. Style

12.15.2019 | 2:30-4:30 PM
Moylan Iceplex
12550 W Maple Rd

All 4th-8th graders are invited to join us for a magical afternoon together. Beth Israel will provide the snacks! Cost is \$5 per person.

RSVP Faige (347) 522-2668




COME ONE, COME ALL!

THE BETH ISRAEL CHANUKA CARNIVAL

December 22nd | 5-7 PM | Beth Israel Social Hall

Enjoy carnival games, face painting, bounce house, crafts, trivia games and a McMaccabee's style dinner!

**ADMIT ONE
FREE OF CHARGE**

**Chanukah Brisket Lunch
Saturday, December 28, 2019
11:30 AM - 12:30 PM**

*registration is now open. Call or email the office to reserve your spot today.

Enjoy a delicious traditional Chanukah meal. Including brisket, potato kugel, salad, applesauce, challah rolls, and desserts. Reservations close Monday, December 23 at noon. Cost \$15 for adults, \$8 ages 6-12, \$5 ages 4-5, Free ages 3 & under.
Vegetarian meals available by request.

*As always, we never want finances to get in the way of your attendance at community events. If assistance is needed, please contact the office.

Sunday, December 22, 2019
10:00-11:30 A.M.
Chabad House
1866 S 120th St.
Omaha, NE 68144



Join Tots (and their favorite adult) from throughout the community for this fun, interactive Hanukkah event!

- participate in special STEM activities about light
- hear a PJ Library story

- hang out with other families who have kiddos of a similar age!

Free and geared towards families with children ages 5 and under in the Jewish community and at the CDC, this program is a collaboration between PJ Library Omaha, Friedel Jewish Academy, and Chabad. A light snack will be provided. Older siblings welcome.

Please register at <https://www.surveymonkey.com/r/D9FWZL5> by December 19.



COME HEAR FROM DANIELLE BETTMANN, EARLY CHILDHOOD EDUCATOR AND PARENTING COACH, IN HER NEW CLASS SERIES:

KEEPING "RELATE" IN YOUR PARENT-CHILD RELATIONSHIPS

Through these classes, Danielle will discuss everyday parenting strategies and practical advice for effectively raising your 1-7 year olds.

THE CLASSES WILL BE HELD AT BETH ISRAEL ON JANUARY 9, 16, 23, AND 30 FROM 8:15-9:15 PM

Cost of attendance is \$30 per couple for four classes, or \$10 per a class. Please RSVP by calling (402) 556-6288.





Friends Forever?



*Rescue me, please, from the hand of my brother, from the hand of Eisav.
(32:12)*

Yaakov was on the road travelling when he received the message that his brother Eisav was heading towards him with 400 men. A frightened Yaakov prays to God, "Rescue me, please, from the hand of my brother, from the hand of Eisav." Why did Yaakov repeat himself in describing Eisav? He should have said, "Rescue me from Eisav," or "Rescue me from my brother." What was the purpose of using both terms?

Yaakov's fear was two-pronged. He was afraid that "Eisav" would act with enmity and threaten his physical survival. He also feared the spiritual danger of greeting Eisav as his brother. He feared that Eisav would have a negative influence on his family if they ended up making peace. He therefore prayed to God to save him from both outcomes.

Remarkably, Yaakov prayed for his spiritual well-being before he prayed to be saved from physical danger! He was more concerned over the negative influence that Eisav may have on him than he was concerned for his life!(1) By nature, people adapt their behavior to their surroundings; they begin to think and act like their neighbors. Hence, it is imperative that one keeps distance from evil people, while befriending righteous people and emulating them.(2)

NOTES

1. Bais Halevi.
2. Rambam, Hilchos Deos 6:1.

Upcoming Chanukah Events

Keep and eye out for upcoming Chanukah events. Events like the Chanukah Carnival, the Brisket Lunch, and a few new events.

The True Light of Chanukah with Rabbi Ari on December 22 at 10:00 a.m.

Israeli Chanukah Party at The Jewish Community Center in partnership with Beth Israel and Jewish Federation of Omaha on December 23 at 5:30 p.m.

