



### Worship Services

**Saturday, October 1**  
Shabbat Morning Service, 10:30 am

**Sunday, October 2**  
Erev Rosh Hashanah Service, 8 pm

**Monday, October 3**  
Rosh Hashanah Services,  
Morning Service, 10 am  
Family Service, 1 pm  
Junior Congregation, 2 pm

**Friday, October 7**  
Shabbat Evening Service, 7:30 pm

**Saturday, October 8**  
Shabbat Morning Service, 10:30 am  
Tot Shabbat, 11 am

**Sunday, October 9**  
Tashlich, Burke Lake Park, 10:30 am  
Home of Peace Memorial Service, 1 pm

**Tuesday, October 11**  
Kol Nidre Service, 8 pm

**Wednesday, October 12**  
Yom Kippur Services  
Morning Service, 10 am  
Family Service, 1 pm  
Jr. Congregation, 2 pm  
Afternoon Service, 3:15 pm  
Yizkor and Neilah, 4:45 pm

**Friday, October 14**  
Erev Shabbat Service, 7:30 pm

**Saturday, October 15**  
Shabbat Morning Service, 10:30 am

**Monday, October 17**  
Sukkot Service, 10:30 am

**Friday, October 21**  
Soul Shabbat Service,  
7:30 pm

**Saturday, October 22**  
Shabbat Morning Service, 10:30 am  
Tot Shabbat, 11 am

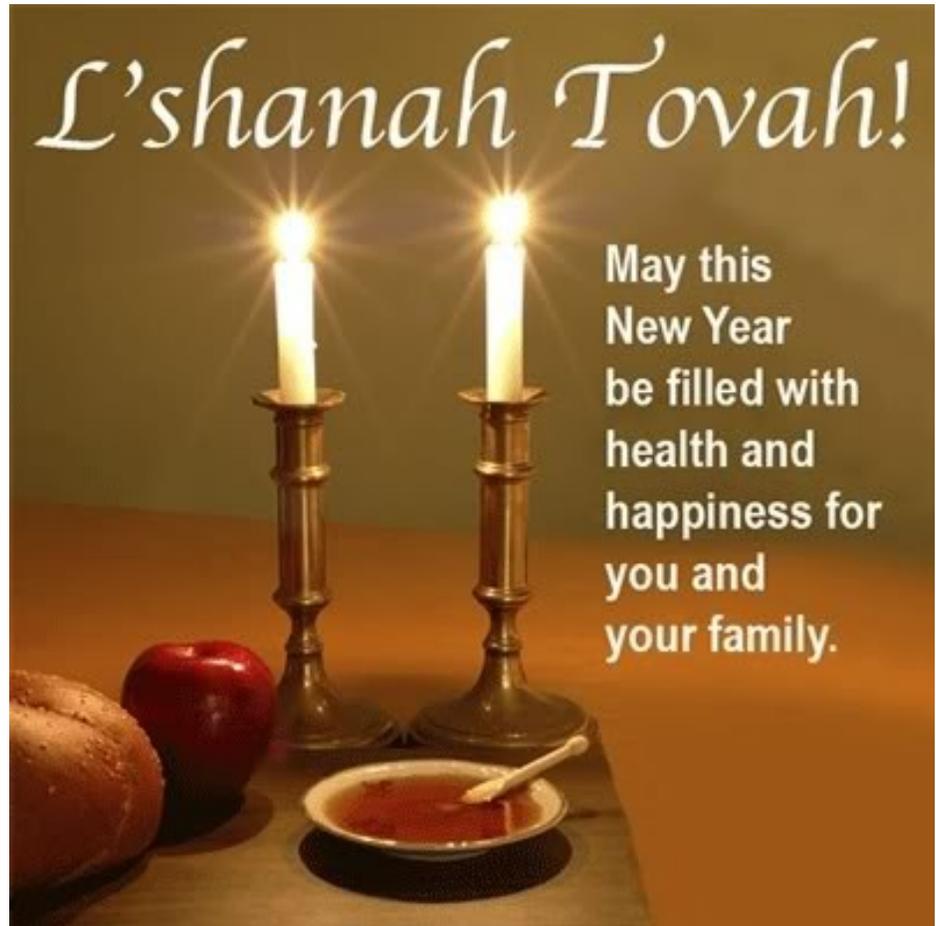
**Friday, October 28**  
Erev Shabbat Service, 7:30 pm

**Saturday, October 29**  
Shabbat Morning Service and  
Bat Mitzvah of Paige Ellis, daughter of  
Jesse and Anna Ellis, 10:30 am

# Beth El Bulletin

Beth El Hebrew Congregation

October 2016  
Elul 5776/Tishri 5777



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*...and lots of tantalizing tidbits scattered throughout, so don't skip a page!*



## Rabbi's Remarks



**A** FEW DAYS ago two strangers walked into Beth El. "Is the Rabbi here?" they asked. Normally, that's when I flee to hide in my office, but I happened to be standing in the general office at the time and it would have been difficult to get away. They then went on to say that they had a gift for me — a copy of the Zohar. It turns out that they were here to publicize a recruitment seminar for the Kabbalah Center and the gift was really a means of getting in the door, although I must admit, a very nice means!

For centuries small schools of adepts handed down the esoteric traditions of Jewish mysticism from one generation to another, making sure that only the "qualified" were introduced into its mysteries. Today Kabbalah is much more widely talked about and studied and books such as the Zohar have been recently re-translated. However, even these new translations are heavy going as these ancient texts presuppose a depth of knowledge of TANAKH and Rabbinical literature that few have today.

And yet some Kabbalistic ideas have found their way into mainstream Judaism and, in fact, have become pillars of our faith. For example, Rabbi Isaac Luria's concept of *tikkun olam* (Repairing of the World) has come to mean a physical restoration of the world, embracing social action of every kind. For Luria, however, the process of *tikkun* was both intensely personal as well as cosmic. It is an effort to repair one's soul and in doing so bring about divine healing.

We are in the midst of our High Holy Day season and *tikkun hanefesh*, repairing of the soul is, indeed,

one of our major concerns. We carefully evaluate the year that was, identifying and atoning for our moments of weakness and resolving to build upon our strengths. "Very commendable," the Kabbalists would say, "but what about the rest of the year?"

*Tikkun hanefesh* and its cosmic equivalent, *tikkun olam*, should become everyday activities.

The mystics used a series of immensely complicated *kavvanot* or meditations to achieve their *tikkunim*, most of which would be meaningless to modern Jews. Instead, we have the opportunity to follow a variety of other paths, opening the way to personal spiritual growth and healing of soul. Cognizant of the reality that we begin in diverse places and are at different points in our journeys, we want to make it as easy as possible for all to participate.

We will continue to offer consistent and varied educational opportunities for adults and children, both in the evening and during the day. We will continue to pray together at a range of prayer services that are meaningful and spiritually uplifting, and we ask you to help us build a greater sense of community through mutual caring, concern, and support for one another.

This is a very ambitious undertaking and yet it is not nearly as difficult as attempting, as the Kabbalists sought to do, to heal the heavens!

As we wish each other Shana Tova, let us add this silent rider, "... and I will do my best to make it so both for you and for my own soul."

