The Outreach

A Monthly Publication of Valley Outreach Synagogue and Center for Jewish Life



Rabbi Ron Li-Paz

Valley Outreach Synagogue (VOS) was founded in 1986, with a specific and unique mission among Los Angeles Jewish institutions. It was to open a wide and welcoming door to Jewish life.

Our founding spiritual leader, Rabbi Richard Schachet, of blessed memory, wanted to create a synagogue that would serve all who wished to participate, regardless of their Jewish knowledge and experience, their sexual orientation or their ability to afford, what he believed, was essential for good living and for a better society.

In 2017 VOS opened a beautiful Synagogue and Center for Jewish Life in Calabasas. Our center is home to services, classes, social gatherings, and it can be home to your next celebration or business event. Welcome in!



From Rabbi Li-Paz

2024: A Year of Challenges and Opportunities

As we step into 2024, a year marked by a general election and ongoing global and societal conflicts, I want to steer us toward guidance from our Jewish heritage.

REFLECTING ON HILLEL'S ENDURING WISDOM

Consider placing these words by Hillel from Pirke Avot in a visible spot in your home as a daily reminder:

"Do not separate yourself from the community."

"Do not believe in yourself until the day you die."

"Do not judge your fellow until you are in his place."

"Do not say something that should not be heard, as you do not know when it will be heard."

You might reflect on which of these teachings challenges you the most and how embracing them could reshape your relationships and inner well-being in the year ahead.

A TALMUDIC INSIGHT

From the Talmud, Taanit 23a, we learn: "Do not judge your fellow until you have stood in his/her place."

This teaching urges us to examine the impact of our judgments on others and ourselves. How can we shift from judgment to empathy, recognizing our shared vulnerabilities and our shared values?

UPCOMING EVENT

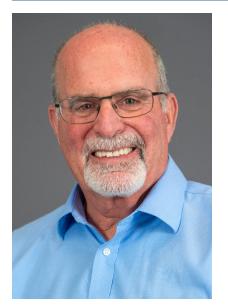
A Special Shabbat Celebration On Friday, January 12, at 7:30, we'll gather for a unique Shabbat celebration. Helen Rifkind and her Mussar students will share insights from their Jewish studies and its impact on their lives. Additionally, our beloved singer, Sara Mann, will debut her beautiful new song, "Daughters of Israel." The women of our VOS choir will join her. This evening promises to be enlightening and inspiring; we encourage everyone to attend.

LESSONS FROM RABBI SACKS

The late Rabbi Jonathan Sacks wrote: "The test of faith is whether I can make space for difference. Can I recognize God's image in someone who is not in my image, whose language, faith, ideals, are different from mine? If I cannot, then I have made God in my image instead of allowing him to remake me in his. The dignity of difference is the prophetic message for our time."

This powerful message encourages us to see the divine in those different from us, challenging us to expand our understanding of faith and our own moral responsibility.

I hope these few quotations from Jewish sources guide you in the year ahead.



Bill LaVere, VOS President



VOS President's Message

Dear Members of our VOS Community,

As the New Year starts, I find myself filled with a profound sense of gratitude and reflection. Together, we have navigated through a year that presented both challenges and triumphs, and I am immensely proud of the strength and unity that defines our congregation.

In the face of uncertainty, our community stood resilient. We faced challenges with grace, supported one another with unwavering kindness, and found comfort in our shared faith. This last year has been a testament to the power of community, and I am humbled by the spirit of togetherness that defines us.

As we look back on the past year, let us also look forward with hope and optimism. The new year brings with it the promise of renewal and the opportunity for growth. May it be a time of joy, health, and prosperity for each and every one of you.

Our synagogue is not just a place of worship; it is a family. Together, we have created a sacred space where we celebrate our traditions, share in each other's joys, and offer support in times of need. I am grateful for the privilege of serving as your President and witnessing the love and compassion that emanates from this community. In the coming year, let us continue to nurture our bonds, deepen our connections, and strive for a world filled with understanding and acceptance.

May the coming year be filled with blessings for you and your loved ones. Shalom, peace, and happiness to all.

The Membership Team



Anne Sperling, VP Membership

Shalom, and Happy New Year!

This year, say Hello with a smile and Yes to a VOS Membership for 2024–2025!

Your Membership Team has wonderful plans for members this year, and we hope you will all join in the fun and mitzvah as a community. Your action makes our plans happen.

