

THE FIFTEEN BRACHOT

**בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר נָתַן לַשָּׁכּוֹי
בִּינָה לְהַבְחִין בֵּין יוֹם וּבֵין לַיְלָה.**

Praised are You Hashem our God, who rules the universe, enabling us to distinguish day from night. (Sim Shalom)

Blessed are You, Hashem our God, King of the universe, Who gave the heart understanding to distinguish between day and night. (Art Scroll)

**בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁעָשִׂנִי בְּצַלְמוֹ.
בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁלֹּא עָשִׂנִי אִשָּׁה
בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁעָשִׂנִי כְּרָצוֹנוֹ.**

Praised are You Hashem our God, who rules the universe, making me in the divine image. (Sim Shalom).

Blessed are You, Hashem our God, King of the universe, for not having made me a woman. (ArtScroll)

Blessed are You, Hashem our God, King of the universe, for having made me according to His will. (Art Scroll)

**בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁעָשִׂנִי יִשְׂרָאֵל
בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁלֹּא עָשִׂנִי גוֹי.**

Praised are You Hashem our God, who rules the universe, making me a Jew. (Sim Shalom)

Blessed are You, Hashem our God, King of the universe, for not having made me a gentile. (Art Scroll)

**בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁעָשִׂנִי בֶן/בַּת
חֹרִין.**

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁלֹּא עָשִׂנִי עֶבֶד.

Praised are You Hashem our God, who rules the universe, making me free. (Sim Shalom)

Blessed are You, Hashem our God, King of the universe, for not having made me a slave. (Art Scroll)

בְּרוּךְ אַתָּה הַי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם פּוֹקֵחַ עֵוְרִים.

Praised are You Hashem our God, who rules the universe, giving sight to the blind.

(Sim Shalom)

Blessed are You, Hashem our God, King of the universe, Who gives sight to the blind.

(Art Scroll)

בְּרוּךְ אַתָּה הַי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם מְלַבֵּשׁ עֲרֻמִּים.

Praised are You Hashem our God, who rules the universe, clothing the naked.

(Sim Shalom)

Blessed are You, Hashem our God, King of the universe, Who clothes the naked.

(Art Scroll)

בְּרוּךְ אַתָּה הַי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם מַתִּיר אֲסוּרִים.

Praised are You Hashem our God, who rules the universe, releasing the bound.

(Sim Shalom)

Blessed are You, Hashem our God, King of the universe, Who releases the bound.

(Art Scroll)

בְּרוּךְ אַתָּה הַי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם זוֹקֵף כְּפוּפִים.

Praised are You Hashem our God, who rules the universe, raising the downtrodden.

(Sim Shalom)

Blessed are You, Hashem our God, King of the universe, Who straightens the bent.

(Art Scroll)

בְּרוּךְ אַתָּה הַי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם רוֹקֵעַ הָאָרֶץ עַל הַמַּיִם.

Praised are You Hashem our God, who rules the universe, creating the heavens and the earth.

(Sim Shalom)

Blessed are You, Hashem our God, King of the universe, Who spreads out the earth upon the waters.

(Art Scroll)

בְּרוּךְ אַתָּה הַי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁעָשָׂה לִי כָּל צְרָכָי.

Praised are You Hashem our God, who rules the universe, providing for all my needs.
(*Sim Shalom*)

Blessed are You, Hashem our God, King of the universe, Who firms man's footsteps.
(*Art Scroll*)

בְּרוּךְ אַתָּה הַי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמְכִּין מַצְעָדֵי גְבוּרָה.

Praised are You Hashem our God, who rules the universe, guiding us on our path.
(*Sim Shalom*)

Blessed are You, Hashem our God, King of the universe, Who has provided me my every need.
(*Art Scroll*)

בְּרוּךְ אַתָּה הַי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אוֹזֵר יִשְׂרָאֵל בְּגִבּוּרָה.

Praised are You Hashem our God, who rules the universe, strengthening the people Israel with courage.
(*Sim Shalom*)

Blessed are You, Hashem our God, King of the universe, Who girds Israel with strength.
(*Art Scroll*)

בְּרוּךְ אַתָּה הַי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם עוֹטֵר יִשְׂרָאֵל בְּתִפְאָרָה.

Praised are You Hashem our God, who rules the universe, crowning the people Israel with glory.
(*Sim Shalom*)

Blessed are You, Hashem our God, King of the universe, Who crowns Israel with splendor.
(*Art Scroll*)

בְּרוּךְ אַתָּה הַי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַנוֹתֵן לִיַּעַף כֹּחַ.

