

Young Families Shabbat Benscher (Agudas Achim, Alexandria/Arlington)

Hineh Ma Tov

E-O-O (call and response)

Hineh mah tov umah na'im shevet achim gam yachad.

How great it is for brothers and sisters to hang out on this day.

Bim Bam

Bim bam bim bam bim bam

Bim bim bim bim bim bam

Cheery beery beery

Bim bam bim bam bim bam

Bim bim bim bim bim bam

Shabbat Shalom! Shabbat Shalom!

Shabbat Shabbat Shabbat Shabbat Shalom (2x)

Shabbat Shabbat Shabbat Shabbat Shalom (2x)



Shalom Aleichem

Shalom Aleichem (repeat)

Brachah for Candle Lighting:

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוֵּנוּ לְהַדְלִיק
נֵר שֶׁל שַׁבָּת.

*Baruch atah Adonai, Eloheinu melech ha'olam, asher kid'shanu b'mitzvotav v'tzivanu
l'hadlik neir shel Shabbat.*

Blessed are you, Lord our God, ruler of the universe, who has commanded us to kindle
the *Shabbat* lights.

Blessing for Sons:

יְשִׁמְךָ אֱלֹהִים כְּאַפְרַיִם וְכִמְנַשֶּׁה.

Y'simcha Elohim k'Efrayim v'chiMenasheh.

May God make you like Ephraim and Menasheh.

Blessing for Daughters:

יְשִׁמְךָ אֱלֹהִים כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה.

Y'simeich Elohim k'Sarah, Rivka, Racheil, v'Leiah.

May God make you like Sarah, Rebecca, Rachel, and Leah.

Blessings for Sons and Daughters:

יְבָרְכֶךָ יי וְיִשְׁמְרֶךָ. יָאֵר יי פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ.
יִשָּׂא יי פָּנָיו אֵלֶיךָ וַיַּשֵּׁם לְךָ שְׁלוֹם.

Y'varechecha Adonai v'yishm'recha. Ya'air Adonia panav eilecha vechooneka. Yisa Adonai panav eilecha v'yaseim l'cha shalom.

May God bless you and guard you. May God show you favor and be gracious to you.
May God show you kindness and grant you peace.



Short Kiddush:

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.

Baruch atah Adonai, Eloheinu melech ha'olam, borei p'ri hagafen.

Blessed are you, Lord our God, for creating the fruit of the vine.



Brachah for Handwashing:

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,
וְצִוָּנוּ עַל נְטִילַת יָדַיִם.



Baruch atah Adonai, Eloheinu melech ha'olam, asher keedshanu b'mitzvotav v'tzivanu al n'tilat yadayim.

Blessed are you, Lord our God, who has commanded us to wash our hands.

Hamotzi (song)

Hamotzi lechem min ha'aretz.

We give thanks to God for bread.

Our voices join in song together

As our joyful prayer is said:

Barach atah Adonai,

Eloheinu melech ha'olam

Hamotzi lechem min ha'aretz.



OR

Hamotzi:

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

Baruch atah Adonai, Eloheinu melech ha'olam, hamotzi lechem min ha'aretz.

Blessed are you, Lord our God, for bringing forth bread from the earth.



Very Short Birkat HaMazon:

בָּרוּךְ אַתָּה יְיָ הַזֵּן אֶת הַכֹּל.

Baruch atah Adonai hazan et hacol.

We praise you God, provider of food for all.