If you still need to become a member, the membership team is excited to connect with you and assist you in joining VOS.

Membership is prorated from the current month through June 2024, so join now. Becoming a member permits you to participate in our membership activities through the *VOS Friendship Connection*.

Learn how your friendship can positively impact the upcoming year. Call or email **Annie Sperling at 805.796.9255 or anniesperling279@gmail.com**.

Cheers to a Happy New Year 2024! Let's build our community together!

The Mitzvah Committee



Jay Stein, VP Mitzvah

So we have reached the end of 2023. Quite a rollercoaster ride it was, right? The real question is what did we do to make this world and our lives better? Did we help others and did we help ourselves?

We are so blessed to have the most amazing Synagogue community. From our Rabbi, Rebbetzin and Cantor, to the brilliance of the teachers, a gifted Music Director, an amazing Board of Directors

and President and a great congregation of amazing people. I implore you to get involved—it can be life changing.

The Mitzvah Committee is working on a Mitzvah Day of our own, hopefully in April. It will be a day to give of ourselves to our community. If anyone has ideas to share for Mitzvah Day, please let me know. You may reach me anytime at 818-419-0462 or jaysteineventfilms@gmail.com.

Have a safe and beautiful new year. I hope, together, we can make it even better.

Renewal, Change & New Beginnings





Sharone Weizman, M.Ed., VOS JEWELS Director of Lifelong Learning

Shalom Families,

In the spirit of new beginnings, the start of 2024 brings with it a sense of renewal and change. As we welcome our students back from winter break, we are reminded of the beauty of the season. In Los Angeles, we experience similar weather to our family and friends in Israel, with chilly cold and rains. This connection brings a feeling of unity and shared experiences, which brings us closer together even when we are miles apart.

Looking back at the events before winter break, our JEWELS families, alongside all the members of our community, came together to celebrate the beauty of Shabbat illuminated by the candle-lights of Chanukah. The warmth and light that filled our Sanctuary brought a sense of hope and joy to our community, especially in light of the challenges faced by our friends and family in Israel. As we continue to pray for our loved ones in Israel, we send them our wishes for light, strength and a brighter future.

Our JEWELS families also came together for a unique Chanukah experience, taking a journey through history. They learned about King Antiochus and experienced the turbulence of Judea

under his rule, as well as the changes that occurred for the Jewish people under Antiochus Epiphanes. Our students and families gained a deeper understanding of the true story of Hanukkah and the struggle for religious freedom. They discovered the meaning of Antisemitism, explored Jewish identity and peoplehood, and learned about the symbols and rituals associated with Hanukkah. The evening ended with a delicious Greek dinner, connecting our community with the rich culture and traditions of the holiday.

This month, we are excited to come together as a community once again

to celebrate Tu B'Shvat with a unique Tu B'Shvat Seder. During this special event, we will not only learn about the significance of Tu B'Shvat but also have the opportunity to taste the fruits and foods of Israel. We will journey through time, meeting great figures such as Moses and Theodore Herzl, and utilize all our senses to immerse ourselves in the magic of Tu B'Shvat and the abundance of new fruits from Israel.

As we hold Israel close in our thoughts and prayers, may this time of celebration bring our community a taste of renewal, change, and new beginnings as we enter the secular



New Year of 2024. Let us continue to embrace the environment and all its beauty and glory, cherishing the connections that bind us together as a community and as a global Jewish family.

Wishing you all a joyful and meaningful start to the year.



Our Rabbi-in-Residence Lecture Series returns on **Thursday, January 18, 2024 at 7:00 p.m. on Zoom** and we hope you'll join us. We have an exciting opening session and you won't want to miss it! Our series this year has a new line-up of inspiring and insightful rabbis from all over the country coming to VOS to speak to us and share their wisdom and insight. Be sure to mark your calendars for the third Thursday of the month at 7:00 p.m. on Zoom.

For more information or to sponsor a rabbi for the new year, please contact **Wendy Levenson at (310) 985-4285 or wendylev@sbcglobal.net.** We look forward to seeing you on January 18!