Shanah tovah u'metuka tikateivu.  
May you and those you love be blessed with a good, healthy and sweet year!

**Brett**

## Hebrew Benevolent Society Annual Memorial Service

The Hebrew Benevolent Society, an affiliate of Beth El Hebrew Congregation, will hold its Annual Memorial Service at Home of Peace Cemetery on Sunday, Oct. 9, 2016, at 1 p.m. In case of rain, the service will be held at Beth El Hebrew Congregation. At this service, names of members' loved ones will be read aloud. For additional information, please contact [gilah.goldsmith@gmail.com](mailto:gilah.goldsmith@gmail.com).



## Cantor's Corner



ONE SHABBAT this summer, I interrupted services to ask those in attendance to stand up and to walk to someone they didn't yet know, introduce themselves, and share a Jewish tradition that is either important to them, or a Jewish tradition that they want to create for themselves or their family.

During this time, I had the opportunity to walk around a bit and hear some of the stories that were being shared. I enjoyed having the ability to hear stories that were so special to those who were sharing them.

I heard from many congregants whom I have had the opportunity to get to know the past three years, but hearing these stories gave me the opportunity to get to know them just a little bit better. I learned about their families, I learned about what types of things they value, and I learned a little bit more about why Judaism is important to them. I learned so much.

I spend a good amount of time during my day getting to know members of our congregation, but this exercise made me realize how much more there is to learn and that by spending the time to really get to know each other, we can create an even more sacred community.

Beth El is such a special place. One of the things that makes us so special is how our temple is truly a community. Our community is one of true friendship and family. We pray together. We learn together. We eat together.

We have fun together. We share together. We celebrate together and we mourn together. And yes – many even play Maj Jongg together! The important thing though is that we create our community “together.”

Some of us have been members for many years and can walk through the halls of Beth El knowing many familiar faces. Others are newer and are still meeting the congregation.

Let this new year that we enter together, be one of re-commitment to this special community that we call Beth El. I challenge us all to not just strengthen the personal relationships that we have here, but to create new ones. Introduce yourself to someone new. Invite a new member over for dinner. If you have a child in our religious school, get to know the other parents in your kids class. Join an organization within the synagogue. Jump into the Beth El community every opportunity you can.

Your Beth El experience will be exponentially enriched by these special friendships.

I know mine has.

**Cantor Kaufman**

## Religious School and Youth (RSY) Committee Happenings

THE RSY meeting in August began with introductions for Jolene, the newest member of our Religious School staff. Welcome, Jolene! She has already begun to make a great impact on our school – assisting with registration workflows, generating curriculum ideas and other important tasks.

We also discussed the new structure for 8<sup>th</sup> and 9<sup>th</sup> grade this year. Barry reviewed the new course offerings, which include photography, the environment, Israel, the Holocaust, food and the diaspora, Jewish values, and the Rabbi's arts and spirituality program. There will also be sessions devoted to allowing the students to plan their own courses.

Another topic of discussion was enrollment. Committee members will make calls to those who have not yet registered. Enrollment in 8<sup>th</sup>, 9<sup>th</sup>, and 10<sup>th</sup> grades is low as of the meeting date. There were a lot of ideas about

how to resolve this issue. Please come to the next meetings for more discussion on how to keep our post-B'nei Mitzvah students engaged.

Barry also talked about the first day of school — Sept. 11. There will be a general meeting for parents while the students are in class, as well as a brief “Taste of Learning” classes for parents. Then students will go to activities in the social hall, while parents meet with teachers. School will end with a session for everyone in the Sanctuary.

We ended the meeting by helping Jolene to prepare the books for each grade level.

Please join us at our next meeting. We generally meet on the second Tuesday of each month at 7 pm in the synagogue. For more information contact **Debbie Katz** at [dvkatz@earthlink.net](mailto:dvkatz@earthlink.net)

## President's Point of View



I HOPE THAT everyone had a restful summer and that you are ready for the whirlwind of activity that accompanies the High Holy Days. You may be barely smelling the apples and honey, but here at Beth El, we have kicked into high gear.

The Clergy are hard at work developing services that will inspire you. Musicians are practicing, the choir is rehearsing, and WRJ is ordering flowers, all for that special day in October. It is a time for looking back, but also a time for looking forward. Are there programs that you would have liked for Beth El last year that did not quite make the calendar? Are there people that you wished you had gotten to know? Did you mean to make it to services, but not quite get out the door? Were you interested in a social action activity that did not make your busy schedule? Now is your chance! Just think of the possibilities: trivia nights, Mah Jongg, wine tastings,

community Shabbat dinners, film screenings, panel discussions—all here, all at a nominal cost for members, and with plenty of free parking.

If for some reason there is nothing that strikes you, all you have to do is reach out to one of our many volunteers and ask. I have frequently marveled over the last year at how much like a family we really are! We have different interests, we don't always agree, and we may argue from time-to-time (sometimes quite forcefully), but we are connected by our love of each other and our Jewish community. Each one of you contributes to Beth El and there is a place at Beth El for all of us. If you have not yet found your place, I encourage you to keep looking: the professional staff and lay leadership are here for you! I wish all of you a happy and healthy new year.

L'shanah Tovah!  
**Julienne Bramesco**

## Judaica Shop

WE HAVE BEGUN to receive some of the beautiful pieces ordered for the new year. Each month we will highlight an artist or vendor that we want you to know more about. One of our favorites is Ithil Metal

Works, founded in 1997 by Israel Ben Haroush and Gilli Dagmi, two young Israeli jewelry designers who have their studio in Tel Aviv. One of the leading Israeli silver jewelry manufacturers, Ithil offers an artistic range of contemporary handcrafted jewelry inspired by movement and color. This lovely Roman glass and silver necklace is an example of Ithil necklaces and earrings you will find in the shop, as well as Judaica pieces made of druzya stone. We work directly with Israel Ben Haroush who is delighted that his designs have been enthusiastically received by our members. So please stop by the shop and see why!!



## Caring Community

WE REALLY appreciate all of the contributions members have made to make Beth El a truly caring community.

Do you know of a congregant who is ill or in need of assistance? The Caring Community can provide visits, transportation, meals, assistance with funerals and shivas, a friendly ear, and resources for managing life events. All services are confidential and free of charge. If you need assistance or information, please call the Beth El office at 703-370-9400, **Ruth Perlstein** at 703-978-9341, or **Pamela Zitron** at 703-739-0161.

Have any of you had a good experience with home health care or other service? Please let **Pamela Zitron** ([zitronspks@aol.com](mailto:zitronspks@aol.com)) know. She would like to develop a list of Beth El recommended resources along with the many other resources that the Community has gathered.

# Inclusion Committee, Brotherhood, and the Religious School Present: A Bagel Brunch with Pamela Schuller

**O**N OCT. 23 at 9:45 am, the Inclusion Committee, Brotherhood, and the Religious School are co-sponsoring a bagel brunch featuring internationally known inclusion advocate Pamela Schuller speaking on “Comedy, Disability and the Inclusive Community.”

Schuller’s extraordinary personal story of growing up with the most severe known case of Tourette syndrome in the United States — and turning that challenge into professional and personal success — is engaging, funny, a little bit heart wrenching, and deeply meaningful. Named one of the “36 under 36” who are changing the face of the Jewish community by *The Jewish Week* (May 2016), Schuller is known for using storytelling, laughter and improvisation to inspire listeners to a new understanding of inclusion for their communities.

