Adult Education Committee Presents

A book talk on the Conservative Movement

The Unfolding Tradition
Jewish Law after Sinai

A book by Elliot Dorff

Saturday, January 7
12:30 pm

We will talk about Chapter 7, which is titled “Some Comparative Theories to the Right and Left.” This chapter addresses not only what the Conservative Movement is NOT but what it stands for!

The Unfolding Tradition: Jewish Law After Sinai presents different approaches to understanding how Jewish law should be interpreted and applied in our time, as articulated by leading rabbis of the Conservative movement. The book includes readings by Zacharias Frankel, Solomon Schechter, Mordecai Kaplan, Robert Gordis, Jacob Agus, Abraham Joshua Heschel, David M. Gordis, Louis Jacobs, Joel Roth, Neil Gillman, Edward Feld, Alana Suskin, Raymond Scheindlin and Gordon Tucker, as well as theorists on the right and the left of the Conservative movement. The book also compares Jewish and American law, and asks questions about the nature of legal systems, the relationship between law and religion, and the evolution of law.

Kol Rinah welcomes everyone. This means YOU!
Kol Rinah is a dynamic and forward-looking congregation where all generations come together to experience Judaism in innovative ways.

Our mission is to create a welcoming community that embraces Torah and meaningful worship, lifelong learning, music, Israel and Tikkun Olam, guided by the tenets of Conservative Judaism.

We embrace a diversity of Jews and Jewish families, including Jews by choice and Jews by birth, Jews of all hues, Jewish singles, couples, and families, interfaith households, LGBTQ Jews, Jews of all abilities and disabilities, the Jew-curious, and more! If there is anything we can do to make you more welcome or to accommodate your needs, please let us know.
Mazel Tov!

January Birthdays
L. Louis Albert, Anna Asher, Jacob Bashkin, Mary Berger, Beatrice Borenstein, Cynthia Boxerman, Lauren Brenner, Max Brenner, Lori Brok, Laura Chaise, Marion Cohen, Jerry Cohen, Nathan Cooke, Philip Cooke, Lena Dworkin, Perry Epstein, Andrea Gerowin, Herb Goldman, Ariel Goldstein, William Goldstein, Yiftah Goldstein, Meris Hamilton, Ben Horwitz, Repps Hudson, Karen Huss, Simon Igielnik, Martin Israel, Ruth Jacob, Martin Kalmes, Eli Karabell, Joshua Kalachek, Gary Kodner, Caleb Kornfield, Zev Kornfield, Bernard Kunitz, Sasha Kwskin, Stefanie Levenson, Benjamin Levin, Deborah Levy, Bruce Lippman, Steven Marcus, Ariane May, Sanford Melnick, Myron Parker, Merav Portman, Molly Portman, Norman Rader, Laurie Raffelson, Joyce Raskin, Michael Rauchman, Frances Robbins, Andrew Sabin, Yael Sabin, David Samuels, Kay Sandweiss, Steven Schultz, Joel Schwartz, Michael Shanas, Eric Sheldon, Lisa Sheldon, Rachel Shilcrat, Becky Shimony, Shelley Shray, Jeremiah Simmons, Rabbi Scott Slarskey, Paula Rubin Sparks, Aaron Vickar, Jeffrey Wax, Jessica Wax, Robin Weinberger, Benjamin Weintraub, Karen Wetmore, Craig Zaidman

February Birthdays

February Anniversaries
Gerard & Golda Burke
Eric & Dana Emmenegger
Danny Gurvis & Esti Goldman
Phillip & Deborah Gould
William & Wendy Huss
Gary Kodner & Peggy Nehmen
Robert & Rosalie Stein

January Anniversaries
Saul & Marilyn Dien
Allen Levin & Joyce Gang
Yifat & Caren Goldstein
Myron & Randee Jacobs
Scott & Courtney Kaar
David Warren & Rhona Lyons
Lawrence & Rosalyn Margulis
Alan & Molly Portman
Paul & Karen Rader
Leslie Birenbaum & Susan Roth
Bruce & Ellen Sabin

New Baby
Mazel tov to Elyse and David Picker on the birth of their daughter, Celia Rose, on November 27, 2016.