VOS Arts & Culture Event

Our latest Arts & Culture event, *Sunday in the Afternoon with Groucho*, was a huge success and enjoyed by all. Over 200 people attended the event and we were treated to a wonderful afternoon full of laughter and discussion hosted by our Music Director, Gerald Sternbach. He led a conversation with his colleague and friend, Frank Ferrante, and he discussed their seven year collaboration in performance celebrating the quintessential Jewish American comedian, Groucho Marx. We all enjoyed hearing Frank's personal recollections and stories of Groucho and his family from behind the scenes. It was such a treat to watch the video clips of Frank performing as Groucho with Gerald at the piano.

Thank you to all who attended and a special thank you for your generous donations to our VOS Arts & Culture program. Be sure to keep your eye out for our special future events.

If you have any questions or would like to help plan our events, please contact **Wendy Levenson at (310) 985-4285 or wendylev@sbcglobal.net.**



Wendy Levenson, VP Religious Practices

VOS Singles 55+

Our Singles Chanukah Potluck Shabbat Dinner at VOS on December 8 was a rousing success! We were filled to capacity and we had a wonderful evening

filled with conversation and fun. We lit the Chanukah menorah, we sang the Shabbat blessings, and enjoyed talking at dinner. After dinner, we went into the sanctuary for the Shabbat service. We will be having more activities and outings in the near future so please join us. We're planning on going out to restaurants, movies, theater, parties, museums, hikes and Shabbat dinners. Come meet new people and create new, meaningful relationships.

For questions or to volunteer to help, please contact **Wendy Levenson at 310- 985-4285 or wendylev@sbcglobal.net.** We look forward to seeing you soon!

JANUARY EVENTS

January 4Men's Club Meeting

January 4Sisterhood Meeting

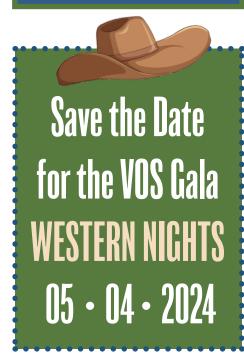
January 9
Board of Directors
Meeting, 7:00 p.m.
VOS Board Room

January 12VOS Special Shabbat
Service at 7:30

January 18Rabbi-In-Residence
Lecture

January 24/25 Tu B'Shvat

In addition to these events, check out pages 10,11, & 16 for more ways to get involved!



VOS Men's Club

The Men's Club meets on the first Thursday of the month at 5:45 p.m. for a free dinner followed by a meeting at 6:30 p.m. Our next meeting is January 4, 2024. Contact Bob Brandt for additional details at 818-535-0067.

MEN'S CLUB PARTY & BBO

The Men's Club Board will have a Family BBQ on Sunday, March 31, 2024, at 3:00 p.m. at the Masonic Lodge at 14750 Sherman Way. This is a family event, so the more, the merrier. The cost will be \$25 per family (up to 5 people). We will supply all the food and drink. In addition, this will be a recognition of Norm Montrose. The parking lot holds over 160 cars and parking is free.

MEN'S CLUB PARTY & BBQ V.2

The Men's Club Board will have another Family BBQ on Sunday, July 28, 2024, at 3:00 p.m. at the Masonic Lodge at 14750 Sherman Way. This is a family event, so the more, the merrier. The cost will be \$25 per family (up to 5 people). We will supply all the food and drink. In addition, this will be a recognition of Norm Montrose. The parking lot holds over 160 cars and parking is free.

MEN'S CLUB ANNUAL DINNER

The Men's Club Annual Dinner will be held on October 20, 2024 at 5:00 p.m. at Rosie's in Northridge. The cost is \$35 per person and includes a buffet style dinner with soft drinks, salad, and dessert. There will also be an auction. This event helps support our synagogue. Buy your tickets now! For information or to buy tickets contact Bob Brandt at 818-535-0067 or Harvey D. Rose at 323-940-8881.



VOS Sisterhood



Barbara Barackman, Sisterhood President

Happy New Year! Wow, where did this year go? I hope everyone had a Happy Chanukah and a healthy holiday season.

A lovely time was had at the Sisterhood luncheon on December 3, 2023 at BJ's Restaurant & Brewhouse. Everyone brought

great gifts for the *Toys for Tots* drive, which were then taken to the local fire station. They thanked us so much for our donations.

There will not be a Sisterhood meeting in January. On February 1, 2024, Lenny Horowitz will speak with us on safety and security via Zoom. Details to follow.





Sisterhood luncheon and donations to Toys for Tots.

We hope to have in-person meetings in March and/or April at VOS on the **first Thursday of each month at 11:00 a.m.** Details to follow.