Schuller holds a BA in Psychology and Youth Outreach through the Arts from Knox College as well as an MA in Child Advocacy and Policy from Montclair State University, where she focused on creating improvisational theater programs to help improve the self-advocacy skills of youth with disabilities. Pamela is also a stand-up comedian, probably because she sees the world from a different point of view: one where eye-level is four-foot-seven and barking without provocation is a completely normal and entertain-

ing part of her day. She embraces what makes herself unique while challenging communities to view inclusion in a way that values our differences.

Admission is free of charge for Beth El members, but donations at the door will be welcomed. Cost for non-members, \$5.00.

RSVP by Oct. 18 to me at [JeanneHolden@yahoo.com](mailto:JeanneHolden@yahoo.com). Updated information will be posted in our weekly emails.

### **Event schedule:**

9:45	Arrival/seating
10:00	Brunch begins
10:15	Keynote presentation
11:00	Q & A

For more information, contact me at [jeanneholden@yahoo.com](mailto:jeanneholden@yahoo.com) or **Pamela Zitron** at [zitronspks@aol.com](mailto:zitronspks@aol.com). Also, please see the flyer in this Bulletin.

**Jeanne Holden**  
Inclusion Committee Chair



*We extend every good wish to our Beth El friends for 5777. May each of you be Blessed with good health, much happiness, and most of all, peace.*

*Evan and Jo Ann Allen  
Dana Arnold  
Barry and Jeanette Astrow  
Rhoda Baker  
Bramesco/Law Family  
Stuart and Ellen Feldstein  
Michael and Ruth Folkman  
Lennie and Rhoda Goldman  
Alan and Jackie Gropman*

*Chuck and Sandy Harris  
Isserow Family  
John and Judy Jankowski  
Jay and Maxine  
Howard and Sandy Marks  
Michael Wiener and Michele Milden  
Francine Nachman  
Ruth Perlstein  
Joanne and Andy Rhodes and Todd Bolick*

*Paula Roney and Myra Wendel Roney  
Barbara Rosenfeld  
Shelli Ross  
Alan Schweber and Francie Fox-Schweber  
Melinda Selden  
Barry and Marilyn Smith  
Suchman Family  
Larry and Linda Vogel  
Linda Waller and Chris Kocsis*

## Brotherhood News

**T**HE APPROACHING High Holidays traditionally have signaled an upswing in synagogue activities. Choir practice and service preparations reach a fevered pitch just as religious school students and their parents are becoming (re)oriented to the education opportunities offered and the location of where and when such learning takes place. Brotherhood activities also are beginning to pick up after the summer lull.

One of Brotherhood's first fall events is the annual construction of Beth El's Sukkah. Scheduled this year to take place on Sunday, Oct. 16 (all of the holidays seem to be running a bit late this year). Please mark your calendars to join us in this annual mitzvah. The sukkah-raising begins at 9 am, but help will be needed throughout the morning. Religious School parents might please consider staying around after dropping your kids off for classes. Of course, you should just show up whenever you can and we will be happy for your assistance. Assembly lead will be provided by Brotherhood member, **Bob Shaver**, who may be reached at [shavermultisport@cox.net](mailto:shavermultisport@cox.net). Bring your hammers, drills, staple guns, or simply a willingness to lend a hand. No experience or special skills are necessary.

Although the exact details are not yet set, Brotherhood intends to host its annual Social in the Sukkah ac-

tivity Wed., Oct. 16 at 7 pm. Please look to the Beth El on-line calendar ([www.bethelhebrew.org](http://www.bethelhebrew.org)) and the weekly email announcements for event specifics. Take down of the Sukkah is planned for Sunday morning, Oct. 30.

Also mark your calendar for Sunday Oct. 23 to attend the bagel brunch featuring inclusion advocate Pamela Schuller speaking on "Comedy, Disability and the Inclusive Community." This event is being co-sponsored by the Inclusion Committee, Religious School, and Brotherhood.

And if you have not yet done so, I would ask all men to please join your Beth El Brotherhood. Annual membership contributions are your choice of only \$36 or \$54 (double or triple chai). Your financial support is critical to the good work undertaken year-round and is a tangible way of saying that you appreciate the causes supported and the work being done by Brotherhood. Send or drop off a check at the Beth El office, payable to "Beth El Brotherhood."

L'shanah Tovah,  
**John Jankowski**  
Brotherhood President  
[brotherhood@bethelhebrew.org](mailto:brotherhood@bethelhebrew.org)

## Kaisertreu: The Descendants of German-Jewish War Veterans Speak

**L**ECTURE AND discussion with introductory remarks and moderation by Lt. Col. Sheldon Goldberg. Guest speakers John Friedman and Oliver Moss will share their experiences as descendants of Jewish Germans who fought for the Kaiser during World War I, only to be persecuted decades later. The speakers will address the complexity of identity for these individuals and their descendants.

In conjunction with the German-American Heritage Museum's temporary exhibition, [\*Lawyers Without Rights: Jewish Lawyers in Germany under the Third Reich\*](#).

German-American Heritage Museum, 719 Sixth Street, NW, Washington, D.C.

Members \$15 | Non-members \$20  
Register [online](#)

*Sponsored by the Jewish Historical Society of Greater Washington*

*Coordinated by the German-American Heritage Museum and co-sponsored by Jewish War Veterans of USA*

## WRJ News

**M**ORE THAN 50 women attended our Sept. 10 paid up membership event at Beth El. This event is a way for the WRJ Board to say thank you to our membership for their support by providing an opportunity to gather as sisters to schmooze, eat, win a prize, and hear what the coming year will bring. I would like to thank our Board for providing the lovely food we enjoyed and especially to **Linda, Jo Ann, Sue, Risa, Donna, and Ivy** for helping to prepare for and greet all of the ladies. We also appreciate the willingness of others who came early to help with finishing touches.

As our long-time Judaica Shop manager and Mah Jongg instructor, **Sara Deshong**, said, "Volunteering is very rewarding. We are always happy to have new volunteers join us." I'm certain she was referring to the shop, but her words couldn't be more accurate for other WRJ activities as well. This event was also the culmination of a very successful collection of hygiene products for Guest House. (See the WRJ Social Action article for more details about this and other upcoming social action projects.) We look forward to building a closer relationship with this organization here in our community.

To our members — We are eternally grateful for your continued support. Membership is off to a great start which will help sustain Beth El, the Religious School, and our greater community as well as the YES fund at the WRJ National level. Purchases at our Judaica Shop go a

long way toward this endeavor.

With the coming New Year and Yom Kippur, I would like to apologize to anyone who might feel separated from us. If you are a WRJ member who no longer drives and would like to attend an event, please let us know so that we might possibly find a way for you to get here. We miss you and want to be sure you have every opportunity to be with your WRJ sisters.

Wishing all of you a sweet and joyous new year.

