



In Elul. awaken to the calls of the shofar

Rabbi Evan Ravski



Rabbi Ravski brings the shofar to class
on the opening day of OTRS

As the summer heat begins to fade, our hearts and minds begin to turn towards the impending New Year. With the start of the month of Elul, we become keenly aware that the holidays are approaching, slowly at first, and then, all of a sudden, they are here, and we are asked to stand before God and the community as we are judged, as our fate is written and then sealed in the Book of Life.

In our hearts, we know that at times this past year we have both hurt and been hurt by others; we have held grudges; we have schemed; we have insulted others. But we have also forgiven; we have made amends and spoken words of comfort when they were most needed. In our minds, we know that we sometimes failed to be the person we wanted to be this past year, and we hope we can do better in the coming one.

The month of Elul is meant to be a wake-up call for us: we sound the shofar each day to remind us to prepare, that Rosh Hashanah is approaching. The call of the shofar is loud, there is no question about that, but it speaks to us in ways deeper than the level of its volume. It speaks to us through its notes: Tikiyah, Shevarim, Teruah.

Tikiyah, the longest of the three notes, calls us, asks us to pay attention to the moment, so that we begin to come together. Shevarim, three short blasts, sounds like sobs. Combined, the three are supposed to about the same length as the full Tikiyah, but they are fractured, just as we are at this time of year. Finally, the Teruah, rapid short notes, sounds almost like an alarm. It is meant both to wake us up and to cause us to concentrate: we become alert and listen intently to hear each individual blast.



In Elul, we allow our ears to rule over our other senses, with the hope that the shofar will guide us as we prepare ourselves for the gravity of the coming days. This month, make an effort to hear the shofar and to allow each of its blasts to guide your mind and open your heart.

Hear the call of the Tikiyah: to what tasks you are being called in the coming year? What pieces of your life need more attention than others?

Allow the Shevarim to guide you in finding the fractured pieces in need of repair. Where are the places you can help others and ask others for their help in your own life?

And let the Teruah remind you of the many fast-paced things in our lives that call out for our attention, focus, and energy.

Hear that alarm's call; know where you are needed. No matter how quickly your life may be moving, however, do your best to separate out each moment. Like the short blasts of the Teruah, each small moment is individually important and combines with the others to make a much greater sound, a much greater whole.

Throughout this coming month and the Season of Repentance, practice opening your heart, your mind, and most of all, your ears. Experience the rhythm of the season, which calls us to prepare, to focus on the year behind us and the one in front of us, but most of all to focus on ourselves, who we are and the ways we can each walk the path of teshuvah, repentance and righteousness this year.

Shana Tovah Tikateivu.

May we all be written for a year of growth and happiness.

ROSH CHODESH ELUL SATURDAY AUGUST 31, 2019

[CLICK HERE](#)

OT Congregant Marc Herwitz promoted to U.S. Navy Captain in synagogue ceremony

Peter Maer



Rabbi Kalender, Marc Herwitz

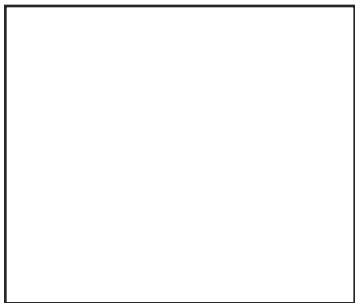
Olam Tikvah congregant Marc Herwitz was promoted to the rank of Captain in the U.S. Navy at a ceremony at the synagogue on June 16. Family, fellow service members, and friends were on hand as OT congregant Rosalind Sloan, Capt. USN Ret., administered the oath. Rabbi Kalender opened the ceremony, praising Herwitz's commitment to Judaism and service to country.

In August, Marc, an optometrist, became Commanding Officer of Naval Ophthalmic Support and Training Activity on Naval Weapon Station, Yorktown, VA. He is in charge of the Military Health System protective and standard eye wear production. The Defense Department unit is responsible for producing an estimated 1.5 million pairs of eye wear annually for all service members.



