

CENTRAL CONFERENCE OF AMERICAN RABBIS

# MISHKAN T'FILAH FOR YOUTH

מִשְׁכַּן תְּפִלָּה לְנוֹעַר



A SIDDUR FOR FAMILIES & SCHOOLS

WELCOMING SHABBAT | KABBALAT SHABBAT | קַבֵּלַת שַׁבָּת

*Baruch atah, Adonai  
Eloheinu, Melech haolam,  
asher kid'shanu b'mitzvotav,  
v'tzivanu l'hadlik  
ner shel Shabbat.*

בָּרוּךְ אַתָּה, יי  
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,  
וְצִוָּנוּ לְהַדְלִיק  
נֵר שֶׁל שַׁבָּת.

בְּרוּכִים הַבָּאִים  
*B'ruchim HaBa-im*

הַדְלַקַת נֵרוֹת  
*Hadiakat Nerot*

קִדּוּשׁ  
*Kiddush*

הַמּוֹצֵיא  
*HaMotzi*

שִׁירֵי שַׁבָּת  
*Shirei Shabbat*





Welcome  
Candle Blessing  
Blessing  
over Wine  
Blessing  
over Challah  
Shabbat Songs

God began the world by saying, "Let there be light."

We begin Shabbat with candlelight, saying, "*Baruch atah, Adonai*."

God finished creating the world by making Shabbat a holy day.

We make Shabbat a holy day for ourselves.

May the warm glow of these candles remind us of God's light.

And may this Shabbat be a special, holy time for us.

As these Shabbat candles give light to all who behold them,  
so may we, by our lives, give light to all who behold us.

As their brightness reminds us of the generations of Israel  
who have kindled light,  
so may we, in our own day, be among those who kindle light.

.....

**Did You Know?** Over hundreds and hundreds of years, Jewish people have created a special way of lighting Shabbat candles. Usually we recite a *b'rachah*, or blessing, first and then complete an activity connected to that blessing. But lighting Shabbat candles has its own rules. First we light the candles, then we sweep our hands three times to gather the warmth of Shabbat toward us, then we cover our eyes as if the candles aren't there yet. After the blessing, we uncover our eyes and look: lit candles.

**Did You Know?** Imagine a world many years ago when the sun would set and darkness touched every space. Almost two thousand years ago, the Rabbis taught us to light candles as part of our Shabbat celebration, bringing light to the surrounding darkness.

Vay'hi erev vay'hi voker yom hashishi.  
 Vay'chulu hashamayim v'haaretz  
 v'chol tz'vaam. Vay'chal Elohim bayom  
 ha-sh'vi-i m'lachto asher asah.  
 Vayishbot bayom ha-sh'vi-i mikol  
 m'lachto asher asah.  
 Vay'varech Elohim  
 et yom ha-sh'vi-i vay'kadeish oto,  
 ki vo shavat mikol m'lachto  
 asher bara Elohim laasot.

Baruch atah, Adonai Eloheinu,  
 Melech haolam, borei p'ri hagafen.

Baruch atah, Adonai Eloheinu, Melech  
 haolam, asher kid'shanu b'mitzvotav  
 v'ratzah vanu, v'Shabbat kodsho  
 b'ahavah uv'ratzon hinchilanu,  
 zikaron l'maaseih v'reishit.  
 Ki hu yom t'chilah  
 l'mikra-ei kodesh,  
 zeicher litziat Mitzrayim.

Ki vanu vacharta, v'otanu kidashta,  
 mikol haamim.  
 V'Shabbat kodsh'cha b'ahavah  
 uv'ratzon hinchaltanu.

Baruch atah, Adonai,  
 m'kadeish HaShabbat.

וַיְהִי עֶרֶב וַיְהִי בֹקֶר יוֹם הַשְּׁשִׁי.  
 וַיְכַלּוּ הַשָּׁמַיִם וְהָאָרֶץ  
 וְכָל-צֶבָאָם. וַיְכַל אֱלֹהִים בַּיּוֹם  
 הַשְּׁבִיעִי מְלַאכְתּוֹ אֲשֶׁר עָשָׂה.  
 וַיִּשְׁבֹּת בַּיּוֹם הַשְּׁבִיעִי מְכֹל-  
 מְלַאכְתּוֹ אֲשֶׁר עָשָׂה.  
 וַיְבָרֶךְ אֱלֹהִים  
 אֶת-יוֹם הַשְּׁבִיעִי וַיְקַדֵּשׁ אֹתוֹ,  
 כִּי בּו שָׁבַת מְכֹל-מְלַאכְתּוֹ  
 אֲשֶׁר בָּרָא אֱלֹהִים לַעֲשׂוֹת.

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ,  
 מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.

בָּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ  
 הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו  
 וַרְצָה בָּנוּ, וְשָׁבַת קִדְּשׁוֹ  
 בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ,  
 זְכוֹרֹן לְמַעֲשֵׂה בְּרֵאשִׁית.  
 כִּי הוּא יוֹם תְּחִלָּה  
 לְמִקְרָאֵי קֹדֶשׁ,  
 זֵכֶר לִיצִיאַת מִצְרַיִם.

כִּי בָנוּ בְּחִרְתָּ, וְאוֹתָנוּ קִדְּשָׁתָּ,  
 מִכָּל הָעַמִּים.  
 וְשָׁבַת קִדְּשָׁךְ בְּאַהֲבָה  
 וּבְרָצוֹן הִנְחַלְתָּנוּ.

בָּרוּךְ אַתָּה, יי,  
 מְקַדֵּשׁ הַשַּׁבָּת.

בְּרוּכִים הַבָּאִים  
 B'ruchim HaBa-im

הַדִּלְקַת נֵרוֹת  
 Hadlakat Nerot

קִדּוּשׁ  
 Kiddush

הַמּוֹצֵיא  
 HaMotzi

שִׁירֵי שַׁבָּת  
 Shirei Shabbat

**Hineih Mah Tov**

Hineih mah tov u'mah na-im  
shevet achim gam yachad.

(Psalm 133:1)

**הִנֵּה מַה־טוֹב**

הִנֵּה מַה־טוֹב וּמַה־נָּעִים  
שֵׁבֶת אַחִים גַּם־יַחַד.

בְּרוּכִים הַבָּאִים  
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Shirei Shabbat





Welcome

Candle Blessing

Blessing  
over WineBlessing  
over Challah

Shabbat Songs

**L'chah Dodi***L'chah dodi likrat kalah,**p'nei Shabbat n'kab'lah.**Shamor v'zachor b'dibur echad,**hishmianu El ham'yuchad,**Adonai echad ush'mo echad,**l'shem ul'tiferet v'lit'hilah.**Likrat Shabbat l'chu v'neilchah,**ki hi m'kor hab'rachah,**meirosh mikedem n'suchah,**sof maaseh b'machashavah t'chilah.**Hitor'ri, hitor'ri,**ki va oreich, kumi ori,**uri uri, shir dabeiri,**k'vod Adonai alayich niglah.*

לְכָה דוֹדִי

לְכָה דוֹדִי לְקִרְאָת כֶּלֶה,  
פְּנֵי שַׁבָּת נִקְבְּלָה.

1.

שָׁמֹר וְזָכוֹר בְּדִבּוּר אֶחָד,  
הִשְׁמִיעֵנוּ אֵל הַמְיֻחָד,  
יְיָ אֶחָד וּשְׁמוֹ אֶחָד,  
לְשֵׁם וּלְתִפְאֶרֶת וּלְתִהְלָה.

2.

לְקִרְאָת שַׁבָּת לָכוּ וְנִלְכָה,  
כִּי הִיא מְקוֹר הַבְּרָכָה,  
מֵרֵאשׁ מִקְדָּם נִסּוּכָה,  
סוֹף מַעֲשֵׂה בְּמַחֲשָׁבָה תִּחְלָה.

5.

הִתְעוֹרְרִי, הִתְעוֹרְרִי,  
כִּי בָּא אוֹרְךָ, קוּמִי אוֹרִי,  
עוֹרִי עוֹרִי, שִׁיר דַּבְּרִי,  
כְּבוֹד יְיָ עָלֶיךָ נִגְלָה.

.....

**Get moving!** When we come to the last verse, *Bo-i v'shalom*, some rise and face the open doors at the entrance of the sanctuary so that we can greet Shabbat.

**Think About It:** Why do you think our ancestors might have imagined Shabbat as a bride? What other images represent beauty to you?

**Think About It:** Judaism teaches us to welcome the stranger. At some point in our lives, each of us will be the stranger, the new person in the room. How would you want to be welcomed? How might you welcome someone new? May we greet those around us, creating a welcoming place for all.

Bo-i v'shalom ateret balah,  
gam b'simchah uv'tzoholah,  
toch emunei am s'gulah,  
bo-i chalah, bo-i chalah.

**Mizmor Shir / Tov L'hodot**

Mizmor shir l'Yom HaShabbat.  
Tov l'hodot ladonai  
ul'zameir l'shimcha elyon.

L'hagid baboker chasdecha,  
ve-emunat'cha baleilot.  
Aleí asor vaalei nah-vel,  
alei higayon b'chinor.