We'd love to see more of you in attendance at our daytime meetings, so we may get to know you and create new bonds together.

The Fundraising Team



Denise Horowitz, VP Fundraising

Celebrate endings, for they precede new beginnings!

Last year we had a very successful Gala, Play Day and Holiday Boutique. A special thank you again to the VOS community for your support.

On May 4, 2024, we will have a fun-filled fundraising Gala – Western Nights. We will be celebrating our new Honorees: Susi Weissman, Woman of the Year; Ron Lieberman, Man of the Year; Melissa and Gregg Moscot, Couple of the year; and Anne Sperling, Light of Israel. Save the date to join us in supporting our synagogue. Information packets regarding the Gala will be sent in the mail within the next month.

In-Kind donations for the Gala, such as tickets to events or athletic games, dinner certificates, rounds of golf at a country club, etc., are always needed and are being accepted now. Contact Denise Horowitz, at denise.horowitz@icloud.com regarding any donations, or if you are interested in being on the Gala committee. We also need large baskets for the Gala's silent auction. If you have any baskets to donate, please drop them off at the VOS office. Tell them they are for the Gala.

On **November 17, 2024**, we will have another **Play Day and Holiday Boutique**. There will be more new vendors this year, so come play any game that you like, enjoy a delicious lunch, and then go shopping – what more can you ask for in a fun-filled day!

I hope this new year will be a happy, healthy, and peaceful year for everyone.





Marlene Frierson, Bereavement Chairperson

Happy New Year.

I hope you were able to relax and spend time with family and friends over the holiday season.

The Jewish holiday of **Tu B'Shvat** is celebrated on the 15th day of the Hebrew month

Shevat. It is also called Rosh HaShana La'llanot, literally "New Year of the Trees." In modern times, we celebrate by planting trees for many reasons, including ecological awareness. I encourage you to plant a tree or a plant in your garden or on your balcony! Also, through the Jewish Federation, you can plant a tree in Israel to celebrate all occasions throughout the year.

The Bereavement Committee is in transition. I am re-evaluating the need and purpose of this committee. I have chaired and worked with so many wonderful volunteers who have made a difference to so many families in need when they have lost a loved one. However, I cannot do it alone. I need your support and help.

As we begin a new year, we all can self-evaluate our commitment to do mitzvot. Consider giving some of your time to the Bereavement Committee and help me keep this very special committee going for a long time into the future. Don't hesitate to email me at Mmarni@juno.com with your contact information. We understand if you cannot commit to helping everytime. I will be happy to discuss what we do and how you can contribute.



Sue and Harvey Magidow, Co-Chairs VOS Sunshine Committee

We have all felt alone and often isolated from the world, when we are ill or when suffering a loss in our lives. As a VOS family member, the Sunshine Committee makes a promise to you that you will not be alone or forgotten.

The Sunshine Committee volunteers regularly send "Thinking of You", "Get Well" and "Sympathy" cards to members during difficult times. The committee makes phone calls, a house call, or a visit to a recovery facility to check in and make sure all is well.

At the direction of our clergy, committee volunteers are standing by to ensure that no VOS member is isolated or alone during stressful periods in their lives.



Ron Sherman, an IDF soldier and cousin of David (Linda)Weinberg

Daphine Velasquez, niece of Richard (Shawn) Sperber

Dyana Cohen Schoenstadt, sister of Barbara Solomon

Dr. Myron (Mike) Bromberg, husband of Donna, beloved member of our synagogue community

Year-End Pledges

Thank you to the following people who pledged donations to VOS.

Pamla Abramson Joel & Judy Adelman **Bob & Janis Andres Judy & Greg Benedict** Billie & Alan Bennett **Jackie Berg Stanley Broffman** Angela Di Mascio & Golda Brill Cheryl & Jeff Cohen Ralph Deutsch & Helene Dutra **Beth Falikoff** Philip & Sandra Firestone Nancie Fogelman Abraham & Eileen Franco Al & Eileen Franco Faye & Jim Friedman **Bruce Fuhrer** Ralph & Bette Garren Ian & Laurie Goldey Norman & Dina Gonor