L'shanah Tovah,

**Jeanette Astrow** — WRJ President

### Upcoming events:

- **Next WRJ Meeting** — Oct. 5
- **Sukkah on the Bimah decorating** — Oct. 16
- **Carpenters Shelter** — cook on Oct. 23, 2016 serve Oct. 24
- **Knitting Club** — Oct. 9 & 23, 2-4 pm
- **WRJ Book Club** — Oct. 18, 11 am (*Shadows on the Hudson* by Isaac Bashevis Singer)
- **Mah Jongg** — Tuesday, Thursday, and Sunday (contact **Susan Whitman** @ [susangwhitman@gmail.com](mailto:susangwhitman@gmail.com) to be included in informational e-mailings)

## WRJ Membership Event



## WRJ Social Action

**Friends of Guest House** — Thanks to all who gave so generously to support the hygiene needs of the expanded population of the Friends of Guest House!!! For those who may not be familiar with this organization, Friends of Guest House is a non-profit, founded in 1974 to help women in Northern Virginia re-enter the community from incarceration. Guest House addresses the root causes of crime to reduce recidivism. Without transition support, 70% of ex-offenders nationwide will commit a crime again within two years. Among Guest House graduates, fewer than 10% re-offend. Guest House is also our neighbor — located less than three miles from Beth El!

We are anxious to build on our relationship with Guest House and hope to have more activities in the future to introduce members of the congregation to the amazing women of Guest House.

**Northern Virginia Diaper Bank** — Once again we will support the Northern Virginia Diaper Bank during the High Holidays. You can deposit your donations of diapers and wipes in the Social Action collection bin located in the Beth El lobby, or bring them with your food donations at Yom Kippur! All diaper sizes are needed, but the larger sizes are in greatest demand.

Families with children in need often rely on Federal programs such as Food Stamps; the Special Supplemental Nutrition Program for Women, Infants and Children (WIC); and the Supplemental Nutrition Assistance Program (SNAP). However, these benefits *cannot* be spent on diapers and wipes. Diapers are a constant, expensive basic necessity for every child, and can cost as much as \$120 a month. If a family can not afford an adequate supply of diapers, their child is put at a very real risk for health problems. Thanks for supporting our community with your donation.

**Tutoring** — The school year has started, and we continue to support the Alexandria Tutoring Consortium's program to tutor kindergartners and first graders in reading at John Adams and Patrick Henry elementary schools. If you are interested in this program, you can get information at [www.alexandriatutors.org](http://www.alexandriatutors.org) or call **Gwen Mullen** at 703-549-6670 X119.

**Heads Up: Up-Coming Holiday Efforts!** — During November and December this year, we will again support two of our long-time partners — Beth El House and the Alexandria Domestic Violence Shelter.

Twenty five years ago, members of our congregation, inspired by *tikkun olam* and the need to help families struggling with homelessness and domestic violence, founded Beth El House (BEH) — to transition families to independent living with dignity. This year, we will again collect gift cards to be used to buy holiday gifts for the families residing at BEH. You can read more about BEH on-line at: <https://www.bethelhebrew.org/community/beth-el-house>

We will also support the Alexandria Domestic Violence Shelter by providing gift cards and toys for their annual Children's Holiday Party. We will again collect 2017 calendars for the residents.

Thanks to everyone for your continued support of our community!

**Janet Garber**  
WRJ Social Action  
703-256-7988  
[garberj123@gmail.com](mailto:garberj123@gmail.com)

## Caregiver Support Group

**T**HE CAREGIVER Support Group is part of the Caring Committee. This group meets each month to discuss support strategies and resources for those who are caring for a spouse, child, parent, or friend.

The group is open to all members of the congregation. The next support group will meet on the Sunday after the holidays, Oct. 16, 2016, at 11 am in the Rabbi's study.

If you plan to attend please contact me by calling 703-370-5552 or email [franciefs@comcast.net](mailto:franciefs@comcast.net).

**Francie Fox-Schweber**

## Inclusion Committee News

**H**OW WONDERFUL! On Sept. 11, more than 50 Beth El members plus others from the local community participated in the ReelAbilities Film Festival Sneak Peek, a free event co-sponsored with Beth El's Brotherhood and Women of Reform Judaism and produced in partnership with the Jewish Community Center of Northern VA. Those in attendance enjoyed the thought-provoking film, *Anita*, a story about a young woman with Down syndrome who finds herself lost and alone following the tragic 1994 bombing of the Argentine Israelite Mutual Association. After the film, special guest John Franklin Stephens led our discussion and provided a fascinating look at his life as an adult with Down syndrome.

Frank (as he is called by his friends) described his many roles — from employee at a local bakery to his work as an advocate, a Special Olympics Global Messenger, and an aspiring actor — with surprising candor and a touch of humor. His stories ranged from his online debate with Ann Coulter to his two invitations to the White House, and his work acting in a film about bullying. Frank also critiqued *Anita*, applauding the director's courage in making the central character a person with a disability and for casting a person with Down syndrome in the title role. It was delightful to hear attendees refer to Frank's presentation as "outstanding."

The event's success was also enhanced by delicious refreshments generously provided by Brotherhood and

the efforts of volunteers. Special thanks go to **Jeanette Astrow, John Jankowski, Ron Sturman, Sheila Shoup, Diane Suchman, Arlene Tave, and Pamela Zitron**. Many thanks also go to all those who made donations toward this event. We truly appreciate your support.

**Upcoming event:** The Inclusion Committee is now looking forward to its next event: a bagel brunch on Oct. 23 with internationally known inclusion advocate Pamela Schuller that is being co-sponsored with Brotherhood and the Religious School. Schuller will be speaking on "Comedy, Disability, and the Inclusive Community." (Please see the flier and the box specifically about this event in this Bulletin.) Admission is free of charge for Beth El members, but donations at the door will be welcomed. Cost for non-members, \$5.00. RSVP by Oct. 18 to me at [JeanneHolden@yahoo.com](mailto:JeanneHolden@yahoo.com).

**Next meeting:** The Inclusion Committee's next general meeting will be Dec. 4 at 10:30 am in multi-purpose room #3. All are welcome. We will review our work and begin to focus on Jewish Disability Awareness and Inclusion Month. All of us benefit through Beth El Hebrew Congregation's commitment to accessibility and inclusion. Please bring your ideas and enthusiasm.