Ki simachtani Adonai b'fo-olecha  
b'maasei yadecha aranein.  
Mah gadlu maasecha, Adonai,  
m'od amku machsh'votecha.

9. בּוֹאִי בְּשָׁלוֹם עֶטְרֶת בַּעֲלָה,  
גַּם בְּשִׂמְחָה וּבְצֹהֹלָה,  
תּוֹךְ אֶמּוּנֵי עַם סְגֻלָּה,  
בּוֹאִי כָלָה, בּוֹאִי כָלָה.

מִזְמוֹר שִׁיר / טוֹב לְהַדוֹת  
מִזְמוֹר שִׁיר לַיּוֹם הַשַּׁבָּת.  
טוֹב לְהַדוֹת לַיהוָה  
וּלְזַמֵּיר לְשִׁמְכָה עֲלִיוֹן.

לְהַגִּיד בַּבֹּקֶר חַסְדֶּךָ,  
וְאֶמּוּנַתְךָ בַּלַּיִלֹת.  
עָלַי עֲשׂוֹר וְעָלִי-נֶגֶל,  
עָלִי הִגְיוֹן בְּכִנּוֹר.

כִּי שִׂמַּחְתָּנִי יְיָ בְּפֹעֲלֶךָ  
בְּמַעֲשֵׂי יְדֶיךָ אֲרָנִי.  
מַה-גָּדֹל מַעֲשֶׂיךָ, יְיָ,  
מֵאֵד עֲמָקוֹ מַחֲשַׁבְתֶּיךָ.

בְּרוּכִים הַבָּאִים  
B'ruchim HaBa-im

הַדְּלַקַת נֵרוֹת  
Hadlakat Nerot

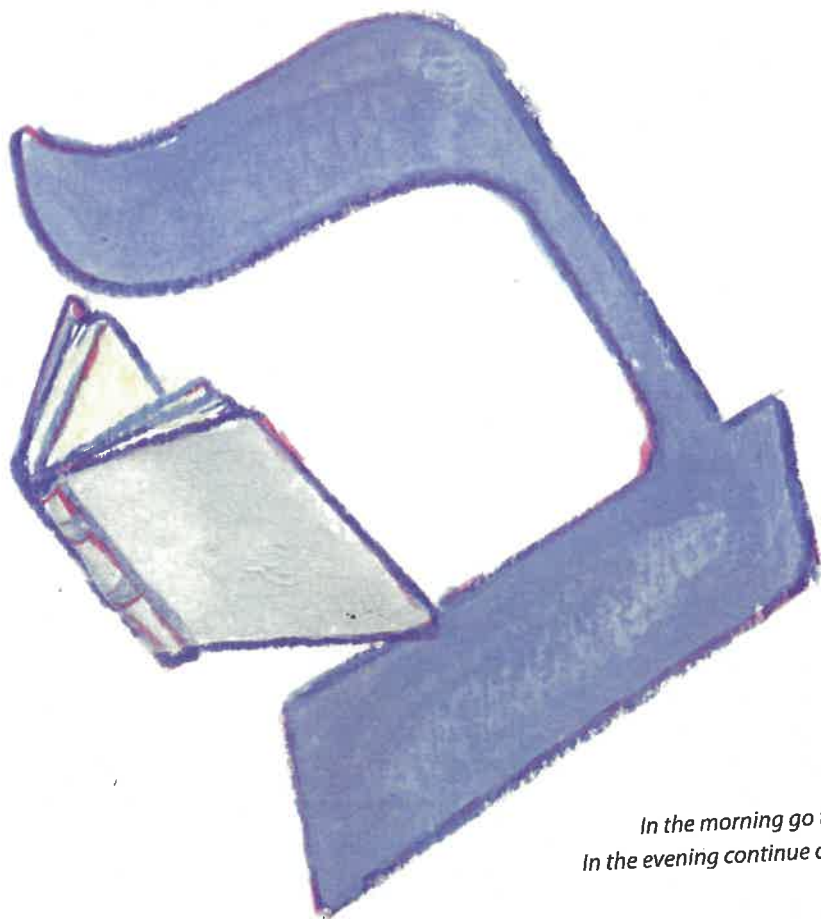
קְדוּשָׁה  
Kiddush

הַמּוֹצֵיא  
HaMotzi

שִׁירֵי שַׁבָּת  
Shirei Shabbat

Bar'chu et Adonai ham'vorach!  
Baruch Adonai ham'vorach  
Olam va-ed!

ברכו את יי המברך!  
ברוך יי המברך  
לעולם ועד!



ברכו  
Bar'chu  
מאריב ערבים  
Maariv Aravim  
יוצר אור  
Yotzeir Or  
אהבת עולם  
Ahavat Olam  
אהבה רבה  
Ahavah Rabbah  
שמע  
Sh'ma  
ואהבת  
V'ahavta  
מירכמוך  
Mi Chamochah  
השכיבנו  
Hashkiveinu  
ושמרו  
V'shamru

In the morning go to p. 26  
In the evening continue on p. 24

**Get moving!** In the first line, the prayer leader bows at the word *Bar'chu* and rises before the word *Adonai*. In the second line, the congregation bows at *Baruch* and rises before *Adonai*.

**Highlight on Hebrew:** *Bar'chu* means "praise" or "bless."

**Think About It:** During the *Bar'chu*, the prayer leader recites the first line, and the congregation responds on the second line. It's as though the leader asks, "Are you ready to pray?" And we respond, "Yes! Let's pray!" Why do we need to get ready to speak to God? What are some other ways we can prepare to pray or speak to God?



Getting  
Ready to Pray

Who Creates  
the Night

Who Creates Light

With Great Love

God's Love

Sh'ma

You Shall Love

Who Is Like You?

Tuck Us In

Keep Shabbat

Prayer is the way we speak to God.

Sometimes we pray alone;  
sometimes we pray with others.

Sometimes we pray out loud;  
sometimes we pray silently.

Sometimes we pray with our words;  
sometimes we pray with our deeds,

Sometimes we say our prayers;  
sometimes we sing them.

However we choose to pray, God,  
we pray You will always hear us.

Baruch atah, Adonai Eloheinu,  
Melech haolam, asher bidvaro  
maariv aravim, b'chochmah potei-ach  
sh'arim, uvitvunah m'shanah  
itim, umachalif et haz'manim,  
um'sadeir et hakochavim,  
b'mishm'roteihem barakia kirtzono.

Borei yom valailah,  
goleil or mip'nei choshech,  
v'choshech mip'nei or.  
Umaavir yom umeivi lailah,  
umavdil bein yom uvein lailah,  
Adonai Tz'vaot sh'mo. El chai v'kayam,  
tamid yimloch aleinu l'olam va-ed.

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ,  
מֶלֶךְ הָעוֹלָם, אֲשֶׁר בִּדְבָרוֹ  
מַעְרִיב עָרְבִים, בְּחָכְמָה פּוֹתֵי-חַ  
שָׁעָרִים, וּבִתְבוּנָה מְשַׁנָּה  
עֵתִים, וּמַחְלִיף אֶת הַזְּמַנִּים,  
וּמַסְדִּיר אֶת הַכּוֹכָבִים,  
בְּמִשְׁמְרוֹתֵיהֶם בִּרְקִיעַ כִּרְצוֹנוֹ.

בוֹרֵא יוֹם וְלַיְלָה,  
גּוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ,  
וְחֹשֶׁךְ מִפְּנֵי אוֹר.  
וּמַעֲבִיר יוֹם וּמַבִּיא לַיְלָה,  
וּמַבְדִּיל בֵּין יוֹם וּבֵין לַיְלָה,  
יְיָ צְבָאוֹת שְׁמוֹ. אֵל חַי וְקַיָּם,  
תָּמִיד יִמְלֹךְ עָלֵינוּ לְעוֹלָם וָעֶד.

בָּרוּךְ  
Bar'chu  
מַעְרִיב עָרְבִים  
Maariv Aravim  
יוֹצֵר אוֹר  
Yotzeir Or  
אֶהְבֵּת עוֹלָם  
Ahavat Olam  
אֶהְבָּה רַבָּה  
Ahavah Rabbah  
שְׁמַע  
Sh'ma  
וְאֶהְבֵּת  
V'ahavta  
מִי־כְמֹכָהּ  
Mi Chamochah  
הַשְׂכִּיבֵנוּ  
Hashkiveinu  
וְשָׁמְרוּ  
V'shamru

בָּרוּךְ אַתָּה, יְיָ, הַמַּעְרִיב עָרְבִים.

Baruch atah, Adonai, hamaariv aravim.

❧ **Think About It:** In this prayer we are told that God "maariv aravim," God "brings on the evening." This is said in the present tense, letting us know that God is acting in the world today. How else do you think that God acts in the world today?

