Kol Rinah Me Voice



Kol Rinah welcomes everyone. This means YOU! Kol Rinah is a dynamic and forward-looking congregation where all generations come together to experience Judaism in innovative ways. Our mission is to create a welcoming community that embraces Torah and meaningful worship, lifelong learning, music, Israel and Tikkun Olam, guided by the tenets of Conservative Judaism. We embrace a diversity of Jews and Jewish families, including Jews by choice and Jews by birth, Jews of all hues, Jewish singles, couples, and families, interfaith households, LGBTQ Jews, Jews of all abilities and disabilities, the Jew-curious, and more! If there is anything we can do to make you more welcome or to accommodate your needs, please let us know.

Share Your Voice www.KolRinahSTL.org

Mazal Toy!

September Birthdays

Adell Alpern, Wendy Anderson, Sophie Aroesty, Ben Barzilai, Joan Barzilai, Gina Bernstein, Steve Birenbaum, Robert Boxerman, Steven Brown, Susan Brown, Zachary Buhler, Alyssa Burke, Michael Cannon, Anya Cerulo, Anthony Chaboude, Dana Emmenegger, Tovah Enger, Marvin Foster, Brett Fox, Robert Glick, Esther Goldenberg, Neal Goldford, Ralph Graff, Howard Granok, Emma Greenberg-Rehfeld, Hoben Greenberg-Rehfeld, Rachel Haspiel, Wendy Huss, Richard Kalina, Blair Kweskin, Simon Leeds, Rick Lerner, Beth Levy, David Levy, Maxine Lipeles Goldstein, Ginger Marcus, Abigail Miller, Judith Pearlstone, Julie Radman, Mendel Rosenberg, Henry Rosenblum, Bruce Sabin, Adam Scherer, Jacob Sheldon, Jessica Sheldon, Alex Shimony, Donald Siegel, Joseph Sparks, Enid Tennenbaum, Isabelle Vickar, Nelson Vickar, Eliana Wax, Alan Weinberger, Nadine Wilk, Jacob Youkilis, Meir Zimand

September Anniversaries

Louis & Susan Albert
Thomas & Esther Goldenberg
Michael & Charlene Kass
Marshall & Sara Myers
Mitchell & Joyce Podolsky
Andrew Rehfeld & Miggie Greenberg
C.W. Scherer & Barbara Lowes
Michael Shoykhet & Stephanie Berk
Peter & Paula Sparks
Marc & Lvav Spector
Kenneth & Cheryl Stein
Aaron & Cynthia Vickar
Leo & Sara Wolf

October Birthdays

Susan Albert, Avra Arnow, Hallel Arnow, Darien Arnstein, Barbara Bahn, James Bashkin, Martin Becker, Sanford Boxerman, Leo Bressler, Roger Brockman, Max Brown, Phyllis Bynum, Hannah Cooke, Joshua Ettinger, Marilyn Evans, Louis Fine, Asher Fox, Laurie Furman, Linda Gavatin, Allen Glinter, Jacob Goldsmith, Abigail Goldstein, Miggie Greenberg, Maurice Guller, Claire Halpern, Harlan Heller, Mildred

Hoffman, Janet Jacob, Randee Jacobs, Ella Kalachek, Grace Kalina, Marian Katz, Marvin Marcus, Lawrence Margulis, Barbara Meyers, Mary Ellen Movshin, Dovran Olshan, Joyce Podolsky, Omri Praiss, Eve Root, Sidney Rosen, Andrea Rosenblum, Caleb Rosenthal, Samuel Rubin, Klara Rybak, Martha Schaeffer, Michael Shoykhet, Joanne Singer, Gershon Spector, Lvav Spector, Claire Waxenberg, Bryan Weintrop, Hannah Zaidman

October Anniversaries

Siegfried & Carol Adler
Henry & Mary Berger
Max & Susan Brown
Micah Buck-Yael & Aviva Buck-Yael
Walter Chaboude & Ruth Battle
Steven & Alla Grossman
Louis & Ellen Harken
Jeff & Janet Jacob
Joseph & Beth Levy
Eli & Sherri Sadon
Amos & Barbara Shamir
Jeff & Jessica Wax
James White & Cindy Payant
Craig & Amy Zaidman

Condolences to the Families Of

Lucille Honigbaum
Phillip Katz
Harriet Moscowitz
Alfred Rosenstrauch
Norman Segall
Rose Skulnik
Alvin Wexelman
Harvey Zidell

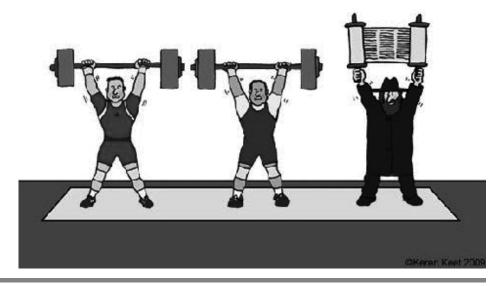


Why do You belong to Kol Rinah? What made you join? What keeps you here?

We are interested. Please let us know.

Email your answers to **YKR@KolRinahStl.org** or the office.





Upcoming Events

Visit kolrinahstl.org for full event information

- September 5 Selichot

- September 27 October 4 Sukkot

For events in the Sukkah, see page 5

This Edition

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Thank you to Phil and Sima Needleman for their generous sponsorship of the newsletter.

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Jeremy Buhler Lisa Gellman Treasurer

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Board - Term Ending 2017

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Marvin Lerner,

Ba'alei Koreh Jonathan Belsky

Elyse Picker, Liz Collins

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Micki Kingsley Sisterhood President Marilvn Dien Women's Social Group

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Sandy Boxerman, Debbie Igielnik

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Visit our Kol Rinah Facebook page!

www.facebook.com/KolRinahSTL

- members

Want to learn how?