Condolences to the Families Of
Adell Alpern
Lois Fitter
Eugene Goldstein
Sylvia Levinson
Marian Olovitch
Lorraine Schankman

Thank You
Thank you to all who made tributes in honor of our anniversary and thank you to all who sent best wishes for our birthdays.

Sig & Carol Adler

Thanks to all of you who made tributes and sent birthday wishes to me and thank you all who made tributes and sent happy anniversary wishes to me and Harvey.

Jackie & Harvey Fenster

Thanks to all of my friends for the best wishes for my 93rd birthday on November 9th.

Sincerely,

Julia Iken

We greatly appreciate all of the Kol Rinah groups and individuals who honored our birthdays.

Gershon & Patsy Spector

Many thanks to my wonderful Kol Rinah friends who contributed to the Women's Social Group for my birthday. Seeing all of your names on the card really made my day. The best to all of you.

Gail Appleson

Thank you for all the birthday tributes and cards sent through the Kol Rinah Women's Social Group for my birthday. They were very uplifting.

Marilyn Dien
Welcome to our new board members!

Thank you to all those who showed your dedication to Kol Rinah by your commitment and willingness to serve our community!

David received a parrot for his Bar Mitzvah. This parrot had one bad attitude and worse vocabulary. David tried to teach him manners, but the bird just got ruder and cruder. Desperate, David put him in the freezer to cool off. He heard squawking, then quiet. Frightened, David quickly opened the freezer.

The parrot calmly walked out and said: "I'm sorry I offended you, Master David. I shall go to synagogue, pray, and modify my behavior." Before David could ask about this astounding change, the parrot continued, "Sir... may I ask what the Empire chicken did?"
What is Kol Rinah’s sound? How could we describe and articulate the style and musicality of prayer at Kol Rinah? These are questions I think about a lot, every week, every Shabbat, and I’d like to share some of my thinking with you.

One of the things that initially attracted me to Kol Rinah was its passion for and history of using music to enhance prayer. Our congregation has gone through enormous changes over the past several years. Merging congregations, merging prayer styles, moving spaces, and changes in religious leadership have all impacted our community in different ways, including the sound of our shul.

I am mindful of the need to connect the old to the new, as we create a new sound together as a joined community. My primary goal over the past two years has been to create a new, consistent, stable “normal” in our sound on Friday nights, Shabbat mornings and the High Holidays. How have I arrived at what that new normal should be?

First, I’ve considered our available resources. I am not a cantor, and I’ve tried to be sensitive to my vocal and musical limits, and to work within the limits of our shul’s musical resources. For example, we don’t currently have either the professional-quality volunteers or the money to pay many professional musicians.

Second, I have a particular vision of what synagogue music can and should be. My particular bias and passion is highly participatory prayer with near-constant opportunity for congregants to sing, hum, harmonize, and add rhythm. I love chazzanut (cantorial music), but can’t do it myself, and want prayer experiences that are engaging and participatory, rather than performative or concert-like. My view is that music should enhance the prayer experience, and that communal singing can itself be an important part of the prayer experience.

How have I gone about implementing the new normal? The simple answer is by doing it. Our Friday night musical repertoire is very stable and consistent. There’s a small group of different melodies for Lecha Dodi among which we rotate, for example. Saturday morning, I’ve led Musaf regularly to create consistency in the experience, and in the melodies. Again, there’s a repertoire to which we mostly stick. Of course, sometimes, we’ll try something new, just for variation that may or may not become part of the rotation. Remember that melodies that are familiar and feel old were once new!

For regular attendees on Friday nights and Saturday mornings, my sense is that there is a feeling of musical consistency. The evidence is that people are singing along. Folks who come less frequently though may hear some new, unfamiliar melodies, because we all know it takes a while to get to know a melody well.

My priorities on the High Holidays are much the same—creating a new, consistent normal with our available resources. I love leading the davening (which means “doing the singing,” as I put it to my kids) on the High Holidays, and I’ve helped to create the new sound of Kol Rinah on the High Holidays. On the High Holidays, consistency in terms of melodies is especially crucial, because when you hear something perhaps only once a year, it takes years and years for melodies to become familiar, and loved. My first year, I introduced a number of new High Holiday melodies, but the two subsequent years, there were just a couple of new melodies. It was great this year to hear people remembering them from years past and singing along!