Marc Herwitz, Rosalind Sloane

While they have moved to Yorktown, Marc and Stacey Herwitz promise frequent visits to Olam Tikvah.



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On June 20, Olam Tikvah received a Community Champion Award, presented by Joe Meyer, Director at Shelter House, at their annual awards dinner held at Maggiano's in Tysons Corner.



L-R, Beth Zimmerman, Clare Bachner, Ellen Rosen, Nurjan Ahmedova (Community Coordinator at Katherine Hanley Family Shelter), Mimi Krauss, Gary Krauss, Jake Krauss, Joe Meyer (Shelter House Director)

Shelter House is a community based non-profit organization in Fairfax County that provides crisis intervention, safe housing and supportive services to homeless families and victims of domestic violence in our community. They assist families experiencing homelessness to move into housing as quickly as possible, while still providing services to families once they are housed.

It includes:

- Katherine Hanley Family Shelter. Accommodates 20 families in their own dormitory-style room with bunkbeds; houses 75-80 people at one time.
- Patrick Henry Family Shelter. Houses larger families in apartments with kitchens.
- Artemis House. A 24-hour domestic violence shelter.

[CLICK HERE](#) to learn more

Mimi Krauss has spearheaded our Shelter House activities from the beginning. Below are excerpts from her remarks at the July Board of Directors meeting:

While we have provided Christmas breakfast and held a Valentine's Day Party at Patrick Henry, our main volunteer efforts have focused on the Katherine Hanley Family Shelter.

In the past 6 months alone, following our Christmas breakfast, we have held the Valentine's Day party, served lunch on two Sundays in April, made 40 bracelets and 34 backpacks for the kids on Good Deeds Day, and donated new quilts, sheets and pillows. Sisterhood also held a drive for hygiene products.

On a regular basis, we provide Christmas Breakfast, Valentine's Day Party, Good Deeds Day Backpacks and Mother's Day bracelets.

OUR INVOLVEMENT WITH KATHERINE HANLEY

BEGAN in 2007-8, when Rabbi Kalender started his Christmas Outreach program. In response to an article in the Contemporary, I reached out to Clare Bachner, and we began serving breakfast to the families on Christmas morning. Our breakfasts often include homemade quiches, pancakes, hash browns, cut up fruit and other homemade goodies. Within a year or two, Clare suggested a Valentine's Day party for the kids, and thus began an annual event!

It started as a simple party, allowing the kids to make Valentine's cards for their families and decorate cookies. With the help of OT teens, it has expanded into lots of games and crafts, along with photos of the kids to give to their families.

When Good Deeds Day began at OT, we made watches for the moms on Mother's Day. Joyce Dorosin saw an article in the Contemporary and donated her beads she was no longer using.

Rachel Rothberg took over the beads and started spearheading a group of volunteers on Good Deeds Day to make bracelets for the moms. We are still using some of these beads today.

We have also served breakfast on Good Deeds Day.

Three years ago started making backpacks filled with stuffed animals and other goodies for the kids to receive when they enter the shelter.

Over the years, various arms of OT have helped Katherine Hanley residents in many ways.

Sisterhood has been a big supporter of the shelter. They have held drives for blankets and sheets, diapers, and feminine hygiene products, and they have filled laundry baskets with cleaning supplies to give to families when they move out.

OTPS has also held diaper drives, and many OT teens have reached out to volunteer, for their b'nei mitzvah or for community service hours.

At our events we have provided various items—toiletries donated from the gift shop, hats, gloves, stuffed animals, socks, underwear, gift cards for groceries, and pictures on Valentine's Day.

WE NEED VOLUNTEERS TO COORDINATE OR TAKE 3-4 CONGREGANTS TO THE SHELTER MONTHLY TO SERVE SUNDAY BRUNCH. THE IDEAS OF WHAT WE CAN DO ARE LIMITLESS. VOLUNTEERS TO HAVE A PARTY OR CRAFTS OR GAMES FOR THE KIDS, AT ANY TIME OF YEAR. SOMEONE TO RUN DRIVES FOR BLANKETS, TOILETRIES, ETC.

