

COVID-19 Safety Precautions for the High Holy Days

In keeping with Jewish tradition, the sanctity of human life is our highest value. With that in mind, Temple Sinai will be observing the following precautions to maintain the safety of our members, staff, and clergy during these High Holy Days.

1. Everyone over age 12 must present proof that they have been fully vaccinated, or present proof of a negative COVID-19 PCR test performed within 72 hours of the service they wish to attend. Those who do not present such proof prior to entry will not be allowed to attend.
2. With the exception of worship service officiants while on the *bimah* (rabbis, cantor, *Aliyot* to the *Torah*), masks must be worn by all participants (covering the mouth and nose) at all times.
3. Services for families with children under 12 will be held outside in a covered tent to reduce the risk to this vulnerable population.
4. Social distancing of six feet will be observed in our seating arrangements, both indoors and outside.
5. We have reduced the amount of seating in the Sanctuary and social hall to 250 individuals per service; we have increased the number of services to compensate.
6. The ventilation systems in the Sanctuary and social hall have been upgraded with MERV-13 filtration, and have been adjusted to increase the amount of outside air and the number of hourly air exchanges (number of times the air in the room is completely replaced with outside air), per recommendations from Harvard's Healthy Buildings program (<https://forhealth.org/>)
7. All attendees are strongly recommended to complete an at-home antigen test ([such as this one](#)) prior to each day of in-person worship.
 - i. All Temple Sinai clergy and staff will be tested
8. We ask everyone to stay home if they have any [symptoms of COVID-19](#).