Marsha Berch Gruen **Todd & Nicole Haines** David & Judy Handelman **Todd & Denise Helfstein** William & Catherine Josephson **Barry Keller** Jason Kohler & **Tahlia Spector Ed & Sharon Kohn** Hallie Kraft Jackie Kreitzman & **Brian Senit George Lauer** Karen Lavin **Wendy Levenson Ron & Corinne Lieberman** Sol & Marilyn Levine Peter & Eileen Malis Norma Miles Alex & Eleanor Mizrahi

Norman & IoAnn Montrose Rita Mount **Arlene Pater Jack Press** George & Janine Quint Kenneth & Donna Rehman Dianna Rice Phillip & Sharon Sacks Benjamin & Erica Salisbury **Gary Schechter** Steven Silver & Mary Reisman **Evelyn Slepicoff** Barbara & Al Swedelson Lee & Barbara Van Sluyters Lisa Warner Gloria Weinstein Seth & Jamie Wellisch **Eleanor Zalin** Allen & Marcia Zatkin



December Yahrzeit Donations

Anne Altman (2 donations)

Judy Solish Frank Bass

Judy (Greg) Benedict

Stan Blander

Carol Bloom (3 donations)

Linda Blovett (3 donations)

Ron (Susan) Braunstein

Brian (Roberta) Caplin

Larry Chernoff

Ms. Sheri Dubin-Albala

Larry (Wendy) Einbund

Sandra (Sandra) Firestone

Lynda Fox

Faye (Jim) Friedman

Leslie (Toby) Glatt

Diane (Jerry) Goldstein

Grace Gross

Barbara Guerin

Gary Gutwirth

Beth (Brad Tanenbaum) Haiken

Carol Hananel (2 donations)

David (Judy) Handelman

Bunni Hoffman (2 donations)

Leonard (Denise) Horowitz

Denise (Leonard) Horowitz

Robin Jacobs

Ethel Kaplan

Joseph Kessler

Barbara Klubeck (2 donations)

Arnold (Harriet) Kornfield

Bonita (Richard Anderson) Kraft

Linda (Bill) LaVere (2 donations)

Fern Lippert

Linda (Ernest) Lister

Michael Magasinn

Geraldine Moscowitz

Beverly (Stan) Nisenson

Martin (Loyce) Nussbaum (2 donations)

Jacquiline Rondinelli

Laurie (Larry) Rudner

Larry (Laurie) Rudner

Gary Schechter

Elaine (Richard) Snyder

Joan Spitz (2 donations)

Stanley (Suzi)Taub

Fred (Ileene) Weiss, in memory of Alex Weiss

Sue (Steeve) Wetterhahn

Eleanor Zalin

Tributes & Mitzvah Donations

A Tribute or Mitzvah Donation can be made at any time in honor or in memory of someone. Go to the "Giving" menu on www.vosla.org or contact the VOS Office at 818-882-4867 for more information.



Dan & Carla Adivi

Linda Blovett, Sponsor, Shabbat Oneg

Susan Carlisle, Donation to the VOS Players & Healing Workshop

Susan Carlisle, Healing Workshop

Susan Carlisle, Security support

Ralph Deutsch & Helene Dutra, Groucho donation – Arts & Culture

Debbie Du Val, Groucho donation – Arts & Culture

Jeffrey & Elaine Edell, Yom Kippur pledge

Sunny Franklin, Yom Kippur pledge

David & Lyle Glazer, Sponsor, Shabbat Oneg

Doris & Sam Goldberg, In appreciation for November 10th musical service

Fran Hart, In honor of the Rand's 80th birthdays

Doreen Kates, Groucho donation - Arts & Culture

Karyn King,
Donation for security and in honor
of Michael Li-Paz and Gil Li-Paz, my
favorite pilots who brought me to
VOS. Forever grateful for the light
they've brought to my life.

Bonita Kraft & Richard Anderson, Eleanor & Herb Kraft School JEWELS donation Vicki Kraft, Eleanor & Herb Kraft School JEWELS donation

Norman Levy & Phyllis Cohen, Groucho donation – Arts & Culture

Fern Lippert, Security support

Fern Lippert, Groucho donation – Arts & Culture Michael Magasinn

Judy Palnick & Robert Cohen, Sponsor, Shabbat Oneg

Steven & Sherri Raft

Elise Wilson, In memory of my dear old dad, Hyman Perlstein. I am heartbroken.