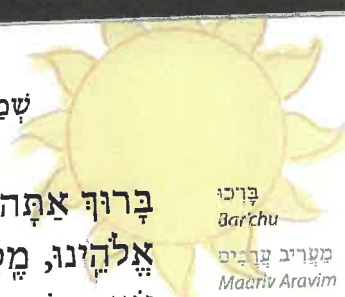
Getting  
Ready to Pray  
Who Creates  
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Who Creates Light  
With Great Love  
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Sh'ma  
You Shall Love  
Who Is Like You?  
Tuck Us In  
Keep Shabbat



בָּרוּךְ אַתָּה, יְיָ, הַמַּעֲרִיב עֶרְבִים.

*Baruch atah, Adonai, hamaariv aravim.*






Baruch atah, Adonai  
 Eloheinu, Melech haolam,  
 yotzeir or uvorei choshech,  
 oseh shalom uvorei et hakol.  
 Hamei-ir laaretz v'ladarim aleha  
 b'rachamim, uv'tuvo m'chadeish  
 b'chol yom tamid  
 maasei v'reishit.  
 Mah rabu maasecha, Adonai,  
 kulam b'chochmah asita,  
 mal'ah haaretz kinyanecha.  
 Titbarach, Adonai Eloheinu,  
 al shevach maaseih yadecha  
 v'al m'orei or she-asita,  
 y'faarucha selah.  
 Or chadash al Tziyon ta-ir,  
 v'nizkeh chulanu m'heirah l'oro.

ברוך אתה, יי  
 אלהינו, מלך העולם,  
 יוצר אור ובורא חשך,  
 עשה שלום ובורא את-הכל.  
 המאיר לארץ ולדירים עליה  
 ברחמים, ובטובו מחדש  
 בכל יום תמיד  
 מעשה בראשית.  
 מה רבו מעשיך, יי,  
 כלם בחכמה עשית,  
 מלאה הארץ קנינה.  
 תתברך, יי אלהינו,  
 על שבח מעשה ידך  
 ועל מאורי אור שעשית,  
 יפארוך סלה.  
 אור חדש על ציון תאיר,  
 ונזכה כלנו מהרה לאורו.

ברכו  
 Bar'chu  
 מעריב ערבים  
 Ma'riv Aravim  
 יוצר אור  
 Yotzeir Or  
 אהבת עולם  
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 אהבה רבה  
 Ahavah Rabbah  
 שמע  
 Sh'ma  
 ואהבה  
 V'ahavta  
 מי-חמך  
 Mi Chamochah  
 השקיבנו  
 Hashkiveinu  
 ושמרו  
 V'shamru

ברוך אתה, יי, יוצר המאורות.

Baruch atah, Adonai, yotzeir ham'orot.



Getting  
Ready to Pray  
Who Creates  
the Night

Who Creates Light

With Great Love

God's Love

Sh'ma

You Shall Love

Who Is Like You?

Tuck Us In

Keep Shabbat

When the world was created,  
God made everything a little bit incomplete.  
Rather than making bread grow out of the earth,  
God made wheat grow so that we might bake it into bread.  
Rather than making the earth of bricks,  
God made it of clay  
so that we might bake the clay into bricks.  
Why?  
So that we might become partners  
in completing the works of creation.

בָּרוּךְ אַתָּה, יְיָ, יוֹצֵר הַמְּאוֹרוֹת.

*Baruch atah, Adonai, yotzeir ham'orot.*

Ahavat olam

beit Yisrael amcha ahavta,

Torah umitzvot,

chukim umishpatim,

otanu limadta.

Al kein, Adonai Eloheinu,

b'shochveinu uv'kumeinu

nasiach b'chukecha,

v'nismach b'divrei Toratecha

uv'mitzvatecha l'olam va-ed.

Ki heim chayeinu v'orech yameinu

uvahem nehgeh yomam valailah.

V'ahavat'cha al tasir

mimenu l'olamim.

אַהֲבַת עוֹלָם  
בֵּית יִשְׂרָאֵל עִמָּךְ אָהַבְתָּ,  
תּוֹרָה וּמִצְוֹת,  
חֻקִּים וּמִשְׁפָּטִים,  
אוֹתָנוּ לְמַדְתָּ.  
עַל כֵּן, יְיָ אֱלֹהֵינוּ,  
בְּשׁוֹכְבֵּנוּ וּבְקוּמֵנוּ  
נָשִׂיחַ בְּחֻקֶּיךָ,  
וְנִשְׁמַח בְּדִבְרֵי תוֹרָתְךָ  
וּבְמִצְוֹתֶיךָ לְעוֹלָם וָעֶד.  
כִּי הֵם חַיֵּינוּ וְאַרְךְ יָמֵינוּ  
וּבָהֶם נִהְגֶּה יוֹמָם וּלְיָלָה.  
וְאַהֲבַתְךָ אֶל תִּסֵּר  
מִמֶּנּוּ לְעוֹלָמִים.

בָּרְכוּ

Bar'chu

מַעֲרִיב עֶרְבִים

Maariv Aravim

יוֹצֵר אוֹר

Yotzeir Or

אַהֲבַת עוֹלָם

Ahavat Olam

אַהֲבַת רַבָּה

Ahavah Rabbah

שְׁמַע

Sh'ma

וְאַהֲבַת

V'ahavta

מִי־חַמּוּכָה

Mi Chamochah

הַשְׁכִּיבֵנוּ

Hashkiveinu

וְשִׁמְרוּ

V'shamru

בָּרוּךְ אַתָּה, יְיָ, אוֹהֵב עַמּוֹ יִשְׂרָאֵל.

Baruch atah, Adonai, ohev amo Yisrael.

**Think About It:** In these prayers, we say that we will rejoice in the words of the Torah. How do you think that the words of Torah can bring us happiness?

**Think About It:** According to these prayers God shows us love by giving us God's greatest gift, the Torah. How should we show God love in return?



Getting  
Ready to Pray  
Who Creates  
the Night  
Who Creates Light  
God's Love  
With Great Love  
Sh'ma  
You Shall Love  
Who Is Like You?  
Tuck Us In  
Keep Shabbat

God, You gave us the Torah to show that You love us.  
May it always be a friend at our side.

The Torah is our teacher.  
It tells us what is right and what is wrong.  
It shows us how to live good lives.

Be with us always when we study Torah.  
Be with us always as we try to live good lives.

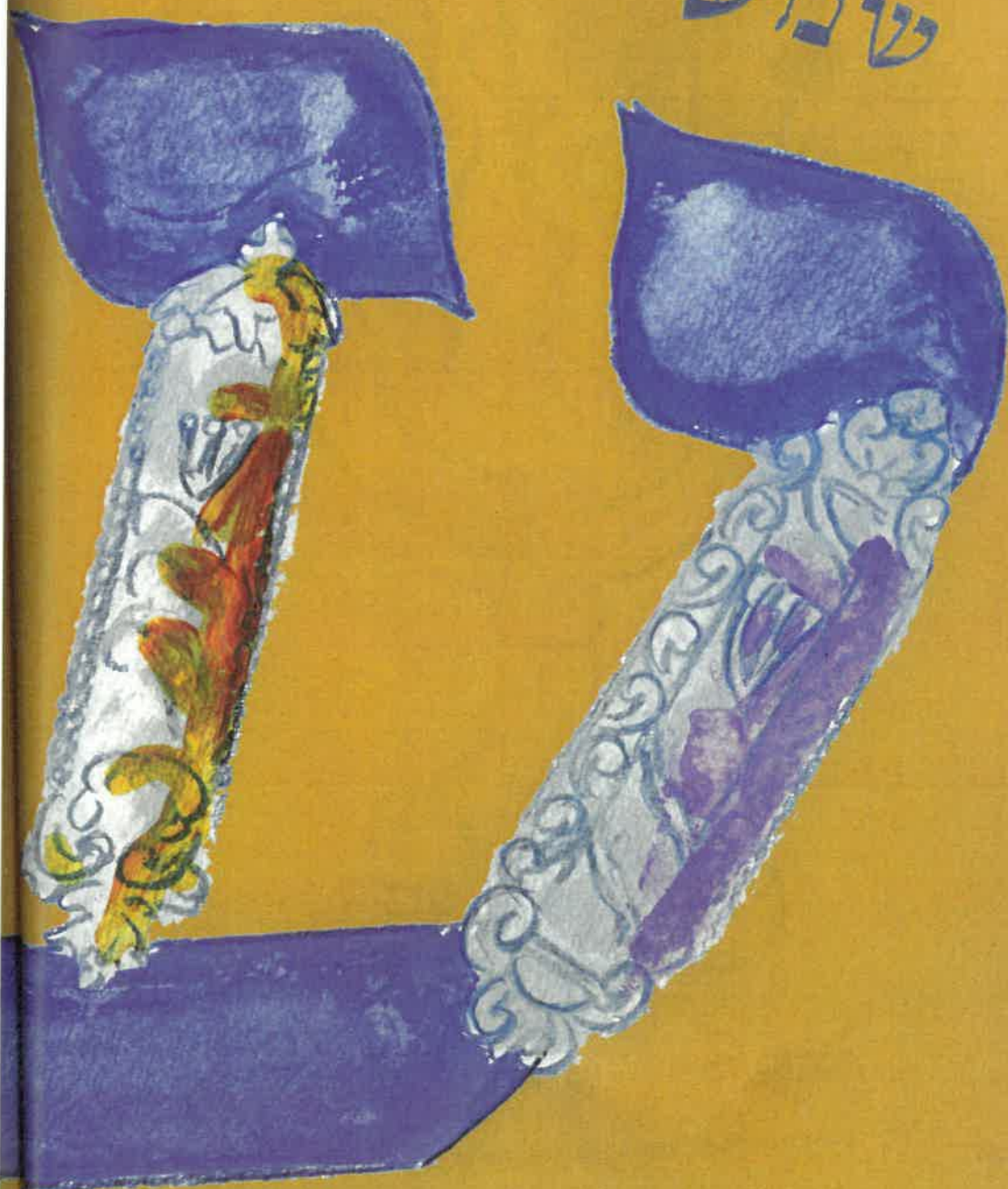
We praise you, Eternal God, who gave the Jewish people the Torah.  
It is Your special gift to us. It is the gift of Your love.