Call the office to get in on a group training session with Tasha 314.727.1747.

50% OFF most items

through September 2015

Kol Rinah Sisterhood Gift Shop

Sale excludes books, Kosher mezuzot scrolls and tallitot

Newsletter designed by Tovah Enger

A Message from Rabbi Arnow



Rabbi Noah Arnow

RabbiArnow@kolrinahstl.org

"We get more from what we

build and create ourselves than from what we are given." -Rabbi Jonathan Sacks via Jeannie Appleman

I love to eat, and I love to cook. I enjoy a great meal in an outstanding restaurant as much as the next person. I've moaned over bites, refused to share, marveled at textures, at flavors, at colors, at techniques. But when I cook something of which I am proud, the degree of enjoyment is much higher, and deeper. There's something about making a cherry pie with sour cherries that my family has picked, that I've washed and rewashed, and pitted, and frozen, and defrosted, and sweetened, with a crust that I've mixed and chilled and rolled out and shaped, and then baking the pie to a perfect, golden brown that yields a deeper satisfaction than any pie I can get anywhere else.

Synagogue and community are the same as a meal or a cherry pie--when we have helped to create and build an experience, an event, a moment, an institution, or a community, it is more satisfying, more meaningful and more personal than when we are merely consumers of that experience, event, moment, institution or community.

How can you be a builder, a creator, a partner in creating the High Holidays at Kol Rinah this year? To make an experience that will touch almost a thousand people over High Holiday season, Kol Rinah needs your help. There are ways for every

single person to help, regardless of age or ability. Pick up the phone and call the office, 314.727.1747, and let us know the way(s) you can help to create the holidays for yourself and for our community.

We need ushers to help direct trafficcars and people--and make sure everyone knows where they are going inside and outside the building. We need volunteers to distribute name tags so people can feel known and appreciated at their synagogue, and we need people to sort the name tags after each day, so they can be ready for the next day.

We need people to help sing, on the bima, during the holidays, to create a full, rich and beautiful sound that will encourage the entire congregation to sing along. We need people who will sing from their seats, to create a sound that will reverberate with joy in our walls, and in our hearts. We need people who will daven (pray) intensely and seriously, and create around them a little bubble of intensity, seriousness and spirit wherever they are in the Sanctuary.

This year, we will have a robust complement of study and prayer experiences parallel to the service in the Sanctuary. We need people to come and participate and sing and study and question and argue and engage--to be active participants to create the experience.

We need people--hundreds of them--who will smile when someone sits

down next to them. We need people-again, hundreds--to smile when a child cries, when someone complains, when someone looks lost, or confused, or alone. And after the smile, a kind word, an offer of help to find a page, a seat, a cane, or a friend--we need people to help with all of those things.

We need your generosity of spirit, your patience when for your taste it's too hot or cold, too quiet or loud, too fast or slow, too crowded or too empty, too familiar or too new.

The more actively you participate and help, the more you will own and feel a part of the High Holidays at Kol Rinah, and the more you will open yourself to being transformed and renewed by these Days of Awe.

What gifts do you have to offer our community, and ultimately, yourself, this High Holiday season? By finding a way to give--of your heart, of your hands, of your spirit, of your smile--you will help create the synagogue and community that you--and we all--need.

No Tickets This Year PLEASE RSVP

- ❖ To reserve your name tag & help ensure our synagogue's security, fill out & return the forms in your High Holiday Mailing or go online.

 Walk-ins are also welcome.
- ☆ A full High Holiday calendar including service times and Parallel Experiences can be found in your High Holiday Mailing or online.

Sukkot Events

Sunday, September 27, 6:30pm - Steak n' Scotch Dinner
Wednesday, Sept 30, 6:30pm - Sisterhood Dinner
Thursday, October 1, 5pm - ECC Sukkot Dinner
Sunday, October 4, 11:30am- KRRS Lunch Bunch

Simchat Torah

Monday, October 5, 6pm - Dorways Family Dinner

PLEASE RSVP



Selichot

Saturday evening, September 5th

Start the high holiday season with a mystical and spiritual experience.

8:30pm - Program & Refreshments 9:30pm - Service

Tashlich

Sunday, September 20 9:30 am at Oak Knoll Park



Break the Fast Meal

following Yom Kippur services
Wednesday, Sept. 23

sponsored by the Faye Keyser Memorial Fund \$12 per adult, \$6 per child under age 10 Contact the KR office for reservations by September 16

Kol Rinah Religious School

Paula Hertel phertel@kolrinahstl.org

Kol Rinah Religious School - Moving Forward

In July, I was fortunate to attend the Summer Institute for Jewish Learning on the campus of Case Western Reserve University in Cleveland, Ohio. The specific topic that had peeked my interest was *Re-Imagining Jewish Education Through Art* because aesthetic education was always woven into the curriculum during my years in elementary education.

The four-day seminar grew out of the collaboration of Lincoln Center for Education (LEC) and the Yeshiva University Museum (YUM), both located in Manhattan, NY. This national initiative was supported by the Covenant Foundation.

I don't have space here to describe those four days of learning. However, let it be said that I was privileged to be part of a very thoughtful and creative group of Jewish educators – who were blessed with very knowledgeable and engaging instructors! The sparks of this aesthetic experience and the relationships to Jewish education will be evident throughout the school year 5775-5776.

