



November 9, 2019
11 Cheshvan 5780



Shabbat Parsha Lech Lecha

Torah Reading - pg. 54

Haftorah - pg. 1133

IN THE WEEK AHEAD

Saturday, November 9

Shacharit.....	9:00 a.m.
Kiddush	11:15 a.m.

Sponsored by Jacob & Abigail Roth in honor of Abigail's birthday.

<i>Insights into the Weekly Torah Portion</i>	3:50 p.m.
Mincha/Seudah Shlishit	4:35 p.m.
Havdalah	5:55 p.m.

Sunday, November 10

Shacharit.....	9:00 a.m.
JYE BI	10:00 a.m.
Mincha/Ma'ariv @ Rose Blumkin Jewish Home	4:55 p.m.

Monday, November 11

Shacharit.....	7:00 a.m.
Mincha/Ma'ariv @ Rose Blumkin Jewish Home	4:55 p.m.

Tuesday, November 12

Shacharit.....	7:00 a.m.
Torah Tuesday	1:00 p.m.
Mincha/Ma'ariv @ Rose Blumkin Jewish Home	4:55 p.m.

Wednesday, November 13

Shacharit.....	7:00 a.m.
Mincha/Ma'ariv @ Rose Blumkin Jewish Home	4:55 p.m.
Board of Commissioners Meeting	6:00 p.m.

Thursday, November 14

Shacharit.....	7:00 a.m.
<i>Character Development</i> with Rabbi Ari	9:30 a.m.
Mincha/Ma'ariv @ Rose Blumkin Jewish Home	4:55 p.m.

Friday, November 15

Shacharit.....	7:00 a.m.
Mincha/Candle Lighting	4:47 p.m.

Announcements

We recently added 3 more handicapped parking stalls to the parking lot. Our goal is to prevent people from parking in the fire lane (indicated with red curb paint and labeled with "no parking"). Please use this for loading/unloading only. We will ask you to move your vehicle if it is parked in the fire lane.

As we move into the winter (flu) season, please be mindful that we have vulnerable folks in our community. Remember to sneeze into your elbow, and wash your hands thoroughly after using the restroom or before handling food. Let's keep everyone healthy and happy.

Due to a glitch in our system, Beth Cohen's birthday was not included in last weeks Shabbos Sheet. Please wish her a belated birthday.

Due to the Security guard having to leave early, the front door will lock at 12p.m. on Nov 9 (as opposed to 12:45 p.m.)



...Bruce & Linda Potash for co-sponsoring the Sisterhood Donor Luncheon in honor of Linda's 60th Birthday.

...Helene Shrago, Bette Kozlen, Beth Cohen, Dani Shrago, Zoe Berman, Brad Berman, Karen Cohen, Carly Shapiro, Renee Kazor, Noah Shrago, Michael & Melissa Shrago, Yaakov Jeidel, Becky Kozlen, Sarah Abrahamson, Kaitlin Maher, Moshe & Hadar Nachman, Sara Kohen, Rabbi Ari, Cindy Goldberg, Andreea Shnayder, Natalie Shnayder, Rachel Kricsfeld, Lynne Saltzman, Jordana Kurtzman, Mary Sue Grossman, and the many other volunteers for making the 2019 Sisterhood Donor Luncheon, Silent Auction and Style Show a huge success.



Celebrate



Mazel Tov to Those Celebrating Next Week

Birthdays (English)

Millie Campbell	November 9
Helena Davidson	November 12
Aurelia Tindall	November 12
Jake Besser	November 13
Ann Moskovits	November 15

Birthdays (Hebrew)

Marian Cackin	13 Cheshvan
Sarah Abrahamson	14 Cheshvan

Anniversaries

Jean & David Cahan	November 15
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*Celebrating a special simcha?
Contact Bette Kozlen or the office to be a part of
the November 16, Simcha Kiddush.*





Tots Say Todah!: A Morning of Gratitude
Sunday, November 10, 2019
10:00-11:30 A.M.
Congregation of Temple Israel

Join tots (and their favorite adult) from throughout the community for this fun, interactive event!

- participate in a special activity focused on gratitude & kindness
- hear a PJ Library story
- hang out with other families who have kiddos of a similar age!