Chanukah After Dark at Proof Whiskey Bar - a young professionals cocktail hour on December 26 at 8:00 p.m. Located at 120 S 31st Ave #5105

Parsha Vayishlach

Source: By Rabbi Aron Tendler
www.torah.org

1st 2nd & 3rd Aliyot: It's the year 2205 and Yakov is 97 years old. He sends messengers to greet Eisav and is informed that Eisav is approaching, prepared to do battle. He applies a three pronged strategy in preparation for the confrontation: a) Tefilah – prayer b)diplomacy c) war. Prior to the actual confrontation, Yakov bests Eisav in a spiritual battle with Eisav's Angel, and earns the name "Yisroel." Due to the wound he sustained in the battle, G-d prohibits Yakov and his family from eating the Gid Hanashe – the sciatic nerve. Yakov and Eisav meet after 34 years.

4th Aliya: Yakov and Eisav agree to separate peacefully. Eisav returns to his kingdom of Seir, and Yakov settles outside of the city of Shechem.

5th Aliya: Dina is abducted and raped by Shechem the son of Chamor, and Shimon and Levi devise a strategy for successfully killing the entire male population of Shechem. According to Chazal, Shimon and Levi were 13 years old. Hashem (G-d) instructs Yakov to move to Beth El. Rivka's nurse Devora dies, and Hashem confirms the name Yisroel upon Yakov.

6th & 7th Aliyot: Rachel dies while giving birth to Binyamin and Yakov buries her in Beis Lechem. Following Rachel's death, Reuven switches the bed of Yakov from Bilha's tent to Leah's tent. Although Yitzchak will live another 21 years, the Torah relates his death at the age of 180 (2228). The remainder of Vayishlach lists Eisav's descendants as well as the specific Kings of Seir who ruled prior to King Saul – the first king of Israel. (2882)

Parsha Questions

- 1) How did Yaakov prepare for his meeting with Esav?
- 2)What was the mitzva we received after Yaakov defeated the angel of Esav?
- 3) What was Yaakov's name changed to?
- 4)What act did Shimon and Levi do together that Yaakov was upset about?

Shabbat Shalom



WELCOME TO BETH ISRAEL SYNAGOGUE

We are delighted to welcome you to Beth Israel Synagogue. A passage from Deuteronomy 30:11-14 inspired the art work in the sanctuary. "For this commandment that I command you today - it is not hidden from you and it is not distant. It is not in heaven, [for you] to say, 'Who can go to the heaven and take it for us so that we can listen to it and perform it?' Nor is it across the seas, [for you] to say, 'Who can cross to the other side of the sea for us and take it for us, so that we can listen to it and perform it?' Rather, the matter is very near to you - in your mouth and your heart - to perform it." Mitzvot are obtainable.

- ◆ The focal point of the sanctuary is the Menorah Window, which frames the Ark and is shaped in the form of the six branched candelabrum. To the right, brilliantly colored windows have forms that reflect the heavens, while the left side depicts the seas.
- ◆ The message is completed in a frieze, the horizontal painting on wood mounted on the wall. The background of the frieze symbolically and abstractly represents the relationship between G-d and the people of Israel through the Covenant. The perochet, or curtain over the Ark, completes the symbolic composition, with an expression that intertwines the Torah and the letter Aleph, the first letter of the Hebrew alphabet, of the Ten Commandments, and of G-d's name in Hebrew.
- ◆ As is traditional, the sanctuary has 12 windows, representing the 12 tribes of Israel. These windows contain the name of each tribe in flowing, organic letters. The windows are located above the continued frieze, which includes two central texts of the revelation at Sinai - "If you will keep my Covenant, you shall be precious to me," and "You shall be a kingdom of priests and a holy nation." This composition expresses the unity of Israel as the people stood together at Sinai and accepted the Torah.

Beth Israel Synagogue strives to perpetuate the legacy of Torah Judaism in the modern world. Beth Israel welcomes all persons of the Jewish faith to join and accepts the diversity of practice and thought among its members.

Rabbi Ari Dembitzer, Head Rabbi
Toba Cohen-Dunning, President
Nate Shapiro, Executive Director
Rabbi Yoni Dreyer, Assistant Rabbi
Leo Fettman, Cantor Emeritus

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