**Jeanne Holden**  
Inclusion Committee Chair

## Photos from Sept. 11 ReelAbilities Film Festival Sneak Peek

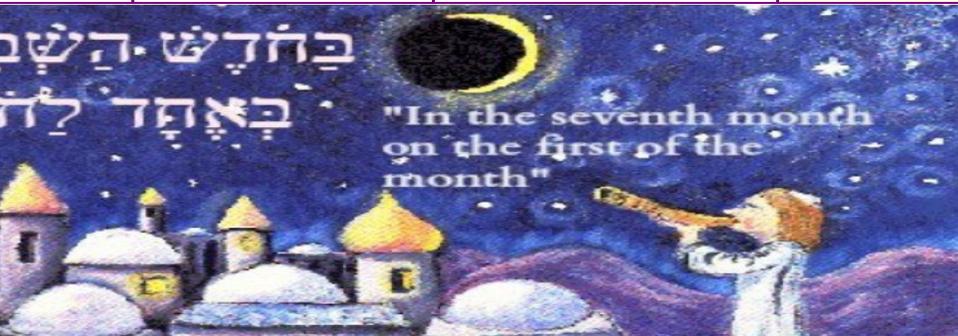


~ October 2016 ~ El

Sun	Mon	Tue	Wed
			
<p><b>2 Erev Rosh Hashana</b> NO RELIGIOUS SCHOOL 10a-12p Mah Jongg 1-4p Bridge 8p Erev Rosh Hashanah Service</p>	<p><b>3 Rosh Hashana</b> 9-10a WRJ Apples and Honey in the Kitchen 10a Rosh Hashanah Morning Service 1p Rosh Hashanah Family Service 2p Rosh Hashanah Junior Congregation Service</p>	<p><b>4 National Golf Day</b> 1:30-3:30p Mah Jongg 5-9:15 High Holiday Choir Dress Rehearsal 7-10 Executive Committee Meeting</p>	<p><b>5 World Teacher's Day</b> 5-6:15 Religious School Canteen 6-7:30p WRJ Board Meeting 6:15-8:30p Religious School</p>
<p><b>9 Fire Prevention Day</b> NO RELIGIOUS SCHOOL 9a-12p Brotherhood Builds Outdoor Sukkah 10a-2:30p Burke Lake Park Tashlich and Picnic 10a-12p Mah Jongg 1-2p Memorial Service for Home of Peace 1-4p Jewish Genealogical Society 1-4p Bridge 2:45-4:30 JCCNV Parent and Me Yoga Class</p>	<p><b>10 Columbus Day</b></p>	<p><b>11</b> 1:30-3:30p Mah Jongg 8p Kol Nidre Service</p>	<p><b>12 Yom Kippur</b> NO RELIGIOUS SCHOOL 10a Yom Kippur Service 1p Yom Kippur Family Service 1:15-3:45 Yom Kippur Study and Prayer 2p Yom Kippur Junior Congregation 3:15p Yom Kippur Afternoon Service 4:45 Yom Kippur Yizkor and Neilah</p>
<p><b>16 Bosses' Day</b> 9a-12p WRJ Builds Bima Sukkah 10a-12p Religious School 10a-12p Mah Jongg 1-4p Bridge 2:45-4:30 JCCNV Parent and Me Yoga Class</p>	<p><b>17 Sukkot</b> OFFICE CLOSED 10:30a First Day of Sukkot Service</p>	<p><b>18 Sukkot (Cont.)</b> 11a-12:30a WRJ Book Club 1-3p NARFE 1:30-3:30p Mah Jongg 7-10p Board of Directors Meeting</p>	<p><b>19 Sukkot (Cont.)</b> 10:30a-12p JCCNV 55+ Event: Life of Reston's Founder 5-6:15 Religious School Canteen 6-8p ALIVE! Yom Kippur Food Donation Sort 6:15-8:30p Religious School 7-9p Brotherhood Social in the Sukkah 8-9p Mussar with Rabbi Isserow</p>
<p><b>23 Sukkot (Cont.)</b> 9a-12p Bagel Brunch/Inclusion Event 10a-12p Religious School 10a-12p Mah Jongg 10a-2p Carpenters Shelter Food Prep 11a-12p Simchat Torah Celebration 2:45-4:30 JCCNV Parent and Me Yoga Class</p>	<p><b>24 United Nations Day/Shemini Atzeret</b> OFFICE CLOSED 10:30a Sh'mini Atzeret/Simchat Torah and Yizkor Service</p>	<p><b>25 Simchat Torah</b> 1:30-3:30p Mah Jongg</p>	<p><b>26</b> 10:30a-12p JCCNV 55+ Event: in Number 6 5-6:15 Religious School Canteen 6:15-8:30p Religious School 7-8p Lifelong Learning: Israel as Melting Pot</p>
<p><b>30 National Candy Corn Day</b> 9a-12p Brotherhood Sukkah Take Down 10a-12p Religious School 10a-12p Mah Jongg 10:15-11:45a JSSA Program: Communicating with Your Child 1-4p Bridge 2:45-4:30 JCCNV Parent and Me Yoga Class 6-10p Renaissance Group Event: Catered Dinner</p>	<p><b>31 Halloween</b></p>		

**Jul 5776/Tishri 5777 ~**

	Thu	Fri	Sat	Readings
			<b>1 World Vegetarian Day</b> 9-10:30a Torah Study 10:30a Shabbat Morning Service  Havdalah 7:31p	<b>Nitzavim</b> Deuteronomy 29:9-30:20 Isaiah 61:10-63:9
	<b>6</b> 5-10p High Holiday Choir Dress Rehearsal 6:30-8:30p Mah Jongg 7-11p Bridge	<b>7 World Smile Day</b> 6:30-7:30p Wine and Cheese Pre-Service Oneg 7:30p Erev Shabbat Service  Candle lighting 6:24p	<b>8</b> 9-10:30a Torah Study 10:30a Shabbat Morning Service 11a-12p Tot Shabbat  Havdalah 7:20p	<b>Vayelech</b> Deuteronomy 31:1-31:30 Hosea 14:2-10; Micah 7:18-20; Joel 2:15-27
	<b>13</b> 10a-12p Board of Lady Managers 6:30-8:30p Mah Jongg 7-11p Bridge	<b>14 World Egg Day</b> 6:30-7:30p Wine and Cheese Pre-Service Oneg 7:30p Erev Shabbat Service  Candle lighting 6:14p	<b>15</b> 9-10:30a Torah Study 10:30a Shabbat Morning Service	<b>Ha'azinu</b> Deuteronomy 32:1-32:52 2 Samuel 22:1-51
Extraordinary	<b>20 Sukkot (Cont.)</b> 6:30-8:30p Mah Jongg 7-11p Bridge 7:30-8:30 Interfaith Bible Study	<b>21 Sukkot (Cont.)</b> 6:30-7:30p Wine and Cheese Pre-Service Oneg 6:30-7:30 Sukkot Communal Dinner 7:30p Soul Shabbat Service led by 7 <sup>th</sup> graders and consecration  Candle lighting 6:04p	<b>22 Sukkot (Cont.)</b> 9-10:30a Torah Study 10:30a Shabbat Morning Service 11a-12p Tot Shabbat  Havdalah 7:01p	<b>Chol HaMo'ed Sukkot</b> Exodus 33:12-34:26 Ezekiel 38:18-39:16
The Woman	<b>27 US Navy Day</b> 6:30-8p Religious Practices Committee 6:30-8:30p Mah Jongg 7-11p Bridge	<b>28</b> 6:30-7:30p Wine and Cheese Pre-Service Oneg 7:30p Erev Shabbat Service  Candle lighting 5:55p	<b>29 National Frankenstein Day</b> 9-10:30a Torah Study 10:30a Shabbat Morning Service and Bat Mitzvah of Paige Ellis  Havdalah 6:45p	<b>B'reisheet</b> Genesis 1:1-6:8 Isaiah 42:5-43:10



## Bat Mitzvah

Paige Ellis  
October 29, 2016

Paige Ellis is a 7<sup>th</sup> grader at Robinson Secondary School. She enjoys playing lacrosse – she is a goalie for Burke Athletic Club and Virginia United – and playing cello. She is a huge Nationals fan, and enjoys watching and going to games. She loves animals, including her dog Allie and frog Toni. This spring she won both pie and watermelon eating competitions. Paige regularly volunteers at Hidden Pond Nature Center, where she completed her Bat Mitzvah project, helping with weekly animal care, camps, and special events. Paige thanks **Robin Thompson** and **Cantor Kaufman** for helping her prepare for her big day.

