WHAT YOU NEED TO KNOW FOR …..

CAMP RAMBAM 2022

Dear Campers,

Thank goodness! It is time for Camp Rambam!!

Camp Rambam will be camping for two weeks this year, from 10am on Monday 8th - 6pm Friday 12thth August, and then from 2pm Sunday 14th - 6pm Friday 19th August. Tell your Teddy, tell your best buddy, who are we kidding, tell EVERYONE -we’re back, kids!! You’ll be delighted to know that parents don’t have to stay this year … though parents you might want to and if you do, you’ll be welcome (and it would be a taddy bit cheaper too, because you’d be one of our helpful adults) ☺

The Venue:

Whoopee, we are back at Well End!!! Proper flushing Toilets, hold the spiders!!

Well End Activity Centre

Borehamwood

Herts

WD6 5PR

WWW.wellend.org.uk

Schedule:

We will set up camp on Monday 8th August 2022 so arrive and pitch as soon as you can after 10am. We will be in our usual field just drive to the end of the path. You will be able to drive in, but PLEASE DRIVE SLOWLY as there will be lots of children around.

PLEASE bring your own tent if you have one, and **let us know early if you do have a tent** – that would be really helpful.

As we are arriving on Monday this year there will be a full scheduled day of activities. Please eat a good breakfast before you arrive, and pitch as soon as you get in, as it will soon be time for arts and crafts.

We will have to keep pace with your appetite – there will be tonnes of lovely kosher vegetarian food, morning, noon and night, and snacks in between. The great majority of it will be freshly camp cooked and prepared. Yum. You may develop a taste for avocado or Horesh Babinjan. Yes, that is a thing. We might possibly even go foraging for things like nettles. That’s right, Grylls.

Every day there will be a timetable that looks something like this:

|  |  |
| --- | --- |
| 8-9 am | Breakfast |
| 9-10 am | Artsy Activity |
| 10-11 am | Outdoors Activities with Benjamin and Daniel |
| 11am-12pm | Free Time! |
| 12-1 pm | Lunch |
| 1-3 pm | Free Time! |
| 3-5 pm | Well End Activity |
| 5-6 pm | Dinner |
| 6 till Whenever | Chillax by the Campfire |

We’ve scheduled in lots of free time because you’ll want it, for fort building, and tyre swinging, and mud pie making/jumping in and such like.

We will have camper’s visitor’s days each Wednesday, when parents and various siblings, grandparents etc can come and hang out and secretly wish they were camping too – cool!!

You’d be very sensible not to take any food into your inner tent lining at all, the whole way through camp. Well not unless you really want a zoo of beasties (snakes, frogs, woodpeckers, rabbits not to mention ants and of course our dear buddies the wasps have all been sighted on various occasions) to take up residence in your tent for the duration of camp. Same goes for shoes. You leave your shoes outside your inner lining, so that inside the tent stays cosy and clean ☺

Do check them for visiting spiders before you put them back on – we all need a bit of shelter, even those of us with extra legs …

No smoking. Or vaping. Or anything else involving smoke. Except the fire. Not even salmon. No alcohol, no stolen sweeties. Remember the Great Sweetie Heist of 2019?

There are new trailer showers and toilets at Well End – whoopee! Having actual flushing toilets fills us with great joy. It seems that there are the same showers for boys and girls though, albeit with separate cubicles, so we will have boys and girls times instead, so that everyone gets a bit of privacy. Please respect the times.

Hopefully someone will put up a bit of rope and we’ll have a tyre swing. Getting the rope up there is as entertaining as using the swing. Please play nice, play safe and share. Sharing is caring!!

Every evening unless the weather is being uncooperative we will have a campfire, and more marshmallows than you can shake a greenstick at …

Bedtime: There isn’t one. You heard me right, kids. Part of camp is learning to tell when you are tired and taking yourself off to bed. Just remember that if you do an all-nighter every night you’ll likely miss the activities the next day, and that would be a shame, so canny campers might save it for the last night … I know I will!!

We will strike camp finally on Friday 19th August, and campers should make their way home at 6 O’Clock. You can help pack up all the tents (actually we mean PLEASE HELP PACK UP ALL THE TENTS) and everything in the morning and there will be an afternoon activity that day too. You will have to find your shoes (one of them is in between the inner and outer lining of your tent, and I think you left the other in the kitchen tent for all the beetles to make their holiday house in) and brush your hair. Actually don’t bother with that… I mean you didn’t all week anyway. You will be beautifully tanned and look like you spent the week in the Swiss Alps. Except for the mud. Your parents will joke about putting you in the washing machine. When you get home you will open all the doors and windows so that you can get enough fresh air, but you will be grateful for toilets you don’t have to walk for two minutes to get to, and hot running water. You will then live in your Camp Rambam Hoodie for the rest of the summer holidays, steadfastly refusing to let them wash the campfire smell off, and start to nag your parents to book next year’s camp from January.

Sounds like a plan? Who’s with me? Great, I’ll see you there!

WHAT TO BRING: (HINT: There is an actual list at the end of this that you could fast forward to if you remember all the jokes). Please be sensible ☺

2021 – This year it’s the second year of the dogs (there are 3 so far)

For keeping your hands clean please bring hand sanitiser and for keeping anything else clean bring a pack of wet wipes.