בָּרוּךְ אַתָּה, יְיָ, אֱלֹהֵי עַמּוֹ יִשְׂרָאֵל.

*Baruch atah, Adonai, ohev amo Yisrael.*



שמע ישראל יהוה





# אלהינו יהוה אחד

שְׁמַע יִשְׂרָאֵל,  
יְהוָה אֱלֹהֵינוּ, יְהוָה אֶחָד!  
בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ  
לְעוֹלָם וָעֶד.

*Sh'ma Yisrael,  
Adonai Eloheinu, Adonai Echad!  
Baruch shem k'vod malchuto  
l'olam va-ed.*

.....  
FOCUS! The Rabbis teach that reciting the *Sh'ma* requires all our concentration. You might want to close your eyes or cover them so there are no distractions during the prayer.





V'ahavta eit Adonai Elohecha,  
b'chol l'vav'cha, uv'chol nafsh'cha,  
uv'chol m'odecha.  
V'hayu had'varim ha-eileh,  
asher anochi m'tzav'cha hayom  
al l'avvecha.  
V'shinantam l'vanecha,  
v'dibarta bam b'shivt'cha b'veitecha,  
uv'lecht'cha vaderech,  
uv'shochb'cha uv'kumecha.  
Uk'shartam l'ot al yadecha  
v'hayu l'totafot bein einecha.  
Uch'tavtam al m'zuzot beitecha  
uvisharecha. L'maan tizk'ru,  
vaasitem et kol mitzvotai  
vihyitem k'doshim l'Eloheichem.  
Ani Adonai Eloheichem, asher hotzeiti  
et-chem mei-eretz Mitzrayim  
lihyot lachem leilohim  
ani Adonai Eloheichem.

ואהבת את יי אלהיך,  
בכל לבבך, ובכל נפשך,  
ובכל מאדך.  
והיו הדברים האלה,  
אשר אנכי מצוך היום  
על לבבך.  
ושננתם לבניך,  
ודברת בם בשבתך בביתך,  
ובלכתך בדרך,  
ובשכבך ובקומך.  
וקשרתם לאות על ידך  
והיו לטטפת בין עיניך.  
וכתבתם על מזוזת ביתך  
ובשעריך. למען תזכרו,  
ועשיתם את כל מצותי  
והייתם קדושים לאלהיכם.  
אני יי אלהיכם, אשר הוצאתי  
אתכם מארץ מצרים  
להיות לכם לאלהים  
אני יי אלהיכם.

ברכו  
Bar'chu  
מעריב ערבית  
Maariv Aravim  
יוצר אור  
Yotzeir Or  
אהבת עולם  
Ahavat Olam  
אהבה רבה  
Ahavah Rabbah  
שמע  
Sh'ma  
ואהבת  
V'ahavta  
מִי־כְמוֹחַ  
Mi Chamochah  
השְׁכִיבֵנוּ  
Hashkiveinu  
וְשָׁמְרוּ  
V'shamru

**Think About It:** What does it mean to love God? How do we show people we love them? How can we show God love?

**Did You Know?** The words of the V'ahavta come from Deuteronomy 6 and Numbers 15 in the Torah.

Getting  
Ready to Pray

Who Creates  
the Night

Who Creates Light

God's Love

With Great Love

Sh'ma

You Shall Love

Who Is Like You?

Tuck Us In

Keep Shabbat

How do we love God?

We love God when we do good deeds each day.  
Help us, God, to show You our love in every way.

How do we love God with all our hearts?

We love God with all our hearts when we love other people.  
Help us, God, to respect everyone, to speak kind words,  
to listen well.

How do we love God with all our minds?

We love God with all our minds when we study Torah.  
Help us, God, to learn Your Torah.

How do we love God with all our strength?

We love God when we share what we have.  
Helping others is the way we love God with all our strength.  
Help us, God, to be people who give *tzedakah*.

Eternal our God, we want to show You  
we love You through all our deeds.  
May our love make the world a better place,  
the kind of world You meant it to be when You created us.

*Mi chamochah ba-eilim, Adonai!*  
*Mi kamochah nedar bakodesh,*  
*nora t'hilot, oseih fele!*

*Malchut'cha ra-u vanecha,*  
*bokei-a yam lifnei Moshe uMiryam.*  
*Zeh Eli, anu v'amru,*  
*Adonai yimloch l'olam va-ed!*

*V'ne-emar: ki fadah Adonai et Yaakov,*  
*ug'alo miyad chazak mimenu.*  
*Baruch atah, Adonai, gaal Yisrael.*

מִי־כֹמֶכָה בָּאֵלִים, יי!  
 מִי כֹמֶכָה נֶאֱדָר בְּקֹדֶשׁ,  
 נוֹרָא תְהִלָּת, עֹשֶׂה פֶלֶא!

מַלְכוּתְךָ רָאוּ בְנֵיךָ,  
 בֹּקַע יָם לִפְנֵי מֹשֶׁה וּמִרְיָם.  
 זֶה אֱלֹהֵינוּ וְאָמְרוּ,  
 יי יִמְלֹךְ לְעֹלָם וָעֶד!

וְנֶאֱמַר: כִּי פָדָה יי אֶת־יַעֲקֹב,  
 וּגְאָלוֹ מִיַּד חֲזָק מִמֶּנּוּ.  
 בָּרוּךְ אַתָּה, יי, גָּאֹל יִשְׂרָאֵל.

בָּרְכוּ  
 Bar'chu

מַעֲרִיב עֲרָבִים  
 Maariv Aravim

יוֹצֵר אוֹר  
 Yotzeir Or

אַהֲבַת עוֹלָם  
 Ahavat Olam

אַהֲבַת רַבָּה  
 Ahavah Rabbah

שְׁמַע  
 Sh'ma

וְאַהֲבַת  
 V'ahavta

מִי־כֹמֶכָה  
 Mi Chamochah

הַשְׁכִּינֵנוּ  
 Hashkiveinu

וְשָׁמְרוּ  
 V'shamru

**Think About It:** This is the prayer that the Israelites sang as they safely crossed the Sea of Reeds, after leaving slavery in Egypt. Imagine seeing a miracle as great as the splitting of the sea. What would you think? Do you think there are miracles in our world?

**Did You Know?** The words of the *Mi Chamochah* come from Exodus 15.

**Think About It:** Sometimes miracles aren't as spectacular as the parting of the Sea of Reeds. Miracles can be found all around us, in moments like the birth of a child, or the wonder of first learning to read. Nature is full of miracles as well, like the intricate crystals in a snowflake or a rainbow in the sky. What are some everyday miracles, large or small, that you have experienced?





Getting  
Ready to Pray  
Who Creates  
the Night  
Who Creates Light  
God's Love  
With Great Love  
Sh'ma  
You Shall Love  
Who Is Like You?  
Tuck Us In  
Keep Shabbat

When woman and man were made,  
God left one good thing for last:  
Shabbat, the day to give thanks for the world and its wonders.

Now the seventh day has come.  
Now Shabbat begins:  
to bring us rest, to bring us joy,  
to bring us song, to bring us peace.

On this day, we remember the goodness of earth and air,  
water and sun, and all that grows.

On this day, we remember the many gifts of God.  
Let us remember, and let us give thanks.



Adonai, s'fatai tiftach,  
ufi yagid t'hilatecha.

אֲדֹנָי, שְׁפֹתַי תִּפְתָּח,  
וּפִי יַגִּיד תְּהִלָּתְךָ.



כְּנָה  
Kavanah  
אָבוֹת וְאִמָּהוֹת  
Avot v'Imahot  
גְּבוּרוֹת  
G'vurot  
קְדֻשָּׁה  
K'dushah  
קְדֻשַּׁת הַיּוֹם  
K'dushat Hayom  
עֲבוּדָה  
Avodah  
הוֹדָאָה  
Hodaah  
שְׁלוֹם  
Shalom  
תְּפִלַּת הַלֵּב  
T'filat HaLev

**Think About It:** This prayer asks God to open up our lips. What do you think God would want us to say?

**Think About It:** How is praying with open lips different than praying with closed lips?

**Think About It:** What are some words we can use to praise God? Try to think of some that aren't in the prayer book.

**Get moving!** Reciting the T'filah is like standing before a king or queen. As we enter the throne room, it is customary to take a few small steps back, then three small steps forward.