Rabbi Shafirn adds a terrific level of musicality to Kol Rinah, as he sings beautiful harmony and has an incredible and innate sense of rhythm. He and I are learning how to work together musically. Together with Karen Kern on vocals and Ben Portner on the piano on Friday nights, we have a compelling and powerful Friday night service. It’s not a concert—but it really is prayer. We’re working out the kinks with volume of drumming, and we’ll always be tinkering, experimenting and improving.

I’m always happy to hear and consider your thoughts and opinions about prayer style, music and melodies. I do take requests, and if you don’t tell me really clearly and explicitly, I won’t know what you’re thinking, so please, in singing, in prayer, and regarding your thoughts and opinions, share your voice!
Please Help Us Count To Ten!

The morning minyan is always looking for people to help make our minyan. We start at 7am on Monday through Friday; and at 8am on Sunday. The only changes are for Rosh Chodesh, when we start at 6:45am, and Federal Holidays, when we start at 8am. On weekdays after minyan, there is a lox and bagel breakfast (with trimmings) for $2. Anyone can sponsor the breakfast in honor of a special occasion or a yahrzeit for $20.

Ensuring that we have ten people at morning services allows us to provide the minyan necessary for those who are saying kaddish. As a congregation, we take pride in making this obligation possible. We need to count on you. Please try to put a minyan attendance on your calendar. It will make you feel good knowing you are enabling those in mourning to say Kaddish.

Jim Singman

The evening minyan meets 5 nights a week (Sunday thru Thursday) at 6pm. During the winter months we say Ashrei and the mourners’ kaddish and then a regular Maariv service. We normally are finished by 6:30pm. We hope that this makes it possible for all who have a yahrzeit or are in a period of mourning to recite the kaddish and arrive home in time for their evening meal. Thankfully, we have been fortunate to have had a minyan in the evening nearly 100 percent of the time, but occasionally we lack the ten needed to conduct services.

Please consider putting aside one or two evenings a month to become a regular member of the minyan. In any event, we appreciate your efforts. Thank you.

Burton A. Boxerman

Kol Rinah On The Move!

The Clayton Board of Aldermen met in December to review the Conditional Use Permit for Kol Rinah to occupy the Maryland site. The Kol Rinah Board will be voting after the first of the year whether to close on the contract for the property. The video of the congregational meeting with our Finegold -Alexander architects and our S.M.Wilson Construction Manager is available through links on the Kol Rinah website:

Click the On The Move tab of our website menu for updates.

Celebrate Your Simcha with a Kiddush by Kol Rinah SISTERHOOD

Contact Sue Propper 314.395.1349 or suemeryl@charter.net

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In the time that the Holy Blessed One created the first human beings, God showed them all the trees of the Garden of Eden and said, “See my works, how lovely they are, and all that I created was made for your sake. Set your mind [to this]: that you do not ruin or destroy my world. For if you ruin it, there will be no one to repair it after you.”

Kohelet Rabbah 7:13

I often find myself so immersed in the work I do, the people I see, the ups and downs of family life, and the jumble of tasks that occupy each day, that I fail to notice the changes in the world around me. But, as the new year begins, it is a reminder that everything is constantly in motion. We have come through the darkest part of the year, a time when we gather together, light our חנוכיות (Hannukah menorahs) in order to not only remember the miracles of times long past but to rekindle our belief that miracles of all kinds are still possible today.

Even now, as we look outside, see the frost or maybe some snow on the grass, we know in the back of our minds that this season will soon pass into spring, and that a bouquet of colorful life will grow, flower, and bloom once again. This is the promise and the reminder of Tu BiShevat, which this year will fall on a Shabbat in the middle of February (the 11th). We know that leaves will bud, grass will grow, and so much of the world that has slumbered will awaken anew.

But as this piece from Kohelet reminds us, it is our job to ensure that the world flourish into the type of place in which we could live and thrive. If we are not the caretakers of our hearts and minds, of our lives and our world, who else will keep them safe? For this reason, we put so much care and work into cultivating the things we cherish for the future, none more so than our members, families, and children.