Chip Rudolph, Groucho donation – Arts & Culture

Martin & Julianne Safran, Sponsorship of the Music Program

Jeff Pillet-Shore, In honor of Sam Finkelberg

Larry & Violet Schlesinger, *Groucho donation*– Arts & Culture

Michael & Geri Schwartz

Fred & Evelyn Ulise, Groucho donation – Arts & Culture

VOS Sisterhood, Rabbi's Discretionary Fund

VOS Sisterhood, In memory of Susan Allenworth

Wahler Family, Sponsor, Shabbat Oneg

Thank You!



January Birthdays

- 1/1 **Arthur Grossman Robert Brandt** 1/2 1/2 Helene Dutra 1/2 **Sol Levine** Rita Puritsky 1/2 Joan Spitz 1/2 1/3 Stanley Leiken 1/3 **Pierre Rodnunsky** Jacquiline Rondinelli 1/3 **Ethel Edell Spencer Einbund**
- 1/4 Ethel Edell
 1/4 Spencer Einbund
 1/4 Irwin Frank
 1/4 Craig Housenick
 1/5 Sarah Cohen
 1/5 Joseph Kessler
 1/6 Brenda Friedman
 1/6 Jordan Richman
 1/6 Melissa Rogers
- 1/6 Lea Templer Teri Gamson 1/7 1/7 **Anakin Teti** 1/8 Laurie Gelardi Jeffrey Haines 1/8 Stephanie Hoffman 1/8 1/8 **Madeline Pelc** 1/8 **Brian Senit** 1/8 Max Simon 1/9 **Brooklyn Miller** 1/9 **Teegan Weiss** 1/10 Michele Birger 1/10 Clive Hurwitz 1/10 Michele Johnsen 1/10 A.J. Magasinn 1/11 Adam Belsky 1/13 Jeff Whittington 1/14 Jackie Gaer
- 1/14 David Josephson 1/14 Erick Wilner 1/15 Joshua Bernfeld 1/15 Bailey Rogers 1/16 Lewis Blair 1/16 Jayne Friedman 1/16 William Gootnick 1/16 Harriet Kornfield 1/16 Janine Quint 1/17 Thomas Metz 1/18 Michelle Hinshon 1/18 Nathan Horowitz 1/19 Natalie Edell 1/19 Janice Rodnunsky 1/20 Noa Gauthier 1/20 Leah Gelick 1/22 Linda Landau 1/25 Samantha Brown
- 1/25 Steven Garelick 1/25 Francine Hart 1/25 Zachary Schneiderman 1/25 Tyler Sperber 1/26 Ariel Bloxberg 1/26 Ileene Weiss 1/28 Makena Metz 1/28 Michael Sachs 1/29 Diane Goldstein 1/29 Craig Kovler 1/30 Sandra Firestone 1/30 Beth Haiken 1/30 Shelby Silverman 1/30 Sydney Silverman 1/30 Emilee Teichner 1/31 David Wazana 1/31 Nathan Wazana

Milestone Birthdays

1/1 Arthur Grossman 1/2 Rita Puritsky 1/2 Joan Spitz 1/3 Stanley Leiken

1/5 Sarah Cohen1/8 Laurie Gelardi1/8 Jeffrey Haines1/8 Max Simon

1/10 Michele Johnsen

1/14 Jackie Gaer1/14 Erick Wilner

1/16 Lewis Blair

1/17 Thomas Metz 1/26 Ariel Bloxberg

1/29 Craig Kovler

Anniversaries

1/21 Steve & Rachel Sylvers
1/29 Alan & JoAnn Rand
1/18 James & Robin Felton
1/14 Alan & Nora Fels
1/21 Lisa & Richard Klein
1/22 Zachary & Dahlia Schneiderman
1/24 Rod & Nancy Canter
1/30 Will & Barbara Turk