We begin this religious school's third year by happily welcoming returning staff and those who are new to Kol Rinah:

Administrative Assistant

Ellen Cohen

Sunday Session

Primary (Pre-K/K/First Grade)

Debbie Friedman, Brigit Burke

Upper Primary (Second/Third Grades)

Ayelet Goldman, Linda Kram

Intermediate (Fourth/Fifth Grades)

Jennifer Greenberg

Middle School (Sixth/Seventh Grades)

Sarah Gordon

Hebrew Specialist/T'fillah Leader

Eli Horowitz

Music Specialist

Ben Portner

Art Specialist

Emily Herman

Madrachim

Maddie Lapp, Harry Rubin

Wednesday Session

Hebrew Specialists

Howard Belsky, Linda Kram, Ben Portner

T'fillah Leader

Ben Portner

As we begin the New Year, I share a quote from Rebbe Nachman of Breslov, (*The Empty Chair*, p.59)

Seek the sacred within the ordinary. Seek the remarkable within the commonplace.

L'Shanah Tovah Tikatevu,

Paula Hertel Director

Please see our web page for this year's calendar.

Kol Rinah Security News

To ensure the safety of our congregants and staff, as well as the integrity of our facilities, the following security protocol is effective immediately for the Hanley building:

On Shabbat, for both the Friday night service and Saturday morning service, we enter through the parking lot doors; all other doors are locked. The parking lot doors are secured by an off-duty police officer on Saturdays from 8:30 am to 2:30 pm. From Saturday evening through Friday morning, all doors are locked. For entrance to the morning (usually 7 am) and evening service (6 pm), a Minyan attendant watches the Amherst door so it can be locked at all times except to let people

enter and exit services. (Until further notice, the Sunday morning service is held at the Linden campus.)

During business hours, entry to the Hanley building is via the intercom at the doors closest to the parking lot.

To secure the Early Childhood Center (ECC), all internal doors between the main building and the ECC wing are locked (appropriate staff have a key.) The door to the coatroom is also locked during ECC hours.

Sincerely yours,

Mitch Shenker, President



Kol Rinah Israel Experience

Tel Aviv
Negev Desert
Ella Valley
Ein Avdat Canyon
Neve Midbar desert Ben
Gurion University
Nahal Tzin
Geology
Winery tours
Meet with Bedouins
Sderot fortified playground
Armored Corps Tank
Dinner in Jaffa

The Rabin Center
Shopping
Street Festival
Carmel Market
Historical walking tours
Kabbalat Shabbat
Shabbat dinners
Mediterranean Coast
Havdalah on the beach
Tel Aviv nightlife
Yokneam/Meggido
Tzippori Archeological Park
Tsfat's synagogues

Local artisans
IDF soldiers
Kinneret Cemetery
Jerusalem
Jordan Valley
Mt. Scopus
Israel Museum
Shrine of the Book
Israel's Knesset
Mahane Yehuda market
Jerusalem's Old City
Kotel Tunnel tour

Judean Desert
Ascend Masada
Dead Sea Resort
Ein Bokek Springs
Yad VaShem Museum
Mt. Herzl National Cemetery
King David's Tomb
Arab Bazaar
Sde Boker
Ramon Crater
Zichron Yaakov
Bio Bee initiative

FEB. 22 2016











Experience Israel with Rabbi Noah Arnow

February 22 – March 6, 2016

Land Cost (per person, double occupancy) **\$2,700***

*Price based on a minimum of 20 trip participants

Single Room Supplement \$965

Optional Group Flight (including taxes & fees) \$1,588

24 seats are being held on US Airways until October 9, 2015

Services Included:

- Airport greeting and transfers based on group flight
 - 4 and 5-star hotels with porterage
- Breakfast daily, group meals per itinerary includes tax & gratuities at restaurants
 - Site entrance fees and activity costs
 - Licensed Israeli tour guide (except Shabbat)
 - Deluxe touring bus with dedicated Israel driver (except Shabbat)
 - Return transfer to airport on final night

Contact karenjoyrader@gmail.com for itinerary



KolRinahSTL.org • 829 N. Hanley Road • St. Louis, MO 63130 • 314-727-1747

Sisterhood

Micki Kingsley

michele kingsley@yahoo.com

A grateful thank you to the following for sharing your recent simcha with a Sisterhood Kiddush:

- ☆ The Raffelsons, and Rhoda Grimsky in honor of Michael's and Wesley's B'nai Mitzvah.
- ☆ Lauren Schuver and Andrew Gold in honor of their daughter Jenna's Bat Mitzvah.

Also, Sisterhood and the Kiddush Fund co-sponsored the Kiddush to honor Rabbi Mark and Alice Fasman before their departure to Reno, Nevada.

If <u>you</u> would like to celebrate a simcha with a beautiful Sisterhood Kiddush,

Kiddush:

e-mail her at: suemeryl@charter.net.

elsons, and Rhoda Grimsky

Betty Siegel continues to organize

f Michael's and Wesley's volunteers to help on Saturday

volunteers to help on Saturday mornings with shul kiddushes. If you can help, please call the office at 314.727.1747 and we will put you in touch with Betty.

and leave all the work to us, please

call Sue Propper at 314.395.1349 or

Save the Dates

Wednesday, September 30, 2015 – Sisterhood Supper in the Sukkah.

Saturday, October 10, 2015 – Sisterhood is having a speaker at services to talk about Human Trafficking, with a follow-up after Kiddush.

That Saturday, Marian Katz is co-sponsoring the Sisterhood Kiddush in celebration of her birthday.

Sunday, October 25, 2015 – Torah Fund Kick-Off Program.

More details will be made available as they develop, but, in the meantime, circle these dates on your calendar.

Thanks to all of you who ordered honey and were able to take advantage of free shipping. If you would still like to order honey, you may do so through the end of August, with a \$4 shipping charge.

I wish you and your family a sweet new year, and may we all be written and sealed at the appropriate times for a strong and healthy 5776.