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Around Olam Tikvah

From Our Hearts

Kiddush Sponsors

*Thank you for your donations to the Kiddush Fund,
in honor of your August anniversaries.*

August 1

Linda Halle & Richard Bopp (20); Martha & Mark Pohl; Jennifer & Michael Scher

August 2-8

Marianne & Todd Berner (20); Michele & Stuart Endick; Marilyn & David Friedman; Ellen & Rafe Katkin; Janice & Eric Litt (45);
Debbi & Joe Marzouk; Rebecca Behrmann & Joshua Rubin (15); Jordana Schmier & David Kane; Gerri & Aron Sterling;
Rachel & Eric Trest

August 9-15

Jane & William Froehlich; Lorraine Fischer & Marc Kremer (30); Francine & Robert Staiman

August 16-22

Sally Amster & Augie Arnstein; Zenia & Barry Bielsker; Laura & Jerrold Budiansky; Ellen & Martin Dubin; Elisabeth & Neil Epstein;
Talya & Rabbi David Kalender; Rona & Alan Moshell; Jane & Herbert Myers; Beverly & Barry Redler; Milly & Michael Rose;
Laura & Daniel Strouse; Sheryl & Harold Tudor; Merle & Michael Toobin

August 23-29

Sylvia & Reuben Ambaruch; Malka & Fred Benoff; Ilka Shore-Cooper & Fred Cooper; Judy & John Dietrick; Elise & Daniel Fort (40);
Rita & Harvey Lempel; Mimi & Leonard Levine (65); Marcy & Michael Marcus; Rachelle & Joel Palley; Alice & Michael Weinreb;
Roberta & Henry Wulf

August 30-31

Naomi & Yoni Saad; Barbara Jean & Allon Shiff; Shana & Fred Singerman; Elizabeth & Martin Weiner

*Thank you to
Lynne Dubin, Linda Meyer, Carol Shaman, and Joanne Stryer
for making anniversary calls.*

Mazal Tov

We wish a hearty mazal tov to...

The Brecher Family

Barbara & Owen Bubel, on the birth of their grandson, Austin Arthur, son of Heidi & Philip Bubel

Iren & Josh Fertel, on the Bat Mitzvah of their daughter, Susanna

Debbie & Steven Kirsch, on the naming of their daughter, and Shula & Jacob Friedman and Sharon Kirsch & Edward Rosen,
on the naming of their granddaughter, Melanie Elise Kirsch

Bernice Stern, on the birth of her great grandson, Edward Alexander Stern, son of Elizabeth Petro & Morgan Stern,
grandson of Heidi Markovitz & Steven Stern

Marie & Glenn Taubman, on the engagement of their son, and Helen Taubman on the engagement of her brother, Joel, to Marla Wolfe

Andi & Bill Wirpel, on the Bat Mitzvah of their daughter, Alexi

Condolence

We acknowledge the passing of ...

Gary Edwin Ackerman, father of Rabbi Josh Ackerman

Richard Cassell, husband of Madeline Cassell

Doris Stern, mother of Chuck Stern

*Thank you for your donations, which
were received by June 30, 2019.*

Capital Improvement Fund

IN HONOR OF

Debby Swichkow's birthday, by Myriam Ellis;
Karen Kaplan

IN MEMORY OF

Gloria Singerman, by Laura Conover

Comfort and Condolence Fund

IN MEMORY OF

Edith Bloom, by Melinda & Mark Roth
Edward Recht, by Melinda & Mark Roth
Gloria Singerman, by Melinda & Mark Roth
Margaret Roth, by Melinda & Mark Roth
Sande Burstein, by Melinda & Mark Roth

Dorothy Edison and Alexander Levin Library Fund

IN HONOR OF

Deedy & Ed Eisenson, by Edith Krantzman
Irene Smith's special birthday,
by Deedy & Ed Eisenson