Our 15th annual used Book Sale Fundraiser is Jan. 15 & 16, 2017.

We need your books, CDs, DVDs, & vinyl records..

Please bring your donations to the Beth El during office hours.

Need help or have questions: please contact Rhoda Goldman at 703-992-9370 or e-mail [lennieg@cox.net](mailto:lennieg@cox.net).



## BEHC Renaissance Group Begins Its 10<sup>th</sup> Year!

**T**HE Renaissance Group is gearing-up for another wonderful year. For those 50-something-plus “empty nesters” (or near “empty nesters”) who may be new to the congregation, or to those who recently celebrated that Big-5-0, we welcome you to join with your fellow congregants and enjoy the many social events planned for the group. Please keep in mind, that only one member of household need be 50.

As always, significant others are always welcome. For membership information, contact **Linda Vogel** ([LindaV@cox.net](mailto:LindaV@cox.net)). The cost to join this group is a one-time fee of \$10 per person.

Our first event this year will be held on Oct. 30 at 6 pm with a catered three-course dinner including wine and beer at Beth El featuring two wonderful guest

speakers: Beth El member and former Democratic Congressman, Martin Frost, and former Republican Congressman Tom Davis. They will share their views on the race for the White House. Their talk will be entitled, “*The 2016 Elections: The good, the bad, and the ugly.*”

The cost of the event will be \$36 per person. Checks should be made payable to Linda Vogel-Renaissance Group and mailed to **Linda Vogel**, 10355 Fitzpatrick Lane, Oakton VA 22124.

Your check will be your reservation. Please respond no later than Oct. 22.

**Linda Vogel**

## Beth El/JCCNV Events

*In His Own Words: Stories from the Extraordinary Life of Reston's Founder, Robert E. Simon Jr.*

Wed., Oct. 19, 10:30 am-noon

Presented by author Kristina Alcorn

In 1998, Reston resident Kristina Alcorn ended up sitting next to Robert E. Simon Jr. at a lasagna dinner. Little did she know that this would be the beginning of a long and close relationship with the founder of Reston. Afraid that stories about his fascinating life would be lost, she sat with Simon, took notes and recorded him for more than two years as he recalled memories of his earlier life. *In His Own Words* is a compilation of stories about Simon growing up in Manhattan in a family who owned apartments, hotels, commercial buildings... and Carnegie Hall. Although he lived a life of wealth and privilege, he also felt the sting of antisemitism. Simon attended Harvard, becoming president of Carnegie Hall at the age of 23, then selling his 40 percent share of the Hall to finance his plan for the creation of Reston. Simon died last year at the age of 101. Kristina will share stories about Simon's very colorful life, including his brushes with fame (such as with George Gershwin) and she will have her book for sale after the program. Please stay and enjoy bagels and cream cheese after the program.

**Fee: \$5/\$3 (includes program and food)**

All Beth El/JCCNV events are \$4/\$2 for J or synagogue members unless noted otherwise. Coffee, tea, and dessert will be provided.

To RSVP or get more information for all Beth El/JCCNV events, please contact [Shelly.Rosenstein@jccnv.org](mailto:Shelly.Rosenstein@jccnv.org)  
703.537.3062

Academy Award Winning Film - *The Lady in Number 6: Music Saved My Life* - and Program

Wed., Oct. 26, 10:30 am-12:15 pm  
Documentary | 40 minutes | 2013

Presented by Joshua Schrader, Capital Music Therapy Services

*"Life is beautiful, love is beautiful, nature and music are beautiful. Everything we experience is a gift, a present we should cherish and pass on to those we love."*

Those words were spoken by pianist Alice Herz-Sommer, who was the oldest living Holocaust survivor until she died in 2013 at the age of 110. Born in Prague in 1903, Alice was a concert pianist who was sent to the Theresienstadt concentration camp. There, along with other prisoners who were musicians, she played more than 100 concerts for the Nazis. Because of her music playing, Alice was allowed to wait out the war in this "model" concentration camp. This inspirational film is about the truly remarkable person she was during and after the war. She lived with a belief in forgiveness, compassion and the power of music to redeem human suffering. "Music saved my life and music saves me still," Alice once said. The film won an Academy Award in 2014 for best documentary/short subject.

After the film, Joshua will talk about how Alice's joy from playing the piano, along with the cognitive stimulation, were two very important components that helped keep her alive. The principles for why this occurs are research-backed and might be applicable to you! Make sure you attend this moving and informative program!

**Fee: \$7/\$5 synagogue or J Member (pay at the door)**

An Interfaith Program with Rabbi Isserow

Wed., Nov. 2, 10:30 am-noon

Tolerance and understanding of other religions is an important part of life today. Join Rabbi Brett Isserow as he continues his series of interviews with clergy of other faiths. While we will explore beliefs and practices, these interviews also endeavor to give us an insight into why these individuals chose to become clergy and how this choice has shaped their lives. Please contact Shelly for details.

### Lifelong Learning: Israel As a Melting Pot



The Lifelong Learning Committee is happy to welcome Na'ama Gold back to Beth El as our guest speaker in October. Na'ama was born and raised in Israel and she is the schlicha at the

Northern Virginia JCC. She will be speaking about Israel as a melting pot and we'll discuss the various ethnic, religious & cultural groups that comprise Israeli society. Please join us on Wed., Oct. 26, from 7-8 pm for this informative, enlightening, and timely program. We look forward to seeing you then.

# Member News

### Welcome New Members:

Aaron and Annie Kleiman, and Aurora

Kenneth Heyman and Katherine Tulenko, and Helena and Freya

Eric and Cindy Hanig, and Paige, Dylan, and Brooke

Harold and Bronna Steiman, and Samuel and Matthew

Andrew and Malia Kramer

Amir Neeman, and Aya and Neta Levi-Neeman

### Mazel Tov to:

Sherry and Mark Trachtman, on the marriage of their daughter, Nora Leslie, to Seth Ruben Cross on August 28, 2016. Nora and Seth live in Norwalk, CT.

### Condolences to:

Rhubarb and Larry Woodmansee and to their son Logan on the passing of Rhubarb's dear father Mordecai "Mort" Baill

Steven, Michael, and Brian Baker on the passing of their mother Ruth Baker



The Congregation extends sincere condolences to family and friends of this member, recently taken from us:

**Ruth Baker**

*May the memory of the dear departed always be a blessing and inspiration to all who knew and loved them.*

*May our synagogue community bring comfort to those who mourn them.*

*May the families know of no more sorrow. Amen.*

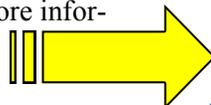


Do a good deed for your Congregation and, if you have a practice or a business, for yourself!

### Advertise in the Bulletin!

Make it easier for Congregants to patronize your business.