Haftarah with Howard

6:30 - 7:30pm every Tuesday (barring holidays) in the Library

- There will be a Haftarah chanting at the conclusion of the class.
- ☆ There is NO COST for materials or supplies!
 Contact Howard Belsky for questions: 314.546.0810 or howardbelsky@gmail.com

Celebrate with a Kiddush by



All profits from our kiddushes go to the shul in many different ways, including USY, Religious School, the ECC, Jewish summer camp scholarships, general operating funds of the Synagogue & maintenance of the kitchens and all equipment.

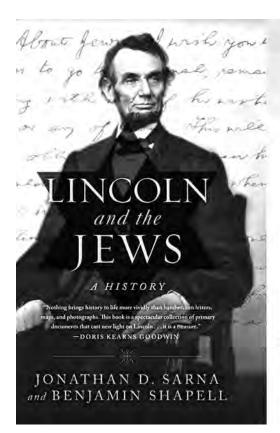
For more information, contact **Sue Propper** 314.395.1349 or **suemeryl@charter.net**

Make Money for Kol Rinah with Schnucks eScrip

Did you know in one easy step you can personally raise hundreds of dollars for Kol Rinah without spending any extra money? Every time you make a purchase at Schnucks simply have your eScrip card scanned and up to 3% of the money you spend on your groceries goes straight to Kol Rinah. Pick up a Schnucks eScrip card in the front office or request to have a card sent to your home.

Contact Tasha Kaminsky in the office for your card! tasha@kolrinahstl.org





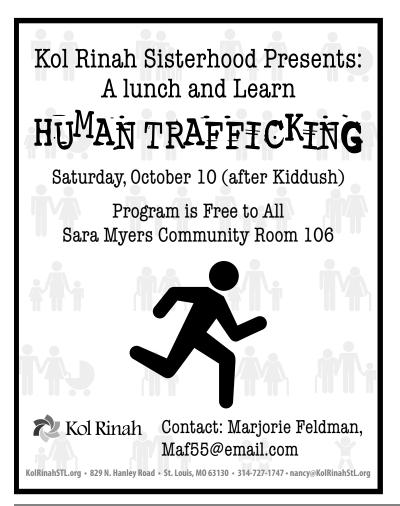
Dr. Jonathan Sarna Lincoln and the Jews

October 15, 2015 at the Lincoln Museum in Springfield, IL.

Bus leaves Kol Rinah at noon Book signing at 6:00 pm Talk begins at 6:30 pm

\$ 35 includes: Museum/lecture, Roundtrip bus transportation Optional kosher lunch from Kohn's can be ordered

Contact Tasha for infomation: tasha@kolrinahstl.org





Bob Olshan olshanr@gmail.com

Shannah Tovah U'Metukah 5776! Have a happy and sweet New Year.

What a great year 5775 was for our Men's Club! We continue our energetic journey engaging men socially, intellectually, spiritually and to serve Kol Rinah, our community and our members!

We invite you to join our fun and engaging programs. We begin the year with our amazing Steak and Scotch in the Sukkah with a taste of Talmud, 6:30pm-10pm, following 6pm Minyan, on September 27th, our annual tradition! If you haven't tried it you're missing out. There are Veggie or Fish options, and don't worry if you're not a Scotch drinker – this is a great event for all.

Coming up in November is another Men's Club hit – Sushi and Sake Shabbat on Nov 20th! We will once again be hearing from our very own Professor Marvin Marcus, at Washington University. Come explore the tastes and spirit(s) of Japan and enjoy hearing about yidishkyt in the Far East.

Stimulate your intellect and spirituality and join us for our bi-monthly "Guys Night Out" Hearing Men's Voices, beginning October 25th on Inclusion. Come explore your inner self and develop bonds with other Kol Rinah Men at 7 PM in the upstairs in the Youth Lounge.

This year we will have a young men's group "Chaver" (ages 20-40+) which will be having a variety of programs.

Please join Men's Club for 2016, free for the remainder of 2015.



Dave Propper and Alan Schwartz attended the 2015 FJMC (Federation of Jewish Men's Clubs) Biennial Convention in Miami, FL this past Julv. Meeting with more than 400 representatives from other Synagogue Men's Clubs from the United States. Canada. South America and Africa, they spent 5 days learning about Leadership, Innovation and Community as related to involving Men in Jewish life and the Conservative/Masorti Movement. Along with numerous programming tracks to attend throughout each convention day, Dave and Alan learned from Keynote speakers each evening, including the Presidents of USCJ and WLCJ, noted Rabbis and Hazzans, and Jewish experts in areas as varied as finance, entrepreneurship and Shoah studies. A highlight of the Conference was the Saturday evening concert by six fantastic Hazzans, including well known Kol Rinah alumna, Hazzan Joanna Dulkin.

Kol Rinah Men's Club once again received the FJMC Quality Club Award. Dave Propper accepted the award on behalf of the Kol Rinah Men's Club

from Myles Simpson, International President, Federation of Jewish Men's Club at the July Convention. The award is presented to clubs that meet various criteria of performance in areas ranging from service to synagogue and community to ritual to broad and varied programming.

Bob Olshan
President, Kol Rinah Men's Club

Want A Family Member In A Nursing Home To Get A Visit?

For a visit from the Chesed committee or to volunteer, call Barbara Bianco 314.727.2399 or email barbarab2@aol.com

Jewish Food Pantry List For September

- Canned Beef Stew/Chili/Pasta with Meat
- 2. Canned Tuna Fish
- 3. Kosher Food
- 4. Any Type of Canned Vegetables
- 5. Canned Fruit
- Toilet Paper, Hand Soap, Tooth Paste and Detergent

For more info, contact Louise Levine 636.227.1259.

