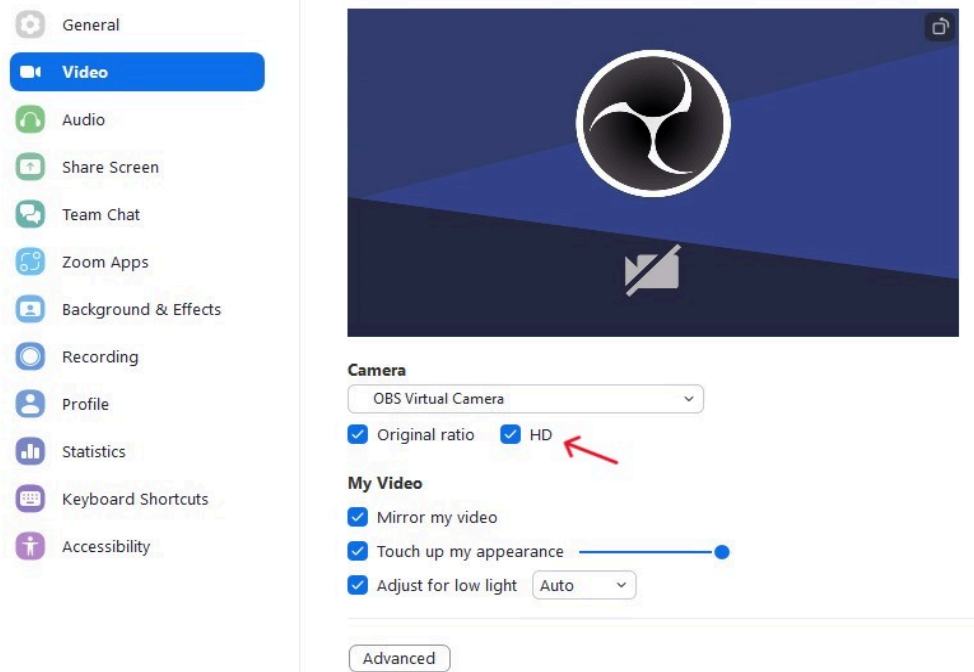![romemu — JEWISH LIFE, ELEVATED]

Zoom Optimization Guide

F.A.Q

Why is zoom slow/freezing?

- If Zoom seems slow or frozen, this is sometimes caused by your internet connection (WiFi), you can to reduce the strain on your internet connection by:
  - Disabling HD video: Go to Settings, click on the Video tab, and **UNCHECK** the box for HD video.

  - Turn off your video: You can turn off your video to reduce the amount of bandwidth used for those situations where clear audio is a priority. Simply click on the video icon; your 'Start Video' button should be crossed out to turn off video.
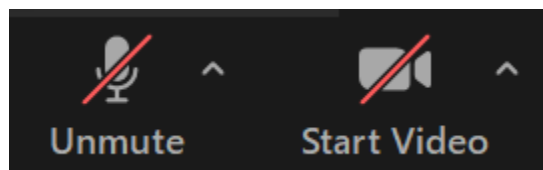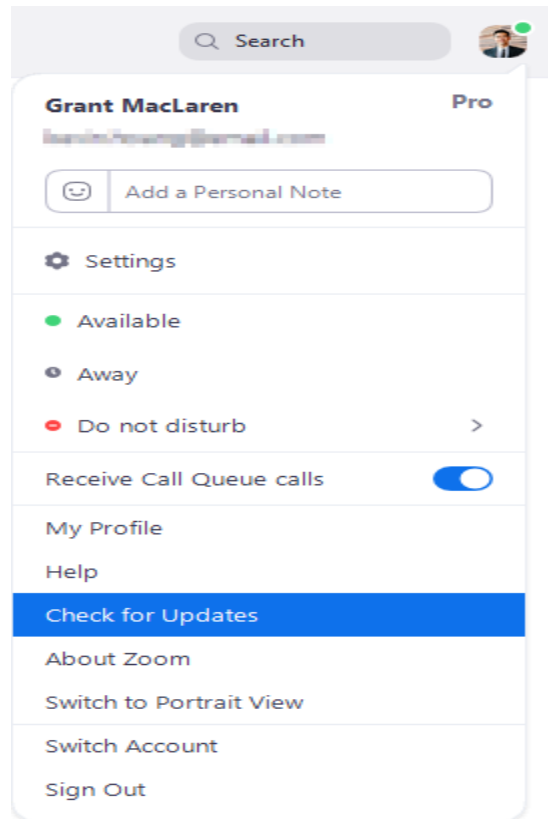