Bar & Bat Mitzvah

Ethan Kadner Viv Whittington

1/21 Lisa & Richard Klein

Milestone Anniversaries

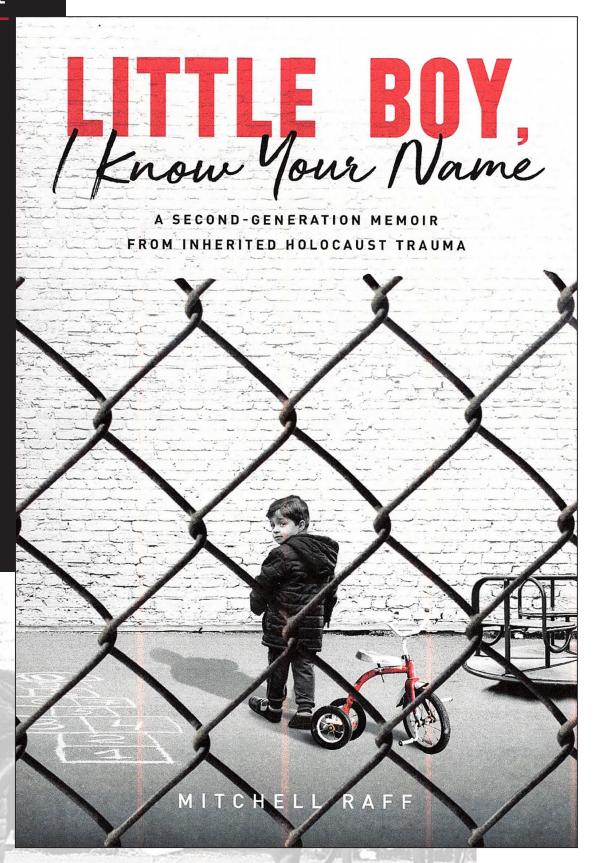
1/14 Alan & Nora Fels

PAID ADVERTISEMENT

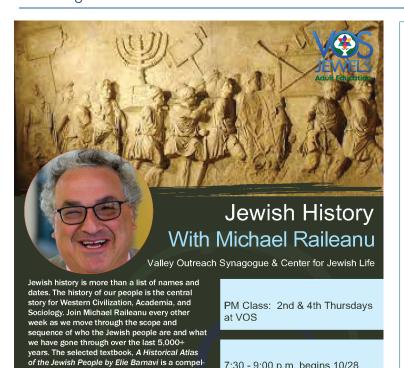
LITTLE BOY, I KNOW YOUR NAME

During my adult life on countless occasions. a friend, acquaintance or stranger would ask about my life. When speaking of my childhood, I learned to be careful in how I answered this question knowing that often it would lead to more uncomfortable questions. Nonetheless, I would respond. Eventually and without fail, my friend or acquaintance would say, "You have a very interesting life story. You should write a book." So I did.

- Mitchell Raff



To find out more about the author, visit www.mitchellraff.com





CHARACTER DEVELOPMENT FOR THE JEWISH SOUL

Mussar is a path of character development, soul growth and holiness through a Jewish lens of wisdom. It is the process by which Middot (character traits) are integrated into our everyday lives so that we live by the central command of the Torah: To love your neighbor as yourself. Practically, delving into each trait through group discussion, partner study and individual self-reflection will help students internalize and become conscious that this soulful journey is an "inside job."

Classes Start Soon!

FIRST SEMESTER

1st Year Mussar: Wednesdays 1:30 p.m. - 3:30 p.m.

October 11, 25, November 8, 22, 29, December 13, January 10, 24 & 31

Second Semester will be held February through May 2024 \$190 for VOS members | \$235 for non-members of **VOS Center for Jewish Life**

Register at www.vosla.org or call 818-882-4867. A minimum of 10 registered students are required to hold a class.



Helen Rifkind has been an avid learner and proponent of adult Jewish education for many years. An attorney by trade, she has utilized her analytic skills beyond law. For over a decade, Helen has been engaged in Mussar learning and practice, believing in the importance of intellectual and character growth. Having mastered the curriculum, Helen is now a skilled Mussar educator.



Banter

ling and thorough treatment of the whole drama and will become a leading character as we learn

about growth, development, and change of the

For more information, email adulteducation@vosla.org

Fall Semester: 10 Sessions

VOS Members: \$180

Non-members: \$230 10 Students per class required

Jewish people.

Join Rabbi Ron Li-Paz for a monthly discussion and a nosh.

Wednesday, December 6 | January 17 | February 14 | March 20 | April 17 | May 15 |



Bagels & Banter is a joint group with both men and women.



7:30 - 9:00 p.m. begins 10/28

https://www.vosla.org/form/Jewish-History

Register here

Women's Rosh Hodesh Group

Celebrating the New Moon Each Month

7:00-8:30 p.m. at VOS



Rosh Hodesh, the holiday given to women as a reward for not participating in the incident of the Golden Calf, provides a unique space for women to claim Jewish ritual as their own.