Throughout the last five months, I have been privileged to learn with so many of you and, I hope to share with you interesting new ideas as well. As the new year dawns, I want to challenge each of us to invest our time in our own education. Explore the array of learning opportunities here at Kol Rinah and around the community. Make time to look in at the amazing Early Childhood Center we are blessed with, and get to know those families. Come to see our Religious School discover new things each Wednesday and Sunday; we always have room for more guest students and volunteers of any age. But most of all, learn everything you can about the amazing people who share this community with you.

Each new thing we learn is a seed planted in our future, a nascent thought that may one day ripen into ideas that sustain us. Mental curiosity and the capacity to grow and learn cannot and should not fade from our lives, and the more we explore new knowledge and invest time in our own learning, the more we can till the soil of our world into fertile ground for the future.

Purim is around the corner!

Believe it or not it’s time to start thinking about Purim.

✦ We will be baking hamentashen throughout February and packing/delivering Mishloach Manot on March 5.
✦ Mark your calendar and let Jessica Wax know if you are interested in helping bake, pack, and/or deliver!
KRECC has been busy with family events these past few months! In November, our Preschool Parent Organization (PPO) sponsored a book fair at Barnes and Noble at Ladue Crossing. Children who visited the book store participated in activities that included face painting, coloring pages with their favorite book characters, decorating Thanksgiving bookmarks, and listening to stories read by Ms. Jamie Glaser, Ms. Liz Collins and Ms. Elyse Picker. The event was such a success that we are already planning to have our book fair there again next year! Thank you to everyone who shopped. You supported our school and encouraged reading for young children.

For Thanksgiving, children, families and staff joined together to sing with Morah Suzy Weber, decorated the paper tablecloths before eating, and ate a yummy feast. Each class had a role in preparing the food! For Hanukkah, and under the direction and guidance of our art specialist, Ms. Erin Richter, students decorated an interactive menorah. This menorah was on display in the ECC for Hanukkah. Throughout the eight nights of Hanukkah the children of the ECC joined together for singing and “lighting” of the menorah. At our family Hanukkah celebration, children sang songs, ate yummy donuts and latkes, and had an opportunity to spin dreidels, “flip” latkes, and create and eat an edible menorah.

This year KRECC is excited to be celebrating 30 years! Mark your calendars for April 30, 2017, from 4:00pm – 7:00pm to join us in a family friendly event to commemorate this incredible milestone. Among the many activities that will be taking place both indoor and out, we will also have a special unveiling of Makom Hakodesh, The Holy Space Outdoor Classroom, which will be constructed with the funds raised during our Giving Tuesday campaign in November.
It's a new year and Sisterhood is off to an exciting start. **On January 28, 2017** we will celebrate Women's League Shabbat, and hope you will join us. On February 11th, the New Year of the Trees, we will sponsor the Tu Bi’shevat Kiddush Table again.

Membership - We are having a very good response to our recent mailing. Sisterhood appreciates everyone who renewed their membership this year and welcomes those of you who became new members. We need to send in our national dues very soon and would appreciate your returning the stub right away if you haven’t yet.

Due to circumstances beyond my control, I missed the last newsletter; and I would like to thank the following members for sponsoring Sisterhood Kiddushes in the past few months and those who have scheduled Sisterhood Kiddushes in the next month or two.

**Thank you to...**

Barbara Bianco, Linda Biggs, Florence and Hanley Cohn, the Faye Keyser Seudah Fund, Cindy Payant and Bill Solomon for their generosity in sponsoring the Sisterhood Kiddush at Rosh Hashanah.

The Faye Keyser Seudah Fund for underwriting the Break-the-Fast at the end of Yom Kippur and asking the Sisterhood to cater the dinner.

Susan Brown for sponsoring the Kiddush on October 29 in honor of Max’s 70th birthday.

The bat mitzvah ladies, Carol Battle, Phyllis Hyken and Linda Makler for sponsoring the Kiddush on November 26 to celebrate the 40th anniversary of the first adult bat mitzvah at BSKI.

Craig and Amy Zaidman for asking us to cater a Sisterhood Kiddush to celebrate the bar mitzvah of their son Toby on January 21.

And I am sponsoring the Kiddush for Women’s League Shabbat on January 28, catered by Liz DuBro, in honor of the Sisterhood officers and board.