DorWays: Families & Young Members

Jessica Wax Jessica@kolrinahstl.org

This is such an exciting time for families at Kol Rinah! Our wonderful group of families continues to grow and become more engaged, and as the fall approaches there are many more opportunities to be together as a community.

If you have not informed us of your children's participation in holiday programming and/or babysitting please do so immediately. We want to ensure the holidays are fun, meaningful, and safe for everyone and we need to have the correct amount of supplies and staff. Of course, Kol Rinah will have a variety of services and programming for children and families on both days of Rosh Hashanah and Yom Kippur. We will also have a family dinner prior to the Simchat Torah celebration on October 5. Dancing with the Torahs during the 7 Hakafot (which translates to 'to march around') is a fun and meaningful celebration. Children look forward to the special treats they get after each Hakafah.

We are busy planning for a fun, relaxing, inspiring Kol Rinah Family Shabbat Retreat at Trout Lodge, November 6-8! You will be able to RETREAT from your busy life and enjoy some quality time with your family and Kol Rinah friends, new and old. Some highlights of the weekend include a relaxed, family-friendly atmosphere, camp-like Shabbat vibe, Shabbat meals and informal services, programming and childcare/supervised activities for kids of all ages, time just for grown-ups, a teen track, sports and games, and beautiful natural surroundings. The retreat is appropriate for families with children of all ages. If you have not already done so, please go to the Kol Rinah website for more information and the link to the registration page. The retreat is made possible through a generous grant from the Gladys K. Crown Foundation honoring the memory of Shirlee Green, and the Jewish Federation's Rich Fund.

Please watch for information regarding dates for Tot Shabbat, Rhythm n Ruach, MifgaShabbat, and other family programming. If you do not receive my

emails please let me know so I add you to the list.

I look forward to seeing you during the holidays, at the retreat, and all year long! If you have thoughts or ideas for programs you would like to see for families, please let me know.

I wish you and your family a happy and healthy New Year!

B'Shalom, Jessica Wax jessica@kolrinahstl.org

Register by September 13!

Join our Kol Rinah community for a fun, relaxed, inspiring

Kol Rinah Family Retreat

for families with children of ALL Ages

Friday-Sunday, November 6-8

Trout Lodge Potosi, MO − just 1½ hours away



Costs include: lodging, food, all programming, childcare, Trout Lodge activities, and more. Scholarships are available on request.

For more information contact:

Jessica Wax at Jessica@kolrinahstl.org



Made possible through the Gladys K. Crown Foundation, honoring the Memory of Shirlee Green, and the Rich Education Fund of the Jewish Federation

■¶ KolRinahSTL.org • 829 N. Hanley Road • St. Louis, MO 63130 • 314–727–1747 • nancy@KolRinahStL.org

Register online at http://www.kolrinahstl.org/a-kol-rinah-family-retreat/

New Faces in our ECC

Marty Schaeffer, Director of our ECC for the past 27 years is retiring. Under Marty's leadership, the Kol Rinah ECC has grown and prospered into one of the most respected daycare programs in the area. Marty has been an outstanding dedicated leader, professional and a valuable member of the Kol Rinah staff. I hope you were able to attend the kiddush in her honor on August 15th. (You can read more about Marty in the *Everyone Has A Story* on page 14.)

Our new Co-Directors, Elyse Picker and Elizabeth (Liz) Collins, began August 3rd. Marty has graciously offered to help with the transition. Together, Elyse and Liz bring professional experience in early childhood education, Jewish curriculum and working with children with special needs.

Elyse, an ECC parent, most recently worked as a Parent Educator with Jewish Parents as Teachers, and for the Fort Zumwalt School District as a deaf education specialist. Liz has been a classroom teacher in the H.F. Epstein Hebrew Academy's preschool for the last 14 years. They each possess strong communication and leadership skills, and a passion for Jewish education and values.

While Liz will primarily be responsible for staff and curriculum development and Elyse for administration, they will partner together to create the best learning environment for the children. They are a dynamic team and are both excited to take on this new opportunity together. ECC parents will receive additional information about the





Liz Collins and Elyse Picker

transition and communication from Liz and Elyse in the upcoming weeks.

Thank you to the committee for volunteering their time throughout the search process: Nancy Berg, Alexis Bruce-Staudt, Alisa Cooperstein, Michael Goldstein, Blair Kweskin and Christine Walsch.

Sincerely yours,

Mitchell Shenker, President



Early Childhood Education

Liz Collins, Elyse Picker

collinse@ kolrinahstl.org pickere@kolrinahstl.org

It's hard to believe that summer is winding down, a new school year beginning and the High Holidays upon us already. This year for the Kol Rinah Early Childhood Center, "new" takes on additional meaning as we begin our roles as the new Co-Directors. We look forward to getting to know our students, building relationships with our families, helping our teachers develop their professional goals and becoming a part of the Kol Rinah community. To start doing that, we thought we'd each share a little about ourselves.

Liz Collins: I live in Florissant with my husband Daniel, and our four children, Cameron (16 years old), Carter (11 years old), Carson (10 years old), and Christopher (5 years old). I am passionate about Early Childhood education, having been fortunate to have spent the past 14 years working in Early Childhood, and recognize that it is the beginning of a child's great learning adventure. I am excited for this opportunity to partner with Elyse Picker as Co-Director for Kol Rinah ECC and look forward to connecting with families, students, and staff this school year.

Picker: Originally from **Elyse** New England, I disappoint people when they ask where I went to high school. But when they ask where my kids go to school, I can proudly say Kol Rinah ECC! I came to St. Louis five years ago with my husband David (a St. Louis native), and we have two children: Stella, 3 years and Isaac, 10 months. As Co-Director, I look forward to working with Liz Collins to ensure our early childhood program continues to be a strength for Kol Rinah and stands out as a Jewish daycare center and preschool in our community.