Time to Prepare

Our Fathers and  
Our Mothers

God's Power

You Are Holy

This Holy Day

The Work  
of Prayer

Gratitude

Peace

Prayers of  
the Heart

I cannot see the wind at all or hold it in my hand,  
and yet I know there is a wind because it swirls the sand.  
I know there is a wondrous wind because I glimpse its power  
whenever it bends low a tree or sways the smallest flower.

And God is very much like this, invisible as air.

I cannot touch or see God, yet I know that God is there  
because I glimpse God's wondrous works  
and goodness everywhere.

Pray as if everything depended on God.  
Act as if everything depended on you.

*Baruch atah, Adonai Eloheinu veilohei  
avoteinu v'imoteinu,  
Elohei Avraham,  
Elohei Yitzchak veilohei Yaakov,  
Elohei Sarah, Elohei Rivkah,  
Elohei Rachel veilohei Leah.  
Ha-El hagadol hagibor v'hanora,  
El elyon, gomeil chasadim tovim,  
v'koneih hakol,  
v'zocheir chasdei avot v'imahot,  
umeivi g'ulah livnei v'neiham  
l'maan sh'mo b'ahavah.  
Melech ozeir umoshia umagein.*

ברוך אתה, יי אלהינו ואלהי  
אבותינו ואמותינו,  
אלהי אברהם,  
אלהי יצחק ואלהי יעקב,  
אלהי שרה, אלהי רבקה,  
אלהי רחל ואלהי לאה.  
האל הגדול הגבור והנורא,  
אל עליון, גומל חסדים טובים,  
וקונה הכל,  
וזוכר חסדי אבות ואמהות,  
ומביא גאולה לבני בניהם  
למען שמו באהבה.  
מלך עוזר ומושיע ומגן.

כְּנָנָה  
Kavanah  
אבות ואמהות  
Avot v'Imahot  
גבורות  
G'vurot  
קדושה  
K'dushah  
קדושת היום  
K'dushat Hayom  
עבודה  
Avodah  
הודאה  
Hodaah  
שלום  
Shalom  
תפלת הלב  
T'filat HaLev

ברוך אתה, יי מגן אברהם ועזרת שרה.

*Baruch atah, Adonai, magein Avraham v'ezrat Sarah.*

.....

**Think About It:** This prayer says, "God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebecca, God of Rachel, and God of Leah." Each of the patriarchs and matriarchs shared a special relationship with God. Why doesn't it just say, "God of Abraham, Isaac, Jacob, Sarah, Rebecca, Rachel, and Leah"? How is your relationship with God special and different from other people's?

**Get moving!** At the beginning and end of the prayer, we bend our knees and bow at the word *Baruch* and rise at the word *Adonai*.

Time to Prepare

Our Fathers and  
Our Mothers

God's Power

You Are Holy

This Holy Day

The Work  
of Prayer

Gratitude

Peace

Prayers of  
the Heart

Sometimes when I talk to God,  
I feel connected to something from long, long ago,  
something that makes me feel safe,  
that lets me know I am never alone.



ברוך אתה, יי, מגן אברהם ועזרת שרה.

*Baruch atah, Adonai, magein Avraham v'ezrat Sarah.*



Atah gibor l'olam, Adonai,  
m'chayeh hakol [meitim] atah,  
rav l'hoshia.

אתה גבור לעולם, אדני,  
מחיה הכל [מתים] אתה,  
רב להושיע.

פזנה  
Kavanah

אבות ואמהות  
Avot v'Imahot

גבורות  
G'vurot

קדושה  
K'dushah

קדשת היום  
K'dushat Hayom

עבודה  
Avodah

הודאה  
Hodaah

שלום  
Shalom

תפלת הלב  
T'filat HaLev

[winter]

Mashiv haruach umorid hagashem.

[winter]

משיב הרוח ומוריד הגשם.

[summer]

Morid hatal.

[summer]

מוריד הטל.

M'chalkeil chayim b'chesed,  
m'chayeh hakol [meitim]  
b'rachamim rabim, someich nof'lim,  
v'rofei cholim, umatir asurim,  
um'kayem emunato lisheinei afar.  
Mi chamocha baal g'vurot  
umi domeh lach, melech meimit  
um'chayeh umatzmiach y'shuah.  
V'ne-eman atah l'hachayot hakol  
[meitim].

מכלכל חיים בחסד,  
מחיה הכל [מתים]  
ברחמים רבים, סומך נופלים,  
ורופא חולים, ומתיר אסורים,  
ומקים אמונתו לישגי עפר.  
מי כמוך בעל גבורות  
ומי דומה לך, מלך מומית  
ומחיה ומצמיח ישועה.  
ונאמן אתה להחיות הכל  
[מתים].

ברוך אתה, יי, מחיה הכל [המתים].

Baruch atah, Adonai, m'chayeh hakol [hameitim].

**Think About It:** In this prayer God is depicted as a hero. But God is not described as performing superhuman feats. Rather, these are God's acts of heroism: showing *chesed* (kindness); acting with *rachamim* (compassion); giving support to people who are falling down; helping sick people; and giving hope. How can we all be heroes like God?

Time to Prepare

Our Fathers and  
Our Mothers

God's Power

You Are Holy

This Holy Day

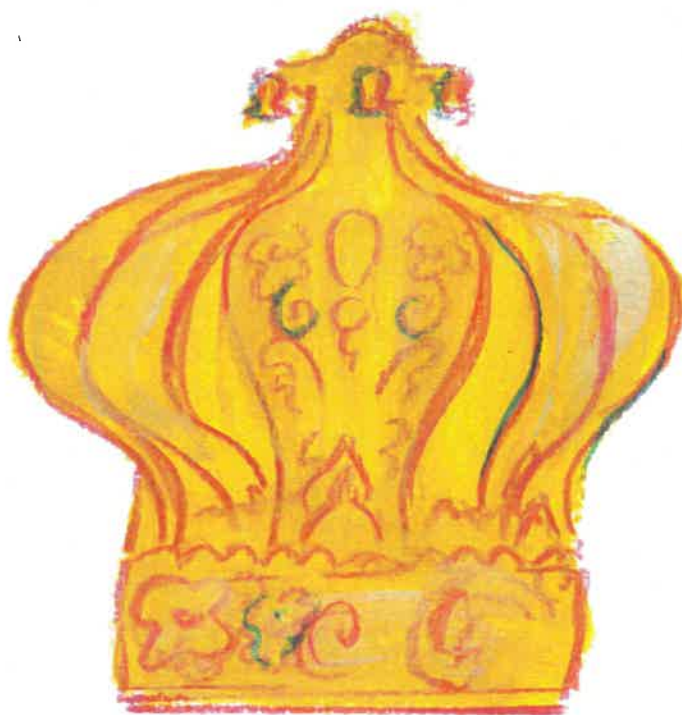
The Work  
of Prayer

Gratitude

Peace

Prayers of  
the Heart

We are mighty like God when we help other people.  
We are powerful like God when we make peace in our families.  
We are strong like God when we feed the poor.  
We are great like God when we care for the sick.  
We are awesome like God when we help people to be free.  
We are amazing like God when we take care of our earth.  
O God, as we remember all the heroic things You do,  
we promise to try to be like You.



בָּרוּךְ אַתָּה, יְיָ, מְחַיֶּה הַכֹּל [הַמֵּתִים].

OUR PRAYER | T'FILAH | תפילה

Atah kadosh v'shimcha kadosh  
uk'doshim b'chol yom  
y'hal'lucha, selah.

אתה קדוש ושְׁמֶךָ קדוש  
וקדושים בְּכָל יום  
יְהַלְלוּךָ, סֵלָה.

בָּרוּךְ אַתָּה, יי, הָאֵל הַקָּדוֹשׁ.

Baruch atah, Adonai, Ha-El HaKadosh.

כְּוָנָה  
Kavanah

אבות ואמהות  
Avot v'Imahot

גבורות  
G'vurot

קדשה  
K'dushah

קדשת היום  
K'dushat Hayom

עבודה  
Avodah

הודאה  
Hodaah

שלום  
Shalom

תפילת הלב  
T'filat HaLev





Time to Prepare  
Our Fathers and  
Our Mothers  
God's Power  
You Are Holy  
This Holy Day  
The Work  
of Prayer  
Gratitude  
Peace  
Prayers of  
the Heart

I see You in the starry field,  
I see You in the harvest's yield,  
in every breath, in every sound,  
an echo of Your name is found.  
The blade of grass, the simple flower,  
bear witness to Your matchless power.  
In wonder-workings or some bush aflame,  
we look for You and fancy You concealed;  
but in earth's common things, You stand revealed  
while grass and flowers and stars spell out Your name.

בָּרוּךְ אַתָּה, יְיָ, הָאֵל הַקָּדוֹשׁ.

*Baruch atah, Adonai, Ha-El HaKadosh.*

God gave us Shabbat as a special holy day.  
When we celebrate Shabbat, we make our lives holy.  
  