Thank you for making our Sisterhood Supper (not) in the Sukkah another successful event. Although the dark weather prevented us from having dinner in the sukkah, Rabbi Shafrin enlightened us on community around the world, in our congregation, and in Sisterhood itself.

SAVE THE DATES

**Sunday, February 5 - Torah Fund program/brunch** to initiate the annual Torah Fund campaign to support the five international Conservative seminaries. By the time you receive this newsletter, you should have received information in the mail.

**March 4, 2017 Saturday evening - Sisterhood/Men’s Club Trivia Night** Start getting your tables together! Plan to join in the fun and frivolity (this year at Temple Israel). It is always an evening of questions, answers, games and “fressing”. And you and/or your business can sponsor a table or a round. Watch for more information.
During the Thanksgiving break, three of our USY teens attended EMTZA Kinnus 2016 in Kansas City! Throughout this jam-packed four days, 187 teens from around the Midwest Region enjoyed learning, laughing, exploring and a “Just Dance” program that raised over $600 for Tikun Olam. Below are comments from KRSTL USY attendees:

“Kinnus is a great way to meet and connect with Jewish teenagers from across the Midwest. A great tradition is how the chapters all introduce themselves at the beginning of the convention, and although Kol Rinah was a small group, we showed a lot of pride and left a great impression on the region.”

-Harry Rubin
Clayton High School, class of 2017

“This was my third year attending Kinnus and it truly gets more fun every year. I love getting to see my EMTZA friends from all over the Midwest and having the chance to make lots of new friends! This year’s theme was EMTZA University and in our small groups, we discussed Jewish life on campus and debated the BDS movement. It was really interesting to hear everyone’s point of view and gave me some things to think about as I start looking at colleges.”

-Pardes Lyons-Warren
Ladue Horton Watkins High School, class of 2018

“I had attended Kadima Kinnus for two years but this was my first USY Kinnus and I had so much fun.

Our teens returned from Kinnus and shared their experience with the rest of Kol Rinah’s chapter. They also returned full of ideas for us to continue to grow as a chapter and to engage teens throughout St. Louis. Kol Rinah USY embarks on 2017 with a renewed spirit and excitement about the future of the chapter and region.

“Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has.” — Margaret Mead

Donate a Vehicle to Kol Rinah

- Donor must provide a clear title.
- The vehicle does not have to be drivable.
- We will pick up the car. No charge if it needs to be towed.
- You determine the value, Kol Rinah will provide a tax letter.
- Contact the office, 314.727.1747, for more info or to arrange a pickup.

Make Money for Kol Rinah with Schnucks eScrip

Every time you make a purchase at Schnucks simply have your eScrip card scanned and up to 3% of the money you spend goes straight to Kol Rinah. Cards can be picked up from the office. Contact the office if you need help registering your card.
Our committee has been very busy this fall. We welcomed many new members at our “Open Door” High Holiday services. We sponsored a new program idea to help members be more aware of the inner workings of our synagogue. On Sunday Oct 30, “A Magical Mystical Tour” was held where different speakers involved in the various components of our busy shul presented their roles and how others can participate. A tour of the building took folks to different corners of the building that one doesn’t always travel to on a regular Shabbat or holiday, such as the ECC and the youth lounge. If anyone missed this worthwhile program, you are invited to contact anyone on the membership committee for a personal recap of the event and tour. (ask for the free treat included!)

On Shabbat Vayera, Nov 19th, Kol Rinah welcomed 21 new member family units – ranging in ages and backgrounds and various interests. Our bimah was overflowing with new faces and singing voices. A specially sponsored Kiddish by the Faye Keyser Memorial Seudah Fund gave us an opportunity to schmooze and greet our new friends. Their pictures and short bios were included in the Shabbat bulletin. But as sometimes happens, not all appeared that day. We are including the interesting story of our new member Herbert Goldman in this article for that reason. We hope everyone will be welcoming to new members – to all members!

The membership committee will continue with plans into the next calendar year with other ideas for bringing Kol Rinah members together in meaningful, fun, and worthwhile ways. New ideas and new members are always welcome to our committee.

My name is Herbert Goldman. I grew up in East St. Louis and completed high school there. I attended Washington University from 1957 till 1968: I received my bachelor’s degree in 1961, my master’s degree in 1963 and my Ph.D. in clinical psychology in 1968. My internship was at Northwestern University in Chicago.