Praised are You Hashem our God, who rules the universe, restoring vigor to the weary.
(*Sim Shalom*)

Blessed are You, Hashem our God, King of the universe, Who gives strength to the weary.
(*Art Scroll*)

Reading #1

Many have asked why we do not say blessings over the performance of mitzvot such as tzedakah, kindness, returning lost objects or visiting the sick... The answer, in my opinion, is simple. The formula of the blessings, "Who has sanctified us through His commandments and commanded us..." implies that through the performance of this particular commandment, we become holier than, and therefore distinguished from, other peoples who do not perform it. This can only apply to mitzvot "between man and God" such as tefillin, tzitzit, sukkah, lulav and so forth, which other nations do not observe. However, this cannot be the case regarding commandments "between man and man," since these are performed by other nations as well. We cannot say "Who has sanctified us" – that is, set us apart "through His commandments," since we are not different in this respect from any other civilized nation. Rabbi Baruch Epstein

Psalm #30**מִזְמוֹר־שִׁיר חֲנֻכַּת הַבַּיִת לְדָוִד**

A song for the dedication of the Temple (SS)

A song for the inauguration of the Temple. (AS)

אֲרוֹמְמֶךָ הִי כִּי דָלִיתָנִי וְלֹא שִׂמַּחְתָּ אֵיבֵי לִי

I extol you, Hashem. You raised me up. You did not permit foes to rejoice over me. (SS)

I will exalt You, Hashem, for You have drawn me up and not let my enemies rejoice over me. (AS)

הִי אֱלֹהֵי שְׁוַעֲתִי אֶלְיָךָ וַתִּרְפָּאֵנִי

Hashem, I cried out and You healed me. (SS)

Hashem, my God, I cried out to You and You healed me. (AS)

הִי הֶעֱלִיתָ מִן שְׂאוֹל נַפְשִׁי חַיִּיתָנִי מִיַּרְדֵּי-בּוֹר.

You saved me from the pit of death. (SS)

Hashem, You have raised my soul from the lower world. You have preserved me from my descent to the Pit. (AS)

זָמְרוּ לַהִי חֲסִידָיו וְהוֹדוּ לְזָכַר קְדֻשּׁוֹ.

Sing to Hashem, you faithful. Acclaim God's holiness. (SS)

Make music to Hashem, His devout ones, and give thanks to his Holy Name. (AS)

כִּי רָגַע בְּאַפּוֹ חַיִּים בְּרִצּוֹנוֹ בְּעָרַב יָלִין בְּכִי לַבֶּקֶר רָנָה.

God's anger lasts a moment; divine love is lifelong.

Tears may linger for a night; joy comes with the dawn. (SS)

For His anger endures but a moment; life results from His favor. In the evening one lies down weeping, but with dawn - a cry of joy. (AS)

וְאֲנִי אָמַרְתִּי בְּשִׁלְוִי בַל-אָמוּט לְעוֹלָם.

While at ease I once thought: nothing can shake my security. (SS)

I had said in my serenity, "I will never falter." (AS)

**הִי בְּרִצּוֹנְךָ הַעֲמִדְתָּהּ לְהַרְרִי עַז הַסִּתְרָתְךָ פָּנֶיךָ הַיִּיְתִי
נִבְהַל**

Favor me and I am a mountain of strength. Hide Your face, Hashem and I am terrified. (SS)

But, Hashem, all is through Your favor - You supported my greatness with might; Should You but conceal Your face, I would be confounded. (AS)

אֵלֶיךָ הִי אֶקְרָה וְאֵל הִי אֶתְחַנֵּן.

To You, Hashem will I call; before the Eternal would I plead. (SS)

To You, Hashem, I would call and to my Lord, I would appeal. (AS)

מַה-בְּצַע בְּדָמַי בְּרִדְתִּי אֶל־שְׁחַת.

What profit is there if I am silenced? What benefit if I go to my grave? (SS)

What gain is there in my death, when I descent to the Pit? (AS)

הִיּוֹדֵךָ עֶפְרַיִם הִיּוֹדֵךָ אֱמֶתְךָ

Will the dust praise You: Will it proclaim Your faithfulness? (SS)

Will the dust acknowledge You? Will it declare Your truth? (AS)

שְׁמַע-הִי וְחַנְּנִי הִי הִיָּה-עֵזֶר לִי.

Hear me, Hashem, be gracious, be my help. (SS)

Hear, Hashem, and favor me; Hashem, be my Helper. (AS)

הַפְּכַת מִסִּפְדֵי לְמַחֹל לִי פִתַּחַת שִׁקִּי וְתִאֲזַרְנִי שְׂמֵחָה.

You transformed my mourning into dancing, my sackcloth into robes of joy -

(SS)

You have changed for me my lament into dancing; You undid my sackcloth and girded me with gladness. (AS)

לְמַעַן יִזְמְרֶךָ כְּבוֹד וְלֹא יִדָּם הִי אֱלֹהֵי לְעוֹלָם אֲוֹדְךָ.