L'Shanah Jovah

We look forward to sharing more with you as the year progresses!

Youth



My time volunteering at the Kol Rinah Early Childhood Center was outstanding. For the six weeks I was there, I learned more life skills than I have in a long time. I connected most with the infants and the toddlers.

I learned so much in the infant room. Being surrounded by infants is a very cool experience. I learned things I never thought about before, like each baby's individual personality. People don't think babies have personalities, but each child is very different. Learning each one's needs and wants is a very eye-opening experience. It is also very cool to watch them grow up. When I missed a week for vacation. I came back and the babies' cores had gotten a lot stronger to the point where I did not have to support them as much. They also all have their own schedules. As babies get older, I learned the times of feedings, naps, and diaper schedules change. It is the little things that one does not think of that can be most important in the infant room.

Babies are also very musically inclined at this age. One of my co-teachers and I would both bring in instruments

and play for them. It was very cool to watch them become "hypnotized" from the sound. Also, reading to the different age groups between the infant and toddler rooms taught me about attention spans. Although the infant room does not have as long of an attention span as the toddlers, they still highly enjoy the listening to the stories and looking at the pictures. Music and literature are very important and interesting at these ages.

Overall, my experience at the Kol Rinal Early Childhood Center is one I will never forget.

Maddie Lapp Kol Rinah USY President

Everyone Has A Story

Sima Needleman

The Story of Marty Schaeffer

Martha Ellen Schaeffer, known to everyone as Marty, was born in St. Louis, the youngest of Robert and Alice Schaeffer's 3 children. Marty enjoyed a very close relationship with her father, who had earned a bachelor's degree in engineering from Washington University, but his lifetime career was with the May Company, known in St. Louis as the Famous Barr Department Store, where he was an executive. Robert taught Marty how to do "simple wiring and other home maintenance." She felt that he "treated her like an equal." In addition, he was a serious gardener and Marty loved to garden with him.

Marty's mother, who was an elementary school teacher and an administrative assistant, took some time out to be a full-time mother. She was a bright woman, read a lot, joined various organizations and served on many committees. She taught Marty to cook at a young age. By the time Marty was in the 9th grade, her mother went back to work and Marty took over the task of cooking family dinners. Marty's relationship with her mother was quite different than her relationship with her father. While her father treated Marty like an equal, her mother was overly protective.

There are a little more than two years between her older brother, Robert, Jr. (Bob) and her second brother, Charles, and another two years between Charles and Marty. Marty stated that she has great respect

for Bob, who today is a well-known holistic veterinarian. As for Charles, Marty has probably always had a close relationship with him. He is not just her sibling but also her good friend. They own a farm together in the Ozarks.

The children grew up in Webster Groves and all three of them attended Webster Groves Public Schools, starting with Kindergarten at Avery Elementary School, going on to Plymouth Junior High School and then attending and graduating from Webster Groves High School.

Marty and her siblings were raised in the Christian faith. They were not devout Christians, but they were committed to their church, the Grace Methodist Church on Waterman and Skinker, where her mother sang in the choir and her father was an usher. Her mother advised Marty to: "Use religion for guidance in your life."

During her elementary school years, Marty took piano, flute and ballet lessons as well as art classes in the summer. Interestingly, Marty played piano and flute by ear and didn't learn to read music until later. Marty stated that grade school wasn't easy for her, and she worked hard; but her art teacher, Mrs. Early, was kind to her and instilled in her a desire to become a teacher and to minor in art education.

From the time Marty was 12 years old, she was one of the most sought after baby-sitters in her area. She always



took crafts and activities with her, and she was a great storyteller! She could make up stories about any topic the kids requested. One family hired her every weekend!

In Plymouth Junior High School, Marty started to play field hockey and really enjoyed the sport. She also very much liked various art classes, singing in the choir and playing the flute in the orchestra. At Webster Groves High School, she continued to play field hockey all four years and was active in a number of clubs and organizations. During those years, in addition to public school, Marty also attended religious school, where one class in particular left a big impression on her. It was a class in Comparative Religions. Her teacher arranged for the class to go to a nearby synagogue, and by chance the synagogue was Shaare Zedek on Hanley Road. The class was taken to the chapel where Rabbi Ephraim Epstein spoke to the students. Marty came away feeling that Judaism was "more grounded in reality than her

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Christian faith had taught her." Her experience at Shaare Zedek was Marty's introduction to Judaism!

Selecting a college to attend after high school was easy for Marty. There was a family tradition to uphold. She became the fourth generation of women in her mother's family to attend Simpson College, which was a liberal arts college affiliated with the United Methodist Church in Indianola, Iowa. (Her maternal greatgrandmother was first, followed in time by her grandmother, her mother and then Marty.)

The summer after Marty received her Bachelor of Arts degree from Simpson College with a double major in Elementary Education and Art Education, she went to summer school at Drake University in nearby Des Moines to do graduate work in Early Childhood Education.

After completing summer school, Marty taught art in Indianola public schools during the day while she, herself, attended Drake University's evening school (and continued to work toward a master's degree in Early Childhood Education).

The next summer, Marty accepted a position teaching art in a day camp sponsored by the Des Moines Jewish Community Center (JCC). There she met a young man named Bob Gummers, who worked for the JCC day camp. Marty believes that Bob had a bachelor's degree in Social Work with a focus on Jewish Studies from the University of Iowa. Bob turned out to be Marty's boss at the camp. He and Marty became good friends and

their friendship grew to be much more over time.

Meanwhile, Marty felt that she wanted to learn more about Judaism and decided to study with Rabbi Jay Goldberg, who was also in Des Moines at that time. It didn't take long for Marty to ask Rabbi Goldberg to teach her what she needed to know to convert to Judaism. The Rabbi was happy to orchestrate her conversion, which she completed in 1976.

