

Beth Meyer Synagogue's Shabbat Mishpahah



Kabbalat Shabbat – Introductory Songs and Poems

1. הגלה נא “Higaleh Na” (from Yedid Nefesh)

Higaleh na ufros haviv alai
et sukkat shlomekha

הגלה נא ופרש, חביב עלי
את סוכת שלומך

Please, my love, reveal yourself
and spread your shelter of peace over me.

2. ישמחו השמים “Yismehu Ha'shamayim” (Psalm 96)

Yismehu ha'shamayim
vitagel ha'aretz
yiram hayam um'lo'o

ישמחו השמים
ותגל הארץ
ירעם הים ומלאו

The heavens will be glad
and the land will rejoice.
The sea will roar its fullness.

3. לכה דודי “Lekha Dodi”

Lekha dodi likrat kallah
p'nei Shabbat n'kabelah

לכה דודי לקראת כלה
פני שבת נקבלה

Full verses on pages 23-25 in *Lev Shalem*

Come, my beloved, to greet the bride.
We'll receive the countenance of Shabbat.

Ma'ariv – The Formal Evening Service

5. בָּרְכוּ “Barkhu” – The Call to Prayer

Barkhu et Adonai hamivorakh בָּרְכוּ אֶת ה' הַמְבָרֵךְ

Barukh Adonai hamivorakh l'olam va'ed בָּרוּךְ ה' הַמְבָרֵךְ לְעוֹלָם וָעֶד

Praise God who deserves praise now and forever.

6. שְׁמַע “Shema” – God is One

Shema Yisrael Adonai Eloheinu שְׁמַע יִשְׂרָאֵל ה' אֱלֹהֵינוּ ה' אֶחָד
Adonai ehad

Listen, Israel, Adonai is our God, Adonai is one.

7. ה' שִׁפְתַי “Adonai S'fatai”

Adonai s'fatai tiftah ה' שִׁפְתַי תִּפְתַּח וּפִי יִגִּיד תְּהִלָּתְךָ
u'fi yagid tehilatekha

God, open up my lips and my mouth will declare your glory.

Full Friday night Amidah (standing prayer) – pages 47-52 in *Lev Shalem*.

Friday night Kiddush – page 55 in *Lev Shalem*.

Mourner's Kaddish – page 58 in *Lev Shalem*.

8. אֱלוּ פִינוּ “Ilu Finu”

Ilu finu malei shirah kayam אֱלוּ פִינוּ מְלֵא שִׁירָה כַּיָּם

If our mouths were filled with song like the sea.