We make our lives holy when we rest.  
We make our lives holy when we pray.  
We make our lives holy when we study Torah.  
We make our lives holy when we share the joy of Shabbat.  
Thank You, God, for this holy day.  
Thank You, God, for Shabbat.

כַּוָּנָה  
Kavanah  
אֲבוֹת וְאִמּוֹת  
Avot v'Imahot  
גְּבוּרוֹת  
G'vurot  
קְדוּשָׁה  
K'dushah  
קְדוּשַׁת הַיּוֹם  
K'dushat Hayom  
עֲבוּדָה  
Avodah  
הוֹדָאָה  
Hodaah  
שְׁלוֹמִים  
Shalom  
תְּפִילַת הַלֵּב  
T'filat HaLev

בָּרוּךְ אַתָּה, יְיָ, מְקַדֵּשׁ הַשַּׁבָּת.

Baruch atah, Adonai, m'kadeish HaShabbat.

.....  
**Think About It:** What would life be like if every day were exactly the same? Why do we set apart days and make them holy? How can we make Shabbat holy? How can Shabbat make us holy?



menorah



OUR PRAYER | תְּפִלָּה | T'FILAH

Baruch atah, Adonai,  
she-ot'cha l'vad'cha b'yirah naavod.

בָּרוּךְ אַתָּה, יְיָ,  
שְׂאוֹתְךָ לְבִדְךָ בְּיִרְאָה נַעֲבֹד.

O God, may we always say and do what is right and good.  
Wherever we live—in this country, in the Land of Israel,  
anywhere—may we understand that You are our God.  
We turn to You in prayer.

כְּוָנָה  
Kavanah  
אֲבוֹת וְאִמּוֹת  
Avot v'Imahot  
גְּבוּרוֹת  
G'vurot  
קְדוּשָׁה  
K'dushah  
קְדוּשַׁת הַיּוֹם  
K'dushat Hayom  
עֲבוּדָה  
Avodah  
הוֹדָאָה  
Hodaah  
שְׁלוֹם  
Shalom  
תְּפִלַּת הַלֵּב  
T'filat HaLev



**Highlight on Hebrew:** *Avodah* (worship) has had many forms. Many years ago, Jewish people did not pray in synagogues. To show their love for God, they gave fruit and goats and birds and even cows as sacrifices. In that time, this was called *avodah*. Now *avodah* means giving the prayers of our lips and our hearts.

Time to Prepare

Our Fathers and  
Our Mothers

God's Power

You Are Holy

This Holy Day

The Work  
of Prayer

Gratitude

Peace

Prayers of  
the Heart

God of goodness, we give thanks

for the gift of life, wonder beyond words;

for the awareness of soul, our light within;

for the world around us, so filled with beauty;

for the richness of the earth, which day by day sustains us;

for all these and more, we offer thanks.

בָּרוּךְ אַתָּה, יְיָ, הַטּוֹב שְׂמַח וְלֶךְ נָאֶה לְהוֹדוֹת.

*Baruch atah, Adonai, hatov shimcha ul'cha na-eh l'hodot.*

.....  
**Highlight on Hebrew:** The Hebrew word for "thank you" is *todah*. This Shabbat, offer a special *todah*, a special thank you, to the people you love.

**Think About It:** The *Hodaah* is a prayer of thanks to God. Do you think God needs our thanks?

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**Think About It:** What are some other ways we can say "thank You" to God?

*Shalom rav al Yisrael amcha  
tasim l'olam,  
ki atah hu Melech Adon  
l'chol hashalom.  
V'tov b'einecha l'vareich  
et amcha Yisrael  
b'chol eit uv'chol shaah bishlomecha.*

*Sim shalom tovah uv'rachah,  
chein vachesed v'rachamim,  
aleinu v'al kol Yisrael amecha.  
Bar'cheinu, yotz'reinu,  
kulanu k'echad b'or panecha,  
ki v'or panecha natata lanu,  
Adonai Eloheinu, Torat chayim  
v'ahavat chesed, utz'dakah uv'rachah  
v'rachamim v'chayim v'shalom.  
V'tov b'einecha l'vareich  
et am'cha Yisrael  
b'chol eit uv'chol shaah bish'lomecha.*

שְׁלוֹם רַב עַל יִשְׂרָאֵל עַמָּךְ  
תַּשִּׁים לְעוֹלָם,  
כִּי אַתָּה הוּא מֶלֶךְ אֲדוֹן  
לְכָל הַשָּׁלוֹם.  
וְטוֹב בְּעֵינֶיךָ לְבָרֵךְ  
אֶת עַמָּךְ יִשְׂרָאֵל,  
בְּכָל עֵת וּבְכָל שָׁעָה בְּשָׁלוֹמָךְ.

שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה,  
חֵן וְחֶסֶד וְרַחֲמִים,  
עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל עַמָּךְ.  
בְּרַכְנוּ, יוֹצְרֵנוּ,  
כָּלנוּ כְּאַחַד בְּאוֹר פָּנֶיךָ,  
כִּי בְּאוֹר פָּנֶיךָ נִתַּת לָנוּ,  
יְיָ אֱלֹהֵינוּ, תּוֹרַת חַיִּים  
וְאַהֲבַת חֶסֶד, וּצְדָקָה וּבְרָכָה  
וְרַחֲמִים וְחַיִּים וְשָׁלוֹם.  
וְטוֹב בְּעֵינֶיךָ לְבָרֵךְ  
אֶת עַמָּךְ יִשְׂרָאֵל  
בְּכָל עֵת וּבְכָל שָׁעָה בְּשָׁלוֹמָךְ.

כְּוָנָה  
Kavanah  
אָבוֹת וְאִמָּהוֹת  
Avot v'Imahot  
גְּבוּרוֹת  
G'vurot  
קְדוּשָׁה  
K'dushah  
קְדוּשַׁת הַיּוֹם  
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הוֹדָאָה  
Hodaah  
שָׁלוֹם  
Shalom  
תְּפִילַת הַלֵּב  
T'filat HaLev

בָּרוּךְ אַתָּה, יְיָ, הַמְּבָרֵךְ אֶת עַמּוֹ יִשְׂרָאֵל בְּשָׁלוֹם.

*Baruch atah, Adonai, ham'vareich et amo Yisrael bashalom.*

**Did You Know?** When something is worrying or bothering us, it's helpful to find a quiet space and listen to the silence around us. These times of peace can help heal us from within.

**Think About It:** Sometime after this service, find a quiet place (in bed, in a park, or on the sofa) and listen to the silence around you. Stay in that quiet place for at least five minutes, silently. Can you feel peace in the silence?



Time to Prepare  
Our Fathers and  
Our Mothers  
God's Power  
You Are Holy  
This Holy Day  
The Work  
of Prayer  
Gratitude  
Peace  
Prayers of  
the Heart

Dear God,

Save us from thinking that we have all the answers.

Save us from talking when we should be listening.

Save us from clenched fists and closed minds.

Open our hearts to the way of peace. Amen.

What does peace look like?

It looks like Jacob and Esau hugging after many years apart.

It looks like two countries signing a peace treaty.

It looks like Rebecca comforting Isaac after the death of his mother, Sarah.

What does peace sound like?

It sounds like kind words on a bad day.

It sounds like a sincere apology and a promise to try harder.

It sounds like people who are different trying to understand each other.

What does peace feel like?

It feels like Joseph's tears when he is reunited with his brothers.

It feels like people going outside without being afraid.

It feels like everything is going to be okay . . .

בָּרוּךְ אַתָּה, יְיָ, הַמְבָרֵךְ אֶת עַמּוֹ יִשְׂרָאֵל בְּשָׁלוֹם.

*Baruch atah, Adonai, ham'vareich et amo Yisrael bashalom.*

# **Yih'yu L'Ratzon**

Yih'yu l'ratzon imrei fi  
v'hegyon libi l'fanecha,  
Adonai tzuri v'go-ali.

## **Oseh Shalom**

Oseh shalom bimromav,  
hu yaaseh shalom aleinu,  
v'al kol Yisrael,  
v'al kol yosh'vei teiveil,  
v'imru: Amen.