In 1977, Bob and Marty moved to Omaha NB, where Bob was born and raised and where his family was still living. The couple was married in Omaha's Temple Israel Synagogue, and they remained in Omaha two years so that Bob could go to graduate school and complete the requirements for a Masters degree in Social Work. While Bob did that, Marty taught art in the Nebraska public schools. After Omaha, they moved to Rockford, IL where Bob worked for the JCC and Marty again taught art in public school. While living there, their daughter Leah Beth was born.

Six months later, Bob, Marty and Leah moved to St. Louis where Bob had accepted a position at our JCCA with responsibilities for family programming and for serving as Director of Camp Baer first and then Camp Sabra. Soon after Bob's first summer at Camp Sabra, their son Jonathan Aaron was born.

In 1985, Bob accepted a new job at Shaare Zedek, as the Synagogue Administrator. Rabbi Kenneth Green and his wife Karen invited Bob, Marty and their children to a party at their home where Marty and Bob met the

other employees, including Cantor Paul DuBro and his family. Bob held the Administrator position for 3 years.

Meanwhile, Marty was hired by the JCCA to teach 3-year-olds, after which she became Director of the JCCA Nat Koplar Summer Camp for preschoolers. With those credentials and a good recommendation, Marty was hired to be the Director of what was then the SZ Pre-School in 1988, the same year that Bob resigned as SZ's Synagogue Administrator in order to accept an offer to be the Synagogue Administrator for United Hebrew Congregation, a position he has maintained ever since.

Over the years, a number of changes have occurred at the Pre-School; (1) Its name changed twice - - first from SZ Pre-School to SZ Early Childhood Center (ECC) and then, after the merger, to Kol Rinah ECC; (2) It consisted of 2 classrooms and a " Mommy and Me Program" located on the lower level of the synagogue, but now there are 7 classrooms: two for infants (starting at the age of 8 weeks) and 5 more for children whose ages range from 1 to 5, housed in the first floor education wing of the synagogue; (3) The school day used to begin at 9:00 a.m. and end at 11:45, but now the children arrive by 7:30 a.m. and can remain until 6:00 p.m.; (4) The staff has grown from 6 teachers, to 19 regular teachers and 4 specialists (to teach music, art, creative movement, science/Judaic topics and language). In addition, there is an office staff member.

Not only has the school changed, but there are changes in Marty's personal life, too. She and Bob got divorced in 1994 but have had an amicable separation. They shared custody of their children and decided that they would both remain living in the same school district for the children's sake. Marty has always felt that "Bob is a good man and a good Dad."

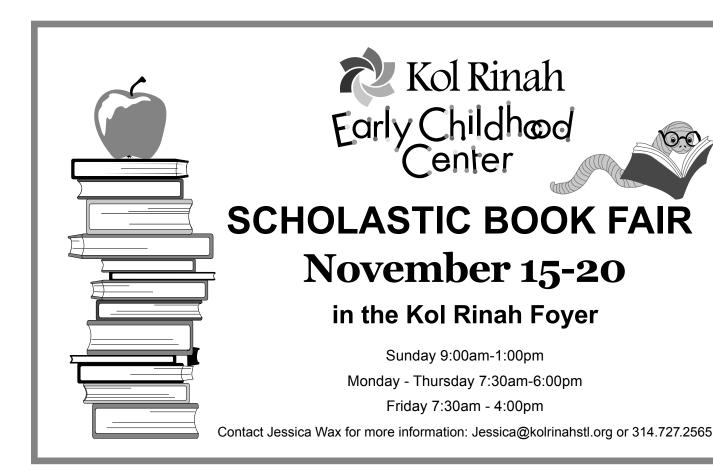
Sometime after the divorce, a friendship developed between Marty and Cantor DuBro, who by then was also divorced. She respects him a great deal for his singing and enjoys listening to him. For a number of years, Paul has been leading High Holiday services out of town; and, at some point, Marty began to accompany

Paul on his High Holiday trips. As a result of the return to those cities over the years, Paul and Marty have made some new friends. Marty and Paul are good companions for one another and have a comfortable, close relationship. However, Marty stated that she's very independent and doesn't want to get married again. She likes things the way they are.

Today, Marty's daughter, Leah, who has a Bachelor's Degree in Government and a Master's Degree in Public Administration, is a busy mother of twin girls. Leah volunteers for various organizations and goes out of her way to help people in need. Son Jonathan, who has a bachelor's degree in Environmental Studies with a focus in Meteorology, works for an Air Transport company called Aero Charter. Marty described him as a "free

spirit, who vowed he would never wear a tie." Marty is very proud of both of her children. She feels that both have a great work ethic and have turned out to be really good people who give of themselves and help others.

Marty is happy with what she has: her children, her siblings, and her many friends. She spoke warmly about two special friends, Cheryl Whatley and Shari Liess, who "adopted her" when she moved to St. Louis. Their families have always celebrated the Jewish holidays together; and, according to Marty, they became her "St. Louis Jewish family." In addition, Marty feels that the people at Shaare Zedek (now Kol Rinah) have been so welcoming and friendly that they seem like family, too. Marty is a person who seems genuinely happy with her life!





October 10, 7pm

An evening of poetry, music, and refreshment. A havdalah service will be held followed by social time and beverages, leading into poetry reading.

