



Agudas Achim Congregation

A welcoming community of Jewish faith and life-time learning

ברכת הבנים - Blessing The Children

It is customary for parents to place their hands on their childrens' heads and recite the following:

לבנות: **For daughters:**

יְשִׁמְךָ אֱלֹהִים כְּסָרָה רִיבְקָה רָחֵל וְלֵאָה.
Y'simeikh Elohim k'Sarah, Rivkah, Rahel,
v'Leah.

לבנים: **For sons:**

יְשִׁמְךָ אֱלֹהִים כְּאֶפְרַיִם וּמְנַשֶּׁה.
Y'sim'kha Elohim k'Efrayim
v'khi'Menasheh.

לכולם: **For all:**

בְּרַכְךָ יי וַיְשַׁמְרְךָ.
Y'varekh'khah Adonai V'yishm'rekha.
יָאֵר יי פָּנָיו אֵלֶיךָ וַיַּחֲנֹךְ.
Ya'er Adonai panav eilekha vihuneka.
יֵשָׁא יי פָּנָיו אֵלֶיךָ וַיָּשֶׂם לְךָ שְׁלוֹם.
Yisa Adonai panav eilekha v'yasem l'kha
shalom.

For daughters: May God bless you as God blessed Sarah, Rebecca, Rachel and Leah.

For sons: May God bless you as God blessed Efrayim and Menasheh.

For all: May God bless you and keep you. May God cause God's spirit to shine upon you and be gracious unto you. May God turn God's spirit unto you and grant you peace.