I have worked at the Missouri School for the Blind and my dissertation was with visually impaired students. I then began work at the St. Louis Veterans Hospital at Jefferson Barracks for 30 years as a clinical neuropsychologist where I and an assistant evaluated patients with a myriad of brain insults. I then worked on an epilepsy unit at St. Luke’s Hospital for 10 years. I have been retired since 2010. I presently volunteer at the Alzheimer’s association center in St. Louis. I enjoy collecting pens and wrist watches. I have always loved dogs (Emma is my girl) and have worked and volunteered at the Missouri Humane Center. I have a son who is 41 years old who lives in Berlin, Germany. I am presently divorced and widowed. I am sorry not to have a photo for the new member brochure.
Men's Club

Max Brown
darthzaydah@gmail.com

Why a Men's Club and What Does It Do?

Aside from developing and sponsoring programming that better connects people of all ages to the Jewish community, (along with fun events such as the recent mouth-watering Taste of India); we strive to form meaningful long-lasting relationships based on camaraderie, common interests and core values. The club mentors members to become leaders of the congregation, as well as leaders in the Midwest Region of the Federation of Jewish Men's Clubs.

Kol Rinah Men's Club is affiliated with the Federation of Jewish Men's Clubs (FJMC), which is a partnership of more than 250 affiliated clubs with more than 20,000 members across North America and around the world. With the creative programming and support of the FJMC, Jewish Men's Clubs touch the lives of hundreds of thousands of people each year.

Why am I telling you this? I just wanted to let the men of Kol Rinah know that belonging to the Men's Club is a big deal. It is an organization worthy of your membership, your energy and your commitment. When you receive your membership application in January, please fill it out and return it with a check for dues you have selected. In addition, you will have an opportunity to donate to the Men's Club Rabbi Emeriti Youth Scholarship Fund, which is used to help defray the costs for our youth going to Israel.

Upcoming Men's Club Events

★ Kol Rinah Sports Night, in January
★ World Wide Wrap, Sunday, February 5, 2017
★ Men's Club Shabbat, Saturday, March 19, 2017
★ Man & Youth of the Year Luncheon, April 2, 2017

For more info watch your email in-box or go to Kol Rinah's website or contact Max Brown, Men's Club President at mensclub@kolrinah.org.

B'Shalom,
Max Brown
President

Kol Rinah Men's Club Offers Youth Scholarships to Israel!

To find out more about Kol Rinah Men's Club Rabbi Emeriti Youth Scholarships, contact Bob Olshan at olshanr@gmail.com

YKR?

Why do You belong to Kol Rinah? What made you join? What keeps you here?

We are interested. Please let us know.

Email your answers to YKR@KolRinahStl.org or the office.

Kol Rinah
Building Inclusive Community

Men's Club making Hanukkiot with KRRS students
Thank you to everyone who celebrated with us last month! It was wonderful seeing our Kol Rinah community come together for two great events. We celebrated with a Pre-Hanukkah event with latkes, magic, mitzvah and fun! Thank you to Bill Solomon for sponsoring the Pre-Hanukkah event. We also enjoyed one last Kol Rinah party “B4” the end of 2016. A Mexican Fiesta with good food, Bingo, activities for kids and some FUNdraising was a great way to end our programming year. Your support, both financially and in action, is what makes Kol Rinah a wonderful community. I can’t wait to carry the fun and enthusiasm into 2017!

☆ Please mark your calendar for Kol Rinah’s New Baby Shabbat on Saturday, January 14. This is a beautiful event where all Kol Rinah families with new babies join together on the Bimah for a special blessing. We hope you will join us to welcome our “newest” members. There will be a Totally Tot Shabbat service that morning, and the blessing over the new babies will take place on the bimah around 11:45.

☆ Kol Rinah is excited to offer a new conversation series for Parents. This “book club” style discussion will take place on Shabbat mornings and kicks off in January. Rabbi Jessica Shafrin will lead the discussion. Please watch for more information and contact me if you are interested in participating.

☆ Join DorWays for a fun way to get the energy out on Shabbat afternoons.

We will be hosting open gym time in the Kol Rinah gym on Saturdays, January 7 and February 4 from 4:00 pm– 5:30pm. The gym is appropriate for children 5 and under.