Gerald Brissman/Lyle Miller/Carol Samuels Youth & College Fund

IN HONOR OF

High School graduation of our grandson,
Alex Boettger, by Sandy & Allen Gabriel
Marriage of Neil Schneier to Liliana Gregory,
by Sue & Ken Cohn

IN MEMORY OF

Irene Axelrod, by Sue & Ken Cohn

R'FUAH SH'LAYMAH

Shula Friedman, by Barbara & Robert Cohen;
Sue & Ken Cohn

Harold T. Rib

Torah & Religious Articles Fund

IN HONOR OF

Marc Herwitz's promotion to Captain, USN,
by Deedy & Ed Eisenson

IN MEMORY OF

Gary Edwin Ackerman,
by Anita & Stephen Dienstfrey
Irene Axelrod, by Deedy & Ed Eisenson

*OT Chorale, Fine Arts
and Social Action Committee
contributions
are listed in the Tzedakah Fund.*

Tzedakah

Jerry Werbel

Memorial Landscape Fund

IN HONOR OF

60th wedding anniversary of Deedy & Ed Eisen-
son, by Linda & Walt Meyer
Peter Maer, 2019 recipient of the Walter Cronkite
Faith & Freedom Award,
by Deedy & Ed Eisenson

IN MEMORY OF

Jonathan Genderson, by Florence & Al Bernstein

Kitchen Fund

IN HONOR OF

60th wedding anniversary of Deedy & Ed Eisen-
son, by Sheila & Seymour Harnik;
Debbie & Mark Weber; Bev Sleph
Aufruf of Lisa Gross and Jordan Keitelman,
by Debbie & Mark Weber
Engagement of Joel Taubman to Marla Wolfe,
by Debbie & Mark Weber
Marriage of Neil Schneier to Liliana Gregory,
by Debbie & Mark Weber
Marriage of Sydney Merin, granddaughter of
Joan & Don Scarob, to Daniel Silvermintz,
by Debbie & Mark Weber

IN MEMORY OF

Gary Edwin Ackerman,
by Debbie & Mark Weber

R'FUAH SH'LAYMAH

Adina Ackerman, by Debbie & Mark Weber

Rabbi Itzhaq M. Klirs

Memorial Adult Education Fund

IN MEMORY OF

Bernard Kupferman and Thelma Oppenheim,
by Janet & Lee Oppenheim
Larry Kalender, by the Noble Family

Rabbi's Discretionary Fund

IN HONOR OF

Simchat Bat naming of our granddaughter, Mol-
lie Ruby Weiss, by Tobey & Morey Greenberg

IN MEMORY OF

Isadore Walder, by Joan & Don Sacarob
Mollie Snyder, by Joan & Don Sacarob

Robert Natkin Religious School Fund

IN MEMORY OF

Gary Edwin Ackerman, by Bonnie & Jeff Siegell
Solomon Shulman, grandfather and great grand-
father of Ronnie & Steven Tepp and Family,
by Janet Kovner

Theresa Shnipper, by Randee & Jerry Markowitz

Stahl Family Experience Israel Fund

R'FUAH SH'LAYMAH

Marie Taubman, by Deedy & Ed Eisenson

Tzedakah Fund

In appreciation of aliyah honors during
Shavuot, by Marci & Alan Benheim

IN HONOR OF

60th wedding anniversary of Deedy & Ed
Eisenson, by Rita Glazer
Birth of Parker Henry Toobin, grandson of Mer-
le & Michael Toobin, by Elaine Murray