Questions?
call Mary Berger
314~458~1256



KolRinahSTL.org • 829 N. Hanley Road • St. Louis, MO 63130 • 314-727-1747

Tue

7am Shacharit / 6pm Mincha/Ma'ariv 8am "With Heart and Mind" - Sara Myers Room 106

6:35pm Haftarah Class By Howard Belsky - Library

Wed

7am Shacharit / 6pm Mincha/Ma'ariv 1pm KR Women's Social Group Meeting - Sara Myers Room 106 4:15pm Wednesday KRRS Classes Opening Day

Thu

7am Shacharit / 6pm Mincha/Ma'ariv 7pm Executive Committee Mtng - Lib

Fri

7am Shacharit / 6pm Kabbalat Shabbat 7:09pm Candle Lighting

Sat

Parshat Ki Tavo 9am Shabbat Service 6:05pm Mincha/Seudah Shelishit/ Ma'ariv 8:06pm Havdalah

8:30pm Selichot Program

9:30pm Selichot

Sun

8am Shacharit at 1107 E. Linden 9am Communications Meeting -Library 6pm Mincha/Ma'ariv

Mon

Office & ECC Closed for Labor Day 8am Shacharit / 6pm Mincha/Ma'ariv

Tue

7am Shacharit / 6pm Mincha/Ma'ariv 8am "With Heart and Mind" - Sara Myers Room 106

10am Poetry Chavurah - Sara Myers Room 106

11:45am JCRC Meeting

6:35pm Haftarah Class By Howard Belsky - Library

Wed

7am Shacharit / 6pm Mincha/Ma'ariv 11am ECC Family Rosh Hashanah Program

4:15pm Wednesday KRRS Classes 7pm Membership Meeting

Thu

7am Shacharit / 6pm Mincha/Ma'ariv 7pm Kol Rinah Board Meeting

Fri

7am Shacharit / 6pm Kabbalat Shabbat 6:58pm Candle lighting

Sat

Parshat Nitzavim 9am Shabbat Service 5:55pm Mincha/Seudah Shelishit/ Ma'ariv 7:54pm Havdalah

Sun

8am Shacharit at 1107 E. Linden 9am Communications Meeting - Lib 9:30am Sisterhood Meeting - Aud 10am Men's Club Board Mtng - Lib 6pm Mincha/Ma'ariv 6:55pm Candle Lighting

Mon

Rosh Hashanah 1 **ECC Closed for Rosh Hashanah**

9:15am Shacharit 6pm Mincha/Ma'ariv 7:51pm Candle Lighting

Tue

Rosh Hashanah 2 ECC Closed for Rosh Hashanah

8:30am Shacharit 6pm Mincha/Ma'ariv 7:51pm Holiday Ends

Wed

7am Shacharit / 6pm Mincha/Ma'ariv 4:15pm Wednesday KRRS Classes

7am Shacharit / 6pm Mincha/Ma'ariv

Thu

Fri 6:47pm Candle Lighting

7am Shacharit / 6pm Kabbalat Shabbat

Parasat Vavelech

Shabbat Shuva Sat 9am Shabbat Service

> 12:30pm Toasting Talmud and Torah 5:45pm Mincha/Seudah Shelishit/ Ma'ariv

7:43pm Havdalah

Sun

8am Shacharit at 1107 E. Linden 9am Communications Meeting - Lib 9:30am Religious School Open Day 9:30am Tashlich at Oak Knoll 6pm Mincha/Ma'ariv

Mon

7am Shacharit / 6pm Mincha/Ma'ariv

ECC Closes at 3pm for Kol Nidre

7am Shacharit 8am "With Heart and Mind" - Sara Myers Room 106 6:30pm Mincha/Kol Nidre/Ma'ariv

6:41pm Candle Lighting

Yom Kippur **ECC Closed for Yom Kippur Fall Begins**

9am Shacharit/Yizkor at Approx 11:45

4:45pm Mincha

6:15pm Ne'ilah 7:30pm Ma'ariv

7:39pm Fast Ends

7am Shacharit / 6pm Mincha/Ma'ariv



PLEASE HELP MAKE A MINYAN

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7am Shacharit / 6pm Kabbalat Shabbat

6:36pm Candle Lighting

Sat

Parashat Ha'Azinu 9am Shabbat Service 5:30pm Mincha/Seudah Shelishit/ Ma'ariv

7:32pm Havdalah

Sun

8am Shacharit at 1107 E. Linden 9am Communications Meeting -Library

9:30am Religious School 6pm Mincha/Ma'ariv

6:30pm Steak and Scotch in the Sukkah

6:33pm Candle Lighting

Sukkot - Yom Tov **ECC Closed for Sukkot**

9am Shacharit / 6pm Mincha/Ma'ariv 7:28pm Candle Lighting

Sukkot - Yom Tov **ECC Closed for Sukkot**

9am Shacharit / 6pm Mincha/Ma'ariv 7:27pm First Days End

Sukkot - Chol Hamoed

6:45am Shacharit / 6pm Mincha/ Ma'ariv

4:15pm Wednesday KRRS Classes 6:30pm Sisterhood Sukkah Supper -Sukkah/Sara Myers Room 106

Share a Haftarah With Us!

Phyllis Hyken 314.395.6829 phyl_hy@yahoo.com



Kol Rinah Event Submission Guidelines

- 1. The process begins with the event planner (you) reviewing Kol Rinah's "All Calendar" on the Kol Rinah (KR) website to make sure there are no conflicts.
- 2. Follow the easy instructions on this KR web page: http://www. kolrinahstl.org/event-request/ or find the link "Event Request" under the KR website Calendar heading on the main menu bar.

What will happen next:

- 3. Our Rabbi and David Weber will receive the form submission and ask any clarifying questions to vet the event. Generally, the rule will be first come first served, but KR may supersede that rule for the vital interests of the synagogue.
- 4. Once approved, Meir Zimand will put the event on the calendar which begins the publicity effort. Meir will also notify the event contact and any other KR stakeholders so that program coordination can begin.

Thank you in advance for adhering to this process.

The Communications Committee

office and he will direct you to the right person.





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