☆ On Sunday, February 12 at 9:30 join DorWays for a fun Tu B’Shevat program! Come get your hands dirty as we do a cool planting project and taste delicious fruits.

I hope your Hanukkah and the New Years was filled with laughter and light and reminded us of the miracles to be thankful for in our lives.

B’Shalom,
Jessica
Jewish Spiritual Parenting Discussion

*Kol Rinah is excited to offer a new class for parents!*

Rabbi Jessica Shafrin will lead a conversation series using the book *Nurture the Wow*, by Rabbi Danya Ruttenberg. Come nurture yourself, and enjoy adult conversation about how to find spirituality in both the wonderful and the mundane moments of parenting. The book is not a “how to parent,” but a take on how Judaism can help us find meaning and spirituality in the process.

Please join us on the following Shabbat mornings at 9:45 am for coffee and to schmooze. The discussions will begin promptly at 10:00 am. Childcare will be provided.


Stay after to participate with your child(ren) in Tot Shabbat, Rhythm n’ Ruach, or MifgaShabbat. Childcare will be provided during the session and through the completion of the main service.

We understand that you are busy parents, so:

- Don’t have an opportunity to read the chapter? No problem. We will read an excerpt together, so you can still participate in the conversation.
- Can’t commit to the whole series? Each session will stand alone, so if you miss a session you can jump back into the next.

Please contact Jessica Wax at 314-727-1747 or jessica@kolrinahstl.org to RSVP or if you have any questions.
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<td>7am Shacharit 8am Keruv &amp; Inclusion Committee Meeting - Lib 9am ECC Yoga - Sara Myers Rm 106 4:37pm Candle Lighting 6pm Kabbalat Shabbat/Ma'ariv</td>
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<td>Parshat Vayigash 9am Shabbat Service 10am Shabbat Room - Sara Myers Rm 106 1pm Book Review - Sara Myers Rm 106 3:40pm Mincha/Seudah Shelishit/ Ma'ariv 5:39pm Havdalah</td>
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<td>11</td>
<td>Wed</td>
<td>7am Shacharit / 6pm Mincha/Ma'ariv 9am Kindermusik 9:30am Movement Class - Sara Myers Room 106 10am KR Women's Social Group Mtng - Daily Chapel 4:15pm KRRS Hebrew School</td>
</tr>
<tr>
<td>12</td>
<td>Thu</td>
<td>7am Shacharit / 6pm Mincha/Ma'ariv 7pm KR Board Mtng</td>
</tr>
<tr>
<td>13</td>
<td>Fri</td>
<td>7am Shacharit 9am ECC Yoga - Sara Myers Rm 106 4:44pm Candle Lighting 6pm Kabbalat Shabbat/Ma'ariv</td>
</tr>
<tr>
<td>14</td>
<td>Sat</td>
<td>Parshat Vayechi New Baby Shabbat 9am Shabbat Service 10am MifgaShabbat - Daily Chapel 11am Totally Tot Shabbat - Sara Myers Room 106 3:45pm Mincha/Seudah Shelishit/ Ma'ariv 5:46pm Havdalah</td>
</tr>
<tr>
<td>15</td>
<td>Sun</td>
<td>KRRS Religious School 8am Shacharit / 6pm Mincha/Ma'ariv 9am Communications Mtng - Lib 2pm Women's Social Group Tea - Aud</td>
</tr>
<tr>
<td>16</td>
<td>Mon</td>
<td>Martin Luther King Day ECC Open 8am Shacharit 9:30am ECC Music Class - Sara Myers Room 106 6pm Mincha/Ma'ariv</td>
</tr>
<tr>
<td>17</td>
<td>Tue</td>
<td>7am Shacharit / 6pm Mincha/Ma'ariv 8am &quot;Moral and Ethical Issues&quot; - Sara Myers Room 106</td>
</tr>
<tr>
<td>18</td>
<td>Wed</td>
<td>7am Shacharit / 6pm Mincha/Ma'ariv 9:30am Movement Class - Sara Myers Room 106 4:15pm KRRS Hebrew School</td>
</tr>
<tr>
<td>19</td>
<td>Thu</td>
<td>7am Shacharit / 6pm Mincha/Ma'ariv</td>
</tr>
<tr>
<td>20</td>
<td>Fri</td>
<td>7am Shacharit 8am Keruv and Inclusion Committee Meeting - Lib 9am ECC Yoga - Sara Myers Rm 106 4:51pm Candle Lighting 6pm Kabbalat Shabbat/Ma'ariv</td>
</tr>
<tr>
<td>21</td>
<td>Sat</td>
<td>Parshat Shemot Toby Zaidman's Bar Mitzvah 9am Shabbat Service 10am Shabbat Room - Sara Myers Room 106 3:55pm Mincha/Seudah Shelishit/ Ma'ariv 5:53pm Havdalah</td>
</tr>
<tr>
<td>22</td>
<td>Sun</td>
<td>8am Shacharit / 6pm Mincha/Ma'ariv 9am Communications Mtng - Lib 9:30am KRRS Religious School 10am Board Development - Levy Aud</td>
</tr>
<tr>
<td>23</td>
<td>Mon</td>
<td>7am Shacharit / 6pm Mincha/Ma'ariv 9:30am ECC Music Class - Sara Myers Room 106</td>
</tr>
<tr>
<td>24</td>
<td>Tue</td>
<td>7am Shacharit / 6pm Mincha/Ma'ariv 8am &quot;Moral and Ethical Issues&quot; - Sara Myers Room 106</td>
</tr>
<tr>
<td>25</td>
<td>Wed</td>
<td>7am Shacharit / 6pm Mincha/Ma'ariv 9:30am Movement Class - Sara Myers Room 106 4:15pm KRRS Hebrew School</td>
</tr>
</tbody>
</table>

