

**PRAAYER**

**PACKAGE**

**GRADES K-3**

The candles are lit before the blessing is recited.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל  
שַׁבָּת.

*Baruch atah, Adonai Eloheinu, Melech haolam, asher kid'shanu b'mitzvotav, v'tzivanu l'hadlik  
ner shel Shabbat.*

Blessed are you, Adonai our God, Sovereign of all, who hallows us with mitzvot, commanding us  
to kindle the light of Shabbat.

## HaMotzi—Blessing Over Challah

בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמּוֹצֵא לֶחֶם מִן הָאָרֶץ.

*Baruch atah, Adonai Eloheinu, Melech haolam, haMotzi lechem min haaretz.*

Blessed are You, Adonai our God, Sovereign of all, who brings forth bread from the earth.

## Short Kiddush

Blessed are You Lord our God, Ruler of the universe,  
Creator of the fruit of the vine.

בְּרוּךְ אַתָּה, יְהוָה אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,  
בּוֹרֵא פְּרֵי הַגֶּפֶן.

*Baruch Atah Adonai Eloheinu, Melech ha'olam, borei p'ri hagafen.*

# Bar'chu

ברכו

Praise the Lord to Whom our praise is due!

Bar'chu et Adonai ham'vorach!  
Baruch Adonai hamvorach l'olam va'ed!

בְּרַכּוּ אֶת יְהוָה הַמְּבָרָךְ!  
בְּרוּךְ יְהוָה הַמְּבָרָךְ לְעוֹלָם וָעֶד!

# Sh'ma

שמע

שְׁמַע יִשְׂרָאֵל, יְהוָה אֱלֹהֵינוּ, יְהוָה אֶחָד!  
בְּרוּךְ שֵׁם כְּבוֹד מְלֻכּוּתוֹ לְעוֹלָם וָעֶד.

Sh'ma Yisrael Adonai Eloheinu, Adonai Echad!  
Baruch sheim k'vod mal'chuto l'olam va'ed!

Hear, O Israel: the Eternal One is our God, the Eternal God alone! (Deuteronomy 6:4)  
Blessed is God's glorious majesty forever and ever!

## Shehecheyanu: Blessing for Beginnings

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהַחַיִּינוּ וְקִיַּמְנוּ  
וְהִגִּיעָנוּ לְזֶמַן הַזֶּה.

*Baruch atah, Adonai Eloheinu, Melech haolam, shehecheyanu, v'kiy'manu, v'higiyanu laz'man hazeh.*

Blessed are You, Adonai our God, Sovereign of all, who has kept us alive, sustained us, and brought us to this season.

**Mi sheberach avoteinu m'kor habracha l'imoteinu.**

**May the Source of Strength, who blessed the ones before us,  
Help us find the courage to make our lives a blessing,  
and let us say, Amen.**

**Mi sheberach imoteinu m'kor habracha l'avoteinu.**

**Bless those in need of healing with r'fuah sh'leimah,  
The renewal of body, the renewal of spirit, and let us say, Amen.**

---