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## Chapel in the Woods

### Students: Need community service hours?

Leave a lasting legacy by spending your community service hours in Beth El's Chapel in the Woods. We will help you write any necessary proposals for your schools, provide training and supplies, document the hours, and write recommendations. There are many different kinds of projects to choose from. Examples include clearing invasive plants and planting trees in the space that you have uncovered, installing wooden steps, or learning about and planting Virginia native plants. For information, contact [todd.bolick@gmail.com](mailto:todd.bolick@gmail.com).



### Congregants:

Please plan to attend workdays scheduled throughout the fall on Sundays, Oct. 23, and Nov. 13 from 10 am to noon. Please bring work gloves, and clippers if you have them. Other equipment will be provided. If you have Virginia native plants in your garden and would like to donate them, or for more information, contact [todd.bolick@gmail.com](mailto:todd.bolick@gmail.com).

## Life After Loss Support Group

**T**HE CARING Community Committee will again sponsor a support group for congregants who are dealing with the loss of a loved one.

For a number of years Beth El members have met to learn how to cope with their grief under the leadership of experienced clinicians. Congregants who have participated in the past have commented on the comfort and benefit they received from these meetings. Strategies are shared, anecdotes are recalled, and new friendships are formed. Many have written to say that the sessions have enabled them to move ahead in coping with their loss.

Please contact **Myrna Beck** if you are interested at 703-425-4955 or email: [pmb867@icloud.com](mailto:pmb867@icloud.com).

## Give your preschooler the gift of a great learning experience, new friends and lots of fun!

*Registration for Preschool  
For Fall 2016 is now OPEN!*

Our Preschool offers part time and full time programs for students who are 2, 3 or 4 years old by Sep. 30., and a new full time toddler program for students who are 16-23 months.

The ECLC is licensed by the state of Virginia and is open to all members of the community.

For more information or to set up a tour, please contact Director **Dina Backer** at 703-537-3084 or [dina.backer@jccnv.org](mailto:dina.backer@jccnv.org).

We are growing, growing, growing so don't delay!



## The Congregation Gratefully Acknowledges the Following Donations

### ARNOLD G. FINK LEARNING CENTER & LIBRARY FUND

<p><b>Donor</b> Paula Roney ..... Barbara and Sam Rothman .....</p> <p>Alan Gropman ..... Florence Foelak.....</p>	<p><b>In Memory of</b> Blanche Roney ..... David Rothman and James and Frieda Cohen ..... Joseph Pass Bruce Foelak</p>
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### BETH EL GENERAL FUND

<p><b>Donor</b> Joseph M. and Rosalie V. Johnson</p> <p><b>Donor</b> Erika Danty .....</p> <p><b>Donor</b> Lynn and Brian Rothstein ..... David Ratner..... Yelena Raben.....</p>	<p><b>In Appreciation of</b> Cantor Jason Kaufman and Barry Smith</p> <p><b>In Memory of</b> Ann Weinberg, Samuel Rothstein Tina Ratner, Bob Ratner, Esther Rogoff, Dora Klein, Herbert Ratner, Max Scherzer, Max Sacks, Leo Sacks, Abe Klein Anatoliy Raben and Alisa Vinogradskaya</p>
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### BETH EL MORTGAGE FUND

<p><b>Donor</b> Alan Gropman .....</p>	<p><b>In Memory of</b> Jack Gropman</p>
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### ENDOWMENT FUND

<p><b>Donor</b> The Rochlis Family..... Myrna and Paul Beck ..... Steven House and Sandi Goldman..... Roger E. Smith Ruth and Michael Folkman ..... Barbara and Sam Rothman ..... Barry Smith Philip Esposito and Carolyn Cass Roger E. Smith .....</p>	<p><b>In Memory of</b> Mel Hewitt George and Elizabeth Wayne, her parents Roslyn K. Beck Clara Levy David Perlstein Judy Gallun Weinberg Gertrude and Morris Weinberger Annie Lindenberg</p>
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### FAKOURY MUSIC FUND

<p><b>Donor</b> Lucille Zinman .....</p> <p><b>Donor</b> Jeffrey Davidson.....</p>	<p><b>In Honor of</b> Rita Lewis' Special Birthday</p> <p><b>In Memory of</b> Dorothy Victor</p>
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### HOLOCAUST MEMORIAL FUND

<p><b>Donor</b> Erika Danty .....</p>	<p><b>In Memory of</b> Ernst Bloch</p>
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### MEMORIAL BOARD FUND

**Donor**  
Kathie Levitz

### PRAYER BOOK FUND

<p><b>Donor</b> Jerry, Sallie and Jonathan Remson .....</p>	<p><b>In Memory of</b> Grandma Rella Miller</p>
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### RABBI'S GOOD DEED FUND

<p><b>Donor</b> Joan Rineberg ..... Ben Finkelstein and Lisa Miller.....</p> <p><b>Donor</b> David Itkin ..... Jackie and Alan Gropman ..... Ruth Grover ..... Susan and Roberto Mosse..... Marcy and Greg Babitz..... Cheryl Anne and David Colton ..... Brenda Waltz ..... Janet Garber Irene Rehbock ..... Illa Brown ..... Linda and Harvey Wenick..... David Rather.....</p>	<p><b>In Honor of</b> Her sister Ceci's 80th birthday Janet and Murray Horwitz's 50th anniversary</p> <p><b>In Memory of</b> Celia Kaufman David Perlstein Beatrice Bern Mrs. Hilde Mosse and Roslyn K. Beck Milton Babitz Alexander and Elizabeth Powalisz Judy Gallun Weinberg Joseph Massa Molly Mushkatel William Wenick Tina Ratner, Bob Ratner, Esther Rogoff, Dora Klein, Herbert Ratner, Max Scherzer, Max Sacks, Leo Sacks, Abe Klein</p>
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### MARC S. ROSS SCHOLARSHIP FUND

<p><b>Donor</b> Sandy and Mel Rosenblatt ..... Myra Wendel Roney..... Shelli Ross.....</p>	<p><b>In Memory of</b> Roslyn K. Beck Samuel Wendel Roslyn K. Beck and Judy Gallun Weinberg</p>
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Thank you for your generous donations. No donation is too small. All donations are acknowledged in *The Bulletin* two months following their receipt. Acknowledgements are mailed with a minimum of \$18 per person per acknowledgment.

— *Moshe Teichman*

## Readers of Beth El

The Readers of Beth El, a group of Beth El members who live in the Burke and Springfield neighborhoods (or who don't mind traveling!) are now in our 7<sup>th</sup> year! The next meeting of the Readers of Beth El will be held on Monday, Oct. 24, 2016 at 7:30 pm at the home of **Jeanette Astrow**. We will be discussing the book *Boys in the Boat* by Daniel James Brown. This is the widely acclaimed story of nine Americans and their quest for an Olympic gold medal at the 1936 Berlin Olympics. Please join our merry group of readers! If you wish to read ahead, our next book will be *All Who Go Do Not Return* by Shulem Deen.

**Lynne Orens**  
[lorens750@aol.com](mailto:lorens750@aol.com)

## A Letter to College Parents

**D**EAR PARENTS with College Students:  
The Beth El College Committee keeps in touch with our Congregation's college students. Throughout the year, we mail them small care packages and notes, and we include them on the mailing list for the Bulletin.

For parents of *newly enrolled* college students, if you would like us to include your student on the College Committee list, we must have a mailing address by the week before Rosh Hashanah in order to mail the first care package.