That I might sing Your praise unceasingly, that I might thank You, Hashem, my God forever. (SS)

So that my soul might make music to You and not be stilled, Hashem my God, forever will I thank you. (AS)

Baruch She'amar

בְּרוּךְ שֶׁאָמַר וְהָיָה הָעוֹלָם. בְּרוּךְ הוּא.

Praised is God whose word created world. Sing Praise. (SS)

Blessed is He Who spoke, and the world came into being - blessed is He. (AS)

בְּרוּךְ עוֹשֶׂה בְּרֵאשִׁית בְּרוּ אֹמֵר וְעוֹשֶׂה בְּרוּךְ גּוֹזֵר וּמְקַיֵּם

Glorified is the Author of Creation. Laud the One whose word is performance.

Acclaimed is God whose decree is fulfillment. (SS)

Blessed is He who speaks and does; blessed is He Who decrees and fulfills. Blessed is He who maintains creation. (AS)

בְּרוּךְ מְרַחֵם עַל הָעָרֶץ בְּרוּךְ מְרַחֵם עַל הַבְּרִיּוֹת

Revere the One whose mercy envelops the world. Adored is God, whose kindness embraces all creatures. (SS)

Blessed is He Who has mercy on the earth; blessed is He Who has mercy on his creatures. (AS)

**בְּרוּךְ מְשַׁלֵּם שְׂכָר טוֹב לִירְאָיו בְּרוּךְ חַי לְעַד וְקַיָּם
לְנֶצַח**

Honor the One who rewards those who revere Him. Blessed is God who lives forever, endures eternally. (SS)

Blessed is He Who gives goodly reward to those who fear Him; blessed is He Who lives forever and endures to eternity. (AS)

בְּרוּךְ פּוֹדֶה וּמַצִּיל בְּרוּךְ שְׁמוֹ.

Celebrate the One who redeems and rescues. Praised is God's name. (SS)

Bless is He Who redeems and rescues; Blessed is His name. (AS)

**בְּרוּךְ אַתָּה הִי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הָאֵל הָאֵב הַרְחֵמֵנוּ
הַמְהַלֵּל בְּפִי עַמּוֹ מְשַׁבַּח וּמְפָאֵר בְּלִשׁוֹן חֲסִידָיו וְעַבְדָּיו.
וּבְשִׁירֵי דָוִד עֲבָדֶיךָ נְהַלְלֶיךָ הִי אֱלֹהֵינוּ בְּשִׁבְחוֹת
וּבְזִמְרוֹת נְהַלְלֶיךָ וּנְשַׁבְּחֶיךָ וּנְפָאֲרֶיךָ וְנִזְכִּירֶיךָ שְׁמֶיךָ
וְנִמְלִיכֶיךָ מִלְּפָנֵינוּ אֱלֹהֵינוּ יְחִיד חַי הָעוֹלָמִים מֶלֶךְ מְשַׁבַּח
וּמְפָאֵר עַדִּי עַדִּי עַדִּי שְׁמוֹ הַגָּדוֹל.
בְּרוּךְ אַתָּה הִי מֶלֶךְ מְהַלֵּל בְּתִשְׁבָּחוֹת.**

Praised are You Hashem our God, who rules the universe, compassionate Creator extolled by Your people, glorified by Your faithful servants. We laud You with the psalms of Your servant David. We extol You in song; we celebrate Your fame in melody. We proclaim You Sovereign, eternal God. Praised are You Hashem, Sovereign magnified with songs of praise.

Blessed are you, Hashem, our God, King of the universe, the God, the merciful Father, Who is lauded by the mouth of His people, praised and glorified by the tongue of His devout ones and His servants and through the psalms of David Your servant. We shall laud You, Hashem, our God, with praises and songs. We shall exalt You, praise You, glorify You, proclaim Your reign and mention Your Name, our King our God. O Unique One, Life-giver of the worlds, King Whose great Name is eternally praised and glorified. Blessed are You, Hashem, the King Who is lauded with praises.

Psalms in the Liturgy

Weekday Evening

Psalm 91

Kabbalat Shabbat

Psalms 95-99 – Kingship Psalms

Psalm 29

- Collectively, the above 6 each represent a day of the week

Psalm 92 – for Shabbat

Psalm 93

Preliminary Service

Psalm 92 – for Shabbat

Psalm for day (24, 48, 82, 94, 81, 93)

Psalm 104 – Rosh Hodesh

Psalm 27 – Elul

Psalm 30

Psalm 19, 34, 90, 91, 135, 136, 33, 92, 93, 145-150

Hallel

Psalm 113-118

Returning Torah

Psalm 145

Psalm 29 – Shabbat

Psalm 24 – Weekday

Yizkor

Psalm 23

Mincha

Psalm 145

Psalm 24

Funerals

Psalm 23

Psalm 90

Psalm 121

Psalm 123

Brit

Psalm 8

Illness

Psalm 6

Psalm 119

Psalm 57

Birkat HaMazon

Psalm 126