IN MEMORY OF

Adela Gotkin, by Kitty Timmes
Arlyne Meyers, by Janet & Larry Klined
Arthur and Ethan Hemmerdinger,
by Karen & Barry Hemmerdinger
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Belle Weinstein, by Jacob Klevan
Ben Klein, by Dale Bare
Bernard Goludb, by Barbra & Arnold Golub
Bunny Litwin, by Barbara & Jordan Baker
Carl Lifland, by Judy Dietrick
Claire Gerhardt, by Elaine Murray
Elaine Birnbaum, by Carol Klevan
Esther Lifland, by Judy Dietrick
Frances Berkowitz, by Barbara Holleb
Frances Driessen, by Paul Driessen
Frances Rose Shapiro, by Rob Shapiro
George Walter, by Patricia & Jeffrey Freilich
Gertrude Swichkow, by Deborah Swichkow
Hannah Lifland, by Judy Dietrick
Harold Cooper, by Debra & Herman Stein
Harry Sacks, by Francine & Robert Staiman
Helen Laban Goldstein, by Jack Goldstein
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Herman Wexler, by Florence & Al Bernstein
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Hyman Greenberg, by Judy Dietrick
Ida Berger Weiss, by Irvin Varkonyi
Ira Seiler, by Gloria Seiler
Irving Lubing, by Lael Lubing
Jacob Staiman, by Francine & Robert Staiman
Jessica Blumenfeld, by Lynne & Elliott Dubin
Julia Tursky, by Steven Tursky
Julius Gluck, by Gabriel Gluck
Lajos Weiss, by Irvin Varkonyi
Landon Rosen, by Ellen Rosen
Larry Kalender, by Rita Glazer
Leo Schretter, by Judy & Stan Schretter
Leonard Singerman, by Fred Singerman
Lionel Felsen, by Daniel Felsen; Sheila Felsen
Louis Endick, by Stuart Endick
Mark Dorlester, by Brian Dorlester
Martin Stern, by Rita Way
Mary Fertman, by Norman Fertman
Mildred Kaplan, by Bunny Kaplan

TZEDAKAH, Continued from page 6

Mildred Rosenfeld, by Bev Polmar
 Millie Polisky, by Beth Reisig
 Morris Edelman, by Debra & Herman Stein
 Morris Felsen, by Sheila Felsen
 Morris Wexler, by Florence & Al Bernstein
 Nathan Kahn, by Lynn Phillips
 Nathan Weinstein, by Elaine Murray
 Pauline Greenberg, by Judy Dietrick
 Pearl Lerner, by Fredda Lerner
 Rachel Abrams, by Elliott Abrams
 Reuben Schretter, by Judy & Stan Schretter
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Sande Burstein, by Mara Bier
 Sarah Laden, by Rachel Rothberg
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 Sidney Feldman, by Marilyn Feldman
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 Stanley Sontheimer, by Bunny Kaplan
 Sylvia Rubin, by Natalie Levine
 Sylvia Schlakman, by Marilyn Friedman
 Vivian Fishkin, by Elise Fort

Walter Hausfeld Playground Fund**IN MEMORY OF**

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 Sidney Lebowitz, by Evelyn Lebowitz Stein

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August–September 2019 Calendar Highlights

AUGUST 2019

SAT	10	8:45pm	Ma'ariv and Eicha, Tisha B'Av
SUN	11	9:00am	Shacharit and Eicha, Tisha B'Av
SUN	11	8:15pm	Mincha and Ma'ariv
FRI	16	5:45pm	Congregational Shabbat Dinner

SEPTEMBER 2019

MON	2	11:00am	Labor Day Picnic
SUN	8	9:00am	First Day of OTRS
SUN	15	9:45am	Sisterhood Fall Brunch
SUN	15	12:00pm	Grand Slam Sunday
SAT	21	8:00pm	Slichot
SUN	22	10:00am	Young Families Sukkot Workshop
SUN	29		Erev Rosh Hashanah

HIGH HOLIDAYS 5780

[CLICK HERE](#) for High Holiday information.

SLICHOT

SATURDAY, SEPTEMBER 21 AT 8:00PM

FILM AT 8:00PM; SERVICE AROUND 11:00PM

EREV ROSH HASHANAH

SUNDAY, SEPTEMBER 29