Free and open to families with children ages 5 and under (including Temple Tots & Pre-K) in the Jewish community and at the CDC, this program is a collaboration between PJ Library Omaha, Temple Israel & Friedel Jewish Academy. Includes a light snack.

Register at <https://www.surveymonkey.com/r/78MT2RB>.



Happy and Healthy: Preschool and Beyond

Sunday, November 24, 2019
5:00-6:45 P.M.
(babysitting starting at 4:45)
Friedel Jewish Academy

All adults who love children are invited to learn about physical and behavioral health in early childhood while enjoying some delicious pizza provided by Star Catering. The panel includes three experts: Michael Cohen, M.D., a pediatrician at Village Pointe Pediatrics; Trevor Bixler, Ph.D., Post-Doctoral Fellow at Boys Town Behavioral Health Clinic; and Emily Coffin, the lead first grade teacher at Friedel. Each panelist will briefly discuss his or her area of expertise, after which the panelists will take questions from the audience.

Free babysitting and pizza for those who register by November 11.

Space is limited, so register as soon as possible at <https://www.surveymonkey.com/r/YRRFKL3>.

November 15-17
Overland Park Kansas
Grades 5-8



Register now at MidwestNcsy.org or call Faige at 347.522.2668.
Join the Jeidel's and the Omaha group for a fun weekend in KC! Lets Show them how much Omaha rocks!

SUPER

INVITING ALL K-6 GRADERS TO JOIN US FOR A FREE EVENT AT THE BETH ISRAEL YOUTH LOUNGE ON NOVEMBER 14TH FROM 11-2.

IT'S A SUPER DAY

PIZZA MAKING- CRAFTS- LEARNING- GAMES- TEFILA

PLEASE RSVP TO FAIGE BY 11/10 347-522-2668

WHAM!

Girls Spa Night!
Join us for
Food (of course)
Facemasks
Fabulous Makeovers

MOTZEI SHABBAT | 11.23.19 | 7:00 PM
 BETH ISRAEL SYNAGOGUE
 OPEN TO GIRLS GRADES 1-12

Join us for a JYE BI

TOY SALE

Sunday, November 10th

JYE BI bucks are a special currency that have been distributed over the past few months for thoughtful questions, good answers, and terrific behavior.

Now is your time to use those bucks to buy some great prizes!!

MIDWEST NCSY & JSU

WINTER REGIONAL

Carnival, winter sports, incredible guest educators, amazing advisors, new friends, activities, beautiful hotel, and more!

December 19-23

Renaissance Schaumburg Convention Center Hotel

\$208 Early Bird Price (before December 11)
 \$320 Regular Price
 Transportation fee not included

Register now at midwestncsy.org

For more information, contact midwest@ncsy.org or 847-677-6279.

NCSY JSU



***In honor of the Beth Israel dream team
who keeps this place alive!***



Leaving The Past Behind

*And God said to Avram, go for yourself from your land, from your relatives, and from your father's house to the land that I will show you.
(Gen. 12:1)*

The Torah portion begins with Avraham's first trial: to give up his entire past and follow God's lead to a new land: God said to Avram, "Go for yourself from your land, from your relatives, and from your father's house to the land that I will show you." When a person leaves his hometown, he first leaves his father's house, then his neighborhood (his relatives), and then his country. Why does the verse list these in the opposite order? When a person makes a physical departure, he first leaves his father's house, then his relatives, and then his country. However, the verse is alluding to Avraham's departure in a spiritual sense. "Leaving your hometown" means changing your old ways and leaving behind your bad habits. Therefore, the order in the verse is reversed, starting with the easier things. The culture of a person's country is not so deeply ingrained, and so it can be uprooted relatively easily. More difficult is to get rid of bad habits a person acquired amongst his social circle and friends. Finally, to shake off bad traits acquired at home is very challenging. (Rav Shalom Shwadron) The Sfas Emes quotes the Zohar, which states that God called out "Go for yourself," in every generation, but Avraham was the only one to respond to God's call. God still calls out "go for yourself" today, and we need to respond. We must distance ourselves from bad habits and serve God even though it may require inconvenience or hardship.

P.S. Extra points if you know why his name is spelled Avram sometimes and Avraham at other times. See Yaakov for the correct answer.

Tehilim Team at the Nachmans November 24th

Once a month, on the Shabbat before Rosh Chodesh, the Nachman family will be hosting a group of saying Tehilim (Psalms) for 'Refua Shlema' and for the success of the Jewish people. All children are welcome, parents can stay or leave the kids and go.