Our group will bond with one another through the ancient tradition of celebrating the New Moon, through ritual and in the context of the Jewish calendar. Each month we will explore a variety of topics including biblical characters, blessings, rituals, holidays, artistic expression, meditation, and food.

For more information contact Susi Weissman at 818-429-1220 or AdultEducation@vosla.org

2023 Dates 10/23 11/27

2024 Dates 1/22 2/26 3/25 4/29 5/20

\$80 for members \$100 for non-members

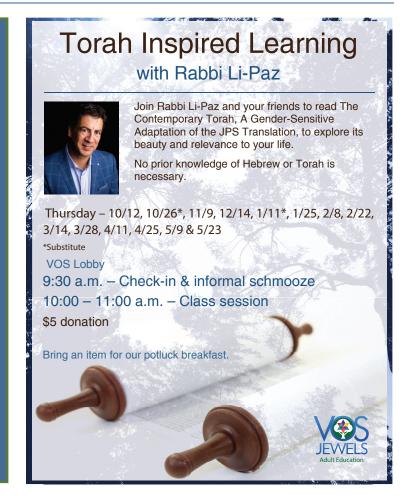
Safety & Security at VOS



VOS has formed a new Security Task Force in an effort to keep our community safe and informed. At times, you may be asked a few security questions by our task force members. We ask that all of our members and guests fully cooperate with this effort.

On Saturday January 21, 2024 from 9:00 a.m to 2:00 p.m., the American Red Cross will be at VOS to teach CPR/First Aid. See flyer on page 12 for more details.

For information or further questions about the Security Task Force, please contact Karen Block at kblockcpa@gmail.com.



NEW! VOS BOOK CLUB

Looking for some new books to read?

Join the VOS Book Club for reading suggestions and thought provoking discussions.

Meetings are held the first Thursday of the month at 11:00 a.m. either on Zoom or in a member's home.

OUR SELECTION FOR DECEMBER

Big Lies in a Small Town

by Diane Chamberlain

For more information contact
Barbara Van Sluyters at 818-522-1577

Our past book selections:

OCTOBER: Beautiful Country by Qian Julie Wang NOVEMBER: Koshersoul by Michael Twitty





Are you looking to meet new people and make lasting connections within our synagogue? **Look no further than The Friendship Connection!**

By filling out a simple form, you can let us know that you're interested in attending Shabbat dinners, fun outings to the theater, hiking, brunch and more! Maybe you're even ready to join a Chavurah!

The best part? There's no commitment to a set time or day. Simply participate in The Friendship Connection and we'll give you a call whenever we have a happening in which we think you'd be interested.

Join us all for the good vibes and get to know your neighbors in the process. Experience Jewish living at its finest with The Friendship Connection at VOS.

Don't miss out on this incredible opportunity to expand your social circle and create meaningful relationships. Sign up today and let the connections begin!

For more information and to sign up, contact Annie Sperling at 805-796-9255 or anniesperling 279@gmail.com.

We can't wait to welcome you to The Friendship Connection at VOS!

In Joy, Your Membership Team

Prayers for Healing

- A. Rachel Aflalo, Mayer Alson, Marsha Wiedder-Alson, Eliahu Assouline
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- F. Marsha Feldman, Erica Blaire Feldscher, Brian Fenit, Laura Finkelstein, Tobie Finkelstein, Ricki Fisher, Eileen Franco, Evelyn Frenkel, Clifford Fried, Sheila Fried
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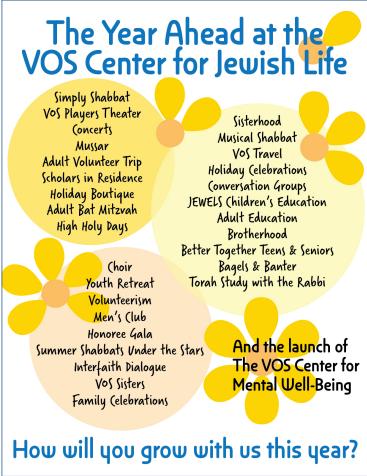
Volunteer today!

For more information on what interests you or how to become involved, contact Judy Benedict, our new volunteer coordinator, at Judybvosla@gmail.com.



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Acknowledgments

Valley Outreach Synagogue would like to thank Fazio Cleaners, Brent's Delicatessen & Restaurant, and Doris the Florist of Oaks Florist for their continuing generosity. *Please mention VOS when you visit and order from these wonderful businesses in our community.*



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