Are we going to get another heatwave??? Please say yes….

Just in case: PLEASE remember your sunscreen!!! and a nice big hat.

If you bring all that, bring a woolly hat and scarf as well, as it’s just as likely to get cold.

Maybe bring yourself a fan… just in case. NOT one that plugs into the wall, there is no wall. And no socket either.

Bring two sets of footwear- trainers and wellies would be ideal. You can bring sandals or crocs too if you want. TRAINERS ARE ESSENTIAL IF WE GET TO DO ANY CLIMBING. No high heels … or you’ll end up being a literal ‘stuck in the mud’.

Bring a clean set of clothes for each of the day times, things that dry quickly, so avoid jeans if you can. And extra socks … yes you can never have too many socks … but don’t go crazy … woolly socks for night time might be useful. You can also tape them over your ears if one of your tent mates snores.

Think ‘Layers’… on any given day you should be wearing:

A comfort layer: eg t shirt

A warmth layer: eg a fleece

A waterproof layer: a waterproof jacket

That way you can add or remove layers as needed. Bring three warmth layers at least, so that if two get wet, you have another. Bring your winter coat too.

Really, I DON’T CARE HOW HOT IT IS IN THE DAY, please bring your **WINTER COAT,** I mean it. How many kids have I had show up over the years in nothing but a tshirt (and shorts, obviously) because the weather was shockingly hot. But then night time comes around, and that big ball of fire in the sky? Well it roasts the other side of the planet instead, leaving us to the cold light of the moon. It gets considerably more shivery and then I have a bunch of poor shrimplets huddled by the fire, because they are too cold to go anywhere else, and I have to equip them all with blankets like babushkas.

**PLEASE BRING YOUR COAT!!!**

Bring a sun hat and a woolly hat and scarf. Best to be prepared. Although this year it may well be boiling hot during the day, the evenings might still be cold.

Bring a torch. And your toothbrush and toothpaste. Nice warm PJs – three sets. A towel for hand wiping.

If you think you’re brave enough for a shower good luck to you - bring a bath towel and shampoo and soap. Once you see the showers you may just be glad you brought the wet wipes. Oh yes, bring underwear. And a hairbrush – you might want to use it. Maybe.

Bring everything in a waterproof bag that zips firmly shut to keep out moisture, and bring along a carrier bag or something that you can put used clothes in. Please don’t bring a gigantic suitcase, this isn’t The Ritz.

Let me say that again, because every year people don’t listen:

BRING A WATERPROOF BAG THAT ZIPS SHUT FOR YOUR CLOTHES AND BELONGINGS AND **DO NOT BRING A SUITCASE** (I don’t want to be tripping over your suitcase all week in the storage tent, pretty please!!!???)

**BRING A CAMPING CHAIR.** They’re going cheapish at Tesco at the moment.

You will also need:

Any medicine -which needs to be kept in the kitchen tent with the first aider, unless you are old and grumpy enough to know how to use it and generally carry it around with you for emergencies like an inhaler. If this is the case please let us know you’re bringing it, and please let the first aider have a second back up one, just in case yours goes missing.

WE ARE NOT INSURED TO ADMINISTER EPIPENS PLEASE GET IN TOUCH IF YOU ARE BRINGING ONE

At least 2 NAMED refillable bottles of water

A sleeping bag, and (just as essential) **a roll mat to sleep on**. If you have a tent do let us know, and bring it along. If you like you can bring an extra blanket too.

Bring your teddy, and your favourite book, if you like a quiet read in the sunshine. Hm. I think that’s it. I’ll bring the tin opener and the matches ok?

If you have any questions give me a bell on 07946 292 164…

We’re nearly there … see you at camp!!!!!!!!!!!!

Rivka David

Camp Rambam 2022

WHAT NOT TO BRING:

Apart from the dreaded suitcase, we recommend that no valuables or things that could easily be damaged on a campsite are brought to camp and Camp Rambam cannot be held responsible for any damage or loss.

Extra marshmallows at the campfire if you leave that dreaded tablet of yours behind at home. Why come out to a field if you are going to have your face glued to a screen anyhow? Get some actual Nature, Minecraft and Fortnite can wait!!

SUGGESTED PACKING LIST for a week **in a waterproof bag that zips shut** (the abridged version)

CLOTHING:

 Trousers X2

 Shorts X2

 Tank tops X2

 T-shirts X4

 Long sleeve tops X3

 2 Hoodies

 Underwear (1 per day +spares)

 Socks (including spares)

 Warm PJs X3

 Footwear X2 – **trainers**, wellies, sandals or crocs

 Waterproof jacket

 **Winter coat**

 Woolly hat (u think I’m kidding)

 Scarf (I’m not. Kidding that is)

EXTRA STUFF:

 Sunscreen

 Hat

 Fan

 Torch

 Toothbrush and toothpaste

 Hand towel and Bath towel

 Shampoo and soap

 Hairbrush

 Lip balm

 Insect repellent

 Sanitiser and Baby wipes

 Laundry Bag

 Sleeping bag

 Camping pillow

 **Roll mat**

 Extra Blanket

 A good book

 Camping chair

 Teddy