  - If possible, hardwire your computer to your router for connection stability

- Make sure you are running the latest version of zoom
  - Sign into zoom
  - Click your profile icon
  - Click "Check for Updates"
  - If there is a newer version Zoom will download and install it

- Close other programs so your computer can use its resources for Zoom
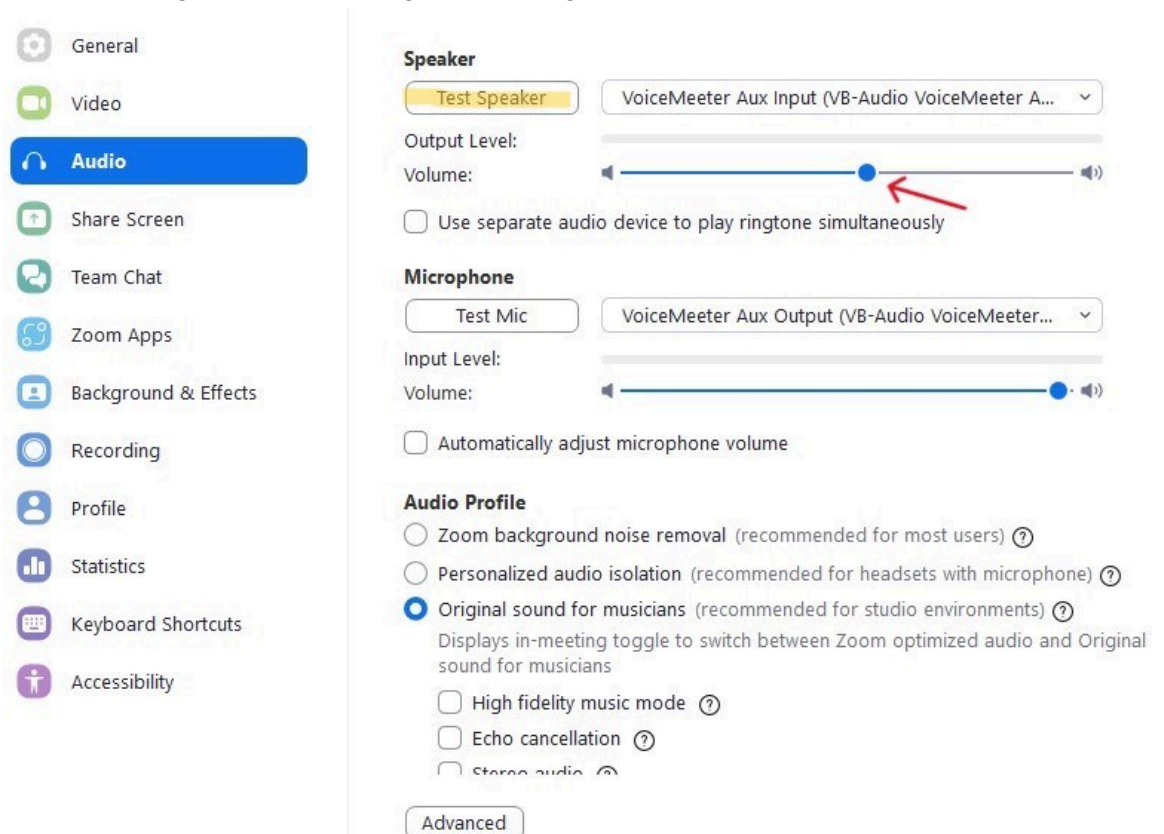
How can I improve my audio experience?

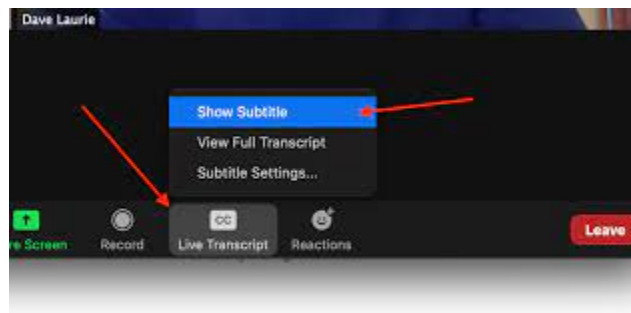- Before logging on to a zoom meeting, test your audio settings.

- Open the Zoom app
- Click on the Settings icon in the top right corner
- Select "Audio" from the menu
- Ensure that the correct speaker is selected
- Click "Test Speaker"
- Adjust the slider to a comfortable level
- Save all changes before starting the meeting!

- Turn on Closed Captioning
  - If enabled by the host of your meeting, turn on captions

- If possible, wear headphones