

Prayers for Writing Iyyunim
Confirmation Service (Shavuot Afternoon)
Woodlands Community Temple

MEE SHEBERAKH

Mee Sheberakh is the point in the service where we turn to God with people in mind who are sick or are struggling to make life work. Can God fix these things? Do our prayers make God fix these things? What if God isn't in this line of work – is Mee Sheberakh still worth singing?

MEE SHEBERAKH – PRAYER FOR WHOLENESS

מי שברך

מי שִׁבְרַךְ אֲבוֹתֵינוּ,
מְקוֹר הַבְּרָכָה לְאֲמוֹתֵינוּ.

Mee she-bey-rakh ah-vo-tey-nu, m'kor ha-b'ra-kha l'ee-mo-tey-nu.

May the Source of strength, who blessed the ones before us,
Help us find the courage to make our lives a blessing. And let us say: Amen.

מי שִׁבְרַךְ אֲמוֹתֵינוּ,
מְקוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ.

Mee she-bey-rakh ee-mo-tey-nu, m'kor ha-b'ra-kha la-a-vo-tey-nu,

Bless those in need of healing with רְפוּאָה שְׁלֵמָה (r'fu-ah sh'ley-mah),
The renewal of body, the renewal of spirit. And let us say: Amen.