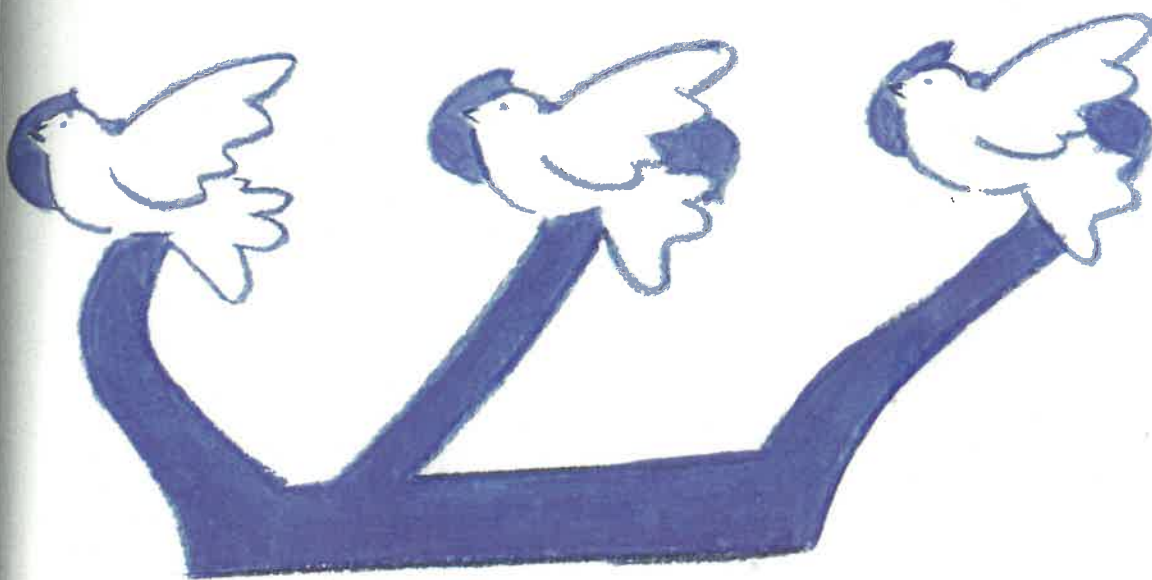
יְהִי לְרָצוֹן

יְהִי לְרָצוֹן אִמְרֵי פִי  
וְהִגִּיזוֹן לִבִּי לְפָנֶיךָ,  
יְיָ צוּרִי וְגֹאֲלִי.

עֹשֶׂה שָׁלוֹם

עֹשֶׂה שָׁלוֹם בְּמִרְמֹמָיו,  
הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ,  
וְעַל כָּל יִשְׂרָאֵל,  
וְעַל כָּל יוֹשְׁבֵי תֵבֵל,  
וְאָמְרוּ: אָמֵן.

כְּוָנָה  
Kavanah  
אָבוֹת וְאִמְהוֹת  
Avot v'Imahot  
גְּבוּרוֹת  
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תְּפִלַּת הַלֵּב  
T'filat HaLev

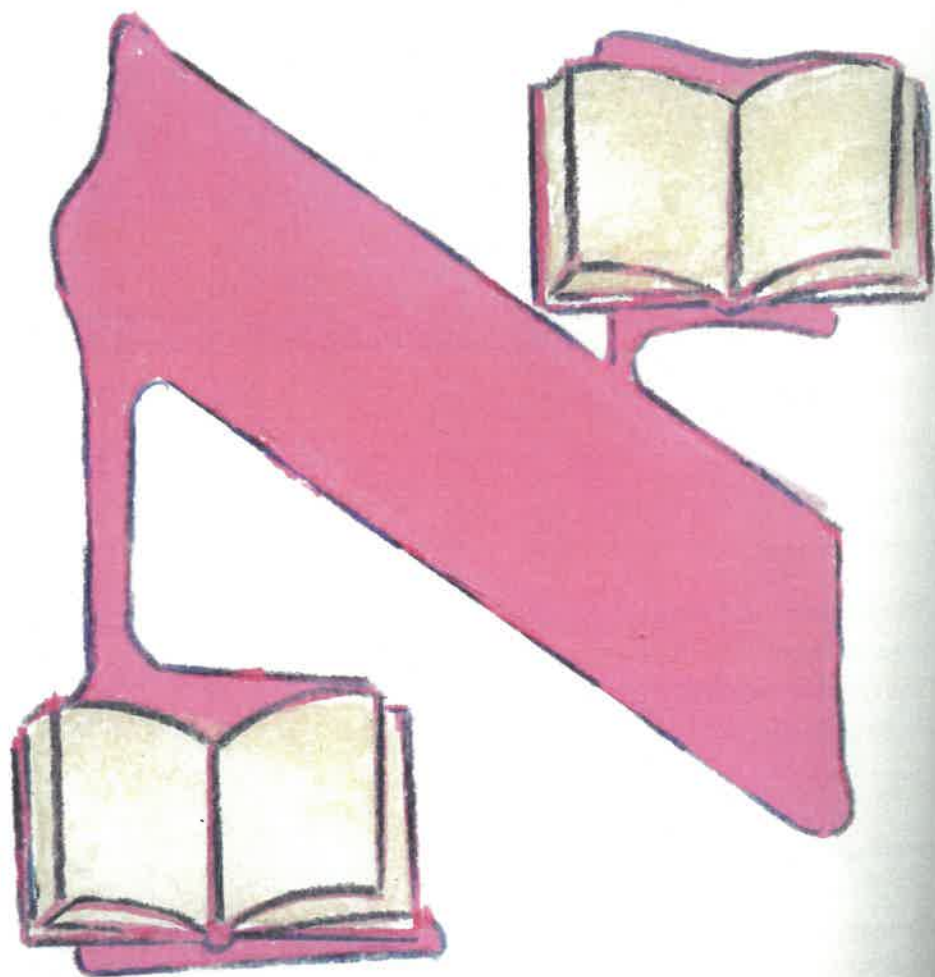


**Did You Know?** Imagine . . . what a peaceful world would be like . . .

**Think About It:** Recall a time when you helped other people make peace with each other. Are there times when it's easier to pray the words of the prayer book, and are there times when it's easier to share you own thoughts with God?

סיום התפלה

Concluding  
Prayers





*Aleinu l'shabei-ach laadon hakol,  
lateit g'dulah l'yotzeir b'reishit,  
shelo asanu k'goyei haaratzot,  
v'lo samanu k'mishp'chot haadamah.  
Shelo sam chelkeinu kahem,  
v'goraleinu k'chol hamonam.  
Vaanachnu kor'im  
umishtachavim umodim,  
lifnei Melech, malchei ham'lachim  
HaKadosh Baruch Hu.*

*Aleinu l'shabei-ach laadon hakol,  
lateit g'dulah l'yotzeir b'reishit,  
shehu asanu k'shom'rei haadamah,  
v'hu samanu kishlichei haTorah.  
Shehu sam chayeinu itam,  
v'goraleinu im kol haolam.  
Vaanachnu kor'im  
umishtachavim umodim,  
lifnei Melech, malchei ham'lachim  
HaKadosh Baruch Hu.*

We must praise the God of all and glorify the Creator of the universe, who did not make us like the other nations of the lands, nor like the other families of the earth. You did not make our destiny like theirs. Therefore we bend our knees, bow, and give thanks to You, Ruler of all rulers, the Holy One of Blessing.

.....  
**🕍 Get moving!** Bend your knees at the word *kor'im*, bow at the waist at the word *umishtachavim*, and stand up straight at the words *lifnei melech*.

**🧠 Think About It:** During the *Aleinu* we pray to God for a time when things will be better on earth. What are a few things you would fix in the world?

עלינו לשבח לאדון הכל,  
לתת גדלה ליוצר בראשית,  
שלא עשנו כגויי הארצות,  
ולא שמנו כמשפחות האדמה.  
שלא שם חלקנו בהם,  
וגרלנו ככל-המונים.  
ואנחנו כורעים  
ומשתחוים ומוזדים,  
לפני מלך, מלכי המלכים  
הקדוש ברוך הוא.

עלינו לשבח לאדון הכל,  
לתת גדלה ליוצר בראשית,  
שהוא עשנו כשומרי האדמה,  
והוא שמנו כשליחי התורה.  
שהוא שם חיינו אתם,  
וגרלנו עם כל העולם.  
ואנחנו כורעים  
ומשתחוים ומוזדים,  
לפני מלך, מלכי המלכים  
הקדוש ברוך הוא.

עלינו  
*Aleinu*  
קדיש יתום  
*Kaddish Yatom*

It's Up to Us  
Mourner's  
Kaddish

Dear God,

May we, the children of the world, not repeat the mistakes of  
past generations.

Free us from the traps of old arguments and ancient battles.

May we, the children of the world, discover a new way of living,  
where the riches of some are not at the expense of others.

May we, the children of the world, use our energy and optimism  
to overcome the barriers and fences of the past.

May we, the children of the world, have a new vision for this  
planet,

so that we waste less and conserve more.

May we, the children of the world, live in harmony with You,  
Your creation, and each other.

Amen.

*V'ne-emar, v'hayah Adonai*

*I'Melech al kol haaretz.*

*Bayom hahu yih'yeh Adonai echad*

*ush'mo echad.*

וְנֵאמָר, וְהָיָה יי  
לְמֶלֶךְ עַל כָּל הָאָרֶץ.  
בַּיּוֹם הַהוּא יִהְיֶה  
יי אֶחָד וּשְׁמוֹ אֶחָד.

And as it is said, "Then Adonai will rule over all the earth. On that day, Adonai will  
be One, and God's name will be One."

## יש פוכבים ...

עלינו  
*Aleinu*

קדיש יתום  
*Kaddish Yatom*

There are stars up above,  
so far away we only see their light  
long, long after the star itself is gone.  
And so it is with people that we loved—  
their memories keep shining ever brightly  
though their time with us is done.  
But the stars that light up the darkest night,  
these are the lights that guide us.  
As we live our days,  
these are the ways we remember.