For parents of *continuing* college students, we need *updated* information before Rosh Hashanah! Sometimes students keep the same P.O. Box at school but sometimes they change dorm rooms, or move off campus. To keep in touch, we need current information annually.

To add your student to the College Committee mailing list, or to keep your student on the list, please provide the following information to Susan Whitman at [susangwhitman@gmail.com](mailto:susangwhitman@gmail.com):

- Student's Name
- Name of School
- Mailing Address
- Expected Year of Graduation
- Student's Email Address
- Parent's Email Address

Thank you, and Mazel Tov to all parents on your student's college successes!

**Susan Whitman**

## NEW! Chai Mitzvah Program Coming to JCCNV!

Here's your opportunity to take part in a hands-on, experiential approach to Jewish learning.

Each individual will have the chance to explore learning, spirituality, and social action on their own terms at their own pace. During the nine month program each individual will:

- Choose an independent study topic unique to your needs and time commitment
- Choose a ritual/spiritual practice to engage in
- Choose a social action project to commit to
- Attend monthly group learning

Sessions will be on Mondays from 2 pm–3:30 pm (nine sessions). Our own Rabbi Brett Isserow will facilitate two of the nine sessions. Topics include:

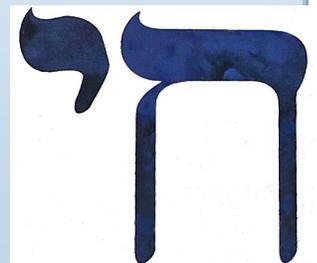
- Adult Rites of Passage
- Tzedakah/Philanthropy
- Individual and Community
- Interpersonal Relationships
- Mindfulness/Conscious Living

- Adding New Insights to the Seder
- Israel and the Jewish Spirit
- Gratitude
- Judaism and the Environment

This program spans the spectrum of Jewish practice and is for people from any background of Jewish knowledge. Space will be limited due to the nature of this unique and individualized approach to deepening your personal engagement with Jewish life. There will be a celebration at the end of the journey; certificates will be awarded and JNF will plant a tree on each participant's behalf.

**Fee: \$140/ \$115 J member**

**Code: #7596**





## ALIVE! ALexandrians InVolved Ecumenically!

**W**HAT DOES BETH EL do to help the over 13,500 Alexandrians who live in poverty — one out of five of whom struggle to put food on their tables? We have the *Can for Cans*, our year round food collection. And read below:

Take one bag. Bring back two! That's what makes our High Holy Day Food Drive such a success each year. Don't forget to bring your food donations to Yom Kippur services. ALIVE! Is always in need of canned soup, meat, tuna, fruit, vegetables, peanut butter, jelly, and healthy snack foods for children.

Join us in the social hall on Oct. 19 for the ALIVE! Food Sort. This is an activity for all ages and is especially good for students who need community service hours. We'll start moving food into the social hall at around 4:30 pm. The sort will begin at 6:00 pm.

Nov. 12 is the date of the 2<sup>nd</sup> annual Empty Bowls Alexandria. Last year ALIVE! Raised over \$37,000 during this event where you eat delicious soup and bread from Alexandria restaurants, are entertained by local musicians, and take home a one-of-a-kind bowl made by NVCC art students. For more information about Empty Bowls and to buy tickets go to [www.alive-inc.org](http://www.alive-inc.org).

For information about what we do for ALIVE! contact **Deborah Schaffer** at [schaffer4@gmail.com](mailto:schaffer4@gmail.com)



*...helping homeless families, with an emphasis on victims of domestic violence, transition to independent living with dignity through its program of subsidized housing and individualized services...*

**A**S YOU KNOW, Beth El House was started by a group of visionaries from our Temple. In 1992 members of our congregation, inspired by *tikkun olam* and the need to help families struggling with homelessness and domestic violence, founded Beth El House.

We have an impressive track record and are working on expanding our program. However, our success depends on your generosity. This year we have listened to your request to observe your privacy. We will not be calling your home to alert you to our annual fundraising letter which will be mailed in November. Instead you will only receive our annual mailing in November requesting your support. And for all of our generous federal employees, although we are not participating in the Combined Federal Campaign (CFC) this cycle, you can respond with your generous support by returning the self-addressed envelope in the November mailing.

***We are currently seeking to fill two positions:*** (1) an experienced therapist who has dealt with victims of homelessness and domestic violence and (2) a case manager assistant who has worked with this population. Please contact me if you want to learn more about these positions before forwarding a resume or if you are exploring ways to help out Beth El House with your skills and interests.

Please visit the Beth El Hebrew Congregation site for more information about Beth El House or contact me at either [melindaselden@verizon.net](mailto:melindaselden@verizon.net) or 703-569-5443. I look forward to hearing from you.

**Melinda Selden**



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Jeremy Flachs is a member of Beth El. Jeremy handles cases in both Virginia and the District of Columbia, where he has been licensed for 35 years. His law firm focuses only on serious personal injury claims.



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# The Bulletin

Beth El Hebrew  
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A Proud Member of the URJ

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Reform Judaism  
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Office 703-370-9400

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[www.bethelhebrew.org](http://www.bethelhebrew.org)

[office@bethelhebrew.org](mailto:office@bethelhebrew.org)  
[bulletin@bethelhebrew.org](mailto:bulletin@bethelhebrew.org)

Rabbi  
Cantor  
Executive Director  
Director of Education  
Preschool Site Director

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Jason R. Kaufman  
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## HOLD THE DATE

DCJCC 18<sup>th</sup> Annual Washington Jewish Music Festival, Oct. 26 -Nov.5

Foundation for Jewish Studies Event: Jewish in Space, Nov. 3

DCJCC Event: Israel Story, Nov. 6

DCJCC Event: Dorit Sasson't Accidental Solder, Nov. 7

DCJCC Event: Man-O-Manischewitz, Nov 9

ALIVE! Second Annual Empty Bowls Alexandria, Nov. 12

Jewish Genealogical Society of Greater Washington Event: Genealogy as a Spiritual Pilgrimage, Nov. 13

Chapel in the Woods workday, Nov. 13

DCJCC Event: Ella Rothschild. Nov. 13

DCJCC Event: Two She-Bears, Nov. 14

DCJCC Event: The Right Wrong Man, Nov. 17

Beth El Trivia Night, Saturday, Nov. 19

JCCNV Event: *Treif*, Nov. 20

WRJ program on Hereditary Breast Cancer/BRCA Mutations, Nov. 30

Inclusion Committee meeting, Dec. 4

JCCNV Event: Cantata Ebraica, Dec. 10

Jewish Historical Society of Greater Washington 56th Annual Meeting: Celebrity chef Pati Jinich of *Pati's Mexican Table* will speak about her Jewish-Mexican roots ,Dec. 11

WRJ Book Club Dec. 13

Virginia Interfaith Center for Public Policy (VICPP) Annual Meeting, Dec. 15

WRJ Hanukah luncheon and dinner, Dec. 21

Virginia Interfaith Center for Public Policy (VICPP) A Day for All People, Virginia State Capitol, Jan. 25, 2017

No Va Jewish Film Festival, Mar. 23-Apr. 2, 2017