Parsha Lech Lecha

Source: By Rabbi Aron Tendler
www.torah.org

1st Aliya: Avram is instructed to leave Charan and travel 400 miles to the Land of Canaan. (Charan was 600 miles from Ur Casdim) Upon arriving, they are forced to leave Canaan, due to a local famine, and travel to Mitzrayim in search of food.

2nd Aliya: Avram plans for his encounter with the amorality of Egypt. His and Sarah's confrontation with Pharaoh is detailed. Avram and Sarah return home.

3rd Aliya: Avram separates from his nephew / brother-in-law Lot, due to Lot's defection from the teachings of Avram. Hashem reassures Avram that he will have children, "like the dust of the earth", who will inherit the Land and carry on his work.

4th Aliya: Avram is forced to rescue Lot from captivity. In so doing, he adjusts the balance of power in Canaan and is recognized by the other political leaders for his military and moral strength. His encounter with Malki Tzedek (Shem) is in stark contrast to his confrontation with the King of Sodom.

5th Aliya: Hashem again reassures Avram that he will have genetic children (not just students) who would be as numerous as the stars in the sky.

6th Aliya: The monumental "Covenant Between the Halves" takes place during which the next 430 years of Jewish history is revealed. Avram is 70 years old. Sarai instructs Avram to marry Hagar. The story of her conflict with Sarai, her encounter with an angel, and the birth of Yishmael in 2034 is told. Following the birth of Yishmael Avram's name is changed to Avraham.

7th Aliya: Avraham is presented with the Mitzvah of Circumcision. Sarai's name is changed to Sarah, and Hashem assures Avraham he and Sarah will have a son called Yitzchak. It is the year 2047 and Avraham circumcises himself, Yishmael, and his entire household.

Parsha Questions

- 1) Where does Hashem tell Avrohom to leave?
- 2) Where was he told to go to ?
- 3) What was Avrohom's response to the King of Sedom, who wanted to give Avrohom reward
- 4) What were the two assurances that hashem gave to Avrohom?
- 5) Why did Hasehem change Sarai's name to Sara?



WELCOME TO BETH ISRAEL SYNAGOGUE

We are delighted to welcome you to Beth Israel Synagogue. A passage from Deuteronomy 30:11-14 inspired the art work in the sanctuary. "For this commandment that I command you today - it is not hidden from you and it is not distant. It is not in heaven, [for you] to say, 'Who can go to the heaven and take it for us so that we can listen to it and perform it?' Nor is it across the seas, [for you] to say, 'Who can cross to the other side of the sea for us and take it for us, so that we can listen to it and perform it?' Rather, the matter is very near to you - in your mouth and your heart - to perform it." Mitzvot are obtainable.

- ◆ The focal point of the sanctuary is the Menorah Window, which frames the Ark and is shaped in the form of the six branched candelabrum. To the right, brilliantly colored windows have forms that reflect the heavens, while the left side depicts the seas.
- ◆ The message is completed in a frieze, the horizontal painting on wood mounted on the wall. The background of the frieze symbolically and abstractly represents the relationship between G-d and the people of Israel through the Covenant. The perochet, or curtain over the Ark, completes the symbolic composition, with an expression that intertwines the Torah and the letter Aleph, the first letter of the Hebrew alphabet, of the Ten Commandments, and of G-d's name in Hebrew.
- ◆ As is traditional, the sanctuary has 12 windows, representing the 12 tribes of Israel. These windows contain the name of each tribe in flowing, organic letters. The windows are located above the continued frieze, which includes two central texts of the revelation at Sinai - "If you will keep my Covenant, you shall be precious to me," and "You shall be a kingdom of priests and a holy nation." This composition expresses the unity of Israel as the people stood together at Sinai and accepted the Torah.

Beth Israel Synagogue strives to perpetuate the legacy of Torah Judaism in the modern world. Beth Israel welcomes all persons of the Jewish faith to join and accepts the diversity of practice and thought among its members.

Rabbi Ari Dembitzer, Senior Rabbi

Toba Cohen-Dunning, President

Nate Shapiro, Executive Director

Rabbi Shlomo Abramovich, Visiting Scholar

Leo Fettman, Cantor Emeritus

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