**Please Help Us Count To Ten!**

Visit kolrinahstl.org for our full interactive calendars
Kol Rinah Event Submission Guidelines

**Time Window:** An event request form should be submitted a minimum of 6 weeks prior to a regular sized event and 3 to 6 months prior to a large event (up to 1 year for a Shabbat).

1. Review Kol Rinah’s "All Calendar" on the Kol Rinah (KR) website to make sure there are no conflicts. Then follow the easy instructions found under "Event Request" in the KR website Calendar heading of the menu bar. The planner must provide all information needed for publicity.

2. Rabbi Arnow and David Weber will receive the form submission and ask any clarifying questions to vet the event. Generally, in a schedule conflict, first come first served, but KR may supersede that rule for the vital interests of the synagogue.

3. Once approved, Meir Zimand will notify the event planner and enter the event on the KR calendar, beginning the publicity effort. Generally, events will get a flyer by Gary Kodner and then will be publicized (in the month prior to the event): in the Shabbat sheet and weekly e-mails, on the bima, in the Voice/EXTRA, sent to the Jewish Light and on the website and lobby display. If there is a need to deviate from this plan or if additional PR is requested, the office will coordinate with the planner.

Kol Rinah Kashrut Rules & Etiquette

1. **All food** brought into the building must be checked by the Kol Rinah staff for acceptable hechshers. "Tablet K" is NOT an acceptable hechsher for Kol Rinah.

2. If food is not delivered during normal business hours, please call David Weber so arrangements can be made for the food to be checked.

3. No food is to be brought in, delivered or removed at Kol Rinah on Shabbat or any other holiday.

4. There is to be **NO** cooking of food on Shabbat.

**General Kitchen Reminders**

- If you must be in the kitchen, please do not touch or take any food items from the refrigerators, freezers, and cabinets that do not belong to you. Every food item, even if not specifically marked on the food item itself, has been purchased and intended for use at a particular event.

- Please refrain from visiting the kitchen or taking food from the Kiddush table PRIOR to Kiddush being served on Shabbat. It is disruptive to the volunteers who are preparing and plating the food for the Shabbat Kiddush.

*We are looking for volunteers to assist in preparing kiddushes. Please call Betty Siegel at 314.991.0709 or Marsha Birenbaum at 314.725.1100 if you are interested.*

Any questions should be directed to David Weber by phone 314.727.1747 (office) or 314.541.7322 (cell) or email dweber@kolrinahstl.org
The Kol Rinah Women’s Social Group invite you to High Tea!

Sunday, Jan. 15
2-4 pm.

High Tea
at Kol Rinah

RSVP by Jan. 8