As our service ends, we think about people whose lives have ended.  
Some of them we knew, and they were very special to us.  
We loved them and we miss them very much.  
Others we did not know, but we honor them as well.

.....  
**Did You Know?** It is a mitzvah for mourners to recite the Mourner's *Kaddish* during *shivah* (the first seven days after the funeral) at home and thereafter in the synagogue. For a parent, one says *Kaddish* for eleven months or a full year; for other relatives, one recites *Kaddish* until the end of *sh'loshim* (the first thirty days after the funeral).

**Get moving!** In many Reform congregations, it is the custom for everyone to stand with the mourners in solidarity. We also stand for those who have no one to say *Kaddish* for them, like those who died in the Holocaust.



We recall the names of our loved ones whose lives have recently ended . . .

We mark the anniversaries of the deaths of our loved ones  
by sharing their names at this time.

עלינו  
Aleinu

קדיש יתום  
Kaddish Yatom

Yitgadal v'yitkadash sh'meih raba

b'alma di vra chiruteih,

v'yamlich malchuteih

b'chayeichon uv'yomeichon

uv'chayei d'chol beit Yisrael,

baagala uvizman kariv,

v'imru: Amen.

Y'hei sh'meih raba m'varach

l'alam ul'almei almaya.

Yitbarach v'yishtabach,

v'yitpaar v'yitromam v'yitnasei,

v'yit'hadar v'yitaleh v'yit'halal

sh'meih d'kudsha b'rich hu,

l'eila min kol birchata v'shirata,

tushb'chata v'nechemata,

daamiran b'alma,

v'imru: Amen.

Y'hei sh'lama raba min sh'maya,

v'chayim aleinu v'al kol Yisrael.

V'imru: Amen.

Oseh shalom bimromav,

hu yaaseh shalom aleinu,

v'al kol Yisrael. V'imru: Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא

בְּעֵלְמָא דִּי בְּרָא כְרֵעוּתָהּ,

וְיַמְלִיךְ מַלְכוּתָהּ

בְּחַיֵּינוּ וּבְיוֹמֵינוּ

וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,

בְּעֵגְלָא וּבְזֶמַּן קָרִיב,

וְאָמְרוּ: אָמֵן.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ

לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

יִתְבָּרַךְ וְיִשְׁתַּבַּח,

וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא,

וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל

שְׁמֵהּ דְקֻדְשָׁא בְּרִיךְ הוּא,

לְעָלַם מִן כָּל בִּרְכָתָא וְשִׁירָתָא,

תְּשֻׁבָתָא וְנִחְמָתָא,

דְאָמִירוּ בְּעֵלְמָא,

וְאָמְרוּ: אָמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא,

וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל.

וְאָמְרוּ: אָמֵן.

עֹשֶׂה שְׁלוֹם בְּמִרְמֵי,

הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ,

וְעַל כָּל יִשְׂרָאֵל. וְאָמְרוּ: אָמֵן.

שירים

Songs



**Eitz Chayim**

*Eitz chayim hi lamachazikim bah,  
v'tom'cheha m'ushar.*

*D'racheha darchei no-am,  
v'chol n'tivoteha shalom.*

*Hashiveinu Adonai eilecha v'nashuvah,  
chadeish yameinu k'kedem.*

It is a Tree of Life for those who hold fast to it, and all its supporters are happy. Its ways are ways of pleasantness and all its paths are peace. Return us to You, Adonai, and we will return; renew our days as of old.

**עץ חיים**

עץ חיים היא למחזיקים בה,  
ותמכיה מאשר.  
דרכיה דרכי נעם,  
וכל נתיבותיה שלום.  
השיבנו יי אליך ונשובה,  
חדש ימינו כקדם.

שירי שבת  
*Shirei Shabbat*

סוכות  
*Sukkot*

שמחת תורה  
*Simchat Torah*

חנוכה  
*Chanukah*

ט"ו בשבט  
*Tu BiSh'vat*

פורים  
*Purim*

פסח  
*Pesach*

שבועות  
*Shavuot*

שירי ארץ ישראל  
*Shirei Eretz Yisrael*

שירים לכל יום  
*Shirim L'chol Yom*

**Esa Einai**

*Esa einai el heharim,  
mei-ayin yavo ezri?*

*Ezri mei-im Adonai,  
oseih shamayim vaaretz.*

I lift my eyes to the mountains; from where does my help come? My help comes from God, maker of heaven and earth. (Psalm 121:1-2)

**אשא עיני**

אשא עיני אל ההרים,  
מאין יבא עזרי?  
עזרי מעם יי,  
עשה שמים וארץ.

**Hineih Mah Tov**

*Hineih mah tov u'mah na-im  
shevet achim gam yachad.*

How good and how pleasant it is that brothers/sisters dwell together. (Psalm 133:1)

**הנה מה טוב**

הנה מה טוב ומה נעים  
שבֹת אחים גם יחד.



Shabbat Songs  
 Sukkot  
 Simchat Torah  
 Festival of Lights  
 Festival of Trees  
 Purim  
 Passover  
 Shavuot  
 Songs of Israel  
 Songs for  
 Every Day

**Im Tirtzu**

*Im tirtzu, ein zo agadah  
 lih'yot am chofshi b'artzeinu,  
 b'eretz Tziyon virushalayim.*

If you will it, it is no dream, to be a free people in Zion and Jerusalem.

**Am Yisrael Chai**

*Am Yisrael chai! Od avinu chai!*

The people of Israel lives! Our God yet lives!

אִם תִּרְצוּ

אִם תִּרְצוּ, אֵין זוֹ אַגָּדָה  
 לְהִיּוֹת עַם חֲפְשִׁי בְּאַרְצֵנוּ,  
 אֶרֶץ צִיּוֹן, וִירוּשָׁלַיִם.

עַם יִשְׂרָאֵל חַי

עַם יִשְׂרָאֵל חַי! עוֹד אָבִינוּ חַי!

**Od Yavo Shalom Aleinu**

*Od yavo shalom aleinu v'al kulam.  
 Salaam, aleinu v'al kol haolam,  
 Salaam, salaam.*

Peace will surely come to us, to everyone. *Salaam*, for us and for the entire world.

עוֹד יָבוֹא שְׁלוֹם עָלֵינוּ

עוֹד יָבוֹא שְׁלוֹם עָלֵינוּ וְעַל כָּל־עַם.  
 סָלָאָם, עָלֵינוּ וְעַל כָּל הָעוֹלָם,  
 סָלָאָם, סָלָאָם.

## Shabbat Songs

Sukkot

Simchat Torah

Festival of Lights

Festival of Trees

Purim

Passover

Shavuot

Songs of Israel

Songs for  
Every Day*Siman Tov U'Mazal Tov**Siman tov u'mazal tov.**U'mazal tov v'siman tov.**Y'hei lanu.**Y'hei lanu, y'hei lanu, ul'chol Yisrael.*

סימן טוב ומזל טוב

סימן טוב ומזל טוב.

ומזל טוב וסימן טוב.

יהא לנו.

יהא לנו, יהא לנו, ולכל ישראל.

It is a good and lucky sign for us and for all Israel.

*L'Dor VaDor*

We are gifts and we are blessings,  
 We are history in song,  
 We are hope and we are healing,  
 We are learning to be strong.  
 We are words and we are stories,  
 We are pictures of the past,  
 We are carriers of wisdom,  
 Not the first and not the last.  
*L'dor vador nagid godlecha*  
*L'dor vador . . . we protect this chain*  
 From generation to generation  
*L'dor vador*, these lips will praise Your name.

Looking back on the journey  
 That we carry in our heart,  
 From the shadow of the mountain  
 To the waters that would part.  
 We are blessed and we are holy,  
 We are children of Your way  
 And the words that bring us meaning,  
 We will have the strength to say;  
*L'dor vador nagid godlecha*  
*L'dor vador . . . we protect this chain*  
 From generation to generation  
*L'dor vador*, these lips will praise Your name.

*B'tzelem Elohim*

Yeah, yeah, yeah, yeah, yeah (4x)

We all got a life to live. We all got a gift to give.  
 Just open your heart and let it out.  
 We all got a peace to bring. We all got a song  
 to sing.

Just open your heart and let it out. Yeah . . .  
 When I reach out to you and you to me,  
 We become *b'tzelem Elohim*.  
 When we share our hopes and our dreams,  
 Each one of us, *b'tzelem Elohim*.

We all got a tale to tell. We all want to speak  
 it well.

Just open your heart and let it out.  
 We all got a mountain to climb. We all got a  
 truth to find.

Just open your heart and let it out. Yeah . . .

**Chorus:** *B'reishit bara Elohim*, (4x)

*B'reishit bara Elohim*, all our hopes, all our  
 dreams,  
*B'reishit bara Elohim*, each one of us, *b'tzelem*  
*Elohim*.  
*B'reishit bara Elohim*, all our hopes, all our  
 dreams,  
*B'reishit bara Elohim*, each one of us, *b'tzelem*  
*Elohim*. Yeah. . .

**Chorus:** 2x. Repeat last line 3x: "Each one of  
 us, *b'tzelem Elohim*"