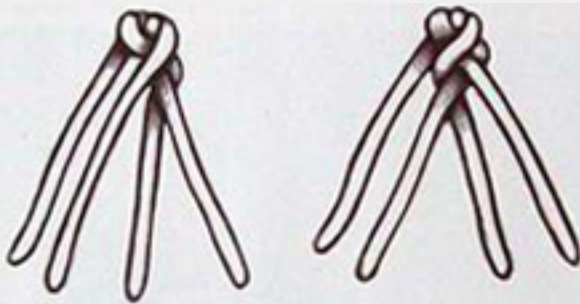


Four-Stranded Braid: To braid four strands, divide the dough into 4 or 8 parts (depending on whether you want two smaller loaves or one huge one). Form the dough into ropes or strands. Lay four strands so the ends are pointed towards you and pinch the farthest ends together. Start the braid with the ends that are farthest away and braid toward you.

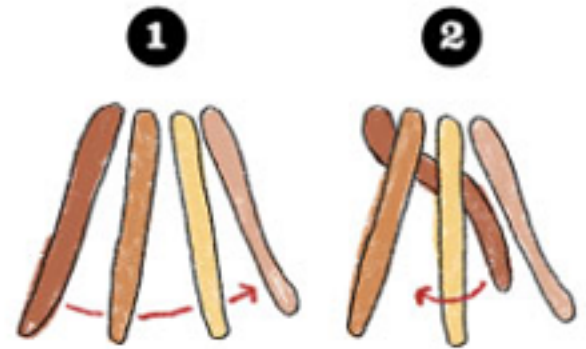
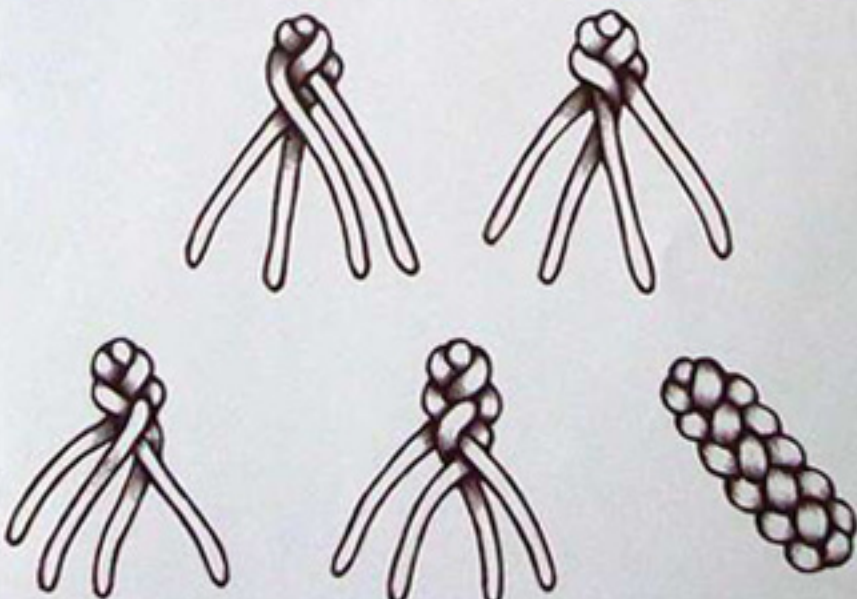
* Take the left-hand strand and move it to the right over 2 strands and to the left under 1 strand.



Take the right-hand strand and move it to the left over 2 strands and to the right under 1 strand.



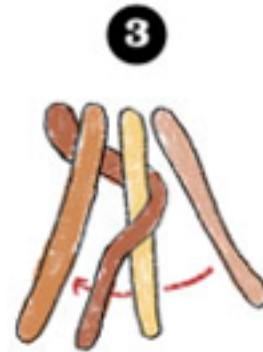
Repeat from * until the loaf is done. Pinch the ends together.



1
under 2
from right



2
over 1



3
under 2
from left



4
over 1



5
begin again